



# Youth Dream

## ANNUAL REPORT 2021 - 2022

Serving and Supporting Selsey and the Manhood Peninsula's Young People

Youth Dream (Selsey) Limited  
Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982  
Registered Office:  
3, Selsey Business Centre, The Bridleway, Selsey, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)



**Business:**

Youth Dream (Selsey) Ltd. is a registered Charity (No. 1155982) and a registered Limited Company, (No. 8752886). The charity predominantly operates across the Manhood peninsula in West Sussex, providing activities and support for young people and their families under the abbreviated name "Youth Dream".

**Business address and postcode:**

The Registered Office is: 3, Selsey Business Centre, The Bridleway, Selsey, PO20 0RS

Telephone: 01243 201616

The Operational Address is: The Bridge Support Centre, c/o The Academy Selsey, School Lane, Selsey, PO20 9EH

Telephone: 01243 608943 E-mail: [thebridge@youthdream.co.uk](mailto:thebridge@youthdream.co.uk)

**Main Contacts:**

Dr Michael Nicholls - Chairman of the Board of Trustees

Ms Kim Long - Manager of The Bridge and Youth Provision

**Trustees**

Dr Michael Nicholls

John Fletcher

Lee Sharp

Anna Gaymer

Debz Greenwood

Jacqui Manual

Kate Grant

Chris Tate

Gemma Hinton

Kim Long



## **INTRODUCTION**

In 2011 West Sussex County Council closed the Youth Wings that it provided across the county. This included the one based at The Academy Selsey, formally called Manhood Community College. In its place West Sussex County Council reached out to local communities to provide services and support for young people. In 2014 the charity, Youth Dream was created to fill the gap. In a partnership between the community and The Academy Selsey, the school provided its vacant caretaker's cottage, a prefab classroom and an area of land. Youth Dream provides services and support for young people within the school and across the wider community.

Youth Dream uses the cottage, now called The Bridge Youth Support Centre, as its centre of business. It has an office, counselling room, education room, lounge area for activities and meetings, a kitchen and a toilet. In 2022 it was re-decorated and furnished to give a more modern feel.

Formerly known as 'The Hut', the prefab classroom is now 'The Shed', having been taken over by The Selsey Men in Sheds; refurbished and formerly opened by the High Sheriff of West Sussex on Tuesday 20<sup>th</sup> April 2021. The membership of Shedders has doubled in the last year.

The area of land, which had become derelict and overgrown has now been cultivated into an allotment and flower garden with walkways and is called The Hidden Garden. It is now open to visitors and volunteers Tuesdays, Thursdays, Fridays and Saturdays. It was a part of the Selsey Open Garden Scheme in June 2022, for the first time.

The charity has ten Trustees from the community, chaired by Dr Michael Nicholls. It is also a registered company and the Trustees are the Directors of the company. The charity is constituted and the Trustees meet monthly.

Youth Dream employs:

- A manager / mentor (30 hpw)
- A teacher (15 hpw)
- A qualified child and adolescent counsellor (35 hpw),
- An administrative officer (12 hpw),
- Two part time Youth Support Workers (7.5 hpw each) whose role is to support students struggling to attend school, apply interventions and support and increase attendance
- Two Youth Workers (37 hpw each) whose role is to engage and support young people in individual and group work and manage clubs and activities
- One Assistant Youth Worker (35 hpw)

Since 2016, Youth Dream has had a contract with West Sussex County Council to be a recognised provider of mental health support for young people. In 2022, this has been extended to include the education services provided. The Bridge is open all week, including holiday times and is available to young people at short notice for long hours.



### **Lease**

In May 2022 a lease was agreed and signed with The Kennels Academy Trust and The Academy Selsey, for Youth Dream to formerly lease the land and buildings for five years.

### **Report**

This annual report identifies the current services provided and statistics for that provision, since statistical reporting began in January 2017. This report covers the period **September 2021 to August 2022**.



## Counselling Services

Referrals are received from schools, GPs, West Sussex County Council Family Workers, parents and self-referrals and The Bridge administrator liaises with timetables, parents, teachers and reception staff for the release of students to attend. Counselling is provided 39 weeks of the year, term time only.

In January 2021 the counsellors' hours were increased to 35 hours a week due to grants for extra COVID support. Face to Face counselling resumed after Easter 2021. Some children are also seen throughout the summer holidays.

Year	Number of counselling hours available per week	Numbers of Young People receiving counselling
2017	22	315
2018	22	341
2019	22	296 (no counsellor for 3 months Feb to Apr – exponential growth would be 394)
2020	30	466
2021	35	731
2022	35	850



## CHILD CASE STUDY

# Male Year 10 2022

CORE form  
score at  
the  
beginning  
14/40  
at the end  
6/40



Thank you! "You have helped me build my confidence, and I am able to stand up for myself."

Child AN was referred for counselling in term year 2020. Child AN was finding school stressful and family relationships difficult. Not long after starting sessions with Child AN the pandemic hit and our face to face sessions altered to phone sessions and a therapeutic relationship was built via weekly checking phone calls. Child AN benefited and valued having a safe place and time each week where he could express and explore his feelings with out judgement. Face to face sessions did resume when it was safe to do so. Child AN used the sessions to explore family dynamics and relationships and learn coping strategies for stress management.

It has been lovely to witness and see him grow as a person, from starting in year 8 to soon starting his GCSE's. Child AN ends sessions feeling more confident in himself and his own decision making.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## Child Case Study

# Counselling Service Female 2022

CORE at the  
start of  
therapy  
20/40

CORE at the  
end of  
therapy  
13/40



"Counselling has  
helped me realise I  
can talk to someone  
about how I feel and  
not bottle it up"

Child AR was referred at the start of the autumn term 2021 for bereavement support. Child AR lost a close member of her family. Child AR found it hard at the start to speak about her feelings, but over time began to open up and share and feel that she can talk about how she feels and that, that is ok.

The sessions provided a space for Child AR to share memories of her loved one and recognise that she won't forget them. *"The thing that has been helpful is to know that he will always be in my heart and I won't forget him"*

Alongside working with her grief, Child AR has learnt healthy coping mechanisms and the importance of self-care, as well as other tools she can use when she needs to.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## **Mentoring / Personal Coaching**

Referrals are received from schools, GPs, West Sussex County Council Family Workers, parents and self-referrals and The Bridge administrator liaises with timetables, parents, teachers and reception staff for the release of students to attend. Mentoring is provided term time (39 weeks per year) and tends to fall in to two categories – 1) those with low level mental health needs requiring someone (not a family member or teacher) to talk to regularly and 2) those with behavioural issues needing extra support.

Those in category 1, tend to have their needs met by a volunteer from the community, all of whom are retired. We currently have three volunteer mentors.

**Pupil Support** is offered by the Manager of The Bridge, two Youth Workers and volunteer mentors, to identified pupils, often who are high profile and need immediate and intense intervention. This is a combination of mentoring, listening, assertiveness training, mindfulness, emotional intelligence training and mastery training. Services are bespoke to the individual and there are no time limits to provision, with an age range of 11-16.

<b>Year</b>	<b>Numbers of Young People receiving mentoring</b>
2017	232
2018	256
2019	465
2020	407
2021	266
2022	832



## Child Case Study

# Mentoring Female Aged 16-17



**"Every week I  
come here, you  
make me feel  
better. How do I do  
that for myself?"**

**Child AM**

Her mum had referred her when she was in her final year at school but unfortunately due to waiting lists she was not reached until she was in Year 12 and had started college. Struggling with depression and anxiety and self-harming, AM began mentoring. She was helped to make sense of her world and friendships, discovered things about herself and learnt how to take some control of her life.

She learnt to trust herself and how to speak up for herself. She had real fears of not being liked, meaning she often succumbed to peer pressure despite it being against her moral character. She had a strong spiritual faith that didn't sit with her day-to-day life and her friendships.

AM learnt that it was ok to be herself, that she didn't need to hurt herself anymore and that she was fine, just the way she was. She was given practical tools from assertiveness training to meditation and grounding oneself. She had always seen the dangers around her but now she had the strength to remove herself from those situations.

She learnt time management and organizational skills so that instead of procrastinating and causing herself more anxiety with college assignments, she planned for them and in doing so, put her education and career before peer pressure.

AM left a much stronger young lady ready to face the world and its day-to-day challenges. She hopes to be a veterinary nurse in the future and we are sure the animals are going to love her gentle soul in their time of need.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## CHILD CASE STUDY

# Mentoring

Weekly one to one support, focussing on mental health, physical health and personal safety



AP was originally referred by her school due to her low attendance, concerns around her mental health and difficulties at home. Due to AP's attendance being very low at school, meaning she was often not attending appointments with professionals, mentoring support was adjusted to be smaller targeted pieces of work that could be completed when AP was attending, to ensure progress was still possible.

One of these targeted pieces of work was around sexual health and relationships, which was something that AP said she had missed at school and had very little knowledge around. Due to concerns around AP's ability to keep herself safe and her family background, it was felt that it would be beneficial for The Bridge to do educational work with her in this area, alongside other support areas.

During this intervention AP worked with her support worker to learn about healthy relationships and friendships, consent, contraception and how to use it safely and the risks of pregnancy and STI's. This gave AP the knowledge and ability to make better choices in keeping herself and others safe and reduce future risk taking behaviours.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## CHILD CASE STUDY

# Mentoring

Weekly one to one support, focussing on mental health and emotional wellbeing



AQ has engaged with mentoring for a number of months following receiving counselling through Youth Dream. Although AQ had already had one-to-one support, it was felt that she would benefit from further input, through less intensive support, where she would still have weekly check-ins.

Following on from some of the topics AQ had previously worked on, mentoring support was based around empowering her to support her own mental health, being able to independently problem solve and making use of coping mechanisms outside of sessions, preparing her to eventually move away from needing weekly support.

To ensure AQ was supported in a way that was a good fit for her, during sessions her creative skills were utilised and targeted work was done through things such as drawing, crafts and visuals, which supported in her expressing her thoughts and feelings clearly.

At the beginning of support AQ found it difficult to overcome small friendship issues, manage school stress and be positive about situations, which has led to poor school attendance and frequent headaches and stomach aches from stress. Following support AQ's school attendance and physical health has improved alongside her ability and confidence in problem solving and rationalising situations independently. This led to her having the confidence to agree an end date for her one-to-one support and feel comfortable in doing this.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## Resilience Training

Resilience training is given to identified Year 7s attending The Academy. It is run October to December half term and again January to February half term if numbers are too high for one session.

There is a trend that from starting school in September to the October half term, staff and pupils are getting to know each other and settling in. Training delivered from October to December responds to the demand for support, identified by staff during the first half term.

This year Resilience training was also run at East Wittering School by the Youth Worker (West) and a teacher.

Year	Numbers of Young People receiving resilience training
2017	47
2018	0
2019	26
2020	11
2021	8 at The Academy, 8 at East Wittering Primary



## PROJECT CASE STUDY

# Resilience Workshop 2021

Group  
Collaboration

Listening

Self Esteem

Assertiveness

Coping  
mechanisms  
for Anxiety

Confidence



Every year we have an influx of year 7 referrals. This course was offered to a selected group of children who would find it useful and benefit.

The course ran over a 5-week period, this year 8 year 7 pupils attended. The idea being to support students with transitioning from primary to secondary and a daunting task that can be, it provides a safe place to share their feelings, to listen to one another, help build their confidence, self-esteem and learn coping mechanisms for anxiety and anger. This course has been running every October/November for 3 years now and our year 7 referrals have reduced by 50% in that time.

"I enjoyed the safe place exercise because we could sit down and stay quiet"

"One thing I have learnt and will take away with me is to socialise more with people"

"We've been able to express our feelings and are able to talk"

"I've learnt how to cope with my anxiety"

"I enjoyed learning about anxiety because I suffer from anxiety"

"I have learnt not to be scared which would lead to a panic attack"

"I enjoyed being able to make friends"

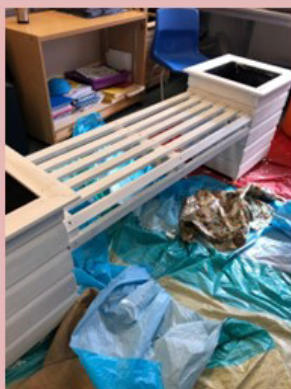


The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



**PROJECT  
CASE  
STUDY**

## **East Wittering Primary School – Resilience Group**



In partnership with East Wittering Primary School, Youth Dream delivered a 10 week programme for a group of eight students in years 4, 5 and 6 with the aim for developing resilience.

One of the activities involved painting two plain benches to celebrate the figure-of-eight mile track funded by the Woodger Trust. The young people involved enjoyed the activity and through participation, developed new friendships and an understanding of teamwork. As the sessions progressed, the youths demonstrated a can-do, positive attitude, which displayed their increased resilience, which was also noted by their teachers.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Selsey Business Centre, 3 The Bridle Way, Selsey, West Sussex, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## **Inclusion Services**

Inclusion services are provided by the Inclusion Officer who is an academic tutor. All ages of students are taken for a variety of reasons for lessons. These are normally students, who are at risk of exclusion or have are refusing to attend school.

Examples of teaching that has been required:

Maths and English support for an ex-TAS pupil as he works through 14-16 college provision

Maths and English support for a TAS student who refused to attend school due to mental health reasons

Maths, English and Science support to a CHS pupil at risk of exclusion due to ADHD (now medicated)

Maths, English and Science support to a CHS pupil refusing to attend due to mental health reasons

Maths and English support to a TAS student permanently excluded whilst an alternative school was found

Maths and English support to a Year 11 from Bourne and a Year 11 from CFS, to enable them to sit their GCSEs following extensive non-attendance at their respective schools

There have been no excluded children from The Academy Selsey sitting their GCSEs with The Bridge this year.

## **Non-Attenders**

Educational and mental health provision is made for students refusing to attend school, called Emotional Based School Avoidance (EBSA). We offer programmes unique to the child's interests to re-engage them with learning, from cookery to photography, DVLA online driving theory tests to hair and beauty basics.

Bridge staff have attended West Sussex County Council Education Psychologists EBSA training. Bridge staff attend Team Around the Family and Child Protection meetings as required.

<b>Year</b>	<b>Numbers of non-attenders receiving intensive support</b>
2017	3
2018	2
2019	2
2020	2
2021	4
2022	11 over 203 sessions



## Child Case Study

# Education Support

DSM-5 defines Dyscalculia as a specific learning disorder, an impediment in mathematics, evidencing problems with:

- \*Number sense
- \*Memorisation of arithmetic facts
- \*Accurate and fluent calculation
- \*Accurate math reasoning.

DSM-5 is the fifth edition update to the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (APA, 2013)



Child AJ was referred by her school in September 2021 after she had stopped attending altogether. She had three previous secondary schools and several primary schools behind and from Year 7 her attendance was sporadic to non-existent. Her parents were divorced and children's services had been involved in the family, that was not without its issues. With gaps in her learning and GCSE's looming and AJ refusing to attend school, she began her last year at The Bridge.

Diagnosed with dyscalculia, she was unlikely to achieve maths GCSE but she was entered into a variety of functional skills AQAs showing that she could manage money, tell the time and demonstrate an understanding of basic maths in fractions, shapes and area, percentages and measurements. She also her undertook English Literature GCSE.

Working with the Selsey Employment Service, AJ was interviewed, helped with her CV and a work experience placement was found for her with a high quality, reputable hairdressers. In the last week of her Year 11, she was advised that they were willing to give her (without a Grade 4 in maths) an apprenticeship.

She now leaves school with hope and a purpose and we wish her well as she starts her journey and career path to becoming a hairdresser.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
 Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
 Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
 Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
 Youth Dream (Selsey) Limited Registered in England and Wales  
 Company Registration No. 8752886 Registered Charity No. 1155982



## CHILD CASE STUDY

# Education Support



"I ended up getting kicked out of school with 3-4 weeks left until my exams and I was fully expecting to fail them all but I ended up coming to The Bridge and now feel confident I will pass"

His mum came to The Bridge in tears and desperation. Just weeks before finishing his final year in school and sitting his GCSEs, everything seemed to have fallen apart for Child AK. Caught in school with drug paraphernalia on him, his mother pulled him from school to be Electively Home Educated so that he was not permanently excluded. The Bridge supported his mother to rescind the EHE option and work with the school so that he could sit his maths, English and Music GCSE exams. The school agreed and he attended the Bridge two days and school two days, with one day of work experience being introduced.

However, things did not go well in school so both his Bridge days and work experience days were increased. He also received mentoring to help him work his way through things as he tried to navigate his teenage years. He attended college interviews and was signed up to a college course to undertake various trades. He attended school after it had closed to complete his music course work and sat his maths and English GCSE's with his peers.

Working together, we managed to get him through the remainder of Year 11 and through his GCSE exams. He plans to work throughout the summer before starting College in September. We wish him well.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## Child Case Study

# Support Package



Lockdowns, bereavement, bullying, moving house and anxiety had left Child AL overwhelmed and at breaking point and she felt she could no longer attend school, a term into Year 10. Joining The Bridge in February after not attending school since before Christmas (2021), it was a slow and gradual process, helping AL make sense of all that happened to her.

AL received mentoring on a weekly basis and worked hard in her sessions, understanding herself and her experiences much better. At the same time, she received educational support and was taught maths and English so that she did not get too far behind her peers.

Her parents received regular visits and support from a Youth Support worker, to maintain communication with the family.

Then working with her school and family in May 22, she attended her first lesson. Whilst this only lasted two weeks before AL left to be home educated, her progress to the point of attending some lessons, can not be under-estimated. She is wished well.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



### **Crisis Support**

There are times, for many reasons, when a child requires the safety of The Bridge because of something that has happened within or outside of school. We *immediately* take those children and offer support. Support is bespoke to the child's needs.

### **Youth Support Workers**

Youth Dream employ two part time post (7.5 hrs each) to support pupils at The Academy Selsey with poor or decreasing attendance. In the last academic year they have worked with 43 students and their families, around 10% of the school community.

### **Youth Work**

Following a successful bid for funding to the National Lottery, two Youth Workers have been employed with 3-year contracts. They have already hit the ground running, with one-to-one work, activities and summer holiday schemes.

One of the key factors coming from the Manhood Peninsula Youth Provision Strategy 2021 - 2024 was transition work. The Youth Workers visit two primary schools a week during lunch break so that these pupils will have a familiar face when they move up to secondary school. Many of these young people also attend the two Youth Clubs (Selsey and Witterings), which the Youth Workers attend as well as the Holiday Activities Schemes meaning strong, meaningful and trusting relationships are created.

Youth Work Interactions		
Year	East	West
2022	525 (started November 2021)	5361 (started June 2021)



## PROJECT CASE STUDY

# Medmerry Primary and Seal Primary

Weekly  
visits to  
local  
primary  
schools  
during  
lunchtimes.



After it being identified that many young people in the area, of primary school age, were particularly concerned about transitioning from Primary school up to Secondary school, our youth worker Drew worked to establish relationships with local schools to support in tackling these concerns.

After meeting with senior staff members at both Medmerry Primary School and Seal Primary Academy, both schools were able to see a clear role that we could have within the schools to support students with a number of issues and difficulties, with a main focus on supporting students in years 5 and 6 in easing their concerns around their school transitions. This led to assemblies being held in both schools to introduce Youth Dream, the ways in which we support young people and how to access support, as well as introducing the schools local youth worker. Since then our youth worker based in the East has visited schools on a weekly basis, during lunch times, to positively engage with students.

To date, this has had great success with many students approaching our youth worker during her visits to seek support with things such as friendships, bereavement, family relationships and finding value in the opportunity to have one to one conversation during break times. As well as these topics, a main focus of the weekly visits has been to ease young peoples worries about transitioning up to senior school; with Drew also regularly visiting The Academy Selsey, it has given the opportunity for her to answer questions, give information about the school such as clubs, additional support, subjects studied there and so on.

In addition this has been a great opportunity to invite students to our youth club for young people aged 9-12, where both primary and secondary school students are able to socialise together, creating the opportunity for a buddy system for when younger group members join the older group members in their schools.

In the future, we will be looking to work with the schools to provide more specific support to students identified by the school as needing intervention, through opportunities such as group work and workshops during the weekly visits.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



**PROJECT  
CASE  
STUDY**

## Visits to West Wittering Primary School

### **WEST WITTERING PAROCHIAL CE PRIMARY**

*'Enjoy, Achieve, Aspire - be the  
best that you can be'*

Youth Dream's Youth Worker, Robbie has had the opportunity to engage with young people in the classroom and on the playground during break and lunch at West Wittering Primary School.

A wide variety of conversations have occurred ranging from social, emotional and academic topics that young people have sought advice on and enjoyed discussing with Robbie.

During these interactions the Youth Worker has been able to build positive relationships with students, which has enabled the youth worker to provide support and positively influence young people in the school.

The relationships created here, will see the young people through transition if they choose to attend The Academy, Selsey secondary school.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Selsey Business Centre, 3 The Bridle Way, Selsey, West Sussex, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



### **Environmental Services**

In 2021, Youth Dream moved the employment and services of the Environmental Officer to the Selsey Community Forum. This was due to natural progression of the work to include the community and older generations, falling outside the remit of Youth Dream.

The Environmental Officer continues to support individuals from The Academy. He has had one male all year, as well as running gardening club every Friday after school from 3-5pm seeing up to 5 young people each week. The Environmental Officer is working with this pupil on his Duke of Edinburgh award.

This year TAS Student Council came and made bird houses and bug boxes which will be put up around the school.





**Bridge Lunch Club** is a specific project through Children In Need funding, whereby The Bridge offers a safe haven and low level activities for pupils of The Academy Selsey during lunch break. This is managed by two members of paid Youth Dream staff each lunch time, with occasional volunteer support.

Lunch Club began again after a two year absence in September 2021, after the Lockdowns and bubble systems.

Year	Numbers of young people attending Lunch Club
2017	1632
2018	2545
2019	2985
2020	1219 (Jan 1 <sup>st</sup> to Mar 20 <sup>th</sup> Lockdown – based on this, the predicted full year predicted figure would have been 4506)
2021	0 (due to the pandemic and bubble system) Restarts Sept 2021
2022	3024

**PROJECT  
CASE  
STUDY**

**BBC Children In Need**

Filmed 18<sup>th</sup>  
October 2021

Aired 19<sup>th</sup>  
November 2021

On BBC 1






Children in Need has been grant funding Youth Dream for a number of years and the funds have been used to provide the Bridge Lunch Club in The Academy, Selsey. In 2021, pupils attending the Club were invited to be filmed to show case the work being done, with Children in Need funding to be aired as part of the 2021 appeal on Friday 19<sup>th</sup> November.

Five young people gave consent and came to The Bridge. Although Lunch Club is normally held in the school, The Bridge site offered less disruption to the school and more background opportunities.

The young people were filmed playing games as they would at Lunch Club and there were a few takes of them walking to The Bridge from different angles. They guessed (incorrectly!) how much the camera equipment cost and were each interviewed.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey PO20 9EH  
 Telephone: 01243 608943 E-mail: TheBridge@youthdream.co.uk  
 Registered Office: c/o 3 Selsey Business Centre, The Bridleway, Selsey PO20 0RS  
 Youth Dream (Selsey) Limited Registered in England and Wales  
 Company Registration No. 8752886 Registered Charity No. 1155982



**Holiday Activity Schemes** are organised and put on for all young people in Selsey during the school holidays. This included a Christmas Party with a visit from Santa Claus, Summer Holiday Activity Scheme, half term and Easter workshops.

## Summer 2021

**PROJECT  
CASE  
STUDY**

# Holiday Activity Club Summer 2021



194 young people from age 6 to 14 benefitted from Summer Holiday Activities provided at The Bridge Youth Support Centre and St Peters Church.

The Bridge hosted pizza parties where young people made and ate pizzas, board games and pebble painting with the pebbles distributed around the streets and added to the Selsey Pebble Painting Facebook page. The Sewing and Craft Club held weekly sessions where bunting, resin jewellery and decoupage was taught and made. Gardening Club made bug houses, learnt about the environment and played gardening games.

St Peters hosted a wide range of activities provided by The Bridge from biscuit decorating, clay coaster making, card decorating, arts and crafts and run around play sessions. The church and the Selsey Lions provided free hot meals.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608843 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



**PROJECT  
CASE  
STUDY**

# 2021 Christmas Party



**23 Young  
People  
attended a  
Christmas  
Party**

Wishing everyone a very  
merry Christmas



23 Young people aged from 4 to 14 attended a Christmas Party on Saturday 18<sup>th</sup> December. Organised by Youth Dream, The Lions of Selsey and St Peter's Church, the young people were invited to make Christmas cards with lots of glitter and shiney bits; paint clay Christmas Tree decorations in their own style and colour in Christmas pictures.

A local face painter turned them into snowflakes, reindeer, Father Christmas and gave them Santa hats. Party games included pass the parcel with sweets and forfeits, musical chairs and musical statues and balloon games.

A buffet style spread was laid on and there was plenty of food for all.



But the highlight was a visit from Father Christmas himself, who arrived in his sleigh. All the children received a present from him and were given the chance to talk to him. He in turn received a card made by one child and a coloured-in picture of himself from another. Father Christmas left, promising to come back to see them on Christmas Eve!



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## February half term 2022

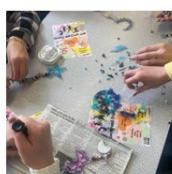
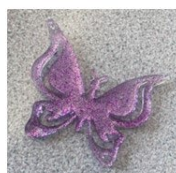


### PROJECT CASE STUDY

## 2022 Half term sewing and craft workshop



Making resin dream catchers.



"I have never used resin or a hand drill before, I am really proud of what I have made".

During February half term 2022, seven young people attended a half term Sewing and Craft workshop, organised by Youth Dream, held at The Bridge Youth Support Centre.

Experienced staff taught young people to create resin dream catchers, allowing them to make, mold and set their own resin, drill holes using hand tools and fasten it together with beads and craft wire.

Many of the young people in attendance shared that they had no other plans over the half term break and were not aware of any other workshops or projects running locally, making them grateful for the opportunity of something fun to do on their week off.

Every young person that attended was also given the opportunity to join Youth Dream's weekly Sewing and Craft club during term time, to learn even more creative skills!



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: TheBridge@youthdream.co.uk  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: info@youthdream.co.uk  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



# The Hidden Garden

## Easter workshop

Join us during half term to make amazing animal houses for your garden!

The Hidden Garden behind  
The Bridge Support Centre

School lane, Selsey

PO20 9EH

Age 8+

April 14th + 21st  
11am - 3pm

Please bring a packed lunch  
Limited spaces available

**FREE**

To book, please call us on 01243608943





**PROJECT  
CASE  
STUDY**

**Sewing and Craft Club  
Easter Workshop**

"I'm so proud of what I have made. I am going to use it all of the time and I'm going to give my card to my nan."

During the second week of the Easter Holidays 2022, Sewing and Craft Club participated the running of workshops. This workshop was available to young people over the age of 8, although numbers were limited, everyone was welcomed to have the chance to participate.

The young people were invited to join in of the making of cards and the process of creating vinyl designed bags. This was an opportunity to learn new skills, have freedom, and showcase their individual creativity. The young people interacted with others from different schools, encouraging friendships and the development of social skills.

The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
 Telephone: 01243 608943 E-mail: TheBridge@youthdream.co.uk  
 Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
 Telephone: 01243 206166 E-mail: info@youthdream.co.uk  
 Youth Dream (Selsey) Limited Registered in England and Wales  
 Company Registration No. 8753886 Registered Charity No. 1155882





# Youth Dream Summer Activities



MONDAY MORNING MOVIES		TUESDAY SEWING AND CRAFT CLUB		THURSDAY GARDEN CLUB & YOUTH CLUB		FRIDAY INSIDE / OUTSIDE	
25th July	<b>INSIDE OUT</b> 10am-12.05pm Movie begins at 10.30am Selsey Football Club Tuck shop available	26th July	<b>RESIN</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch	28th July	<b>GARDENING &amp; ANIMAL HOUSE MAKING</b> 10AM-2PM The Bridge Youth Support Centre Please bring a packed lunch  <b>YOUTH CLUB</b> 4.30pm-5.30pm / Selsey Football Club £1.50 entry / Tuck shop available	29th July	<b>BUSCUIT MAKING AND OUTSIDE ACTIVITY</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch
1st August	<b>MRS DOUBTFIRE</b> 10am-12.30pm Movie begins at 10.30am Selsey Football Club Tuck shop available	2nd August	<b>NEEDLE FELTING</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch	4th August	<b>GARDENING &amp; ANIMAL HOUSE MAKING</b> 10AM-2PM The Bridge Youth Support Centre Please bring a packed lunch  <b>YOUTH CLUB</b> 4.30pm-5.30pm / Selsey Football Club £1.50 entry / Tuck shop available	5th August	<b>PIZZA MAKING AND OUTSIDE ACTIVITY</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch
8th August	<b>UP</b> 10am-12.10pm Movie begins at 10.30am Selsey Football Club Tuck shop available	9th August	<b>VINYL BAGS AND T-SHIRTS</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch	11th August	<b>GARDENING &amp; ANIMAL HOUSE MAKING</b> 10AM-2PM The Bridge Youth Support Centre Please bring a packed lunch  <b>YOUTH CLUB</b> 4.30pm-5.30pm / Selsey Football Club £1.50 entry / Tuck shop available	12th August	<b>FAIRY CAKES, FRUIT KEBABS AND OUTSIDE ACTIVITY</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch
15th August	<b>Mamma Mia</b> 10am-12.20pm Movie begins at 10.30am Selsey Football Club Tuck shop available	16th August	<b>BUTTON CANVASES</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch	18th August	<b>GARDENING &amp; ANIMAL HOUSE MAKING</b> 10AM-2PM The Bridge Youth Support Centre Please bring a packed lunch  <b>YOUTH CLUB</b> 4.30pm-5.30pm / Selsey Football Club £1.50 entry / Tuck shop available	19th August	<b>SAVOURY PASTRIES AND OUTSIDE ACTIVITY</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch
22nd August	<b>MONSTERS INC</b> 10am-12.05pm Movie begins at 10.30am Selsey Football Club Tuck shop available	23rd August	<b>KEY RING DREAM CATCHERS</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch	25th August	<b>FAT BIRD FOOD BALLS/WILDLIFE BUTTERFLIES</b> 10AM-2PM The Bridge Youth Support Centre Please bring a packed lunch  <b>YOUTH CLUB</b> 4.30pm-5.30pm / Selsey Football Club £1.50 entry / Tuck shop available	26th August	<b>COOKIE MAKING AND OUTSIDE ACTIVITY</b> 10am-2pm The Bridge Youth Support Centre Please bring a packed lunch

**Booking**  
**ESSENTIAL**  
 please call  
**01243 608943**

**Age 8+**



**FREE**

**limited**  
**spaces**  
**available**

**Donations welcome via <https://wonderful.co.uk/pay?ref=1155982> or our donation pots**



## After school and extra-curricular activities and clubs

VOICE Mondays 3.00pm – 4.00pm Since 22 November 2021, young people attended 178 times.



**VOICE**

Voice | Of | Individuality | Community | Education

**WHO ARE WE?**

WE ARE AN INCLUSIVE GROUP THAT WORKS WITH CHARITIES IN SELSEY AND SURROUNDING AREAS TO SUPPORT, EDUCATE AND EMPOWER LGBTQ+ INDIVIDUALS AND ALLIES.

**WHAT DO WE DO?**

WE AIM TO CREATE AND MAINTAIN A SAFE ENVIRONMENT FOR INDIVIDUALS TO EXPRESS THEMSELVES, LEARN ABOUT ISSUES SURROUNDING LGBTQ+, AND DEVELOP A SENSE OF COMMUNITY AND SUPPORT.

**WHERE AND WHEN?**

WE MEET EVERY MONDAY FROM 22ND NOVEMBER 2021, 3-4PM @ THE BRIDGE YOUTH SUPPORT CENTRE.

**OPEN TO EVERYONE - FREE TO ATTEND**

**Address:** Selsey Care Shop, 121 High Street, Selsey PO20 0QB **Tel:** 01243 201616  
**Opening Hours:** Mon to Fri 9.00am - 4.00pm Sat 9.00am - 1.00pm Sun 10.00am - 1.00pm  
**Email:** mail@selseycommunityforum.uk **Web:** www.selseycommunityforum.uk

Selsey Community Forum Registered Charity No. 1156460. Youth Dream Registered Charity No. 1153982



## VOICE

**Voice  
Of  
Individuality,  
Community  
Education**

I found my  
VOICE in  
Selsey

**Voice  
Of  
Individuality,  
Community  
Education**

I found my  
VOICE in  
Selsey



"I can be  
me,  
without  
any  
judgement,  
in a safe  
place."

It was seen throughout interactions with young people with in the local area, that there was a need for a space in which personal expression, diversity and self development could be explored.

VOICE aims to create a safe and stimulating space to honour diversity, self-love and self-care. Welcoming 11-16 year olds from all backgrounds to share experiences of the LGBTQ+ community, as well as socialise, make new friends and learn about the growing diversity in the community. Various activities are held to explore feelings, expression, inclusion, diversity, equality and self-care. We have also welcomed and enjoyed guest speakers.

Sessions are held once a week after school during term time at The Bridge Youth Support Centre. These meetings are free to ensure anyone who wishes to attend, can do so.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



### Sewing and Craft Tuesdays 3.00pm – 4.30pm

The Sewing and Craft Club began approximately 6 years ago and is run by volunteers. It is self-funding and pays no rent or room bookings as sessions are held in the school. It owns several sewing machines and has an average of 10 regular pupils. In 2022, young people attended 189 times.

A vibrant poster for the 'Sewing and Craft club'. The background features a collage of sewing-related items: spools of thread in various colors (pink, green, yellow), a measuring tape, and a pair of scissors. At the top, silhouettes of four young people are shown in dynamic, jumping poses, surrounded by colorful paint splashes. The text is arranged in colorful, cloud-like shapes. The title 'Sewing and Craft club' is in large, bold, black letters. Below it, an orange cloud contains the text 'Tuesday's 3pm-4:30pm'. A pink cloud contains the address 'The Academy, Selsey, PO20 9EH Room 27'. A yellow cloud contains the text '£1 per session' and 'Limited spaces available'. At the bottom right, a yellow cloud contains the phone number '01243608943'. In the top right corner, there is a Facebook logo and the text 'Youthdream-Selsey'. In the bottom left corner, there is a small logo for 'Youth Dream' featuring silhouettes of people.





 Youth dream-Selsey

# **SELSEY YOUTH CLUB**

**Age 9-12**

**£1.50 entry fee**

**Every Thursday  
4:30pm-5:30pm**

**Selsey Football and Social Club  
(next to CO-OP)  
High Street  
Selsey, PO20 0QG**







**COMMUNITY FUND**

 **01243 608943**



## PROJECT CASE STUDY

# Selsey Youth Club opening

A new youth club opened for 9-12 year olds in school years 5, 6 and 7.



After extensive research into what young people in the area wanted in the form of youth services and extra curricular activities in Selsey, as well as what their main worries and concerns were, Youth Dream decided to open a youth club for young people aged 9-12. As many young people attending junior school shared that they were particularly anxious about their transition to senior school, we targeted the youth club at school years 5, 6 and 7, to aid in young people building relationships and making friends with peers that can support them in their transition, offer advice, and act as a 'buddy' in their new schools. As well as supporting young people's emotional wellbeing, the youth club provides a great opportunity for young people to learn new art and craft skills, develop their life skills and take part in sports.

To promote the youth club, posters were made and shared across social media, via local businesses and community information boards. One of our youth workers also visited local schools to promote the youth club and encourage young people to attend. This promotion was very successful leading to a total of 55 young people attending within the first 4 weeks, with one session reaching 43 young people in attendance, all from a range of local schools and mixed in age and gender.

As the youth club has continued to grow, we have successfully recruited a small team of volunteers, alongside paid members of staff, to ensure as many young people as possible can access the youth club. In addition, another way we have strived to make this as accessible as possible has been to allow families experiencing extreme poverty and deprivation to attend the club for free weekly, as well as offering a tuck shop with low cost snacks for young people to purchase if they wish.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982

	Selsey Youth Club (East)	Witterings Youth Club (West)
2022	365 (started April 28 <sup>th</sup> 2022)	Juniors 1179 Seniors 483



Gardening Club Fridays 3.00pm – 4.00pm

**Youth Dream**

**THE HIDDEN GARDEN**

**Selsey Community Forum**  
Reg. Charity 1156460

# Gardening Club

**FRIDAY - TERM TIME**  
**3:00-4:30PM**

**FREE**

**AGES 8+**

**THE BRIDGE YOUTH SUPPORT CENTRE**

**YOUTH DREAM-SELSEY**

**01243 608943**



**Follows – case studies for other projects run by Youth Dream and The Bridge Youth Support Centre**

**PROJECT  
CASE  
STUDY**

## **Alternative Youth entertainment**



January 2022 some Wittering schools reintroduced social bubbles to prevent the spread of COVID 19. As a result the Witterings Youth Club closed.

Many high school students socialised outside of school, on a Thursday night where youth club would typically take place. In order to facilitate a safe space where youths could spend time together and social distance Youth Dream hosted a T.V night with food drinks and popcorn.

This event was advertised on Facebook one hour before and reached the parents of the young people who were encouraged by their parents to attend.

Five youths attended and expressed that they had a great time, one youth said “ Can we make this a regular thing even with youth club?”



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



**PROJECT  
CASE  
STUDY**

## **Detached Youth Work- Litter Picking**



May Half Term 2022 – Some youths found themselves sitting in the Bracklesham Barn frustrated with boredom. After a short discussion with the four young people, the Youth Worker took the small group across the field, picking up pieces of rubbish with litter pickers. The young people found the activity fun, engaging and constructive.

Before finishing the activity the young people discussed their dismay at the amount of rubbish left in the field and discussed the impacts this might have on local environment, including animals and flowers. This demonstrated that this activity was thought-provoking, and encouraged the youths to think more about the environment.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Selsey Business Centre, 3 The Bridle Way, Selsey, West Sussex, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



PROJECT  
CASE  
STUDY

## Residential Support



East Wittering Primary School celebrated their 2022 leavers with a residential trip for the year 6's to Lodge Hill – an outdoor activity centre.

The Youth Worker accompanied the students for 2 nights to provide support to students. During this time, the youth worker was able to support students socially, emotionally and physically while participating in adventurous activities. This trip was successful as all of the students had a great time and exercised their challenge by choice options.

*"I would like to thank you for all your support during the residential to Lodge Hill. Your drive and enthusiasm inspired many children to take part in activities, which they would normally shy away from."*

Deputy Head Teacher



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Selsey Business Centre, 3 The Bridle Way, Selsey, West Sussex, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



PROJECT  
CASE  
STUDY

## Smores Activity



East Wittering Primary School residential trip – Youth Worker, Robbie planned a fire safety and smores activity before the leavers disco.

During this activity, young people had an opportunity to consider fire safety by engaging with an activity that required the youths to manage their materials and maintain a safe distance. Some youths were a little nervous about this activity, however with the youth Worker's support, was able to overcome these anxieties.

Deputy Head Teacher - *"The children really enjoyed the smore items you bought for them all to enjoy making around the campfire".*



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Selsey Business Centre, 3 The Bridle Way, Selsey, West Sussex, PO20 0RS  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



**PROJECT  
CASE  
STUDY**

# Online Leisure Directory

Club  
Contact  
When  
Where



[https://mplesiured  
irectory.youthdrea  
m.co.uk](https://mplesiuredirectory.youthdream.co.uk)

The Youth Provision Strategy for the Manhood Peninsula 2021 – 2024, identified many clubs and activities that they wanted. This ranged from sports clubs to gardening clubs, girl's football to weight-loss clubs, karate to dance and theatre.

However, many of these clubs already existed across the Peninsula and this told the Youth Information Partnership, that the young people did not know these clubs existed.

As a result, the Manhood Peninsula Youth Leisure Directory was created with domains and software purchased to make it happen.

The website is constantly monitored and maintained.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



# Manhood Peninsula Leisure Directory

**ARE YOU BORED?**

**WANT TO TRY SOMETHING NEW?**

**FIND OUT WHATS HAPPENING IN YOUR NECK OF THE WOODS.**

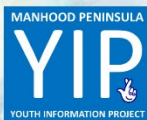
**THE PLACE TO FIND YOUR NEXT NEW THING...**

**SCAN THE QR CODE**



**OR FOLLOW THE LINK:**

[mpleasuredirectory.youthdream.co.uk](http://mpleasuredirectory.youthdream.co.uk)





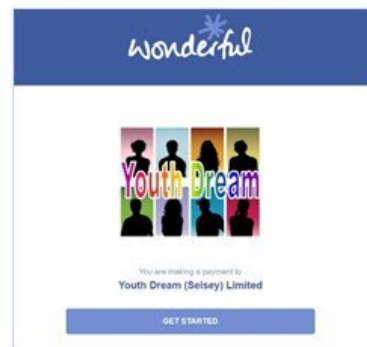
## PROJECT CASE STUDY

# Youth Dream Facebook and donation page

Youth Dream  
– Selsey  
Facebook  
page, set up  
as a  
charitable  
organisation



A public donation  
page, supplied by  
wonderful.co.uk  
has been created



As part of our aim this year to increase community awareness of Youth Dream and in turn increase donations, we have set up a new Facebook page to represent and showcase the charity.

Previously, Youth Dream's Facebook account was set up as an individual person as opposed to a charitable organisation. This made it difficult for clients to find the page, for Youth Dream receive donations and limited engagement with posts on the page. In January 2022, we therefore set up a new page that listed Youth Dream as a charitable organisation, allowing the community to like and follow the page, receive updates about our provision and find information about us more easily, all whilst making it more easily recognisable that we function as a charity, which we felt many people were previously unaware of.

Alongside our new Facebook page we have also set up an online donating facility via the website [www.wonderful.co.uk](http://www.wonderful.co.uk), allowing people to send us donations easily, via the link which we have shared on the Facebook page. Since creating these platforms we have had three online donations from parents of young people who are supported by us.



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



## PROJECT CASE STUDY

# Partition

59%  
demand  
increase  
since  
March  
2020  
(lockdown)



From March 2020 until June 2022, there has been a demand increase of 59% for mentoring and counselling. In order to meet this need, we needed more counselling, mentoring and 1-2-1 space. As a solution, in The Easter Holidays (2022), a partition was erected in the lounge space creating a second counselling room. This new room gave dedicated space for at least 30 more sessions per week. This has allowed Youth Dream to provide more mentoring for young people in need. The problem of finding available space to see young people has now been solved (for the time being!).



The Bridge Youth Support Centre, c/o The Academy (Selsey), School Lane, Selsey, West Sussex, PO20 9EH  
Telephone: 01243 608943 E-mail: [TheBridge@youthdream.co.uk](mailto:TheBridge@youthdream.co.uk)  
Registered Office: Unit E Penny Lane, 118 High Street, Selsey, West Sussex PO20 0QG  
Telephone: 01243 201616 E-mail: [info@youthdream.co.uk](mailto:info@youthdream.co.uk)  
Youth Dream (Selsey) Limited Registered in England and Wales  
Company Registration No. 8752886 Registered Charity No. 1155982



### **Multi-Agency Meetings – PGC Selsey**

The Bridge Manager attends with the Deputy Head of The Academy Selsey, multiagency meetings to include Sussex Police, Chichester District Council Community Warden (Selsey), Chichester District Council Communities Team, Youth Offending Team and West Sussex County Council Family Link workers. The purposes of this meeting are to identify young people who are gaining Police attention or attention in the community for anti-social behaviour and share intelligence.

These meetings have proven so successful during 2021 through to 2022 that they have been suspended until September 2022 due to a lack of need – which is an amazing accomplishment for all the agencies involved.

### **First Aid Training**

All staff requiring their First Aid certificates to be updated, have undergone further training.



## SAFEGUARDING PROVISION

Youth Dream has a comprehensive Safeguarding Policy, which is reviewed and updated annually. This is kept in the The Bridge Office, is available at all times and all Bridge staff must read it and sign to confirm that they have done so, along with all the other policies and procedures held by Youth Dream.

Youth Dream will not hesitate to report any concerns regarding a young person to The Academy Selsey, social services and / or MASH (West Sussex Multi Agency Safeguarding Hub), depending on relevance. All safeguarding referrals are minuted in a weekly staff Team Meetings and Case Conferences and Trustees are informed monthly at their meetings of any safeguarding referrals made.

Relevant staff attend meetings or provide reports regarding clients with The Academy Selsey, Social Services including Child Protection, to ensure a holistic approach for the child in need.

Debz Greenwood, a Trustee and Director of Youth Dream, is the Safeguarding Lead and Kim Long, the Manager of The Bridge, is the Safeguarding Officer. Both have undergone training with Safety Net, Brighton.

In addition, all staff and Trustees are invited to undertake the West Sussex online Safeguarding Training. This invitation is also extended to all partners in the Youth Information Project Partnership.





**YOUTH DREAM SELSEY LTD  
DIRECTORS' REPORT AND  
UNAUDITED ABRIDGED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

Phoenix Accounting Services Ltd

MAAT

3 Selsey Bus Ctr  
Selsey  
Chichester  
PO20 0RS



**Youth Dream Selsey Ltd**  
**Directors' Report and Unaudited Abridged Financial Statements**  
**For The Year Ended 31 December 2021**

---

**Contents**

	<b>Page</b>
Company Information	1
Directors' Report	2
Accountant's Report	3
Abridged Income and Expenditure Account	4
Abridged Balance Sheet	5
Notes to the Abridged Financial Statements	6—7
The following pages do not form part of the statutory accounts:	
Abridged Detailed Income and Expenditure Account	8



**Youth Dream Selsey Ltd  
Company Information  
For The Year Ended 31 December 2021**

---

<b>Directors</b>	Ms Anna Gaymer Mr John Fletcher Mr Christopher Williams Mrs Susan Cooper Mr Lee Sharp Mr Chris Taite Ms Gemma Hinton Miss Kate Grant
<b>Company Number</b>	8752886
<b>Registered Office</b>	121 High Street Selsey West Sussex PO20 0QB
<b>Accountants</b>	Phoenix Accounting Services Ltd MAAT 3 Selsey Bus Ctr Selsey Chichester PO20 0RS



**Youth Dream Selsey Ltd**  
**Company No. 8752886**  
**Directors' Report For The Year Ended 31 December 2021**

---

The directors present their report and the financial statements for the year ended 31 December 2021.

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations. Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Directors**

The directors who held office during the year were as follows:

Ms Anna Gaymer

Mr John Fletcher

Mr Christopher Williams

Mrs Susan Cooper

Mr Lee Sharp

Mr Chris Taite

Ms Gemma Hinton

Miss Kate Grant

APPOINTED 01/01/2021

APPOINTED 01/01/2021

APPOINTED 01/01/2021

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

By order of the board

-----

11/05/2022



**Youth Dream Selsey Ltd  
Accountant's Report  
For The Year Ended 31 December 2021**

---

**Report of the Accountant to the directors of Youth Dream Selsey Ltd**

These financial statements have been prepared in accordance with our terms of engagement and in order to assist you to fulfil your duties under the Companies Acts that relate to preparing the financial statements of the company for the year ended 31 December 2021.

We have prepared these financial statements based on the accounting records, information and explanations provided by you. We do not express any opinion on the financial statements.

On the Balance Sheet you have acknowledged your duties under the prevailing Companies Acts to ensure that the company keeps adequate accounting records and prepares financial statements that give "a true and fair view".

You have determined that the company is exempt from the statutory requirement for an audit for this accounting year. Therefore, the financial statements are unaudited.

The financial statements are provided exclusively to the directors for the limited purpose mentioned above, and may not be used or relied upon for any other purpose or by any other person, and we shall not be liable for any other usage or reliance.

Signed

-----

**Phoenix Accounting Services Ltd**

11/05/2022

Phoenix Accounting Services Ltd  
MAAT  
3 Selsey Bus Ctr  
Selsey  
Chichester  
PO20 0RS



**Youth Dream Selsey Ltd**  
**Abridged Income and Expenditure Account**  
**For The Year Ended 31 December 2021**

---

	Notes	2021 £	2020 £
<b>GROSS SURPLUS</b>		59,681	11,407
Administrative expenses		(20,255)	(7,489)
<b>OPERATING SURPLUS</b>		39,426	3,918
Other interest receivable and similar income		6	20
<b>SURPLUS FOR THE FINANCIAL YEAR</b>		39,432	3,938

The notes on pages 6 to 7 form part of these financial statements.



**Youth Dream Selsey Ltd**  
**Abridged Balance Sheet**  
**As at 31 December 2021**

		2021	2020
	Notes	£	£
<b>FIXED ASSETS</b>			
Tangible Assets	3	635	520
		635	520
<b>CURRENT ASSETS</b>			
Debtors		1,451	4,079
Cash at bank and in hand		94,833	51,835
		96,284	55,914
<b>Creditors: Amounts Falling Due Within One Year</b>		(199)	(1,796)
<b>NET CURRENT ASSETS (LIABILITIES)</b>		96,085	54,118
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		96,720	54,638
<b>NET ASSETS</b>		96,720	54,638
Income and Expenditure Account		96,720	54,638
<b>MEMBERS' FUNDS</b>		96,720	54,638

For the year ending 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

All of the company's members have consented to the preparation of an Abridged Income and Expenditure Account and an Abridged Balance Sheet for the year end 31 December 2021 in accordance with section 444(2A) of the Companies Act 2006.

On behalf of the board

-----

11/05/2022

The notes on pages 6 to 7 form part of these financial statements.



**Youth Dream Selsey Ltd**  
**Notes to the Abridged Financial Statements**  
**For The Year Ended 31 December 2021**

---

**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**1.2. Turnover**

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

**Sale of goods**

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

**Rendering of services**

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

**1.3. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% SL
---------------------	--------

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows:

	2021	2020
Office and administration	8	8
	8	8

**3. Tangible Assets**

	Total £
<b>Cost</b>	
As at 1 January 2021	5,081
Additions	474
As at 31 December 2021	5,555
<b>Depreciation</b>	
As at 1 January 2021	4,561
Provided during the period	359
As at 31 December 2021	4,920
<b>Net Book Value</b>	
As at 31 December 2021	635
As at 1 January 2021	520



**Youth Dream Selsey Ltd**  
**Notes to the Abridged Financial Statements (continued)**  
**For The Year Ended 31 December 2021**

---

**4. Reserves**

Youth Dream (Selsey) Ltd operates a three year business plan with a fundraising strategy and business risk assessment. Each year a budget of income and expenditure is prepared with the expectation of all monies to be spent on the charities aims. The only exception to this is that £4000.00 is ring fenced to pay for closure costs should the charity fail to sustain any funding opportunities. This is reviewed each month at the directors meetings. The reserve balance is to always maintain 6 months expenditure and is monitored regularly so that actions can be implemented should they near this figure.

**5. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £10.

**6. Grant Analysis**

Grants Received withing in the year were as follows :-

Clarions 1250.00  
Groundworks UK 2000.00  
PCC for sussex 3000.00  
True colours 1250.00  
Sussex community 5000.00  
SCF food forum 4000.00  
E Wit & Brack 10000.00  
Lottery 53349.00  
Sussex community 10000.00  
Clarions 1250.00  
Groundwork 1600.00  
WSCC 15180.00  
Northampton LPC 146.00  
Clarions Futures 1250.00  
TH ER KL T SW F 5000.00  
WWSC 5060.00  
CIN 10000.00  
Clarions 2000.00  
Clarions 1250.00  
Lottery 53349.00  
CDC 5000.00  
Sussex Community trust 4000.00  
Groundwork 400.00  
Henry Smith 4000.00  
Ferry Farm 1000.00  
Ferry Farm 500.00

**7. General Information**

Youth Dream Selsey Ltd is a private company, limited by guarantee, incorporated in England & Wales, registered number 8752886. The registered office is 121 High Street, Selsey, West Sussex, PO20 0QB. The charity number is 1155982



**Youth Dream Selsey Ltd**  
**Abridged Detailed Income and Expenditure Account**  
**For The Year Ended 31 December 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>TURNOVER</b>				
Grants and subsidies received		200,834		124,746
Other trading income		21,825		2,073
		<u>222,659</u>		<u>126,819</u>
<b>COST OF SALES</b>				
Purchases	28,648		8,196	
Subcontractor costs	5,630		2,725	
Wages and salaries	128,700		101,106	
Employers pensions - defined benefit schemes	-		2,379	
Travel and subsistence expenses	-		1,006	
		<u>(162,978)</u>		<u>(115,412)</u>
<b>GROSS SURPLUS</b>		59,681		11,407
<b>Administrative Expenses</b>				
Staff training	-		30	
Rent	8,160		2,687	
Repairs and maintenance	5,075		20	
Cleaning	-		125	
Computer software, consumables and maintenance	300		403	
Insurance	2,069		2,036	
Telecommunications and data costs	914		568	
Website costs	-		57	
Accountancy fees	(41)		485	
Legal fees	2,946		695	
Consultancy fees	-		105	
Depreciation	360		261	
Sundry expenses	472		17	
		<u>(20,255)</u>		<u>(7,489)</u>
<b>OPERATING SURPLUS</b>		39,426		3,918
<b>Other interest receivable and similar income</b>				
Bank interest receivable	6		20	
		<u>6</u>		<u>20</u>
<b>SURPLUS FOR THE FINANCIAL YEAR</b>		<u>39,432</u>		<u>3,938</u>





**Section A**

**Independent Examiner's Report**

**Report to the  
trustees/directors/  
members of**

Charity Name  
Youth Dream (Selsey) Ltd

**On accounts for the  
year ended**

31<sup>st</sup> December 2021

**Charity no.:**

1155982

**Company no.:**

8752886

**Set out on pages**

1-2

(remember to include the page numbers of additional sheets)

**Responsibilities and  
basis of report**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31/12/2020.

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

**Independent  
examiner's  
statement**

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).



I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

**Name:**

**Relevant  
professional  
qualification(s) or  
body (if any):**

**Address:**

## Section B

## Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

---



**Give here brief details of any items that the examiner wishes to disclose.**