

**CHARITY REGISTERED NUMBER: 1155777**

**SPIRITUAL COMPANIONS TRUST  
INDEPENDENTLY EXAMINED  
RECEIPT AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

**SPIRITUAL COMPANIONS TRUST**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

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# **SPIRITUAL COMPANIONS TRUST**

## **TRUSTEES' ANNUAL REPORT**

**FOR THE YEAR ENDED 31 DECEMBER 2021**

**CHARITY REGISTRATION NUMBER 1155777**

### **The charity's principal address is:**

48 Roman Way  
Glastonbury  
Somerset  
BA6 8AD

### **Names of the charity trustees:**

Peter Brown  
Ila Mazumdar  
Carl Stonier  
Linda Toms  
Dorothy Turner  
Heather K. Veitch  
Tracy Wheeler

### **Structure, governance and management**

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for consultancy and expenses totalling £4,045 were paid during the year.

### **Objectives and activities**

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.



**SPIRITUAL COMPANIONS TRUST**  
**TRUSTEES' ANNUAL REPORT CONTINUED**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**  
**CHARITY REGISTRATION NUMBER 1155777**

**Achievement and performance**

*Covid and Lockdown*

As the nation gradually came out of lockdown we were able to recommence our educational offer. This was after the cancellation or postponement of all our courses and in-person events in 2020.

*Spiritual Companions*

During the year we supported the personal and professional development of the 357 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

*Education*

Our educational centre at Lammas Ecovillage, Pembrokeshire, delivered our qualification The Diploma in Practical Spirituality and Wellness (Crossfields Institute Level 3), and five learners graduated. We launched our digital offer and 27 students enrolled.

*Your Spiritual Health Programme*

We continued to distribute our 40-page publication in hard copy and in digital PDF form. We created an online audio and video version freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>  
The Spiritual Health Programme was also delivered as a 10-hour workshop by Angela Sellens Drake in Norwich, Martine Moorby in Harrogate and online by William Bloom.

*Publications*

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2021.

*Policies and Financial Review*

In line with the requirements for being a centre that delivers a qualification on the Ofqual Register we further developed and updated all our policies which can be found listed on this web page: <https://spiritualcompanions.org/downloads-policies/>

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees



Date: 26/8/22 2022

Trustee name: Peter Brown

**SPIRITUAL COMPANIONS TRUST**  
**INDEPENDENT EXAMINER'S REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**Independent examiner's report to the trustees of Spiritual Companions Trust**

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 26/8/2..... 2022

Birgit Kotschi FCCA MAAT  
Selwood Accounts and Tax Ltd  
36 Selwood Road  
Glastonbury  
Somerset  
BA6 8HW



**SPIRITUAL COMPANIONS TRUST**  
**RECEIPTS AND PAYMENTS ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

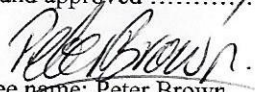
	2021 £ Unrestricted Funds	2021 £ Restricted Funds	2021 £ Total Funds	2020 £ Total Last year
<b>Receipts</b>				
Benefactor donations	6,481	-	6,481	6,330
Registration fees	21,020	-	21,020	850
Event income	2,874	-	2,874	680
Bank interest	2	-	2	20
Grants	-	-	-	9,050
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	30,377	-	30,377	16,930
	<hr/>	<hr/>	<hr/>	<hr/>
<b>Payments</b>				
Office rent	2,340	-	2,340	2,340
Room and venue hire	438	-	438	224
Chief executive wages	545	3,500	4,045	2,200
Administrative wages	2,480	2,665	5,145	10,882
Consultancy	2,370	-	2,370	2,279
Telephone and broadband	267	-	267	123
General office expenses	1,450	87	1,537	710
Materials and handouts	344	-	344	931
Course development	378	-	378	33
Educator tutoring	3,114	-	3,114	-
Website costs	1,806	-	1,806	2,064
SC trust membership and insurance	951	-	951	851
Registration fees	5,662	-	5,662	250
Bank and paypal fees	233	-	233	142
Executive team expenses	62	-	62	250
Travel expenses	-	-	-	118
Accountancy	400	-	400	400
Fixed asset depreciation 100%	1,028	-	1,028	-
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	(23,868)	(6,252)	(30,120)	(23,797)
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Net (payments) receipts for the year	6,509	(6,252)	257	(6,867)
Cash funds last year end	19,049	8,499	27,548	34,415
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<b>Cash funds this year end</b>	<b>25,558</b>	<b>2,247</b>	<b>27,805</b>	<b>27,548</b>
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**SPIRITUAL COMPANIONS TRUST**  
**STATEMENT OF ASSETS AND LIABILITIES**

**AS AT 31 DECEMBER 2021**

	2021 £ Unrestricted Funds	2021 £ Restricted Funds	2021 £ Total Funds	2020 £ Total Last year
<b>Monetary assets</b>				
Bank and cash in hand	25,558	2,247	27,805	27,548
<b>Net current assets</b>	25,558	2,247	27,805	27,548
<b>Total assets less liabilities</b>	25,558	2,247	27,805	27,548
<b>Represented by:</b>				
<b>Cash funds</b>				
Cash funds for the year	25,558	2,247	27,805	27,548
<b>Balance as at 31 December 2021</b>	25,558	2,247	27,805	27,548

Read and approved 26/8 2022

  
Trustee name: Peter Brown

On behalf of  
Spiritual Companions Trust

**SPIRITUAL COMPANIONS TRUST**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2021**

**1. Tangible fixed assets**

**Office equipment**

Cost at 1 January 2020	3,565
Additions	1,028
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Cost at 31 December 2021	4,593
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Depreciation 1 January 2020	3,565
Charge	1,028
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Depreciation at 31 December 2021	4,593
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NBV at 31 December 2021	-
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NBV at 31 December 2020	-
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**2. Particulars of any guarantees given by the CIO**

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

**3. Particulars of any debt outstanding**

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.