



Impact Report

1 April 2024 to 31 March 2025



A word from our Chief Executive



I am delighted to present our Impact Report for 2024/25, which clearly demonstrates the invaluable role Gateshead 50+ continues to play within our community. Our core mission is to offer affordable, age-appropriate activities to help older people stay active and socially connected, preventing isolation and challenging ageing stereotypes.

The necessity of our work is evident. Our data shows that 45% of our beneficiaries live alone, 67% have a long-term health condition, and 60% use our community pantry. The activities and projects we oversee at Gateshead 50+ are co-created with support and input from our beneficiaries. This not only allows us to ensure we are providing appropriate opportunities to socialise, exercise, and learn, but also to be certain that what we do is created FOR older people BY older people.

We are certainly not out of the woods in relation to the cost-of-living crisis in the UK, particularly here in Gateshead, and we will endeavour to continue making as much of what we offer free at the point of use as possible so that no older person, regardless of their financial situation, is left out.

Craig Bankhead

Chief Executive

About Gateshead 50+



Gateshead 50+ is an independent charity dedicated to helping make Gateshead a great place to grow older. We offer a wide range of affordable, age-appropriate activities designed to help older people stay active, socially connected, and engaged in their community.

We believe that it's never too early to start preparing for later life and by lowering barriers to participation, we can help prevent isolation, support older people's mental and physical wellbeing, and make ageing in Gateshead a more fulfilling experience.

Each year, we offer over 1,000 activities for older people at our Deckham wellness hub. Since 2018, we have also set up hundreds of classes for over 50s in community venues across Gateshead, contributing to a thriving network of local opportunities for older people to socialise, exercise, and learn.

We aren't interested in reinforcing the stereotypes of ageing. Our programme of activities is designed to challenge those stereotypes and build a community where older people feel valued as contributors, not just recipients of support.

Our Trustees

Bill Dick, Chair
Marion McMahon, Treasurer
Margaret Barrett
Joice Ndambona (retired October 2024)
Sue Renforth (retired October 2024)

Our Staff Team

Craig Bankhead, Chief Executive
Nicola Bruce, Health & Wellbeing Manager
Lola McPartland, Project Manager

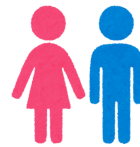
Our Impact

As a charity, we work hard to ensure that the activities we offer our beneficiaries are making a difference to their lives. We evaluate our work by compiling case studies and asking beneficiaries to complete functional assessments and/or surveys. Case studies are available on our website and functional assessment results can be found in our project reports.

Every year, we survey the beneficiaries who visit our Deckham hub to ensure the opportunities we offer are meeting their needs. We are pleased to share the highlights from our October 2024 survey. Firstly, about our beneficiaries:



Our beneficiaries range in age from 49 to 91. Our average beneficiary age is 72.2.



**74% of our beneficiaries are female
26% of our beneficiaries are male**



67% of our beneficiaries have a long term health condition



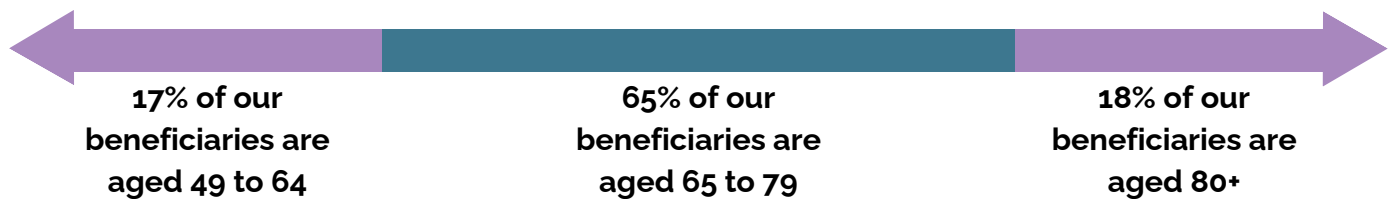
18% of our beneficiaries have caring responsibilities



45% of our beneficiaries live alone



60% of our beneficiaries use our no-questions-asked community pantry



Our average beneficiary visits us 2.25 times per week.

Our most active beneficiaries take part in 9 of our activities per week.

- 52% take part in at least two activities per week
- 36% take part in at least three activities per week
- 19% take part in at least four activities per week
- 10% take part in at least five activities per week

Here's what our beneficiaries had to say about the impact taking part in our activities has on their lives:



**89% have made friends
with whom they now
socialise**



**68% have learned new
skills**



77% feel happier



**50% visit their GP less
frequently since joining us**



**89% feel their physical
health has improved**



**91% feel their mental
health has improved**



**100% say we offer
newcomers a warm
welcome**



**100% say they would
recommend our activities
to family and friends**



Our Year in Review

We are delighted to share the highlights of our 2024/25 activities programme. This year, we focused on expanding the programme of activities on offer at our Deckham wellness hub and increasing our beneficiaries' awareness of ways to improve their financial resilience.

April through June 2024



SINGING for the Brain

Join us for a feel-good Friday singalong!
Our dementia-friendly singing group is open to all in later life -- no talent required!

FREE
19 April - 28 June
£3.50 thereafter
(free for carers)

Every other Friday from 19 April
1:30 - 3 pm
Centenary Methodist Church
Main Street
Crawcrook
Ryton
NE40 4TY

For information, please ring MHA Communities Gateshead West on 01207 563825.



British Gymnastics Foundation
Love to Move

LOVE TO MOVE

A fun, age & dementia friendly seated movement programme to music.

Physical, emotional & cognitive benefits designed to get you moving more and having fun.

Love to Move is the first cognitive enhancement exercise programme of its kind in the UK, based on scientific research.

Demonstrable benefits in the physical, emotional and cognitive aspects of older people especially those living with Dementia.

FREE
18 April - 23 May
£3 thereafter
Stay for a cuppa and a chat after class!

When: Thursday afternoons 2pm- 4pm
Where: Dovecote Care Home, Hooker Gate Lane, Huger Road, High Spenn, NE39 2BQ

For more info:
MHA Communities Gateshead West
01207 563825
gatesheadwest@mha.org.uk



THURSDAYS
11 - 1
Gateshead 50+ Deckham NE8 3UB

ART GROUP

Bring your supplies (for use ours) and work on your project while enjoying a cuppa and friendly company!
£1 per session (toward group outings)
No need to book.
Ring 0191 438 1721 for info.

GATESHEAD 50+

- supported MHA Communities Gateshead West in the set up of Singing for the Brain and Love to Move (two new activities suitable for those living with dementia)
- due to high demand, our bi-monthly art group began meeting weekly
- support from Pargiter Trust ensured that three of our Deckham fitness classes would remain free for another year
- our craft group welcomed Steph Capewell, chief executive of the Love, Amelia charity, to which the group donates hundreds of handmade items for babies and children each year



- support from Persimmon Homes ensured our no-questions-asked community pantry would be available to those who take part in our Deckham activities for another year
- our Super Quiz winners enjoyed day trips to Ambleside and Grasmere and Stokesley, Helmsley, and Brymor Dairy



July through September 2024

- BBC Radio Newcastle visited our walking football team to do a feature focusing on the benefits of exercise in later life
- after a successful trial period, we added curling to our Deckham schedule permanently
- Community Foundation North East featured our popular Never Too Old to Rock project





- launched summer financial awareness campaign which included an energy advice and support session, Pension Credit checks, and information about doorstep sellers

Are you entitled to Pension Credit?

Pension Credit gives you extra money to help with your living costs if you're over State Pension age and on a low income. Pension Credit can also help with housing costs such as ground rent or service charges.

You might get extra help if you're a carer, severely disabled, or responsible for a child or young person.

Pension Credit is separate from your State Pension and you may qualify for it even if you have other income, savings, or own your home.



ENERGY ADVICE & SUPPORT SESSION

From October, gas and electricity prices will rise by 10%. At the same time, around 10 million pensioners will no longer receive winter fuel payments.

Join us to hear from an impartial expert panel about saving energy, understanding your fuel bills, and maximising your income.

After the presentations, there will be a Q&A session with the experts, followed by a chance to speak to them one-to-one.

**Monday, 30 September, 1 - 3 pm
Gateshead 50+ (Deckham)**

Please ring 0191 438 1721 to reserve your place.



Gateshead



Action for Warm Homes

DOORSTEP SELLERS

How to protect yourself

When someone knocks on your door offering to perform a job or sign you up for a service, it's easy to feel pressured to make a decision on the spot. To avoid uncomfortable situations and protect yourself from scams:

Display a 'No Cold Callers' sign on at your front door. This should stop salespeople in their tracks. If you choose to answer the door, you can tell the salesperson to leave and not return. If they ignore you, they are committing a criminal offence.

Don't deal at the door at all.

If a salesperson is offering something in which you might be interested, tell them you won't be purchasing or signing up for anything today. Ask them to leave their details, then do some research or speak to a friend or family member before proceeding.

Know your rights.

If you purchase goods or services worth more than £35, the seller must provide you with a written notice giving you the right to cancel within 7 days. If they do not do so, they are committing a criminal offence.

Know where to go for help.

If you find yourself in a sticky situation or need to report a salesperson who has committed an offence, contact Gateshead Fair Trading Service on 0191 433 3987.

GATESHEAD
50+

www.gatesheadopa.org.uk

October through December 2024

- support from the Ringtons Fund (Community Foundation North East) ensured two of our fitness classes would remain free for an additional year and secured an instructor for our art group for a year
- Gateshead Talking Therapies delivery of a three-week sleep quality course at our Deckham hub



Sleeping too much?
Not sleeping enough?

Sleeping too much or not enough can have an impact on your physical and mental health. If you'd like help improving your sleep, sign up for the Gateshead Talking Therapies 3-week sleep course. The course aims to educate you around sleep and useful tips to help aid good sleep.

FREE 3-week course

4, 11, and 18 November
1 - 2 pm
Gateshead 50+, Deckham

Please note that you must be able to attend all three sessions. To register, please ring 0191 438 1721.

 
Gateshead Talking Therapies



- launch of our Christmas Connections programme, which included a trip to see the pantomime at Little Theatre Gateshead, a Christmas crafts session, our Christmas quiz and ukulele concert, a Christmas raffle, gingerbread decorating, Santa's Workshop gift wrapping sessions, a trip to the cinema, several Christmas meals, and a Never Too Old to Rock performance night at The Three Tuns



January through March 2025

- added a second weekly session of pickleball to our Deckham schedule due to high demand
- Fraud and Scams Awareness session delivered in partnership with Yorkshire Building Society
- Easter egg drive for Gateshead Food Bank
- Thirty-seven of our beneficiaries enjoyed a day trip to Yarm, Stokesley, and Great Ayton
- Fire Safety talk delivered with Tyne and Wear Fire and Rescue Service
- supported delivery of a free over 50s bootcamp in Ryton
- Financial Wellbeing session delivered in partnership with Yorkshire Building Society



FINANCIAL WELLBEING SESSION

Take control of your finances!

Feeling that you're in control of your finances is important, especially if you're on a fixed income in a time of rising costs. Come along to our session to discover:

- what is meant by financial wellbeing
- factors that may affect you or others
- tips and techniques that can help you manage your money better
- where to go for further support and tools that can help you move forward

Monday, 10 March
1 - 2:30 pm

GATESHEAD 50+
178 SPLIT CROW ROAD
DECKHAM NE8 3UB

Ring 0191 438 1721 to reserve your place by 5 March.

YORKSHIRE BUILDING SOCIETY GATESHEAD 50+



Fire Safety Talk

Fires can develop and spread quickly, so it's important to be aware of how fires can start and how to make your home as safe as possible. Come along to hear from experts from Tyne and Wear Fire and Rescue Service.

You'll be able to sign up for free Home Safety / Safe & Well checks. The team will visit your home to:

- check for fire risks
- help with smoke alarms
- give you fire safety information and advice
- check for hazards in your home
- provide equipment to help you stay safe at home

Friday, 28 March
12:15 - 1:15
Gateshead 50+
Deckham NE8 3UB

Please ring 0191 438 1721 or visit the office to reserve your place.

FREE fire blanket for all attendees

50+

Why we're here

To understand why it is so important for over 50s in Gateshead to have opportunities to improve their health and maintain their independence, we need to consider the realities of ageing in our borough. Factors such as deprivation, falls, and loneliness significantly affect the wellbeing of older residents.

Deprivation

Gateshead ranks 47th out of 317 local authorities in England for deprivation, with income deprivation among older people 36.4% higher than the national average. Our wellness hub is located in Deckham, one of the 4% most deprived areas in the country.

Deprivation can drastically affect life expectancy. On average, someone born in one of Gateshead's most deprived areas can expect to live over a decade less than someone born in the most affluent parts of England (15.1 years less for men and 13.9 years less for women).

For many older people, activities that support wellbeing such as fitness classes, cultural events, or short courses are out of reach due to cost. To address this, we provide free or low-cost opportunities for older residents to exercise, socialise, and learn.

Falls

Emergency admissions due to falls in people aged 65+ are 15% higher in Gateshead than the national average. By 2040, falls among this age group are projected to rise by 25%, with hospital admissions increasing by 34%.

In some Gateshead wards, rates of hip fracture admissions are particularly high when compared to the English average – 64% higher in Bridges, 59% higher in High Fell, and 47% higher in Lobley Hill and Bensham.

Hip fractures can have devastating consequences. More than 30% of older people die within a year, 20% move into a care home, and only 46% return to their previous level of independence. Research from the University of Bristol (2020) suggests that reducing healthcare inequalities in deprived areas could save up to £28.8 million annually in hip fracture treatment costs.



It is therefore essential that evidence-based falls-prevention activities are embedded in the work of organisations supporting older people. Gateshead 50+ is commissioned by Gateshead Council to deliver our Staying Steady falls-prevention programme and we support the delivery of evidence-based Tai Chi and Strength & Balance classes across the borough.

Loneliness

Loneliness is another major challenge. According to a 2020 Brunel University London report, people aged 50+ living in the poorest areas of the country are more likely to experience loneliness. In Gateshead, 34% of people aged 65+ live alone, and in our most recent survey, 45% of our beneficiaries reported living alone.

Loneliness can make people feel vulnerable, increasing their risk of depression and physical health decline. The English Longitudinal Study of Ageing shows that people aged 50+ in poor health are 3.7 times more likely to be often lonely, and those with financial barriers to participation are 2.3 times more likely to experience frequent loneliness.

Our programme creates a sustainable network of local classes and activities for people over 50, helping them form lasting friendships within their communities. By hosting activities in accessible community venues, we reduce travel barriers and enable older residents to attend independently, fostering meaningful social connections that extend beyond the sessions themselves.

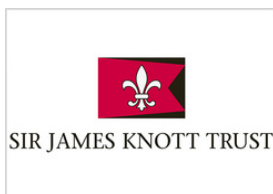


The Big Picture

Our programme is designed to tackle deprivation, prevent falls, and reduce loneliness, helping older residents feel connected and supported. By engaging fully with what we offer, people over 50 can improve their physical health, boost their confidence, reduce depression and anxiety, and ultimately increase their lifespan – all while strengthening their ties to the local community.

Our Investors

Gateshead 50+ is delighted to have the support of some of the UK's most forward-thinking investors. Thanks to them, we are in a position to be able to respond to our beneficiaries' needs quickly, making an immediate and measurable difference to their quality of life.





178 Split Crow Road
Deckham
NE8 3UB

0191 438 1721

www.gatesheadopa.org.uk

Registered Charity Number 1155832

Gateshead 50+ is the working name of Gateshead Older People's Assembly.

GATESHEAD OLDER PEOPLE'S ASSEMBLY
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

Charity No 1155832

GATESHEAD OLDER PEOPLE'S ASSEMBLY

Contents	Page
Legal and administrative information	1
Reserves policy and going concern	2
Structure, governance, and management	3
Financial review	3
Report of the Independent Examiner	4
Statement of financial Activities	5
Balance Sheet	6
Notes to the financial statements	7 - 11

GATESHEAD OLDER PEOPLE'S ASSEMBLY
Report of the Trustees
Year ended 31 March 2025

1

Legal and administrative information

Board of Trustees: W. Dick (chair)
M. McMahon (treasurer)
J. Ndambona (retired October 2024)
S. Renforth (retired October 2024)
M. Barrett

Registered Office: 178 Split Crow Road
Gateshead
Tyne & Wear
NE8 3UB

Accountants: TIG Accountants
Metropolitan House
Longrigg Road
Swalwell
Gateshead
NE16 3AS

Bankers: Unity Trust Bank
PO Box 7193
Planetary Road
Willenhall
WV1 9DG

The trustees of Gateshead Older People's Assembly are delighted to present our annual report for 2024/2025. We are an independent charity dedicated to making Gateshead a great place to grow older. Our core mission is to offer a wide range of affordable, age-appropriate activities designed to help our community members stay active, socially connected, and engaged. We believe it is never too early to prepare for later life, and by lowering barriers to participation, we help prevent isolation and support mental and physical wellbeing.

During the financial year April 1, 2024, to March 31, 2025, we focused on expanding our activities at the Deckham wellness hub and increasing our beneficiaries' awareness of ways to improve financial resilience. Each year, we offer over 1,000 activities at our Deckham hub and have set up hundreds of classes in community venues across Gateshead since 2018.

Our October 2024 survey showed the positive difference we are making. Our beneficiaries range in age from 49 to 91, with an average age of 72.2. We are aware that 67% of participants have a long-term health condition, and 45% live alone. Furthermore, 60% utilise our no-questions-asked community pantry¹. On average, our members visit us 2.25 times per week, with 52% taking part in at least two activities per week.

The feedback from our beneficiaries highlights the success of our programme:

- 91% feel their mental health has improved.
- 89% feel their physical health has improved.
- 89% have made friends with whom they now socialise.
- 77% feel happier, and 50% visit their GP less frequently since joining us.
- We are proud that 100% of those surveyed said they would recommend our activities to family and friends.

Highlights from the past year included the continuation of our successful community pantry, a visit from BBC Newcastle to highlight the importance of exercising in later life, the introduction of curling to our weekly calendar of events as well as a second pickleball session each week. We also ran a frauds and scams awareness session based on beneficiary demand. Due to high demand, we increased our Art Group from fortnightly to weekly. We also ran a summer financial awareness campaign, which included an energy advice session, Pension Credit checks, and information on protecting against doorstep sellers.

Reserves policy and going concern

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to at least six months of charitable expenditure. The trustees consider that this level will provide sufficiently for any contingency planning should the need arise. The management team provides the trustees with a twelve-month rolling budget forecast which is updated every quarter. This provides sufficient foresight and time to be able to address any issues before they arise.

The trustees consider the charity is currently in a financially stable position and have no concerns about the charity's continuing existence and success.

Structure, governance, and management

Gateshead Older People's Assembly is a charitable incorporated organisation (CIO). The organisation was registered with the Charities Commission on 18 February 2014. Trustees are invited from all interested bodies and are selected by the trustees.

The board of trustees would like to take this opportunity to thank all the staff, volunteers, funders, investors, and beneficiaries for another exciting year in the charity's development.

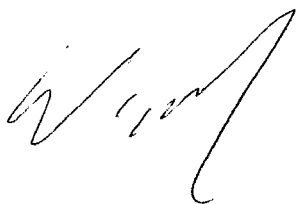
Financial review

The financial statements show a surplus of £29,739 with a restricted surplus of £28,451.

Restricted funding is the main type of income and expenditure. Monies are received for running costs of the office, activities, and salaries.

Signed on behalf of the board of trustees, on 17 December 2025.

W. Dick
Chair



Report of the Independent Examiner to the trustees of Gateshead Older People's Assembly

I report on the financial statements of Gateshead Older People's Assembly for the year ended 31 March 2025 which are set out on pages 5 to 11.

Respective responsibility of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 145 of the 2011 Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

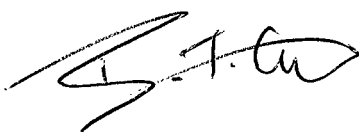
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

B Gill FCCA

Metropolitan House
Longrigg Road
Swalwell
Gateshead
NE16 3AS



Date: 17 December 2025

GATESHEAD OLDER PEOPLE'S ASSEMBLY
Statement of Financial Activities
Year ended 31 March 2025

5

	Notes	Unrestricted	Restricted	Total 2025	Total 2024
		£	£	£	£
Income					
Other income		5,032		5,032	1,155
Grants	2	46,550	222,697	269,247	248,042
Total income		<u>51,582</u>	<u>222,697</u>	<u>274,279</u>	<u>249,197</u>
Expenditure					
Charitable activities	3	50,294	194,246	244,540	255,852
Total expenditure		<u>50,294</u>	<u>194,246</u>	<u>244,540</u>	<u>255,852</u>
Net income		1,288	28,451	29,739	(6,655)
Transfers					-
Net movement in funds		1,288	28,451	29,739	(6,655)
Total funds brought forward		50,669	169,330	219,999	226,654
Total funds carried forward		<u>51,957</u>	<u>197,781</u>	<u>249,738</u>	<u>219,999</u>

GATESHEAD OLDER PEOPLE'S ASSEMBLY
Balance Sheet as at 31 March 2025

6

	Notes	Unrestricted £	Restricted £	2025 £	2024 £
Fixed assets					
Tangible assets	8	<u>564</u>	<u>-</u>	<u>564</u>	<u>752</u>
Current assets					
Cash at bank and in hand		<u>78,369</u>	<u>178,453</u>	<u>256,822</u>	<u>227,082</u>
		<u>78,369</u>	<u>178,453</u>	<u>256,822</u>	<u>227,082</u>
Creditors – amount due within one year	9	<u>-</u>	<u>7,648</u>	<u>7,648</u>	<u>7,835</u>
Net current assets		<u>78,369</u>	<u>170,805</u>	<u>249,174</u>	<u>219,247</u>
Net assets		<u>78,933</u>	<u>170,805</u>	<u>249,738</u>	<u>219,999</u>
Funds of the charity	10	<u>78,933</u>	<u>170,805</u>	<u>249,738</u>	<u>219,999</u>

The financial statements were approved by the trustees on 17 December. and signed on the trustees behalf by:

W Dick
Chair



1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

Basis of accounting

The charity has adopted the accruals basis of accounting as required by the regulations.

Income

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Expenditure

Costs are recognised as and when there becomes a legal or constructive obligation committing the charity to pay out the resources.

Funds accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the funder, donor or through the terms of an appeal.

Depreciation

Depreciation is charged at 20% reducing balance per year

GATESHEAD OLDER PEOPLE'S ASSEMBLY
Notes to the accounts
Year ended 31 March 2025

8

2 Grants

	2025	2024
	£	£
Unrestricted		
Greggs Foundation	20,800	20,000
Headley Trust	-	20,000
The Tudor Trust	-	29,000
Masonic Charitable Trust	-	5,000
Akzo Nobel – Community Foundation	-	-
The Albert Hunt Trust	3,000	-
The McCarthy Stone Foundation	8,250	-
Sharegift	5,000	-
The Schroder Charity Trust	4,000	-
The Anton Jurgens Charitable Trust	5,000	-
The Hadrian Trust	500	-
	46,550	74,000
Restricted		
The Tudor Trust	31,167	-
The Ballinger Charitable Trust	20,000	20,000
National Lottery Community Fund Reaching Communities	-	65,000
The Sir James Knott Trust	10,000	5,000
Gateshead Council – Staying Steady	30,000	30,000
Kellett Fund at the Community Foundation	19,500	16,250
National Lottery Community Fund Awards For All	-	9,971
Gateshead Council – Walking Football	2,144	4,380
Gateshead Council – Health Walks	-	9,970
Community Foundation Prime Fund	-	5,000
Community Foundation Waiting Well	-	5,000
Connected Voice	3,450	-
Pargiter Trust – Community Foundation	-	3,471
Postcode Community Trust	40,000	-
Community funding – P&G Warm Space	10,000	-
Persimmon Homes	5,000	-
Sport England	12,050	-
Community Foundation – Ringtons Fund	5,000	-
The Considered Ask Foundation	34,386	-
	222,697	174,042
Total grants	269,247	248,042

3 Expenditure

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Charitable activities				
Salaries and pensions	25,000	130,737	155,737	145,871
Capital and equipment	5,000	3,425	8,425	10,972
Sessional instructors	-	35,647	35,647	35,385
Filming and promotion	-	-	-	-
Utilities and services	7,000	13,611	20,611	27,991
Miscellaneous	1,910	-	1,910	3,108
Consumables and equipment	-	-	-	-
Community pantry	-	8,845	8,845	7,642
Beneficiary enrichment activities	2,000	1,981	3,981	10,462
Travel, training and transport	3,439	-	3,439	9,381
Accountancy	5,945	-	5,945	4,790
Depreciation				250
	<u>50,294</u>	<u>194,246</u>	<u>244,540</u>	<u>255,852</u>

4 Trustees expenses

Expenses paid to trustees during the year: £Nil (2024: £Nil)

5 Fees for examination of the accounts

	2025	2024
	£	£
Fee for reporting on the accounts	<u>4,608</u>	<u>4,790</u>

6 Wages

	2025	2024
	£	£
Gross wages	131,121	128,364
Social security cost	9,306	8,814
Pensions	<u>15,634</u>	<u>8,693</u>
Total staff costs	<u>155,899</u>	<u>145,871</u>

GATESHEAD OLDER PEOPLE'S ASSEMBLY
Notes to the accounts
Year ended 31 March 2025

10

7 Staff numbers

Staff numbers during the year were as follows

	Part time	Full time	Total
Management and administration	<u>-</u>	<u>3</u>	<u>3</u>

8 Fixed assets

	Furniture & equipment £
At valuation	
As at 1 April 2024	6,701
Additions	<u>-</u>
As at 31 March 2025	<u>6,701</u>
Depreciation	
As at 1 April 2024	5,949
Depreciation for year	<u>188</u>
As at 31 March 2025	<u>6,137</u>
Net book value	
As at 31 March 2025	<u>564</u>
As at 31 March 2024	<u>752</u>

9 Creditors – amount falling due within one year

	2025 £	2024 £
Creditors	768	768
Taxes and accruals	3,530	3,850
Other creditors	<u>3,350</u>	<u>3,217</u>
	<u>7,648</u>	<u>7,835</u>

10 Net movement on funds

	As at 1 April 2024	Income	Expenditure	Transfer	As at 31 March 2025
	£	£	£	£	£
Unrestricted					
General	50,669	51,582	50,294	-	51,957
Restricted					
Other Funds	<u>169,330</u>	<u>222,697</u>	<u>194,246</u>	<u>-</u>	<u>197,781</u>
	<u>219,999</u>	<u>274,279</u>	<u>244,540</u>	<u>-</u>	<u>249,738</u>