



Northamptonshire Rape Crisis

Charitable Incorporated Organisation

Number : 1156246

Annual Report and Accounts

For the Year Ended 31st March 2022

Contents	Page
Reference and Administration information	2
Trustee's Annual Report	3 -13
Independent Exqaminers Report	14
Statement of Financial Activities	15
Statement of Financial Position	16
Accounting Policies	17
Notes to the Financial Statements	18 - 21

Reference and Administrative Information

Registered CIO Number : 1156246

Registered Office : 2nd Floor
Warwick House
Cliftonville
Northampton
NN1 5BE

Trustees :	Blanka Nori	Trustee	(appointed 21.07.20)
		Chair	(appointed 21.01.21)
	Katherine Inns	Treasurer	(resigned 22.05.21)
	Becky Green	Trustee	(appointed 04.12.19)
		Acting Treasurer	(appointed 22.05.21)
	Gwennie Lewis	Trustee	(appointed 21.07.20)
	Dee Durrant	Trustee	(appointed 19.11.21)
	Lisa Cessford	Trustee	(appointed 15.07.21)

Chief Executive Officer : Dawn Thomas

Bankers : The Co-operative Bank
P.O. Box 250
Skelmersdale
WN8 6WT

Independent Examiner : Paul Cummings A.C.A.
Cheney & Co.
310 Wellingborough Road
Northampton
NN1 4EP

TRUSTEES REPORT

The Trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)" (as amended for accounting periods commencing from 1 January 2016).

Objectives

The aims of Northamptonshire Rape Crisis (NRC) are:

- To relieve the distress and trauma of women, men and children who have suffered sexual abuse, rape, incest, domestic abuse, and of the families of such persons who are in need or support and encouragement.
- To promote community education and research in the subject of rape, sexual abuse, domestic abuse, and the effects whether physical, medical, psychological or social and to disseminate the vital results, provided that no person is identified without prior consent. The charity aims to enable and empower its clients to fulfil the choices they make rather than providing a directive role.

Vision

Our vision is a county where women and girls, men and boys can be free from the fear and experience of sexual violence, rape, and sexual abuse.

Activities

In order to achieve our charitable aims and meet our public benefit responsibilities our activities are focused on the provision of a range of services to local survivors of sexual violence, rape and childhood sexual abuse. Our services are open to young people 14+ and any adult who has suffered sexual violence, whether recent or historic, regardless of sex, sexuality or gender identity.

These activities include risk and needs assessments, face to face counselling, virtual counselling, and therapeutic group work including mindfulness courses, drop-in support, email and text support, telephone helpline and practical advocacy. We also undertake safeguarding, signposting and referral and support of partners, families and carers who are non-offending.

Our Independent Sexual Violence Advisor service provides emotional support, advocacy as well as support in understanding and navigating the criminal justice system process.

Support is available either from our centre in Northampton, in confidential on-line spaces or at a number of locations around the county, this is to ensure maximum accessibility.

TRUSTEES REPORT (Continued)

Activities (Continued)

We undertake training and education within the community delivering into school settings, training professionals and running awareness raising campaigns to increase understanding of the impact of sexual violence and sexual harassment. We offer regular opportunities for Northamptonshire Police and other agencies to participate in our specialist 'Understanding the Impact of Sexual Violence' training.

This year marked our 35th Anniversary of service delivery and support to the victim/survivors of sexual violence, rape and sexual abuse across the County of Northamptonshire. We are extremely proud to be able to continue to provide this vital service to residents of Northamptonshire.

There is so much to be done to reduce the levels of violence that continue to be experienced across our county. We enter 2022/23 in a stronger position to take on this challenge with new projects and activities that will further raise awareness of the impact of sexual violence. We will continue to educate about how we together might work as a community to reduce this level of violence for future generations

Public Benefit

The charity continues to work to identify, develop and deliver services to victims of sexual violence. We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. Our services and facilities are monitored and reviewed by the Board of Trustees to ensure they remain fit for purpose and are provided appropriately to enable the furtherance of the charity's objectives and for the public benefit.

Activity 2021-2022

808 clients supported



85% Female

10% Male

1% Transgender

4% Not Given

 Empowerment	Counselling and emotional support sessions	2682
 Independence	Practical advocacy and support sessions	2820
 Professionalism	No of volunteer counsellors	28
 Justice	No of survivors supported through our ISVA	95
	Amount secured in compensation through CICA for survivors	£88,000

I felt encouraged, braver and more in control of myself. I felt I was never judged negatively which makes me feel safer than opening up to friends and family.
Client Quote

I feel that I have gone from a Victim to Survivor. I saw myself as weak and now I think "Look what I've done" My Counsellor was so easy to talk to.
Client Quote



TRUSTEES REPORT (Continued)

CEO Service Quality Reflections

November 2021 saw the launch of the Rape Crisis England and Wales report 'Holding it Together', this highlighted the significant impact on operations across the network, and very much captured our experience in Northamptonshire of working through the pandemic. The report underlined the need for specialist rape support services, the challenge of finding new ways of working to deliver life-changing and life-saving services, and the need to meet new demand as well as deliver increased support to existing clients.

We navigated and continued to provide high levels of service throughout the pandemic, responding to the challenges outlined within the report. Throughout the year our counselling and drop-in services were delivered through our confidential on-line spaces. The backlog within the court service which was a result of closures due to the pandemic saw our Independent Sexual Violence work focus on continued emotional and practical support for those awaiting trial. Cases now taking on average as long as 3 years to complete. This put significant pressure on our ISVA service, in January 2022 we were able to appoint an additional part-time Independent Sexual Violence Advisor through support from the Office of the Police Fire and Crime Commissioner and a part-time Men and Boys worker funded by the Ministry of Justice to respond to continuous growth in demand in this area.

During the year the NRC structure was reviewed. We identified the need to further strengthen the team and appointed a new Service Development Lead in March 2022. This role will enable us to review and develop our client facing services, helping us move towards our service development goals. In January 2022 our Volunteer Coordinator moved to a new role, enabling us to assess how we will provide effective support to our growing counselling volunteer team which currently stands at 28. In response to the increase in demand for counselling we trialled additional sessional counsellors to support us in reducing our waiting list and time from assessment into counselling.

Our plans are to continue to offer high quality, secure and confidential online services, where this best suits the client's needs. We aim to gradually return to face to face both at the Northampton hub and at confidential spaces around the County. We recognise that blending our face-to-face offer with on-line services provides us with more flexibility in the way we deliver our work creating opportunities to reach more clients.

We are members of the national organisation Rape Crisis England and Wales (RCEW) and our work is guided by RCEW National Service Standards, as well as our organisational membership of BACP.

Our dedicated small staff team, counselling volunteers and NRC's board of trustees continue to work tirelessly to enable us to deliver our services, providing 'best value' for survivors of sexual violence and sexual abuse. Despite the ongoing unprecedented challenges NRC faced we continued to provide excellent and professional services to all our service users.

TRUSTEES REPORT (Continued)

Our Services and Activities

We remain the only, free at the point of access, trauma informed specialist sexual violence service within the county offering support to survivors of sexual violence and sexual abuse, regardless of whether a recent or historic incident(s).

We continue to focus on making our services relevant and accessible to all survivors of sexual violence across Northamptonshire. The numbers accessing our services continues to grow with support being provided to over 800 local people, a 22% increase on the previous year.

During the period April 21 to March 22, we continued to deliver our core services, whilst reviewing our existing provision to identify how best we can support our growing number of clients and their increased complexity of need as we came out of covid.

Counselling

During the year we trained 7 additional volunteer counsellors to help us begin to meet this sharp increase in service take up. In addition, funding from the Office of the Police, Fire and Crime Commissioner enabled us to meet some of the demand through securing additional sessional hours to bring our waiting list down. Our early assessment of self or professional referrals means that we can direct clients to other appropriate services if they are not yet ready to take up our specialist sexual violence support services. This helps us to keep our waiting lists at a manageable length, they currently stand at 131 again a consequence of the impact of the pandemic.

Drop-In Service

Throughout the pandemic we continued to offer our virtual drop-in on a Friday morning. This is a weekly service where women and girls can access confidential support in an informal and relaxed environment. We hope to re-launch this face to face in early summer 2022 following assessment of the suitability of our office space to meet the necessary health and safety requirements.

Each session is facilitated by trained professionals and provides a safe space to discuss specific issues, it is an opportunity to explore referral routes into the service to enable access to other specialist support. Clients can self-refer or be referred-by local agencies, making this an excellent option for those who may be struggling with mental health issues or who are not sure where to turn for advice and support.

Independent Sexual Violence Advisor Team

Delays in the court process has further impacted clients seeking justice and support through the reporting and court process. Those involved in the criminal justice process are seeing delays of up to a year. We will continue to support these clients. Prior to the pandemic the support required would on average be delivered across 24 months, this has now increased to, on average, three years putting additional pressure on our Independent Sexual Violence Advisor service.

TRUSTEES REPORT (Continued)

Independent Sexual Violence Advisor Team (Continued)

To continue with improving our service development we will be exploring accreditation for our Independent Sexual Violence service in 2022/23.

Shout Up!

Investment from the Safety of Women at Night Fund (SWAN) enabled NRC to introduce Shout Up! to the county, increasing the skills of workers in the night-time economy to identify and respond to harassment and sexual violence.

Northamptonshire is the first region outside of Newcastle to roll out Shout Up! our training aims to make venues, bars and clubs safer places all for women and men creating a culture of zero-tolerance in their approach to sexual harassment.

The scheme is delivered by Northamptonshire Rape Crisis staff who are trained in understanding sexual violence and the impact of sexual violence and is funded by the Office of the Police, Fire and Crime Commissioner.

Training

We continued to provide regular training to professionals in a number of settings. This included online training on the Impact of Sexual Violence to partners such as the Northamptonshire Police and VOICE (Victim and Witness Support). In addition, we have worked with secondary schools in the Kettering area to deliver training to students on understanding the impact of sexual violence and how to develop healthy relationships.

Partnership Working

Our staff team have continued their work engaging with local stakeholders on issues relating to sexual violence and abuse, to grow the profile of the work of NRC and raise awareness of the issues we work to tackle. As a countywide agency we work with partners across Northamptonshire.

- Ongoing involvement in the Northampton Women's Forum.
- An information stand at the Northampton Town Pride event.
- Ongoing involvement in the 16 Days Against Gender Based Violence initiative led by West Northamptonshire Council.
- Supported North Northamptonshire Council to deliver the 'No More March' that took place in February as part of the Sexual Abuse and Sexual Violence awareness week.
- We held our 10th and largest Reclaim the Night march attended by over 140 participants. This was again supported by the Barry Road Co-Op.

TRUSTEES REPORT (Continued)

Financial Review

Financial reports are prepared by the Office Manager and reviewed independently by external accountant, Paul Cummings ACA, partner of Cheney and Co.

The Financial position is reviewed monthly by the Treasurer and presented to Trustees at each bi-monthly Board meeting.

Principal sources of ongoing funding for the year have remained consistent with earlier years, with continued substantial support from the Ministry of Justice, West Northants Council, The Henry Smith Charity, Lloyds Bank Foundation and the Brook Trust.

Cost control remains strong with day-to-day resourcing optimised by a mix of full and part time employees and voluntary counsellors. The move to home working as a result of Covid-19 has enabled new technology purchased from Covid-19 support grants. One positive legacy of Covid 19 is our ability to now deliver services both online and face-to-face enabling clients with limited access to transport or care givers easier access to our services.

We remain grateful to all our independent funders, both locally and nationally, who have enabled the charity to continue to grow and provide essential services throughout this period of ongoing economic uncertainty.

Our unrestricted reserves policy is to hold between 4-6 months of expenditure, and this is monitored bi-monthly by the Treasurer with regular updates provided at Board meetings. The reserves policy is reviewed annually alongside the presentation of the budget for the following year to assess if it remains appropriate for the current economic climate and NRC's own circumstances.

The Year Ahead

We anticipate ongoing challenges in the year ahead as we anticipate the balance of returning to face to face, continuing to provide online counselling and support alongside managing increased numbers of clients.

Our focus remains on our four key areas to ensure our services are available to all who need them, both now and for the future:

- Accessibility
- Prevention
- Sustainability
- Governance & Infrastructure

TRUSTEES REPORT (Continued)

Governance

Northamptonshire Rape Crisis (NRC) was first registered as a charity in June 1987. In March 2014, the Trustees as the only voting members, converted NRC to a Charitable Incorporated Organisation (CIO) which aligned with the organisational needs. The trustees have the discretion to accept as members any person over the age of 16 who supports the objectives of the charity.

The Board comprises up to a maximum of eight Trustees as defined under charity law and those serving during the year are listed on page 3.

During 2021/22 the Board met approximately every two months. Meetings were held both online and in person.

None of the trustees have any beneficial interest in the Charity.

The governance framework comprises the systems, processes and internal controls in place to give assurance to the Board that the Charity is complying with the constitution and meeting the Charity's aims and objectives.

The Board is responsible for the business of the Charity subject to compliance with the provisions of the Charities Act 2011 and the constitution for Northamptonshire Rape Crisis Charitable Incorporated Organisation.

Appointing trustees

New trustees are recruited by the Board based on relevant skills and experience. The recruitment process includes initial screening of CV's, face to face interviews and attending two board meetings initially as an observer, respecting the confidentiality by completing an observer agreement. Suitable trustees are formally appointed at the full committee meeting. In accordance with the requirements of affiliation to Rape Crisis (England and Wales) 75% of trustees on the Board shall be women. In addition, the position of Chair and where applicable Vice Chair of the Board of Trustees must be women. All new trustees are provided with a copy of the constitution, the five-year strategy, annual operational plan and last Trustees' Annual Report. Trustees also receive a copy of the Charity Commission guidance for Trustees. Trustees are encouraged to attend appropriate internal and external training events where these will facilitate their understanding of the role.

Leadership

Operational day to day management of the Charity is delivered under the direction of the CEO who holds significant experience and relevant specialised skills and knowledge for the key operational activities of the Charity.

TRUSTEES REPORT (Continued)

Organisation

The Board meets bi-monthly to discuss and approve all major strategic decisions and to review operational progress. An independent clerk minutes the meetings and the CEO attends all Board meetings to ensure a good exchange of information and communication between the operation and the board. During the year there are also strategic development days to ensure the strategic direction remains current and relevant.

Partnerships

NRC is based in premises provided by the office of the Northamptonshire Police and Crime Commissioner. This facilitates close working relationships with two other victim focused agencies located within the building: The Sunflower Centre and Voice for Victims. NRC's role as a key partner and provider of essential support services is clear and together with Voice for Victims and The Sunflower Centre, the local high-level domestic abuse agency, we have developed close working relationships with both agencies that benefit our shared client base.

NRC also works with Serenity, Northamptonshire's Sexual Assault Referral Centre (SARC) and is part of the collaboration: Northamptonshire against Domestic Abuse and Sexual Abuse (NADASA). Multi-agency work with both statutory and voluntary agencies continues on a daily basis to enhance the service available to our mutual services users across the county.

Risk Assessment and Risk Management

The Board has a fundamental role to play in overseeing the management of risk for NRC. To enable this, the Trustees have a risk management strategy which comprises:

- Bi-monthly review of the risks the charity may face
- The establishment of systems and procedures to mitigate those risks identified in the plan
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

The Board of Trustees regularly review the policies and procedures of the organisation in respect of good governance, mitigation of risk and public benefits and is confident that those in place are robust and reflect good practice. These procedures are reviewed annually to ensure they still meet the needs of the charity.

Budgetary Control and Reporting

Financial monitoring and update reports are produced monthly and presented to the Board every two months.

TRUSTEES REPORT (Continued)

Employees

The company employs 8 full and part time staff together with an average of 28 volunteer counsellors.

Going Concern

The Board are of the opinion that Northamptonshire Rape Crisis Charitable Incorporation Organisation has adequate resources to continue in operational existence for the foreseeable future with due consideration of the recent impact of COVID-19 where initially we saw a decline in clients seeking support. The Board, CEO and the staff team were aware of the increase in demand once we came out of lockdown, we anticipate the increase in demand for services over the next 1-2 years. Consequently, the Board continues to adopt the going concern basis in preparing the financial statements.

Trustees' responsibility in relation to the financial statements

The charity trustees are responsible for preparing the Trustees annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Policies).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which gives a true and fair view of the state of affairs of the charity and of the incoming resources and applicable resources, of the charity for the period in preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records and disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

TRUSTEES REPORT (Continued)

The trustees confirm that to the best of their knowledge there is no information relevant to the Independent Examination of which the Examiner is unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant financial information and that this information has been communicated to the Examiner.

The Trustee's Report was approved by the Board on 15th December 2022, and signed on their behalf.



.....
Blanka Nori

Chair

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2022 which are set out on pages 2 to 21.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination, I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination, giving me cause to believe that in any material respect :

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Paul Cummings A.C.A.
Cheney & Co. Accountants
310 Wellingborough Road,
Northampton.
NN1 4EP.

13th December 2022

(Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted 2022	Restricted 2022	Total 2022	Unrestricted 2021	Restricted 2021
Income from :						
Donations	1	16,458	-	16,458	25,643	-
Charitable activities	2	20,513	360,534	381,047	35,390	261,352
Investments		71	-	71	5	-
Other income		-	-	-	-	-
Total income		37,042	360,534	397,576	61,038	£261,352
Expenditure on :						
Raising funds		-	-	-	-	-
Charitable activities						
Employment costs	3	9,920	179,511	189,431	11,712	169,803
Recruitment		-	-	-	-	-
Volunteer expenses		-	1,790	1,790	-	-
Volunteer support costs		-	9,060	9,060	-	5,880
Training		-	19,631	19,631	-	13,460
Travel		-	1,074	1,074	-	16
DBS checks		-	602	602	-	208
Stationery/postage		-	1,730	1,730	913	-
Telephones		-	3,313	3,313	-	2,833
Rent/Rates		-	6,170	6,170	-	-
Rape Crisis – Safer Streets Project		-	25,000	25,000	-	-
Group work		-	-	-	-	40
Sundries		117	-	117	586	-
Repayment of Grant to Children in Need		-	-	-	-	23,673
Publicity/Marketing		-	3,254	3,254	-	7,178
Cost of generating funds bid writing etc		-	-	-	-	-
Furniture and equipment		-	2,781	2,781	-	2,746
Equipment IT including new website		-	22,288	22,288	-	12,038
Publications/subscriptions		-	-	-	-	972
Sessional work		-	5,945	5,945	-	17,050
Cleaning		-	313	313	32	-
Insurance		-	1,483	1,483	-	1,543
Professional fees	12	1,000	1,012	1,012	-	6,782
Independent examinations		-	705	705	585	-
Office moving costs		-	324	324	1,444	506
Trustee expenses		-	-	-	-	-
Total expenditure		10,049	285,974	296,023	15,272	264,728
Net income/expenditure		26,993	74,560	101,553	45,766	(3,376)
Transfer between funds		7,810	(7,810)	-	-	-
Total funds brought forward		137,714	31,541	169,255	91,948	34,917
Total funds carried forward		£172,517	£98,291	£270,808	£137,714	£31,541


All income and expenditure derived from continuing activities

The statement of financial activities includes all gains and losses recognised during the year

BALANCE SHEET AS AT 31ST MARCH 2022

	Notes	Unrestricted 2022	Restricted 2022	Total 2022	Unrestricted 2021	Restricted 2021
ASSETS :						
Current Assets						
Sundry debtors	4	35	8,954	8,989	1,014	7,306
Cash at bank and in hand	5	187,482	121,441	308,923	146,693	25,589
		187,517	130,395	317,912	147,707	32,895
Creditors						
Amounts falling due within one year	6	(15,000)	(32,104)	(47,104)	(9,993)	(1,354)
		(15,000)	(32,104)	(47,104)	(9,993)	(1,354)
Net Current Assets		172,517	98,291	270,808	137,714	31,541
NET ASSETS		£172,517	£98,291	£270,808	£137,714	£31,541
FUNDS					31.03.22	31.03.21
Unrestricted funds	7-8		172,517	-	172,517	137,714
Restricted funds	9		-	98,291	98,291	31,541
			£172,517	£98,291	£270,808	£169,255

Approved by the trustees at a committee meeting held on 15th December 2022 and signed on their behalf



.....
 Ms. Blanka Nori
 Chair/Trustee

(Charitable Incorporated Organisation)

FOR THE YEAR ENDED 31ST MARCH 2022

PRINCIPAL ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities (SORP) (FRS 102). Accounting and Reporting by Charities issued January 2019, applicable UK Accounting Standard and the Charities Act 2011.

Ultimate Controlling Party

NRC is a registered Charitable Incorporated Organisation controlled and managed by the Management Committee/Trustees individually named in the Annual Report.

Income

Income is brought into account on a receivable basis.

Intangible Income

Intangible income, in the form of donated facilities and voluntary help etc., is not included in the financial statements since it is not considered practicable to quantify such income.

Expenditure

Expenditure is stated inclusive of value added tax, and is brought into account in the year in which it is due. Costs are allocated to functional headings on the bases of direct costs plus overheads on a fair and reasonable estimated basis.

Pensions

The CIO operates a NEST pension scheme

Reserves

The current reserve policy is to maintain a minimum of 6 months average running costs.

Risk

The trustees do not believe the CIO is subject to any substantial risk beyond the liabilities disclosed in its Annual Report and Accounts.

The organisation has public, employer liability insurance to protect the CIO in case of a claim.

NOTES TO THE ACCOUNTS

	Unrestricted	Restricted	Total 2022	Total 2021
1. Donations				
Gilander Foundation	250	-	250	250
Just Giving	5,903	-	5,903	3,999
Co-op Community Fund	-	-	-	2,413
The Cockerill Masonic Charity	1,000	-	1,000	-
The Big Give	993	-	993	-
Frances & Augustus Newman Foundation	-	-	-	10,000
Allen Lane Foundation	-	-	-	5,000
George Anson	3,000	-	3,000	3,000
JumbleBee Ltd	2,116	-	2,116	-
Other	3,196	-	3,196	981
	£16,458	£ -	£16,458	£25,643

	Unrestricted	Restricted	Total 2022	Total 2021
2. Charitable Activities				
Grants :				
NBC	2,650	-	2,650	10,325
Ministry of Justice	-	191,033	191,033	146,921
NHS-SARC	15,000	-	15,000	15,000
The Brook Trust	-	10,000	10,000	10,000
Lloyds TSB Foundation	-	25,000	25,000	37,645
Northants Police & Crime Commissioner	-	89,901	89,901	33,000
BBC – Children in Need	-	-	-	11,836
Rape Crisis England & Wales	-	-	-	690
The Henry Smith Charity	-	44,600	44,600	21,950
Other income	2,863	-	2,863	9,375
	£20,513	£360,534	£381,047	£296,742

NOTES TO THE ACCOUNTS

	Unrestricted	Restricted	Total 2022	Total 2021
3. Employment Costs				
Gross salaries	9,920	161,203	171,123	163,976
Employer NI	-	11,915	11,915	11,298
Employer pension	-	6,393	6,393	6,241
	<u>£9,920</u>	<u>£179,511</u>	<u>£189,431</u>	<u>£181,515</u>

No employee earned in excess of £60,000 during the year.

The average number of employees during the year was 5 (2021 – 6)

During the year, the trustees received no remuneration. The total expenses reimbursed to the trustees amounts to Nil (2021 – Nil)

	Unrestricted	Restricted	Total 2022	Total 2021
4. Debtors				
Sundry	35	-	35	690
Prepaid	-	8,954	8,954	7,630
	<u>£35</u>	<u>£8,954</u>	<u>£8,989</u>	<u>£8,320</u>

	Unrestricted	Restricted	Total 2022	Total 2021
5. Cash at Bank				
CIO Current No 2 Account	134,946	-	134,946	68,376
CCLA Account	173,977	-	173,977	103,906
Cash in hand	-	-	-	-
	<u>£308,923</u>	<u>£ -</u>	<u>£308,923</u>	<u>£172,282</u>

	Unrestricted	Restricted	Total 2022	Total 2021
6. Creditors amounts falling due within one year				
Other creditors	-	(30,884)	(30,884)	(10,747)
Deferred income	(15,000)	-	(15,000)	-
Accruals	-	(1,220)	(1,220)	(600)
	<u>£(15,000)</u>	<u>£(32,104)</u>	<u>£(47,104)</u>	<u>£(11,347)</u>

(Charitable Incorporated Organisation)

NOTES TO THE ACCOUNTS

	Opening Balance 01.04.21	Movement In	Movement Out	Transfers	Closing Balance 31.03.22
7. Unrestricted Funds					
General reserve	£137,714	£37,042	£(10,049)	£7,810	£172,517

8. Designated Fund

There are no designated funds at present.

	Opening Balance 01.04.21	Movement In	Movement Out	Transfers	Closing Balance 31.03.22
9. Restricted Funds					
Ministry of Justice	1,617	139,352	(72,602)	-	68,367
Ministry of Justice – Male Rape Support Fund	-	51,681	(48,871)	(2,810)	-
Northants Police & Crime Comm	10,776	54,901	(49,901)	(5,000)	10,776
Greggs Foundation	2,481	-	-	-	2,481
Lloyds Bank Foundation	16,667	25,000	(25,000)	-	16,667
Brook Trust	-	10,000	(10,000)	-	-
Henry Smith Charity	-	44,600	(44,600)	-	-
Northants Police & Crime Comm - Safer Streets	-	35,000	(35,000)	-	-
	£31,541	£360,534	£(285,974)	£(7,810)	£98,291

Ministry of Justice grant is to provide counselling sessions.

Ministry of Justice – Male Rape Support Fund – Towards costs for delivering support and counselling.

Northants Police & Crime Commissioner – Towards an additional ISVA/client assessor for services relating to Domestic and Sexual Violence.

Greggs Foundation – Sexual Violence Group Work and “Power Program” for Women.

Lloyds Bank Foundation – Salary costs for ISVA worker.

Brook Trust – Towards salary costs of Client Assessor.

Henry Smith Charity – Towards CEO salary costs.

Northants Police & Crime Commissioner – Safer Streets – Towards education and awareness of the safety of women at night.

NOTES TO THE ACCOUNTS

10. Ultimate Controlling Party

The Charity is controlled by the board of Trustees who are listed in the Trustees' Annual Report.