



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From 6<sup>th</sup> April 2023 to 5<sup>th</sup> April 2024**

**Charity name: Springboard – Oldham Dementia Carers Group**

**Charity registration number: 1156480**

## **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	<p>To relieve the needs of people and their families, friends and carers within the boundaries of the metropolitan borough of Oldham and its surrounding areas (the area of benefit), suffering from all types of dementia and its effects by the provision of emotional and practical support, advice, education and practical support, advice, education and by raising public awareness of the said conditions. To provide or assist in the provision of facilities and social activities for recreation and leisure time occupation of people suffering from all types of dementia and their families, friends and carers in the interests of social welfare with the object of improving their conditions of life.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<p>Springboard is an Oldham-based charity, set up for and by people with dementia and their carers. Members tend to be Oldham residents, although we do have attendees who travel from other areas.</p> <p>Over ten years ago, it was recognised that there was no opportunity for both carers and people with dementia to meet. The group was originally set up as a constituted group and developed into a charity on 1st April 2014. The group was initially set up with six members, but in April 2012, in response to local demand, the doors opened at Downey House and Springboard was regularly full with 60 to 90 members attending weekly. This well illustrates that a support group for people living with dementia and their carers was and is needed.</p> <p>The group welcomes all ages, but the majority of its members are aged 65+. Springboard meets face to face at Downey House in Royton.</p> <p>Springboard has continued to maintain a 7 day helpline which offers a general query line and gives advice and support. The charity provides a fundamental and vital service within the Oldham community. Springboard is inclusive of all and encourages everyone never to forget the person behind the diagnosis – forgetfulness may be one associated symptom of dementia, but singing, dancing, walking and all areas of individual interests are endorsed, encouraged and supported. Springboard embodies the values of choice, dignity and respect and offers an environment where people feel safe. This enables people living with dementia to live well - to continue to engage in a lifestyle which promotes positive health and well-being and to retain or develop new skills and stay more independent for longer.</p> <p>The group charges an annual membership fee of £5 per member and an admission fee of £2 per visit and also relies on weekly donations for tea, coffee and cakes and a weekly raffle. Our usual fund-raising is done internally with members and this also returned to normal during this financial year. No-one involved in the running of the group receives any payment for their time and all volunteers give their time freely.</p> <p>Springboard has continued to provide advice, peer support, recreational, educational and leisure activities for people with dementia, their families and carers by holding face to face meetings. The environment is made welcoming through the kind hearted, approachable volunteers on hand.</p>

Statement confirming trustees have had regard to the guidance issued by the Charity Commission on public benefit	All Trustees have had regard to the guidance issued by the Charity Commission on public benefit and have taken this guidance into account when making any decision it is relevant to.
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### Additional information

Policy on grant making	Springboard does not make grants to any other individual, organisation or charity.
Policy on social investment including program related investment	Springboard currently holds no investments and holds the funds it has as reserves in interest-bearing cash accounts. Springboard keeps these funds in reserve as a contingency fund to allow it to continue to operate in the event that income stops or support we receive from other charities ceases. These funds could then be used to cover the cost of replacing this support for a period of time.
Contribution made by volunteers	Springboard is completely reliant on our volunteers. Without them, the group would not exist. We have no employees and all aspects of the running of the charity are covered by volunteers. During this financial year, our usual 4 volunteers have provided refreshments to members or sold raffle tickets at group meetings. In addition to these 4 volunteers all Trustees and Committee members provide peer support and assist in the running of the Group. No individual has received any payment for any of their time.

### Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>Key highlights during the year 6th April 2023 to 5th April 2024 were:</p> <p>Regular events;</p> <p>We continued to hold weekly face to face meetings</p> <p>We continued to use our extremely popular Whatsapp group where we exchange local information and also use as a powerful way of maintaining our peer support and moral support by messaging members – this is a very popular means of communicating and really continued to bring our members together.</p> <p>Some of the other regular activities each week were facilitated by staff from Making Space – who are a national charity providing health and social care services for adults with mental health conditions, learning disabilities, dementia and their carers. We were grateful for their continued support, which ceased in October 2023.</p> <p>In the 2015/16 financial year, the group was fortunate to receive £5,000 via Oldham Council and Oldham Dementia Partnership. These monies have been classed as a restricted fund with these funds only to be spent on the setting up of new and additional support groups. These monies continued to be held for these purposes and the balance at the end of the 2023-24 financial year remains the same as last year, at £3,246 as we have not set up any new groups in the financial year.</p>
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### Additional information (optional)

Achievements against objectives set	The Group has continued to provide a range of supporting activities for those diagnosed with a memory problem and their carers on a regular basis.
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Performance of fundraising activities against objectives set	Springboard has been able to raise funds via an annual membership fee and an entrance fee each time a member attends our face to face meetings. Our levels of income have returned to pre-Covid levels and likewise, our expenditure has returned to pre-pandemic levels due to the additional expenses of meeting face to face, e.g. rent and refreshments costs.
Investment performance against objectives	Springboard – Oldham Dementia Carers Group does not intend to raise monies for investment and currently holds no investments.

## Financial Review

Review of the charity's financial position at the end of the period	<p>The charity's financial position has improved since last year, with reserves increasing by £4,537.51, a reversal of the decline experienced in 2022-2023.</p> <p>Our expenditure was back to pre-Covid levels but we also experienced increases in almost all our area of expenditure due to general cost of living increases, which we felt most through our rent, food, drink and transport costs.</p> <p>Given recent increases in interest rates, seeking out and making use of an interest-bearing immediate access bank account this financial year has proved fruitful, generating additional income of £807.42</p>
Statement explaining the policy for holding reserves stating why they are held	Springboard currently holds no investments and holds the funds it has as reserves in a cash bank account. Springboard keeps these funds in reserve as a contingency fund to allow it to continue to operate in the event that income stops or support we receive from other charities ceases. These funds could then be used to cover the cost of replacing this support for a period of time.
Amount of reserves held	We carry over reserves of £50,500.92 to the next financial year, with £3,246 of the reserves being restricted for use in the setting up and running of new groups in addition to the group running at Downey House in Royton.
Reasons for holding zero reserves	Not applicable
Details of funds materially in deficit	There are no funds materially in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	<p>At the time of producing this report, we are running our usual weekly face to face group meetings at Downey House in Royton and welcoming new members – predominantly referred to us from Pennine Care's Memory Service.</p> <p>We are 100% certain that the charity is able to continue as a going concern due to our reserves policy, low overheads and prudent spending.</p>

## Additional information (optional)

The charity's principal sources of funds (including any fundraising)	The Charity does not use external professional fundraisers and does not contact the public for fundraising. Any funds generated are donated by current or former members and their carers and occasionally by members of the public who wish to fund raise for us – e.g. sponsored walks etc.
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Investment policy and objectives including any social investment policy adopted	Springboard currently holds no investments and holds the funds it has as reserves in two cash accounts – a current account and a “savings” account. Springboard keeps these funds in reserve as a contingency fund to allow it to continue to operate in the event that income stops or support we receive from other charities and groups in providing activities ceases. These funds could then be used to cover the cost of replacing this support for a period of time. The Trustees and Committee reviewed this stance and noted recent increases in interest-bearing instant access bank accounts. The Trustees and Committee agreed to move the bulk of the charity's funds into an interest-bearing immediate access current account, where fund balances are at minimal or no risk of loss. Trustees will continue to take a very cautious view around investing donors' funds.
A description of the principal risks facing the charity	<p>The principal risks facing the charity are;</p> <p>a) Loss of support provided by the Making Space charity (This support ceased in October 2023)</p> <p>b) loss of committee members and Trustees. We are very fortunate to have such dedicated volunteers and Trustees and we hope we can continue to rely on their loyalty. We do not have many natural successors to these positions so, where necessary, we would have to look to use the excellent local support provided by Action Together Oldham to recruit to these positions.</p> <p>c) loss of premises. Again, we are very fortunate that our landlords - St. Paul's Parish Centre – Downey House. in Royton, where our main group meets, continue to be very flexible and supportive and maintain the premises to enable us to continue to use this venue as our base.</p>

## Structure, Governance and Management

Type of governing document	Association Model Constitution
How is the charity constituted?	Charitable Incorporated Organisation
Trustee selection methods including details of constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	<p>There must be a minimum of three and maximum of twelve Trustees.</p> <p>At every annual general meeting, one-third of the charity trustees retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third retire from office.</p> <p>The charity trustees retire by rotation - those who have been longest in office since their last appointment or reappointment retire first.</p> <p>The vacancies are filled by the voting decision of the members at the annual general meeting.</p>



## Additional information

Policies and procedures adopted for the induction and training of trustees	<p>All Trustees are sent annually and on appointment a copy of the Charity Commission document cc3 – The essential trustee – what you need to know and they confirm they have read and understand this document.</p> <p>Trustees have considered the following risks and have reviewed existing policies around them; Risk Management, Investment / Banking / Financial Controls, Vulnerable Beneficiaries, Conflict of Interest, Volunteer Management, Complaints Handling, First Aid, Food Hygiene &amp; Safety, Register of members and attendees, Disability requirements, Fire &amp; Emergency, Accommodation suitability. These risks are reviewed at least annually.</p> <p>The Charity's processes around safeguarding incorporate joint working with the local council and health organisations.</p>
The charity's organisational structure and any wider network with which the charity works	<p>Springboard – Oldham Dementia Carers Group Governance Structure is comprised of 3 Trustees. Underneath the Trustees is an Operational Committee which includes the Trustees and also members of the Group.</p> <p>Representatives from Springboard – Oldham Dementia Carers Group sit on the Dementia United lived experience group, Mind lived experience group, Oldham Dementia Partnership Board, the Oldham collaborative group and the National Join Dementia Research (JDR) Programme Board.</p> <p>The Group is also a member of DEEP – the National Dementia Engagement and Empowerment Project and attends their meetings.</p>
Relationship with any related parties	<p>Springboard has no formal relationships with any related parties. We are very grateful for the support we receive from Making Space, Pennine Care NHS Foundation Trust, Oldham Libraries, Action Together, DEEP, Oldham Council and Oldham Clinical Commissioners, Housing 21, Age UK (Oldham) and St. Paul's Parish Church.</p>

## Reference and Administrative details

Charity name	Springboard – Oldham Dementia Carers Group
Other name the charity uses	Springboard
Registered charity number	1156480
Charity's principal address	c/o 25 Chiltern Drive Royton OLDHAM OL2 5TD

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Antony Mullin	Chair	From 21 <sup>st</sup> March 2024	Elected by members of Springboard – Oldham Dementia Carers Group
2	Lesley Ann McCabe	Treasurer	From 21 <sup>st</sup> March 2024	Elected by members of Springboard – Oldham Dementia Carers Group
3	Jean Hutson Molineux			Elected by members of Springboard – Oldham Dementia Carers Group

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a	n/a	n/a

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a	n/a	n/a

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a	n/a	n/a

### Name of chief executive or names of senior staff members (Optional information)

n/a
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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a
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## Other optional information





n/a
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	  
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Full name(s)

David Mullin	Lesley McCabe
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Position (eg Secretary,  
Chair, etc)

Chair	Treasurer
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Date

29th December 2024
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Springboard – Oldham Dementia Carers Group

1156480

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
06/04/2023

To

Period end date  
05/04/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Opening Balance	42,717	3,246	-	45,963	46609
Donations	4,542	-	-	4,542	2370
Deposits	4,955	-	-	4,955	3005
Oldham Lottery	320	-	-	320	0
Raffle	2,143	-	-	2,143	1926
Membership fees	376	-	-	376	446
Entrance fees	3,245	-	-	3,245	1368
Paypal	60	-	-	60	0
Tea Money	18	-	-	18	894
Fundraising events	560	-	-	560	601
Bank Interest	807	-	-	807	0
<b>Sub total</b> (Gross income for AR)	<b>59,744</b>	<b>3,246</b>	<b>-</b>	<b>62,990</b>	<b>57,220</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>59,744</b>	<b>3,246</b>	<b>-</b>	<b>62,990</b>	<b>57,220</b>
<b>A3 Payments</b>					
Rent	3,356	-	-	3,356	3270
Member entertainment	2,673	-	-	2,673	1633.45
Refreshments	2,658	-	-	2,658	3286.57
Coach hire	2,825	-	-	2,825	2070
Equipment & Stationery	631	-	-	631	849.02
Prizes	346	-	-	346	147.21
<b>Sub total</b>	<b>12,489</b>	<b>-</b>	<b>-</b>	<b>12,489</b>	<b>11,256</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>12,489</b>	<b>-</b>	<b>-</b>	<b>12,489</b>	<b>11,256</b>
<b>Net of receipts/(payments)</b>	<b>47,255</b>	<b>3,246</b>	<b>-</b>	<b>50,501</b>	<b>45,963</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	<b>47,255</b>	<b>3,246</b>	<b>-</b>	<b>50,501</b>	<b>45,963</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at Bank	47,225	3,246	-
	Cash held as float	30	-	-
		-	-	-
	<b>Total cash funds</b>	<b>47,255</b>	<b>3,246</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Amplifier and microphones		-	10
	Colour laser printer		-	100
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>L McCabe</i>	Lesley McCabe	29/12/24	
	<i>David Mullin</i>	David Mullin	29/12/24	





Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name

Springboard - Oldham Dementia Carers Group

On accounts for the year  
ended

05/04/2024

Charity no  
(if any)

1156480

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05 / 04 / 2024

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

*J O'Callaghan*

Date:

3/2/25

Name:

Jennifer O'Callaghan

Relevant professional  
qualification(s) or body  
(if any):

FCA (member of the Institute of Chartered Accountants in England and Wales)

Address:

6, Kirkdale Drive, Royton, Oldham. OL2 5TG