

Rainham Food Bank

Report and Accounts

31 December 2021

Company registration number - 08813701

Charity registration number - 1155807

Rainham Food Bank

Report and accounts for the year ended 31 December 2021

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Rainham Food Bank

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Trustees' annual report for the year ended 31 December 2021

The trustees present their report and accounts for the year ended 31 December 2021, which also comprises the directors' report required by the Companies Act 2006.

Reference and administrative details

The charity name is Rainham Food Bank.

The legal name of the charity is Rainham Food Bank.

The charity is also known by its operating name, Rainham Foodbank.

The charity's areas of operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1155807.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity.

The charity is constituted as a company limited by guarantee, registered under the Companies Acts. The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 13 December 2013.

There are no restrictions in the governing documents on the operation of the charity or on its investment powers other than those imposed by charity law.

By operation of law, all trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals and listed below;

Pastor Aloysius Christopher Peter
Kevin John Browning
Chijoke Celestine Ubah
Benjamin Yeboah Agyemang
Mary Akpan Enang
Janet Ann Grosvenor

The principal operating address, telephone number, email and web addresses of the charity are:

1st Floor Unit 3-4 Mick Fury House
Lowen Close
Rainham
Essex
RM13 8HT

Telephone: 01708397484

Email address: info@rainham.foodbank.org.uk

Web address: www.rainham.foodbank.org.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

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Trustees' annual report for the year ended 31 December 2021

The trustees in office on the date the report was approved were:

Pastor Aloysius Christopher Peter
Kevin John Browning
Chijoke Celestine Ubah
Benjamin Yeboah Agyemang
Mary Akpan Enang
Janet Ann Grosvenor

The following persons served as trustees during the year ended 31 December 2020:

The trustees who served in the reporting period were as shown in the preceding page, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

- * The objectives of Rainham Food Bank project include the provision of emergency food to members of the public in crisis;
- * Provide possible solution to break the cycle of poverty and dependency;
- * Restore dignity, revive hope and transform lives and
- * Foster integration and engagement in the local community.

The main activities undertaken during the year to further the charity's purpose for the public benefit.

The year under review commenced at the peak of the second wave outbreak of the pandemic. This came with a great challenge and high cost to the Rainham Foodbank In terms of keeping the place safe and feeding the community at this critical moment.

The Charity continued with the change of our modus operandi from face to face to delivery only at the clients' door posts to reduce the spread of the virus while ensuring that no one died of hunger within this period.

The home delivery of food parcels to the service-users was made possible by the delivery volunteers who have selflessly sacrificed to ensure that no one in our community died of hunger. We were able to deliver food parcels to 3,555 people between January and December 2021. . When the restriction was lifted and the furloughed volunteers returned to work, we reviewed our strategy and changed to a collection-only service where the client came to the foodbank center at a designated appointment to collect their parcels.

Rainham Foodbank partnered with Felix Project for fresh nutritious Farm products collected directly from local farmers and supplied over 90tons of fresh products within the period through our FFFF (Free Fresh Food Friday) project. As the name implies, it is completely free for anyone in the Community and no voucher is required. This was mainly for anybody in the community.

Despite the pandemic, we were able to operate all our services fully, remotely for the early part of the year and on-site when the restriction was lifted. We were also able to extend our service to other charities such as The Ship Café, Friends of Essex, The Women's Refuge and the homeless shelter, Baby bank, etc. Rainham Foodbank was the only foodbank that delivered to the service user's doorstep, and we extended our services as far as SE18.

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Rainham Foodbank evidently provides huge benefits to the community in the areas of restoration of dignity to people, and provision of emergency food to members of the community which in turn helps to reduce family breakdown, housing loss, crime, and mental health problems. Rainham Foodbank helps to alleviate the prevailing challenges of isolation, loneliness, hunger, rejection, frustrations, and lack of basic needs within our community. Rainham Foodbank has become a community where everyone can access the support, they need to live independent, healthy, and fulfilling lives having the skills, confidence and ongoing support to stay on the right path.

Rainham Foodbank worked together with grass root community organizations, statutory agencies, frontline care professionals, schools, and businesses in the community to support people. Rainham foodbank is a focal point for all in its local community and welcomes all with open arms to the community hub. During the period, Rainham Foodbank worked closely with the Coronavirus Emergency Response team both at the council level and in London as well.

Rainham Foodbank relocated to Mick Fury House for Foodbank operations and the More Than Food activities before the end of 2020. Rainham Foodbank has settled in full at the newly leased property at Mick Fury House, Rainham.

Rainham Foodbank received support from various businesses and organizations such as TK Maxx, Morrisons, Tesco, Costco, Asda, Churches, Schools, etc.

Rainham Foodbank is a recipient of restricted grant from the Big Community Lottery for More than Food project, grant from Clarion Housing for the purchase of culture-related foodstuff, and restricted funding from L&Q Placemakers for Counselling. Rainham Foodbank is one of the pathfinder foodbanks working with the Trussell Trust towards ending the need for foodbanks in the United Kingdom and also received restricted funding for the engagement of the project manager.

In the year under review, the foodbank was able to attract support from over 86 persons who steadfastly volunteered their time and efforts helping with various activities including volunteer drivers. Corporate organizations such as the Red Cross, and Barclays bank helped to meet the needs of members of the community at that crucial moment. Rainham Foodbank received over 231,958.56 tons of food and distributed over 217, 885.41 tons from inception to the end of the reporting year. The figure excludes the ethnic minority tropical food items purchased by the foodbank.

Rainham Foodbank despite the impact of the pandemic continued to deliver the More Thank Food Services for the benefit of members of the community. Some of these projects include:

1) Sewing Project: The sewing project apart from providing the opportunity for skill acquisition to members of the community, immensely functions as a vehicle of employment and integration-driven activities in the community. The success of this project led to an increase in demand with a long waiting list already for the year. However, our relocation to a new site has brought limitations due to social distancing. The allotted space is now insufficient to accommodate more people per training session. We are currently seeking funding to enable us to secure an additional unit dedicated to sewing. We are in the process of completing the leased contract for the unit and have applied to Big Lottery for funding as this will support Rainham Foodbank's sustainability. This additional unit will be spacious enough to benefit more users who want to learn and also have a pathway to eradicate dependency on foodbank.

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2) Advocacy: Many members of the community found themselves heavily affected by the pandemic and this increased the challenges of not having enough food to feed their families. Our advocacy team help in identifying the right benefit/package, completing benefits forms, challenging DWP decisions, preparing and attending tribunals at capacity assessments, benefits check, etc. In the year under review, 32 persons benefited directly within this period and over £281,529 benefits were awarded and secured for the clients in 2021

3) Basic english skills for refugees: This was in response to the need for clients who were struggling to fit in because of their lack of understanding of the english language to be able to communicate confidently. Many are refugees and have no recourse to public funds at present. They start at learning to recognise, read, say and write the english alphabets through to being able to identify and label everyday items and phrases that are functional to their lives. Many of them have a different alphabetic system as it is, so the process of starting at the beginning is important. To sustain the gains and also build on the success so far, the training continued remotely via zoom and other social platform throughout the year under review.

4) Counselling: The covid-19 pandemic and the lockdown came with a degree of challenges to mental health which resulted in an exponential increase in demand for adults seeking therapeutic and clinical therapy. Unfortunately, the mental health of Children and young people was adversely affected. Rainham Foodbank started a Counselling unit for Children and young people(6-15yrs) named My Place May Space and so far, has about 20 in their records. Several suicidal incidents were averted during this period.

5) Rainham debt support center: The COVID-19 pandemic situation and its accompanying lockdown measure have affected livelihood in no little measure. Economically, many families who otherwise would have been okay, found it very hard to cope hence increased debts. This project came so handily, and it continues to provide an appreciable level of support around here among our clients at the foodbank and in our community at large. Rainham debt support and money management initiative in affiliation with FCA regulated CMA (Community Money Advice Group), in no little measure has been able to hold those hands that otherwise would have sunk into oblivion and pulled them out into the limelight again. In summary, we successfully attended to 20 clients at the end of the year under review with a project inaugurated in October 2020 of which some have had their debt burden resolved, some still in the "awaiting creditors response" pipeline while others are still in our process pipeline. This very important service was made possible by of the grants we received for that purpose.

6) Volunteering human capital development (Employability): In our commitment to excellence in volunteer management, Rainham Foodbank adopted a holistic approach to support our users by recruiting them as volunteers to be trained and supported in operations. This helped them in acquiring new skills and experience to become more 'employment ready', work towards living independently in the community with adequate financial means, build confidence through civic service, and restore people's confidence. Students from both the English for refugees and sewing projects have moved into the volunteering sector. The volunteering sector is helping them to develop and build up the working ethics, confidence, and resilience required in a regular workplace.

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Trustees' annual report for the year ended 31 December 2021

How the activities undertaken during the year contributed to the achievement of the aims and objectives.

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The contribution of volunteers during the year.

In the last year, the charity was able to attract supports from about 97 persons who steadfastly volunteered their times with various activities within the foodbank structures and its accompanying projects. It is estimated that 97 volunteers gave a minimum of 4 hours weekly amounting to a total of about 20,176 hours in the years (amounting to a value of £175,935 when calculated at minimum /standard living wage) and we cannot but continue to thank God and offer our appreciation for this set of highly valued human resources.

Fundraising activities during the year.

The charity relies on grant aid from the donors identified in the accounts, whose support is valued. There have been no other fundraising activities.

Structure, governance, and management of the charity

The methods used to recruit and appoint new charity trustees.

The management of the charity is vested with the board of trustees to whom the chairman who is also the visionary meets with the trustees regularly and as need arises. The day-to-day operation of the Foodbank is run by operation manager directly supervised by the chairman board of trustees.

The management team which consists of ten team leads drawn from all sections of the Rainham Foodbank project activities meets regularly to ensure the smooth operation and effective execution of Rainham Foodbank goals and objectives.

Rainham Foodbank was borne out of a sincere passion to see practical needs met in the community as direct action as we believe that everyone needs and deserves unconditional love irrespective of social status, conditions, race or other considerations. Rainham Foodbank in practical ways is meeting the needs of those in crisis and establishing relationships within the community.

Bankers	Barclays Bank UK Plc 1 Churchill Place London E14 5HP
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Accountants	Crownwise Consult Limited 1A Town Square Erith London DA8 1RE
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Trustees' annual report for the year ended 31 December 2021

The charity's financial position at the end of the year ended 31 December 2021

The financial position of the charity at 31 December 2021 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:

	2021 £	2020 £
Net income	(97,801)	218,163
Unrestricted revenue funds available for the general purposes of the charity	21,447	21,840
Restricted revenue funds	165,885	283,916
Total funds	187,332	305,756

Financial review of the position at the reporting date, 31 December 2021.

For the year under review, the charity was able to receive an income of £178,455 (£366,999 in 2020) as voluntary donations and grants. The net movement in funds as shown in the statement of financial activities for the year ended 31 December 2021 was (£97,801) (£218,163 in 2020). Net assets as at 31 December 2021 stood at £187,332 (£305,756 in 2020).

Policies on reserves.

The trustees strive to achieve a reserve policy as recommended by the Charity Commission, whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure so as to:

- protect our services against loss of funding/sustain service levels;
- invest in new programmes as needs are identified by local communities;
- support costs which funders do not readily consider, for example core costs and
- cover winding down costs including redundancies where appropriate.

As at 31 December 2021, the unrestricted expenditure for the year is £18,198, thus targeted reserve should be £4,549.50 and £9,099 which is 25% and 50% of expenditure respectively. Therefore, the current unrestricted reserve of £21,447 as per reserve policy is enough to fund the activities of the charity should the funding drop.

The trustees will yearly ensure review of this policy in line with the growth of the charity so as to ensure that the reserves needed meet the working capital needs of the charity.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

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Plans for the future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

As Rainham Foodbank has settled in fully at the new premises, we are continuing to execute elements of the five year well costed business plan with the key vision of feeding and resourcing the community. This will ensure everyone has the opportunity for an independent and fulfilling life, have the skills and confidence to participate in community life, gain employment which sustains independent and maintain positive mental and physical health to live fulfilling lives in the local area.

Rainham Foodbank is evolving into a resource centre, a one stop shops for the community. This centre will provide opportunities for community engagement, training and ongoing support. Rainham Foodbank will be providing training to staff, volunteers, and service users to enhance their capacity for personal development and / or employment viability.

Although a vision to end poverty would be obvious, but this may not be obtained immediately, however, Rainham Foodbank will be working with Trussell Trust to end the need of foodbanks in the future UK. We shall continue in a practical way to support people who find themselves on the edge of disaster and to build on the community spirit. Rainham Foodbank will continue to work with other organisations, and Trussell Trust on changing minds, changing community and changing policies.

Details of the independent examiner.

Mr Adeniyi Zaccheus
Chartered Certified Accountant
1A Town Square
Erith
London
DA8 1 RE

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Trustees' annual report for the year ended 31 December 2021

Statement of directors and trustees' responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019).

In particular, the Companies Act 2006 and charity law require the board of trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the board is required to:

- prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law);
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business and
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the statutory responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

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Trustees' annual report for the year ended 31 December 2021

Method of preparation of accounts - small company provisions

The financial statements are set out on pages 12 to 14.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019) and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016).

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 22 August 2022.

A handwritten signature in black ink, consisting of a large, stylized 'A' followed by a series of loops and a long horizontal stroke extending to the left.

Pastor Aloysius Christopher Peter
Director and trustee

Rainham Food Bank

Report of the independent examiner to the trustees of the charitable company on the accounts for the year ended 31 December 2021

I report to the trustees on my examination of the financial statements of the charitable company on pages 12 to 15 for the year ended 31 December 2021 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), and under the historical cost convention and the accounting policies set out on pages 16 and 18.

Respective responsibilities of the trustees and the independent examiner and the basis of the report

As described on pages 8 and 9, you, the charitable company's trustees, who are also the directors of the company for the purposes of company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:

- a) examine the financial statements of the charity under Section 145 of the Act and
- b) follow the applicable procedures in the directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of independent examiner's statement and scope of work undertaken

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide.

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the trustees of all material matters.

Rainham Food Bank

Independent examiner's statement, report and opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination and can confirm that:

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006.

This is a report in respect of an examination carried out under 145 of the Act and in accordance with directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view, which is not a matter considered as part of an independent examination and

the financial statements have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Mr Adebisi Zaccheus - Independent examiner

Chartered Certified Accountant

1A Town Square

Erith

London

DA8 1RE

This report was signed on 22 August 2022

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2021

Statement of financial activities (including the income and expenditure account for the year ended 31 December 2021, as required by the Companies Act 2006)

	Notes	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Income					
Donations and grant	15	17,805	160,650	178,455	366,999
Expenditure on:					
Charitable activities		18,198	258,058	276,256	148,836
Total expenditure	19	<u>18,198</u>	<u>258,058</u>	<u>276,256</u>	<u>148,836</u>
Net income for the year		<u>(393)</u>	<u>(97,408)</u>	<u>(97,801)</u>	<u>218,163</u>
Net movement in funds		<u>(393)</u>	<u>(97,408)</u>	<u>(97,801)</u>	<u>218,163</u>
Reconciliation of funds:					
Total funds brought forward		21,840	283,916	305,756	87,593
Adjustment against reserve		-	(20,623)	(20,623)	-
Total funds carried forward		<u>21,447</u>	<u>165,885</u>	<u>187,332</u>	<u>305,756</u>

As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the balance sheet.

A separate statement of total recognised gains and losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations.

Rainham Food Bank - Resources applied in the year ended 31 December 2021 towards fixed assets for charity use:-

	2021 £	2020 £
Funds generated in the year as detailed in the SOFA	(97,801)	218,163
Resources applied on functional fixed assets	(2,638)	(8,668)
Net resources available to fund charitable activities	<u>(100,439)</u>	<u>209,495</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 16 to 25 form an integral part of these accounts.

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2021

Movements in revenue and capital funds for the year ended 31 December 2021

Revenue accumulated funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Last year Total funds 2020 £
Accumulated funds brought forward	21,840	283,916	305,756	87,593
Recognised gains and losses	(393)	(97,408)	(97,801)	218,163
	21,447	186,508	207,955	305,756
Adjustment against reserve	-	(20,623)	(20,623)	-
Closing revenue funds	21,447	165,885	187,332	305,756

Summary of funds

	Unrestricted and Designated funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Last year Total funds 2020 £
Revenue accumulated funds	21,447	165,885	187,332	305,756

The notes attached on pages 16 to 25 form an integral part of these accounts.

Rainham Food Bank - Statement of financial activities for the year ended 31 December 2021

Rainham Food Bank Income and expenditure account for the year ended 31 December 2021 as required by the Companies Act 2006

	2021 £	2020 £
Income		
Income from operations	178,455	366,999
Gross income in the year before exceptional items	178,455	366,999
Gross income in the year including exceptional items	178,455	366,999
Expenditure		
Charitable expenditure, excluding depreciation and amortisation	237,818	111,176
Depreciation and amortisation	37,688	37,160
Governance costs	750	500
Total expenditure in the year	276,256	148,836
Net income before tax in the financial year	(97,801)	218,163
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	(97,801)	218,163
Retained surplus/deficit for the financial year	(97,801)	218,163

All activities derive from continuing operations.

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the income and expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 16 to 25 form an integral part of these accounts.

Rainham Food Bank - Balance sheet as at 31 December 2021

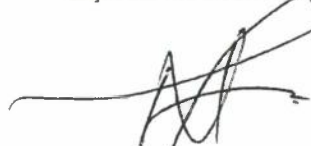
	Notes	2021 £	2020 £
Fixed assets			
Land & building	8	95,886	127,848
Tangible assets	9	12,102	15,190
Total fixed assets		<u>107,988</u>	<u>143,038</u>
Current assets			
Debtors	10	15,000	15,000
Cash at bank and in hand		66,350	149,474
Total current assets		<u>81,350</u>	<u>164,474</u>
Creditors: amounts falling due within one year	11	<u>(2,006)</u>	<u>(1,756)</u>
Net current assets		79,344	162,718
The total net assets of the charity		<u>187,332</u>	<u>305,756</u>
The total net assets of the charity are funded by the funds of the charity, as follows:-			
Restricted funds			
Restricted revenue funds	13	165,885	283,916
Unrestricted funds			
Unrestricted revenue funds	13	21,447	21,840
Total charity funds		<u>187,332</u>	<u>305,756</u>

For the year ending 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.



Pastor Aloysius Christopher Peter
Director and trustee

Approved by the board of trustees on 22 August 2022.

The notes attached on pages 16 to 25 form an integral part of these accounts.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going concern

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 31 December 2021, the trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Donated goods, facilities and services

Donated fixed assets are recognised at the current fair value. All such donations are recognised as donation income, and debited to fixed assets.

Donated goods that are not fixed assets are accounted for at a fair value, unless it is impractical to reliably measure the value of the donated items.

In the absence of any direct evidence of fair value of donated goods, then a value is derived from the cost of the item to the donor or, in the case of goods that are expected to be sold, the estimated resale value after deducting any anticipated costs of sales.

If it is impracticable to measure the fair value of goods donated for resale, or the costs of valuation outweigh the benefits, the donated goods are recognised as income when sold, with an equivalent amount being recognised as an expense.

The costs of goods donated for distribution to beneficiaries is deemed to be the fair value of those goods upon receipt. When the goods are distributed freely or for a nominal consideration, then the carrying amount is adjusted at the time of sale, to the value at the point of distribution and the adjustment is shown as a cost of donations made.

Donated services and facilities (including seconded staff and use of property) are included in the accounts on the basis of the value of the gift to the charity.

All donated services and facilities are recognised as donation income when received, (provided the value of the gift can be measured reliably) and recognised as an expense with an equivalent value.

Policies relating to expenditure on goods and services provided to the charity.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity. However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in Note 5.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Land & building	0% straight line
Building-refurbishment	20% straight line
Office and project equipment	20% straight line
Furniture and fittings	20% straight line
Motor vehicles	20% straight line

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the church and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the church for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

There are no endowment funds.

2 Liability to taxation

The trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity and is therefore included in the relevant costs in the Statement of financial activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

4 Net surplus before tax in the financial year

	2021	2020
	£	£

The net surplus before tax in the financial year is stated after charging:-

Depreciation of owned fixed assets	5,726	5,198
Depreciation of building	31,962	31,962
	37,688	37,160

5 The contribution of volunteers

The charity depends on the support of its volunteers, which is much appreciated. The church is grateful for the unflinching efforts of its volunteers who are involved in service provision, office work and administration. It is estimated that over 13,520 volunteer hours were provided during 2020. The arrangements with volunteers are difficult to value precisely in monetary terms and have not been recognised in the Statement of financial activities. The volunteers and the charity accept and agree that no contract of employment is created by these arrangements.

6 Staff costs and emoluments

<i>Salary costs</i>	2021	2020
	£	£
Gross salaries excluding trustees and key management personnel	70,355	36,648
Employer's National Insurance for all staff	1,299	-
Total salaries, wages and related costs	71,654	36,648

7 Building

	At cost 2021 £	At valuation 2021 £	Total of valuation and cost 2021 £	Total of valuation and cost 2020 £
At 1 January 2021	159,810	-	159,810	159,810
Addition	-	-	-	-
At 31 December 2021	159,810	-	159,810	159,810
<i>Depreciation</i>				
At 1 January 2021	31,962	-	31,962	31,962
Charge for the year	31,962	-	31,962	-
At 31 December 2021	63,924	-	63,924	31,962
Net book value	95,886	-	95,886	127,848

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

8 Tangible fixed assets

	Office and project equipment £	Furniture and fittings £	Motor vehicles £	Total £
Cost				
At 1 January 2021	18,885	4,083	3,023	25,991
Additions	1,315	1,323	-	2,638
At 31 December 2021	20,200	5,406	3,023	28,629
Depreciation				
At 1 January 2021	8,442	1,755	604	10,801
Charge for the year	4,040	1,081	605	5,726
At 31 December 2021	12,482	2,836	1,209	16,527
Net book value				
At 31 December 2021	7,718	2,570	1,814	12,102
At 31 December 2020	10,443	2,328	2,419	15,190

9 Debtors	2021	2020
	£	£
Lease deposit	15,000	15,000

10 Creditors: amounts falling due within one year	2021	2020
	£	£
Accruals	750	500
Other creditors	1,256	1,256
	2,006	1,756

11 Income and expenditure account summary	2021	2020
	£	£
At 1 January 2021	305,756	87,593
Surplus after tax for the year	(97,801)	218,163
Adjustment against reserve	(20,623)	-
At 31 December 2021	187,332	305,756

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

12 Particulars of how particular funds are represented by assets and liabilities

At 31 December 2021	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Building	-	-	95,886	95,886
Tangible fixed assets	12,102	-	-	12,102
Current assets	11,351	-	69,999	81,350
Current liabilities	(2,006)	-	-	(2,006)
	21,447	-	165,885	187,332
At 1 January 2021	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Building	-	-	127,848	127,848
Tangible fixed assets	15,190	-	-	15,190
Current assets	8,406	-	156,068	164,474
Current liabilities	(1,756)	-	-	(1,756)
	21,840	-	283,916	305,756

13 Change in total funds over the year as shown in Note 12, analysed by individual funds

	Funds brought forward from 2020	Movement in funds in 2021	Adjustment in funds in 2021	Funds carried forward to 2022
	£	£	£	£
Unrestricted and designated funds:-				
Unrestricted revenue funds	21,840	(393)	-	21,447
Total unrestricted and designated funds	21,840	(393)	-	21,447
Restricted funds:-				
Restricted revenue funds	283,916	(97,408)	(20,623)	165,885
Total restricted funds	283,916	(97,408)	(20,623)	165,885
Total charity funds	305,756	(97,801)	(20,623)	187,332

Rainham Food Bank

Notes to the accounts for the year ended 31 December 2021

14 Analysis of movements in funds over the year as shown in Note 13

	Income	Expenditure	Other gains & losses	Movement in funds
	2021	2021	2021	2021
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted revenue funds	17,805	(18,198)	-	(393)
<i>Restricted funds:-</i>				
Restricted revenue funds	160,650	(258,058)	-	(97,408)
	<u>178,455</u>	<u>(276,256)</u>	<u>-</u>	<u>(97,801)</u>

Rainham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

15 Donations and grants

	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Donations and gifts from individuals				
Small donations individually less than £1000	17,805	-	17,805	40,706
Total donations and gifts from individuals	17,805	-	17,805	40,706
	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Revenue grants and donations from non public bodies				
Donations from corporate organisations	-	160,650	160,650	326,293
Total private sector revenue grants	-	160,650	160,650	326,293
Total donations and grant	17,805	160,650	178,455	366,999

16 Expenditure on charitable activities - Direct spending

	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Gross wages and salaries - charitable activities	-	70,355	70,355	36,648
Employers' NI - charitable activities	-	1,299	1,299	-
Employers' pension	-	1,797	1,797	-
Travel and subsistence - charitable activities	-	6,376	6,376	836
Welfare	1,000	-	1,000	330
Training	-	1,250	1,250	8,345
Projects	-	9,783	9,783	8,363
Total direct spending	1,000	90,860	91,860	54,522

Rainham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 2015

17 Support costs for charitable activities

	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
<i>Premises expenses</i>				
Rent	-	30,000	30,000	39,400
Service charges payable		22,526	22,526	
Light heat and power	1,569	6,276	7,845	1,127
Cleaning and waste management	2,710	10,839	13,549	1,121
Premises repairs, renewals and maintenance	-	11,562	11,562	-
Business rate	270	-	270	-
Property insurance	-	1,566	1,566	530
Security controls	709	-	709	-
<i>Administrative overheads</i>				
Telephone, fax and internet	2,038	-	2,038	1,378
Stationery and printing	1,520	-	1,520	2,056
Office expenses	-	17,971	17,971	2,602
Subscriptions to periodicals	395	-	395	-
Software licences and expenses	-	-	-	674
Advertising and marketing	740	-	740	514
Sundry expenses	6,497	-	6,497	1,635
Equipment, repairs, expenses and maintenance	-	-	-	3,655
<i>Volunteer costs</i>				
Volunteer expenses	-	1,565	1,565	-
<i>Professional fees paid to advisors other than the auditor or examiner</i>				
Consultancy fees	-	22,696	22,696	1,962
Management fees	-	4,509	4,509	-
Depreciation & amortisation	-	37,688	37,688	37,160
Total support costs	16,448	167,198	183,646	93,814

Rainham Food Bank

Detailed analysis of income and expenditure for the year ended 31 December 2021 as required by the SORP 2015

18 Other expenditure - Governance costs

	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Independent examiner's fees	750	-	750	500
Total governance costs	750	-	750	500

19 Total charitable expenditure

	Current year Unrestricted funds 2021 £	Current year Restricted funds 2021 £	Current year Total funds 2021 £	Prior year Total funds 2020 £
Total direct spending	1,000	90,860	91,860	54,522
Total support costs	16,448	167,198	183,646	93,814
Total governance costs	750	-	750	500
Total charitable expenditure	18,198	258,058	276,256	148,836

<i>Prior year</i>	Prior year Unrestricted funds 2020 £	Prior year Restricted funds 2020 £	Prior year Total funds 2020 £
Total direct spending	7,660	46,862	54,522
Total support costs	20,843	72,971	93,814
Total governance costs	500	-	500
Total charitable expenditure	29,003	119,833	148,836