

Reference and administrative details:

CEO: Carmen Cromwell

Trustees: Ben Williams (Chair), Lorna Rogers (Secretary), Jael Veen and Craig Sinclair.

Registered Charity Number: 1155748

Registered Address:

Unit 1a
Grange Business Park
Nynehead
WELLINGTON
Somerset
TA21 0BU

Objectives and activities:

The advancement of the Christian faith for the benefit of the public, by raising awareness and understanding of Christian beliefs and practices, and by conducting mission and outreach as well as encouraging others in this objective.

This can take many forms, but primarily Pulse Ministries delivers a range of activities in partnership with churches and organisations across the country. These include: holiday clubs, training/conferences, church weekends, praise parties and children/youth weekends. Pulse also commits to encouraging and enabling as many volunteers as possible from churches, charities and other organisations to participate and assist in these activities.

Achievements and performance:

Pulse Ministries continues to transition from our dormant state during the COVID-19 pandemic into full operations. The shop has continued to operate and we have seen sales rise on the previous year. The number of events has gone up too, with 2 holiday clubs completed, 3 training events, 3 church weekends, 4 other events which include conferences that we either exhibited at and or contributed too. With the above being said it is positive to see a rise in the charities projected income with plans to reduce outgoings also possible over the course of the next 12 months.

Pulse ministries has continued to use media to communicate the whole mission of God, this has included the continuation of the gospel website 10ten.org.uk, the use of social media and communication through e-bulletins. The online shop continued to run, selling resources to share the Gospel, such as gospel flashcards and booklets.

Financial review:

As Pulse continues to build momentum and renewed reputation, the financial situation of the charity looks more positive than in the previous year. This is reflected in the rising income from shop purchase and events totaling £1256.34. However, the annual unit costs £11000, alongside other monthly expenses, have drained some reserves from the charity. We are optimistic about plans that mean, in the near future, these expenses can be brought down (by changing to a cheaper unit) and our income continue to rise (with confirmed and possible bookings already being taken for next year and beyond).

We aim to hold 3 months worth of unrestricted funds in the band to cover charitable expenses in line with our reserves policy this figure currently amounts to £4700 but is figure is reviewed regularly by trustees.

The charity doesn't have any investments.

Structure, governance and management:

Pulse Ministries is a CIO (charitable incorporated organisation) - Foundation Registered 12 Feb 2014 as amended on 24 Jul 2023 and is guided by it's Charity Constitution document.

CEO

Carmen Cromwell has continued in the role of CEO, making this her first full year in the position. Carmen works voluntarily for the charity.

Trustees:

Ben Williams (Chair), Lorna Rogers (Secretary), Jael Veen and Craig Sinclair remain trustees of the charity while James Furlong and Zoe Patterson resigned during this year. The CEO is automatically ex-officio.

All trustee's give their time voluntarily and received no benefits from the charity (any expenses reclaimed are set out in the financial documents).

All trustees are appointed by invitation from the Chair or CEO who work to recruit trustees with relevant and diverse experience which matches and took develop Pulse Ministries charitable objectives. They work together review the application, training and safe recruitment of trustees. All trustees are given access to key charitable documents once appointed for their success on boarding into the organisation, these include the trustee handbook and charitable constitution plus all our safeguarding policies.

Others contributions:

We acknowledge the hard work of Siân Wood who worked as our administrator for many years. Her work for the charity ceased by mutual agreement during 2024.

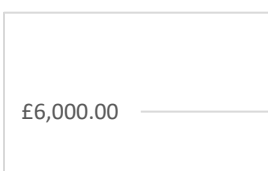
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	2023 Bank Balance (1st of the month)	2024 Bank Balance (1st of the month)
January	£43,575	£18,351
February	£42,785	£14,618
March	£41,719	£10,641
April	£41,032	£11,279
May	£40,412	£11,636
June	£39,215	£11,861
July	£38,571	£9,576
August	£37,565	£7,837
September	£34,454	£6,715
October	£33,254	£6,336
November	£30,229	£6,493
December	£18,375	£4,172

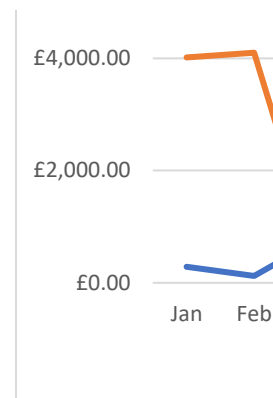
Income		
Regular giving GA	23%	£1,878.66
Regular Giving NGA	22%	£1,850.28
One-off Gift GA	0%	£0.00
One-off Gift NGA	1%	£117.42
Shop	6%	£496.60
Events	20%	£1,659.74
Restricted Funds	6%	£490.30
Other (refunds)	21%	£1,733.98
		8226.98

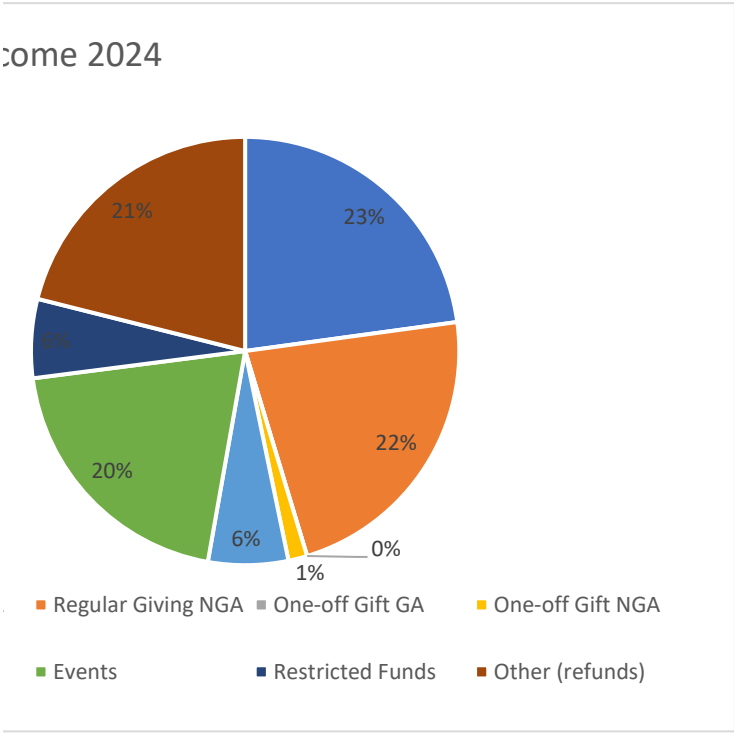
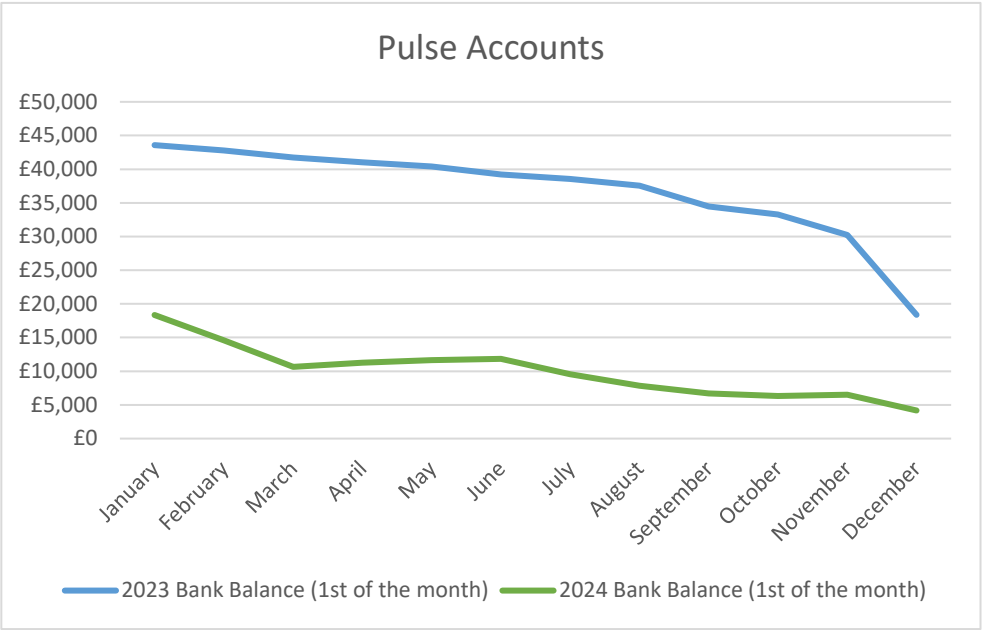


Month on Month	Income	Expenditure
Jan	£284.78	£4,017.48
Feb	£122.43	£4,099.71

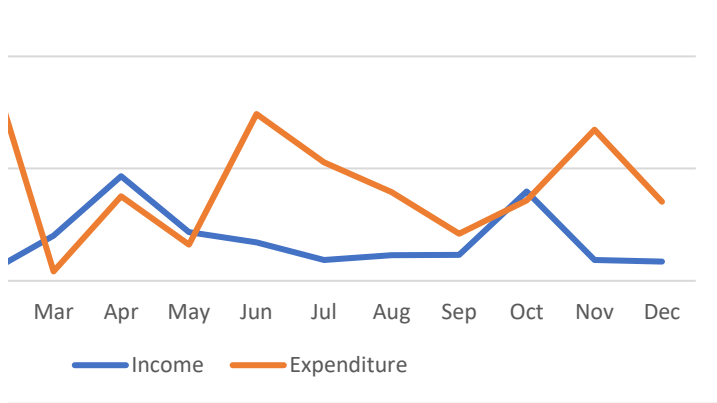


Mar	£805.60	£167.75
Apr	£1,863.94	£1,506.41
May	£868.51	£644.22
Jun	£684.94	£2,969.67
Jul	£373.03	£2,112.52
Aug	£455.97	£1,577.72
Sep	£461.09	£839.63
Oct	£1,589.35	£1,432.73
Nov	£373.67	£2,694.78
Dec	£343.67	£1,410.38



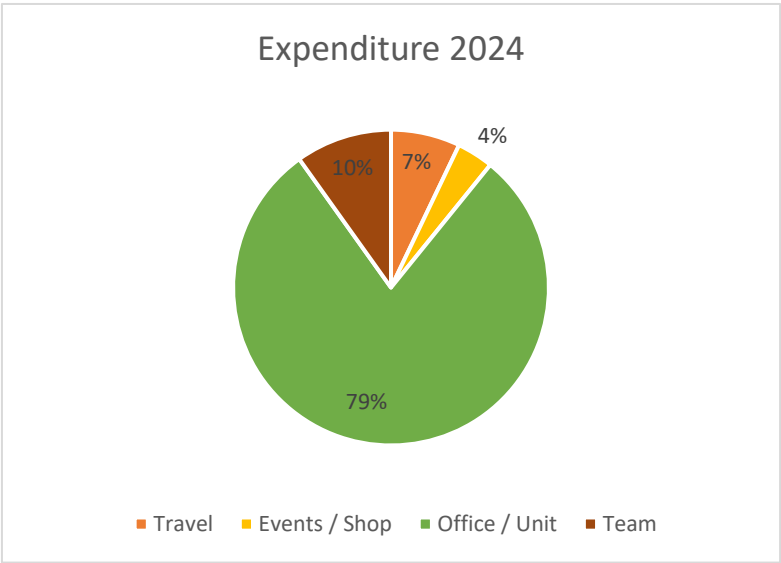


2024



Expenditure

Travel	7%	£1,666.17
Events / Shop	4%	£877.17
Office / Unit	79%	£18,613.11
Team	10%	£2,316.55
		23473



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			Income				
Expenditure	Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off
			Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid
		£18,351.04					
£12.00		£18,339.04					
£78.00		£18,261.04					
		£18,311.04			£50.00		
		£18,525.82				£214.78	
£9.72		£18,516.10					
£630.00		£17,886.10					
£916.66		£16,969.44					
£196.27		£16,773.17					
£123.58		£16,649.59					
£150.00		£16,499.59					
£49.00		£16,450.59					
£982.76		£15,467.83					
£3.45		£15,464.38					
£310.00		£15,154.38					
		£15,174.38			£20.00		
£505.20		£14,669.18					
£11.99		£14,657.19					
£12.00		£14,645.19					
£26.85		£14,618.34					
		£-					
		£-					
		£-					
		£-					
£4,017.48					£70.00	£214.78	£-

£284.78

[illegible]

£4,017.48

[illegible]

Expenditure Items

[illegible]

[illegible]

[illegible]

[illegible]

£122.43

[illegible]

£4,099.71

Expenditure Items								
	Office/Unit							
Postage	Rent / Rates	Insurance	Licenses / Subscription	Phones / Broadband / Photocopier	Marketing	IT	Website	Stationery / Postage
			£100.00					
							£71.99	
	£630.00							
			£145.00					
				£41.55				
				£330.48				
				£11.99				
	£12.00							
				£35.94				
	£916.67							
	916.67							
£-	£2,475.34	£-	£245.00	£419.96	£-	£-		£-

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		Income Items						
Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off Gifts		Resources/ Shop
		Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid	Non-gift aid	
	£10,641.06							
	£10,691.06			£50.00				
	£10,751.06							£60.00
	£10,851.06							£100.00
	£10,819.12							
	£10,890.98							£71.86
	£10,924.79							£33.81
	£10,963.46							£38.67
	£10,951.51							
	£11,001.51	001	£50.00					
	£11,051.51	001	£50.00					
	£11,071.51			£20.00				
	£11,098.97							£27.46
	£11,086.97							
	£11,074.98							
	£11,055.11							
	£11,087.86							£32.75
	£11,007.86							
	£11,030.76							£22.90
	£11,278.91							
	£-							
	£-							
	£-							
	£-							
	£-							
£-		0	£100.00	£70.00	£-	£-	£-	£387.45

£805.60

[illegible]

£167.75

[illegible][illegible]

Team						10Ten	Ignite (£3000)	Bridge (£3000)
Food	Expenses	Gifts (blessings)	Admin Support	unknown	Training	10Ten	Ignite	Bridge
	£31.94							
	£11.95							
	£19.87							
			£80.00					
£-	£63.76	£-	£80.00	£-	£-	£-	£-	£-

[illegible]

			Income Items					
Expenditure	Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off Gifts	
			Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid	Non-gift aid
		£11,278.91						
£82.94		£11,195.97						
£916.67		£10,279.30						
		£10,329.30			£50.00			
		£10,429.30			£100.00			
		£10,487.37				£58.07		
£101.60		£10,385.77						
£ 110.00		£10,275.77						
£28.20		£10,247.57						
£4.19		£10,243.38						
£12.99		£10,230.39						
		£10,247.58						
		£11,489.58						
£12.00		£11,477.58						
		£11,492.12		£14.54				
		£11,512.12			£20.00			
£45.90		£11,466.22						
£179.93		£11,286.29						
£11.99		£11,274.30						
		£11,288.84		£14.54				
		£11,636.44	001	£347.60				
		£-						
		£-						
£1,506.41	£-		0		£170.00	£58.07	£-	£-

£1,863.94

[illegible]

£1,506.41

Expenditure

[illegible]

Items

[illegible]

[illegible]

[illegible]

£868.51

[illegible]

£644.22

[illegible][illegible]

[illegible]

[illegible]

[illegible]

£684.94

[illegible]

Expenditure Items

Shop

Office/Unit

Reprinting	Postage	Rent / Rates	Insurance	Licenses / Subscription	Phones / Broadband / Photocopier	Marketing	IT	Website
				£35.00				
				£15.00				
						£165.00		
						£570.00		
		£12.00						
		£916.67						
		£916.67						
				£18.48				
						£3.22		
						£7.00		
					£11.99			
£-	£-	£1,845.34	£-	£68.48	£11.99	£745.22	£-	£-

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		Income Items						
Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off Gifts		Resources/ Shop
		Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid	Non-gift aid	
	£9,576.00							
	£9,626.00			£50.00				
	£9,756.00			£130.00				
	£9,751.36							
	£9,743.38							
	£9,783.38				£40.00			
	£9,768.38							
	£9,812.05				£43.67			
	£9,793.05							
	£9,784.06							
	£9,780.07							
	£8,863.40							
	£8,783.40							
	£8,703.40							
	£8,691.40							
	£8,686.00							
	£8,682.22							
	£8,670.25							
	£8,674.93		£4.68					
	£8,694.93			£20.00				
	£8,682.94							
	£8,677.94							
	£8,757.94				£ 80.00			
	£8,762.62		£4.68					
	£8,753.18							
	£7,836.51							
£-		0	£9.36	£200.00	£163.67	£-	£-	£-

£373.03

Other	Restricted Income Interns	Restricted Income Summer of Service	Travel			Events / Shop		
			Van	Expenses	Accommodation	Equipment	Resources	Reprinting
							£15.00	
						£19.00		
						£11.97		
						£5.00		
				£9.44				
£-	£-	£-	£-	£9.44	£-	£35.97	£15.00	£-

£2,112.52

Expenditure Items

	Office/Unit							
Postage	Rent / Rates	Insurance	Licenses / Subscription	Phones / Broadband / Photocopier	Marketing	IT	Website	Stationery / Postage
								£4.64
								£7.98
						£8.99		
								£3.99
	£916.67							
	£12.00							
			£5.40					
					£3.78			
				£11.99				
	£916.67							
£-	£1,845.34	£-	£5.40	£11.99	£3.78	£8.99	£-	£16.61

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2024 Date	Bank Statement Reference	Income	Expenditure	Description	Income	Expenditure
		Company/ Person	Company/Person			
Balance						
01-Aug	158	S Fenner		Regular giving	£50.00	
01-Aug	159	K Rogers		Regular giving	£130.00	
02-Aug	160		HMRC	Annual return fine		£100.00
02-Aug	161		Tesco Stores	Postage packaging		£4.95
05-Aug	162	T & G Cromwell		Regular giving	£40.00	
05-Aug	163	Stewardship		Regular giving	£43.67	
12-Aug	164		Storage Giant	PO Box		£12.00
14-Aug	165		Siân Wood	Invoice 101		£140.00
20-Aug	166		Siemens	Photocopier		£372.04
23-Aug	167		Royal Mail	Postage cost		£7.79
23-Aug	168		Evri	Postage cost		£12.28
23-Aug	169		Telecoms World	Phone line		£11.99
23-Aug	170	Paypal		Giving Fund	£77.88	
27-Aug	171		Silverton Agricult	Unit Rent		£916.67
27-Aug	172	St Pauls Church		Regular giving	£80.00	
30-Aug	173	Stripe		Website order nu	£34.42	
					£455.97	£1,577.72

		Income Items						
Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off Gifts		Resources/ Shop
		Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid	Non-gift aid	
	£7,836.51							
	£7,886.51			£50.00				
	£8,016.51			£130.00				
	£7,916.51							
	£7,911.56							
	£7,951.56				£40.00			
	£7,995.23				£43.67			
	£7,983.23							
	£7,843.23							
	£7,471.19							
	£7,463.40							
	£7,451.12							
	£7,439.13							
	£7,517.01							
	£6,600.34							
	£6,680.34				£80.00			
	£6,714.76							£34.42
£-		0		£180.00	£163.67	£-	£-	£34.42

£455.97

[illegible]

£1,577.72

Expenditure Items

	Office/Unit							
Postage	Rent / Rates	Insurance	Licenses / Subscription	Phones / Broadband / Photocopier	Marketing	IT	Website	Stationery / Postage
	£100.00							
								£4.95
	£12.00							
				£372.04				
								£7.79
								£12.28
				£11.99				
	£916.67							
£-	£1,028.67	£-	£-	£384.03	£-	£-		£25.02

Team						10Ten	Ignite (£3000)	Bridge (£3000)
Food	Expenses	Gifts (blessings)	Admin Support	unknown	Training	10Ten	Ignite	Bridge
			£140.00					
£-	£-	£-	£140.00	£-	£-	£-	£-	£-

[illegible]

[illegible]

£461.09

[illegible]

[illegible][illegible]

[illegible]

[illegible]

			Income Items					
Expenditure	Date cleared at bank	Balance (if cleared)	Events		Regular Giving		One-off Gifts	
			Invoice No.	Amount	Gift Aid	Non-gift aid	Gift Aid	Non-gift aid
		£6,336.22						
		£6,386.22			£50.00			
		£6,516.22			£130.00			
£916.67		£5,599.55						
		£5,639.55				£40.00		
		£5,683.22				£43.67		
£2.10		£5,681.12						
£12.00		£5,669.12						
£38.97		£5,630.15						
		£5,636.26						
		£6,126.56						
£7.65		£6,118.91						
£17.99		£6,100.92						
		£6,138.59						
£5.07		£6,133.52						
£32.94		£6,100.58						
£200.00		£5,900.58						
£10.00		£5,890.58						
£29.93		£5,860.65						
£51.46		£5,809.19						
£14.40		£5,794.79						
£50.00		£5,744.79						
		£6,156.39		£411.60				
£31.56		£6,124.83						
		£6,424.83		£300.00				
£11.99		£6,412.84						
		£6,492.84				£80.00		
£1,432.73	£-		0		£180.00	£163.67	£-	£-

£1,589.35

[illegible]

£1,432.73

Expenditure on the purchase of land and buildings

Events / Shop			Office/Unit					
Resources	Reprinting	Postage	Rent / Rates	Insurance	Licenses / Subscription	Phones / Broadband / Photocopier	Marketing	IT
			£916.67					
		£2.10						
			£12.00					
		£7.65						
					£5.07			
							£10.00	
					£31.56			
						£11.99		
£-	£-	£9.75	£928.67	£-	£36.63	£11.99	£10.00	£-

More Items

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

Expenditure

[illegible]

Items

[illegible]

[illegible]

[illegible]

[illegible]

£343.67

[illegible]

£1,410.38

[illegible][illegible]

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