

**HAYAAT WOMEN TRUST**

**TRUSTEES REPORT AND FINANCIAL  
STATEMENTS**

**FOR THE YEAR ENDED  
31 MARCH 2023**

**Charity number 1155727**

**M ANVARI & CO.**

**Chartered Certified Accountants**

## **HAYAAT WOMEN TRUST**

<b>INDEX</b>	<b>Page</b>
Officers and other information	1
Trustees Reporet	2 to 10
Independent Examiner's Report	11&12
Balance Sheet	13
Income and Expenditure statement	14
Notes to Financial Statements	15&16

**HAYYAT WOMEN TRUST**  
**OFFICERS AND OTHER INFORMATION**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES**

Suad Ismail  
Abde Samad Mohammed  
Kaltum Mohammed

**REGISTERED OFFICE**

Bute Town Community Centre  
2nd Floor Offices  
Loudoun Square  
Bute Town  
Cardiff  
CF10 5UZ

**ACCOUNTANTS**

M Anvari & Co.  
Chartered Certified Accountants  
152a Whitchurch Road  
Cardiff  
CF14 3NA



## Hayaat Women Trustees CIO Annual Report

Financial Year April 2022- March 2023

### Background

Hayaat Women Trust (HWT) came into existence as a group of women and men working as volunteers with the language skills and cultural knowledge needed to fill the gap in signposting and advocating for welfare and social support provisions. Through this work our group became expert leaders in providing the social and welfare support that the African community needed. We have a very positive track record of supporting the African community to access mainstream services. We promote social inclusion for members residing across the city and advocating for those who are socially excluded on the ground of their status, ethnic origin, or gender.

Over time driven by our aims and objectives we have developed into an organisation with a clear mission and vision, and coherent set of operational practises to ensure that our charity is well run and can offer professional service provisions. As a charity we adhere to the highest ethical standards and have adopted policies and procedures that demonstrate transparency and accountability in all aspects of our work.

As a grassroots roots organisation supporting and empowering communities in Wales, we have first-hand knowledge of the local issues, cultures, and circumstances in which these communities live. We are led by these communities in addressing need and have developed a clear understanding of the local and regional projects and service provisions landscape. We act as a feedback organisation to 3rd sector and statutory service providers aiding them to better understand how their services or provisions can be made more accessible and effectual. As an organisation we see our role as innovators and co-ordinators of efforts to design and implement provisions that create positive and lasting change in our communities.

As the organisation has grown, we have developed many services that have enabled HWT to fill in the gaps that have existed in service provisions.

*Himilo Advocacy and Advice project, BME women's writing project, Covid -19 Response Project, Catch Up Education project, Tea and Talk project, Basic Literacy project, BME learning disability and Autism Project, Golden Years Yoga project, Health shared Learning project, Befriending Elders project, BME*



*Swimming Project, Empowering young women programme, Mentoring project, Inspire - Aspire : Student Career Pathway project.*

As a charity we have been fulfilling our remit of making the voices of our communities heard through campaigning work to influence policy and provision, information services of advocacy and advice, and as a service provider.

Partnerships are at the heart of the way we work, we use our knowledge, skills and capacity, organisational and personal connections; diversity, access to policy arenas, research evidence, action, and influence in partnership with others.

Working together, supporting each other, and developing long-term relationships allows us to achieve far more than we could achieve alone.

### **Aim & Objectives**

To promote social inclusion for the public benefit by working with African women residing in Wales who are socially excluded on the ground of their ethnic origin or gender, to relieve their needs and to assist them to integrate into society, in particular by:

1. Providing health and well-being information, advice, education, and training to support and enable them to increase access to quality health and clinical services
2. Providing workshops, forum, advocacy, and general support to raise their awareness' of the existing health providers' services, empower and promote their health rights.
3. Raising public awareness of the health issues affecting them by planning and delivering educational programme, training sessions, workshops, and seminars for health services workers
4. Co-ordinating opportunities for them to engage with health and education services providers (voluntary and statutory), to enable those providers to adapt services to better meet their needs.
5. To develop a link and partnership working with partner organisations in the Horn of Africa in relation to improve the lives of African women and to provide trainings sessions and support to

the health workers in Africa to improve the health and well-being of women in Africa.

6. Promote and carry out or assist in promoting and carrying out research and surveys and publish results thereof.

As a grassroots roots organisation supporting and empowering Black and Minority Ethnic communities in Wales, we have first-hand knowledge of the local issues, cultures, and circumstances in which these communities live. We are led by these

communities in addressing need and have developed a clear understanding of the local and regional projects and service provisions landscape. We act as a feedback organisation to 3rd sector and statutory service providers aiding them to better understand how their services or provisions can be made more accessible and

effectual. As an organisation we see our role as innovators and co-ordinators of efforts to design and implement provisions that create positive and lasting change in our communities.

Partnerships are at the heart of the way we work, we use our knowledge, skills and capacity, organisational and personal connections; diversity, access to policy arenas, research evidence, action, and influence in partnership with others.

The structure and breadth of our services have significantly increased resulting in a greater number of activities, across a wider catchment resulting in a greater numbers of community members across all sections of the community accessing services or activities.

With our office base within the Butetown Community Centre the number of people attending our project activities and services has increased due to that fact that we are now based in the heart of the community. As news has spread about Hayaat Women Trust working ethos coupled with the on the ground activities and result from our engagement, we have seen a steady significant increase in the numbers of people wanting to engage with our organisation as supporters and volunteers in the delivery of our activities and events in pursuant of our aims and objectives.

## Activities

- Delivering Advocacy drop-in sessions for our local community offering information and advice on accessing health, education, housing, welfare benefits and other public services.
- Cultural Awareness training sessions for public and third sector organisations
- Deliver targeted education sessions to members of our community on specific issues that have been identified e.g., Mental health, learning difficulty, autism, female genital mutilation, and child protection.
- Providing a safe space for confidence building and mutual peer support for our service users
- Providing equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitisation, culturally appropriate social events facilitated by health professionals, information sharing talks and activities.
- Provisions of peer support workshops and one to one advocacy support for parents and family members of people with autism or neuro divergence.



- Catch Up education sessions in the form of a homework club for BAME school children and support for BAME families addressing educational needs of their children.
- Cultural Drama & Arts sessions for BAME girls to boost their confidence and increase their self-esteem.
- Regular consultations and community meetings with 3<sup>rd</sup> Sector organisations, Local Authorities, Welsh Government addressing inequality of BAME

communities in access basic services such as Health, Housing, Social Care and Wellbeing provisions.

## Challenges

### *Impact on our organisation*

- HWT has been facing a marked increase in demand for its services over the past two years as we have become established in the heart of the community. As a result, we are close to operating at full capacity. This has meant that we have had to ration our casework support to new clients as we try to complete existing client casework to free up casework capacity to provide new client support opportunities.
- As an organisation HWT has been very fortunate to gain access to new sources of funding from statutory bodies, charities, and trust sources. However, like so many charities we are facing a more challenging funding environment and as such the organisation has found it increasing more difficult to get unrestricted funding support with operational staff costs and running costs associated with our organisation. As a result, we have tried to implement a full cost recovery provision for all our funding applications. We have also made ad hoc funding applications for coordination and administrative costs.
- Unlike previous years, this year we have had a significant change in the staff base as several staff have moved onto other personal, work and employment opportunities. As result we have had to recruit and train new staff and sessional workers, whilst adapting our working patterns in the community to cater for these changes allowing HWT to the bring new staffup to speed.

## Concluded Projects

### **Lloyds Bank Foundation**

The Lloyds Bank Foundation unrestricted grant has provided HWT with two years of funding that was used towards the core costs of organisation and was awarded

under the Foundation's Racial Equity funding stream. Part of the Covid Recovery Fund to support charities to emerge from the pandemic.

### **C3SC - Supporting people with learning disabilities in Cardiff & the Vale of Glamorgan**

This project grant supported and developed our service delivery working with people facing learning difficulties and the family and relatives that support them. This project provided a safe space for confidence-building and mutual peer support. Providing equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitization; culturally appropriate social events, information sharing talks & activities. Our project sought to engage, support, educate and provide a platform in which African community parents and families of children with learning disabilities can grow, work together to help each other and access professional input and insight.

### ***Awards for All - Coding Project***

Our Coding and Network-In project addressed the under representation of Black and minority people and women in the information and technology employment sector. We trained young community members in coding and networking through our online coding club, and improved people's confidence and increase knowledge.

### ***Comic Relief - Educational Catch-Up Programme***

Hayaat Women Trust ran an educational catch-up programme for young students providing three hourly online classes per week, comprising of English, Mathematics and Science. The programme ran with two cohorts of students running in parallel, each cohort is made up of four classes targeted at year 6,9, 10 and 11 students. Each class size was limited to facilitate our maximum learning support ideal.

### ***Rosa Foundation-BME Women Mental Health Project***

Hayaat supported three vulnerable, disadvantaged, under-represented groups of BME women and girls experiencing declining mental health, increased risk of emotional trauma exacerbated by lockdown social isolation, including: schoolgirls; mothers, disabled/ autistic women/girls; Elderly, housebound, illiterate African women living alone in a deprived area of Cardiff.

## **New Projects**

### ***Awards for all - Educational Catch-Up Programme***

Hayaat Women Trust runs educational catch-up programme for young students providing three hourly online classes per week, comprising of English, Mathematics and Science. The programme runs with two cohorts of students running in



parallel, each cohort is made up of four classes targeted at year 6,9, 10 and 11 students. Each class is limited to facilitate our maximum learning support ideal.

### ***TŷCerdd - Lottery funds***

HWT created a programme of weekly workshops for young Somali people aged under 25yrs and in parallel weekly workshops for older Somali people aged over 25yrs. Both workshops were created for people that had a passion for Somali Music and Musical theatre and

wanted to develop their Somali music skills, singing and dancing skills in our weekly Musical workshops. Our classes offered performers the chance to explore Somali music and its many genres and develop their skills and expertise in this arena.

## **Continuing Projects**

### ***Hayaan Project (Additional Learning, Autism, Disability, Advice & Advocacy)***

The Hayaan Project is made up of four subprojects and employs 3 new full time Project Officers. The project operates during normal working hours, but also to provide support or crisis intervention during evenings, and weekends.

#### **Disability, Learning Disability & Autism Advocacy Project**

To address this urgent challenge, we implemented a project working with children, adults, mothers, fathers, and families, providing a safe space for confidence-building and mutual peer support. We provide equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitization; culturally appropriate social events facilitated by disability/mental health professionals, information sharing talks & activities. Building on the work of the pilot our project to engage, support, educate and provide a platform in which African community mothers, fathers, and extended family members with a disability, learning disability or autism can grow, work together to help each other with professional input and insight.

### **Community Health and Well-being**

Tackle stigma, improving health and wellbeing, and reduce health inequalities for African communities. Providing greater access to Health and well-being related resources, practical activities, and support for African communities to develop and thrive, by addressing short term health and well-being issues as well as supporting the creation of long-term health and wellbeing structural change in the wider African community.

### **Connecting families - Communication and Digital skills**

HWT delivers a programme of activities to support African communities to gain digital and communication skills. The programme enables people at risk of social and digital exclusion to access information and services and develop new digital tools to enable more people to take up their right to contribute to mainstream society.

### **Generalist Advice and Support Project**

We offer a confidential, generalist and specialist advice service in African community languages to help people deal with their social and welfare problems, and potentially preventing escalation of issues and identifying problems and emerging issues. Funding has been used to provide advice sessions on money management, benefits, housing, debts, employment, education, and energy advice. Advice has been offered through face to face or telephone drop-in sessions, appointment based either online or face to face and home visits where necessary.

### **Community Involvement**

We have implemented a community wide outreach and engagement programme. HWT partners and works with community ambassadors, third sector organisations and local groups in the host communities to deliver this programme of services. Community members have helped design this project and helped to develop the concept via the pilot phase. A project steering committee has been created and involves beneficiaries and has been working with the community to encourage, train and support African community members to become outreach or advice volunteers.

### ***Young Queens***

Young Queens is a script writing, poetry and performance group for young Welsh Somali girls aged between 10 and 14 based in Cardiff. The project has been developed to support young Somali girls explore their Welsh Somali heritage and express it through traditional Somali artforms. An inter-generational photoshoot on Somali Welsh culture solely Somali creatives to photograph, direct and style over 40 community members ranging from the ages of 3 to 60. Young Queens were at the forefront in what to showcase and took part in modelling for the shoot. This project was exhibited in Wales Millenium Centre, Ffotogallery Cardiff and the Welsh National. Young Queens have developed and written their own interpretation of Somali Folk story Dheeg Dheer, which will then be performed by other young Welsh Somali community members. For young Welsh Somali girls to perform a play/Riwayaad (a Somali play) written by other young women in their community celebrating their folklore and heritage demonstrates the ownership of



the young people over their own creativity and cultural expression following the project's work. Regular rehearsals in Wales Millennium Centre, Cardiff has enabled community members to feel more welcome in cultural spaces such as this and elevated the ambition of the work. A huge resurgence of interest has happened in Ciyaar Somali, traditional Somali heritage folk dance, with Young Queens taking part in weekly classes (with between 30 and 40 attendees each week). This has

enabled Young Queens to connect and celebrate their heritage on a weekly basis through not only Riwayaad but also Ciyaar Somali, demonstrating an interdisciplinary engagement with Somali cultural arts following the project's start date.

#### ***WCVA - Fundraiser and training programme***

The programme was made up of two components, firstly we created a new fulltime fundraiser position to raise funds so that the organisation could develop organisational capacity, improve resilience and sustainability. In addition, the project created a development programme and training for our staff and volunteers, with sector-specific learning which has created the knowledge and resources to create transformative impact within the organisation.

### **Funding and Financial Report**

#### ***Summary of funds received this financial Years April 2022- March 2023***

Project Name	Amount (£)
Awards for All Big Lottery Community	10,000.00
Heritage Lottery	19,200.00
Somali Dance Grant Ty Cerdd	2,535.00
LB Foundation Grant	2,750.00
Hayaan Project Big Lottery Community	121,200.00
WCVA Grant	11,375.00
Other	13,494
<b>Total</b>	<b>180,554</b>

### **Policies**

Hayaat continued adhering to the organisational policies: Wales for Africa Code of Conduct, Equal Opportunity Policy, Safeguarding, Child Protection and compliance with GDPR on data protection.

### **Trustees Responsibilities**



The charity trustees comply with Charities Act 2011 requirements in providing strategic oversight in ensuring up-to-date accounting records, preparation and scrutiny of the Statement of Accounts, preparation and timely submission of annual reports and returns. They have ensured that the Statement of Accounts, reports, and returns are submitted to the Charity Commission, within ten months of the financial year-end, irrespective of the income of the CIO. The charity trustees also comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of charities.

## **CIO CHARITY PROVISIONS**

This Report is prepared in accordance with provisions of the general regulations of CIO clause 21.

By order of the Trustees:

**Hayaat Women Trustees**

Name of Trustee : Kalifa Mohamed

Signature : Kalifa

Date : 12 - 12 - 2023

Registered Charity Number 1155727



HAYAAT WOMEN  
TRUST

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS  
TO THE TRUSTEES OF HAYAAT WOMEN TRUST  
FOR THE YEAR ENDED 31 MARCH 2023**

**Respective responsibilities of Trustees and Examiner**

The Charity's Trustees are responsible for preparation of accounts. The Charity Trustees consider that an audit is not required for this year. under Section 144 of the Charities Act 2011 and that an Independent Examination is needed. It is our responsibility to:  
Examination is needed. It is our responsibility to:  
examine the accounts under Section 145 of the Charities Act  
to allow the procedures laid down in the general directions given by the Charity Commission (Under Section 145(5)(b) of the Charities Act), and  
to state whether particular matters have come to my attention.

**Basis of independent examiner statement**

Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required on an audit and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

**Independent examiners statement**

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in , any material, the requirements:  
to keep accounting records in accordance with Section 130 of the Charities Act  
To prepare accounts which accord with the accounting requirements of the Charities Act have not been met or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

A handwritten signature in black ink, appearing to read 'M. Anvari', with a long, sweeping horizontal line extending to the right.

Date: 12th December 2023

**M ANVARI & CO.**  
**Chartered Certified Accountants**  
**152a Whitchurch Road**  
**Cardiff**  
**CF14 3NA**



**HAYAAT WOMEN TRUST**  
**BALANCE SHEET**  
**AS AT 31 MARCH 2023**

	Notes	£
<b><u>FIXED ASSETS</u></b>		
Tangible Fixed assets	1	3435
<b><u>CURRENT ASSETS</u></b>		
Cash at bank		67552
Cash in hand		51
Debtors and prepayments		1037
		<u>68660</u>
<b><u>LESS: CURRENT LIABILITIES</u></b>		
Sundry Creditor		<u>1700</u>
<b>NET CURRENT ASSETS</b>		<u>66960</u>
<b>TOTAL NET ASSETS</b>		<u><u>70395</u></u>

**FUNDS**

Unrestricted	4	4568
Restricted		65827
		<u>70395</u>

The trustees acknowledge their responsibilities for preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of financial year, and of its Receipts and Payments for the financial year.

These financial statements were approved by the trustees on...12/12/2023...And are signed on their behalf by:

.....Trustee

Name: Kalton Tohamel

The notes on pages 13 to 14 form part of these financial statements.

**HAYAAT WOMEN TRUST**  
**RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	Note	£
<b>RECEIPTS</b>		
Grants received	2	163006
Donations		17548
		<u>180554</u>
<b>LESS: EXPENDITURE</b>		
Salaries and pension		121556
Marketing		2346
Refreshments		7463
Start up and recruit training		17235
Sponsorship		2220
Monitoring and evaluation		978
Office rent and rates		6906
Insurance		474
Utilities		3238
Sessional facilities and speakers		26863
Travel and subsistence		5274
Legal and professional		10020
Accountancy		1700
Sundry expenses		167
Depreciation		858
		<u>-208298</u>
<b>Excess of Expenditure over Income</b>		<b>-27744</b>
Funds Brought forward		97139
<b>Funds Carried Forward</b>		<b><u><u>70395</u></u></b>

**HAYAAT WOMEN TRUST**  
**NOTES TO THE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1) FIXED ASSETS****Office****Tangible Fixed Assets:****£****COST:**

Balance at 1st April 2022	8630
Additions during the year	336
Balance at 31 March 2023	<u>8966</u>

**LESS: Depreciation**

Balance at 1st April 2022	4673
Charge for the year	858
Balance at 31 March 2023	<u>5531</u>

**NET BOOK VALUE**

As at 31 March 2023	<u>3435</u>
---------------------	-------------

**2) GRANTS RECEIVED:**

Big Lottery advocacy	121200
WCVA Grant	11375
Award for All: Big Lottery	10000
National Heritage	19200
Ty Cerdd fund(Somali dance)	2535
L B Foundation	2750
	<u>167060</u>

**3) DONATIONS RECEIVED:**

Trustees and other donations	10827
National Museum	250
Hergeis Donations	2082
GBS Public Health	335
	<u>13494</u>



**HAYAAT WOMEN TRUST**  
**NOTES TO THE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2023**

Page16

**4)**

**UNRESTRICTED FUNDS**

	<b>B/F</b>	<b>Received</b>	<b>Spent</b>	<b>C/F</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Balance B/F	157			157
National Museum		250		250
Donations		1935		1935
Hergeis Donations		2082		2082
LB Foundation		2750		2750
Gran H		240		240
Donations in Savings account		8268	6856	1412
Fowzia Ali		383		383
GBS Public Health		335		335
	<u>157</u>	<u>16243</u>	<u>6856</u>	<u>9544</u>

**RESTRICTED FUNDS**

	<b>B/F</b>	<b>Received</b>	<b>Spent</b>	<b>C/F</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Big Lottery Advocacy	10224	121200	105079	26344
Catch up Foundation	9038		8216	822
WCV Grant	34125	11375	29291	16209
Award for All: Big Lottery	6796	10000	10001	6795
C3SV	5000		4985	15
Rosa Foundation	9089		3690	5399
National Heritage	17892	19200	26850	10242
Comic Relief	4818		9793	-4975
Ty Cerdd Fund(Somali dance)		2535	2535	0
	<u>96982</u>	<u>164310</u>	<u>200440</u>	<u>60851</u>