

SPIRITUAL COMPANIONS TRUST

England & Wales · Charity number 1155777

Details

Status Registered

Legal form CIO

Registered 2014-02-13

Register [View on the Charity Commission register](#)

Contact

Address 48 The Roman Way
Glastonbury
BA6 8AD

Phone 01458835701

Email info@spiritualcompanions.org

Website www.spiritualcompanions.org

Activities

Objects: TO ADVANCE EDUCATION AND TRAINING IN THE PRACTICE OF SPIRITUAL COMPANIONSHIP; IN PARTICULAR BUT NOT EXCLUSIVELY, FOR PROFESSIONAL AND VOLUNTARY CARERS WITH THE PURPOSE OF THE RELIEF OF THE SICK AND VULNERABLE.

Activities: We are an educational charity delivering trainings in Spiritual Companionship. This is a holistic and multifaith approach to pastoral care. We deliver a level 3 qualification, the Diploma in Practical Spirituality & Wellness, accredited by the Crossfields Institute and on the OFQUAL register. We also provide trainings in good practice in spirituality for service providers.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Education/training
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£61,477	£32,082	-	-
2023-12-31	£7,268	£11,518	-	-
2022-12-31	£35,107	£33,188	-	-
2021-12-31	£30,377	£30,120	-	-
2020-12-31	£16,930	£23,797	-	-

Trustees

Name	Role	Appointed
Peter Brown	Chair	2015-04-29
Anna Warhurst		2025-09-17
CARL STONIER		2013-06-27
Dorothy Turner		2018-09-20
Peter Anthony Dalton		2023-01-16

SPIRITUAL COMPANIONS TRUST

England & Wales - Charity number 1155777

Accounts

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
INDEPENDENTLY EXAMINED
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2024

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SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2024
CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Moirra Cunningham
William Carl Stonier
Linda Sharron Toms
Dorothy Turner
Peter Anthony Dalton

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for managing the charity totalling £4,000 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2024
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Spiritual Companions

During the year we supported the personal and professional development of the 384 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

Education

We ran the Diploma in Spiritual Coaching & Caregiving (Crossfields Institute Level 3) as an online course with a cohort of 19 students starting in September 2024. This course will finish in July 2025.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. The online audio and video version continues to be freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>

UK Register of Spiritual Caregivers (UKRSC)

Our registry of spiritual caregivers currently has 89 registrants and continues to grow slowly.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2024.

Compassion Dialogues

In October 2023 we launched another series of hour-long webinars continuing the 'Compassion Dialogues' in which significant figures in the spirituality and wellbeing world were interviewed. These dialogues carried on through into 2024 with the last one occurring in April. They were very well attended and priced by donation making them available to all. These are now freely available to watch via our website.

Reserves Policy

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees

Date: 9 June 2025



Trustee name: Peter Brown

SPIRITUAL COMPANIONS TRUST
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2024

Independent examiner's report to the trustees of Spiritual Companions Trust

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 13 June 2025

Birgit Kotschi FCCA MAAT
Selwood Accounts and Tax Ltd
36 Selwood Road
Glastonbury
Somerset
BA6 8HW

SPIRITUAL COMPANIONS TRUST
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

	2024 £ Unrestricted Funds	2024 £ Restricted Funds	2024 £ Total Funds	2023 £ Total Last year
Receipts				
Benefactor donations	531	131	662	6,912
Event donations	5,382	-	5,382	-
Registration fees	37,962	-	37,962	-
Grants	-	17,000	17,000	-
Bank interest	471	-	471	356
	<hr/>	<hr/>	<hr/>	<hr/>
	44,346	17,131	61,477	7,268
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	732	-	732	996
Chief executive fees	4,000	-	4,000	-
Administrative wages	14,460	-	14,460	3,820
Project management wages	2,095	2,000	4,095	7,200
Telephone and broadband	123	-	123	123
General office expenses	1,668	-	1,668	1,677
Office Equipment	1,819	-	1,819	-
Travel expenses	-	-	-	57
Course development	283	-	283	350
Website and advertising costs	1,289	-	1,289	655
SC trust membership and insurance	336	-	336	806
Bank and paypal fees	362	-	362	73
Executive team expenses	155	-	155	119
Accountancy	420	-	420	570
	<hr/>	<hr/>	<hr/>	<hr/>
	(30,082)	(2,000)	(32,082)	(18,786)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	14,264	15,131	29,395	(11,518)
Cash funds last year end	18,206	-	18,206	29,724
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year end	<u>32,470</u>	<u>15,131</u>	<u>47,601</u>	<u>18,206</u>

SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2024

	2024 £ Unrestricted Funds	2024 £ Restricted Funds	2024 £ Total Funds	2023 £ Total Last year
Monetary assets				
Bank and cash in hand	32,470	15,131	47,601	18,206
	-----	-----	-----	-----
Net current assets	32,470	15,131	47,601	18,206
	-----	-----	-----	-----
Total assets less liabilities	32,470	15,131	47,601	18,206
	=====	=====	=====	=====
 Represented by:				
Cash funds				
Cash funds for the year	32,470	15,131	47,601	18,206
	-----	-----	-----	-----
Balance as at 31 December 2024	32,470	15,131	47,601	18,206
	=====	=====	=====	=====

Read and approved 9 June 2025



Trustee name: Peter Brown

On behalf of
 Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

1. Tangible fixed assets

Office equipment

Cost at 1 January 2024	4,593
Additions	1,819
	<hr/>
Cost at 31 December 2024	6,412
	<hr/> <hr/>

2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

SPIRITUAL COMPANIONS TRUST

England & Wales - Charity number 1155777

Accounts

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2023

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SPIRITUAL COMPANIONS TRUST

CHARITY DETAILS

FOR THE YEAR ENDED 31 DECEMBER 2023

CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Moira Cunningham
Sarah Jane Williamson
Carl Stonier
Linda Sharron Toms
Dorothy Turner
Peter Anthony Dalton

SPIRITUAL COMPANIONS TRUST
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023

	2023 £ Unrestricted Funds	2023 £ Restricted Funds	2023 £ Total Funds	2022 £ Total Last year
Receipts				
Benefactor donations	6,912	-	6,912	7,659
Registration fees	-	-	-	27,338
Bank interest	356	-	356	110
	<hr/>	<hr/>	<hr/>	<hr/>
	7,268	-	7,268	35,107
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	996	-	996	857
Chief executive fees	-	-	-	4,000
Administrative wages	3,820	-	3,820	5,190
Project management wages	7,200	-	7,200	-
Consultancy	-	-	-	14,500
Telephone and broadband	123	-	123	123
General office expenses	1,677	-	1,677	1,531
Travel expenses	57	-	57	-
Course development	350	-	350	5
Educator tutoring	-	-	-	19
Website and advertising costs	655	-	655	746
SC trust membership and insurance	806	-	806	211
Registration fees	-	-	-	2,315
Bank and paypal fees	73	-	73	520
Executive team expenses	119	-	119	181
Accountancy	570	-	570	650
	<hr/>	<hr/>	<hr/>	<hr/>
	(18,786)	-	(18,786)	(33,188)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	(11,518)	-	(11,518)	1,919
Cash funds last year end	29,724	-	29,724	27,805
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year end	18,206	-	18,206	29,724
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SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2023

	2023 £ Unrestricted Funds	2023 £ Restricted Funds	2023 £ Total Funds	2022 £ Total Last year
Monetary assets				
Bank and cash in hand	18,206	-	18,206	29,724
	-----	-----	-----	-----
Net current assets	18,206	-	18,206	29,724
	-----	-----	-----	-----
Total assets less liabilities	18,206	-	18,206	29,724
	=====	=====	=====	=====
Represented by:				
Cash funds				
Cash funds for the year	18,206	-	18,206	29,724
	-----	-----	-----	-----
Balance as at 31 December 2023	18,206	-	18,206	29,724
	=====	=====	=====	=====

Read and approved 8 July 2024



Trustee name: Peter Brown

On behalf of
 Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023

1. Tangible fixed assets

Office equipment

Cost at 1 January 2023	4,593
Additions	-
	<hr/>
Cost at 31 December 2023	4,593
	<hr/> <hr/>
Depreciation 1 January 2023	4,593
Charge	-
	<hr/>
Depreciation at 31 December 2023	4,593
	<hr/> <hr/>
NBV at 31 December 2023	-
	<hr/> <hr/>
NBV at 31 December 2022	-
	<hr/> <hr/>

2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

SPIRITUAL COMPANIONS TRUST

England & Wales - Charity number 1155777

Accounts

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
INDEPENDENTLY EXAMINED
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2022

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SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022
CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Heather K Veitch
Tracy Wheeler
Carl Stonier
Linda Sharron Toms
Dorothy Turner
Ila Mazumdar

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for consultancy and expenses totalling £4,180 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2022
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Spiritual Companions

During the year we supported the personal and professional development of the 363 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

Education

Due to illness and a lack of capacity it was not possible to deliver The Diploma in Practical Spirituality and Wellness (Crossfields Institute Level 3 in 2022. The groundwork was laid however for a delivery in 2024.

Our 10-hour course on spirituality and wellbeing was delivered by our educators, twice by William Bloom and once by Martine Moorby.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. The online audio and video version continues to be freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>

UK Register of Spiritual Caregivers (UKRSC)

Our registry of spiritual caregivers currently has 89 registrants and continues to grow slowly.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2022.

Compassion Dialogues

In November 2021 we launched a series of hour-long webinars entitled the 'Compassion Dialogues' in which significant figures in the spirituality and wellbeing world were interviewed. These dialogues carried on throughout 2022, were very well attended and priced by donation making them available to all. These are now freely available to watch via our website.

Reserves Policy

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees

Date: 27 June 2023

Trustee name: Peter Brown

SPIRITUAL COMPANIONS TRUST
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent examiner's report to the trustees of Spiritual Companions Trust

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2022.

Responsibilities and basis of report

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Independent examiner's statement

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1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 27 June 2023

Birgit Kotschi FCCA MAAT
Selwood Accounts and Tax Ltd
36 Selwood Road
Glastonbury
Somerset
BA6 8HW

SPIRITUAL COMPANIONS TRUST
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £ Unrestricted Funds	2022 £ Restricted Funds	2022 £ Total Funds	2021 £ Total Last year
Receipts				
Benefactor donations	7,659	-	7,659	6,481
Registration fees	27,338	-	27,338	21,020
Event income	-	-	-	2,874
Bank interest	110	-	110	2
	<hr/>	<hr/>	<hr/>	<hr/>
	35,107	-	35,107	30,377
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	857	-	857	438
Chief executive wages	4,000	-	4,000	4,045
Administrative wages	2,943	2,247	5,190	5,145
Consultancy	14,500	-	14,500	2,370
Telephone and broadband	123	-	123	267
General office expenses	1,531	-	1,531	1,537
Materials and handouts	-	-	-	344
Course development	5	-	5	378
Educator tutoring	19	-	19	3,114
Website costs	746	-	746	1,806
SC trust membership and insurance	211	-	211	951
Registration fees	2,315	-	2,315	5,662
Bank and paypal fees	520	-	520	233
Executive team expenses	181	-	181	62
Accountancy	650	-	650	400
Fixed asset depreciation 100%	-	-	-	1,028
	<hr/>	<hr/>	<hr/>	<hr/>
	(30,941)	(2,247)	(33,188)	(30,120)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	4,166	(2,247)	1,919	257
Cash funds last year end	25,558	2,247	27,805	27,548
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year end	29,724	-	29,724	27,805
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2022

	2022 £ Unrestricted Funds	2022 £ Restricted Funds	2022 £ Total Funds	2021 £ Total Last year
Monetary assets				
Bank and cash in hand	29,724	-	29,724	27,805
	-----	-----	-----	-----
Net current assets	29,724	-	29,724	27,805
	-----	-----	-----	-----
Total assets less liabilities	29,724	-	29,724	27,805
	=====	=====	=====	=====
 Represented by:				
Cash funds				
Cash funds for the year	29,724	-	29,724	27,805
	-----	-----	-----	-----
Balance as at 31 December 2022	29,724	-	29,724	27,805
	=====	=====	=====	=====

Read and approved 27 June 2023

Trustee name: Peter Brown

On behalf of
Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Tangible fixed assets

Office equipment

Cost at 1 January 2021	4,593
Additions	-
	<hr/>
Cost at 31 December 2022	4,593
	<hr/> <hr/>
Depreciation 1 January 2021	4,593
Charge	-
	<hr/>
Depreciation at 31 December 2022	4,593
	<hr/> <hr/>
NBV at 31 December 2022	-
	<hr/> <hr/>
NBV at 31 December 2021	-
	<hr/> <hr/>

2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

SPIRITUAL COMPANIONS TRUST

England & Wales - Charity number 1155777

Accounts

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
INDEPENDENTLY EXAMINED
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2021

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SPIRITUAL COMPANIONS TRUST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2021

CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Ha Mazumdar
Carl Stonier
Linda Toms
Dorothy Turner
Heather K. Veitch
Tracy Wheeler

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for consultancy and expenses totalling £4,045 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2021
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Covid and Lockdown

As the nation gradually came out of lockdown we were able to recommence our educational offer. This was after the cancellation or postponement of all our courses and in-person events in 2020.

Spiritual Companions

During the year we supported the personal and professional development of the 357 individuals within our network through regular email newsletters and a once-a-week online wellbeing meditation.

Education

Our educational centre at Lammas Ecovillage, Pembrokeshire, delivered our qualification The Diploma in Practical Spirituality and Wellness (Crossfields Institute Level 3), and five learners graduated. We launched our digital offer and 27 students enrolled.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. We created an online audio and video version freely accessible on our website here: <https://spiritualcompanions.org/secrets-of-spiritual-health>
The Spiritual Health Programme was also delivered as a 10-hour workshop by Angela Sellens Drake in Norwich, Martine Moorby in Harrogate and online by William Bloom.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2021.

Policies and Financial Review

In line with the requirements for being a centre that delivers a qualification on the Ofqual Register we further developed and updated all our policies which can be found listed on this web page: <https://spiritualcompanions.org/downloads-policies/>

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees



Date: 26/8/22 2022

Trustee name: Peter Brown

SPIRITUAL COMPANIONS TRUST
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2021

Independent examiner's report to the trustees of Spiritual Companions Trust

I report to the trustees on my examination of the accounts of the Spiritual Companions Trust for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 26/8/2..... 2022

Birgit Kotschi FCCA MAAT
Selwood Accounts and Tax Ltd
36 Selwood Road
Glastonbury
Somerset
BA6 8HW

SPIRITUAL COMPANIONS TRUST
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2021

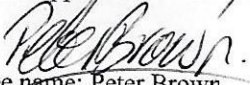
	2021 £ Unrestricted Funds	2021 £ Restricted Funds	2021 £ Total Funds	2020 £ Total Last year
Receipts				
Benefactor donations	6,481	-	6,481	6,330
Registration fees	21,020	-	21,020	850
Event income	2,874	-	2,874	680
Bank interest	2	-	2	20
Grants	-	-	-	9,050
	<hr/>	<hr/>	<hr/>	<hr/>
	30,377	-	30,377	16,930
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	438	-	438	224
Chief executive wages	545	3,500	4,045	2,200
Administrative wages	2,480	2,665	5,145	10,882
Consultancy	2,370	-	2,370	2,279
Telephone and broadband	267	-	267	123
General office expenses	1,450	87	1,537	710
Materials and handouts	344	-	344	931
Course development	378	-	378	33
Educator tutoring	3,114	-	3,114	-
Website costs	1,806	-	1,806	2,064
SC trust membership and insurance	951	-	951	851
Registration fees	5,662	-	5,662	250
Bank and paypal fees	233	-	233	142
Executive team expenses	62	-	62	250
Travel expenses	-	-	-	118
Accountancy	400	-	400	400
Fixed asset depreciation 100%	1,028	-	1,028	-
	<hr/>	<hr/>	<hr/>	<hr/>
	(23,868)	(6,252)	(30,120)	(23,797)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	6,509	(6,252)	257	(6,867)
Cash funds last year end	19,049	8,499	27,548	34,415
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year end	25,558	2,247	27,805	27,548
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2021

	2021 £ Unrestricted Funds	2021 £ Restricted Funds	2021 £ Total Funds	2020 £ Total Last year
Monetary assets				
Bank and cash in hand	25,558	2,247	27,805	27,548
	<hr/>	<hr/>	<hr/>	<hr/>
Net current assets	25,558	2,247	27,805	27,548
	<hr/>	<hr/>	<hr/>	<hr/>
Total assets less liabilities	25,558	2,247	27,805	27,548
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Represented by:				
Cash funds				
Cash funds for the year	25,558	2,247	27,805	27,548
	<hr/>	<hr/>	<hr/>	<hr/>
Balance as at 31 December 2021	25,558	2,247	27,805	27,548
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Read and approved 26/8 2022


Trustee name: Peter Brown

On behalf of
Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2021

1. Tangible fixed assets

Office equipment

Cost at 1 January 2020	3,565
Additions	1,028
	<u> </u>
Cost at 31 December 2021	4,593
	<u> </u>
Depreciation 1 January 2020	3,565
Charge	1,028
	<u> </u>
Depreciation at 31 December 2021	4,593
	<u> </u>
NBV at 31 December 2021	-
	<u> </u>
NBV at 31 December 2020	-
	<u> </u>

2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.

SPIRITUAL COMPANIONS TRUST

England & Wales - Charity number 1155777

Accounts

CHARITY REGISTERED NUMBER: 1155777

**SPIRITUAL COMPANIONS TRUST
RECEIPT AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

SPIRITUAL COMPANIONS TRUST
FOR THE YEAR ENDED 31 DECEMBER 2020

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Receipt and Payment Accounts	3
Statement of Assets and Liabilities	4
Notes to the Accounts	5

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2020
CHARITY REGISTRATION NUMBER 1155777

The charity's principal address is:

48 Roman Way
Glastonbury
Somerset
BA6 8AD

Names of the charity trustees:

Peter Brown
Ila Mazumdar
Carl Stonier
Linda Toms
Dorothy Turner
Heather K. Veitch
Tracy Wheeler

Structure, governance and management

The governing document is that of a Charitable Incorporated Organisation and was registered with the Charity Commission on 13 February 2014. Its trustees are appointed at trustee meetings. The trustees have appointed a Chief Executive to run the charity in accordance with the charity's objectives and who directly reports to the trustees. Chief Executive fees for consultancy and expenses totalling £2,450 were paid during the year.

Objectives and activities

To advance education and training in the practice of spiritual companionship; in particular but not exclusively, to professionals and voluntary carers with the purpose of the relief of the sick and vulnerable.

In planning and monitoring our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee and executive meetings. The focus of our activities remains the development of educational programmes and resources in the field of a holistic approach to pastoral care and multifaith chaplaincy. This benefits carers and those for whom they care. The skills and resilience of carers, volunteer and professional, are improved and the care received by those in need is enhanced. We develop these programmes and resources in a way that welcomes diversity and is fully inclusive, working with all people regardless of personal background, faith, gender or personal circumstances. This holistic approach to compassion in action enriches the lives of professional and volunteer carers, leading to enhanced care for those in need.

SPIRITUAL COMPANIONS TRUST
TRUSTEES' ANNUAL REPORT CONTINUED
FOR THE YEAR ENDED 31 DECEMBER 2020
CHARITY REGISTRATION NUMBER 1155777

Achievement and performance

Covid and Lockdown

Our ability to maintain our normal educational operations were completely derailed by the Covid crisis and lockdown. This meant that all our courses and in-person events for 2020 were cancelled or postponed.

Spiritual Companions

During the year we supported the personal and professional development of **342** individuals within our network through regular email newsletters, webinars on spiritual health and meditation, and support for Home Groups. We also inaugurated a once-a-week online wellbeing meditation, which supports a large group of over forty people.

Education

As we wrote above in the opening paragraph, lockdown made it impossible to run any of our usual in-person courses or events. Nevertheless we made substantial developments in planning an online delivery of our qualification, which is scheduled for launch in Autumn 2021.

Your Spiritual Health Programme

We continued to distribute our 40-page publication in hard copy and in digital PDF form. Over 1000 printed copies were distributed. At the same time we began to offer an online version of the course. Towards the end of 2020 we received a small Lottery grant to support a focused delivery of the programme in Norwich and surrounding areas; and to create resources for the digital offer. Both these projects are due for completion by Summer 2021.

Publications

Downloads of the PDFs of our two resources 'Meditation Masterclass' and 'Spirituality and Mental Health' continued throughout 2020.

Policies and Financial Review

In line with the requirements for being a centre that delivers a qualification on the Ofqual Register we further developed and updated all our policies which can be found listed on this web page: <https://spiritualcompanions.org/downloads-policies/>

In relation to our finances, we thus far have insufficient reserves to merit the development of a reserves policy. We will develop the appropriate policy if and when our income substantially exceeds expenditure and we have reserves.

The trustees declare that they approved the trustees' report above.

Signed on behalf of the Charity Trustees

Trustee name: Peter Brown

Date:2021

SPIRITUAL COMPANIONS TRUST
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2020

	2020 £ Unrestricted Funds	2020 £ Restricted Funds	2020 £ Total Funds	2019 £ Total Last year
Receipts				
Benefactor donations	6,330	-	6,330	7,766
Registration fees	850	-	850	7,736
Event and other income	680	-	680	1,193
Bank interest	20	-	20	64
Grants	-	9,050	9,050	-
	<hr/>	<hr/>	<hr/>	<hr/>
	7,880	9,050	16,930	16,759
	<hr/>	<hr/>	<hr/>	<hr/>
Payments				
Office rent	2,340	-	2,340	2,340
Room and venue hire	224	-	224	895
Chief executive wages	2,200	-	2,200	8,200
Administrative wages	10,882	-	10,882	14,403
Consultancy	2,279	-	2,279	1,625
Telephone and broadband	123	-	123	111
General office expenses	625	85	710	1,442
Materials and handouts	465	466	931	2,071
Course development	33	-	33	-
Advertising and marketing	-	-	-	3,653
Website costs	2,064	-	2,064	3,286
SC trust membership and insurance	851	-	851	211
Registration fees	250	-	250	3,360
Bank and paypal fees	142	-	142	209
Executive team expenses	250	-	250	358
Travel expenses	118	-	118	329
Accountancy	400	-	400	650
Fixed asset depreciation 100%	-	-	-	230
	<hr/>	<hr/>	<hr/>	<hr/>
	(23,246)	(551)	(23,797)	(43,373)
	<hr/>	<hr/>	<hr/>	<hr/>
Net (payments) receipts for the year	(15,366)	8,499	(6,867)	(26,614)
Transfers between funds	-	-	-	-
Cash funds last year end	34,415	-	34,415	61,029
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year end	19,049	8,499	27,548	34,415
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SPIRITUAL COMPANIONS TRUST
STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 DECEMBER 2020

	2020 £ Unrestricted Funds	2020 £ Restricted Funds	2020 £ Total Funds	2019 £ Total Last year
Monetary assets				
Bank and cash in hand	19,049	8,499	27,548	34,415
	<hr/>	<hr/>	<hr/>	<hr/>
Net current assets	19,049	8,499	27,548	34,415
	<hr/>	<hr/>	<hr/>	<hr/>
Total assets less liabilities	19,049	8,499	27,548	34,415
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
Represented by:				
Cash funds				
Cash funds for the year	19,049	8,499	27,548	34,415
	<hr/>	<hr/>	<hr/>	<hr/>
Balance as at 31 December 2020	19,049	8,499	27,548	34,415
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Read and approved2021

Trustee name: Peter Brown

On behalf of
 Spiritual Companions Trust

SPIRITUAL COMPANIONS TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2020

1. Tangible fixed assets

Office equipment

Cost at 1 January 2020	3,565
Additions	-
	<hr/>
Cost at 31 December 2020	3,565
	<hr/> <hr/>
Depreciation 1 January 2020	3,565
Charge	-
	<hr/>
Depreciation at 31 December 2020	3,565
	<hr/> <hr/>
NBV at 31 December 2020	-
	<hr/> <hr/>
NBV at 31 December 2019	-
	<hr/> <hr/>

2. Particulars of any guarantees given by the CIO

There are no potential liabilities under any guarantee outstanding at the date of the statement of assets and liabilities.

3. Particulars of any debt outstanding

There is no debt outstanding at the date of the statement of assets and liabilities which is owed by the CIO and which is secured by an express charge on any of the assets of the CIO.