

New Life Support
Report and Financial Statements
Year ended: 31st December 2023
Charity no: 1156235



Report of the trustees for the year ended 31st December 2023

The trustees present their annual report and financial statements of the charity for the year ended 31st December 2023. The financial statements have been prepared in accordance with the accounting policies and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014.

Objectives and activities for the public benefit

The work of the charity is governed by the objects of the charity set out in its governing document which are as follows:

- 1) To act as a resource for young people, families and adults living in Hull and East Riding and the surrounding areas by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
 - a) advancing in life and helping young people, families and adults by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - b) advancing education;
 - c) relieving unemployment;
 - d) providing recreational and leisure time activity in the interests of social welfare designed to improve their conditions of life.
- 2) To advance the Christian faith, in particular but not exclusively amongst young people for the benefit of the public.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the Trust's aims and objectives, in planning future activities, and setting the grant making policy for the year.

A review of our achievements and performance: How our work delivered public benefit

The work we carry out to fulfil our objectives are:

Providing youth work activities for young people aged 10 – 19 in Goole, East Yorkshire.

We contact and work with young people to enable them to identify choices that will improve their life and support them in seeing those life choices realised.

The work is determined by the needs and views of local young people.

Providing support activity for vulnerable adults in Goole.

We achieve our aims through:

Support - Individual support and support groups.

Activities - We will work with young people and adults to provide activities that will have both a social, supportive and educational edge to them.

Information - We want young people and adults to make informed choices about their lives. We will therefore offer relevant information and literature to those people we work with.

Training - We support young people in accessing good quality and relevant training.

Advocacy work - Raising awareness of the needs of the young people that we are working with through working with other professionals and attending multi-agency forums.

We work with people through:

Outreach work – daytime and evening.

Opening Drop in venues for young people.

Facilitating activities for young people.

Working with local schools

Networking with other agencies

We work with vulnerable adults through a drop in to receive support.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

2023 Report

Detached Youth Work

We have undertaken Detached Youth Work in Goole town throughout 2023. This work has been undertaken with partners Goole Youth Action, with our team members being supported by staff from GYA.

Generally, the aims of Detached Youth work involve making voluntary contact with young people and positively influencing their lives by engaging them in a programme of informal social education, which is fun exciting and challenging; thereby:

- Encouraging young people to broaden their understanding of issues related to Equal Opportunities and social diversity and how these affects themselves and others.
- Supporting young people in their own personal development and enabling them to develop relationships with others.
- Acknowledging young people's rights and providing opportunities for them to understand and exercise those rights.
- Encouraging young people to be active participants in their communities.
- Enabling young people to gain knowledge and increase their understanding of issues that affect the environment.
- Encouraging and supporting young people to explore and access life enhancing opportunities.
- Encouraging young people to lead healthy lifestyles.

The detached work has taken place in Goole town centre, local parks, along the riverbank and in local housing estates. The staff team met young people that we already knew and contacted new young people. Numbers of contacted young people varied of sessions from 10 to 40. On the whole the staff team on detached were well received by the young people.

A number of issues were discussed with young people such as mental health, anxiety, the lockdown, school, their general welfare, family issues and their interests such as football.

Goole Youth Hub

We opened three weekly building based open access sessions with 1:1 support, activities, and workshops available to vulnerable young people. As with the detached youth work, new Risk Assessments were undertaken with regard to Covid and the opening of building-based drop in. The sessions have been open to young people from across the community. Young people have come into the sessions free of charge. Sessions saw between 30 and 50 young people attending.

Weekly activities have included team quiz, Karaoke, art, games.

These activities have given young people the opportunity to try new things and gain new skills. We have provided activities to young people who would not normally have the opportunities to partake in activities due to financial restraints, access to expertise and lack of equipment. Activities and 1:1 support will lead to improved lives, self-confidence and esteem and gaining new skills.

We are working with young people who disadvantaged though low socio-economic status, poverty, deviant peers, and mental health issues. We raised the self-esteem of young people in several ways, one to one support, weekly activities, and workshops.

One to one support enabled us to get to know the young people, understand about who they are, their interests, what they struggled with and how they viewed themselves. We spoke positively to them, encouraged them into trying new things and find solutions to the problems they were facing. We challenged their thinking and started to encourage them to think in a different way about their lives. The young people have enjoyed themselves and had fun in the activities.

Hull Youth Hub

We received funding from the Kingswood Area team to start a Hull Youth Hub aimed at young people aged 10 -16 in the Kingswood area of Hull. The work is based in the community centre which is operated by our partner organisation Revive Church.

We employed three members of staff in October 2023 and undertook training with them through to December. The training included youth work practice, values of youth work, our policies and protocols. The youth work opened in January 2024.

Refugee Support

We continue to support the refugees who live in Goole through hosting a monthly drop in with staff from the Refugee Council. This gives people from the refugee community an opportunity to receive information, help and support from professional staff.

Targeted Youth Work

As a result of our open drop in, we offer one-to-one support work to vulnerable young people.

The aim of this work is to support identified young people to provide interventions that support them into a better place within their life. Changing young people's behaviour away from ASB / crime to a positive lifestyle not only saves the public spending but for the young person can be a turning point to a better life.

The support work enables young people to meet with our community and youth worker to talk about the issues that affect and influence their lives. A support plan is put in place and agreed by our staff member and the young person. A caseload of around five young people is carried at a time.

Issues discussed with young people include drug use, unemployment, training, family problems and the next progression for their lives.

Paddle Boarding

We received funding from the local Goole Fields Community Windfarm Trust to purchase kayaks, paddle boards and instructor time to provide water sports activities for the local community. We based these activities on the Aire and Calder Canal in Goole.

We provided three days of water sport activities for local young people in the summer holidays. We had a Paddle board instructor join us for these sessions. Participants did learn new skills and have fun. When paddle boarding most did manage to stand up and gain confidence by going along the canal. The instructor that we used was excellent. He is very experienced and considered health and safety, the skills of the participants and how to coach the session to a positive outcome.

Little Angels

In January 2023 we employed a part time Children's and Family worker. The aim of this work is to support families from the Kingswood area of Hull. Again, just like the youth work, this work is based in the community centre run by Revive Church.

Little Angels toddler group facilitated three sessions a week for families to attend. These included activities such as free play, messy play, musical activities, dance and parties.

From these sessions we have worked with around 75 families, supporting them in various ways. Some sessions have seen up to 20 families attending. We are very pleased with the work we have undertaken in the first year.

Faith and Belief

Regarding **advancing the Christian faith** we have also spoken to young people about the Christian faith, with many young people asking questions about our Christian faith and belief. Most have never had the opportunity to talk to Christians before and find it interesting to ask questions about life, the world and faith. It was good to answer questions and talk with the young people who come into the sessions.

The young people have a choice to talk with us about faith and belief, if young people do not want to talk with us then that is their choice.

Eight volunteers have been involved in the work of New Life Support. These volunteers have been involved in the youth work activity of the charity and Lunchbox Goole.

New Life Support works in partnership with Revive Church. This is a healthy relationship that has benefits to both organisations through resources, training, information, and support.

Financial review

The Trust's work is entirely reliant on income from funding applications to other charities, trusts, local councils, and donations from individual supporters. We are very grateful to those who have supported us this year.

The charity's principal sources of funding are through:

East Riding Council –

Positive Activity Grant

Holiday Activity Fund

Hull City Council - Kingswood Area Ward Budget

Two Ridings Community Foundation - Dulverton Trust89321trt

Garfield Weston Foundation

Goole Fields Windfarm Community Fund

The income has been used to support the key objectives of the charity through expenditure on staff, management costs, youth work activity, centre costs, admin, training, and insurance costs.

Reserves policy

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

Structure, governance and management

New Life Support formed on 24/5/13 and became a registered Charitable Incorporated Organisation, number 1156235 and is constituted under a trust deed dated 18/3/14.

New trustees are appointed by the existing trustees and serve for three years after which they may put themselves forward for re-appointment.

At the quarterly trustees' meetings, the trustees agree the broad strategy and areas of activity for the Trust, risk management policies and performance. The day-to-day administration of grants and the processing and handling of applications is delegated to the Project Coordinator.

Key management personnel remuneration

The trustees consider the board of trustees and the Project Coordinator as comprising the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity on a day-to-day basis. All trustees give of their time freely and no trustee remuneration was paid in the year.

The salary of the charity's project Coordinator is reviewed annually. The remuneration is also benchmarked with grant-making charities of a similar size and activity to ensure that the remuneration set is fair and not out of line with that generally paid for similar roles.

Trustees

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rob Pritchard	Chairperson	Whole Year	
Alan Maw	Treasurer	Whole Year	
Paul McCune		Whole Year	
Angela Murden		Whole year	
Steve Finerty		Whole Year	

Registered Address

Ground Floor
Kingswood House
Ashcombe Road
Kingswood Retail Park
Hull
HU7 3DD

Independent Examiner

Stephen Pinton

Bank: HSBC 3-4 Jameson Street, Hull, HU1 3JX

Independent examiner's report to the trustees of New Life Support

I report on the accounts of the Trust for the year ended 31 December 2023, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Pointon ACA
3 Savile Close
Beverley
HU17 7QF

 15.10.24

**Statement of Financial Activities
for the year ending 31st December 2023**

Trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and information included on the charity's website.

Approved by the trustees on 5/9/24 and signed on their behalf by:

R Pritchard
CHAIR of TRUSTEES





Receipts and payments accounts

CC16a

For the period
from

Period start date
01.01.23

To

Period end date
31.12.23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General Donations	0	0	0	0	508
Grants Received	400	35,282	0	35,682	36,951
Sales	0	4,117	0	4,117	0
Other Income	9	5,039	0	5,048	300
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total (Gross income for AR)	409	44,439	0	44,847	37,759
A2 Asset and investment sales, (see table).					
	0	0	0	0	
	0	0	0	0	0
Sub total	0	0	0	0	0
Total receipts	409	44,439	0	44,847	37,759
A3 Payments					
Wages & Salaries	2,529	44,721	0	47,250	46,901
Activities & Equipment	206	4,478	0	4,684	8,789
Travel & Administration	2,447	3,015	0	5,461	5,804
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total	5,181	52,214	0	57,395	61,494
A4 Asset and investment purchases, (see table)					
	0	0	0	0	
	0	0	0	0	0
Sub total	0	0	0	0	0
Total payments	5,181	52,214	0	57,395	61,494
Net of receipts/(payments)	-4,772	-7,775	0	-12,547	-23,735
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	8,039	25,457	0	33,496	57,231
Cash funds this year end	3,267	17,682	0	20,948	33,496

0

Section B Statement of assets and liabilities at the end of the period

Categories	#SPILL!	Unrestricted funds	Restricted funds	Endowment funds
B1 Cash funds	HSBC Current Account	to nearest £	to nearest £	to nearest £
	Petty Cash	3,199	17,682	0
	Deposit Account	33	0	0
		35	0	0
	Total cash funds	3,267	17,682	0

(agree balances with receipts and payments account(s))

[illegible]

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			0.00	0.00
			0.00	0.00
			0.00	0.00
			0.00	0.00
			0.00	0.00

[illegible]

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			0.00	




Signed by one or two trustees on
behalf of all the trustees

Signature

Print Name

Date



A. Pritchard

5-9-2024



A. Maw

5.9.24.