



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month Jan	Year 2024		Day 31	Month Dec	Year 2024

### Section A

### Reference and administration details

Charity name	KamuliFriends
Other names charity is known by	
Registered charity number (if any)	1155812
Charity's principal address	Arundel, Church Lane, Rotherfield Peppard, Henley-on-Thames, Oxfordshire
Postcode	RG9 5JN

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Helen Ralston	Trustee & Finance Officer		Helen Ralston/Trevor Stanton
2	Trevor Stanton	Trustee		Helen Ralston/Trevor Stanton

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Project Director, Volunteer and Volunteer Coordinator	Dr Philip Unwin	Arundel, Church Lane, Rotherfield Peppard, Henley-on-Thames, Oxfordshire RG9 5JN
Charity Secretary responsible for Administration	Trudie Franklin	24A Woodlands Road, Sonning Common, Reading, Berkshire RG4 9TE

#### Name of chief executive or names of senior staff members (Optional information)

--

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution and Governance Document dated 26 November 2014
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Incumbent Trustees must approve any proposal for new additional Trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Written authorisation in place for authorisation of capital projects.

Written authorisation in place for authorisation of expenses.

All transfers of money to Uganda must be backed up with appropriate documentation and detailed information as to what monies are being used for, along with detailed breakdown.

There are no salaried personnel at the charity. Everyone volunteers their time.

There are two Trustees, Trevor Stanton and Helen Ralston, who also is the Finance Officer.

Trudie Franklin is the charity's administrator.

Philip Unwin is the main fundraiser. He is responsible for assessing prospective volunteers that come via KamuliFriends. They forward the volunteer applications to the Medical Director of Kamuli Mission Hospital for final approval. The charity does not take any responsibility for the volunteers at the hospital.

There is a Memorandum of Understanding in place between Kamuli Mission Hospital and KamuliFriends.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

KamuliFriends is a UK registered charity whose specific aim is to support Kamuli Mission Hospital in Uganda, both by raising funds for use by the hospital on capital projects, operations and medical equipment and by encouraging volunteers (medical and non medical) to spend some of their working time in Uganda at the hospital.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The charity focuses on three key areas:

Raising awareness of the issues faced by the hospital and its community in a poor and challenging environment. At our events and on our website we share with friends, benefactors and event attendees information about the community and hospital as well as the challenges the hospital faces as a Missionary Hospital with limited funds, with poor buildings, sometimes poor equipment and occasionally a severe lack of funding to provide basic patient care and critical operations.

Fundraising for the hospital. Most of the fundraising comes from social events and benefactor donations. Fundraising is mostly in the south of England. Funds raised by the charity may be used for capital projects such as refurbishment of existing buildings and for new buildings as well as funds for medical operations, equipment and other health/medical/staffing related projects; and

Encouraging voluntary support. The volunteers may be professional medical practitioners, medical students or other volunteers to assist in the hospital; the charity's responsibility is to promote and encourage the opportunity to work in the hospital, to introduce the volunteers to the medical superintendent for this consideration and approval and possibly to pay for some of the travel expenses of those volunteers needing financial assistance. We also welcome people who are kind enough to volunteer time in the running of the charity at our events.

When approving projects to be funded the Trustees take into consideration the guidance issued by the Charity Commission on public benefit. We ensure that monies spent do benefit the population of the Kamuli District albeit specifically those who use the Kamuli Mission Hospital or work there, e.g. by us providing improvement to buildings directly used for patient care, providing staff accommodation which helps with the retention of staff, helping to fund operations by paying for supplies or funding staff expenses.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Drs Unwin and Lohmander visited Kamuli in 2024 together with Helen Ralston, one of our trustees, two of our generous benefactors and Millie Ralston a previous volunteer. 2024 saw further huge improvements to the hospital, including the completion of the new nursery building. The nursery project that we started last year is now working well with about 35 children currently being cared for by the qualified and lovely teacher. It really has been a triumph, and everyone is very happy with the result. While Dr Unwin was there, he commissioned some local artists to decorate the walls of the nursery garden with pictures of animals and cartoon characters to enhance the play area and make it fun for the children.

In addition, during this year the Mosawi guest house underwent some essential renovation works and refurbishment. The Mosawi guest house is where visiting volunteers stay.

The major capital projects (approx. £200k) which started this year were to build three new accommodation blocks for the nurses. In November when Dr Unwin visited, he saw the progress that had been made on this project and reported back that the site had been cleared and the foundations for the three buildings were complete and that the workers were in process of making the bricks/blocks for the units. By the end of the year, the charity had provided 3 staged payments out of 4 for this project and we are hoping that it should be finished late Spring 2025. It will provide housing for 12 nurses and their families. Each will have electricity and running water and will be a huge improvement on the old nurses' houses. Providing accommodation to staff is essential in this rural area to ensure the hospital can retain sufficient staff to care for the patients.

We have replaced the old hospital Toyota 4x4 with a reliable vehicle which has been branded with KamuliFriends and the hospital name on its bodywork. We also further equipped the dental suite with essential items. The dental suite is the only facility of its type available in the area and so is well utilised.

On Dr Unwin's visit in November 2024 he identified, together with the hospital administrator, several further improvements, and upgrades to be started early next year:

- a) New boundary wall and secure gate for the nursery complex.
- b) A vehicle for the nursery to provide transport for local children to attend the nursery. This is to facilitate the increase in numbers of children using the nursery so that the nursery becomes self-financing.
- c) To make the nursery independent from the hospital in terms of electricity by installing its own solar panels.
- d) To replace the batteries used to store the solar generated electricity for the hospital. This project will be shared 50:50 with a German plastics company.

From the visit it was also decided that in the future we should try to raise sufficient funds to rebuild/renovate the existing nurses' accommodation; The Stone House and The Green House, once the new accommodation is completed and the existing accommodation can be temporarily vacated.

For the first time we produced some charity Christmas Cards kindly funded for us and this has raised some further funding.

Dr Unwin continues to give presentations to local groups in the UK and updates on what we have achieved at the hospital.

## Section E Financial review

### Brief statement of the charity's policy on reserves

We continue to receive donations from various generous benefactors due to the promotion of the cause by Dr Unwin. Our major expenditure this year has been the car purchase, completion of the creche, refurbishment of the Mosawi Guest House and the commencement of the nurse's accommodation. We ensure that funding is available before commencement of any project.

As at 31 December 2024, the balance held in our bank account was £182,937. £5,000 of the unrestricted reserves are held to ensure that administrative overheads will be met e.g. banking, accountant costs, Just Giving platform fees and other unforeseen costs. £2,192 constituting restricted reserves were monies donated for the purpose of providing solar energy. This is likely to be used in 2025 as part of the costs for providing additional solar panels for the hospital site.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Dr Unwin has used his personal relationships with various benefactors, including other charitable foundations to highlight the work of Kamuli Mission Hospital and the obstacles it faces to continue to run effectively in terms of providing the equipment and personnel to treat patients.

Dr Unwin will continue to bring future project plans to the attention of the Trustees to ensure they all agree they are viable and necessary and make effective use of the funds raised.

Ensuring funds transferred to Uganda are used for their designated purpose.

This is mitigated by using internationally recognised banking systems to transfer funds and copies of hospital bank statements are sent through showing any funds transferred have arrive. Also we ensure that funds are transferred in staged payments for large capital building projects. Receipts are required and photos of capital building projects are required before release of the staged payments.

Before any payments are made the charity checks for any changes in sanctions policy on the UKGov website to ensure the charity complies with current sanctions and policies.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Helen Ralston</i>	<i>TREVOR STANTON</i>
<b>Full name(s)</b>	Helen Elizabeth Karen Ralston	Trevor Stanton
<b>Position (eg Secretary, Chair, etc)</b>	Trustee and Finance Officer	Trustee
<b>Date</b>	25 September 2025	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Kamulifriends

On accounts for the year  
ended

31 December 2024

Charity no  
(if any)

1155812

Set out on pages

9-10

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2024.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Dougal Howard

Date:

25 September 2025

Name:

Dougal Howard

Relevant professional  
qualification(s) or body  
(if any):

ACA from ICAEW

Address:

Godfrey Wilson Limited, Fifth Floor, Mariner House

62 Prince Street, Bristol

<b>Section B</b>	<b>Disclosure</b>
------------------	-------------------

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name <b>KamuliFriends</b>	No (if any) 1155812
--------------------------------------	------------------------

CC16a

## Receipts and payments accounts

For the period from	Period start date 01-Jan-24	To	Period end date 31-Dec-24
------------------------	--------------------------------	----	------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	153,562	-	-	153,562	172,560
Just Giving Receipts	3,304	-	-	3,304	2,104
Donations - vehicle	-	50,000	-	50,000	-
Bank Loyalty Bonus	1	-	-	1	1
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>156,867</b>	<b>50,000</b>	<b>-</b>	<b>206,867</b>	<b>174,665</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>156,867</b>	<b>50,000</b>	<b>-</b>	<b>206,867</b>	<b>174,665</b>
<b>A3 Payments</b>					
Bank Charges	222	-	-	222	237
Just Giving Monthly Charge	216	-	-	216	216
Accountant Fees	900	-	-	900	870
Building of creche	10,766	-	-	10,766	72,000
Vehicle purchase donation	-	50,000	-	50,000	-
Guest House renovation	6,218	-	-	6,218	-
Staff accommodation project	122,558	-	-	122,558	-
Reimburse P Unwin for Nursery School Brandng, Crockery cutlery for guest house, Fuel, Chairs/table, Toys, Strimmer, Subsistence for nurses mtg, Bins, Satellite dish for nursery	1,927	-	-	1,927	-
Orthopaedic Camp @ Kamuli Costs	-	-	-	-	6,992
Creation of Emergency Room + ER equipment	-	-	-	-	16,000
Dental Chair	-	-	-	-	3,500
MRI& treatment for pt, creche toys, petrol & hospital car repairs	-	-	-	-	1,600
	-	-	-	-	-
<b>Sub total</b>	<b>142,807</b>	<b>50,000</b>	<b>-</b>	<b>192,807</b>	<b>101,414</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>142,807</b>	<b>50,000</b>	<b>-</b>	<b>192,807</b>	<b>101,414</b>
<b>Net of receipts/(payments)</b>	<b>14,060</b>	<b>-</b>	<b>-</b>	<b>14,060</b>	<b>73,251</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>166,685</b>	<b>2,192</b>	<b>-</b>	<b>168,877</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>180,745</b>	<b>2,192</b>	<b>-</b>	<b>182,937</b>	<b>73,251</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash	180,745	-	-
	Solar Panel Project	-	2,192	-
		-	-	-
	<b>Total cash funds</b>	<b>180,745</b>	<b>2,192</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Helen Ralston	Helen Elizabeth Karen Ralston	25/09/2025	
	TREVOR STANTON	Trevor Stanton	25/09/2025	