

# **EKOTA CARE TRUST LIMITED**

**CHARITY NO. 1156253**

**COMPANY REGISTRATION NO. 085087411**

**FINANCIAL STATEMENT FOR THE YEAR ENDED  
31 MARCH 2022**

**EKOTA CARE TRUST LIMITED****LEGAL & ADMINISTRATIVE INFORMATION****Name of Charitable Company:** Ekota Care Trust Limited**Registered Address:** 31 Church Road  
Manor Park  
London  
E12 6AD**Tel:** 0208 062 8553**Mobile:** 07494 254 905**Email:** ekotacaretrust@gmail.com**Charity Registration No:** 1156253**Company Registration No.** 08508741**Date of Incorporation:** 29<sup>th</sup> April 2013**Board of Directors**

<b>For the Accounting Period:</b>	Shuab Ahmed	Chairperson & Director
	Abdus Somed Chowdhury	Secretary & Director
	Mohammed Hussain Ahmed	Treasurer & Director
	Asia Islam	Director

**Independent Examiner:** Aasif & Co  
2<sup>nd</sup> Floor  
125 The Grove  
Stratford  
London E15 1EW**Bankers:** The Cooperative Bank Plc  
PO Box 250  
Deli House  
South Way  
Skelmersdale WN8 6WT

## **EKOTA CARE TRUST LIMITED: REPORT OF THE BOARD OF DIRECTORS**

### **Background, Objectives and Activities of the Ekota Care Trust**

The Board of Directors submit their report and financial statements for the year ended 31<sup>st</sup> March 2022. The Ekota Care Trust Limited was established and incorporated as a Company (with no share capital) at Companies House on the 29<sup>th</sup> of April 2013. Its name was entered in the Charity Commission's Central Register on the 18<sup>th</sup> of March 2014.

### **Background**

The word "Ekota" in Bengali means Unity and in an increasingly difficult world, where many people are living in poverty and isolation, we want to make a difference and deliver culturally sensitive services that will bring real change to people's lives.

The Ekota Care Trust Limited was established in 2013 by the BAME Community living in the London Borough of Newham. Ekota Care Trust Limited provides help, assist and support disadvantaged and very vulnerable people from the Black and Minority Ethnic (BAME) Community with their educational, social health and welfare needs to help and support their integration into Society in the United Kingdom.

### **Objectives of the Ekota Care Trust Limited:**

1. To advance education.
2. To relieve financial hardship.
3. To relieve unemployment.
4. To preserve and protect good health.
5. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause "socially excluded" means excluded from society, or parts of the society, as a result of one or more of the following factors: level of education and skills, financial hardship, unemployment, ill health and social background.

### **Structure, Governance and Management**

Ekota Care Trust Limited is constituted by a Memorandum and Articles of Association. It is governed by the regulation set out in the Memorandum and Articles of Association and run by Board of Directors. The Trust's new Board members are elected at the Annual General Meeting every two years. The Board Directors give their time voluntarily, receive no remuneration, nor were they paid for any other activity relating to the charity in the year.

The Board of Directors members are normally briefed by the Chairperson and the Secretary in order to familiarise themselves with the rules, regulations and responsibilities of the Trust. The Board of Directors met 6 times during the year to review the activities of the Trust including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund-raising date for the Trust. The day-to-day work of the Trust is overseen by the Service Coordinator who is responsible to and reports to the Board of Directors.

The Board of Directors are aware of the potential risks to the Trust, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taking relating to fire and health and safety. The Board of Directors are seriously looking into other risk areas such as operational, governance and compliance with law and regulations.

### **Achievements and Performance of the Trust**

The Board of Directors are pleased to report after a 2-year period of the coronavirus pandemic we were able to re-open all our drop-in services and projects for the local communities. Ekota Care Trust Limited continues to actively strive to protect its financial security in order to continue to safeguard the ongoing development of the Trust and its projects and services that it offers to the local community in Newham and other surrounding East London Boroughs.

### **Ekota Care Trust Limited's Services & Activities and its Impact:**

The Ekota Care Trust Limited now operates full time services from 31 Church Road, London E12 6AD that also includes some evenings and weekends work. This year, services were switched back face-to-face and drop-in but we also maintained some online and telephone support, networking on the doorstep and through outdoor work maintaining social distancing and use of PPE by all staff and volunteers.

The Trust deliver's holistic services which support disadvantaged and vulnerable people in the grassroot communities to assert and enjoy their rights and achieve their aspirations. The Trust work's collaboratively with the community and in close partnership with local agencies, Newham Council and several other statutory and mainstream agencies themselves to design and deliver the services that meet their needs.

### **The Trust delivered the following services:**

- We had 20 local people coming forward to provide volunteering support to help people in the community. The volunteers provided support and assistance in running some of the drop-in activity sessions, organised refreshments and lunches for the vulnerable users, continued to help families with shopping, collecting medicines, knocking on doors to make sure they were safe and well. The volunteers provided over 3300 volunteering hours of support this year.
- We continued to provide help towards supporting vulnerable BAME residents to have access to accurate information that is critical to ensuring that they had clear messages on staying physically and mentally healthy and prepared them to resume daily life activities independently after the subsequent ending of the Covid-19 pandemic.
- We delivered 1200 freshly cooked hot nutritious meals to vulnerable older people at home. It has been an important and vital service helping vulnerable older people to overcome food poverty and formed a key part of our work to relieve loneliness and prolong independence.
- In addition to the hot meals delivery, the Trust delivered £2780 worth of Food Parcels, each parcel containing fresh food sufficient for 14 days to vulnerable families and individuals during the lockdown. This was to ensure that our user groups did not go hungry at times of serious crisis.
- With social gatherings returning our projects, activities and services focused on continuing to provide interesting and fun socialisation activities to all our vulnerable residents.
- We provided digital devices to local residents who had no access to a tablet or smart phone to keep in contact with friends and family members, to use the devices as an information tool and to have access to social media.
- We ran a weekly telephone benefits advice surgery when a qualified adviser provided a variety of benefits and housing advice to enable our service users to live safely, independently in their own home.

### **Financial Review**

The financial position of the Charity is portrayed in the accompanying Annual Accounts:

### Statement of Trustees' Responsibilities

The Directors (who are also Trustees of Ekota Care Trust Limited) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Directors are required to:

- (a) Select suitable accounting policies and apply consistently.
- (b) Observe the methods and principles in the Charities SORP.
- (c) Make judgements and estimates that are reasonable and prudent.
- (d) Disclose and explain in the financial statements.
- (e) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Reserve Policy

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to at least three months expenditure. The Board of Directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. Ekota Care Trust Limited will actively work to achieve this level of reserves.

### Risk Management

The Board of Directors have assessed the risks the trust faces and have compiled a risk list which identified the major risks by area of activity, the nature of those risks, the likelihood of risks happening and the measures taken to manage them. The Board of Directors review this list regularly at their meetings and at its meetings with employed staff running the services.

The Board of Directors are satisfied that systems are in place to mitigate exposure to the major risks. The finances of the trust are kept under review. DBS (Disclosure Barring Service) checks, supported by regular policy reviews and supervision are made for all those who work with children and other vulnerable groups with the Trust's activities.

### Small Company Provision

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to the Company's subject to the small company's regime.

### Independent Examiner

According to the provisions of the Charities Act 2011, the Board of Directors agree that an audit is not required for this financial year; however due to the provisions of the same act an Independent Examiner is required.

Aasif & Co will be appointed as Independent Examiner for the ensuing year.

The Board of Directors approved the accounts on the 15 December 2022

Signed on Behalf of the Board of Directors:

Sign: 

Name: Shuab Ahmed

Position: Chairperson

Date: 15/12/22

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

I report to the Board of Directors on my examination of the accounts of the above company ("the Trust") for the year ended 31<sup>st</sup> March 2022 set out on pages 7 to 10.

**Respective Responsibilities of Basis of Report**

As the charity's trustees (also its Directors for the purpose of Company Law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the Act 2006).

Having satisfied that the accounts of the company are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out our examination, I have followed all the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiners Statement**

In connection with my examination no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material respect the requirements:
  - To keep accounting records in accordance with section required by section 386 of the 2006 Act; and
  - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the section 396 of 2006 Act have not been met; or
  - The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS106).
- 2) No other matter has come to my attention in connection with my examination to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
 Prepared by:

**ASIA & CO**

2<sup>nd</sup> Floor, 125 The Grove, Stratford, London, E15 1EN

Date: 16/12/2022

**BEKOTA CARE TRUST LIMITED NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

**1. Accounting Policies:**

The Financial Statements are prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevance note(s) to these accounts and in accordance with the Statement of Recommended Practices: Accounting and Reporting by Charities and with preparing their accounts in accordance with the Financial Standard applicable in the United Kingdom (FRS 102) issued on the 16<sup>th</sup> July 2016 and updated on the 16<sup>th</sup> September 2016 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by the Charity Commission.

**(a) Incoming Resources:**

The Incoming resources represents grants, donations and any bank interest receivable. The total incoming resources of the Trust for the year have been derived from its principal activity undertaken in the United Kingdom and came from the following sources:

	<u>2022</u>		<u>2021</u>	
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
National Lottery Community Fund Covid-19 Fund	-	-	-	9,995
National Lottery Awards for All	-	-	-	9,950
Donations	-	250	250	1,010
London Borough of Newham Council	3,930	-	3,930	3,910
East End Community Foundation – Covid-19 Fund	-	-	-	7,370
Mercers Company (London Community Response Fund)	-	-	-	8,570
London Community Foundation	-	-	-	9,770
Voice 4 Change England	6,585	-	6,585	6,390
East End Community Foundation	2,889	-	2,885	-
Postcode Society Trust	11,725	-	11,725	-
Global Majority Fund (MCF)	8,685	-	8,685	-
Garfield Weston Foundation	6,000	-	6,000	-
Arnold Clark	-	750	750	-
Mercers Company	20,000	-	20,000	-
<b>Total:</b>	<b>59,810</b>	<b>1,000</b>	<b>60,810</b>	<b>56,965</b>

**Restricted Funds**

Restricted Funds are to be used for specified purposes as laid down by the funding authority. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**Unrestricted Funds**

Unrestricted funds are received which have no restrictions placed in their use and are available as general funds.

**2. Staff Costs:**

Sessional worker cost who provided direct charitable services:

<u>31/03/2022</u>	<u>31/03/2021</u>
<u>(£)</u>	<u>(£)</u>
<u>£32,379</u>	<u>£17,317</u>

**3. Board of Directors**

None of the Board members received any remuneration during the year.



**Ekota Care Trust limited****Statement of Financial Activities for the Year Ending 31 March 2022**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<b><u>Incoming Resources</u></b>				
Grants	59,810	-	59,810	55,955
Donations	-	1,000	1,000	1,010
<b><u>Total Incoming Resources at 31/03/2022</u></b>	<b><u>£59,810</u></b>	<b><u>£1,000</u></b>	<b><u>£60,810</u></b>	<b><u>£56,965</u></b>
<b><u>Outgoing Resources</u></b>				
Staffing Costs	32,379	-	32,379	17,317
Direct Charitable Expenditure	26,660	-	26,660	24,317
Management & Administration	1,783	-	1,783	761
<b><u>Net Incoming/Outgoing Resources Before Transfer</u></b>	<b><u>£60,822</u></b>	<b><u>-</u></b>	<b><u>£60,822</u></b>	<b><u>42,828</u></b>
Gross Transfer Between Funds	-	-	-	-
<b><u>Net Incoming/Outgoing Resources After Transfer</u></b>	<b><u>(1,012)</u></b>	<b><u>1,000</u></b>	<b><u>(12)</u></b>	<b><u>14,139</u></b>
<b><u>Balance Brought Forward at 01/04/2021</u></b>	<b><u>18,542</u></b>	<b><u>1,100</u></b>	<b><u>19,642</u></b>	<b><u>5,503</u></b>
<b><u>Balance Carried Forward at 31/03/2022</u></b>	<b><u>£17,530</u></b>	<b><u>£2,100</u></b>	<b><u>£19,630</u></b>	<b><u>£19,642</u></b>

**Ekota Care Trust Limited****Income & Expenditure Account – Year Ending 31<sup>st</sup> March 2022**

				<b><u>2022</u></b>	<b><u>2021</u></b>
				<b><u>(£)</u></b>	<b><u>(£)</u></b>
	<b><u>Note</u></b>	<b><u>Restricted</u></b>	<b><u>Unrestricted</u></b>	<b><u>Total</u></b>	<b><u>Total</u></b>
		<b><u>Funds (£)</u></b>	<b><u>Funds (£)</u></b>		
<b><u>Incoming Resources</u></b>	<b><u>2</u></b>				
Grants		59,810	-	59,810	55,955
Donations		-	1,000	1,000	1,000
<b><u>Total Income Received</u></b>		<b><u>£59,810</u></b>	<b><u>£1,000</u></b>	<b><u>£60,810</u></b>	<b><u>£56,955</u></b>
 <b><u>Resources Expended</u></b>					
<b><u>Staffing Costs</u></b>					
Staffing Costs		29,057	-	29,057	17,317
Admin Support Workers Costs		3,322	-	3,322	-
<b><u>Direct Charitable Expenses</u></b>					
Office Rent & Venue Hire Charge		9,670	-	9,670	1,790
Volunteers Expenses		2,690	-	2,690	6,724
Prof Fees – Trainers, Facilitator Fees		8,320	-	8,320	2,400
Light Refreshments & Lunch Club		2,800	-	2,800	-
Emergency Food Parcels		2,780	-	2,780	3,749
Cooked Meals Preparation & Delivery		-	-	-	4,200
Online Activities (Facilitators Fees)		-	-	-	2,560
Small Equipment (Digital Devices)		-	-	-	2,460
Personal Protection Equipment (PPE)		-	-	-	545
Materials		400	-	400	320
<b><u>Management &amp; Administration</u></b>					
Telephone & Internet		181	-	181	-
Accounting Fees		460	-	460	350
Bank Charges		-	-	-	5
Subscriptions		96	-	96	96
Printing, Publicity & Promotion		960	-	960	310
Public Employers Liability Insurance		96	-	96	-
<b><u>Total Expenses</u></b>		<b><u>60,822</u></b>	<b><u>-</u></b>	<b><u>60,822</u></b>	<b><u>42,826</u></b>
<b><u>Surplus / (Deficit)</u></b>		<b><u>(1,012)</u></b>	<b><u>1,000</u></b>	<b><u>(12)</u></b>	<b><u>14,139</u></b>
<b><u>Balance Brought Forward @ 01/04/2021</u></b>		<b><u>18,542</u></b>	<b><u>1,100</u></b>	<b><u>19,642</u></b>	<b><u>5,503</u></b>
<b><u>Balance Carried Forward @ 01/04/2022</u></b>		<b><u>17,530</u></b>	<b><u>2,100</u></b>	<b><u>19,630</u></b>	<b><u>£19,642</u></b>

**Ekota Care Trust Limited**  
**Balance Sheet as of 31<sup>st</sup> March 2022**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<b><u>Current Assets</u></b>				
Cash at Bank at 31/03/2022	17,530	1,721	19,251	19,263
Cash in Hand	-	379	379	379
<b><u>Total Current Assets</u></b>	<b><u>£17,530</u></b>	<b><u>£2,100</u></b>	<b><u>£19,630</u></b>	<b><u>£19,642</u></b>
<b><u>Net Current Asset</u></b>	<b><u>£17,530</u></b>	<b><u>£2,100</u></b>	<b><u>£19,630</u></b>	<b><u>£19,642</u></b>
<b><u>Total Net Assets</u></b>	<b><u>£17,530</u></b>	<b><u>£2,100</u></b>	<b><u>£19,630</u></b>	<b><u>£19,642</u></b>

			<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<b><u>Funds Represented By:</u></b>				
Restricted Funds	£17,530	-	£17,530	18,542
Unrestricted Funds	-	£2,100	£2,100	1,100
<b><u>Total</u></b>	<b><u>£17,530</u></b>	<b><u>£1,100</u></b>	<b><u>£19,630</u></b>	<b><u>19,642</u></b>

The Directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the Company to obtain an audit in accordance with section 476 of the 2006 Act. The Directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the Small Companies Regime.

Approved by the Board of Directors on 15/12/2022 and signed on its behalf by:

Sign 

Name: Shuab Ahmed

Position: Chairperson & Director

Sign 

Name: Mohammed Hussain Ahmed

Position: Treasurer & Director

Date: 15/12/22