

INSTITUTE OF MEDICAL EXCELLENCE

England & Wales · Charity number 1156325

Details

Other names	KHALSA SAVE A LIFE
Status	Registered
Legal form	CIO
Registered	2014-03-24
Register	View on the Charity Commission register

Contact

Address	14 Ermington Road Wolverhampton WV4 5DZ
Phone	07951982266
Email	khalsasavealife@hotmail.com
Website	www.facebook.com/khalsasavealife

Activities

Objects: THE OBJECTS OF THE CIO ARE TO PRESERVE AND PROTECT GOOD HEALTH BY PROVIDING INFORMATION AND SKILLS TO THE GENERAL PUBLIC TO DEAL WITH MEDICAL EMERGENCIES, CHOKING AND CARDIAC ARREST.

Activities: To preserve and protect good health by providing information and skills to the general public to deal with medical emergencies, choking and cardiac arrest.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training
- **Who:** The General Public/mankind

Geography

- Birmingham City
- City Of London
- Sandwell
- Walsall
- Wolverhampton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30		£0	£0	-
2024-09-30		£0	£505	-
2023-09-30		£0	£0	-
2022-09-30		£0	£0	-
2021-09-30		£0	£0	-
2020-09-30		£0	£0	-

Trustees

Name	Role	Appointed
JASWANT SUMAL MBCHB FCAI	Chair	2013-11-27
AMARDEEP SINGH SUMAL ACA		2013-11-27
INDERJEET BASSI		2013-11-27
MANDEEP DHALIWAL		2013-11-27

INSTITUTE OF MEDICAL EXCELLENCE

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INSTITUTE OF MEDICAL EXCELLENCE

ANNUAL REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2025

REGISTERED CHARITY NUMBER 1156325

Institute of Medical Excellence

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Institute of Medical Excellence**Report of the Trustees for the year ended 30 September 2025**

The trustees present their annual report for the year ended 30 September 2025 and confirm they comply with the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

Reference and Administrative Information

Charity Name	Institute of Medical Excellence
Charity Registration Number	1156325
Principal Office	14 Ermington Road Wolverhampton Wv4 5DZ

Board of Trustees

Jaswant Singh Sumal
Mandeep Singh Dhaliwal
Inderjeet Singh Bassi
Amardeep Singh Sumal

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2025

Objectives and activities

Our Aims

The objects of the charity are set out in the charity's trust deed and are summarised as follows:

To preserve and protect good health by providing information and skills to the general public to deal with medical emergencies, choking and cardiac arrest.

Our Objectives

Our key objective is to teach the general public how to identify whether a non-responsive person is experiencing a cardiac arrest and what process should be followed to deal with this situation. Other objective will be to teach the general public how to treat a patient choking and provide general medical advice.

Activities

We provide training sessions to the general public at several places of worship, schools and corporations. Using trustee equipment our medical staff teach the public how to perform CPR. No such activities were provided in the year.

Financial Review

No income or donations were received in the year and all travel expenses were made by the Trustees. All training is free of charge by medical professionals and all volunteers provide assistance during training sessions free of charge.

Institute of Medical Excellence**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The charity trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales required the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of the resources of the charity for that period. In preparing the financial statements, the trustees are required to:

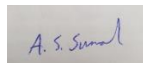
Select suitable accounting policies and then apply them consistently;
Observe the methods and principles in the Charities SORP;

Make judgements and estimates that are reasonable and prudent;
State whether applicable accounting standards have been followed, subject to any material departures disclosures and explained in the financial statements;
Prepare the financial statement on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 04/06/2026

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2025

Unrestricted Funds	Note	30 September 2025 £	30 September 2024 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		-	(505)
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> (505)
Cash at start of the year		-	505
Bank current account at 30 September		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -

The notes attached form part of these financial statements.

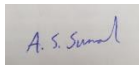
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2025

	Note	30 September 2025 £	30 September 2024 £
Current assets			
Cash at bank		-	505
Net assets at the end of the year		<u>-</u>	<u>505</u>

The notes attached form part of these financial statements.

Approved by the Trustees and signed on their behalf by:



Trustee

Date: 04/06/2026

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 September 2025

1. Accounting Policies**(a) Basis of preparation**

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice. Accounting and Reporting by Charities (SORP 2005) issued in March 2005, and applicable UK Accounting Standards and the Charities Act 1993.

(b) Funds structure

All funds are unrestricted. Unrestricted income funds comprise those funds which the trustees are free to use for any purposes in furtherance of the charitable objects.

(c) Income resources

All income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income resources can be measured with sufficient reliability.

(d) Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

2. Sales and Purchases

There were no sale or purchase transactions in the year. Teaching was provided by the Trustees in their own time for no cost, and travel expenses were covered by the Trustees.

3. Related party transactions and trustees' remuneration

The Trustees received no emoluments.

INSTITUTE OF MEDICAL EXCELLENCE

England & Wales - Charity number 1156325

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INSTITUTE OF MEDICAL EXCELLENCE

ANNUAL REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2024

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Institute of Medical Excellence**Report of the Trustees for the year ended 30 September 2024**

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Jaswant Singh Sumal
Mandeep Singh Dhaliwal
Inderjeet Singh Bassi
Amardeep Singh Sumal

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2024

Objectives and activities

Our Aims

The objects of the charity are set out in the charity's trust deed and are summarised as follows:

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Activities

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Financial Review

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Institute of Medical Excellence

STATEMENT OF TRUSTEES' RESPONSIBILITIES

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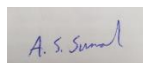
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Make judgements and estimates that are reasonable and prudent;
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The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 01/05/2025

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2024

Unrestricted Funds	Note	30 September 2024 £	30 September 2023 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		(505)	-
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/> (505)	<hr style="width: 100%; border: 0.5px solid black;"/> -
Cash at start of the year		505	505
Bank current account at 30 September		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> 505

The notes attached form part of these financial statements.

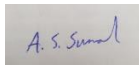
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2024

	Note	30 September 2024 £	30 September 2023 £
Current assets			
Cash at bank		-	505
Net assets at the end of the year		<u>-</u>	<u>505</u>

The notes attached form part of these financial statements.

Approved by the Trustees and signed on their behalf by:



Trustee

Date: 01/05/2025

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 September 2024

1. Accounting Policies**(a) Basis of preparation**

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Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

2. Sales and Purchases

There were no sale or purchase transactions in the year. Teaching was provided by the Trustees in their own time for no cost, and travel expenses were covered by the Trustees.

3. Related party transactions and trustees' remuneration

The Trustees received no emoluments.

INSTITUTE OF MEDICAL EXCELLENCE

England & Wales - Charity number 1156325

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INSTITUTE OF MEDICAL EXCELLENCE

ANNUAL REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2023

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Institute of Medical Excellence

Report of the Trustees for the year ended 30 September 2023

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Charity Name	Institute of Medical Excellence
Charity Registration Number	1156325
Principal Office	14 Ermington Road Wolverhampton Wv4 5DZ

Board of Trustees

Jaswant Singh Sumal
Mandeep Singh Dhaliwal
Inderjeet Singh Bassi
Amardeep Singh Sumal

Bankers

Barclays Bank PLC
Leicester
LE87 2BB

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2023

Objectives and activities

Our Aims

The objects of the charity are set out in the charity's trust deed and are summarised as follows:

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Activities

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Financial Review

No income or donations were received in the year and all travel expenses were made by the Trustees. All training is free of charge by medical professionals and all volunteers provide assistance during training sessions free of charge.

Institute of Medical Excellence

STATEMENT OF TRUSTEES' RESPONSIBILITIES

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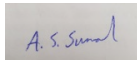
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The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 13/06/2024

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2023

Unrestricted Funds	Note	30 September 2023 £	30 September 2022 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		-	-
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Cash at start of the year		505	505
Bank current account at 30 September		<hr style="width: 100%; border: 0.5px solid black;"/> 505	<hr style="width: 100%; border: 0.5px solid black;"/> 505

The notes attached form part of these financial statements.

Institute of Medical Excellence

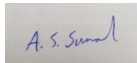
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2023

	Note	30 September 2023 £	30 September 2022 £
Current assets			
Cash at bank		505	505
Net assets at the end of the year		<u>505</u>	<u>505</u>

The notes attached form part of these financial statements.

Approved by the Trustees and signed on their behalf by:



Trustee

Date: 13/06/2024

Institute of Medical Excellence

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 September 2023

1. Accounting Policies

(a) Basis of preparation

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All income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income resources can be measured with sufficient reliability.

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Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

2. Sales and Purchases

There were no sale or purchase transactions in the year. Teaching was provided by the Trustees in their own time for no cost, and travel expenses were covered by the Trustees.

3. Related party transactions and trustees' remuneration

The Trustees received no emoluments.

INSTITUTE OF MEDICAL EXCELLENCE

England & Wales - Charity number 1156325

Accounts

**INSTITUTE OF MEDICAL EXCELLENCE
ANNUAL REPORT**

**FOR THE YEAR ENDED 30 SEPTEMBER 2022
REGISTERED CHARITY NUMBER 1156325**

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Institute of Medical Excellence

Report of the Trustees for the year ended 30 September 2022

The trustees present their annual report for the year ended 30 September 2022 and confirm they comply with the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

Reference and Administrative Information

Charity Name	Institute of Medical Excellence
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Inderjeet Singh Bassi
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Bankers

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Leicester
LE87 2BB

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2022

Objectives and activities

Our Aims

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Financial Review

No income or donations were received in the year and all travel expenses were made by the Trustees. All training is free of charge by medical professionals and all volunteers provide assistance during training sessions free of charge.

Institute of Medical Excellence

STATEMENT OF TRUSTEES' RESPONSIBILITIES

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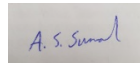
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The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 02/06/2023

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2022

Unrestricted Funds	Note	30 September 2022 £	30 September 2021 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/>	<hr style="width: 100%; border: 0.5px solid black;"/>
		-	-
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		-	-
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/>	<hr style="width: 100%; border: 0.5px solid black;"/>
		-	-
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/>	<hr style="width: 100%; border: 0.5px solid black;"/>
		-	-
Cash at start of the year		505	505
Bank current account at 30 September		<hr style="width: 100%; border: 0.5px solid black;"/>	<hr style="width: 100%; border: 0.5px solid black;"/>
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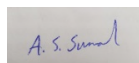
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2022

	Note	30 September 2022 £	30 September 2021 £
Current assets			
Cash at bank		505	505
Net assets at the end of the year		<u>505</u>	<u>505</u>

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Approved by the Trustees and signed on their behalf by:



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Institute of Medical Excellence

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for the year ended 30 September 2022

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**INSTITUTE OF MEDICAL EXCELLENCE
ANNUAL REPORT**

**FOR THE YEAR ENDED 30 SEPTEMBER 2021
REGISTERED CHARITY NUMBER 1156325**

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Institute of Medical Excellence

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Charity Name	Institute of Medical Excellence
Charity Registration Number	1156325
Principal Office	14 Ermington Road Wolverhampton Wv4 5DZ

Board of Trustees

Jaswant Singh Sumal
Mandeep Singh Dhaliwal
Inderjeet Singh Bassi
Amardeep Singh Sumal

Bankers

Barclays Bank PLC
Leicester
LE87 2BB

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2021

Objectives and activities

Our Aims

The objects of the charity are set out in the charity's trust deed and are summarised as follows:

To preserve and protect good health by providing information and skills to the general public to deal with medical emergencies, choking and cardiac arrest.

Our Objectives

Our key objective is to teach the general public how to identify whether a non-responsive person is experiencing a cardiac arrest and what process should be followed to deal with this situation. Other objective will be to teach the general public how to treat a patient choking and provide general medical advice.

Activities

We have provided training sessions to the general public at several places of worship, schools and corporations. Using trustee equipment our medical staff teach the public how to perform CPR.

Financial Review

No income or donations were received in the year and all travel expenses were made by the Trustees. All training is free of charge by medical professionals and all volunteers provide assistance during training sessions free of charge.

Institute of Medical Excellence

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The charity trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales required the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of the resources of the charity for that period. In preparing the financial statements, the trustees are required to:

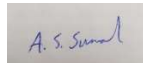
Select suitable accounting policies and then apply them consistently;
Observe the methods and principles in the Charities SORP;

Make judgements and estimates that are reasonable and prudent;
State whether applicable accounting standards have been followed, subject to any material departures disclosures and explained in the financial statements;
Prepare the financial statement on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 12/05/2022

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2021

Unrestricted Funds	Note	30 September 2021 £	30 September 2020 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		-	-
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Cash at start of the year		505	505
Bank current account at 30 September		<hr style="width: 100%; border: 0.5px solid black;"/> 505	<hr style="width: 100%; border: 0.5px solid black;"/> 505

The notes attached form part of these financial statements.

Institute of Medical Excellence

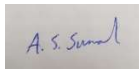
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2021

	Note	30 September 2021 £	30 September 2020 £
Current assets			
Cash at bank		505	505
Net assets at the end of the year		<u>505</u>	<u>505</u>

The notes attached form part of these financial statements.

Approved by the Trustees and signed on their behalf by:



Trustee

Date: 12 May 2022

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 September 2021

1. Accounting Policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice. Accounting and Reporting by Charities (SORP 2005) issued in March 2005, and applicable UK Accounting Standards and the Charities Act 1993.

(b) Funds structure

All funds are unrestricted. Unrestricted income funds comprise those funds which the trustees are free to use for any purposes in furtherance of the charitable objects.

(c) Income resources

All income resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income resources can be measured with sufficient reliability.

(d) Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

2. Sales and Purchases

There were no sale or purchase transactions in the year. Teaching was provided by the Trustees in their own time for no cost, and travel expenses were covered by the Trustees.

3. Related party transactions and trustees' remuneration

The Trustees received no emoluments.

INSTITUTE OF MEDICAL EXCELLENCE

England & Wales - Charity number 1156325

Accounts

INSTITUTE OF MEDICAL EXCELLENCE

ANNUAL REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2020

REGISTERED CHARITY NUMBER 1156325

Institute of Medical Excellence

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Receipts and Payments Account	4
Statement of Assets and Liabilities	5
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Institute of Medical Excellence

Report of the Trustees for the year ended 30 September 2020

The trustees present their annual report for the year ended 30 September 2020 and confirm they comply with the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

Reference and Administrative Information

Charity Name	Institute of Medical Excellence
Charity Registration Number	1156325
Principal Office	14 Ermington Road Wolverhampton Wv4 5DZ

Board of Trustees

Jaswant Singh Sumal
Mandeep Singh Dhaliwal
Inderjeet Singh Bassi
Amardeep Singh Sumal

Bankers

Barclays Bank PLC
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LE87 2BB

Institute of Medical Excellence

TRUSTEES' REPORT for the year ended 30 September 2020

Objectives and activities

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Institute of Medical Excellence

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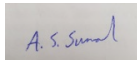
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The trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1.

Approved by the trustees and signed on its behalf by:



Date: 10/05/2021

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 30 September 2020

Unrestricted Funds	Note	30 September 2020 £	30 September 2019 £
Receipts			
Donations		-	-
Sales	2	-	-
Total receipts		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Payments			
Purchases	2	-	-
Travel		-	-
Advertising & promotions		-	-
Insurance		-	-
Total payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
Excess/(shortfall) of receipts over payments		<hr style="width: 100%; border: 0.5px solid black;"/> -	<hr style="width: 100%; border: 0.5px solid black;"/> -
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Institute of Medical Excellence

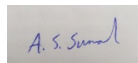
STATEMENT OF ASSETS AND LIABILITIES

As at 30 September 2020

	Note	30 September 2020 £	30 September 2019 £
Current assets			
Cash at bank		505	505
Net assets at the end of the year		<u>505</u>	<u>505</u>

The notes attached form part of these financial statements.

Approved by the Trustees and signed on their behalf by:



Trustee

Date: 10 May 2021

Institute of Medical Excellence

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 September 2020

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