

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31st March 2025  
for  
Winchester & District Young Carers**

Sheen Stickland  
Chartered Accountants  
2 Oriel Court  
Omega Park  
Alton  
Hampshire  
GU34 2YT

**Winchester & District Young Carers**

**Contents of the Financial Statements  
for the Year Ended 31st March 2025**

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## **Winchester & District Young Carers**

### **Report of the Trustees for the Year Ended 31st March 2025**

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The trustees present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The purpose of Winchester & District Young Carers, as set out in the governing document is:

To preserve and protect the health and relieve the needs of young carers caring for a family member who has a long-term illness, disability or addiction to alcohol and/or drugs and who live in the Winchester Council District area by such means as the trustees may determine.

The impact of being a young carer is profound as children as young as five take on the practical and emotional caring that most of us only take on as adults. All this can put the young carers themselves under huge emotional and mental strain - around 80% of young carers have mental health issues as either the primary or secondary condition relating to their caring situation.

Furthermore, this demanding role means that they are often not able to regularly take part in after school activities and clubs and be carefree in the way we would want young people to be. Sadly, young carers are one of the most invisible segments of the youth population and are often overlooked and unsupported.

We meet our purpose by providing a range of services for young carers and their families. In addition to one to one sessions, young carer assessments and family assessments, we offer two distinct types of programme, with termly starts: an Exploration Programme and Activities Programme. Because of the high number of young carers we work with, we split them into three groups by age: lower, middle and upper and tailor our delivery accordingly.

Our Exploration Programme takes place on Wednesday evenings, term-time only. It offers the chance for young carers (lower, middle and upper groups) to explore their caring role, including their feelings, the impacts and the illness or disability of who they care for. In addition these sessions support their exploration of their own identity and coping mechanisms that work for them.

Our respite Activities Programme mostly takes place during the school holidays. It provides an opportunity for young carers to have some time out from their caring role, experiencing new things, developing hobbies and interests and simply having fun. Organised activities in 2024-5 (36) included film making; Marwell Zoo; forest school; rock climbing; water sports, jewellery making and music workshops.

##### **Public benefit**

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission guidance on public benefit.

## **OBJECTIVES AND ACTIVITIES**

### **Volunteers**

WDYC has 19 wonderful volunteers, working frontline with young people and staff. Our volunteers provide important support across three main areas: emotional support, transport and events.

**Emotional support:** Within the Exploration Programme we use activities to help young carers identify and understand emotions that come up for them in their role as a young carer. Volunteers lead small groups each session, they build rapport with the young people and support them in engaging with the activities. Volunteers also reflect on our delivery with the young carer coordinator (group leader), feeding back how the session went, highlighting any safeguarding or low-level concerns, as well as growth from individuals. They also provide this type of support as part of our Activities Programme.

**Transport:** Covering a geographically wide area, our volunteers provide vital transport ensuring young carers can access our groups and activities. A significant proportion of families have no means of transport and are unable to transport the young carers to our sessions or activities themselves. This is often this is due to financial constraints, disability or illness or other family limitations.

**Events:** Our enthusiastic volunteers support us by manning stands promoting the charity at different events such as fairs, collection days in shops, coffee mornings and concerts. This is vital to raise awareness and visibility in the local community, encourage sponsors, donations, volunteering opportunities and showcasing how our charity supports young carers locally.

## **ACHIEVEMENTS AND PERFORMANCE**

### **Achievements and performance**

In 2024/25, we worked with over 120 young carers from the age of 8 to 18. Demand for our services is at an all time high, in part due to the large size of our catchment area and also because:

- i. the needs of young carers are increasingly recognised by the government (DfE) and Dame Rachel Mary de Sousa DBE who is the Children's Commissioner for England
- ii. we can work in partnership with local schools, community charities, families and
- iii. we are an active member of HYCA (Hampshire Young Carers Alliance), which means that we share information with other local young carers organisations.

We do our best to meet local needs through our excellent staff: three part-time and one full-time young carer coordinators with youth work and social work qualifications and an experienced manager. We were pleased to recruit one young carer coordinator with a social work background this year. All staff receive regular and individual coaching from our manager, and we have invested in six-weekly sessions of external clinical supervision, where staff share and learn from their experiences of working with young people and their families, facilitated by a registered clinical supervisor and therapist, with experience of working with young people. Staff report that they value this CPD because it helps them to reflect and develop their practice.

We regularly measure the impact of our work through termly assessments with our young carers attending both the Exploration and Activities Programmes.

Exploration: 25 young carers completed a questionnaire at the end of spring term with all 25 agreeing or strongly agreeing that I understand the illness or disability of the person I care for; 22 agreeing or strongly agreeing that I know what my wellness tools are and how to use them.

Activities: Young carers were asked to describe their experience of being a part of Winchester and District Young Carers in 3 words, below are a few direct quotes:

- Fun, helpful, supporting
- Amazing be yourself
- Comforting, social, calm
- Funny, friendly, inclusive.

We also receive feedback from parents: "WDYC have provided support for my child when things at home have been hectic. They have been able to support and talk to my child in a safe and happy environment"

Other notable achievements in 2024/25:

- A visit from Japan - WDYC has a long standing relationship with a group of professors and new young carer organisations in Japan. During the autumn visit the delegation focused on the Exploration Programme, visiting local schools and interviewing staff and young adult carers. Sharing experience internationally is both useful in terms of staff professional development, sharing good practice and rewarding.
- Realising the benefits of contracting with an experienced bid writer, who increased our income by £138,926.
- Increasing our reach with local corporate organisations and supporters, which is hugely valuable in terms of additional income and PR.
- Several amazing fund raising events including: organising a sell-out coffee morning at Rick Stein's restaurant in Winchester, which raised £785 and a lecture presented by Kit Power on 'The Exploits of Three Remarkable Victorian Steam Yachts' which raised over £2,000.
- Working with Winchester Rotary to deliver 30 Christmas Hampers to young carers families who are exceptionally disadvantaged.

## **FINANCIAL REVIEW**

### **Principal funding sources**

Winchester & District Young Carers is funded across a number of sources. Funds are received from local councils, individual donors, local businesses and organisations.

We would like to express a big thank you to all who fund us and donate to us.

## **FINANCIAL REVIEW**

### **Reserves policy**

The Trust's policy is to generate sufficient funds to cover expenditure each year. At the year end the unrestricted reserves balance was £209,923 (2024: £250,418).

The reserves should provide for twelve months continuity and as such is calculated as the expected expenditure over the next twelve months. The Trustees are confident that at the current level of reserves the current activities of the charity can continue.

£50,000 surplus for the year have been transferred to two designated funds. £30,000 is for the 18-25 programme which the Trustees have recently established to support young adult carers within the area. Whilst £20,000 has been transferred to a designated staff fund, which is to provide funding for growing staffing costs.

## **FUTURE PLANS**

WDYC has a 5-year strategic plan and new annual development plan. Looking ahead we will be:

- i) Working to include more on supporting the mental health of young carers through the Exploration Programme.
- ii) Further developing positive relationships with local organisations and employers. We are delighted that Steel and Sons, Funeral Directors have made WDYC their charity of the year in 2025. Some of the major benefits for the charity are being able to use their comfortable and well-located premises for meetings and events and additional income raised through bespoke activities eg quiz nights and donations.
- iii) Creating a new programme to support older young carers, ie young adult carers. This is a significant undertaking as there is nothing similar in Hampshire. We need to start bidding for funds so we can create a new role and programme to meet what we have already identified as a need/gap in provision.
- iv) Working to develop an effective, termly Parent Programme. WDYC takes a wholistic approach to support and has identified the need to better support parents and families, filling gaps in provision across the community.

Trustees wholly support the manager and these ambitions. One of our greatest concerns is income generation and managing expenditure against expectations. The chair meets with the manager every fortnight for a light-touch check-in and we have scheduled regular meetings of the treasurer, manager and chair to review income and expenditure.

Previous financial information has not always made clear how restricted income is managed and donations and bid income is recorded. Trustees have made this clarity a priority and our accounts need to clearly show these aspects. The recruitment and success of a contracted bid writer, and programme of fund raising events has provided some assurance of financial stability.

Last year two trustees stood down. We updated our recruitment materials and were successful in attracting two new trustees - a senior manager and ex-teacher. It is our aim to recruit an additional trustee and we are part way to achieving this. Looking at our trustee skills mix, this person brings significant experience of working in a large, national charity.

As trustees, we recognise that our staff team are critical to achieving the charity's purpose and we recognise their skills and commitment (we asked the manager to do a local salary comparison across Hampshire to confirm that we were paying realistic rates, which found that we are).

We are very aware of the lack of services for older young carers and support the development of a new programme catering for this group, although we are clear that we need to see income coming in, feedback from the target group and an outline programme before we can launch a new service.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The charity is controlled by its governing document, the Declaration of Trust dated 19th February 2014 and constitutes an unincorporated charity.

**Report of the Trustees  
for the Year Ended 31st March 2025**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

We currently have a board of six trustees and one in progress of joining us. We have found that advertising for trustees through local community websites is very effective.

We updated our trustee application resources in 2024 - job role, trustee information, reference form.

With reference to skills gaps, we have discussed advertising for a trustee with HR experience going forward. One of the most challenging roles to fill has been treasurer trustee, perhaps because of the centrality of this role to the functioning of the charity and the associated time commitment. We intend to update the role specification summer 2025.

The trustee board meets six times a year, with our AGM being held in November. We linked the 2024 AGM with our 25th anniversary celebrations, providing an overview of the charities achievements over the last 25 years.

Back to the early 1990s, when there was no support for young carers, either nationally or locally. Two things heralded in significant change: i) Hampshire County Council (HCC) commissioned a report of young carers in Winchester and asked relevant agencies to support them and, ii) in 1995, Jenny Frank MBE published a seminal book 'Couldn't Care More', which looked at the needs of young carers. As a consequence, and with the support of HCC, the Children's Society and Jenny Franks MBE, Winchester & District Young Carers was established in 1999, one of the first in the country.

A presentation session and refreshments before the AGM, and launch of our first Annual Impact Report, enabled trustees and staff to present the story of our heritage to an invited audience (65 guests), including the Lord Mayor, previous managers, corporate donors, trustee chairs and young carers.

**Decision making**

The Trustees delegate day-to-day management to the manager and their team.

**Risk management**

The trustees meet frequently throughout the year and review policies and creating systems to mitigate the impact of key risks. The risk register is reviewed at each trustees meeting.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1155854

**Principal address**

Unit 12  
Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

**Trustees**

Matthew Bee  
Jan Ellis  
Tim Reid (appointed 1.5.24)  
Siobhan Pearce  
John Webb  
Penelope Power  
Gerald Billington

**Winchester & District Young Carers**

**Report of the Trustees  
for the Year Ended 31st March 2025**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

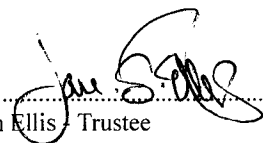
**Independent Examiner**

D A Sanders FCA  
Sheen Stickland  
Chartered Accountants  
2 Oriel Court  
Omega Park  
Alton  
Hampshire  
GU34 2YT

Approved by order of the board of trustees on ..... and signed on its behalf by:

Friday 12 Dec 2025

2025

  
.....  
Jan Ellis Trustee



**Independent Examiner's Report to the Trustees of  
Winchester & District Young Carers**

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**Independent examiner's report to the trustees of Winchester & District Young Carers**

I report to the charity trustees on my examination of the accounts of Winchester & District Young Carers (the Trust) for the year ended 31st March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

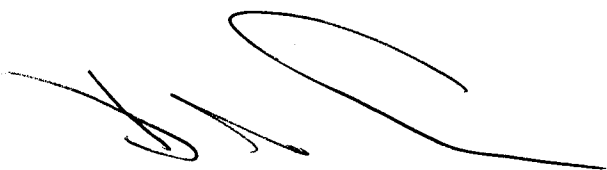
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



D A Sanders FCA

Sheen Stickland  
Chartered Accountants  
2 Oriel Court  
Omega Park  
Alton  
Hampshire  
GU34 2YT

Date: 15/01/2026

**Winchester & District Young Carers**

**Statement of Financial Activities  
for the Year Ended 31st March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		71,796	77,179	148,975	116,553
Investment income	3	6,378	-	6,378	2,739
<b>Total</b>		<u>78,174</u>	<u>77,179</u>	<u>155,353</u>	<u>119,292</u>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Charitable Activity		<u>118,668</u>	<u>44,740</u>	<u>163,408</u>	<u>159,861</u>
 <b>NET INCOME/(EXPENDITURE)</b>		 (40,494)	 32,439	 (8,055)	 (40,569)
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		250,418	(10,332)	240,086	280,655
 <b>TOTAL FUNDS CARRIED FORWARD</b>		 <u><u>209,924</u></u>	 <u><u>22,107</u></u>	 <u><u>232,031</u></u>	 <u><u>240,086</u></u>


The notes form part of these financial statements

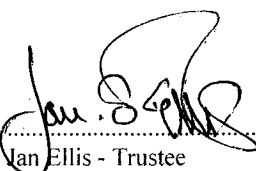
# Winchester & District Young Carers

## Balance Sheet 31st March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		212,173	22,108	234,281	253,909
<b>CREDITORS</b>					
Amounts falling due within one year	7	(2,250)	-	(2,250)	(13,823)
<b>NET CURRENT ASSETS</b>		<u>209,923</u>	<u>22,108</u>	<u>232,031</u>	<u>240,086</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>209,923</u>	<u>22,108</u>	<u>232,031</u>	<u>240,086</u>
<b>NET ASSETS</b>		<u><u>209,923</u></u>	<u><u>22,108</u></u>	<u><u>232,031</u></u>	<u><u>240,086</u></u>
<b>FUNDS</b>	9				
Unrestricted funds				209,923	250,418
Restricted funds				22,108	(10,332)
<b>TOTAL FUNDS</b>				<u><u>232,031</u></u>	<u><u>240,086</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12.12.2025 and were signed on its behalf by:

  
Matthew Bee - Trustee

  
Jan Ellis - Trustee

**1. STATEMENT OF COMPLIANCE**

Winchester & District Young Carers is an unincorporated charity registered in England, charity number . The 1155854, registered office is Unit 12, Winnall Valley Road, Winchester, SO23 0LD.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The reporting period is for the year ended 31st March 2025.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011.

The financial statements have been prepared under the historical cost convention.

**Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants received in the year that relate to a period after the year end are treated as deferred income at the year end.

**Expenditure**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of providing charitable activities comprise all expenditure identified as wholly or mainly attributable to achieving the objects of the charity. These costs include staff costs, attributable support costs and an apportionment of general overheads. Other costs are those costs incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements. Salary costs not attributable directly to providing charitable activities are allocated to other costs.

**Transfer of costs from unrestricted to restricted funds**

All project salaries are allocated against restricted grant income and donations received for a particular project.

## 2. ACCOUNTING POLICIES - continued

### Allocation and apportionment of costs

The majority of costs are directly attributable to specific activities and are allocated on this basis. Overheads are apportioned to direct and other expenditure on a basis aimed to reflect use.

### Taxation

The charity is exempt from tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### Cash and cash equivalents & current asset investments

Cash and cash equivalents comprise of cash in hand and cash at bank.

### Debtors

Short term debtors are stated at the settlement amount due after any trade discount offered. Appropriate allowances for estimated irrecoverable amounts are recognised in the Statement of Financial Activities when there is objective evidence that the asset is impaired.

### Creditors

Creditors and provisions are measured at their settlement value.

## 3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	6,378	2,739

## 4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Charitable Activity	158,500	4,908	163,408

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2025

**5. TRUSTEES' REMUNERATION AND BENEFITS**

No remuneration or other benefits were paid to any trustees for the year ended 31st March 2025 nor for the period ended 31st March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

**6. STAFF COSTS**

	2025	2024
	£	£
Wages and salaries	114,859	102,036
Social security costs	3,062	5,355
Other pension costs	5,050	5,355
	<u>122,971</u>	<u>112,746</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Charitable activities	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Other creditors	<u>2,250</u>	<u>13,823</u>

**8. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	<u>8,514</u>	<u>8,514</u>

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2025

9. MOVEMENT IN FUNDS

	At 1.4.24 £	Incoming resources £	Resources expended £	Transfers £	At 31.3.25 £
<b>Unrestricted funds</b>					
General fund	250,418	78,174	(118,669)	(50,000)	159,923
Designated fund - 18-25 programme				30,000	30,000
Designated fund - staff costs				20,000	20,000
<b>Restricted funds</b>					
Restricted	(10,332)	77,179	(44,739)	-	22,108
<b>TOTAL FUNDS</b>	<u>240,086</u>	<u>155,353</u>	<u>(163,408)</u>	<u>-</u>	<u>232,031</u>

Comparatives for movement in funds

	At 1.4.23 £	Incoming resources £	Resources expended £	Transfers £	At 31.3.24 £
<b>Unrestricted funds</b>					
General fund	214,134	94,590	(58,306)	-	250,418
Designated fund - 18-25 programme				-	-
Designated fund - staff costs				-	-
<b>Restricted funds</b>					
Restricted	66,521	24,702	(101,555)	-	(10,332)
<b>TOTAL FUNDS</b>	<u>280,655</u>	<u>119,292</u>	<u>(159,861)</u>	<u>-</u>	<u>240,086</u>

Designated fund - 18-25 programme

The Trustees have set up a designated fund for the 18-25 programme which is to support Young Adult Carers which has only just recently been launched so these designated funds will help to support the start up costs of this programme.

Designated fund - Staff Costs

The Trustees have set up a designated fund to demonstrate to third parties (local authorities) the need to generate a surplus each year in order to pay for growing staffing costs and need for new staff members as the charity continues to grow.

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2025.

**11. ULTIMATE CONTROLLING PARTY**

The charity is controlled by its Trustees, and no one party controls the charity.



**Winchester & District Young Carers****Detailed Statement of Financial Activities  
for the Year Ended 31st March 2025**

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	31,953	67,185
Grants	116,785	48,688
Subs	237	680
	<hr/> 148,975	<hr/> 116,553
<b>Investment income</b>		
Deposit account interest	6,378	2,739
	<hr/>	<hr/>
<b>Total incoming resources</b>	155,353	119,292
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	114,859	102,036
Social security	3,062	5,355
Pensions	5,050	5,355
Rent	13,142	11,898
Insurance	1,099	895
Telephone	1,515	1,010
Advertising	1,861	563
Exploration Programme	910	151
Activities Calender	6,456	15,833
Training	2,997	6,516
Repairs	-	183
IT Expenses	3,011	3,023
Bank Charges	120	461
Travel	1,697	1,826
Family Day Out Costs	809	-
15+ Moving On Costs	110	-
Recruitment	270	797
General Admin Expenses	1,532	1,895
	<hr/> 158,500	<hr/> 157,797
<b>Support costs</b>		
<b>Management</b>		
Telephone	-	130
<b>Governance costs</b>		
Independent examination fee	2,070	1,934
Legal & Professional Fees	2,838	-
	<hr/> 4,908	<hr/> 1,934
<b>Total resources expended</b>	<hr/> 163,408	<hr/> 159,861
<b>Net expenditure</b>	<hr/> (8,055)	<hr/> (40,569)

This page does not form part of the statutory financial statements

