



Northamptonshire Rape Crisis

Charitable Incorporated Organisation

Number: 1156246

Annual Report and Accounts For the year ended 31 March 2024

**Northamptonshire Rape Crisis
Annual Report and Accounts
For the year ended 31 March 2024**

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Northamptonshire Rape Crisis

Annual Report and Accounts

For the year ended 31 March 2024

Reference and Administrative Information

Registered CIO Number 1156246

Registered Office 2nd floor
Warwick House
Cliftonville
Northampton
NN1 5BE

Trustees	Claire Gogerty	Chair
	Lynell Lewis	Trustee
	Donna Marie Durrant	Trustee/Secretary
	Karen Howell	Trustee (Resigned 21.03.24)
	Joe Rice	Trustee (Resigned 12.06.23)

Chief Executive Officer Dawn Thomas

Bankers The Co-Operative Bank
PO Box 250
Skelmersdale
WN8 6WT

Independent Examiner Lorraine Scullion MAAT
17 Peregrine Place
East Hunsbury
Northampton
NN4 0SL

TRUSTEES REPORT 2023-2024

The Trustees present their report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)" (as amended for accounting periods commencing from 1 January 2016).

Objectives

The aims of Northamptonshire Rape Crisis (NRC) are:

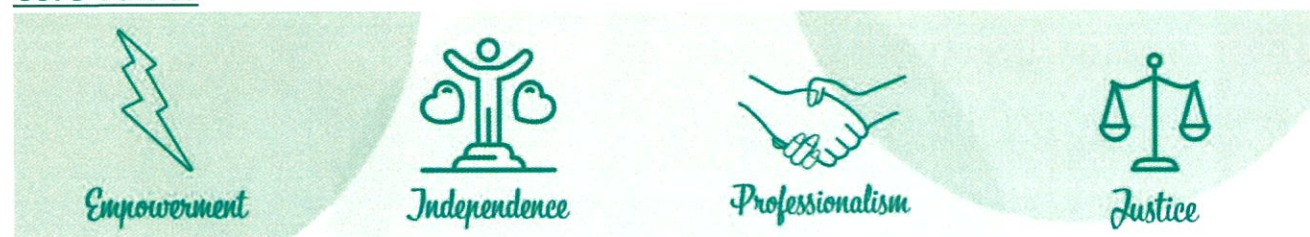
- To relieve the distress and trauma of women, men and children who have suffered sexual abuse, rape, incest, domestic abuse, and of the families of such persons who need support.
- To promote community education and research in the subject of rape, sexual abuse, domestic abuse and the effects whether physical, medical, psychological or social and to disseminate the vital results provided that no person is identified without prior consent. The charity aims to enable and empower its clients to fulfil the choices they make rather than providing a directive role.

WE LISTEN. WE BELIEVE. WE SUPPORT.

Vision

Our vision is a county where everyone can be free from the fear and experience of sexual violence, rape and sexual abuse.

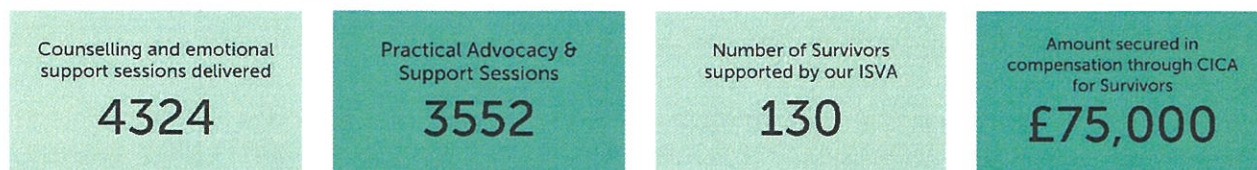
Core Values



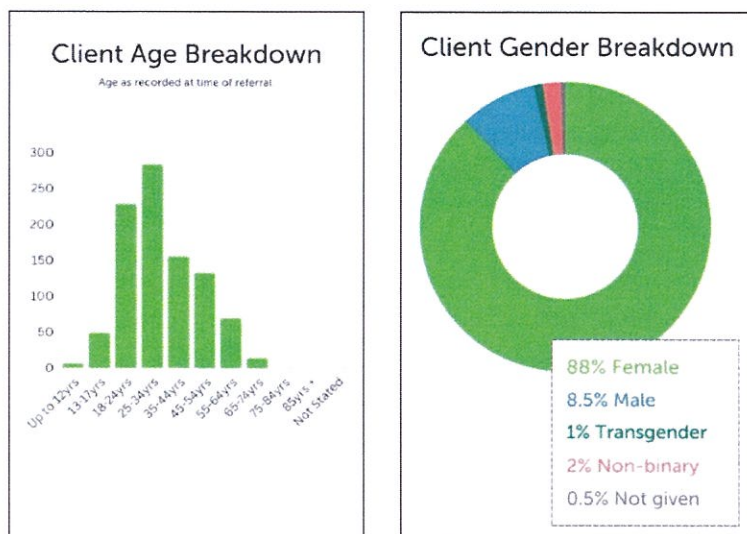
Public Benefit

The charity continues to work to identify, develop and deliver services to victims of sexual violence. We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. Our services and facilities are monitored and reviewed by the Board of Trustees to ensure they remain fit for purpose and are provided appropriately to enable the furtherance of the charity's objectives and for the public benefit.

2023-2024 Impact at a Glance



Client Demographic Data

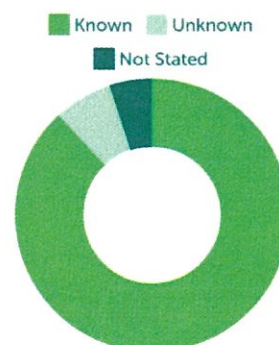


Alleged Perpetrator Data

88% - Alleged perpetrator known to the victim

5% - Relationship to the victim Not Stated

7% - Alleged perpetrator unknown to the victim



Alleged perpetrator data shows the continued prevalence of sexual assault committed by known individuals, family and friends. Our data shows that this includes people in positions of power and trust.

CEO Reflections

The transition to the new working landscape has been a period of significant adjustment for NRC. Embracing a hybrid model, which combines in-person and remote work, allows for a flexible approach that can cater to the diverse preferences and the needs of clients, counsellors and members of the staff team. This adaptability not only supports the well-being of all involved but also ensures that our service delivery remains uninterrupted and accessible, reflecting the evolving dynamics of the workplace and our clients' needs.

Our team of counselling volunteers continue to deliver trauma-informed therapy whilst our Independent Sexual Violence Advisors (ISVA's) continue to support clients accessing the criminal justice system (CJS). Delays in the CJS means that clients are with us for longer. Our aim for next year is to increase our public profile and use this profile to challenge mechanisms within the CJS which prevent victims from reporting.

If the government is serious about its pledge to halve Violence Against Women and Girls (VAWG) in a decade, it must look beyond the criminal justice system alone and take a whole-society approach that focuses on preventing women and girls from becoming victims in the first place. This includes unpicking the attitudes and inequality that drive this violence, through sustained education and public campaigns geared towards preventing abuse.



NRC Reclaim the Night (RTN) march is NRC's way to encourage partner organisations and members of our community to come together and campaign for safety on our streets. The RTN march is also a way in which we can work to reduce the stigma around talking about sexual violence, so that more victims and survivors feel able to ask for and seek support.

Our Associations

We are members of the national organisation Rape Crisis England and Wales (RCEW) and our work is guided by RCEW National Service Standards, as well as our organisational membership of BACP. Our dedicated small staff team, counselling volunteers and NRC's board of trustees continue to work tirelessly to enable us to deliver our trauma informed services, providing 'best value' for survivors of sexual violence and sexual abuse.

Return on Investment

NRC can demonstrate its own value to our local economy in many ways; we are able to evidence that for every £1 we receive from within the county, we are able to bring in an additional £2.59 into the local economy. Our work with clients supports them to remain in employment, supports them to remain in education and enables them to access trauma informed support, when they have limited access to mental health intervention, when they are not in crisis.

In the forthcoming financial year as government funding potentially reduces, NRC will need to look closer to home for funding to support survivors throughout the county cope, recover and move on from the trauma they have experienced. It is crucial that we explore alternative funding sources within the county. We will need to engage with local businesses, explore fundraising events and establishing partnerships with private donors. We also need to engage with our community and come together to make Northamptonshire a place where everyone can be free from violence and abuse. We will work and collaborate with partners in the third sector and public sector to achieve our aims.

Services & Campaigns

We remain the only free-at-the-point-of-access, trauma-informed, specialist sexual violence service in the county, offering support to survivors of sexual violence and sexual abuse, regardless of when an incident occurred. We continue to focus on making our services relevant and accessible to all survivors of sexual violence across Northamptonshire.

1. Counselling

2023-2024 Stats:

6 new volunteer counsellors completed their training and joined us.

By the end of the year, we had **29** active Volunteer Counsellors.

Average **70-80** individuals on the waiting list.

Individuals wait, on average, **12 weeks** between referral and starting counselling.

2. Volunteer Counsellors

NRC deliver their critical services through a small staff team who are supported by a much larger team of dedicated Volunteer Counsellors. Our Volunteers enable us to reach out to more people and keep our services free.

"I really value the work that NRC do, I enjoy the support they give to both their counsellors and the clients. I enjoy that we are all working together to support people in their journey to healing" (Volunteer Counsellor)

3. Group Work and Peer Support

In October 2023, we ran the first of 3 Art Therapy courses at our offices in Warwick House. The course, consisting of 8-weeks of creative activities alongside basic psychoeducation and regulation techniques, was designed to teach coping skills and build emotional wellbeing and resilience. The sessions also provided a space for peer support.

The sessions were run by Jen Tasker from Go Art Therapy and proved incredibly popular with clients, both before and alongside their counselling sessions. We plan to run more of the courses.

4. Supporting the education of a future Psychologist

This year we recruited a Trainee Psychologist on a 6-month placement via Nottingham University as a Client Support Worker (CSW). The CSW role was introduced to stabilise and support clients who access the service, ensuring they're ready to safely enter a counselling space.

We identified this as an important role within the trauma recovery process which wasn't being met by our existing services. We were delighted to have a CSW on board and have carried some of her work through into our counselling provisions. Due to the success of the role and the impact it had on clients, we are hoping to recruit another CSW in the new academic year.



"[Maisie] always gets me to see things in a different light and has definitely helped me to challenge thoughts and put more strategies in to help me on a day-to-day basis"

5. Training

Our 'Understanding the Impact and Consequences of Sexual Violence' was provided across the year to professionals in several settings. This included training to partners such as the Northamptonshire Police and VOICE (Victim and Witness Support), counselling students and Improving Access to Psychological Therapies (IAPT) staff delivering Talking Therapies.

6. Partnership Working

Working with a range of local stakeholders on issues relating to sexual violence and abuse is key to ensuring we reach those who either access our services or can share our prevention messages. As a countywide agency we work with partners across Northamptonshire, and in 2023/24 delivered and engaged in the following:

- Ongoing involvement in the Northampton Women's Forum.
- Ongoing involvement in '16 Days Against Gender Based Violence' led by West Northants Council.
- Supported Sexual Violence Awareness Week (February) and No More Week (March)
- An information stands at WNC's International Women's Day event
- Planned information stalls at Northampton College and Rushden Youth Engagement events



7. Survivor Voices

Following a matched funding campaign with the Big Give in October 2023, in which we raised £1780, we ran an advocacy and peer support project called Survivor Voices in January and February 2024. Alongside local workshop facilitators Sarah Terry and Nai Black, we ran two art and creative writing workshops, followed by an incredibly powerful exhibition and performance at local venue, V&B's.

The project was designed to be both a peer support environment and an opportunity to amplify the voices of survivor/victims and raise public awareness of the impact of sexual violence. Feedback from attendees and facilitators show it was a success on both fronts.



"The session was wonderful. Moving, powerful and inspiring. I felt like I was 'held'"

8. Reclaim the Night

In 2024, we again organised the Northampton Reclaim the Night march. As in previous years the Barry Road Co-Op provided us with space to gather and provided hot drinks and a great atmosphere. With performances from local musicians and poets, the march was a powerful and inspiring event.

The march was led by a group of women drummers and followed two banner/placard making workshops and two drumming workshops. This ensured we got the message out there in many ways. The march was extremely well received by the local community and as always incredibly well supported by local partner organisations including VOICE and Northamptonshire Domestic Abuse Services (NDAS).



The Year Ahead

In light of the changing political and economic environment and the continuing growth of referrals into our service, the coming year will see the continued implementation of our multi-year business plan, further service development and work toward our goal of increased visibility to meet demand, opportunities and challenges as they arise.

What Our Clients Say...



Financial Review

Financial reports are prepared by the Office Manager and reviewed independently by external accountant, Lorraine Scullion, MAAT.

The Financial position is reviewed monthly by the Treasurer/Chair and presented to Trustees at each bi-monthly Board Meeting.

Principal sources of ongoing funding for the year have remained consistent with earlier years, with continued substantial support from the Ministry of Justice, Office of the Police, Fire & Crime Commissioner (OPFCC), The Henry Smith Charity and the Lloyds Bank Foundation.

Cost control remains strong with day-to-day resourcing optimised by a mix of full and part time employees and voluntary counsellors. We continue to adapt to the changing employment landscape, offering a combination of office based and remote working. One positive legacy of Covid-19 is our ability to now deliver services both online and face-to-face enabling clients with limited access to transport or care givers easier access to our services.

We remain grateful to all our independent funders, both locally and nationally, who have enabled the charity to continue to grow and provide essential services throughout this period of ongoing economic uncertainty.

Our restricted reserves policy is to hold between 6-12 months of expenditure, and this is monitored bi-monthly by the Treasurer with regular updates provided at Board Meetings. The reserves policy is reviewed annually alongside the presentation of the budget for the following year to assess if it remains appropriate for the current economic climate and NRC's own circumstances.

The Year Ahead

We anticipate ongoing challenges in the year ahead as we continue to navigate balancing face-to-face with online counselling and support, alongside managing increased numbers of clients.

Our focus remains on our four key areas to ensure our services are available to all who need them, both now and in the future:

- Accessibility
- Prevention
- Sustainability
- Governance & Infrastructure

Governance

Northamptonshire Rape Crisis (NRC) was first registered as a charity in June 1987. In March 2014, the Trustees as the only voting members, converted NRC to a Charitable Incorporated Organisation (CIO) which aligned with the organisational needs. The Trustees have the discretion to accept as members any person over the age of 16 who supports the objectives of the charity.

The Board comprises up to a maximum of eight Trustees as defined under charity law and those serving during the year are listed on page 2.

During 23/24, the Board met approximately every two months. Meetings were held both online and in person.

None of the Trustees have any beneficial interest in the Charity.

The governance framework comprises the systems, processes and internal controls in place to give assurance to the Board that the Charity is complying with the constitution and meeting the Charity's aims and objectives.

The Board is responsible for the business of the Charity subject to compliance with the provisions of the Charities Act 2011 and the constitution for Northamptonshire Rape Crisis Charitable Incorporated Organisation.

Appointing Trustees

New trustees are recruited by the Board based on relevant skills and experience. The recruitment process includes initial screening of CV's, face-to-face interviews and attending two board meetings initially as an observer, respecting the confidentiality by completing an observer agreement. Suitable trustees are formally appointed at the full committee meeting.

In accordance with the requirements of affiliation to Rape Crisis England & Wales, 75% of trustees on the Board shall be women. In addition, the position of Chair and where applicable Vice Chair of the Board of Trustees must be women. All new trustees are provided with a copy of the constitution, the five-year strategy, annual operational plan and last Trustees' Annual Report. Trustees also receive a copy of the Charity Commission guidance for Trustees. Trustees are encouraged to attend appropriate internal and external training events where these will facilitate their understanding of the role.

Leadership

Operational day-to-day management of the Charity is delivered under the direction of the CEO who holds significant experience and relevant specialised skills and knowledge for the key operational activities of the Charity.

Organisation

The Board meets bi-monthly to discuss and approve all major strategic decisions and to review operational progress. An independent clerk minutes the meetings and the CEO attends all Board meetings to ensure a good exchange of information and communication between the operation and the board. During the year there are also strategic development days to ensure the strategic direction remains current and relevant.

Partnerships

NRC is based in premises provided by the Office of the Police, Fire and Crime Commissioner. This facilitates close working relationships with two other victim focused agencies located within the building: The Sunflower Centre and Voice for Victims. NRC's role as a key partner and provider of essential support services is clear and, together with Voice for Victims and The Sunflower Centre, the local high level domestic abuse agency, we have developed close working relationships with both agencies that benefit our shared client base.

NRC also works with Serenity, Northamptonshire's Sexual Assault Referral Centre (SARC) and is part of the collaboration: Northamptonshire against Domestic Abuse and Sexual Abuse (NADASA). Multi-agency work

with both statutory and voluntary agencies continues on a daily basis to enhance the service available to our mutual service users across the county.

We continue to work alongside local schools, colleges and Northampton University, as well as reaching out to community and youth groups, to provide training, resources and signposting.

Risk Assessment and Risk Management

The Board has a fundamental role to play in overseeing the management of risk for NRC. To enable this, the Trustees have a risk management strategy which comprises:

- Bi-monthly review of the risks the charity may face.
- The establishment of systems and procedures to mitigate those risks identified in the plan.
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

The Board of Trustees regularly review the policies and procedures of the organisation in respect of good governance, mitigation of risk and public benefits and is confident that those in place are robust and reflect good practice. These procedures are reviewed annually to ensure they still meet the needs of the charity.

Budgetary Control and Reporting

Financial monitoring and update reports are produced monthly and presented to the Board every two months.

Employees

The company employs 10 full and part time staff together with an average of 28 volunteer counsellors.

Going Concern

The Board are of the opinion that Northamptonshire Rape Crisis Charitable Incorporation Organisation has adequate resources to continue in operational existence for the foreseeable future. Looking to the year ahead, we will explore new funding streams, ensuring the sustainability of the organisation via the ongoing diversification of our funding options. The Board continues to adopt the going concern basis in preparing the financial statements.

Trustees' Responsibility in Relation to the Financial Statements

The charity Trustees are responsible for preparing the Trustees annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Policies).

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which gives a true and fair view of the state of affairs of the charity and of the incoming resources and applicable resources, of the charity for the period in preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the applicable Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping proper accounting records and disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm that to the best of the knowledge there is no information relevant to the Independent Examination of which the Examiner is unaware. The Trustees also confirm that they have taken necessary steps to ensure that they themselves are aware of all relevant financial information and that this information has been communicated to the Examiner.

The Trustee's Report was approved by the Board on 28th November 2024, and signed on their behalf.



Claire Gogerty

Chair

NORTHAMPTONSHIRE RAPE CRISIS

Charitable Incorporated Organisation Number: 1156246

I report on the accounts of the CIO for the year ended 31st March 2024, which are set out on the attached pages 12 to 17

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011 and section 4(1)(c) of the Charities Act
- Follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures of the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the 2011 Act: and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act, with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Lorraine Scullion MAAT

9th December 2024

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted	Restricted	Total	Unrestricted	Restricted
	Notes	2024	2024	2024	2023	2023
		£	£	£	£	£
Income from:						
Donations	1	20,862	-	20,862	16,255	-
Charitable Activities	2	40,000	328,278	368,278	43,585	389,894
Investments		16,297	-	16,297	3,652	-
Other Income		-	1,870	1,870	-	-
Total Income		77,159	330,148	407,307	63,492	389,894
Expenditure on:						
Raising Funds		-	-	-	-	-
Charitable Activities						
Employment costs	3	10,761	238,255	249,016	8,440	235,342
Recruitment		-	5,761	5,761	-	2,732
Volunteer expenses		-	5,147	5,147	-	1,469
Volunteer Support Costs		-	10,610	10,610	-	8,293
Training		-	8,780	8,780	-	10,654
Travel		-	3,862	3,862	-	3,454
DBS Checks		-	276	276	-	766
Stationery/postage		-	2,368	2,368	-	1,438
Telephones		-	3,820	3,820	-	4,538
Rent/Rates		-	-	-	-	-
Group Work		-	6,444	6,444	-	-
Sundries		598	-	598	1,212	-
Publicity/Marketing		-	32,568	32,568	-	9,967
Cost of generating funds bid writing etc.		-	-	-	-	-
Furniture & Equipment		-	2,871	2,871	-	4,747
Equipment IT including new website		-	20,886	20,886	-	13,538
Publications/Subscriptions		-	2,316	2,316	-	1,640
Sessional Work		-	76,018	76,018	-	28,370
Cleaning		-	1,156	1,156	-	1,072
Insurance		-	6,345	6,345	-	3,080
Professional Fees		-	5	5	-	480
Independent Examinations		-	680	680	-	600
Trustee Expenses		-	-	-	-	-
Total Expenditure		11,359	428,158	439,517	9,652	332,180
Net income/expenditure		65,800	(98,010)	(32,210)	53,840	57,714
Transfer between funds		-	-	-	-	-
Total funds brought forward		226,357	156,005	382,362	172,517	98,291
Total funds carried forward		292,157	57,995	350,152	226,357	156,005

All income and expenditure derived from continuing activities

The statement of financial activities includes all gains and losses recognised during the year

BALANCE SHEET AS AT 31 MARCH 2024


CIO Number: 1156246

	Notes	Unrestricted 2024 £	Restricted 2024 £	Total 2024 £	Unrestricted 2023 £	Restricted 2023 £
ASSETS:						
Current Assets						
Sundry Debtors	4	-	18,804	18,804	-	51,507
Cash at Bank and-in-hand	5	292,157	53,950	346,107	226,357	116,311
		<u>292,157</u>	<u>72,754</u>	<u>364,911</u>	<u>226,357</u>	<u>167,818</u>
Creditors						
Amounts falling due within one year	6	-	(14,759)	(14,759)	-	(11,813)
		<u>-</u>	<u>(14,759)</u>	<u>(14,759)</u>	<u>-</u>	<u>(11,813)</u>
Net Current Assets		<u>292,157</u>	<u>57,995</u>	<u>350,152</u>	<u>226,357</u>	<u>156,005</u>
NET ASSETS		<u>292,157</u>	<u>57,995</u>	<u>350,152</u>	<u>226,357</u>	<u>156,005</u>

FUNDS

	Notes	£	£	31.03.24 £	31.03.23 £
Unrestricted Funds	7 - 8	292,157	-	292,157	226,357
Restricted Funds	9	-	57,995	57,995	156,005
		<u>292,157</u>	<u>57,995</u>	<u>350,152</u>	<u>382,362</u>

Approved by the trustees at a committee meeting held on 28th November 2024 and signed on their behalf


Claire Gogerty Chair/Trustee

FOR THE YEAR ENDED 31 MARCH 2024

PRINCIPAL ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities (SORP) (FRS 102), Accounting and Reporting by Charities issued January 2019, applicable UK Accounting Standards and the Charities Act 2011.

Ultimate Controlling Party

NRC is a registered Charitable Incorporated Organisation controlled and managed by the Management Committee/Trustees individually named in the Annual Report.

Income

Income is brought into account on a receivable basis.

Intangible Income

Intangible income, in the form of donated facilities and voluntary help etc., is not included in the financial statements since it is not considered practicable to quantify such income.

Expenditure

Expenditure is stated inclusive of value added tax, and is brought into account in the year in which it is due. Costs are allocated to functional headings on the bases of direct costs plus overheads on a fair and reasonable estimated basis.

Pensions

The CIO operates a NEST pension scheme.

Reserves

The current reserve policy is to maintain a minimum of 6 months average running costs.

Risk

The trustees do not believe the CIO is subject to any substantial risk beyond the liabilities disclosed in its Annual Report and Accounts.

The organisation has public, employer liability insurance to protect the CIO in case of a claim.

NOTES TO THE ACCOUNTS

		Unrestricted	Restricted	Total	Total
		£	£	2024	2023
		£	£	£	£
Donations	1				
Gilander Foundation		300	-	300	250
Just Giving		5,716	-	5,716	310
Co-op Community Fund		3,069	-	3,069	2,413
Michael Guest Charitable Trust		5,000	-	5,000	-
The Big Give		1,634	-	1,634	705
Frances & Augustus Newman Foundation		-	-	-	10,000
Barratts Foundation		3,000	-	3,000	-
Arts Network		1,200	-	1,200	-
JumbleBee Ltd		-	-	-	-
Other		943	-	943	2,577
		20,862	-	20,862	16,255

Charitable Activities	2				
Grants:					
WNC		-	-	-	13,890
Ministry of Justice		-	250,027	250,027	219,986
NHS- SARC		15,000	-	15,000	15,000
The Brook Trust		-	-	-	10,000
Lloyds TSB Foundation		25,000	-	25,000	27,250
Northants Police & Crime Commissioner		-	54,901	54,901	87,464
Horner Foundation		-	-	-	12,554
Rape Crisis England & Wales		-	-	-	-
The Henry Smith Charity		-	23,350	23,350	46,000
Other Income		-	-	-	1,335
		40,000	328,278	368,278	433,479

		Unrestricted	Restricted	Total	Total
		£	£	2024	2023
		£	£	£	£
Employment Costs	3				
Gross Salaries		10,249	214,390	224,639	219,666
Employer NI		-	15,780	15,780	15,880
Employer Pension		512	8,085	8,597	8,236
		10,761	238,255	249,016	243,782

No employee earned in excess of £60,000 during the year.

The average number of employees during the year was: 7 (2023:7)

During the year, the trustees received no remuneration, The total expenses reimbursed to the trustees amounts to nil (2023:nil)

NOTES TO THE ACCOUNTS

	Unrestricted	Restricted	Total	Total
	£	£	2024	2023
			£	£
4 Debtors				
Sundry	-	314	314	32,563
Pre-paid	-	18,490	18,490	18,944
	-	18,804	18,804	51,507

5 Cash at Bank				
CIO Current No 2 Account	57,180	-	57,180	45,038
CCLA Account	288,927	-	288,927	297,630
Cash in Hand	-	-	-	-
	346,107	-	346,107	342,668

	Unrestricted	Restricted	Total	Total
	£	£	2024	2023
			£	£
6 Creditors amounts falling due within one year				
Other Creditors	-	(13,959)	(13,959)	(10,593)
Deferred income	-	-	-	-
Accruals	-	(800)	(800)	(1,220)
	-	(14,759)	(14,759)	(11,813)

7 Unrestricted Funds					
	Opening	Movement	Movement	Closing	
	Balance	In	Out	Balance	
	01.04.23	£	£	31.03.24	
	£	£	£	£	
General Reserve	226,357	77,159	(11,359)	-	292,157
	226,357	77,159	(11,359)	-	292,157

- 8 Designated fund**
There are no designated funds at present

NOTES TO THE ACCOUNTS

9 Restricted Funds

	Opening Balance 01.04.23 £	Movement In £	Movement Out £	Transfers £	Closing Balance 31.03.24 £
Ministry of Justice	95,940	250,027	(345,967)	-	-
Northants Police & Crime Comm	45,030	54,901	(56,115)	-	43,816
Greggs Foundation	2,481	-	(2,481)	-	-
NADASA	-	1,870	(245)	-	1,625
Brook Trust	-	-	-	-	-
Henry Smith Charity	-	23,350	(23,350)	-	-
Horner Foundation	12,554	-	-	-	12,554
	156,005	330,148	(428,158)	-	57,995

Ministry of Justice grant is to provide counselling sessions

Northants Police & Crime Commissioner - Towards an additional ISVA/client
assessor for services relating to Domestic and Sexual Violence

Greggs Foundation - Sexual Violence Group Work and 'Power Program' for Women

NADASA - Funds held for NADASA

Henry Smith Charity - Towards CEO salary costs

Horner Foundation - Towards costs relating to understanding healthy relationships and
identifying sexual harassment.

8 Ultimate Controlling Party

The Charity is controlled by the board of Trustees who are listed in the Trustees'
Annual Report