

Charity number: 1156241

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Age Well Hwyllog

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UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31/03/2024

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**Prepared By:**  
Christian Phipps & Co  
Suite 5A  
30 Dean Street  
Bangor  
LL57 1UR

**FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31/03/2024**

**TRUSTEES**

M Shepherd  
E Knight  
S Brown

**REGISTERED OFFICE**

22-24 Church Street  
Llangefni  
Anglesey  
LL77 7DU

**CHARITY NUMBER**

1156241

**ACCOUNTANTS**

Christian Phipps & Co  
Suite 5A  
30 Dean Street  
Bangor  
LL57 1UR

**ACCOUNTS  
FOR THE YEAR ENDED 31/03/2024**

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**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31/03/2024**

The trustees present their report and accounts for the year ended 31/03/2024

**REPORT OF THE CHAIR**

The Chair is satisfied that the Charity has continued to meet its objects during the period.

**OUR PURPOSE AND ACTIVITIES**

The Charity's objects are to enable older people living on the Isle of Anglesey to live fuller lives, and benefit from a programme of educational, physical and social activities.

**ACHIEVEMENTS AND PERFORMANCE**

We run 2 centres in Amlwch and Llangefni on Anglesey. The centres are open 4 days a week and aim to provide members with a caring, friendly environment where they can participate in different activities. These include Chair Yoga, Tai Chi, craft, art., walking and outings on our own mini bus to name a few.

Food is available at both centres with our own café at Amlwch and café facilities within Hafan Cefni at Llangefni.

**PLANS FOR FUTURE PERIODS**

To increase membership which has declined since the pandemic and to network with other local organisations and Anglesey County Council and Medwrm Mon. To continue to provide a centre for over 50.s providing activities and health and wellbeing to members.

**FINANCIAL REVIEW**

We are satisfied with the financial performance of the charity during the year under review.

**RESERVES**

The charity will ensure that sufficient reserves are available to continue provision for the foreseeable future. In order to do so, it will explore all avenues of funding and take measures to cut costs.

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 18/10/2024

E.Knight



Trustee

**INDEPENDENT EXAMINER'S STATEMENT**

**FOR THE YEAR ENDED 31/03/2024**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE TRINITY FOUNDATION PROGRAMME (UK)**

I report on the accounts of the company for the year ended 31/03/2024 .

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

**BASIS OF INDEPENDENT EXAMINERS STATEMENT**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**INDEPENDENT EXAMINERS STATEMENT**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to ensure proper accounting records are kept in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements the Act

have not been met; or

.....*Christian Phipps & Co*.....

Date: 18/10/24

Christian Phipps & Co Limited  
Suite 5A  
30 Dean Street  
Bangor  
LL57 1UR

**Consolidated Statement of Financial Activities  
for the year ended 31/03/2024**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2024 Total</b>	<b>2023 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>				
Income from generated funds				
Donations and grants	16,281	-	16,281	9,050
Other trading activities	1,908	-	1,908	1,288
Income from Investments	268	-	268	20
Income from charitable activities	10,413	-	10,413	10,946
<b>Total Income and endowments</b>	<b>28,870</b>	<b>-</b>	<b>28,870</b>	<b>21,304</b>
<b>Expenses</b>				
Costs of generating funds				
Expenditure on Raised funds	6,298	-	6,298	6,017
Expenditure on Charitable activities	20,885	-	20,885	8,336
<b>Total Expenses</b>	<b>27,183</b>	<b>-</b>	<b>27,183</b>	<b>14,353</b>
<b>Net gains on investments</b>				
<b>Net Income</b>	<b>1,687</b>	<b>-</b>	<b>1,687</b>	<b>6,951</b>
<b>Gains/(losses) on revaluation of fixed assets</b>				
<b>Net movement in funds:</b>				
<b>Net income for the year</b>	<b>1,687</b>	<b>-</b>	<b>1,687</b>	<b>6,951</b>
Total funds brought forward	51,994	-	51,994	45,043
<b>Net funds carried forward</b>	<b>53,681</b>	<b>-</b>	<b>53,681</b>	<b>51,994</b>

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

**Age Well Hwyllog**

**BALANCE SHEET AT 31/03/2024**

	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	2	4,451	4,634
Investments	3	1	1
		<u>4,452</u>	<u>4,635</u>
<b>CURRENT ASSETS</b>			
Debtors (amounts falling due within one year)	4	31,249	41,937
Cash at bank and in hand		45,089	32,531
		<u>76,338</u>	<u>74,468</u>
<b>CREDITORS: Amounts falling due within one year</b>	5	<u>27,108</u>	<u>27,109</u>
<b>NET CURRENT ASSETS</b>		<u>49,230</u>	<u>47,359</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>53,682</u>	<u>51,994</u>
<b>CAPITAL AND RESERVES</b>			
Unrestricted funds	7		
General fund		<u>53,682</u>	<u>51,994</u>
		<u>53,682</u>	<u>51,944</u>

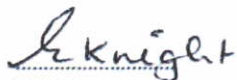
For the year ending 31/03/2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of trustees on 18/10/2024 and signed on their behalf by



E.Knight

Trustee



**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31/03/2024**

**1. ACCOUNTING POLICIES**

**1a. Basis Of Accounting**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**1b. Incoming Resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**1c. Resources Expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**1d. Allocation And Apportionment Of Costs**

All costs relate to the single activity of the charitable company and are recognised accordingly.

**1e. Fund Accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

**1f. Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	reducing balance 20%
Fixtures and Fittings	reducing balance 20%



### 1g. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

### 1h. Investments

Fixed asset investments are shown at cost less amounts written off.

Provisions are made for permanent fluctuations in value.

## 2. TANGIBLE FIXED ASSETS

	Plant and Machinery £	Fixtures and Fittings £	Total £
<b>Cost</b>			
At 01/04/2023	2,745	14,494	17,239
Additions	-	599	599
At 31/03/2024	2,745	15,093	17,838
<b>Depreciation</b>			
At 01/04/2023	1,526	11,079	12,605
Provided during the period	71	711	782
At 31/03/2024	1,597	11,790	13,387
<b>Net Book Amounts</b>			
At 31/03/2023	1,219	3,415	4,634
At 31/03/2024	1,148	3,303	4,451

## 3. FINANCIAL ASSETS

	Shares in group companies and participating interests £	Total £
<b>Cost</b>		
At 01/04/2023	1	1
At 31/03/2024	1	1
<b>Amortisation</b>		
<b>Net Book Amounts</b>		
At 31/03/2023	1	1
At 31/03/2024	1	1

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**Age Well Hwyllog**

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**4. DEBTORS**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Amounts falling due within one year:		
Other debtors	31,249	41,937
	<u>31,249</u>	<u>41,937</u>

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other creditors	27,108	27,109
	<u>27,108</u>	<u>27,109</u>

**6. LIMITED BY GUARANTEE**

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £1, to the company should it be wound up. At 31/03/2024 there were 3 members.

**7. UNRESTRICTED / RESTRICTED FUNDS**

	<b>Brought forward</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Transfers</b>	<b>Carried forward</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General fund	25,417	28,870	(27,183)	-	27,104
Restricted fund	26,577	-	-	-	26,577
	<u>51,994</u>	<u>28,870</u>	<u>(27,183)</u>	<u>-</u>	<u>53,681</u>