

CHARITY REGISTERED NUMBER: 1155777

SPIRITUAL COMPANIONS TRUST

INDEPENDENTLY EXAMINED

RECEIPT AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2024

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SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2024
CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Moirra Cunningham
William Carl Stonier
Linda Sharron Toms
Dorothy Turner
Peter Anthony Dalton

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for managing the charity totalling £4,000 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2024
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Spiritual Companions

During the year we supported the personal and professional development of the 384 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

Education

We ran the Diploma in Spiritual Coaching & Caregiving (Crossfields Institute Level 3) as an online course with a cohort of 19 students starting in September 2024. This course will finish in July 2025.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. The online audio and video version continues to be freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>

UK Register of Spiritual Caregivers (UKRSC)

Our registry of spiritual caregivers currently has 89 registrants and continues to grow slowly.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2024.

Compassion Dialogues

In October 2023 we launched another series of hour-long webinars continuing the 'Compassion Dialogues' in which significant figures in the spirituality and wellbeing world were interviewed. These dialogues carried on through into 2024 with the last one occurring in April. They were very well attended and priced by donation making them available to all. These are now freely available to watch via our website.

Reserves Policy

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees

Date: 9 June 2025



Trustee name: Peter Brown

SPIRITUAL COMPANIONS TRUST
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2024

Independent examiner's report to the trustees of Spiritual Companions Trust

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 13 June 2025

Birgit Kotschi FCCA MAAT
Selwood Accounts and Tax Ltd
36 Selwood Road
Glastonbury
Somerset
BA6 8HW

SPIRITUAL COMPANIONS TRUST

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

	2024 £ Unrestricted Funds	2024 £ Restricted Funds	2024 £ Total Funds	2023 £ Total Last year
Receipts				
Benefactor donations	531	131	662	6,912
Event donations	5,382	-	5,382	-
Registration fees	37,962	-	37,962	-
Grants	-	17,000	17,000	-
Bank interest	471	-	471	356
	<hr/>	<hr/>	<hr/>	<hr/>
	44,346	17,131	61,477	7,268
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	732	-	732	996
Chief executive fees	4,000	-	4,000	-
Administrative wages	14,460	-	14,460	3,820
Project management wages	2,095	2,000	4,095	7,200
Telephone and broadband	123	-	123	123
General office expenses	1,668	-	1,668	1,677
Office Equipment	1,819	-	1,819	-
Travel expenses	-	-	-	57
Course development	283	-	283	350
Website and advertising costs	1,289	-	1,289	655
SC trust membership and insurance	336	-	336	806
Bank and paypal fees	362	-	362	73
Executive team expenses	155	-	155	119
Accountancy	420	-	420	570
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	(30,082)	(2,000)	(32,082)	(18,786)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	14,264	15,131	29,395	(11,518)
Cash funds last year end	18,206	-	18,206	29,724
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Cash funds this year end	32,470	15,131	47,601	18,206
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SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31 DECEMBER 2024

	2024 £ Unrestricted Funds	2024 £ Restricted Funds	2024 £ Total Funds	2023 £ Total Last year
Monetary assets				
Bank and cash in hand	32,470	15,131	47,601	18,206
	_____	_____	_____	_____
Net current assets	32,470	15,131	47,601	18,206
	_____	_____	_____	_____
Total assets less liabilities	32,470	15,131	47,601	18,206
	=====	=====	=====	=====
Represented by:				
Cash funds				
Cash funds for the year	32,470	15,131	47,601	18,206
	_____	_____	_____	_____
Balance as at 31 December 2024	32,470	15,131	47,601	18,206
	=====	=====	=====	=====

Read and approved 9 June 2025



Trustee name: Peter Brown

On behalf of
Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

1. Tangible fixed assets

Office equipment

Cost at 1 January 2024	4,593
Additions	1,819
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Cost at 31 December 2024	6,412
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2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.