

COMPANY REGISTRATION NUMBER: 08151495
CHARITY REGISTRATION NUMBER: 1155885

Cardiff Young Men's Christian Association
Company Limited by Guarantee
Financial Statements
31 March 2025

CARSTON ETL

Chartered accountants & statutory auditor
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2025

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Cardiff Young Men's Christian Association

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	Cardiff Young Men's Christian Association	
Charity registration number	1155885	
Company registration number	08151495	
Principal office and registered office	Cardiff YMCA The Walk Roath Cardiff CF24 3AG	
The trustees	Mr D Coles - Chairperson Mr D Joyce Mrs E Powell Mr A Farah Ms A Johnson Ms HS Dodoo Ms J Green Miss MH Williams Mr O Ajayi-Obanew Ms R Wooley Mr ZJ Arnold	<i>Resigned 31 March 2025</i> <i>Resigned 31 March 2025</i> <i>Resigned 14 October 2025</i> <i>Resigned 9 September 2025</i>
Company secretary	Andrew Templeton	
Auditor	Carston ETL Chartered accountants & statutory auditor 1st Floor, Tudor House 16 Cathedral Road Cardiff CF11 9LJ	
Bankers	Lloyds TSB Bank plc 1-4 The Globe Centre Wellfield Road Roath Cardiff	
Solicitors	Morgan Cole Bradley Court Park Place Cardiff CF1 3DP	

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard for the Charity Commission's guidance on public benefit.

Summary of charity's objects

The objects of the association arise from its acceptance of the Paris basis of 1855 incorporated into the national statement of the aims and purposes of the YMCA in Wales, adopted as part of these articles namely:

"the YMCA is a worldwide Christian, ecumenical, voluntary movement for people with special emphasis on the genuine involvement of young people and that it seeks to share the ideal of building a human community of justice with love, peace and reconciliation for the fullness of life for all creation"

It welcomes into its fellowship persons of all religious faiths and of none. In accordance with its Christian values the YMCA stands for:

- a worldwide fellowship based on the equal value of all persons;
- respect and freedom for all, tolerance and understanding between people of different opinions; and
- active concern for the needs of the community.

As the expression of its Christian purposes the YMCA aims to:

- provide a welcome to its members for themselves in a meeting place which is theirs to share, where friendships can be made and counsel sought;
- develop activities which stimulate and challenge members in an environment that enables them to take responsibility to find a sense of achievement;
- involve all members in the care and work for others; and
- create opportunities for exchanging views so that members can improve their understanding of the world, of themselves and of one another.

Accordingly, the objects of the association are:

- to provide or assist in the provision in the interest of social welfare of facilities for residential or recreational use and other leisure time occupation for men and women with the object of improving their condition of life;
- to provide or assist in the provision of education for persons of all ages with the object of developing their physical, mental and spiritual capacity; and
- to relieve or assist in the relief of persons of all ages who are in conditions of need, hardship or distress by reason of their social, physical or economic circumstances.

Whilst we provide inter-generational services for the whole community, the priority is young people, particularly in times of need.

Although the origins of our organisation come from a Christian basis, we welcome people of all faiths and beliefs and of none to use our services. We are an organisation that values diversity and promotes equal opportunities.

Strategy for achieving the objects

The charity continues to run support programmes across Cardiff and the Vale of Glamorgan. Its focus remains on supporting young carers, generic youth work and sexual health awareness and education for young people. Within the year, it has also worked strategically with its partner organisation, Cardiff YMCA Housing Association to start housing support programmes for unaccompanied asylum seekers and more generally, young people at risk of homelessness.

Cardiff Young Men's Christian Association

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities *(continued)*

The current strategic plan for the charity is now in its second year (2024-27). Whilst economic and funding uncertainty remains, the charity remains committed to its merger with Cardiff YMCA Housing Association. This merger will not only strengthen its financial resilience, but also provide it with a Registered Social Landlord status, that will transfer over to the charity with the merger. Similarly, the charity remains engaged with a broader strategic discussion around the YMCA movement across Wales and how best to maintain the YMCAs charitable footprint and impact across the country.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

ACHIEVEMENTS AND PERFORMANCE

Over the past 12 months, the charity has maintained its work in the fields of young carers, sexual health, gender equality projects and youth work. These mainstay projects continue to provide ongoing support or those at risk or most vulnerable across Cardiff and the Vale of Glamorgan. In addition, the charity's social enterprise arm, YMCA Plas continues to operate successfully and serve the needs of the local community and young people in the area. During the year, the charity successfully retained its Welsh Government Youth Work Quality Mark (Bronze award) alongside its existing Silver and Gold awards.

Through its partnership with Cardiff YMCA Housing Association, where it supports young people at risk of homelessness, the charity now supports young unaccompanied asylum seekers across Cardiff. This has resulted in housing and youth work support combining to support those at risk of homelessness in the city in YMCA accommodation as well as in our community centre. It is hoped more such projects can start in the near future.

YMCA Cardiff, through its CEO and board continues to play a leading role in the continued development of YMCAs across Wales. After 8 years at the helm of chairing YMCA Cymru meetings, its CEO stepped down from this role during the year to focus more on the day-to-day work of YMCA Cardiff. YMCA Cardiff however remains a key player in the Welsh YMCA movement.

Further work has been undertaken by both YMCA boards during the year on the merger of both YMCAs. The risks highlighted last year in the housing sector on EICR related issues have now been largely resolved. It is therefore expected that this merger, following final Financial Conduct Authority (FCA) approval will be finalised from 1 February 2026, finally creating a unified YMCA Cardiff.

FINANCIAL REVIEW

Financial Position - review at the end of the reporting period

Total income for the year was £737,422 (2024: £784,100). The main source of income is donations and grants received which amounted to £415,212 (2024: £458,674). Other sources of income relate to the service level agreements and investment income from rental of room hire etc.

The amount of total expenditure for the year was £796,048 (2024: £822,532). There has been an increase in wages costs and youth activity costs resulting from an increase in funding received for those services.

Total net expenditure and net movement in funds amounts to £58,626 (2024: £38,432).

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Financial review *(continued)*

Reserves Policy

It is the policy of the Charity to make a small surplus each year. This provides sufficient funds to cover management, administration and support costs, together with any exceptional or unplanned expenditure.

The financial reserves set aside since the formation of the Charity provide financial stability and the means for the development of the Charity's activities.

At the year end the reserves position is as follows:

Unrestricted reserves	£268,332	(2024: £268,939)
Designated reserves	£233,493	(2024: £233,493)
Restricted reserves	£501,852	(2024: £559,871)

Unrestricted free reserves amount to £146,360 (2024: 132,542).

A designated fund contingency reserve has been set up by the trustees as a contingency measure to maintain reserves at a level, which is equivalent to 6 months of budgeted expenditure, which is approximately £100,000. There are also further designated reserves of £120,000 for any further Plasnewydd development capital costs and £13,493 towards the merger. The total amount of designated reserves are £233,493 (2024: £233,493).

Restricted reserves include Plasnewydd Centre development grants of £402,208 (2023: £411,317). An amount of £580,883 has been expended to date and capitalised as land and buildings. The reserve will reduce annually by a depreciation charge now construction has been fully completed.

Brief review of the charity's financial position

Sufficient funds are available to ensure that the Charity will continue in operation for the foreseeable future.

Risk Management

The Board of Directors actively review the major risks which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Board of Directors have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

PLANS FOR FUTURE PERIODS

The charity is committed to post merger consolidating its new unified status and ensuring all service areas remain unaffected.

A review of its core aims and objectives will follow throughout 2026 as well as a refresh of the charity's current strategic plan, scheduled to run through to 2027.

The charity intends to continue to grow its housing stock and service programmes to continue to adapt the ongoing needs of the communities and people it serves.

Cardiff Young Men's Christian Association

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The predecessor charity, Cardiff YMCA, was formed in 1844 and registered as a charity on the 30 December 1966. The Cardiff Young Men's Christian Association was incorporated on 20 July 2012 under the Companies Act 2006 and registered as a charity on 21 February 2014. It started to operate on the 1 April 2014 having taken over the assets, liabilities and activities of the predecessor charity. Whilst the YMCA now has a new charity number and legal structure, the remit of the organisation and its work remains unchanged.

The Cardiff Young Men's Christian Association is a charitable company limited by guarantee and as such is governed by a memorandum and articles of association.

Recruitment and appointment of Trustees

The Board of Directors are also Charity Trustees for the purposes of charity law. Under the constitution, the Chairperson shall normally serve for a maximum period of five consecutive years. Each year one third of the elected members of the Board shall retire in rotation according to seniority of holding office at the Annual Business Meeting and are eligible for re-election.

Organisation Structure

The Cardiff YMCA directors also the charity trustees, are legally responsible for the overall management and control and meet at least 10 times per year. The work of implementing most of their policies is carried out by the members of the Finance Committee and the Chief Executive, who meet as and when required.

The day to day running of the Charity is delegated to the Chief Executive who attends all Board meetings and Sub-Committee Meetings.

Events after the end of the reporting period

Particulars of events after the reporting date are detailed in note 24 to the financial statements.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP 2019 (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Auditor

The auditor is deemed to have been re-appointed in accordance with section 487 of the Companies Act 2006.

The trustees' annual report and the strategic report were approved on 11 November 2025 and signed on behalf of the board of trustees by:

Trustee.....

NameABDI FARAH

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Independent Auditor's Report to the Members of Cardiff Young Men's Christian Association

Year ended 31 March 2025

Opinion

We have audited the financial statements of Cardiff Young Men's Christian Association (the 'charitable company') for the year ended 31 March 2025 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Cardiff Young Men's Christian Association

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Independent Auditor's Report to the Members of Cardiff Young Men's Christian Association *(continued)*

Year ended 31 March 2025

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We identified and assessed the risks of material misstatement of the financial statements from irregularities, whether due to fraud or error, and discussed these between our audit team members. We then designed and performed audit procedures responsive to those risks, including obtaining audit evidence sufficient and appropriate to provide a basis for our opinion.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Independent Auditor's Report to the Members of Cardiff Young Men's Christian Association (continued)

Year ended 31 March 2025

We design our procedures so as to obtain sufficient appropriate audit evidence that the financial statements are not materially misstated due to non-compliance with laws and regulations or due to fraud or error.

We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations - this responsibility lies with management with the oversight of the Trustees.

Based on our understanding of the charitable company and the charity sector, discussions with management and trustees we identified financial reporting standards, Charities Act 2011 and Companies Act 2006 as having a direct effect on the amounts and disclosures in the financial statements. As part of the engagement team discussion about how and where the charitable company's financial statements may be materially misstated due to fraud, we did not identify any areas with an increased risk of fraud.

Our audit procedures included:

- completing a risk-assessment process during our planning for this audit that specifically considered the risk of fraud;
- enquiry of management about the charitable company's policies, procedures and related controls regarding compliance with laws and regulations and if there are any known instances of non-compliance;
- examining supporting documents for all material balances, transactions and disclosures;
- enquiry of management, about litigations and claims and inspection of relevant correspondence;
- analytical procedures to identify any unusual or unexpected relationships;
- specific audit testing on and review of areas that could be subject to management override of controls and potential bias, most notably around the key judgments and estimates, including the carrying value of accruals, provisions, grant making and revenue recognition;
- considering management override of controls outside of the normal operating cycles including testing the appropriateness of journal entries recorded in the general ledger and other adjustments made in the preparation of the financial statements including evaluating the rationale of significant transactions, outside the normal course of charitable activity.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Independent Auditor's Report to the Members of Cardiff Young Men's Christian Association *(continued)*

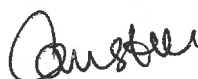
Year ended 31 March 2025

- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Farzana Ahmed (Senior Statutory Auditor)

For and on behalf of
Carston ETL
Chartered accountants & statutory auditor

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Dated: 24/11/2025

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	173,059	242,153	415,212	458,674
Charitable activities	6	—	140,000	140,000	128,000
Other trading activities	7	—	—	—	3,586
Investment income	8	175,133	—	175,133	186,261
Other income	9	7,077	—	7,077	7,579
Total income		<u>355,269</u>	<u>382,153</u>	<u>737,422</u>	<u>784,100</u>
Expenditure					
Expenditure on charitable activities	10,11	<u>355,876</u>	<u>440,172</u>	<u>796,048</u>	<u>822,532</u>
Total expenditure		<u>355,876</u>	<u>440,172</u>	<u>796,048</u>	<u>822,532</u>
Net expenditure and net movement in funds		<u>(607)</u>	<u>(58,019)</u>	<u>(58,626)</u>	<u>(38,432)</u>
Reconciliation of funds					
Total funds brought forward		502,432	559,871	1,062,303	1,100,735
Total funds carried forward		<u>501,825</u>	<u>501,852</u>	<u>1,003,677</u>	<u>1,062,303</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 14 to 27 form part of these financial statements.

Cardiff Young Men's Christian Association

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Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	16	524,975	548,509
Current assets			
Debtors	17	74,396	78,094
Cash at bank and in hand		465,013	503,433
		539,409	581,527
Creditors: amounts falling due within one year	18	60,707	62,733
Net current assets		478,702	518,794
Total assets less current liabilities		1,003,677	1,067,303
Creditors: amounts falling due after more than one year	19	—	5,000
Net assets		1,003,677	1,062,303
Funds of the charity			
Restricted funds		501,852	559,871
Unrestricted funds			
General funds		268,332	268,939
Designated funds		233,493	233,493
		501,825	502,432
Total charity funds	21	1,003,677	1,062,303

These financial statements were approved by the board of trustees and authorised for issue on 11 November 2025, and are signed on behalf of the board by:

Abdi Farah Sign

ABDI FARAH Print Name
Trustee

Daniel Colles Sign

DANIEL COLLES Print Name
Trustee

Company Registration Number: 08151495

The notes on pages 14 to 27 form part of these financial statements.

Cardiff Young Men's Christian Association

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Statement of Cash Flows

Year ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net expenditure	(58,626)	(38,432)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	23,534	24,545
Investment rental income	(175,133)	(186,261)
Interest payable and similar charges	—	113
Accrued expenses	3,436	12,007
<i>Changes in:</i>		
Trade and other debtors	3,698	(24,277)
Trade and other creditors	(10,462)	2,293
Cash generated from operations	(213,553)	(210,012)
Interest paid	—	(113)
Investment rental income	175,133	186,261
Net cash used in operating activities	<u>(38,420)</u>	<u>(23,864)</u>
Cash flows from investing activities		
Purchase of tangible assets	—	(23,001)
Net cash used in investing activities	<u>—</u>	<u>(23,001)</u>
Cash flows from financing activities		
Payments of finance lease liabilities	—	(768)
Net cash used in financing activities	<u>—</u>	<u>(768)</u>
Net decrease in cash and cash equivalents	(38,420)	(47,633)
Cash and cash equivalents at beginning of year	503,433	551,066
Cash and cash equivalents at end of year	<u>465,013</u>	<u>503,433</u>

The notes on pages 14 to 27 form part of these financial statements.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Cardiff YMCA, The Walk, Roath, Cardiff, CF24 3AG.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

After making reasonable enquiries and having considered the impact of various factors on the financial performance of the charity and its current performance, the Trustees believe that the charity will be able to continue to fulfil its charitable purpose, will be able to meet its liabilities as they fall due, and will have adequate resources to continue in operational existence for the foreseeable future. Accordingly, the trustees continue to adopt the going concern basis in preparing the financial statements.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds comprise accumulated surpluses and deficits on general funds that are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

Restricted funds comprise income received with special conditions attached. Income for a specific purpose not spent in any year is carried forward in the relevant fund.

Designated funds are unrestricted funds that the Trustees of the Charity have set aside, out of general funds and comprise sums of money for specific projects that can either be the updating of existing, or the development and piloting of new, charitable services.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Improvements to Property	-	2% and 10% straight line
Fixtures & Fittings	-	25% straight line
Motor Vehicles	-	20% straight line
Computer Equipment	-	33% straight line

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted. Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

4. Limited by guarantee

Each member of the Board of Trustees has undertaken to guarantee the Charity's debts to the sum of £1 each.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations - General	12,320	—	12,320
Donations - 1910 Successor Trustees	100,000	—	100,000
Grants			
Grants receivable	60,739	242,153	302,892
	<u>173,059</u>	<u>242,153</u>	<u>415,212</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations - General	3,154	—	3,154
Donations - 1910 Successor Trustees	100,000	—	100,000
Grants			
Grants receivable	9,468	346,052	355,520
	<u>112,622</u>	<u>346,052</u>	<u>458,674</u>

6. Charitable activities

	Restricted Funds £	Total Funds 2025 £	Restricted Funds £	Total Funds 2024 £
Youth Service level agreement	<u>140,000</u>	<u>140,000</u>	<u>128,000</u>	<u>128,000</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Catering	<u>—</u>	<u>—</u>	<u>3,586</u>	<u>3,586</u>

8. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Rental income	<u>175,133</u>	<u>175,133</u>	<u>186,261</u>	<u>186,261</u>

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

9. Other income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Other income: YMCA England & Wales - Profit share	<u>7,077</u>	<u>7,077</u>	<u>7,579</u>	<u>7,579</u>

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Young People's Services	126,489	431,063	557,552
Plasnewydd Community Centre	189,103	9,109	198,212
Support costs	<u>40,284</u>	<u>—</u>	<u>40,284</u>
	<u>355,876</u>	<u>440,172</u>	<u>796,048</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Young People's Services	101,756	486,152	587,908
Plasnewydd Community Centre	182,909	9,109	192,018
Support costs	<u>42,606</u>	<u>—</u>	<u>42,606</u>
	<u>327,271</u>	<u>495,261</u>	<u>822,532</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2025 £	Total fund 2024 £
Young People's Services	557,552	32,612	590,164	618,706
Plasnewydd Community Centre	198,212	3,202	201,414	195,384
Governance costs	<u>—</u>	<u>4,470</u>	<u>4,470</u>	<u>8,442</u>
	<u>755,764</u>	<u>40,284</u>	<u>796,048</u>	<u>822,532</u>

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

12. Analysis of support costs

	Young People's Services £	Plasnewydd Community Centre £	Total 2025 £	Total 2024 £
Staff costs	6,403	3,202	9,605	10,098
Premises	3,762	—	3,762	1,477
Communications and IT	2,364	—	2,364	2,117
General office	10,739	—	10,739	10,969
Governance costs	4,470	—	4,470	8,442
Other	9,344	—	9,344	9,503
	<u>37,082</u>	<u>3,202</u>	<u>40,284</u>	<u>42,606</u>

13. Net expenditure

Net expenditure is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	23,534	24,545
Operating lease rentals	21,101	18,828
Fees payable for the audit of the financial statements	<u>4,050</u>	<u>4,500</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	436,623	414,374
Social security costs	32,573	28,489
Employer contributions to pension plans	<u>30,930</u>	<u>29,156</u>
	<u>500,126</u>	<u>472,019</u>

Staff costs include wages recharged by Cardiff YMCA Housing Association of £32,017 (2024: £33,659). Social security and pension costs represent those of the charity's own payroll scheme.

The average head count of employees during the year was 19 (2024: 20). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Management staff	1	1
Regular staff	<u>18</u>	<u>19</u>
	<u>19</u>	<u>20</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Staff costs *(continued)*

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £32,017 (2024: £33,659).

15. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

16. Tangible fixed assets

	Land and buildings £	Fixtures and fittings £	Motor vehicles £	Equipment £	Total £
Cost					
At 1 April 2024 and 31 March 2025	<u>599,865</u>	<u>48,611</u>	<u>35,915</u>	<u>18,678</u>	<u>703,069</u>
Depreciation					
At 1 April 2024	76,595	28,624	31,715	17,626	154,560
Charge for the year	<u>11,618</u>	<u>7,271</u>	<u>4,200</u>	<u>445</u>	<u>23,534</u>
At 31 March 2025	<u>88,213</u>	<u>35,895</u>	<u>35,915</u>	<u>18,071</u>	<u>178,094</u>
Carrying amount					
At 31 March 2025	<u>511,652</u>	<u>12,716</u>	<u>—</u>	<u>607</u>	<u>524,975</u>
At 31 March 2024	<u>523,270</u>	<u>19,987</u>	<u>4,200</u>	<u>1,052</u>	<u>548,509</u>

The cost incurred in the development of Plasnewydd Centre have been included as leasehold buildings additions, and the grants to fund this development form a restricted fund, which is being reduced annually by the depreciation charged now that the development is complete. The carrying amount of these restricted funds, included in the carrying amount of the Land and Buildings above, is £457,208 (2024 £411,317).

17. Debtors

	2025 £	2024 £
Trade debtors	71,182	75,188
Prepayments and accrued income	2,368	588
Other debtors	<u>846</u>	<u>2,318</u>
	<u>74,396</u>	<u>78,094</u>

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	30,876	31,232
Accruals and deferred income	13,965	10,529
Social security and other taxes	7,272	7,235
Other creditors	8,594	13,737
	<u>60,707</u>	<u>62,733</u>

19. Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Other creditors	—	5,000
	<u>—</u>	<u>5,000</u>

The Cardiff YMCA (1910) Trust loan is repayable over 4 annual instalments of £5,000. There is one payment remaining, which has been included as due in less than one year.

20. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £30,930 (2024: £29,156).

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024 £	Income £	Expenditure £	At 31 March 2025 £
General funds	268,939	355,269	(355,876)	268,332
Designated funds:				
Contingency reserve	100,000	—	—	100,000
Plasnewydd Centre development	120,000	—	—	120,000
Merger reserve	13,493	—	—	13,493
	<u>502,432</u>	<u>355,269</u>	<u>(355,876)</u>	<u>501,825</u>

	At 1 April 2023 £	Income £	Expenditure £	At 31 March 2024 £
General funds	286,162	310,048	(327,271)	268,939
Designated funds:				
Contingency reserve	100,000	—	—	100,000
Plasnewydd Centre development	120,000	—	—	120,000
Merger reserve	13,493	—	—	13,493
	<u>519,655</u>	<u>310,048</u>	<u>(327,271)</u>	<u>502,432</u>

A designated fund has been set as a contingency measure to maintain reserves at a level, which is equivalent to 6 months of budgeted expenditure, this amounts to £100,000.

Further designated reserves are also in place towards any ongoing capital costs relating to the Plasnewydd Centre and towards costs of the planned merger with Cardiff YMCA Housing Association.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	At 31 March 2025 £
CCC Community Building	795	—	—	795
The Waterloo Foundation	29,814	35,000	(28,639)	36,175
Plasnewydd Centre Development	411,317	—	(9,109)	402,208
Vale Young Carers - Families First	—	66,663	(66,663)	—
Youth Innovation Grants	6,847	22,500	(29,347)	—
YMCA England & Wales - Y's Girls	12,512	45,352	(52,239)	5,625
Vale Young Carers Respite & ID Cards	20,150	3,474	(18,995)	4,629
Plan International UK	13,765	—	(6,605)	7,160
Cardiff Council - Young Carers Grant	12,255	—	(12,255)	—
Cardiff CC - Families First Healthy Relationships SLA	—	140,000	(140,000)	—
Healthy Relationships - Children in Need	—	10,000	(10,000)	—
Vale Sexual Health	12,552	20,637	(19,646)	13,543
Postcode Community	20,000	—	(20,000)	—
C3SC	19,864	14,668	(26,415)	8,117
Period dignity grant	—	1,000	(240)	760
The Outdoor Partnership	—	734	—	734
The Benefact Trust	—	21,000	—	21,000
Tesco Stronger Starts	—	1,125	(19)	1,106
	<u>559,871</u>	<u>382,153</u>	<u>(440,172)</u>	<u>501,852</u>

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Restricted funds *(continued)*

	At 1 April 2023 £	Income £	Expenditure £	At 31 March 2024 £
CCC Community Building	795	—	—	795
The Waterloo Foundation	26,322	35,000	(31,508)	29,814
Plasnewydd Centre Development	420,426	—	(9,109)	411,317
Vale Young Carers - Families First	—	65,500	(65,500)	—
Youth Innovation Grants	17,333	7,500	(17,986)	6,847
YMCA England & Wales - Y's Girls	25,677	42,998	(56,163)	12,512
Vale Young Carers Respite & ID Cards	40,634	12,820	(33,304)	20,150
Plan International UK	7,092	9,000	(2,327)	13,765
YMCA England & Wales / All Churches Trust	4,265	—	(4,265)	—
Cardiff Council - Young Carers Grant	—	79,201	(66,946)	12,255
Cardiff CC - Families First Healthy Relationships SLA	—	110,000	(110,000)	—
Healthy Relationships - Children in Need	—	10,000	(10,000)	—
YC Youth Endowment	20,101	—	(20,101)	—
Summer of Fun	4,431	—	(4,431)	—
Vale Sexual Health	14,004	18,000	(19,452)	12,552
Happy days	—	1,000	(1,000)	—
Cardiff Youth Service	—	2,500	(2,500)	—
Postcode Community	—	20,000	—	20,000
C3SC	—	47,372	(27,508)	19,864
Period dignity grant	—	1,000	(1,000)	—
Direct Food Support	—	5,681	(5,681)	—
CWYS - open Access	—	6,480	(6,480)	—
The Outdoor Partnership	—	—	—	—
The Benefact Trust	—	—	—	—
Tesco Stronger Starts	—	—	—	—
	<u>581,080</u>	<u>474,052</u>	<u>(495,261)</u>	<u>559,871</u>

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Cardiff City Council Community Building grant income was received as a contribution towards the costs of improving the second floor at The Walk, including the installation of a disabled toilet and a new kitchen.

The Waterloo Foundation grant was received towards the YMCA Young Carer project.

Plasnewydd Centre Development consists of the following capital grants received for the construction and development of the centre:

Phase 1:	Cardiff YMCA (1910) Trust	£10,000
	The Clothworkers' Foundation	£25,000
Phase 2:	The Moondance Foundation	£150,000
	G C Gibson	£2,000
Phase 3 (grant received year ended 31 March 2019):		
	Cardiff Council	£30,000
	The Tudor Trust	£50,000
	Joseph Strong Trust	£1,000
	Glamorgan Voluntary Services	£7,450
	Cardiff YMCA (1910) Trust	£40,000
Phase 3 (grant received year ended 31 March 2020):		
	Hodge Foundation	£100,000
	Cardiff County Council	£10,000
	Cardiff YMCA (1910) Trust	£30,000

Now Phase 2 and 3 construction work has been completed the grants are reducing annually by depreciation charges.

The Families First - Vale Young Carers grant was received towards salary costs and project costs for young carers.

Cardiff County Council - Youth Innovation Grant was received for youth work in the Plasnewydd, Whitchurch and Radyr areas.

YMCA England & Wales provided grant funding towards the salary costs of a mentor for the Y's Girls project.

Vale Young Carers grant was received towards salary costs and project costs for young carers and additional residential activities and ID Cards.

Plan International UK grant was received for the salary costs of the Young Carers Worker for the Test & Learn Boys Project.

The YMCA England & Wales and All Churches Trust grants were received to help transform the Mental Health for Young People.

The Cardiff County Council Young Carers grant was received to provide support for Young Carers.

The Cardiff Council Families First grant was received to provide support and advice to schools.

BBC Children in Need grant funding was received to fund the salary of a Healthy Relationships Project Worker.

Youth Endowment Fund grant was received to delivery and support young people at risk of youth violence.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Council for Wales of Voluntary Youth Services (CWVYS) provided funding towards the Summer of Fun project.

Vale of Glamorgan Council provided funds under a service level agreement towards the C-Card service, supporting better sexual health.

Happy Days Charity provided money towards attendance at the Wales Young Carers Festival.

Cardiff Youth Service provided funding as part of the Children & Young People Wellbeing Activities Programme.

Project funding was received from Postcode Community Trust towards the development of a Communal Garden.

C3SC monies support the Shaping Our Future Wellbeing Strategy.

In conjunction with Cardiff YMCA Housing Association, Period Dignity grants were received from Cardiff Council to support related purchases.

Cardiff Council also provided funding for the Direct Food Support Grant Programme.

Council for Wales of Voluntary Youth Services (CWVYS) also provided funding towards meals for young people.

The Outdoor Partnership provided funding towards a residential trip.

Benefact Trust has provided funding towards the Y Girls project.

Tesco Stronger Starts provided funding towards costs of the Get Cooking Course run by the Youth Club.

Cardiff Young Men's Christian Association

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	121,973	403,002	524,975
Current assets	440,559	98,850	539,409
Creditors less than 1 year	(60,707)	—	(60,707)
Creditors greater than 1 year	—	—	—
Net assets	501,825	501,852	1,003,677

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	136,397	412,112	548,509
Current assets	433,768	147,759	581,527
Creditors less than 1 year	(62,733)	—	(62,733)
Creditors greater than 1 year	(5,000)	—	(5,000)
Net assets	502,432	559,871	1,062,303

23. Analysis of changes in net debt

	At 1 Apr 2024 £	Cash flows £	At 31 Mar 2025 £
Cash at bank and in hand	503,433	(38,420)	465,013

24. Post balance sheet events

Further work has been undertaken by Cardiff YMCA and Cardiff YMCA Housing Association boards during the year on the merger of both YMCAs. The risks highlighted last year in the housing sector on EICR related issues have now been largely resolved. It is therefore expected that this merger, following final Financial Conduct Authority (FCA) approval will be finalised from 1 February 2026, finally creating a unified YMCA Cardiff.

25. Related parties

The Chief Executive Mr A Templeton took over the position as the Chief Executive of Cardiff YMCA Housing Association from February 2018 and has a dual Chief Executive role for both organisations.

During the year, the charity received £39,174 (2024: £37,567) from Cardiff YMCA Housing Association in relation to rental and other recharges and was charged £113,226 (2024: £112,587) from Cardiff YMCA Housing Association for premises costs and management fees.

At the year-end an aggregate balance of £22,710 was due from the YMCA Housing Association to the charity (2024: £25,368 due to YMCA Housing).