

HAYAAT WOMEN TRUST

**TRUSTEES REPORT AND FINANCIAL
STATEMENTS**

**FOR THE YEAR ENDED
31 MARCH 2021**

Charity Number 1155727

M.ANVARI &
CO.
Chartered Certified Accountants

HAYAAT WOMEN TRUST

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HAYAAT WOMEN TRUST
OFFICERS AND OTHER INFORMATION
FOR THE YEAR ENDED 31 MARCH 2021

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TRUSTEES

Suad Ismail
Abde Samad Mohammed (Appointed
Feb 2020)
Kaltum Mohammed (Appointed
Feb 2020)

REGISTERED OFFICE

Bute Town community Centre
2nd Floor Offices
Loudoun Square
Bute Town
Cardiff
CF10 5UZ

ACCOUNTANTS :

M Anvari & Co.
Chartered Certified Accountants
152a Whitchurch Road
Cardiff
CF14 3NA

BANKERS

Barclays Bank plc



HAYAAT WOMEN
TRUST

HAYAAT WOMEN TRUSTEES CIO ANNUAL REPORT

Financial Year April 2020 to March 2021

Background

Hayaat Women Trust (HWT) was established in Cardiff 2011 by a group of African women, HWT is a women-led Charitable Incorporated Organisation ("CIO"). The organisation provides support to disadvantaged people of African origin living in South Wales and Sub-Saharan Africa who are socially excluded on the grounds of their ethnic origin or gender. The support offered empowers the target population to relieve their needs, expedite their social integration as a catalyst to social cohesion for community development. Our target community live in pockets of deprivation surrounded by commercial areas of relative affluence. These contrasting fortunes result in a feeling of social exclusion. HWT exists to relieve their needs and to assist them to integrate into society.

Volunteers are the backbone of the success of HWT as they strive to meet community needs in Wales and Somaliland. The Trustees, staff and volunteers all hail from the local community that we serve. This close interaction with our target group gives us an insightful experience that is key to understanding the socio-cultural backdrop in which we operate. Connecting with the target population has enabled Hayaat to develop a sensitivity to the changing and newly emerging needs of our beneficiaries.

Aim:

To promote social inclusion for the public benefit by working with African women residing in Wales who are socially excluded on the ground of their ethnic origin or gender, to relieve their needs and to assist them in integrating into society.

Objectivise:

- Providing health and well-being information, advice, education and training to support and enable African Community to increase access to quality health and other public services.
- Providing workshops, forum, advocacy and general support to raise their awareness of the existing health providers services, empower and promote their health rights.
- Raising public awareness of the health issues affecting them by planning and delivering educational and awareness programme, training sessions, workshops and seminars for health services workers.
- Co-ordinating opportunities for them to engage with health and education services providers (voluntary and statutory), to enable those providers to adapt services to better meet their needs.

- To develop a link and partnership working with partner organisations in the Horn of Africa in relation to improve the lives of African women and to provide trainings sessions and support to the health workers in Africa to improve the health and well-being of women in Africa.
- Promote and carry out or assist in promoting and carrying out research and surveys and publish results thereof.

Activities:

- **Delivering Advocacy drop-in sessions** for our local community offering information and advice on accessing health, education, housing, Welfare benefits and other public services.
- **Cultural Awareness training sessions** for public and third sector organisations
- **Deliver targeted education sessions** to members of our community on specific issues that have been identified e.g. dealing with mental health, learning difficulty syndromes i.e: Autism, FGM and child protection services.
- Provide a safe space for confidence-building and mutual peer support for our service users.
- Providing equality and diversity awareness raising workshops, gender balanced focus group discussions for disability/mental health sensitization; culturally appropriate social events facilitated by disability/mental health professionals, information sharing talks & activities.
- **Providing regular peer support workshops and one to one advocacy support service for BME parents with children with Autism and other learning disability**
- **Catch-Up Educational Sessions**, this is Online Homework Club for BAME school children we developed and implemented this programme, we work with BAME families addressing the educational needs of their children
- **Cultural Drama, Art sessions for young school girls** to build their confidence and increase their self esteem
- Currently involved in **BAME Covid19 Food project** response in partnership with Butetown Community Centre and other local BAME organisations.
- Involved regular consultation meetings and community activities with local Third sector organisations, council and Welsh government addressing the inequality of BAME communities in accessing basic services like: Health, Housing, social care and health and wellbeing.

Challenges

This financial year we have delivered several vital important projects and events in partnership with local BAME-led organisations, voluntary and statutory organisations, and the local community. Despite facing so many challenges caused by the covid-19 pandemic, HWT responded by assisting the community with some of the immediate issues people were facing in partnership with other charity organisations. Furthermore, steps were taken to reach out and establish a partnership with the Welsh Government and conduct important consultations with our community. HWT became a bridge between the BME communities, the Welsh Government and other public service providers in our area. In particular, the Somali community, who benefited from translated messages and clips regarding health and wellbeing during Covid-19 lockdown.

The organisation has held many consultation workshops/events with partners involving our target BME community members, in which participants expressed themselves especially African women and informed us of their problems and the barriers they face when accessing mainstream services. We've also carried on our Advocacy services for the third year running, this service helps us to tackle some of those issues faced our service users at that difficult period.

(a) Impact of Covid-19 on our organisation

- When Covid-19 lockdown started, Hayaat was forced to stop its face-to-face advocacy Drop-in sessions in line with the government lockdown directive. The Advocacy services were part of our biggest project in the local community through which we link with vulnerable and high-risk individuals of BAME ethnic background bridging the language and cultural barrier to enable them to access services.
- During lockdown we started working remotely from home providing advocacy support services by telephone. The structure and breadth of services we were providing before the lockdown have been significantly reduced and as a result, we are not able to work with all our beneficiaries regularly and efficiently.
- Working from home staff and volunteers lost the personal contact of human interaction.
- Staff supervision and team meetings are not able to happen in the same way, they became online video supervision and online team meetings. In addition, during lockdown even the online meetings became difficult as some of our colleagues fell ill, others had to home school their children, work and family/home responsibilities often clashed.
- We had to convert a portion of our advocacy services into essential services to socially distanced home visits for clients who were unable to communicate with the outside world through electronic means due to illiteracy, language barrier, mental health, and or ill-health.
- Whereas previously we were able to complete forms for benefits, appeal or support clients with online applications this work has been curtailed as clients need to sign documents or need to be present. Therefore, Hayaat output performance has been reduced as a direct result of the replacement of face-to-face meetings with remote working.
- We also been financially affected as all our Community Fundraising events had to be cancelled

(b) Impact of Covid-19 on our beneficiaries

- Social Isolation: contacting our clients while working remotely we realised very quickly that 10% of our high risk and vulnerable clients are illiterate, do not have computers or mobile phone and do not speak, read or write English. This category of clients also faced significant other social, health and welfare problems. Our assessment highlighted for this group that we were their main contact with the outside world apart from their social worker/carer.
- Cut off from society: Having been unable to reach a section of our beneficiaries by phone or email, we arranged to visit them as an essential service observing the social distancing and other COVID-19 protection guidelines.
- Loneliness: most of our clients felt lonely as they were cut off from their social networks who they had interacted with regularly.
- Loss of livelihood: A number of our clients were taking on new roles that were unfamiliar to them as a result of being furloughed, others lost their jobs while others have been forced to become carers, home tutors and much more. Children whose parents could neither read nor write in English fell behind with school

- In terms of gaining access to our services for those with good phone and internet skills they have continued to receive a different kind of service, but for those with limited reading, writing or internet access a difference has been felt. Many have not approached our organisation directly
- Interruption of Learning: During this period of COVID-19 pandemic young people of all ages have been faced with unprecedented disruption to their education. Some of the children within our communities during lockdown were also affected by limited access to computers or tablets affecting their ability to study at home, whilst others had no internet provision at all.

Continued Project Activities and Achievements:

- We opened up Facebook page group For parents with learning disabled children, 'Autism/Learning disability Hidden Voices' to raise awareness and provide resources by sharing discussions on the challenges that the diverse Autistic community are facing, this Group was created on the 31st March 2020 and we have a total of 118 members.
- Monthly education awareness session for parents to explain to them the education system and how they can improve their skills of home educating
- Weekly Zoom sessions – Autism: Breaking the Stigma within the Somali and BAME community, held weekly events online with different professionals in order to raise awareness about Autism with in the BAME especially Somali community, the guest speakers ranged from an Educational and Child Psychologist, Senior Primary Teacher, Earlier Years Practitioner and Special Education Needs Coordinator, Clinical Aromatherapist and Clinical Reflexologist, Occupational therapist.
- These sessions were so successful that word spread of the existence of this group across the global BAME community, in one workshop session we had 150 participants attend.
- We recruited a community sessional worker who helped lonely service users such as the elderly to contact each other and share their experiences. We provided them with devices such as tablets to assist them in connecting virtually.
- We moved our weekly Yoga sessions online
- We leased with Social Care section and Health services to arrange Care packages for those elderly clients who needed regular help and adaptations at their homes, also we helped others to get the welfare benefits that they were entitled to.
- We delivered regular Online Drama and Art sessions for young people, the outcome is that they became more confident in expressing themselves through Art and Drama (Young Queens)
- We still working with our local partners with the Food Bank for BME community in Cardiff
- With the help of Bawso Comic Relief Covid19 Relief Funding we developed implemented this educational catch-up programme, we have been able to work with 72 families for the first time in addressing the educational needs of their children.
- We put notices on social media in different languages informing our clients that we can still assist them over the phone and online.
- We produced video clips and other material in other languages to inform clients about government announcements regarding Covid19 prevention messages and their general health wellbeing.

- We have received Covid-19 Relief Grant beginning of September 2020, that enabled us to provide most of our staff and volunteers laptops, printers, and work mobiles, it enabled us to purchase PPE equipment so
- We have just received COVID Recovery Funding from Lloyds Foundation, this is unrestricted funding to enable our organisation's funding strength and development, it will also enable us to receive enhanced support which we hope will improve our fundraising situation and project management

Annual Report Summary

Hayaat Women Trustees present the Financial Annual Report and Accounts for the C.I.O. charity for the year ending 31st March 2021.

The organisation has been greatly affected by the Covid 19 pandemic as Butetown Hub where our office is located had to be closed for obvious health concerns shortly before the lock down ensued. This has prevented us from conducting our usual advocacy drop-in sessions.

Many of our events and workshops had to be cancelled or postponed including this year's Annual Fundraising event/ Showcase, this had a big impact on our organisation. These events and workshops were a good way for us to not only raise money for those in need but to also showcase the talents of our younger generation within Somali and other ethnic minority communities, also these events were effective in encouraging people from different backgrounds to socialise with each other. Due to the lock down many of the families that we support under our advocacy project have been affected financially as many of them were dependent on low-income jobs like cleaning, driving, and care work. They also had to deal with full time childcare due to the school closures therefore keeping their children on task with their education required more effort and time, especially parents with disabled children who found it difficult to cope.

Furthermore, despite the closure of our office at the beginning of the pandemic we experienced an increase in demand for services that we had not planned for this financial year e.g. emergency food parcels for some of our beneficiaries who lost their jobs and /or were home schooling. we requested the funder of our main advocacy project for authorization to free up some of our restricted funds to meet these pressing beneficiary needs, we also applied some emergency Covid-19 Relief funding.

Concluded Projects:

- **Project title:** *Giving voice to BME Mothers of disabled children*
Start Date: 6th September 2019
Duration: one year
Source: People's Postcode Trust

The project is sponsored by Peoples Postcode Trust and came about due to what we are experiencing in our charity with our clients and from reports from the National Autistic Society's Diverse

Perspective Report which showed that language and cultural differences among people from Black, Asian and Minority Ethnic (BAME) communities can create additional barriers resulting in isolation and the families not feeling comfortable to access the resources available to them. HWT concluded this 1-year but as the demand is huge, we still carrying on some of the activities on voluntary basis until more resources is going to be secured

- **Project title: Covid-19 Relief Fund**
Start Date: 30th September 2020
Duration: 6 months
Source: Moondance Foundation
- **Project title: WG Equality Action Plan Consultation Fund**
Start Date: 1st December 2020
Duration: 12 weeks
Source: Welsh Government
- **Project title: COVID-19 Support Fund**
Start Date: 17th June 2020
Duration: 4 months
Source: Rayne Foundation

Continued Projects:

- **Funder Garfield Weston Foundation**
application to cover a budgetary shortfall/Core Costs was successful
Start date: 26th March 2021
Duration: One-year unrestricted Funding
Source: Garfield Weston Foundation
- **Project title: COVID-19 Recovery Funding**
Start Date: 10th March 2021
Duration: 2 years, unrestricted Funding
Source: Lloyds Foundation
Half of the funding was received this year and the rest of the Grant to receive next financial year
- **Project title: Catch-Up Education Program**
Start Date: 23rd October 2020
Duration: 1 Year
Source: Bawso Comic Relief Covid-19 Recovery Fund
- **Project title: Himilo Advocacy Project**
Start Date: 1st April 2018
Duration: 3 years and 6 months
Funder: The Big Lottery Community Fund

Through Himilo project HWT successfully continued carrying out various advocacy and advice services that BME community needed. The project was launched to address the lack of uptake of accessing public services by the BME community in Cardiff due to language barrier, cultural misunderstandings, multiple support needs and previous experience of exclusion.

Funding and Financial Report

**Summary of Funds received this Financial
Year April 2020-March 2021**

Project Name	Amount
	£
Big Lottery	93,903.00
Garfield Western	7,500.00
Rayne Foundation	2,000.00
Moondance Foundation	5,100.00
Welsh Government	5,000.00
Lloyds Bank Foundation	25,000.00
Bawso Comic Relief	20,000.00
Community & other donations	4,815
TOTAL	£163,318

Policies

Hayaat continued adhering to the organisational policies: Wales for Africa Code of Conduct, Equal Opportunity Policy, Safeguarding, Child Protection and compliance with GDPR on data protection.

Trustees Responsibilities

The charity trustees comply with Charities Act 2011 requirements in providing strategic oversight in ensuring up-to-date accounting records, preparation and scrutiny of the Statement of Accounts, preparation and timely submission of annual reports and returns. They have ensured that the

Statement of Accounts, reports, and returns are submitted to the Charity Commission, within ten months of the financial year-end, irrespective of the income of the CIO. The charity trustees also comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of charities.

CIO CHARITY PROVISIONS

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This Report is prepared in accordance with provisions of the general regulations of CIO clause 21.

By order of the Trustees:

Hayaat Women Trustees

Name of Trustee : Kaithon Mohamed

Signature : Kaithon

Date : 18-11-21



HAYAAT WOMEN
TRUST

Registered Charity Number 1155727

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INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS
TO THE TRUSTEES OF HAYAAT WOMEN TRUST
FOR THE YEAR ENDED 31 MARCH 2021

Respective responsibilities of Trustees and Examiner

The Charity's trustees are responsible for preparation of accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an Independent Examination is needed. It is our responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to allow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

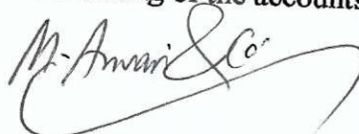
Our examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required on an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in, any material, the requirements:
- to keep accounting records in accordance with section 130 of the Charities Act ;
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

signed



Date 18th November 2021

M ANVARI & CO.
Chartered Certified Accountants
152a Whitchurch Road
Cardiff
CF14 3NA


HAYAAT WOMEN TRUST
BALANCE SHEET
AS AT 31 MARCH 2021

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	Note	£	£
<u>FIXED ASSETS</u>			
Tangible Fixed Asset	(1)		3,147
<u>CURRENT ASSETS</u>			
Cash at bank		83,396	
Cash in hand		51	
Debtors		-	
		<u>83,447</u>	
<u>LESS: CURRENT LIABILITIES</u>			
Sundry Creditor	(1,000)		
		<u></u>	
NET CURRENT ASSETS			82,447
<u>TOTAL NET ASSETS</u>			<u><u>85,594</u></u>
<u>FUNDS</u>			
Unrestricted	(4)	32,830	
Restricted	(5)	52,764	
		<u>85,594</u>	

The trustees acknowledges their responsibilities for preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of financial year, and of its Receipts and Payments for the financial year.

These financial statements were approved by the trustees on..... and are signed on their behalf by:

 Trustee

Name: Kallan Mohamed

The notes on pages 16 to 17 form part of these financial statements.

HAYAAT WOMEN TRUST
RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31 MARCH 2021

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<u>RECEIPTS</u>	Note	£	£
Grants received	(2)		158,503
Donations	(3)		4,815
Bank interest received gross			-
			<hr/>
<u>LESS: EXPENDITURE</u>			163,318
Salaries & Pension		51,980	
Marketing		10,319	
Refreshments		1,488	
Start up and recruit training		3,091	
Sponsorship		4,933	
Monitoring and evaluation		8,263	
Office Rent & rates		1,875	
Insurance		448	
Utilities		513	
Sessional Facilities and speaker		15,371	
Travelling		4,175	
Legal and professional		2,320	
Accountancy		1,000	
Depreciation		787	
		<hr/>	(106,563)
Excess of Income over Expenditure			<hr/>
Funds Brought Forward			56,755
			28,839
Funds Carried forward			<hr/>
			85,594

HAYAAT WOMEN TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

1) FIXED ASSETS

Tangible Fixed Assets	Office equipment £
COST	
Balance at 01 April 2020	6,072
Addition during the year	758
Balance at 31 March 2021	<u>6,830</u>
LESS: DEPRECIATION	
Balance at 01 April 2020	2,896
Charge for the year	787
Balance at 31 March 2021	<u>3,683</u>
NET BOOK VALUE:	
Aas at 31 March 2021	<u>3,147</u>

2) GRANTS RECEIVED

	£
Big Lottery: Advocacy Project	93,903
Garfield	7,500
Lloyds Bank	25,000
Catch up education: BOWSO	20,000
Rayne Foundation	2,000
Welsh Government	5,000
Moondance Foundation	5,100
	<u>158,503</u>

3) DONATIONS

Trustees and other donations	<u>4,815</u>
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HAYAAT WOMEN TRUST
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

4) UNRESTRICTED FUNDS:

		£
Balance Brought forward		10,405
Received this year:		
Garfield	7,500	
Lloyds Foundation	25,000	
Other donations	4,815	
		<u>37,315</u>
		47,720
Paid out		
Top up	7,238	
Other sponsorship	5,718	
Trf to Restricted	1,934	
		<u>(14,890)</u>
Balance Carried Forward		<u><u>32,830</u></u>

5) RESTRICTED FUNDS :

	Brought forward	Trf U/R	Received	Spent	Carried forward
	£	£	£	£	£
Hub Cymru Africa	8	(8)			-
Big Loteery: Advocacy	10,963		93,903	64,140	43,726
Post code Lottery:BME	7,356	2049		9,405	-
Art Council of Wales	107	(107)			-
Catch up Education: Bawso			20,000	10,962	9,038
Rayne Foundation			2,000	2,000	-
Moondance Foundation			5,100	5,100	-
Welsh Government			5,000	5,000	-
Total	<u>18,434</u>	<u>1,934</u>	<u>126,003</u>	<u>93,607</u>	<u><u>52,764</u></u>