

HAYAAT WOMEN TRUST

**TRUSTEES REPORT AND FINANCIAL
STATEMENTS**

**FOR THE YEAR ENDED
31 MARCH 2024**

Charity number 1155727

M ANVARI & CO.

Chartered Certified Accountants

HAYAAT WOMEN TRUST

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HAYYAT WOMEN TRUST
OFFICERS AND OTHER INFORMATION
FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES

Suad Ismail
Abde Samad Mohammed
Kaltum Mohammed

REGISTERED OFFICE

Bute Town Community Centre
2nd Floor Offices
Loudoun Square
Bute Town
Cardiff
CF10 5UZ

ACCOUNTANTS

M Anvari & Co.
Chartered Certified Accountants
152a Whitchurch Road
Cardiff
CF14 3NA

Hayaat Women Trustees CIO Annual Report

Financial Year April 2023- March 2024

Hayaat Women Trust (HWT) came into existence as a group of women and men working as volunteers with the language skills and cultural knowledge needed to fill the gap in signposting and advocating for welfare and social support provisions. Through this work our group became expert leaders in providing the social and welfare support that the African community needed. We have a very positive track record of supporting the African community to access mainstream services. We promote social inclusion for members residing across the city and advocating for those who are socially excluded on the ground of their status, ethnic origin, or gender.

Over time driven by our aims and objectives we have developed into an organisation with a clear mission and vision, and coherent set of operational practises to ensure that our charity is well run and can offer professional service provisions. As a charity we adhere to the highest ethical standards and have adopted policies and procedures that demonstrate transparency and accountability in all aspects of our work.

As a grassroots roots organisation supporting and empowering communities in Wales, we have first-hand knowledge of the local issues, cultures, and circumstances in which these communities live. We are led by these communities in addressing need and have developed a clear understanding of the local and regional projects and service provisions landscape. We act as a feedback organisation to 3rd sector and statutory service providers aiding them to better understand how their services or provisions can be made more accessible and effectual. As an organisation we see our role as innovators and co-ordinators of efforts to design and implement provisions that create positive and lasting change in our communities.

As the organisation has grown, we have developed many services that have enabled HWT to fill in the gaps that have existed in service provisions.

Himilo Advocacy and Advice project, BME women's writing project, Covid -19 Response Project, Catch Up Education project, Tea and Talk project, Basic Literacy project, BME learning disability and Autism Project, Golden Years Yoga project, Health shared Learning project, Befriending Elders project, BME

Swimming Project, Empowering young women programme, Mentoring project, Inspire - Aspire: Student Career Pathway project.

As a charity we have been fulfilling our remit of making the voices of our communities heard through campaigning work to influence policy and provision, information services of advocacy and advice, and as a service provider.

Partnerships are at the heart of the way we work, we use our knowledge, skills and capacity, organisational and personal connections, diversity, access to policy arenas, research evidence, action, and influence in partnership with others.

Working together, supporting each other, and developing long-term relationships allows us to achieve far more than we could achieve alone.

Aim & Objectives

To promote social inclusion for the public benefit by working with African women residing in Wales who are socially excluded on the ground of their ethnic origin or gender, to relieve their needs and to assist them to integrate into society, in particular by:

1. Providing health and well-being information, advice, education, and training to support and enable them to increase access to quality health and clinical services
2. Providing workshops, forum, advocacy, and general support to raise their awareness' of the existing health providers' services, empower and promote their health rights.
3. Raising public awareness of the health issues affecting them by planning and delivering educational programme, training sessions, workshops, and seminars for health services workers
4. Co-ordinating opportunities for them to engage with health and education services providers (voluntary and statutory), to enable those providers to adapt services to better meet their needs.
5. To develop a link and partnership working with partner organisations in the Horn of Africa in relation to improve the lives of African women and to provide trainings sessions and support to

the health workers in Africa to improve the health and well-being of women in Africa.

6. Promote and carry out or assist in promoting and carrying out research and surveys and publish results thereof.

As a grassroots roots organisation supporting and empowering Black and Minority Ethnic communities in Wales, we have first-hand knowledge of the local issues, cultures, and circumstances in which these communities live. We are led by these communities in addressing need and have developed a clear understanding of the local and regional projects and service provisions landscape. We act as a feedback organisation to 3rd sector and statutory service providers aiding them to better understand how their services or provisions can be made more accessible and effectual. As an organisation we see our role as innovators and co-ordinators of efforts to design and implement provisions that create positive and lasting change in our communities.

Partnerships are at the heart of the way we work, we use our knowledge, skills and capacity, organisational and personal connections, diversity, access to policy arenas, research evidence, action, and influence in partnership with others.

The structure and breadth of our services have significantly increased resulting in a greater number of activities, across a wider catchment resulting in a greater numbers of community members across all sections of the community accessing services or activities.

With our office base within the Butetown Community Centre the number of people attending our project activities and services has increased due to that fact that we are now based in the heart of the community. As news has spread about Hayaat Women Trust working ethos coupled with the on the ground activities and result from our engagement, we have seen a steady significant increase in the numbers of people wanting to engage with our organisation as supporters and volunteers in the delivery of our activities and events in pursuant of our aims and objectives.

Activities

- Delivering Advocacy drop-in sessions for our local community offering casework support, information and advice on accessing health, education, housing, welfare benefits and other public services.
- Cultural Awareness training sessions for public and third sector organisations
- Deliver targeted education sessions to members of our community on specific issues that have been identified e.g., Mental health, learning difficulty, autism, female genital mutilation, and child protection.
- Providing a safe space for confidence building and mutual peer support for our service users
- Providing equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitisation, culturally appropriate social events facilitated by health professionals, information sharing talks and activities.
- Provisions of peer support workshops and one to one advocacy support for parents and family members of people with autism or neuro divergence.
- Catch Up education sessions for BAME school children and support for BAME families addressing educational needs of their children.
- Cultural Drama & Arts sessions for BAME girls to boost their confidence and increase their self-esteem.
- Regular consultations and community meetings with 3rd Sector organisations, Local Authorities, Welsh Government addressing inequality of BAME communities in access basic services such as Health, Housing, Social Care and Wellbeing provisions.

Challenges

Impact on our organisation

- HWT has continued to face year on year marked increase in demand for its services from our operations base within the Butetown Community Centre situated in the heart of the community. The cost-of-living crisis has affected increasing numbers of people from the communities with which we work. Leaving many people facing considerably reduced real disposable incomes with which to support their families. As a result of the increasing demand from community members for support we were operating almost at full capacity. This has meant that we have had to take a measured approach to the management of our services and caseloads in order to increase efficiency and ensure that we continue to provide support at the highest levels within the constraints of operating budgets, staffing and other provision constraints
- Like so many charities we are facing a more challenging funding environment and HWT has found it increasingly difficult to get unrestricted funding support with operational staff costs and running costs. As a result, we have made numerous funding applications for unrestricted funding to cover our coordination, core cost and administrative costs. We have also implemented a full cost recovery provision for all our funding applications; thus, every new project funding application includes admin costs which contribute to coordination and core costs.
- As was the case last year, this year we have had changes in the staffing of the organisation. However, we have been very fortunate in being able to quickly find suitable replacement staff for the vacant positions. In addition, we have been able to acquire additional funding for new service provisions which has resulted in new posts that have also been filled.
- Due to the high levels of demand for our services and increased numbers of staff operating from our base we are facing considerable challenges due to the physical limitations of operating from only one office space. As a result, we have taken an additional office space from which we operate our services.

Concluded Projects

WCVA - Fundraiser and training programme

The programme was made up of two components, firstly we created full time fundraiser position to raise funds so that the organisation could develop

organisational capacity, improve resilience and sustainability. In addition, the project created a development programme and training for our staff and volunteers, with sector-specific learning which has created the knowledge and resources to create transformative impact within the organisation.

C3SC - Supporting people with learning disabilities in Cardiff & the Vale of Glamorgan

This project worked with people facing learning difficulties and the family and relatives that support them. This project provided a safe space for confidence-building and mutual peer support. Providing equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitization; culturally appropriate social events, information sharing talks & activities. Our project engaged, supported, educated and also provided a platform in which African community parents and families of children with learning disabilities to work together to help each other and access professional input and insight.

Postcode Lottery - Pilot Project Sisterhood Project

During the development of the pilot project, we developed a safe space where peers could support each other with the involvement of appropriate professionals to guide them so that users could find their own happy path. This project not only focused on mental health, but it also focused heavily on wellbeing.

Moondance Foundation - Staff & Volunteer costs

Funding from this project was used to support the part time employment of Finance officer, training of the finance officer in Accounting Software and transfer of paper financial records into electronic format. The project also included the expense costs of volunteers.

Awards for all - Educational Catch-Up Programme

Hayaat Women Trust ran educational catch-up programme for young students providing three hourly online classes per week, comprising of English, Mathematics and Science. The programme ran with two cohorts of students running in parallel, each cohort was made up of four classes targeted at year 6,9, 10 and 11 students. Each class was limited to facilitate our maximum learning support ideal.

Tŷ Cerdd - Somali Music & Musical Theatre workshops people under 25/over 25

HWT created a programme of weekly workshops for young Somali people aged under 25yrs and in parallel weekly workshops for older Somali people aged over 25yrs. Both workshops were created for people that had a passion for Somali Music and Musical theatre and wanted to develop their Somali music skills, singing and dancing skills in our weekly Musical workshops. Our classes offered performers the

chance to explore Somali music and its many genres and develop their skills and expertise in this arena.

The Waterloo Foundation - Additional Sessional Staff Project

Access to this fund enabled HWT to be able to provide additional sessional staffing hours to our Additional Learning, Autism, Disability, Advice & Advocacy project in order to provide the much-needed extra support and access to resources and professional. Furthermore, we were able to provide additional sessional costs in order to support sessional posts concentrating on coordination and finance.

National Lottery Heritage Fund - Young Queens

Young Queens is a script writing, poetry and performance group for young Welsh Somali girls aged between 10 and 14 based in Cardiff. The project was developed to support young Somali girls explore their Welsh Somali heritage and express it through traditional Somali artforms.

New Projects

People's Health Trust - Happy Path - Sisterhoods Mind Project

Our project will provide professional and peer support to our community of interest to establish social links, sharing worries, anxieties, mutual reassurance, expressing themselves in ways meaningful to them. Confidence boosting and uplifting physical and mental health activities and outings. Challenging culture-related mental health stigma. Hosting weekly group conferences with bi-lingual professionals and peers. Crisis intervention, build self-esteem, develop emotional intelligence, and build peer support.

Diverse Cymru (Culture Grant) - Young Queens

Young Queens is a heritage project for young Somali Welsh women aged between 11 and 14 which explores their rich history of performance (Riwayaad) and Ciyaar Somali (Somali folk dance) and encourages them write and perform their own work as a means of building confidence, boosting wellbeing and developing creative potential in relation to their Somali Welsh heritage. Our aim is that with the support of this fund following our two-year project funded by Heritage Lottery Wales, we will be able to continue facilitating work which has more of an emphasis on explorations of heritage and archiving work that's generated from the project. The project will also include a Community photoshoot in Welsh landscapes with famous landmarks. Somali Language learning classes for younger community members with support from older Somali community members. In addition, the

project will deliver a documentary on the Somali Community in Wales with young people from Riwayaad Project.

Continuing Projects

Hayaan Project (Additional Learning, Autism, Disability, Advice & Advocacy)

The Hayaan Project is made up of four subprojects and employs 2 full time Project Officers and 2 part time Project Officers. The projects operates during normal working hours, but also to provides support or crisis intervention during evenings, and weekends.

Disability, Learning Disability & Autism Advocacy Project

To address this urgent challenge, we implemented a project working with children, adults, mothers, fathers, and families, providing a safe space for confidence-building and mutual peer support. We provide equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitization; culturally appropriate social events facilitated by disability/mental health professionals, information sharing talks & activities. Building on the work of the pilot our project to engage, support, educate and provide a platform in which African community mothers, fathers, and extended family members with a disability, learning disability or autism can grow, work together to help each other with professional input and insight.

Community Health and Well-being

Tackle stigma, improving health and wellbeing, and reduce health inequalities for African communities. Providing greater access to Health and well-being related resources, practical activities, and support for African communities to develop and thrive, by addressing short term health and well-being issues as well as supporting the creation of long-term health and wellbeing structural change in the wider African community.

Connecting families - Communication and Digital skills

HWT delivers a programme of activities to support African communities to gain digital and communication skills. The programme enables people at risk of social and digital exclusion to access information and services and develop new digital tools to enable more people to take up their right to contribute to mainstream society.

Generalist Advice and Support Project

We offer a confidential, generalist and specialist advice service in African community languages to help people deal with their social and welfare problems, and potentially preventing escalation of issues and identifying problems and

emerging issues. Funding has been used to provide advice sessions on money management, benefits, housing, debts, employment, education, and energy advice. Advice has been offered through face to face or telephone drop-in sessions, appointment based either online or face to face and home visits where necessary.

Community Involvement

We have implemented a community wide outreach and engagement programme. HWT partners and works with community ambassadors, third sector organisations and local groups in the host communities to deliver this programme of services. Community members have helped design this project and helped to develop the concept via the pilot phase. A project steering committee has been created and involves beneficiaries and has been working with the community to encourage, train and support African community members to become outreach or advice volunteers.

Funding and Financial Report

Summary of funds received this financial Years April 2023- March 2024

Project Name	Amount (£)
Moondance	£13,312.00
People Post Code	£25,000.00
Waterloo	£24,960.00
Big Lottery Advocacy Hayaan	£121,200.00
People Health Trust	£12,000.00
Diversity Excellence	£10,000.00
National Heritage	£4,800.00
Ticket Money	£1,200.00
Refund	£350.75
Total	£212,822.75

Policies

Hayaat continued adhering to the organisational policies: Wales for Africa Code of Conduct, Equal Opportunity Policy, Safeguarding, Child Protection and compliance with GDPR on data protection.

Trustees Responsibilities

The charity trustees comply with Charities Act 2011 requirements in providing strategic oversight in ensuring up-to-date accounting records, preparation and scrutiny of the Statement of Accounts, preparation and timely submission of annual reports and returns. They have ensured that the Statement of Accounts, reports, and returns are submitted to the Charity Commission, within ten months of the financial year-end, irrespective of the income of the CIO. The charity trustees also comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of charities.

CIO CHARITY PROVISIONS

This Report is prepared in accordance with provisions of the general regulations of CIO clause 21.

By order of the Trustees:

Hayaat Women Trustees

Name of Trustee : Suad Ismail

Signature : S. Ismail

Date : 5.12.2024

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS
TO THE TRUSTEES OF HAYAAT WOMEN TRUST
FOR THE YEAR ENDED 31 MARCH 2024**

Respective responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for preparation of accounts. The Charity Trustees consider that an audit is not required for this year. under Section 144 of the Charities Act 2011 and that an Independent Examination is needed. It is our responsibility to:
Examination is needed. It is our responsibility to:
examine the accounts under Section 145 of the Charities Act
to allow the procedures laid down in the general directions given by the Charity Commission (Under Section 145(5)(b) of the Charities Act), and
to state whether particular matters have come to my attention.

Basis of independent examiner statement

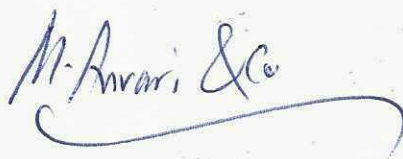
Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required on an audit and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiners statement

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in , any material, the requirements:
to keep accounting records in accordance with Section 130 of the Charities Act
To prepare accounts which accord with the accounting requirements of the Charities Act have not been met or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

A handwritten signature in blue ink, appearing to read 'M. Anvari & Co.', with a long, sweeping underline.

Date: 5th December 2024

M ANVARI & CO.
Chartered Certified Accountants
152a Whitchurch Road
Cardiff
CF14 3NA

HAYAAT WOMEN TRUST
BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	£	£
<u>FIXED ASSETS</u>			
Tangible Fixed assets	1		2748
<u>CURRENT ASSETS</u>			
Cash at bank		87760	
Cash in hand		51	
Debtors and prepayments		500	
		<u>88311</u>	
<u>LESS: CURRENT LIABILITIES</u>			
Sundry Creditor		<u>-1700</u>	
NET CURRENT ASSETS			<u>86611</u>
TOTAL NET ASSETS			<u><u>89359</u></u>

FUNDS

Unrestricted	4	7285
Restricted		82074
		<u><u>89359</u></u>

The trustees acknowledge their responsibilities for preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of financial year, and of its Receipts and Payments for the financial year.

These financial statements were approved by the trustees on 5.12.2024 And are signed on their behalf by:

S. Ismail Trustee

Name: Sueed Ismail

The notes on pages 13 to 14 form part of these financial statements.

HAYAAT WOMEN TRUST
RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31 MARCH 2024

	Note	£	£
RECEIPTS			
Grants received	2		211272
Donations			6598
			<u>217870</u>
LESS: EXPENDITURE			
Salaries and pension		133619	
Stationery		1074	
Refreshments		10635	
Start up and recruit training		3301	
Monitoring and evaluation		200	
Office rent and rates		7001	
Insurance		479	
Utilities		4300	
Sessional facilities and speakers		27223	
Travel and subsistence		1647	
Legal and professional		7040	
Accountancy		1700	
Depreciation		687	
		<u></u>	<u>-198906</u>
Excess of Expenditure over Income			18964
Funds Brought forward			70395
Funds Carried Forward			<u><u>89359</u></u>

HAYAAT WOMEN TRUST
NOTES TO THE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024

1) FIXED ASSETS

**Office
Equipment**
£

Tangible Fixed Assets:

COST:

Balance at 1st April 2023 and at
31st March 2024

8966

LESS: Depreciation

Balance at 1st April 2023
Charge for the yeae
Balance at 31st March 2024

5531

687

6218

NET BOOK VALUE

As at 31st March 2024

2748

2) GRANTS RECEIVED:

Big Lottery advocacy
Diverse excellence
People Health Trust
National Heritage
Ty Cerdd fund(Somali dance)
Waterloo

121200

10000

12000

4800

25000

24960

211272

3) DONATIONS RECEIVED:

Trustees and other donations

6598

HAYAAT WOMEN TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

4)

UNRESTRICTED FUNDS

	B/F	Received	Spent	C/F
	£	£	£	£
Balance	4569		3882	687
Ticket money		1200		1200
Other donations		5047		5047
Refund		351		351
	4569	6598	3882	7285

RESTRICTED FUNDS

Big lottery Advocacy	26344	121200	96629	50915
Catch up Foundation	822			822
WCV Grant	16209		13009	3200
Award For All: Big Lottery	6795		15183	-8388
C3SV	15			15
Rosa Foundation	5399			5399
National Heritage	10242	4800	16062	-1020
Moon Dance		13312	12812	500
People Pot Code Lottery		25000	11497	13503
Waterloo		24960	24957	3
People Health trust		12000	2853	9147
Diverse Excellence		10000	2012	7988
	65826	211272	195014	82074