

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
INDEPENDENTLY EXAMINED
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2022

CONTENTS

	Page
Trustees' Annual Report	1
Independent Examiner's Report	3
Receipt and Payment Accounts	4
Statement of Assets and Liabilities	5
Notes to the Accounts	6

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022
CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Heather K Veitch
Tracy Wheeler
Carl Stonier
Linda Sharron Toms
Dorothy Turner
Ila Mazumdar

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for consultancy and expenses totalling £4,180 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2022
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Spiritual Companions

During the year we supported the personal and professional development of the 363 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

Education

Due to illness and a lack of capacity it was not possible to deliver The Diploma in Practical Spirituality and Wellness (Crossfields Institute Level 3 in 2022. The groundwork was laid however for a delivery in 2024.

Our 10-hour course on spirituality and wellbeing was delivered by our educators, twice by William Bloom and once by Martine Moorby.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. The online audio and video version continues to be freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>

UK Register of Spiritual Caregivers (UKRSC)

Our registry of spiritual caregivers currently has 89 registrants and continues to grow slowly.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2022.

Compassion Dialogues

In November 2021 we launched a series of hour-long webinars entitled the 'Compassion Dialogues' in which significant figures in the spirituality and wellbeing world were interviewed. These dialogues carried on throughout 2022, were very well attended and priced by donation making them available to all. These are now freely available to watch via our website.

Reserves Policy

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees

Date: 27 June 2023

Trustee name: Peter Brown

SPIRITUAL COMPANIONS TRUST
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent examiner's report to the trustees of Spiritual Companions Trust

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 27 June 2023

Birgit Kotschi FCCA MAAT
Selwood Accounts and Tax Ltd
36 Selwood Road
Glastonbury
Somerset
BA6 8HW

SPIRITUAL COMPANIONS TRUST

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £ Unrestricted Funds	2022 £ Restricted Funds	2022 £ Total Funds	2021 £ Total Last year
Receipts				
Benefactor donations	7,659	-	7,659	6,481
Registration fees	27,338	-	27,338	21,020
Event income	-	-	-	2,874
Bank interest	110	-	110	2
	<hr/>	<hr/>	<hr/>	<hr/>
	35,107	-	35,107	30,377
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	857	-	857	438
Chief executive wages	4,000	-	4,000	4,045
Administrative wages	2,943	2,247	5,190	5,145
Consultancy	14,500	-	14,500	2,370
Telephone and broadband	123	-	123	267
General office expenses	1,531	-	1,531	1,537
Materials and handouts	-	-	-	344
Course development	5	-	5	378
Educator tutoring	19	-	19	3,114
Website costs	746	-	746	1,806
SC trust membership and insurance	211	-	211	951
Registration fees	2,315	-	2,315	5,662
Bank and paypal fees	520	-	520	233
Executive team expenses	181	-	181	62
Accountancy	650	-	650	400
Fixed asset depreciation 100%	-	-	-	1,028
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	(30,941)	(2,247)	(33,188)	(30,120)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	4,166	(2,247)	1,919	257
Cash funds last year end	25,558	2,247	27,805	27,548
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Cash funds this year end	29,724	-	29,724	27,805
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SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2022

	2022 £ Unrestricted Funds	2022 £ Restricted Funds	2022 £ Total Funds	2021 £ Total Last year
Monetary assets				
Bank and cash in hand	29,724	-	29,724	27,805
	<hr/>	<hr/>	<hr/>	<hr/>
Net current assets	29,724	-	29,724	27,805
	<hr/>	<hr/>	<hr/>	<hr/>
Total assets less liabilities	29,724	-	29,724	27,805
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Represented by:				
Cash funds				
Cash funds for the year	29,724	-	29,724	27,805
	<hr/>	<hr/>	<hr/>	<hr/>
Balance as at 31 December 2022	29,724	-	29,724	27,805
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Read and approved 27 June 2023

Trustee name: Peter Brown

On behalf of
Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Tangible fixed assets

Office equipment

Cost at 1 January 2021	4,593
Additions	-
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Cost at 31 December 2022	4,593
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Depreciation 1 January 2021	4,593
Charge	-
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Depreciation at 31 December 2022	4,593
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NBV at 31 December 2022	-
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NBV at 31 December 2021	-
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2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.