

APNA YOUTH (OUR YOUTH)

England & Wales · Charity number 1156181

Details

Other names	APNA YOUTH
Status	Registered
Legal form	Other
Registered	2014-03-14
Register	View on the Charity Commission register

Contact

Address	10 Shelley Crescent Southall UB1 2LQ
Phone	07957168370
Email	apnayouth@googlemail.com
Website	https://www.facebook.com/ApnaYouth?ref=ts&fref=ts

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 21 LIVING IN SOUTHALL AND THE SURROUNDING AREA BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:I. ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;II. ADVANCING EDUCATION;III. RELIEVING UNEMPLOYMENT;IV. PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITIES IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING THEIR CONDITIONS OF LIFE.V. TO CO-OPERATE WITH OTHER ORGANISATIONS OF SIMILAR INTEREST.VI. TO ENCOURAGE CHILDREN AND YOUNG PEOPLE TO PARTICIPATE IN THEIR LOCAL COMMUNITY BY WORKING WITH THE ELDERLY, POLICE AND LOCAL AUTHORITY.

Activities: To increase the participation of young people in Art, Music and Sports.After-schools clubsAnnual Football TournamentsMusic and Art workshopsFinancial workshopsWork in close co-operation with the police and the probation services to develop greater understanding of the needs of the disaffected young people in Southall.

Classification

- **How:** Provides Services
- **What:** Education/training, Amateur Sport, Recreation
- **Who:** Children/young People

Geography

- Ealing
- Slough

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£30,369	£26,291	-	-
2023-12-31	£32,779	£27,625	-	-
2022-12-31	£39,580	£25,300	-	-
2021-12-31	£10,407	£8,535	-	-
2020-12-31	£4,506	£2,771	-	-

Trustees

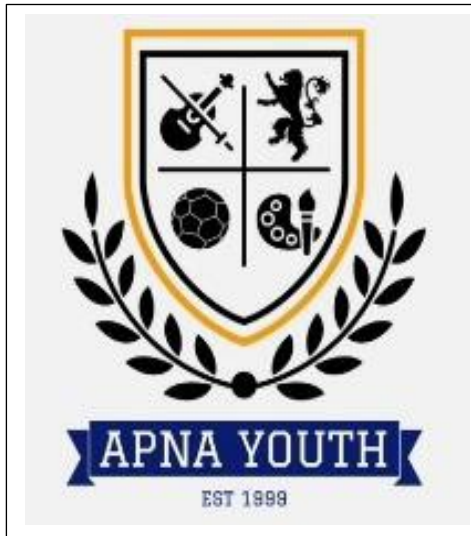
Name	Role	Appointed
VINOD MAHI	Chair	2013-12-29
AMAN JASWAL		2013-12-29
ANOOP JOSHI		2013-12-29
MONICA JASWAL		2013-12-29
Nisha Patel		2021-11-01

APNA YOUTH (OUR YOUTH)

England & Wales - Charity number 1156181

Accounts

APNA YOUTH Year 3 Exec Report: Southall Detached Youth Project 2024-2025



Introduction

Apna Youth is a volunteer led grass roots charity from the West London suburb of Southall, established in 1999. We have come to the final year of a three-year National Lottery Community Grants award of £72,355. The project seeks to deliver a bespoke, targeted street-based youth project employing two Detached Youth workers who will use intense key working methods with an identified cohort of young people from the Southall area.

The two youth workers will engage an identified group of young people in the community. Once they've built up trust and confidence with them, they will carry out a needs assessment, provide support and guidance. This would be done through the delivery of a 10–12-week program of workshops and positive activities for the identified young people that we have engaged. Whilst engaging the young people we will support them and where appropriate refer them to other agencies and projects in and around the community.

Year 3 Key outcomes and highlights

- Recruitment of part time youth worker following bereavement of key youth work staff in September 2024.
- Delivery of 10-week personal development program at the Parkside yards with 70% engagement of youth group
- Two young people volunteering with Park Run Southall.
- Successful delivery of our 24th annual Primary Schools Football festival supported by three of our young people from our first personal development programme in 2023.
- Continued development of partnership with Young Ealing Foundation
- 72 young people contacted by APNA YOUTH over the three years

- 40 young people registered (12-2023 programme, 8-2024 programme)
- Approached by ACT and Parkrun Southall to support with the introduction of Junior Parkrun in Southall

Overview of Year 3 and Project

Year three has been a mixed year ending in disappointment for the project despite the highs of our School Sports Festival and the delivery of our second personal development programme with an engaged cohort of young people. The programme sessions were delivered for the second time at the Parkside yards development in Southall from 7pm-8:30pm and had a core group of eight (8) attendees with three of the group having over 80% attendance, interestingly two young females were engaged in the group.

Highlights from the sessions included

- ✚ One of the most engaging sessions were the two workshops delivered by Abdul Karim from Solution focus world around 'Clicking'-child financial exploitation/money mules and the dangers this poses for young people.
- ✚ Elivis Hall's session around Nutrition and adopting a healthy lifestyle through exercise and diet.
- ✚ Through the programme we were able to refer one young person to Southall Park run and the individual is now regularly volunteering
- ✚ Supported two young people with their Provisional driving license applications
- ✚ During the course of the programme, we delivered two trips to Go karting and VR Escape Wembley with a presentation for the group in week 10.

Okiemute Akpogheneta (Ox for Real) who delivered a profound and thought-provoking session around his mental health journey in our first programme, was invited back to deliver his session. Unfortunately, due to the age of our second cohort the session was not as impactful as it was in the first year. The Police were invited back to deliver their Stop and Search session, but due to the restructure and streamlining of Southall Police BCU Police unit, they could not deliver a session to the level that Sgt Benjamin facilitated in Autumn 2023, who unfortunately was made redundant.

Project Overview

2024/2025 has been a difficult year for APNA YOUTH following the death of one of our youth workers Mohammed Hassan in September 2024 because of his battle with cancer. Mohammed was a key person in our team; he was a Youth worker who was local to Southall, and being of Somali decent he was a was an individual who was able to engage the 'need to reach' Somali youth from the Southall area. Mohammed's loss was a devastating blow to our organisation and was the main factor in us not being able to engage a solid group in our final year.

The group who engaged in our second programme in the Autumn did not reach the level of our first cohort and were a younger age group made up of KS3 and KS4 young people (13-15 years) although we had two females attend and participate in the programme. Despite being younger than our first cohort and at times not having the level of emotional literacy we had a good level of engagement with a consistent group of 8 young people.

The multi-year funding from the Lottery has been a good learning for APNA YOUTH. We have built and developed solid links in the community and have raised our profile locally and across the borough with the other like-minded organisations as well as the Local authority. We have developed partnership working with the Parkrun Southall team by referring three of our young people to them over the three years, the team has recently approached us to support them in the development of Junior Park Run in Southall targeting young people up to the age of 14. We have affiliated ourselves with the Young Ealing Foundation with one of our former youth workers Lydia Lawrence being nominated for an award. Elected members have come out on a walk about with our youth workers and have awarded us £5,000 grant in our first year and we have been invited to community meetings to give insight to the community around youth matters. Other youth groups like Jamal Edwards Delve, FPF Academy, Actonians LFC, London Tigers, Kaizen Boxing and ACT Southall have partnered with us and have explored joint projects. As well as this we have contact with Ealing Children's Services and the Community Safety Team in particular around our work in the Havelock estate.

Recruitment and retention of staff has been the most difficult part of our project with one of our Youth Workers, Mohammed Hassan passing away in September 2024 following his battle with throat cancer. As a local person from the Golf Links estate, he was a well-respected Youth worker who had good links with Somali community across Southall, his loss to the team came at a critical time for us and had a significant impact on our work. Due to personal circumstances Lydia Lawrence left the project in December 2024 and again her experience and personal journey as a young person really resonated with the young people we were both targeting and engaged making her loss another difficult hole to fill.

With January and February being a natural lull in street-based youth work as nights are longer, darker and weather is colder we were able to initially absorb both Mohammed's and Lydia's absence. Street based sessions were delivered from March-August and are currently being delivered until the end of October as spend on our grant commenced in September 2022/down time in Jan/Feb. It was hoped that we would have engaged with a third new cohort of young people to deliver our personal development programme in the Autumn of 2025, but our youth work staff have not been able to consistently engage and build up trust with a group of young people. In the time up to half term the youth workers will be carrying out outreach in the Southall area signposting young people to the Young Adult centre in Southall and towards one of our partners Jamal Edwards Delve who run a youth session on Thursday nights in the Lancaster Estate, Southall.

The two new youth workers experienced many challenges in the Southall area which we as an organisation found difficult to support them with. During their detached sessions they were confronted by aggressive begging in the Southall Broadway ward and the UB2 area, regularly witnessed class A drug use, street prostitution and one of our youth workers had her car broken into in June of this year. With the West Area Police BCU having financial cuts across their service there was little or no Police presence in the area and at times their safety was something we could not guarantee. An increasing number of girls were engaged but we were unable to support them due to not having female staff.

Engagement with our first wave of young people was consolidated with one of the young people completing a referee course and becoming a qualified football referee,

whilst another will be undertaking a Level 1 FA Coaching badge, and three young people volunteered at our primary schools showcase event in June 2025. One of the young people from our first wave was signposted and supported with a job application for Thorpe Park for his gap year and helped in the recruitment of some of the young people for our second programme in Autumn 2024. Two young people from our programme in Autumn 2024 have been refereed to Park Run Southall, with one of the young people Niel Miranda now regularly volunteering. As a result of this Parkrun Southall have asked if we can support them with setting up Junior Park Run in 2026.



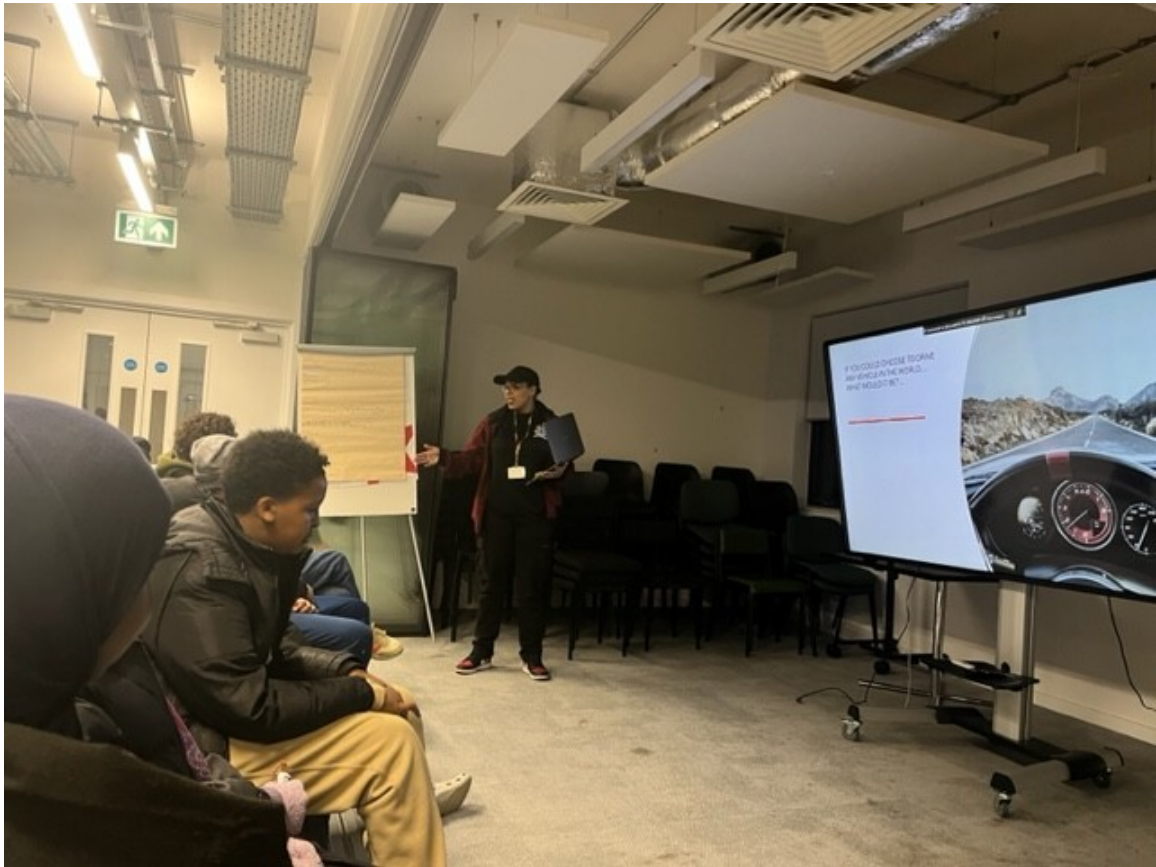
1. Morning Briefing at our annual primary school's football festival at Norwood Hall, June 27 2025



2. Vinod Mahi, Chair of Apna Youth and Aman Jaswal, Youth Project lead with David Okaoro one of our first young people from our programme, now a qualified Referee and officials at our football festival



3. Sgt Ian Benjamin's Police Session from 2023 Session with our first cohort of young people



4. Youth Worker, Vicky Roberts delivering her Road legal workshop during our workshops in Autumn 2024



4. Tried and Tested activity(Go-karting) The boys having their safety briefing. End of the programme Dec 2024



5. In remembrance of Mohammed Hassan one of our local Youth Workers who passed away in September 2024

DR

Spend Analysis

The Year three of the grant was paid in two instalments of £12,156 in June 2024 and December 2024 respectively, at total of £24,312.

Table - Year 3 Expenditure

Year 3 Expenditure Breakdown	Spend	Forecast in grant
Staffing	£7369	£11,232
Management Fee	£2,230	
Equipment	£220	£450
Communications Mobile contracts x2 Website Domain, webs hosting and design fees	£720	£600
Insurances	£420	
Training Mental Health First Aid		£600
12-week programme	£4000	
Schools Tournament	£1800	Within trips £4000
Activity (VR Meetspace)	£800	Within trips £4000
Activity Go karting	£880	Within trips £4000
Volunteer Expenses Abode Software package, transport, admin	£765	£2200
Sundries Breakages, DBS, Printing, Registrations ID cards, Food and Drink	£780	£220
Total	£19,764	

Remaining Funding of £4548 to be allocated towards:

Youth work delivery until end of October £800 (2x Youth workers 6hrs a week for 6weeks)

Proposal to take £2000 over to 2026 Tournament with youth volunteers in place

£500 towards Youth and Volunteer training in 2025/26 (FA Refereeing and Coaching

£1200 towards Junior Park Run Southall Partnership

Annual Accountmts Statement for Apna Youth 2024

Apna Youth is a volunteer led gras roots charity from the West London suburb of Southall, estbalished in 1999 / Apna Youth seeks to provide a Youth Service for young people in and around Southall by providing them with Sp

Currently Apna Youth supports Southall Park Run, provides community yoith football, holds and annual priman

Apna Youth contsinues to operate within their fiscal controls and surplus taken forward to 2025 has been accoi

APNA YOUTH ACCOUNTS 2024

INCOME	£GBP
Lottery (Grant)	24312
Heathrow Community Fund(Grant)	1919.25
Southall Community Allinace	1500
Groundwork(Grant)	337.5
SSB	300
Singh Sabha Gurdwara Southall	200
Euro Heating	400
Lets go Southall	200
School Entry Fee	1200
Total	30368.75

Expenditure 2024	£GBP
Staffing	9091
Sessional and external facilitators for workshops	1200
Management Fees	2165
Activities (VR Room and Go-karting)	1810
Tournament	6650
Park Run	150
Training	200
Communications(web hoting, mobile phones)	870
Volunteer gifts/awards	790
Equipment	600
Sundries (DBS, Breakages, Food and Drink)	310
AGM	900
Transport	310
Insurances	420
Trustee Expenses	825
Total	26291

I can confirm that the above is a true reflection of the annual accounts for APNA YOUTH for 2024

Name: Aman Singh Jaswal

Date:

Name:

Date:

Independent Accountant

APNA YOUTH was founded on the Sikh principle of *Sewa*(*selfless service*).
Sports, Music and Arts activities.

Primary schools football festival, street based youth work in Southall and Youth consultancy.

Partnered for with youth activities

Annual Accounts Statement for Apna Youth 2024

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Currently Apna Youth support Southall Park Run, provides community youth football, holds an annual primary schools football festival, street-based youth work in Southall and Youth consultancy.

Apna Youth continue to operate within their fiscal controls and surplus taken forward to 2025 has been accounted for with youth activities.

APNA YOUTH ACCOUNTS 2024

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A. S. Jaswal

Name: Aman Singh Jaswal, **TREASURER**

9/10/25

Date:

S. S. Jaga

Name: Sundeep Jaga

Date: 9/10/2025.

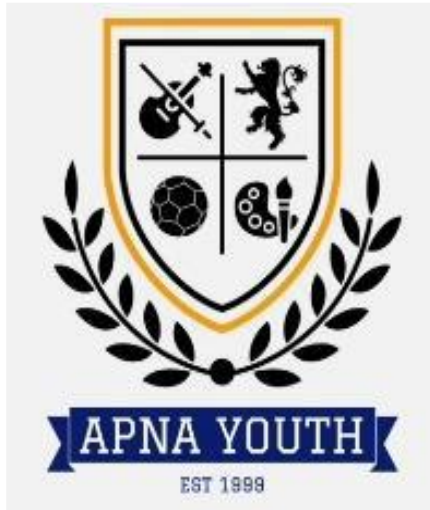
Independent Accountant

APNA YOUTH (OUR YOUTH)

England & Wales - Charity number 1156181

Accounts

APNA YOUTH Year 2 Exec Report: Southall Detached Youth Project 2023-2024



Introduction

Apna Youth is a volunteer led grass roots charity from the West London suburb of Southall, established in 1999. Currently we are in the second year of a three-year National Lottery Community Grants award of £72,355. The project seeks to deliver a bespoke, targeted street-based youth project employing two Detached Youth workers who will use intense key working methods with an identified cohort of young people from the Southall area.

The two youth workers will engage an identified group of young people in the community. Once they've built up trust and confidence with them, they will carry out a needs assessment, provide support and guidance. This would be done through the delivery of a 10–12-week program of workshops and positive activities for the identified young people that we have engaged. Whilst engaging the young people we will support them and where appropriate refer them to other agencies and projects in and around the community.

Year 2 Key outcomes and highlights

- Recruitment of part time youth worker following long term illness of part time staff in Yr1
- Delivery of successful 12-week personal development program at the Parkside yards with 70% engagement of youth group
- One young person referred to Jung&Co solicitors for two-week work experience following programme.
- Three young people supported into part time employment through youth work intervention, bringing total number of five young people into employment since the start of the programme.
- Continued development of partnership with Young Ealing Foundation

- 64 young people contacted by APNA YOUTH to date
- 32 young people registered (12 from a new cohort from 2024)
- Dialogue with Ealing council through Southall Community Alliance about the use of the Young Adult centre (Youth Club) for Apna Youth on completion of the site refurbishment in the Autumn.
- Our senior Youth Worker, Lydia Lawrence was nominated as a charity champion in the 2023 Ealing Voluntary Sector Awards 2023
- Lydia Lawrence has also been shortlisted for the Young Ealing Awards Youth Professional category for 2024.

Overview of Year 2

Year two has been a year of two halves for APNA YOUTH with the project building on the positive work delivered in the first year and executing our first twelve-week personal development programme with our engaged cohort of young people from the Havelock Estate in Southall. The programme sessions were delivered on Thursday evenings at the new Parkside yards development in Southall from 7pm-9pm and had a core group of 14 attendees with two young people from the group having an overall attendance of 100%.

Highlights from the session were the

- 🚦 Stop and Search session by Sgt Ian Benjamin from the West Area Youth Engagement team of the Metropolitan Police. Initially reluctant to attend and engage at first, the young people that did get a totally different perspective and understanding of the role of the Police and understood the role they can play in community policing.
- 🚦 One of the most engaging sessions in the programme was from Okiemute Akpogheneta (Ox for Real) who narrated spoken word and had discussion with the young people around his offending lifestyle and the effects it had on his mental health and family.
- 🚦 Growth and positive mindset sessions delivered by our talking about the experiences and transferrable skills gained through any employment and interaction. Role play interviews and explaining how to position yourself as a

brand and think about elevated pitches to prospective employers. This was delivered by our own Apna Youth Chair Vinod Mahi.

- ✚ Through the programme we were able to support three young people into part time employment as well as being able to offer two of them work experience at Jung & Co Solicitors in Southall who delivered a session to the young people around British Law.
- ✚ On the 12th and final week of the programme we held an awards presentation for the young people who participated in the programme which was attended by our grant officer Amandeep Khandoo, our trustees and one of the external facilitators Abdul Karim, invitation was also extended to the young people's parents and careers, unfortunately none of them were able to attend.

The new year brought has brought some new challenges to us with one of our key youth workers, Mohammed Hassan being diagnosed with a long-term illness, which has seen him be absent from work since January 2024. With January and February being a natural lull in street-based youth work as nights are longer, darker and weather is colder we were able to initially absorb Mohammed's absence but this was followed by a period of unseasonal weather from March-May and only the weather only improving in June and July, which has enabled us to step up our youth work. As a result of this weather we have unable to build up relationships with young people to take them on activities during the Easter school holidays or May Half-term. Since May we have been able to recruit a new youth worker to the team on a part-time basis to fill the vacant post and since mid-June we have started to see an uplift in the weather which has allowed us to make initial engagement with a group of 16 young people in the UB1 part of Southall close to the Lancaster Estate, 12 of whom have completed registration forms with us. We are hoping to build up their trust over the summer season before engaging them on a positive activity in late August or early September before undertaking our second personal development programme with them for the Autumn/Winter. Possible venues for the delivery of this can be Parkside yards/Green quarter, the young adult centre and Lancaster community centre.



1. Okiemute Akpogheneta (Ox for Real) delivering his session in our programme Nov 2023



2. Vinod Mahi, Chair of Apna Youth delivering employment advice to our first cohort



3. Staff, Trustees and Young People at the End of Programme Presentation Dec 2023



4. VR Activity following the end of the programme Dec 2024

Spend Analysis

The Year two of the grant was paid in two instalments of £12,156 and £11,811 in December 2023 and June 2024. As of August 2023, we carried forward an underspend from our Yr1 grant award of £8,264. Once August staffing costs for youth workers is accounted for, the underspend reduced to £5,640 as of September 2023.

Please a breakdown below of how this underspend of £5,640 has been spent at the start of Yr2

Yr 1 Underspend	Autumn/Winter 2023
Underspend as of September adjusting for August staffing costs	£5640
Venue Hire	£480
External Facilitator costs	£550
Food and Refreshments for programme	£440
Enrichment activity/trip (Meetspece VR room)	£855
Sessional staffing costs	£510
Awards and presentation	£705
Schools football tournament	£1,200
Staff review meeting (including venue hire and food and refreshments)	£150

Remaining Balance ring fenced for activity £750

In Year 2 as of July 2024, a total of £20,615 has been spent with five months of the calendar year still to go ahead, which also absorbs the underspend from Yr1. Three activities/trips are planned with a newly engaged cohort of young people by October half term or Christmas and by the end of September or early October we will be seeking to start our second 12-week programme with the new group we have engaged. Setbacks this year have been the inclement weather that we have experienced from March-May which reduced our staffing expenditure and in turn meant we were not able to have a of young people that we could engage on trips/activities for Easter or May half term. We have also had a delay with our website going live due to finding a competitive website designer and obtaining sign off from the young people about having their images on our website.

Table 2 - Year 2 Expenditure

Year 2 Expenditure Breakdown	
Staffing	£10,015
Management Fee	£2,165
Equipment	£400
Communications Mobile contracts x2 Website Domain, webs hosting and design fees	£720
Insurances	£420
Training Mental Health First Aid	£240
12-week programme	£3560
Schools Tournament	£1200
Activity (VR Meetspace)	£855
Volunteer Expenses Abode Software package, transport, admin	£765
Sundries Breakages, DBS, Printing, Registrations ID cards	£275
Total	£20,615

Year 2 Autumn Plan

- Deliver second 10-12 week programme for young people from a community space for the newly engaged cohort of young people
- Three activities for young people by December 2024
- Ongoing collaboration with partners such as Southall Community Alliance, Young Ealing Foundation, Metropolitan Police and Berkley

Projected Autumn Spending Breakdown for Yr2	
August Youth Work Salaries	£816
September-December core Youth work salaries	£3264
12-week Personal development Programme	£3750
Activities (3 trips including staffing, transport and refreshments up to 31 st Dec)	£4,000
Total	£11,830

In order to fulfil the above activities and pay salaries, could we please request an advance payment of the 5th instalment to be made in September?

The breakdown below shows a balance in the 3rd year of £23,988. We usually receive the funding in December and June. If a payment can be made in September, this would leave the final balancing payment in June 2025 of £11,988.

Grant	£72,355.00
Paid	£12,200.00
Paid	£12,200.00
Paid	£12,156.00
Paid	<u>£11,811.00</u>
Balance	<u>£23,988.00</u>

Advance	£12,000.00
Final Jun'25	£11,988.00

Year 3 Plan

- Recruitment of two volunteers to undertake youth work training or football coaching as APNA YOUTH volunteers/junior staff
- Two activities for young people by July 2025

- Delivery of third programme for young people by December 2025
- Closer collaboration with Ealing council in regard to the newly built youth facility in Southall

APNA YOUTH ACCOUNTS 2023

INCOME	£
LOTTERY	23623
SPORTED (Grant)	500
Ealing Council (Grant)-Street Party Shelley Crescent	150
SCA(Grant)	500
Groundwork (Grant)	1012
Heathrow Community Alliance(Grant)	3838.5
Schools tournament entry fees	1280
Singh Sabha Gurdwara Southall	200
ACT	150
Queenstyle	150
Mathnasium	125
Euro Heating	300
Trustee Consulting	850.5
Signature	100
<hr/> Total	<hr/> 32779

Expenditure 2023

	£
Tournament	6477
Management Fee	2165
Youth Worker Salaries	8008
Sessional Youth Worker	510
Group Work (Young people)	3690
Activities (Go karting and VR)	1755
Summer Street Party	200
Trustee Expenses	780
Communications	820
Mobile phone, Website domain and software	
Volunteer Expenses and Gifts/Awards	765
Equipment	400
Sundries	275
(Breakages, DBS, Printing, admin, transport)	
AGM Costs	850
Insurances	420
Park Run	150
Training	360
Total	27625

Annual Accounts Statement for Apna Youth 2023

Apna Youth is a volunteer led grass roots charity from the West London suburb of Southall, established in 1999 Apna Youth is founded on the Sikh principle of *Sewa*(*selfless service*) and seeks to provide a Youth Service for young people in Southall and the surrounding areas by providing them with sports, music and arts activities.

Currently Apna Youth supports Southall Park Run, provides community youth football, holds an annual inter primary schools football tournament and runs a street-based (Detached) Youth project in Southall.

Apna Youth continue to operate within their fiscal controls and the surplus taken forward to 2024 has been accounted for with youth activities.

APNA YOUTH ACCOUNTS 2023

INCOME	<u>£ GBP</u>
LOTTERY	£23,623.00
SPORTED (Grant)	£500.00
Ealing Council (Grant)-Street Party Shelley Crescent	£150.00
SCA(Grant)	£500.00
Groundwork (Grant)	£1,012.00
Heathrow Community Alliance(Grant)	£3,838.50
Schools tournament entry fees	£1,280.00
Singh Sabha Gurdwara Southall	£200.00
ACT	£150.00
Queenstyle	£150.00
Mathnasium	£125.00
Euro Heating	£300.00
Trustee Consulting	£850.50
Notary	£100.00
Total	<u>£32,779.00</u>

Expenditure 2023**£ GBP**

Tournament	£6,477.00
Management Fee	£2,165.00
Youth Worker Salaries	£8,008.00
Sessional Youth Worker	£510.00
Group Work (Young people)	£3,690.00
Activities (Go karting and VR)	£1,755.00
Summer Street Party	£200.00
Trustee Expenses	£780.00
Communications (Mobile phone, Website/sware)	£820.00
Volunteer Expenses and Gifts/Awards	£765.00
Equipment	£400.00
Sundries (Breakages, DBS, Printing, admin, transport)	£275.00
AGM Costs	£850.00
Insurances	£420.00
Park Run	£150.00
Training	£360.00
Total	<u>£27,625.00</u>

I can confirm that the above is a true and fair reflection of the annual accounts for Apna Youth for 2023.



Name: Aman S Jaswal

Date 20th September 2024

Treasurer



Signed

Date 20/9/24

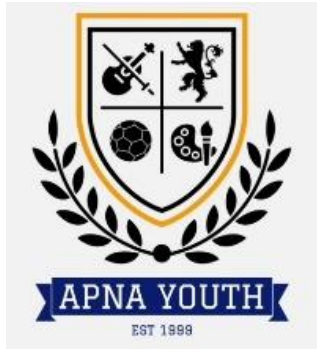
Name: Sundeep Jaga

Independent Accountant

APNA YOUTH (OUR YOUTH)

England & Wales - Charity number 1156181

Accounts



Year 1 Exec Report: SOUTHALL DETACHED YOUTH PROJECT 2022-2023

Introduction

APNA YOUTH is a volunteer led grass roots charity from the West London suburb of Southall which was awarded a £72,355 for three years from the National Lottery Community Grants programme which started in July 2022. The project seeks to deliver a bespoke, targeted street-based youth project employing two Detached Youth workers who will use intense key working methods with an identified cohort of young people aged 11-20 years from the Southall area.

The two youth workers will engage an identified group of young people in the community. Once they've built up trust and confidence with them, they'll then carry out a needs assessment, provide support and guidance. With the overall goal/objective to divert the young person(s) from the negativity (drug & alcoholism, economic deprivation, criminal exploitation, and health inequalities) within their immediate surroundings. We'll support and where appropriate refer them to other agencies and projects in and around the Southall area.

Year 1 Key outcomes and highlights

- ✚ Recruitment of 2.5 part time youth workers for the project.
- ✚ Engagement of a youth group from Havelock Estate who have all now congregate in the new Berkley housing development.
- ✚ 25 registered youths and core engagement with at least 18 of them. With a particular focus to earn their trust so they're willing to share their personal details with us.
- ✚ Supported two young adults with part-time employment with youth work intervention.
- ✚ Developed new links with employers in the London boroughs of Ealing and Hounslow.
- ✚ Referred five young adults to ACT (Let's go Southall) to become more physically active and participate in health and wellbeing initiatives designed for the community. An additional incentive and benefit for the young person would be to encourage them to become volunteers so they in turn could run similar activities such as basketball, Park Run, cycling, outdoor gym, yoga etc.

- ✚ Raised Profile of Apna Youth within the Southall community.
- ✚ Developed partnership working with services and organisations based in Southall such as Catalyst Housing, Berkley, ACT (Lets go Southall), Osterley Sports and Well Being Centre and the Young Ealing Foundation.

Overview of year 1

Year one has been a challenging year for APNA YOUTH, but we've made some positive strides with both the project and in the community. Following a bereavement to a family member of one of our trustees, who was also a key volunteer of our organisation for over 10 years, the start of our project was subsequently delayed by a month.

Recruitment of staff has been one of our major hurdles. In our initial recruitment campaign, we were only able to recruit one of the two youth workers required. This meant that we missed out on late summer engagement of youth in the Southall area. As a contingency one of our trustees stepped in to fill the gap in staffing by inducting Lydia Lawrence as our senior youth worker over August and September 2022.

The induction consisted of introducing Lydia to partners in the community and mapping the geographical area of Southall for her by orientating her into the two parts of the borough covering UB1 and UB2. She was taken on a walk around of three big estates of Havelock, Golf Links and Windmill estate as well as being shown Southall Park, Spikes Bridge and Recreation Parks. These identified hotspots were shown to her as well as the new Berkley home development in Central Southall. This was an eye-opening exercise for both Lydia and our trustee who had been a resident of Southall his entire life as they were able to see the density in Southall and the radical changes that have taken place in Southall in recent years which has brought a high volume of people into the area.

Despite our staffing issues Autumn proved to be a key time for APNA YOUTH, alongside Lydia, the trustees supported the community in saving the Young Adult Centre (YAC) the local youth club and it was through our interactions that we were able to recruit our second youth worker. Alongside Southall Community Alliance, Young Ealing Foundation and residents in the community we supported the campaign to save the YAC by marketing the petition in the

community to save the centre as well as giving significant input into letters to the council leadership which resulted in the council having to reverse its decision to close the Youth centre in October and us having a walk around with John Martin, a ward councillor for Norwood Green.



Aman Jaswal coaching the youth group during the friendly football match vs Southall Athletic.

A positive outcome of our involvement in this local campaign was a greater exposure to potential partners and residents and the recruitment of a second youth worker to work alongside Lydia. At the time we were positive of having him in post as he was a young individual from the community who was passionate about making change. Unfortunately, his recruitment did not work out for all parties due to the physical nature of his work and for health and safety reasons we were unable to keep him in post from December 2022. Subsequently we had to modify the work we were able to do with one youth worker which largely entailed Lydia building up links with partners in the community with Catlyst Housing, Active Communities Team, Treasure Boxing club as well as taking advantage of some training opportunities through the Young Ealing Foundation.

January and December proved a difficult time for us in that we did not have a full quota of staff which was combined with cold weather at the end of when evening temperatures hit -8C. Working closely with Lydia we looked at what was needed on a practical day to day to



engage young people on a street level such as projects to signpost young people into, IT systems and critically the recruitment of a new youth worker to work alongside her. By the end of February, we were successful in recruiting Simon Tomlinson as our second youth worker and in March we were able to recruit a backup sessional youth worker in Hassan Mohammed to cover staff absences and activities. It is from here that we have started to carry out two sessions of street-based youth work and have recently engaged a cohort of young people around the new Berkley development.

Lydia and Simon - Detached youth workers

Without going into the theory of detached youth work, it has taken time for our youth work staff to gain the trust and confidence of the group before the identified cohort of young people consented to register their name and contact details with our project. Slowly relationships and trust has developed with the young people and our youth work staff who now have direct communication with both them and some of their parents. Working alongside them we've organised a friendly football match with a local youth team and have refereed six of the group to ACT (Let's Go Southall) Basketball project. Within our initial core group, we have also been able to get two of the young people to volunteer at our annual Primary school's community football tournament. The two individuals were able to see our wider goals of trying to build a youth service and both are considering undertaking football coaching.

Currently, we have registered 25 young people aged 15-18 years whom we are engaging with a core of 18 youths. Representing our first group from our detached youth group, they have an affiliation with the group who have given our youth workers valuable input in how we can engage better by using digital technology through social media, WhatsApp, and the use of a website. Over the coming weeks we will be devising our 12-week programme with the young people designed to educate and inform the group around aspects of the law, anti-social behaviour, drugs, sexual health, life choice, knife crime, youth empowerment and future pathways into education training and employment. We are finalising the logistics of the venue with Berkley Housing with view to start our programme in October 2023 taking us up to December 2023, which will be followed by an end of project celebration and activity for the young people to coincide with the Christmas holidays.



Young group at the Go-Karting activity

Spend Analysis

In terms of spend, Year one of the grant was paid in two instalments of £12,200 in June 2022 and December 2022. As of August 2023, a total of £16,136 has been spent in Yr1 which has meant that the project has underspent by £8,264 in Yr1. We assigned a small portion of the grant towards our annual showcase primary school's event in June 2023, which was attended by 16 primary schools and 220 children. The event had two volunteers from our youth cohort attend on the day, and it was valuable in raising our profile with both ward councillors and the Berkley Group who are the contractors who have developed the old gas works site in Central Southall, whom we are working with to deliver our groupwork sessions in October.

The underspend is predominantly due to the challenges we have encountered with recruitment, which was resolved by April 2023. Not having a settled staff team subsequently meant we were not able to engage a youth group over the Easter holiday period through trips/activities or deliver our groupwork programme, which would have entailed renting a space and bringing in external workshop facilitators. This has subsequently brought about the bulk of our underspend in Yr1. We've also committed to undertaking two mobile phone contracts for the staff team and maintaining a monthly web domain for a website for APNA YOUTH which will be live by 31st October 2023.

You'll see from the tables below that we have an underspend of £8,264, which was largely attributed to our staffing problems in Year 1. Now with a settled staff team our youth work team has already made significant strides with an engaged youth group which can be built upon through our 12-week workshop program. We have already planned how the underspend can be outlaid between Autumn/Winter 2023 which will entail paying out for venue hire, external facilitator fees, celebration event and two activities during the 12-week cycle (October Half Term and Christmas). Alongside this we can explore the possibility of carrying out a bespoke girl's group with the small group of girls we have engaged or carry out detached street-based youth work in another locality to target a new cohort of young people for the spring/summer 2024.

Table 1 - Year 1 Exenditure

Yr1 Expenditure	Yr 1
Budget	£24,400
Spend	£16,136
Remaining Balance	£8,264

Table 2 - Year Expenditure Breakdown

Yr 1 Expenditure breakdown	
Staffing	£6,036
Equipment	£1,513
Uniforms	£1,500
Communications Mobile phone – contracts x 2 Website – Domain name & Web hosting	£636
Professional Fees (Website consultation and Analysts)	£630
Training Safeguarding County lines	£425
Sundries Food & Refreshments for young people, planning sessions for staff ID badges Travel expenses	£525
Management Fees	£2,200
Football Activity	£140
Go Karting	£1,020
Schools Tournament	£1,200
Transport (minibus)	£311
Total Expenditure to date	£16,136
Underspend Yr 1	£8,264

Table 3 -Year 1 Underspend

Remaining Balance: £8,264	
Year 1 Committed Spend:	
Hiring of facilities (12-week program x 2)	£3,000
Music & Studio Workshop (Brent)	£1,500
Positive Activities/Enrichment	£2,500
External facilitators (CV/Finance/Career Pathways)	£1,200

Year 2 Plan

- ✚ Now with a group engaged we can deliver our 12-week program from the community space in the Berkley development which we are currently in discussions about renting over a 12-week period from October.
- ✚ Consolidate work with the core of 18 youths
- ✚ Continue to build trust and engagement with the 7 girls engaged in the group
- ✚ With the training and onboarding completed, outreach to other areas (UB2 and Golflinks Estate / Lancaster Road). Carry out an additional street-based session in the community based on intel from our partners such as the Police, Local Authority, Catylst Housing and the newly formed Southall Neighbourhood forum.
- ✚ Deliver an activity/trip in the October half term as well as a Christmas activity and celebration event to mark the end of the groupwork sessions in December.
- ✚ Investigate feasibility of an “only female” group
- ✚ On going collaboration with other charities such as Mind, ACT, Young Adult’s Centre, Jamal Edwards and London Tigers.

APNA YOUTH 2022

£

Income 2022

Lottery Grant	£24,400
ACT/Tournament/Crowdfund	£5,180
Young Ealing Foundation	£5,000
Ealing Borough	£5,000

Total	£39,580
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Expenditure 2022

Salaries/Sesional	£3,000
Events/Activities	£13,600
Equipment&Uniforms	£3,000
AGM	£400
Volunteers Awards	£400
Insurance	£400
Communications & Marketing	£825
Training	£425
Transport	£550
Sundries(Food&drink, admin)	£550
Professional fees (Designer)	£850
Venue Hire	£1,300

Total	£25,300
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Net Cash In Bank	£14,280
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Annual Financial Report for 2022

Date: 1st Oct, 2023

Income

Source	Amount (£)
Lottery Grant	£24,400
ACT/Tournament/Crowdfunding	£5,180
Young Ealing Foundation	£5,000
Ealing Borough	£5,000
Total Income	£39,580

Expenditure

Expense	Amount (£)
Salaries/Seasonal	£3,000
Events/Activities	£13,600
Equipment & Uniforms	£3,000
AGM	£400
Volunteers Awards	£400
Insurance	£400
Communications & Marketing	£825
Training	£425
Transport	£550
Sundries (Food & Drink, Admin)	£550
Professional Fees (Designer)	£850
Venue Hire	£1,300
Total Expenditure	£25,300

Net Cash in Bank

Description	Amount (£)
Net Cash in Bank	£14,280

Summary Statement

In the fiscal year 2022, our organization received a total income of £39,580, primarily from sources such as the Lottery Grant (£24,400), ACT/Tournament/Crowdfunding (£5,180), Young Ealing Foundation (£5,000), and Ealing Borough (£5,000). This income enabled us to fund our activities and further our mission.

During the same period, our organization incurred a total expenditure of £25,300, which covered various expenses, including salaries/seasonal costs, event and activity expenses, equipment and uniforms, AGM costs, volunteer awards, insurance, communications and marketing, training, transport, sundries (food and drink, admin), professional fees (designer), and venue hire.

After accounting for all expenses, our organization ended the fiscal year with a net cash balance of £14,280.

We would like to express our gratitude to all our donors and supporters for their contributions that enable us to continue our work in the community. We remain committed to our mission and look forward to another year of positive impact.

Financial statement prepared by Apna Youth Treasurer: Aman Jaswal

Statement prepared by Chair of Apna Youth: Vinod Mahi

Financials reviewed and approved by:

Sundeep Jaga. ACMA (1-NCRB)

Associate Chartered Management Accountant