

# EKOTA CARE TRUST LIMITED

England & Wales - Charity number 1156253

## Details

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**Other names** GLOBAL CARE TRUST

**Status** Registered

**Legal form** Charitable company

**Company number** [08508741](#)

**Registered** 2014-03-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 14 Beryl Avenue  
London  
E6 5JT

**Phone** 07921 020 441

**Email** [ekotatrust@hotmail.com](mailto:ekotatrust@hotmail.com)

## Activities

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**Objects:** TO SUPPORT SUCH GENERAL CHARITABLE PURPOSES FOR THE PUBLIC BENEFIT AS THE TRUSTEES IN THEIR ABSOLUTE DISCRETION MAY DETERMINE, IN PARTICULAR BUT WITHOUT LIMITATION TO THE FOLLOWING:-1.)TO ADVANCE EDUCATION;2.)TO RELIEVE FINANCIAL HARDSHIP;3.)TO RELIEVE UNEMPLOYMENT;4.)TO PRESERVE AND PROTECT GOOD HEALTH; AND5.)TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT, FINANCIAL HARDSHIP, ILL HEALTH, POOR HOUSING OR SOCIAL BACKGROUND.

**Activities:** Lunch Club and Socialisation Activities for older and disadvantaged people.Raising the educational abilities of children through a Home Work Club Programme, Supplementary Education.Activities promoting better health & wellbeing.Community engagement, community development work, initiatives that promotes better integration of communities of people from different communities and backgrounds

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

## Geography

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- Throughout London

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£15,130	£17,964	-	-
2024-03-31	£28,588	£31,733	-	-
2023-03-31	£46,085	£57,508	-	-
2022-03-31	£60,810	£60,822	-	-
2021-03-31	£56,965	£42,826	-	-

## Trustees

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Name	Role	Appointed
Sheikh Mohitur Rahman	Chair	2023-03-12
Abdul Hai		2025-01-16
Mohammed Shazzad Hossaain		2025-06-22

**EKOTA CARE TRUST LIMITED**

England & Wales - Charity number 1156253

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# Accounts

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# **EKOTA CARE TRUST LIMITED**

**CHARITY NO. 1156253**

**COMPANY REGISTRATION NO. 08508741**

**FINANCIAL STATEMENT FOR THE YEAR ENDED  
31 MARCH 2024**

**EKOTA CARE TRUST LIMITED**

**LEGAL & ADMINISTRATIVE INFORMATION**

**Name of Charitable Company:** Ekota Care Trust Limited

**Registered Address:** 59 Stephens Road  
Stratford  
London E15 3JJ

**Tel:** 07921 020 441

**Email:** ekotacaretrust31@gmail.com

**Charity Registration No.** 1156253

**Company Registration No.** 08508741

**Date of Incorporation:** 29<sup>th</sup> April 2013

**Board of Directors  
For the Accounting Period:** Abu Sufian - Director (Resigned 16<sup>th</sup> December 2024)  
Oyas Miah – Director (Resigned 16<sup>th</sup> December 2024)  
Sheikh Mohitur Rahman – Director (Appointed 14<sup>th</sup> March 2023)  
Monjur Alam – Director (Appointed 16<sup>th</sup> December 2024)  
Abdul Hai – Director (Appointed 16<sup>th</sup> December 2024)

**Independent Examiner:** Aasif & Co  
52 Woodgrange Road  
Forest Gate  
London E7 0QH

**Banker:** Metro Bank Ilford  
114 High Road  
Ilford  
Essex IG1 1BY

## **EKOTA CARE TRUST LIMITED: REPORT OF THE BOARD OF DIRECTORS**

### **Background, Objectives and Activities of the Ekota Care Trust**

The Board of Directors submit their report and financial statements for the year ended 31<sup>st</sup> March 2024. The Ekota Care Trust Limited was established and incorporated as a Company (with no share capital) at Companies House on the 29<sup>th</sup> of April 2013. Its name was entered in the Charity Commission's Central Register on the 18<sup>th</sup> of March 2014.

### **Background**

The word "Ekota" in Bengali means Unity and in an increasingly difficult world, where many people are living in poverty and isolation, we want to make a difference and deliver culturally sensitive services that will bring real change to people's lives.

The Ekota Care Trust Limited was established in 2013 by the BAME Community living in the London Borough of Newham. Ekota Care Trust Limited provides help, assist and support disadvantaged and very vulnerable people from the Black and Minority Ethnic (BAME) Community with their educational, social, health and welfare needs to help and support their integration into Society in the United Kingdom.

### **Objectives of the Ekota Care Trust Limited:**

1. To advance education;
2. To relieve financial hardship;
3. To relieve unemployment;
4. To preserve and protect good health; and
5. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause "socially excluded" means being excluded from society, or parts of society, as a result of one of more of the following factors: level of education and skills, financial hardship, unemployment, ill health and social background.

### **Structure, Governance and Management**

Ekota Care Trust Limited is constituted by a Memorandum and Articles of Association. It is governed by the regulation set out in the Memorandum and Articles of Association and run by Board of Directors. The Trust's new Board members are elected at the Annual General Meeting every two years. The Board Directors give their time voluntarily, receive no remuneration, nor were they paid for any other activity relating to the charity in the year.

The Board of Directors members are normally briefed by the Chairperson and the Secretary in order to familiarise themselves with the rules, regulations and responsibilities of the Trust. The Board of Directors met 6 times during the year to review the activities of the Trust including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund - raising date for the Trust. The day-to-day work of the Trust is overseen by the Project Coordinator who is responsible to and reports to the Board of Directors.

The Board of Directors are aware of the potential risks to the Trust, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taking relating to fire and health and safety. The Board of Directors are seriously looking into other risk areas such as operational, governance and compliance with law and regulations.

### **Achievements and Performance of the Trust**

The Board of Directors are pleased to report another very active year with many essential services being oversubscribed. Ekota Care Trust Limited continues to actively strive to protect its financial security in order to continue to safeguard the ongoing development of the Trust and its projects and services that it offers to the local community in Newham and other surrounding East London Boroughs.

### **Ekota Care Trust Limited's Services & Activities and its Impact**

The Ekota Care Trust Limited operates from the Carpenters and Docklands Centre in Stratford, East London between Monday to Wednesday and some evenings and weekends work. The Trust deliver's holistic services which support disadvantaged and vulnerable people in the grassroot communities to assert and enjoy their rights and achieve their aspirations. The Trust work's collaboratively with the community and in close partnership with local agencies, Newham Council and several other statutory and mainstream agencies themselves to design and deliver the services that meet their needs.

### **We have been running a variety of drop-in activities that included:**

- Coffee Mornings – opportunity for people feeling lonely to get together, have a chat over a cup of coffee and a biscuit. Exchange views on social matters, opportunity to share their life experiences.
- We ran a weekly lunch club programme for older people and pensioners – coming together to connect and share a healthy and nutritious meal.
- Engage disadvantaged groups of people to come together in a variety of socialisation activities - indoor games, read a selection of newspapers, magazines, watch a film show.
- We ran a Healthy Living Workshop Programme once every 8 weeks - Themes included topics on Nutrition and Diet, Exercise, Effects of smoking, Chewing Beetle nut and tobacco etc. A local health care worker or a nurse came once a month and provided our service users with a basic health check (checking weight, blood pressure checks, checking blood sugar levels, checking their diets etc).
- Our volunteers provided befriended support to the older people some who just wanted to talk to someone, others needing some basic advice on daily life issues.
- We ran a weekly benefits advice surgery when a qualified welfare rights adviser came in and provided a variety of benefits and housing advice to enable our service users to live safely, independently in their own home.

### **Financial Review**

The financial position of the Charity is portrayed in the accompanying Annual Accounts.

### **Statement of Trustees' Responsibilities**

The Directors (who are also Trustees of Ekota Care Trust Limited) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Directors are required to:

- (a) Select suitable accounting policies and apply consistently.
- (b) Observe the methods and principles in the Charities SORP.
- (c) Make judgements and estimates that are reasonable and prudent.

- (d) Disclosed and explained in the financial statements.
- (e) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Reserve Policy**

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to at least three months expenditure. The Board of Directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. Ekota Care Trust Limited will actively work to achieve this level of reserves.

**Risk Management**

The Board of Directors have assessed the risks the trust faces and have compiled a risk list which identified the major risks by area of activity, the nature of those risks, the likelihood of risks happening and the measures taken to manage them. The Board of Directors review this list regularly at their meetings and at its meetings with employed staff running the services.

The Board of Directors are satisfied that systems are in place to mitigate exposure to the major risks. The finances of the trust are kept under review. Appropriate DBS (Disclosure Barring Service) checks, supported by regular policy reviews are made for all those who work with children and other vulnerable groups with the Trust's activities.

**Small Company Provision**

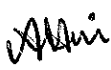
This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to the Company's subject to the small company's regime.

**Independent Examiner**

According to the provisions of the Charities Act 2011, the Board of Directors agree that an audit is not required for this financial year; however, due to the provisions of the same act an Independent Examiner is required.

Aasif & Co will be appointed as Independent Examiner for the ensuing year. The Board of Directors approved the accounts on the 30<sup>th</sup> December 2024.

**Signed on Behalf of the Board of Directors:**

Sign.....

Name: Abdul Hai  
 Position: Treasure and Director  
 Date: 30<sup>th</sup> December 2024

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

I report to the Board of Directors on my examination of the accounts of the above company ("the Trust") for the year ended 31<sup>st</sup> March 2024 set out in these accounts.

**Respective responsibilities of Basis of Report**

As the charity's trustees (also its directors for the purpose of Company Law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the Act 2006). Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives us cause to believe that in, any material respect:

- the accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act:  
or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements of section 396 of 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
- The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS106).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....  
Prepared by:



**Aasif & Co**  
52 Woodgrange Road  
Forest Gate  
London E7 0QH

Date:

30/12/2024

**EKOTA CARE TRUST LIMITED NOTES TO HE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

**1. Accounting Policies:**

The Financial Statements are prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevance note(s) to these accounts and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities and with preparing their accounts in accordance with the Financial Standard applicable in the United Kingdom (FRS 102) issued on the 16<sup>th</sup> July 2016 and updated on the 16<sup>th</sup> September 2016 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by the Charity Commission.

**(a) Incoming Resources:**

The Incoming resources represents grants, donations and any bank interest receivable. The total incoming resources of the Trust for the year have been derived from its principal activity undertaken in the United Kingdom and came from the following sources:

	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
National Lottery Community Fund: Covid-19 Fund	-	-	-	9,960
National Lottery Awards for All	-	-	-	-
Donations	-	6,988	6,988	-
Donations-Co-Op	-	-	-	2,255
Muslim Charity	-	-	-	965
Postcode Society Trust	-	-	-	11,905
Arnold Clark	-	-	-	1,000
Mercers Company	21,600	-	21,600	20,000
<b><u>Total:</u></b>	<b><u>21,600</u></b>	<b><u>6,988</u></b>	<b><u>28,588</u></b>	<b><u>46,085</u></b>

**Restricted Funds**

Restricted Funds are to be used for specified purposes as laid down by the funding authority. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**Unrestricted Funds**

Unrestricted funds are received which have no restrictions placed in their use and are available as general funds.

**2. Staff Costs:**

Sessional worker cost who provided direct charitable services.

<u>31/03/2024</u>	<u>31/03/2023</u>
<u>(£)</u>	<u>(£)</u>
<b><u>17,723</u></b>	<b><u>26,236</u></b>

**3. Board of Directors**

None of the Board members received any remuneration during the year.

**Ekota Care Trust limited****Statement of Financial Activities for the Year Ending 31 March 2024**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2024 Total Funds</u>	<u>2023 Total Funds</u>
<b><u>Incoming Resources</u></b>				
Grants	21,600		21,600	42,830
Donations		6,988	6,988	3,255
<b><u>Total Incoming Resources at 31/03/2022</u></b>	<b><u>21,600</u></b>	<b><u>6,988</u></b>	<b><u>28,588</u></b>	<b><u>46,085</u></b>
<b><u>Outgoing Resources</u></b>				
Staffing Costs	16,723	1,000	17,723	26,236
Direct Charitable Expenditure	7,145	5,479	12,624	29,779
Management & Administration	386	1,000	1,386	1,493
<b><u>Net Incoming/Outgoing Resources Before Transfer</u></b>	<b><u>24,253</u></b>	<b><u>7,479</u></b>	<b><u>31,733</u></b>	<b><u>57,508</u></b>
Gross Transfer Between Funds	-	-	-	-
<b><u>Net Incoming/Outgoing Resources After Transfer</u></b>	<b><u>(2,654)</u></b>	<b><u>(491)</u></b>	<b><u>(3,145)</u></b>	<b><u>(11,423)</u></b>
<b><u>Balance Brought Forward at 01/04/2023</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>19,630</u></b>
<b><u>Balance Carried Forward at 31/03/2024</u></b>	<b><u>198</u></b>	<b><u>4,864</u></b>	<b><u>5,062</u></b>	<b><u>8,207</u></b>

**Ekota Care Trust Limited**  
**Income & Expenditure Account – Year Ending 31<sup>st</sup> March 2024**

	<u>Note</u>	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2024 (£) Total</u>	<u>2023 (£) Total</u>
<b><u>Incoming Resources</u></b>					
Grants	2	21,600		21,600	42,830
Donations			6,988	6,988	3,255
<b>Total Income Received</b>		<b>21,600</b>	<b>6,988</b>	<b>28,588</b>	<b>46,085</b>
 <b><u>Resources Expended</u></b>					
<b><u>Staffing Costs</u></b>					
Staffing Costs		14,723	1,000	15,723	23,346
Admin Support Workers Costs		2,000	-	2,000	2,890
<b><u>Direct Charitable Expenses</u></b>					
Office Rent & Venue Hire Charge		6,000	-	6,000	12,000
Volunteers Expenses		-	2,340	2,340	3,150.00
Prof Fees – Trainers, Facilitator Fees		-	-	-	4,400
Light Refreshments & Lunch Club		-	2,760	2,760	4,129
Food Parcels to elderly peoples		1,144	-	1,144	1,400.00
Cooked Meals Preparation & Delivery (outreach)		-	-	-	4,000.00
Materials		-	379	379	700
<b><u>Management &amp; Administration</u></b>					
Telephone & Internet		338	-	338	393
Accounting Fees		-	1,000	1,000	1,100
Bank Charges		48	-	48	-
Printing, Publicity & Promotion		-	-	-	-
Public Employers Liability Insurance		-	-	-	-
<b>Total Expenses:</b>		<b>24,253</b>	<b>7,479</b>	<b>31,733</b>	<b>57,508</b>
<b>Surplus / (Deficit)</b>		<b>(2,654)</b>	<b>(491)</b>	<b>(3,145)</b>	<b>(11,423)</b>
<b>Balance Brought Forward @ 01/04/2023</b>		<b>2,852</b>	<b>5,355</b>	<b>8,207</b>	<b>19,630</b>
<b>Balance Carried Forward @ 01/04/2024</b>		<b>198</b>	<b>4,864</b>	<b>5,062</b>	<b>8,207</b>

**Ekota Care Trust Limited**  
**Balance Sheet as of 31<sup>st</sup> March 2024**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2024 Total Funds</u>	<u>2023 Total Funds</u>
<b>Current Assets</b>				
Cash at Bank at 31/03/2024	198	4,864	5,062	7,828
Cash in Hand		-	-	379
<b>Total Current Assets</b>	<b>198</b>	<b>4,864</b>	<b>5,062</b>	<b>8,207</b>
<b>Net Current Asset</b>	<b>198</b>	<b>4,864</b>	<b>5,062</b>	<b>8,207</b>
<b>Total Net Assets</b>	<b>198</b>	<b>4,864</b>	<b>5,062</b>	<b>8,207</b>


			<u>2024 Total Funds</u>	<u>2023 Total Funds</u>
<b>Funds Represented By:</b>				
Restricted Funds	198		198	2,850
Unrestricted Funds		4,864	4,864	5,355
<b>Total:</b>	<b>198</b>	<b>4,864</b>	<b>5,062</b>	<b>8,207</b>

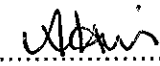
The Directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the Company to obtain an audit in accordance with section 476 of the 2006 Act. The Directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the Small Companies Regime.

Approved by the Board of Directors on 30 DECEMBER 2024 and signed on its behalf by:

Sign:   
 Name: Sheikh Mohitur Rahman

Sign:   
 Name: ABDUL HAFIZ

Position: Chairperson & Director

Position: Treasurer & Director

Date: 30/12/2024

**EKOTA CARE TRUST LIMITED**

England & Wales - Charity number 1156253

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# Accounts

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# **EKOTA CARE TRUST LIMITED**

**CHARITY NO. 1156253**

**COMPANY REGISTRATION NO. 08508741**

**FINANCIAL STATEMENT FOR THE YEAR ENDED  
31 MARCH 2023**

**EKOTA CARE TRUST LIMITED****LEGAL & ADMINISTRATIVE INFORMATION**

**Name of Charitable Company:** Ekota Care Trust Limited  
**Registered Address:** 31 Church Road  
Manor Park  
London  
E12 6AD

**Mobile:** 07396494579

**Email:** Ekotacaretrust31@gmail.com

**Charity Registration No.** 1156253

**Company Registration No.** 08508741

**Date of Incorporation:** 29<sup>th</sup> April 2013

**Board of Directors  
For the Accounting Period:**

Abu Sufian	Chairperson & Director
Sheikh Mohitur Rahman	Treasurer & Director
Oyas Miah	Secretary & Director

**Independent Examiner:** Aasif & Co  
2<sup>nd</sup> Floor  
125 The Grove  
Stratford  
London E15 1EN

**Banker:** Metro Bank Ilford  
114 High Road  
Ilford  
Essex  
IG1 1BY

## **EKOTA CARE TRUST LIMITED: REPORT OF THE BOARD OF DIRECTORS**

### **Background, Objectives and Activities of the Ekota Care Trust**

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### **Background**

The word "Ekota" in Bengali means Unity and in an increasingly difficult world, where many people are living in poverty and isolation, we want to make a difference and deliver culturally sensitive services that will bring real change to people's lives.

The Ekota Care Trust Limited was established in 2013 by the BAME Community living in the London Borough of Newham. Ekota Care Trust Limited provides help, assist and support disadvantaged and very vulnerable people from the Black and Minority Ethnic (BAME) Community with their educational, social, health and welfare need to help and support their integration into Society in the United Kingdom.

### **Objectives of the Ekota Care Trust Limited:**

1. To advance education.
2. To relieve financial hardship.
3. To relieve unemployment.
4. To preserve and protect good health.
5. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

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The Board of Directors are aware of the potential risks to the Trust, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taking relating to fire and health and safety. The Board of Directors are seriously looking into other risk areas such as operational, governance and compliance with law and regulations.

### **Achievements and Performance of the Trust**

The Board of Directors are pleased to report that it continues to actively strive to protect its financial security in order to continue to safeguard the ongoing development of the Trust and its projects and services that it offers to the local community in Newham and other surrounding East London Boroughs.

### **Ekota Care Trust Limited's Services & Activities and its Impact**

The Ekota Care Trust Limited operates full-time services from 31 Church Road, London E12 6AD that also includes some evenings and weekends work. This year, services were switched back face-to-face and drop-in, but we also maintained some online and telephone support, networking on the doorstep and through outdoor work maintaining social distancing and use of PPE by all staff and volunteers.

The Trust deliver's holistic services which support disadvantaged and vulnerable people in the grassroots communities to assert and enjoy their rights and achieve their aspirations. The Trust work's collaboratively with the community and in close partnership with local agencies, Newham Council, and several other statutory and mainstream agencies themselves to design and deliver the services that meet their needs.

### **The Trust delivered the following services:**

#### Socialisation Activities:

ECT delivers socialisation activities 3-days a week enabling older residents to meet up with other older people, to engage in a variety in an indoor-activities ranging from indoor games, meeting up for coffee and biscuits, engaging in banter and talks with others, sharing stories and their experiences.

The socialisation activities enable the older residents to try new activities, experience new life challenges, learn about other communities, other cultures, customs to their own giving way to improved confidence and self-esteem.

#### Sports & Physical Activity

Our sports and physical activities helped to attract and engage the Older People into physical activities who traditionally didn't participate in these activities. We delivered d Exercise and Fitness including some light aerobics, yoga, walking activities in local parks in Newham. The project ran 43 physical activity sessions and 30 walking sessions, delivering over 146 hours of physical activities.

#### Mentoring Information Sessions

We ran a variety of information workshop sessions for vulnerable users on welfare rights, personal safety, retirement, health matters (diabetes, chronic heart diseases etc), Managing Better Mental Health, Information on Dementia, How to live Safely at Home e.g. Falls, Home Security, how to access and benefit from social media to address isolation and loneliness.

#### Health Education Workshops

Our local residents engaged in information, training and skills workshop sessions has helped to broaden and improve their understanding about their health and how to take better care of themselves. They also appreciated the benefits of this health knowledge - the benefits of healthy diet, nutrition, healthy cooking practices, that builds a healthy life. This also included learning to shop on a budget etc.

Fusing the sports and physical activities with our healthy lifestyles workshops sessions including nutritional information, how to maintain a good lifestyle etc, has had a significant impact on the participants participation and helped to contribute to better health outcomes.

#### Lunch Club & Healthy Eating Programme

We ran a twice weekly lunch club programme (every Mondays and Tuesdays) whereby vulnerable users and for our pensioners who came together and enjoyed a freshly cooked hot nutritional meal. This was particularly important at a time with rising food poverty and the crisis of costs of living which is impacting all our participants.

Our users played a key role in how the lunch club was delivered. They influenced what they would eat, decided the menu, took part in the shopping exercise with the volunteers, some even participated in the preparing and cooking the meals. The project provided more than 1500 hot meals during this period.

#### Digital and Financial Inclusion Project

To help break the poverty cycle faced by local residents living on very low income we ran a digital and financial inclusion training programme by giving the necessary advice, skills & opportunities through a programme to enhance their digital & financial inclusion activities to build their digital skills to source energy suppliers online, building financial security using financial literacy education.

#### Volunteering Work

We had 20 local people coming forward to provide volunteering support to help people in the community. The volunteers provided support and assistance in running some of the drop-in activity sessions, organised refreshments and lunches for the vulnerable users, continued to help families with shopping, collecting medicines, knocking on doors to make sure they were safe and well. Our volunteers provide over 3,000 volunteering hours of support every year.

#### Evaluation

We had one-to-one feedback sessions with the users and talked with other extended family members. We organised a number of group focus sessions – discussing particular issues in more depth and engaging the users in deeper conversation. Our volunteers helped our users to translate and help complete service questionnaire evaluation forms. The staff and volunteers provided their feedback and comments on how they thought the project ran and how the users benefited.

#### Financial Review

The financial position of the Charity is portrayed in the accompanying Annual Accounts.

#### Statement of Trustees' Responsibilities

The Directors (who are also Trustees of Ekota Care Trust Limited) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Directors are required to:

- (a) Select suitable accounting policies and apply consistently.
- (b) Observe the methods and principles in the Charities SORP.
- (c) Make judgements and estimates that are reasonable and prudent.
- (d) Disclosed and explained in the financial statements.
- (e) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Reserve Policy**

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to at least three months expenditure. The Board of Directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. Ekota Care Trust Limited will actively work to achieve this level of reserves.

**Risk Management**

The Board of Directors have assessed the risks the trust faces and have compiled a risk list which identified the major risks by area of activity, the nature of those risks, the likelihood of risks happening, and the measures taken to manage them. The Board of Directors review this list regularly at their meetings and at its meetings with employed staff running the services.

The Board of Directors are satisfied that systems are in place to mitigate exposure to the major risks. The finances of the trust are kept under review. DBS (Disclosure Barring Service) checks, supported by regular policy reviews and supervision are made for all those who work with children and other vulnerable groups with the Trust's activities.

**Small Company Provision**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to the Company's subject to the small company's regime.


**Independent Examiner**

According to the provisions of the Charities Act 2011, the Board of Directors agree that an audit is not required for this financial year; however due to the provisions of the same act an Independent Examiner is required.

Aasif & Co will be appointed as Independent Examiner for the ensuring year.

The Board of Directors approved the accounts on the ..... 20/12/2023 .....

**Signed on Behalf of the Board of Directors:**

Sign.....

Name: Abu Sufian

Position: Chairperson

Date: 20/12/2023

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31<sup>st</sup> March 2023.

**Respective Responsibilities of Basis of Report**

As the charity's trustees of the Company (who are also the Directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

**Independent Examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination: or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
**Prepared by:**

**Aasif & Co**  
**2<sup>nd</sup> Floor**  
**125 The Grove**  
**Stratford**  
**London E15 1EN**

Date: 29/12/2023

**EKOTA CARE TRUST LIMITED NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

**1. Accounting Policies:**

The Financial Statements are prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevance note(s) to these accounts and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities and with preparing their accounts in accordance with the Financial Standard applicable in the United Kingdom (FRS 102) issued on the 16<sup>th</sup> July 2016 and updated on the 16<sup>th</sup> September 2016 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by the Charity Commission.

**(a) Incoming Resources:**

The Incoming resources represents grants, donations and any bank interest receivable. The total incoming resources of the Trust for the year have been derived from its principal activity undertaken in the United Kingdom and came from the following sources:

	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
National Lottery Awards for All	-	-	9,960	-
Donations	-	-	-	250
Donations-Co-Op	-	2,255	2,255	-
London Borough of Newham Council	-	-	-	3,930
Muslim Charity	965	-	965	-
Voice-4-Change England	-	-	-	6,585
East End Community Foundation	-	-	-	2,885
Postcode Society Trust	11,905	-	11,905	11,725
Global Majority Fund (MCF)	-	-	-	8,685
Garfield Weston Foundation	-	-	-	6,000
Arnold Clark	-	1,000	1,000	750
Mercers Company	20,000	-	20,000	20,000
<b>Total:</b>	<b><u>42,830</u></b>	<b><u>3,255</u></b>	<b><u>46,085</u></b>	<b><u>60,810</u></b>

**Restricted Funds**

Restricted Funds are to be used for specified purposes as laid down by the funding authority. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**Unrestricted Funds**

Unrestricted funds are received which have no restrictions placed in their use and are available as general funds.

**2. Staff Costs:**

Sessional worker cost who provided direct charitable services.

<u>31/03/2023</u>	<u>31/03/2022</u>
<u>(£)</u>	<u>(£)</u>
<b><u>26,236</u></b>	<b><u>32,379</u></b>

**3. Board of Directors**

None of the Board members received any remuneration during the year.

**EKOTA CARE TRUST LIMITED**  
**STATEMENT OF FINANCIAL ACTIVITIES – YEAR ENDED 31<sup>ST</sup> MARCH 2023**

	<u>Restricted</u> <u>Funds (£)</u>	<u>Unrestricted</u> <u>Funds (£)</u>	<u>2023</u> <u>Total Funds</u>	<u>2022</u> <u>Total Funds</u>
<b><u>Incoming Resources</u></b>				
Grants	42,830	-	42,830	59,810
Donations	-	3,255	3,255	1,000
<b><u>Total Incoming Resources at 31/03/2022</u></b>	<b><u>42,830</u></b>	<b><u>3,255</u></b>	<b><u>46,085</u></b>	<b><u>£60,810</u></b>
<b><u>Outgoing Resources</u></b>				
Staffing Costs	26,236	-	26,236	32,379
Direct Charitable Expenditure	29,779	-	29,779	26,660
Management & Administration	1,493	-	1,493	1,783
<b><u>Net Incoming/Outgoing Resources Before Transfer</u></b>	<b><u>57,508</u></b>	<b><u>-</u></b>	<b><u>57,508</u></b>	<b><u>60,822</u></b>
Gross Transfer Between Funds	-	-	-	-
<b><u>Net Incoming/Outgoing Resources After Transfer</u></b>	<b><u>(14,678)</u></b>	<b><u>3,255</u></b>	<b><u>(11,423)</u></b>	<b><u>(12)</u></b>
<b><u>Balance Brought Forward at 01/04/2022:</u></b>	<b><u>17,530</u></b>	<b><u>2,100</u></b>	<b><u>19,630</u></b>	<b><u>19,642</u></b>
<b><u>Balance Carried Forward at 31/03/2023:</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>19,630</u></b>

**EKOTA CARE TRUST LIMITED**  
**INCOME & EXPENDITURE ACCOUNT – YEAR ENDING 31<sup>ST</sup> MARCH 2023**

	<u>Note</u>	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2023 (£) Total</u>	<u>2022 (£) Total</u>
<b><u>Incoming Resources</u></b>					
	<b>2</b>				
Grants		42,830		42,830	59,810
Donations			3,255	3,255	1,000
<b>Total Income Received</b>		<b><u>42,830</u></b>	<b><u>3,255</u></b>	<b><u>46,085</u></b>	<b><u>£60,810</u></b>
<b><u>Resources Expended</u></b>					
<b><u>Staffing Costs</u></b>					
Staffing Costs		23,346	-	23,346	29,057
Admin Support Workers Costs		2,890	-	2,890	3,322
<b><u>Direct Charitable Expenses</u></b>					
Office Rent & Venue Hire Charge		12,000	-	12,000	9,670
Volunteers Expenses		3,150	-	3,150	2,690
Prof Fees – Trainers, Facilitator Fees		4,400	-	4,400	8,320
Light Refreshments & Lunch Club		4,129	-	4,129	2,800
Food Parcels to elderly peoples		1,400	-	1,400	2,780
Cooked Meals Prep & Delivery (outreach)		4,000	-	4,000	-
Materials		700	-	700	400
<b><u>Management &amp; Administration</u></b>					
Telephone & Internet		393	-	393	181
Accounting Fees		1,100	-	1,100	450
Subscriptions		-	-	-	96
Printing, Publicity & Promotion		-	-	-	960
Public Employers Liability Insurance		-	-	-	96
<b>Total Expenses:</b>		<b><u>57,508</u></b>	<b><u>0,000</u></b>	<b><u>57,508</u></b>	<b><u>60,822</u></b>
<b>Surplus / (Deficit)</b>		<b><u>(14,678)</u></b>	<b><u>3,255</u></b>	<b><u>(11,423)</u></b>	<b><u>(12)</u></b>
<b>Balance Brought Forward @ 01/04/2022</b>		<b><u>17,530</u></b>	<b><u>2,100</u></b>	<b><u>19,630</u></b>	<b><u>19,630</u></b>
<b>Balance Carried Forward @ 01/04/2023</b>		<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>19,630</u></b>

**EKOTA CARE TRUST LIMITED**  
**BALANCE SHEET AS OF 31<sup>ST</sup> MARCH 2023**

	<u>Restricted</u> <u>Funds (£)</u>	<u>Unrestricted</u> <u>Funds (£)</u>	<u>2023</u> <u>Total Funds</u>	<u>2022</u> <u>Total Funds</u>
<b><u>Current Assets</u></b>				
Cash at Bank at 31/03/2023	2,852	4,976	7,828	19,251
Cash in Hand	-	379	379	379
<b><u>Total Current Assets</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>£19,630</u></b>
<b><u>Net Current Asset</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>£19,630</u></b>
<b><u>Total Net Assets</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>£19,630</u></b>


			<u>2023</u> <u>Total Funds</u>	<u>2022</u> <u>Total Funds</u>
<b><u>Funds Represented By:</u></b>				
Restricted Funds	2,850	-	2,850	£17,530
Unrestricted Funds	-	5,355	5,355	£2,100
<b><u>Total:</u></b>	<b><u>2,852</u></b>	<b><u>5,355</u></b>	<b><u>8,207</u></b>	<b><u>£19,630</u></b>

The Directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the Company to obtain an audit in accordance with section 476 of the 2006 Act. The Directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and preparation of accounts.

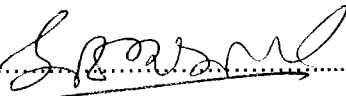
The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the Small Companies Regime.

Approved by the Board of Directors on ... 20<sup>th</sup> December '23 ... and signed on its behalf by:

Sign  .....

Name: Abu Sufian

Position: Chairperson & Director

Sign  .....

Name: Sheikh Mohitur Rahman

Position: Treasurer & Director

Date: 20/12/2023

**EKOTA CARE TRUST LIMITED**

England & Wales - Charity number 1156253

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# Accounts

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# **EKOTA CARE TRUST LIMITED**

**CHARITY NO. 1156253**

**COMPANY REGISTRATION NO. 085087411**

**FINANCIAL STATEMENT FOR THE YEAR ENDED  
31 MARCH 2022**

**EKOTA CARE TRUST LIMITED****LEGAL & ADMINISTRATIVE INFORMATION**

**Name of Charitable Company:** Ekota Care Trust Limited

**Registered Address:** 31 Church Road  
Manor Park  
London  
E12 6AD

**Tel:** 0208 062 8553

**Mobile:** 07494-254-905

**Email:** ekotacaretrust@gmail.com

**Charity Registration No.:** 1156253

**Company Registration No.:** 08508741

**Date of Incorporation:** 29<sup>th</sup> April 2013

**Board of Directors**

<b>For the Accounting Period:</b>	Shuab Ahmed	Chairperson & Director
	Abdus Somed Chowdhury	Secretary & Director
	Mohammed Hussain Ahmed	Treasurer & Director
	Asia Islam	Director

**Independent Examiner:** Aaaf & Co  
2<sup>nd</sup> Floor  
125 The Grove  
Stratford  
London E15 1EW

**Banker:** The Cooperative Bank Plc  
PO Box 250  
Deli House  
South Way  
Skelmersdale WN8 6WT

## EKOTA CARE TRUST LIMITED: REPORT OF THE BOARD OF DIRECTORS

### Background, Objectives and Activities of the Ekota Care Trust

The Board of Directors submit their report and financial statements for the year ended 31<sup>st</sup> March 2022. The Ekota Care Trust Limited was established and incorporated as a Company (with no share capital) at Companies House on the 29<sup>th</sup> of April 2013. Its name was entered in the Charity Commission's Central Register on the 18<sup>th</sup> of March 2014.

### Background

The word "Ekota" in Bengali means Unity and in an increasingly difficult world, where many people are living in poverty and isolation, we want to make a difference and deliver culturally sensitive services that will bring real change to people's lives.

The Ekota Care Trust Limited was established in 2013 by the BAME Community living in the London Borough of Newham. Ekota Care Trust Limited provides help, assist and support disadvantaged and very vulnerable people from the Black and Minority Ethnic (BAME) Community with their educational, social health and welfare needs to help and support their integration into Society in the United Kingdom.

### Objectives of the Ekota Care Trust Limited:

1. To advance education.
2. To relieve financial hardship.
3. To relieve unemployment.
4. To preserve and protect good health.
5. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause "socially excluded" means excluded from society, or parts of the society, as a result of one or more of the following factors: level of education and skills, financial hardship, unemployment, ill health and social background.

### Structure, Governance and Management

Ekota Care Trust Limited is constituted by a Memorandum and Articles of Association. It is governed by the regulation set out in the Memorandum and Articles of Association and run by Board of Directors. The Trust's new Board members are elected at the Annual General Meeting every two years. The Board Directors give their time voluntarily, receive no remuneration, nor were they paid for any other activity relating to the charity in the year.

The Board of Directors members are normally briefed by the Chairperson and the Secretary in order to familiarise themselves with the rules, regulations and responsibilities of the Trust. The Board of Directors met 6 times during the year to review the activities of the Trust including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund-raising date for the Trust. The day-to-day work of the Trust is overseen by the Service Coordinator who is responsible to and reports to the Board of Directors.

The Board of Directors are aware of the potential risks to the Trust, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taking relating to fire and health and safety. The Board of Directors are seriously looking into other risk areas such as operational, governance and compliance with law and regulations.

### **Achievements and Performance of the Trust**

The Board of Directors are pleased to report after a 2-year period of the coronavirus pandemic we were able to re-open all our drop-in services and projects for the local communities. Ekota Care Trust Limited continues to actively strive to protect its financial security in order to continue to safeguard the ongoing development of the Trust and its projects and services that it offers to the local community in Newham and other surrounding East London Boroughs.

### **Ekota Care Trust Limited's Services & Activities and Its Impact:**

The Ekota Care Trust Limited now operates full time services from 31 Church Road, London E12 6AD that also includes some evenings and weekends work. This year, services were switched back face-to-face and drop-in but we also maintained some online and telephone support, networking on the doorstep and through outdoor work maintaining social distancing and use of PPE by all staff and volunteers.

The Trust deliver's holistic services which support disadvantaged and vulnerable people in the grassroot communities to assert and enjoy their rights and achieve their aspirations. The Trust work's collaboratively with the community and in close partnership with local agencies, Newham Council and several other statutory and mainstream agencies themselves to design and deliver the services that meet their needs.

### **The Trust delivered the following services:**

- We had 20 local people coming forward to provide volunteering support to help people in the community. The volunteers provided support and assistance in running some of the drop-in activity sessions, organised refreshments and lunches for the vulnerable users, continued to help families with shopping, collecting medicines, knocking on doors to make sure they were safe and well. The volunteers provided over 3300 volunteering hours of support this year.
- We continued to provide help towards supporting vulnerable BAME residents to have access to accurate information that is critical to ensuring that they had clear messages on staying physically and mentally healthy and prepared them to resume daily life activities independently after the subsequent ending of the Covid-19 pandemic.
- We delivered 1200 freshly cooked hot nutritious meals to vulnerable older people at home. It has been an important and vital service helping vulnerable older people to overcome food poverty and formed a key part of our work to relieve loneliness and prolong independence.
- In addition to the hot meals delivery, the Trust delivered £2780 worth of Food Parcels, each parcel containing fresh food sufficient for 14 days to vulnerable families and individuals during the lockdown. This was to ensure that our user groups did not go hungry at times of serious crisis.
- With social gatherings returning our projects, activities and services focused on continuing to provide interesting and fun socialisation activities to all our vulnerable residents.
- We provided digital devices to local residents who had no access to a tablet or smart phone to keep in contact with friends and family members, to use the devices as an information tool and to have access to social media.
- We ran a weekly telephone benefits advice surgery when a qualified adviser provided a variety of benefits and housing advice to enable our service users to live safely, independently in their own home.

### **Financial Review**

The financial position of the Charity is portrayed in the accompanying Annual Accounts:

### Statement of Trustees' Responsibilities

The Directors (who are also Trustees of Ekota Care Trust Limited) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice):

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Directors are required to:

- (a) Select suitable accounting policies and apply consistently.
- (b) Observe the methods and principles in the Charities SORP.
- (c) Make judgements and estimates that are reasonable and prudent.
- (d) Disclose and explain in the financial statements.
- (e) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Reserve Policy

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to at least three months expenditure. The Board of Directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. Ekota Care Trust Limited will actively work to achieve this level of reserves.

### Risk Management

The Board of Directors have assessed the risks the trust faces and have compiled a risk list which identified the major risks by area of activity, the nature of those risks, the likelihood of risks happening and the measures taken to manage them. The Board of Directors review this list regularly at their meetings and at its meetings with employed staff running the services.

The Board of Directors are satisfied that systems are in place to mitigate exposure to the major risks. The finances of the trust are kept under review. DBS (Disclosure Barring Service) checks, supported by regular policy reviews and supervision are made for all those who work with children and other vulnerable groups with the Trust's activities.

### Small Company Provision

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to the Company's subject to the small company's regime.

### Independent Examiner

According to the provisions of the Charities Act 2011, the Board of Directors agree that an audit is not required for this financial year; however due to the provisions of the same act an Independent Examiner is required.

Aasif & Co will be appointed as Independent Examiner for the ensuing year.

The Board of Directors approved the accounts on the 15 December 2022

Signed on Behalf of the Board of Directors:

Sign: 

Name: Shuab Ahmed

Position: Chairperson

Date: 15/12/22

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

I report to the Board of Directors on my examination of the accounts of the above company ("the Trust") for the year ended 31<sup>st</sup> March 2022 set out on pages 7 to 10.

**Respective Responsibilities of Basis of Report**

As the charity's trustees (also its Directors for the purpose of Company Law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the Act 2006).

Having satisfied that the accounts of the company are not required to be audited under Part 15 of the Companies Act 2006 and are eligible for independent examination.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out our examination, I have followed all the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiners Statement**

In connection with my examination no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material respect the requirements:
  - To keep accounting records in accordance with section required by section 386 of the 2006 Act; and
  - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the section 396 of 2006 Act have not been met; or
  - The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS106).
- 2) No other matter has come to my attention in connection with my examination to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
 Prepared by:

**ASIA & CO**

2<sup>nd</sup> Floor, 125 The Grove, Stratford, London, E15 1EN

Date: 16/12/2022

**BEKOTA CARE TRUST LIMITED: NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

**1. Accounting Policies:**

The Financial Statements are prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevance note(s) to these accounts and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities and with preparing their accounts in accordance with the Financial Standard applicable in the United Kingdom (FRS 102) issued on the 16<sup>th</sup> July 2016 and updated on the 16<sup>th</sup> September 2016 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by the Charity Commission.

**(a) Incoming Resources:**

The Incoming resources represents grants, donations and any bank interest receivable. The total incoming resources of the Trust for the year have been derived from its principal activity undertaken in the United Kingdom and came from the following sources:

	<u>2022</u>		<u>2021</u>	
	£	£	£	£
	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
National Lottery Community Fund Covid-19 Fund	-	-	-	9,995
National Lottery Awards for All	-	-	-	9,950
Donations	-	250	250	1,010
London Borough of Newham Council	3,930	-	3,930	3,910
East End Community Foundation – Covid-19 Fund	-	-	-	7,370
Mercers Company (London Community Response Fund)	-	-	-	8,570
London Community Foundation	-	-	-	9,770
Voice 4 Change England	6,585	-	6,585	6,390
East End Community Foundation	2,888	-	2,888	-
Postcode Society Trust	11,725	-	11,725	-
Global Majority Fund (MCF)	8,685	-	8,685	-
Garfield Weston Foundation	6,000	-	6,000	-
Arnold Clark	-	750	750	-
Mercers Company	20,000	-	20,000	-
<b>Total:</b>	<b><u>59,810</u></b>	<b><u>1,000</u></b>	<b><u>60,810</u></b>	<b><u>96,965</u></b>

**Restricted Funds**

Restricted Funds are to be used for specified purposes as laid down by the funding authority. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**Unrestricted Funds**

Unrestricted funds are received which have no restrictions placed in their use and are available as general funds.

**2. Staff Costs:**

Sessional worker cost who provided direct charitable services:

<u>31/03/2022</u>	<u>31/03/2021</u>
(£)	(£)
<u>£32,379</u>	<u>£17,317</u>

**3. Board of Directors**

None of the Board members received any remuneration during the year.

**Ekota Care Trust limited****Statement of Financial Activities for the Year Ending 31 March 2022**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<u>Incoming Resources</u>				
Grants	59,810	-	59,810	55,955
Donations	-	1,000	1,000	1,010
<b><u>Total Incoming Resources at 31/03/2022</u></b>	<b><u>£59,810</u></b>	<b><u>£1,000</u></b>	<b><u>£60,810</u></b>	<b><u>£56,965</u></b>
 <u>Outgoing Resources</u>				
Staffing Costs	32,379	-	32,379	17,317
Direct Charitable Expenditure	26,660	-	26,660	24,317
Management & Administration	1,783	-	1,783	761
<b><u>Net Incoming/Outgoing Resources Before Transfer</u></b>	<b><u>£60,822</u></b>	<b><u>-</u></b>	<b><u>£60,822</u></b>	<b><u>£42,828</u></b>
Gross Transfer Between Funds	-	-	-	-
<b><u>Net Incoming/Outgoing Resources After Transfer</u></b>	<b><u>(1,012)</u></b>	<b><u>1,000</u></b>	<b><u>(12)</u></b>	<b><u>14,139</u></b>
<b><u>Balance Brought Forward at 01/04/2021</u></b>	<b><u>18,542</u></b>	<b><u>1,100</u></b>	<b><u>19,642</u></b>	<b><u>5,503</u></b>
<b><u>Balance Carried Forward at 31/03/2022</u></b>	<b><u>£17,530</u></b>	<b><u>£2,100</u></b>	<b><u>£19,630</u></b>	<b><u>£19,642</u></b>

**Ekota Care Trust Limited**  
**Income & Expenditure Account – Year Ending 31<sup>st</sup> March 2022**

	<u>Note</u>	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2022 (£) Total</u>	<u>2021 (£) Total</u>
<b><u>Incoming Resources</u></b>					
Grants	2	59,810	-	59,810	55,955
Donations		-	1,000	1,000	1,000
<b>Total Income Received</b>		<b>£59,810</b>	<b>£1,000</b>	<b>£60,810</b>	<b>£56,955</b>
<b><u>Resources Expended</u></b>					
<b><u>Staffing Costs</u></b>					
Staffing Costs		29,057	-	29,057	17,317
Admin Support Workers Costs		3,322	-	3,322	-
<b><u>Direct Charitable Expenses</u></b>					
Office Rent & Venue Hire Charge		9,670	-	9,670	1,790
Volunteers Expenses		2,690	-	2,690	6,724
Prof Fees – Trainers, Facilitator Fees		8,320	-	8,320	2,400
Light Refreshments & Lunch Club		2,800	-	2,800	-
Emergency Food Parcels		2,780	-	2,780	3,749
Cooked Meals Preparation & Delivery		-	-	-	4,200
Online Activities (Facilitators Fees)		-	-	-	2,560
Small Equipment (Digital Devices)		-	-	-	2,450
Personal Protection Equipment (PPE)		-	-	-	545
Materials		400	-	400	320
<b><u>Management &amp; Administration</u></b>					
Telephone & Internet		181	-	181	-
Accounting Fees		450	-	450	350
Bank Charges		-	-	-	5
Subscriptions		96	-	96	96
Printing, Publicity & Promotion		960	-	960	310
Public Employers Liability Insurance		96	-	96	-
<b>Total Expenses</b>		<b>60,822</b>	<b>-</b>	<b>60,822</b>	<b>42,825</b>
<b>Surplus / (Deficit)</b>		<b>(1,012)</b>	<b>1,000</b>	<b>(12)</b>	<b>14,139</b>
<b>Balance Brought Forward @ 01/04/2021</b>		<b>18,542</b>	<b>1,100</b>	<b>19,642</b>	<b>5,502</b>
<b>Balance Carried Forward @ 01/04/2022</b>		<b>17,530</b>	<b>2,100</b>	<b>19,630</b>	<b>£19,642</b>

**Ekota Care Trust Limited**  
**Balance Sheet as of 31<sup>st</sup> March 2022**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<b>Current Assets</b>				
Cash at Bank at 31/03/2022:	17,530	1,721	19,251	19,263
Cash in Hand	-	379	379	379
<b>Total Current Assets:</b>	<b>£17,530</b>	<b>£2,100</b>	<b>£19,630</b>	<b>£19,642</b>
<b>Net Current Asset:</b>	<b>£17,530</b>	<b>£2,100</b>	<b>£19,630</b>	<b>£19,642</b>
<b>Total Net Assets:</b>	<b>£17,530</b>	<b>£2,100</b>	<b>£19,630</b>	<b>£19,642</b>

			<u>2022 Total Funds</u>	<u>2021 Total Funds</u>
<b>Funds Represented By:</b>				
Restricted Funds	£17,530	-	£17,530	18,542
Unrestricted Funds	-	£2,100	£2,100	1,100
<b>Total:</b>	<b>£17,530</b>	<b>£2,100</b>	<b>£19,630</b>	<b>19,642</b>

The Directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the Company to obtain an audit in accordance with section 478 of the 2006 Act. The Directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the Small Companies Regime.

Approved by the Board of Directors on 15/12/2022 and signed on its behalf by:

Sign 

Name: Shuab Ahmed

Position: Chairperson & Director

Sign 

Name: Mohammed Hussain Ahmed

Position: Treasurer & Director

Date: 15/12/22

**EKOTA CARE TRUST LIMITED**

England & Wales - Charity number 1156253

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# Accounts

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# **EKOTA CARE TRUST LIMITED**

**CHARITY NO. 1156253**

**COMPANY REGISTRATION NO. 08508741**

**FINANCIAL STATEMENT FOR THE YEAR ENDED  
31 MARCH 2021**

**EKOTA CARE TRUST LIMITED****LEGAL & ADMINISTRATIVE INFORMATION**

**Name of Charitable Company:** Ekota Care Trust Limited

**Registered Address:** Carpenters & Docklands Centre  
98 Gibbons Road  
Stratford 1  
London E15 2HW

**Tel:** 0208 062 8553

**Mobiler:** 07396 494 579

**Email:** [contact@ekotacaretrust.org.uk](mailto:contact@ekotacaretrust.org.uk)

**Charity Registration No:** 1156253

**Company Registration No:** 08508741

**Date of Incorporation:** 29<sup>th</sup> April 2013

**Board of Directors**

<b>For the Accounting Period:</b>	Shuab Ahmed	Chairperson & Director
	Abdus Somed Chowdhury	Secretary & Director
	Mohammed Hussain Ahmed	Treasurer & Director
	Asia Islam	Director

**Independent Examiner:** Rahman Consultancy Limited  
64, Mortlake Road III  
Ilford  
Essex IG1 2SX

**Banker:** The Cooperative Bank Plc  
PO Box 250  
Delia House  
South Way  
Skelmersdale WN8 6WT

## **EKOTA CARE TRUST LIMITED: REPORT OF THE BOARD OF DIRECTORS**

### **Background, Objectives and Activities of the Ekota Care Trust:**

The Board of Directors submit their report and financial statements for the year ended 31<sup>st</sup> March 2021. The Ekota Care Trust Limited was established and incorporated as a Company (with no share capital) at Companies House on the 29<sup>th</sup> of April 2013. Its name was entered in the Charity Commission's Central Register on the 13<sup>th</sup> of March 2014.

### **Background**

The word "Ekota" in Bengali means Unity and in an increasingly difficult world, where many people are living in poverty and isolation, we want to make a difference and deliver culturally sensitive services that will bring real change to people's lives.

The Ekota Care Trust Limited was established in 2013 by the BAME Community living in the London Borough of Newham. Ekota Care Trust Limited provides help, assist and support disadvantaged and very vulnerable people from the Black and Minority Ethnic (BAME) Community with their educational, social, health and welfare needs to help and support their integration into Society in the United Kingdom.

### **Objectives of the Ekota Care Trust Limited:**

1. ....To advance education.
2. To relieve financial hardship.
3. ....To relieve unemployment.
4. ....To preserve and protect good health.
5. ....To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause "socially excluded" means excluded from society, or parts of the society, as a result of one or more of the following factors: level of education and skills; financial hardship; unemployment; ill health and social background.

### **Structure, Governance and Management**

Ekota Care Trust Limited is constituted by a Memorandum and Articles of Association. It is governed by the regulation set out in the Memorandum and Articles of Association and run by Board of Directors. The Trust's new Board members are elected at the Annual General Meeting every two years. The Board Directors give their time voluntarily, receive no remuneration, nor were they paid for any other activity relating to the charity in the year.

The Board of Directors members are normally briefed by the Chairperson and the Secretary in order to familiarise themselves with the rules, regulations and responsibilities of the Trust. The Board of Directors meet 6 times during the year to review the activities of the Trust including the approval of the annual report and accounts as well as budgets, capital expenditure and to set out the fund - raising date for the Trust. The day-to-day work of the Trust is overseen by the Project Coordinator who is responsible to and reports to the Board of Directors.

The Board of Directors are aware of the potential risks to the Trust, both financial and otherwise. Therefore, strategies are in place to control these risks. Assessments have also been taking relating to fire and health and safety. The Board of Directors are seriously looking into other risk areas such as operational, governance and compliance with law and regulations.

### **Achievements and Performance of the Trust:**

The Board of Directors are pleased to report another very active year with many essential services being oversubscribed. Ekota Care Trust Limited continues to actively strive to protect its financial security, in order to continue to safeguard the ongoing development of the Trust and its projects and services that it offers to the local community in Newham and other surrounding East London Boroughs.

Since the start of the financial we began to see the onset of the Covid-19 pandemic crisis that was taking shape with detrimental impact affecting some of our most vulnerable people and families. The Trust had to temporarily suspend its drop-in and face-to-face services run from the Carpenters and Docklands Centre on the 19<sup>th</sup> of March 2020 due to the Government imposed lockdown. Working remotely the Trust's Board and its staff and volunteers had to adapt and continued to support the local community by maintaining telephone support, tele-befriending using online and video calling to ensure the health, safety and wellbeing of some of most vulnerable and disadvantaged in the community.

### **Ekota Care Trust Limited's Services & Activities and its Impact..**

The Ekota Care Trust Limited operates from the Carpenters and Docklands Centre in Stratford, East London between Monday to Wednesday and some evenings and weekends work. This year, services were predominantly delivered online, through telephone support, networking on the doorstep and through outdoor work maintaining social distancing and use of PPE by all staff and volunteers.

The Trust deliver's holistic services which support disadvantaged and vulnerable people in the grassroots communities to assert and enjoy their rights and achieve their aspirations. The Trust work's collaboratively with the community and in close partnership with local agencies, Newham Council and several other statutory and mainstream agencies themselves to design and deliver the services that meet their needs.

### **The Trust delivered the following services:**

Due to the Covid-19 pandemic, we had 13 local people coming forward to provide volunteering support to help people who have most impacted by the pandemic. The volunteers provided help to vulnerable individuals and families with shopping, collecting medicines, knocking on doors to make sure they were safe and well... The volunteers provided over 3300 volunteering hours of support this year.

We provided help towards supporting vulnerable BAME residents to have access to accurate information that is critical to ensuring that they had clear messages on staying physically and mentally healthy and prepared them to resume daily life activities independently after the subsequent ending of the Covid-19 pandemic.

Due to the suspension of the Pensioners Lunch Club Programme, our volunteers delivered 1200 freshly-cooked hot nutritious meals to vulnerable older people at home. It has been an important and vital service helping vulnerable older people to overcome food poverty and formed a key part of our work to relieve loneliness and prolong independence.

In addition to the hot meals delivery, the Trust delivered 1150 Food Parcels, each parcel containing fresh food sufficient for 14 days to vulnerable families and individuals during the lockdown. This was to ensure that our user groups did not go hungry at times of serious crisis.

With social gatherings temporarily suspended, our projects, activities and services focused on continuing to provide interesting and fun socialisation activities through telephone friendship, tele-befriending support, telephone and online information and advice to vulnerable residents. They enjoy chatting with someone over the phone, all from the comfort of their own home.

We provided digital devices to local residents who had no access to a tablet or smart phone to keep in contact with friends and family members, to use the devices as an information tool and to have access to social media

We ran a weekly telephone benefits advice surgery when a qualified adviser provided a variety of benefits and housing advice to enable our service users to live safely, independently in their own home.

### **Financial Review**

The financial position of the Charity is portrayed in the accompanying Annual Accounts:

### **Statement of Trustees' Responsibilities**

The Directors (who are also Trustees of Ekota Care Trust Limited) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally-Accepted Accounting Practice):

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company, for that period.

In preparing these financial statements, the Directors are required to:

- (a) Select suitable accounting policies and apply consistently...
- (b) Observe the methods and principles in the Charities SORP.
- (c) Make judgements and estimates that are reasonable and prudent...
- (d) Disclosed and explained in the financial statements.
- (e) Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Reserve Policy**

It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to at least three months expenditure. The Board of Directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. Ekota Care Trust Limited will actively work to achieve this level of reserves.

### **Risk Management**

The Board of Directors have assessed the risks the trust faces and have compiled a risk list which identified the major risks by area of activity, the nature of those risks, the likelihood of risks happening and the measures taken to manage them. The Board of Directors review this list regularly at their meetings and at its meetings with employed staff running the services.

The Board of Directors are satisfied that systems are in place to mitigate exposure to the major risks. The finances of the trust are kept under review. DBS (Disclosure Barring Service) checks, supported by regular policy reviews and supervision are made for all those who work with children and other vulnerable groups with the Trust's activities.

### **Small Company Provision**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to the Company's subject to the small company's regime.


**Independent Examiner**

According to the provisions of the Charities Act 2011, the Board of Directors agree that an audit is not required for this financial year; however due to the provisions of the same act an Independent Examiner is required.

Rahman Consultancy Ltd will be appointed as Independent Examiner for the ensuing year.

The Board of Directors approved the accounts on the 9<sup>th</sup> April 2021

**Signed on Behalf of the Board of Directors:**

Sign:  .....

Name: Shuab Ahmed

Position: Chairperson

Date: 9<sup>th</sup> April 2021

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2021**

I report to the Board of Directors on my examination of the accounts of the above company ("the Trust") for the year ended 31<sup>st</sup> March 2021 set out on pages 7 to 10.

**Respective Responsibilities of Basis of Report**

As the charity's trustees (also its Directors for the purpose of Company Law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the Act 2006). Having satisfied that the accounts of the company are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination...

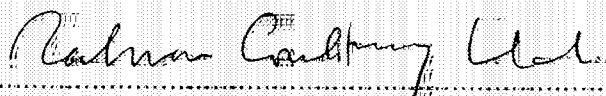
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out our examination, I have followed all the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives us cause to believe that in any material respect:

- \* the accounting records were not kept in respect of the Company, as required by section 386 of the 2006 Act; or
- \* the accounts did not accord with the accounting records; or
- \* the accounts did not comply with the applicable requirements of section 396 of 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- \* The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS106).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Prepared by:

**Rahman Consultancy Limited**

**64, Mortlake Road, Ilford, Essex IG1 2SX**

Date: 12<sup>th</sup> April 2021

**EKOTA CARE TRUST LIMITED NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2021**

**1. Accounting Policies:**

The Financial Statements are prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevance note(s) to these accounts and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities and with preparing their accounts in accordance with the Financial Standard applicable in the United Kingdom (FRS 102) issued on the 16<sup>th</sup> July 2016 and updated on the 16<sup>th</sup> September 2016 and with the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by the Charity Commission.

**(a) Incoming Resources:**

The Incoming resources represents grants, donations and any bank interest receivable. The total incoming resources of the Trust for the year have been derived from its principal activity undertaken in the United Kingdom and came from the following sources:

	<u>£</u>	<u>£</u>	<u>2021</u>	<u>2020</u>
	<u>Restricted</u>	<u>Unrestricted</u>	<u>£</u>	<u>£</u>
			<u>Total</u>	<u>Total</u>
National Lottery Community Fund Covid-19 Fund	9,995	-	9,995	-
National Lottery Awards for All	9,950	-	9,950	-
Donations	-	1,010	1,010	800
London Borough of Newham Council	3,910	-	3,910	250
Postcode Community Trust	-	-	-	7,998
East End Community Foundation	-	-	-	2,700
East End Community Foundation Covid-19 Fund	7,370	-	7,370	-
Mercers Company	8,570	-	8,570	-
London Community Foundation	9,770	-	9,770	-
Voice 4 Change England	6,390	-	6,390	-
<b>Total:</b>	<b>£56,965</b>	<b>£1,010</b>	<b>£56,965</b>	<b>11,748</b>

**Restricted Funds**

Restricted Funds are to be used for specified purposes as laid down by the funding authority. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

**Unrestricted Funds**

Unrestricted funds are received which have no restrictions placed in their use and are available as general funds.

**2. Staff Costs:**

Salaries paid to employees who provided direct charitable services:

<u>31/03/2021</u>	<u>31/08/2020</u>
<u>(£)</u>	<u>(£)</u>
<u>£17,317</u>	<u>£4,522</u>

**3. Board of Directors**

None of the Board members received any remuneration during the year.

**Ekota Care Trust limited****Statement of Financial Activities for the Year Ending 31 March 2021**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2021 Total Funds</u>	<u>2020 Total Funds</u>
<b>Incoming Resources</b>				
Grants	55,955	-	55,955	10,948
Donations	-	1,010	1,010	800
<b>Total Incoming Resources at 31/03/2021</b>	<b>£55,955</b>	<b>£1,010</b>	<b>£56,965</b>	<b>£11,748</b>
<b>Outgoing Resources</b>				
Staffing Costs	17,317	-	17,317	4,522
Direct Charitable Expenditure	24,748	-	24,748	10,664
Management & Administration	-	451	761	1,206
<b>Net Incoming/Outgoing Resources Before Transfer</b>	<b>£42,375</b>	<b>451</b>	<b>42,826</b>	<b>16,332</b>
Gross Transfer Between Funds	-	-	-	-
<b>Net Incoming/Outgoing Resources After Transfer</b>	<b>13,580</b>	<b>559</b>	<b>14,139</b>	<b>(4,584)</b>
<b>Balance Brought Forward at 01/04/2020</b>	<b>4,962</b>	<b>541</b>	<b>5,503</b>	<b>10,087</b>
<b>Balance Carried Forward at 31/03/2021</b>	<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>£5,503</b>

**Ekota Care Trust Limited**  
**Income & Expenditure Account – Year Ending 31<sup>st</sup> March 2021**

Page 9

	Note	Restricted Funds (£)	Unrestricted Funds (£)	2021 (£) Total	2020 (£) Total
<b>Incoming Resources</b>					
Grants	2				
Donations		55,955	-	55,955	10,948
<b>Total Income Received</b>		<b>55,955</b>	<b>1,010</b>	<b>56,965</b>	<b>800</b>
			<b>£1,010</b>	<b>£56,965</b>	<b>11,748</b>
<b>Resources Expended</b>					
<b>Staffing Costs</b>					
Staffing Costs		17,317	-	17,317	4,522
<b>Direct Charitable Expenses</b>					
Office Rent & Venue Hire Charge		1,790	-	1,790	7,280
Volunteers Expenses		6,724	-	6,724	720
Prof Fees - Trainers, Facilitator Fees		2,400	-	2,400	1,100
Light Refreshments & Lunch Club		-	-	-	1,504
Emergency Food Parcels		3,749	-	3,749	-
Cooked Meals Preparation & Delivery		4,200	-	4,200	-
Online Activities (Facilitator Fees)		2,560	-	2,560	-
Small Equipment (Digital Devices)		2,460	-	2,460	-
Personal Protection Equipment (PPE)		545	-	545	-
Materials		320	-	320	-
<b>Management &amp; Administration</b>					
Telephone & Internet		-	-	-	327
Printing, Postage & Stationery		-	-	-	620
Accounting Fees		-	350	350	150
Bank Charges		-	5	5	13
Subscriptions		-	96	96	96
Publicity & Promotion		310	-	310	-
<b>Total Expenses</b>		<b>42,375</b>	<b>451</b>	<b>42,826</b>	<b>16,332</b>
<b>Surplus / (Deficit)</b>		<b>13,580</b>	<b>559</b>	<b>14,139</b>	<b>(4,584)</b>
<b>Balance Brought Forward @ 01/04/2020</b>		<b>4,962</b>	<b>541</b>	<b>5,503</b>	<b>10,087</b>
<b>Balance Carried Forward @ 01/04/2021</b>		<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>5,508</b>

**Ekota Care Trust Limited**  
**Balance Sheet as at 31<sup>st</sup> March 2021**

	<u>Restricted Funds (£)</u>	<u>Unrestricted Funds (£)</u>	<u>2021 Total Funds</u>	<u>2020 Total Funds</u>
<b>Current Assets:</b>				
Cash at Bank at 31/03/2021	18,542	721	19,263	5,081
Cash in Hand	-	379	379	422
<b>Total Current Assets:</b>	<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>5,503</b>
<b>Net Current Asset:</b>	<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>5,503</b>
<b>Total Net Assets:</b>	<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>5,503</b>

			<u>2021 Total Funds</u>	<u>2020 Total Funds</u>
<b>Funds Represented By:</b>				
Restricted Funds	£18,542	-	£18,542	4,962
Unrestricted Funds	-	£1,100	£1,100	541
<b>Total:</b>	<b>£18,542</b>	<b>£1,100</b>	<b>£19,642</b>	<b>5,503</b>

The Directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the Company to obtain an audit in accordance with section 476 of the 2006 Act. The Directors acknowledge their responsibilities for complying with the requirement of the Companies Act 2006 with respect to accounting records and preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the Small Companies Regime.

Approved by the Board of Directors on the 9<sup>th</sup> April 2021 and signed on its behalf by:

Sign: 

Name: Shuab Ahmed

Position: Chairperson & Director

Date: 9<sup>th</sup> April 2021

Sign: 

Name: Mohammed Hussain Ahmed

Position: Treasurer & Director