

The Gestalt Centre

**Trustees' Report and Accounts
Year Ended 31 July 2025**

**Company registration No. 03257274
Charity Commission No. 1155725**

**The Gestalt Centre
Trustees' Annual Report
for the year ended 31 July 2025**

Reference and Administrative details

Name of Charity: The Gestalt Centre
Charity No. 1155725
Company No. 3257274

**Directors/
Trustees:**

Gilead Yeffett
Lorraine King
Caroline Hattersley
Meri Jimenez (appointed November 2025)
Carla Jauregui (appointed November 2025)
Paula Peden (appointed November 2025)
Belvin Tawuya (appointed November 2025)
Giulia Daniela Rosato (appointed November 2025)

**Company
Secretary:**

Elina Stamou

Registered Office: The Gestalt Centre
15-23 St Pancras Way
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Auditors: Mercer & Hole LLP
Gloucester House
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The Gestalt Centre Trustees' Annual Report for the year ended 31 July 2025

About Us

Gestalt is a life-changing approach to living, counselling, and psychotherapy. It supports individuals and organisations to navigate change, build meaningful relationships, and live more fulfilling lives by creatively drawing on their own resources, strengths, and capacities.

At the Gestalt Centre, our purpose is to promote the mental and psychological wellbeing of individuals, groups, and organisations through Gestalt education, training, and practice. We are a dynamic registered charity and the UK's focal point for the study and application of Gestalt, supporting people and organisations to live with greater awareness, deeper connection, and the ability to respond to change as it unfolds.

For over 45 years, we have been an established centre of excellence, offering UKCP- and BACP-accredited professional training in counselling and psychotherapy, alongside CPD programmes for therapists and professionals working in organisations. Beyond training, the Centre is a vibrant hub for therapeutic practice - a welcoming space where professionals and organisations come together to meet, learn, and grow.

Based in Camden, London, our part-time programmes and short courses can prepare you for a career in counselling or psychotherapy, deepen your development as a therapist or people-focused professional, or simply open up a fresh and constructive perspective on relationships and life.

We value awareness and growth, collaborative ways of working, diversity, and the understanding that we are interconnected - and therefore share responsibility for the wellbeing of our communities.

As the world continues to shift and evolve, we remain engaged with both the opportunities and challenges it brings, responding with curiosity, commitment, and care.

Our Vision

A world in which meaningful and fulfilling relationships lead to wellbeing and positive change in people's lives.

Our Purpose

Promote mental and psychological well-being of people, groups and organisations through Gestalt humanistic education, training and practice.

Our Values in Practice

Diversity, equality, inclusion and anti-discrimination: We value equity and inclusion and welcome diversity and difference in backgrounds, identities, cultures and voices. We also commit to anti-discriminatory action and encourage personal and collective awareness, reflection and learning. It is integral to who we are and how we work and study together.

Community, awareness and personal responsibility: We are a community of staff, students, practitioners and clients; working, studying and accessing therapy at the centre. Individually and collectively, we're responsible for our presence and behaviour. Also responsible for our communities and the spaces we inhabit.

Collaboration and mutuality: We work and study together, collaboratively and with respect and appreciation for each other. Every person matters and so does the collective.

Kindness and respect for each other and the space we cohabit. Our relationship with people who work, learn and access therapy at the centre starts from a place of respect and kindness. This way we create a space where we can show up, work and learn authentically and meaningfully. Feel seen, heard and included.

Gestalt Centre Strategy

Strategic Approach

As the socio-economic landscape evolves and grows in complexity, we continue successfully navigating growing demand for our training and services, alongside the life pressures and changing needs, experienced by the people we work with, train and support and our own needs as an organisation.

We progress with awareness, care, and resourcefulness as we manage challenges and make the most of opportunities along the way. We reflect on our practice, learn, rethink, and adjust the way we work and operate to ensure that we continue offering high-quality training and services.

We recognise and work with the changing needs and circumstances that arise for colleagues and teams at the centre, psychotherapy and counselling trainees, short courses and certificate participants, centre-based practitioners, as well as the professional bodies we collaborate with.

We are set to continue, purposefully evolving and growing as people, professionals and an organisation, in conversation with our environment - open to opportunities and challenges as they arise, with experimentation and reflective practice along the way.

We draw energy and inspiration from the humanistic, relational and embodied Gestalt approach. Our valuing of awareness, personal/professional growth and change, collaborative working, diversity, and the view that we are all connected and therefore collectively responsible for our communities.

We are grounded by our purpose: supporting the psychological wellbeing of people, groups, and organisations through Gestalt humanistic education, training, and practice.

In this, we are guided by our organisational strategy and plan, enabling us to maintain direction while also holding fluidity and versatility as we move forward.

We approach this journey with awareness, resourcefulness, creativity, integrity, and care.

Strategic Goals

1. People and Teams: Keeping well, connected and growing - professionally and our teams' capabilities.

2. Equity, Diversity and Inclusion: Be, proactively, anti-discriminatory as an organisation and promote equity, diversity and inclusion in our work.
3. Digital growth for our systems and training offer.
4. Gestalt Centre Communities: Grow Gestalt Centre community including membership.
5. Quality and impact: High standard and high value gestalt training and practice.
6. Provide further opportunities for emotional and psychological support at the Gestalt Centre.
7. Financial sustainability and growth.

Equity, Diversity and Inclusion – What it Means for Us

At the Gestalt Centre, we value equity, inclusion, and the richness of diversity across backgrounds, identities, cultures, and voices. It is central to who we are and how we work.

Our relationships with those who work and learn here begin with respect, appreciation, and trust. We welcome the diversity of our identities so that staff, students, and practitioners feel seen, heard, and valued. When this happens, we can show up more authentically and meaningfully in our work and learning.

We see our organisational structure simply as a shape to help us organise ourselves; what truly matters is how we work together. We prioritise collaboration and consultative decision-making across teams and roles, with shared responsibility and accountability. Diversity is essential to this. People from varied backgrounds bring fresh ideas and vital insights that enrich our training and practice. The more diverse we are, the stronger we become — making better decisions and grounding our work in collective experience and understanding.

We recognise the ongoing impact of racism, discrimination, and systemic oppression in society, as well as the historical and structural barriers many communities face. Acknowledging intersectionality is an essential step in disrupting these cycles. As individuals and as an organisation, we continually reflect on our practice, deepen our self-awareness, and strive for anti-discriminatory action.

Equity, Diversity and Inclusion In Practice

For us, equity and diversity go beyond inclusion. A truly diverse organisation makes better decisions and offers richer training and practice.

Equity, diversity, unconscious bias, and systemic discrimination have long been central to Gestalt Centre training. We have strengthened this commitment by making it a strategic priority: to become a proactively anti-racist and anti-discriminatory organisation, and to enhance diversity across the Centre and the wider profession.

1. We strive to create a working and learning environment reflecting the diversity of our society, where colleagues, students and practitioners feel they belong, can be themselves and do their best work.
2. Grounded in our commitment to personal and professional growth - and aware of the unconscious biases we all carry as people within unequal social systems – at GC we

commit to open-minded, non-defensive reflection and review. This helps us recognise and amend ways we may inadvertently mirror societal oppression.

3. We aim to affirm and ensure that our principles, plans, actions and outlook actively integrate the diversity of voices and contributions of staff, practitioners and students working and studying at the centre. We do so with inclusive practice.
4. EDI perspectives and matters are embedded in key meetings and discussions across staff teams, the Executive, Trustees, and all training groups. We allocate a dedicated EDI budget for staff development and student support, including accessibility and reasonable adjustments.
5. EDI is integral to our psychotherapy and counselling training programmes - embedded within the curriculum, learning, and student support.
6. We foster an environment where students and staff can respectfully challenge - and be challenged on - assumptions, exclusion, and discrimination, regardless of role. We do this in the spirit of collective commitment to EDI, learning, and growth.
7. Welcoming, collaborative tutors and office team are available to support all students' learning journey with us. We offer additional support to students that need it – in the form of reasonable adjustments.
8. We encourage qualified applicants from diverse backgrounds and experiences to join us, and we work to accommodate individual needs wherever possible.

Our accessibility provisions include:

- Step-free access to the building, key meeting rooms, and bathrooms
 - Hearing loops
 - Accessibility dogs welcome
 - Materials available in alternative formats and additional tutorials offered.
 - Accessibility support across recruitment, training, employment and visitors at the centre.
9. We support students and staff who have experienced discrimination or marginalisation to be heard and respected, and we offer training that addresses the impact of these experiences. We provide inclusive and accessible training.
 10. The programmes are part-time and offered in a variety of formats, including evenings to support students work-life balance.
 11. There is available support when life happens. We discuss and agree a break in studies between training years – when needed.
 12. We offer flexible and interest free payment plans, access to a resource guide for funding and a small Gestalt Centre bursaries to trainees experiencing financial hardship.
 13. We offer accessible and low cost therapy to people that need it in the community.

Gestalt Centre Programmes and Activities in 2024/25

THE GESTALT CENTRE TRAINING

The Centre offers a range of counselling, psychotherapy, and personal and professional development courses, including UKCP- and BACP-accredited programmes.

The Centre has been regarded as a beacon of excellence in humanistic gestalt training and practice for over 45 years.

We provide a comprehensive pathway for those wishing to become therapists in both individual and group therapy. This includes accredited training, high-value and high-quality learning, skills practice throughout training, opportunities to establish and run trainees and graduates therapy practice at the Centre, and ongoing continuous professional development throughout their career as therapists.

The training pathway begins with a one-year introductory programme: either the Diploma in Professional Development in Psychotherapy or the Certificate in Humanistic Counselling.

These courses can be taken as stand-alone options for personal and professional growth.

For those wishing to qualify as counsellors or psychotherapists, the pathway continues.

The psychotherapy pathway leads to an MA in Gestalt Psychotherapy and a Psychotherapy Practitioner Diploma. The counselling pathway leads to the Diploma in Counselling.

The Gestalt training approach is humanistic, relational, embodied, and practical.

Learning takes place through a combination of group work, personal study, therapy, and supervised practice that brings learning to life. Programmes are part-time and offered in a variety of formats, including evening options to support accessibility and work-life balance.

The Centre has a dedicated library and online resources for students.

All programmes are delivered by tutors with extensive experience in therapeutic teaching, group work, and clinical practice. Many are also experienced clinical supervisors, trainers, and consultants for other organisations and trainings, giving them a broad perspective on psychotherapy, counselling, and the mental health sector.

Welcoming and collaborative tutor and office teams provide student support.

Placements support is available alongside opportunities to provide therapy through the Gestalt Centre Therapy Scheme and facilitate groups - with supervision - to further enhance group practice.

Also, we offer a range of CPD courses and post-training qualifications to support the continued professional development of trainees and graduates. These courses are also open to qualified professionals from other organisations and modalities, creating for trainees, rich opportunities for shared learning from the wealth of knowledge and experiences in the room.

Students learn and study at the centre, in a space that is a welcoming, vibrant hub for a range of therapy and wellbeing practices, alongside training. The Centre runs courses and workshops for the general public and professionals working with individuals, groups and organisations.

When graduates are ready to establish their therapy practice, we offer space and practical support to do so at the Centre.

PSYCHOTHERAPY AND COUNSELLING QUALIFICATIONS

The Gestalt Centre runs a range of counselling, psychotherapy, personal and professional development courses, including UKCP and BACP accredited programmes.

This year we run **13 Psychotherapy and Counselling Year Groups across 11 Qualifications**, including Certificate, Diploma and MA programmes, completed by **151 people** on their career path to become psychotherapists and counselling practitioners.

"Absolutely more than expected. The tutor has been consistent, boundaried and utterly professional at every turn. I thought this course may be more basic than it has turned out to be and I have been so pleased to find out that it seems in this field there could be no such thing. I had no idea if this would be the right centre and training course for me and now, I am thrilled to say I know that it is. Thank you."

Michaela Brooks, Lead Helpline

Coordinator Counselling programme
student

"I found this course particularly good in terms of its structure, theoretical content and the experiential aspects, it definitely exceeded my expectations. The course is unparalleled in its excellence and robustness."

Richard Lewis, psychotherapist

MA in Gestalt Therapy/Theory studies

A number of Gestalt Centre graduates set up their own private practice, while others found employment in the fields of mental health, human relations and allied professions.

THE LARGE GROUP EVENT

Yet another successful LGE this year. An essential part of the Gestalt Centre psychotherapy and counselling training, the event took place in January 2025.

100 trainees from Years 1-5 of the psychotherapy programme and Years 2 & 3 of the counselling programme, came together over **4 days**.

This year the theme and invitation was to focus together through contact, connection, and co-creation of space to pay attention to and explore transitions, transformations and tension while changing, differentiation and finding new ground.

The event included the graduation of 31 psychotherapy and counselling trainees, celebrated at the graduation event with a total of 130 guests on the Saturday evening.

PROFESSIONAL DEVELOPMENT AND SUPPORT PROGRAMMES FOR THERAPISTS AND HEALTHCARE PROFESSIONALS

These professional development short courses and certificates is an area of growth for us.

This year we ran a total of **31 short courses and post qualification programmes** for a total of **358 therapists and healthcare professionals**. They included practitioners wishing to accelerate their professional development and people wishing to acquire a positive new perspective and develop skills and practice for healthy and fulfilling lives and careers.

Examples of certificates and professional development courses we run this year are outlined below.

Introducing Gestalt: Theory and Practice

This one-day course is open to anyone who would like to begin exploring the Gestalt approach. It offers an opportunity to deepen self-awareness, enhance how you relate to others, and start to understand how Gestalt can be applied positively in both life and work.

It is an ideal introduction for those considering training in Gestalt counselling or psychotherapy, as well as for anyone curious about how Gestalt concepts might enrich their current work with people.

The day provides an overview of Gestalt and its core principles, alongside opportunities to explore both theory and practice through key foundational concepts.

Gestalt offers powerful and practical tools, with a strong emphasis on present-moment experience and the context that shapes our actions and relationships. Engaging with Gestalt can bring greater depth of self-understanding and awareness, often strengthening communication skills. It complements many coaching approaches and is equally valuable for personal development.

Working with Trauma Masterclass

"I really enjoyed Angelika's direct and experimental phenomenological approach, which was inspiring to watch: She held the space well and had a commanding presence. ...I really like the teaching which was exciting, challenging and spontaneous....I like the way Angelika used the Cycle of Experience as a way of integrating the experiential side of the work."

Course participant

Over time, unresolved emotions and traumatic experiences can have a profound impact on the body. Gestalt offers ways to work with physical and emotional blocks, address unfinished experiences, and strengthen awareness in the present moment. The process is often experienced as both insightful and empowering, supporting greater self-confidence, emotional resilience, and clarity.

In this weekend course, we draw on the Gestalt approach alongside insights from neuroscience, combining solid theoretical input with experiential learning and practical skills development.

Together, we explore trauma and pathways to recovery, using the Gestalt Cycle as a map to help identify where a client may be in their healing journey — and what might support the next step. Participants may work with their own lived experience or bring client cases to explore the practical application of the approach.

This course is designed for practitioners working therapeutically with individuals experiencing the

after-effects of trauma.

Course outcomes include:

- Deepening awareness and understanding of trauma and approaches to recovery
- Exploring single-incident trauma, complex and developmental trauma, attachment-related trauma, and the role of shock in PTSD
- Integrating key insights from neuroscience
- Learning to apply the Gestalt Cycle to recognise where a client may feel 'stuck' and how to support safe and effective movement forward
- Building confidence and skill in working with intense traumatic experiences, including those emerging in the context of the pandemic
- Learning alongside experienced practitioners and trainers, with space to reflect on your own cases
- Deepening self-awareness and continuing to grow as a practitioner

Diploma in Supervision

Supervision and reflective practice are central to psychotherapy and counselling, and are equally valued across healthcare, education, social work, coaching, and organisational settings.

The Gestalt Centre's Supervision Training, recognised by UKCP, is highly regarded within the therapy field and valued by past participants for its depth, rigour, practicality, and creativity.

This course is open to practitioners beginning their supervisory practice, as well as experienced supervisors seeking to refresh or deepen their work. Applicants from any modality are welcome, including both UKCP members and non-members.

The Diploma in Supervision offers the opportunity to develop the theoretical understanding, practical skills, confidence, and qualification required to become a UKCP-registered supervisor.

Outcomes include,

- Studying and developing the theory and practice of supervision
- Deepening awareness of supervisory roles, relationships, and dynamics
- Strengthening self-awareness and the capacity to use yourself effectively as a supervisor
- Engaging with diversity, intersectionality, and cultural dimensions in supervision
- Exploring ethics, boundaries, and organisational contexts
- Enhancing your ability to supervise practitioners at different stages of experience
- Practising creative methods rooted in the Gestalt approach, working with 'what is' in the moment
- Engaging in professional development alongside a leading Gestalt practitioner and a diverse group of therapists
- Gaining the qualification required to become a UKCP-registered supervisor

PROGRAMMES THAT SUPPORT GROWTH, CHANGE AND WELLBEING OF PEOPLE, TEAMS AND ORGANISATIONS

Gestalt's emphasis on awareness, creativity, relationship, and change makes it especially valuable for leaders, managers, HR and OD professionals, and coaches who want to stretch their skills and grow their careers - while supporting healthy, people-centred teams and organisations.

It is equally beneficial for professionals working closely with the public, including doctors, nurses and other health practitioners, care workers, social workers, and teachers. In these contexts, Gestalt strengthens empathy and rapport, deepens awareness of self and others, clarifies motivation, and supports meaningful, positive change.

This year, we are running **20 courses and programmes** for **178 professionals and the organisations they work within**.

Our programmes harness the transformative power of the holistic, humanistic, and relational Gestalt approach - thoughtfully integrating theory, experiential learning, and practical skills development.

Group Facilitation Programme and Certificate

Many professionals are increasingly working with groups and teams — both in person and online. When done well, group work can be impactful, engaging, and deeply rewarding.

Creating and sustaining effective groups calls for skill, sensitivity, theoretical understanding, and strong self-awareness. Our Group Facilitation Programme offers learning at different levels to develop and refine your practice as a facilitator.

Running for over 20 years, the programme continues to evolve in response to the growing need for skilled group facilitators. It enables professionals to work successfully with groups and teams whether they are a people-focused professional or work in a therapy-related role.

From foundation level all the way through to the advanced programme, it offers an energizing and unique day of participatory learning to build enhanced presence, confidence and skills as a facilitator of groups and teams. Working with themes and issues such as difference, diversity and inclusivity and setting up and developing groups, and engaging in honest conversations are a key part of the course.

"The course was recommended to me by my supervisor, I had become aware of my need to deepen my group facilitation practice, the course was wonderfully paced and managed and with a light touch which worked well. I will definitely consider doing further courses at the Gestalt Centre."

Sarah Mottershead - Head of Organisational Development & Design,
Public Health England

Conflict, Challenge and Confrontation in Groups and Organisations

Conflict and confrontation arise in many settings and can be destructive. Yet, they can also spark innovation and meaningful transformation, often signalling healthy, resilient teams that are willing to engage with difference.

Facilitators and team leaders require insight and skill to work with conflict constructively—recognising its sources and the different styles people bring to it. With greater awareness, leaders can create spaces that feel safe enough for open dialogue, where people are heard, supported, and able to work through differences productively.

This immersive two-day workshop is practical, participative, and experiential, with space for reflection and real-world application. Participants deepen their understanding of conflict dynamics, strengthen self-awareness, and build the confidence and capacity to work skilfully with challenge and confrontation — fostering constructive differences of opinion that contribute to high-functioning teams.

Working with Stress in Organisations

Stress is an inevitable part of caring about our work, relationships, and the difference we make. Yet when it goes unmanaged, it can erode clarity, performance, connection, and overall wellbeing. In the UK, 79% of employees report moderate-to-high stress levels, and 63% experience symptoms of burnout such as exhaustion and disengagement (MHFA England).

Within organisations, stress is rarely just personal. It arises through the interplay of individual responses, relational dynamics, cultural norms, and structural pressures. Pushing through may seem productive in the short term, but often leads to fatigue and diminished effectiveness.

This course offers a practical, relational, and research-informed way of working with stress — reframing it as a potential source of insight and resilience rather than depletion. Drawing on neuroscience, organisational psychology, and the humanistic Gestalt approach, it combines theory, experiential learning, and practical tools.

Participants explore how stress shows up in the body and mind, how it influences communication and teamwork, and how it circulates within organisational systems. Alongside this understanding, the course offers concrete strategies to strengthen resilience, adaptability, relational capability, and healthier individual and organisational performance.

Working with Shame in Organisations

Shame is a powerful emotion. We all experience it at some point in our lives. It comes up when we feel unworthy like we are somehow not adequate or not ‘good enough’. It can be one of the most intensely painful feelings and experiences, damaging for teams and organisations. It is also taboo. It isn’t talked about. When we experience shame, we are sometimes confused by it, don’t recognize it as such or do and have learned to hide it, dismiss it and pretend.

In this course, we talk about shame and explore how it shows up for people and in organisations. Participants develop awareness of self and others and gain confidence in confronting and transforming shame in organisations. In addition, the course explores how to create ‘antidote’ strategies that unlock potential for relationships and teams in organisations to generate profound

and positive change in teams and organisations.

Gestalt in Organisational Development

In today's fast-paced, ever-evolving world, organisations must be adaptable, versatile, and resilient. Success depends not just on business, technical, or management knowledge and skills, but on the ability to connect meaningfully, communicate effectively and navigate team and organisational dynamics to lead change with confidence. Relational and emotional intelligence alongside holistic systems thinking have become essential for leaders, managers, and professionals working with the realities of complex and demanding organisations. This is what this programme is about.

The Gestalt in Organisations programme offers an evolving learning experience that helps you recognise and make sense of what is going on in your organisation, create awareness, and generate effective contact, communication and engagement with colleagues, teams and stakeholders. This enables leaders and teams to manage transitions and change successfully.

The programme harnesses the power of the holistic, humanistic, and relational Gestalt approach, blending theory and experiential learning with practical skills and tools.

Designed for busy professionals, this flexible, rolling programme offers three courses that build on each other. You can join all three courses of the programme or start with the first one, gain your attendance certificate and CPD credits and return for more later. Both in-person and online dates available.

Some of the outcomes for participants include,

- o understanding, tools and practice to deepen awareness
- o delve into organisational dynamics and people
- o insightfully explore organisational ecosystems
- o tackle rigid patterns and blocked processes
- o create strategies for effective meaningful change, organisational growth and high performance.

"A unique approach and training that adds significant value to the quality of our practice and impact in organisations."

Consultant Clinical Lead Psychologist, NHS Hospital Trust

THERAPY AT THE CENTRE

Therapy and Wellbeing

A wide range of therapeutic and health practices that support emotional, psychological and physical wellbeing take place at the Gestalt Centre, serving individuals from diverse backgrounds and life stages. This year, **74 centre-based practitioners** delivered **14,300 hours of emotional and psychological support** to people that need it.

Gestalt Centre Therapy Scheme

At the Gestalt Centre we run a therapy scheme where people access psychotherapy and counselling, they can afford. The scheme also offers opportunities for practice, senior trainees in

our counselling and psychotherapy programme. Their therapeutic practice is supervised by experienced gestalt centre staff.

This year, we've had **60 referrals** to the scheme, with **77 people from the community** accessing **1,983 hours of therapy**.

Personal Growth and Development Groups

Whether one is considering a career in counselling or therapy or work in 'people focused' professions such as therapeutic settings, organisational work, education, health and social care, these safe and supportive group sessions offer the opportunity to help work through personal issues and challenges in

life and work, develop greater awareness of how we relate to ourselves and others and foster our capacity to be imaginative and creative.

Moreover, these personal development groups are an opportunity to gain insight into Gestalt and experience a Gestalt therapy group.

This year, we run **seven 10 week programmes for 50 people and four weekend programmes for 35 participants**.

FINANCIAL OVERVIEW

We continue to operate within a complex and rapidly changing socio-economic and political landscape. These shifts have had a tangible impact on the people we support and train, as well as on the wider therapy and education sectors and our own work as a charity – as a result.

Responding thoughtfully and responsibly to these dynamics remains central to our work.

We continue to grow and evolve intentionally and in conversation with the environment we work in and the needs of the people we support – both through our training and wellbeing and therapy services at the centre. Reflective learning and practice are core in the way we work at the Gestalt Centre. regularly reviewing and refining our work, as well as developing and piloting new initiatives to ensure our services remain relevant, accessible and effective – continues to be part of our practice as a matter of course.

During the year, we undertook a review and enhancement of key operational systems and expanded our portfolio of short courses and post-qualification certificates. We also strengthened our operational teams through the addition of new colleagues. Alongside these developments, we faced a significant operational challenge in the form of essential large-scale building works at our premises and subsequent relocation of both therapy services and training activities, across a number of different sites, for several months. Through careful planning and collective effort, we ensured continuity of all services during the relocation period and upon return to the Centre in February 2025.

During the year under review, the Gestalt Centre recorded an operating surplus of £479,536 (2024: £82,336) increasing total funds to £1,231,462 (2024: £751,926) of which £1,225,885 were unrestricted. The surplus was significantly Increased by 64%, compared to 2023-24. The Increase in income is mainly income to the rent-free period we received from the landlord and the claim

paid.

Income

The total income for 2025 was £1,552,414 (2024: £1,003,771) an increase of £548,643 (55%) on the previous year. All the income earned in 2024-25 was unrestricted.

Income from charitable activities was £1,542,872 (2024: £994,036) and accounted for nearly 99% of total income. Investment income (bank interest) was £9,542 (2024: £9,735) and donations and voluntary income was £NIL (2024: NIL).

Income from charitable activities comprised:

- o Course fee Income £851,885 (2024: £805,701) an increase of £46,184 (6%).
- o Room hire income £160,553 (2024: £169,851) a decrease of £9,298 (-5%).
This is due to the works from Unite and the reduced capacity in the first half of the year
- o Other income £530,434 (2024: £18,484) an increase of £511,950 (2770%)
due to compensation for loss of earnings relating to the building work.

Short course income in 2024-25 was £189,938 (2024: £180,752) an increase of £9,186 (5%). Income from counselling courses in 2024-25 was £356,303 (2024: £339,030) a increase of £17,273 (5%) Income from psychotherapy courses in 2024-25 was £305,644 (2024: £285,919) an increase of £19,725 (7%). Overall, the courses income was maintained as a result of a series of mitigating actions delivered by the executive team to manage the impact of the building project.

Expenditure

Total expenditure in the financial year 2024-25 was £1,072,878 (2024: £921,435) an increase of £151,443 (16%) on the previous year.

All 2024-25 expenditure related to delivering the Centre's charitable activities. The total consisted of unrestricted expenditure £1,072,878 (2024: £921,345) and restricted expenditure £NIL (2024: £NIL).

The rent charge for the financial year 2024-25 was £166,177 (2024: £59,356) an increase of 180% due to the use of another site being used during the year because of the building works impact.

The payroll costs for 2024-25 were £703,105 (2024: £654,704) a rise of 7%

Cash Balances

The cash balance at 31st July 2025 was £1,369,426 (2024: £953,200) an increase of £386,226 (41%).

Looking Ahead- Financial plans

The bulk of the Centre's income will continue to come from fees and room hire.

The Gestalt Centre continues with the expansion of the short courses programme and embedding of the recent growth of therapy qualifications. We are also progressing with the growth of the centre-based Therapy Scheme and further expansion of the short courses and certificates programme.

The Statement of Financial Activities and the Balance Sheet included in this report, provide further details of the Charity's financial performance and its financial position at the year end.

Reserves Policy

The Trustees define free reserves in accordance with The Charity Commission's guidelines as being generally unrestricted funds less tangible fixed assets.

At 31st July 2025 free reserves were £1,216,288 (2024: £730,659) an increase of £485,629 (66%).

The Trustees have reviewed the Centre's reserves policy, and it is their stated intention that reserves should be equivalent to four months operating expenses, set currently at £282,000.

Reserves have improved over the previous financial year and have now reached the desired level being 8% above four months operating expenses. The level is regarded as justifiable at the present time to withstand:

- o A temporary loss of income
- o A permanent fall on income
- o Extraordinary one-off costs

The Trustees' emphasis will be on maintaining reserves whilst expanding the Centre in line with the strategic plan.

Trustees have agreed to review the level of free reserves annually at Board meetings to ensure the appropriateness of the agreed level and any action required to increase/decrease reserves.

Gestalt Centre Governance and Management

Trustees present the Gestalt Centre report and financial statements for the year ended 31 July 2024. The Trustees are also registered with Companies House as Directors of The Gestalt Centre and in accordance with the Articles of Association do not receive any remuneration from the Gestalt Centre other than refund of travel expenses.

Trustees' responsibilities

The trustees, who are also directors of The Gestalt Centre for the purposes of company law, are responsible for all governing and financial documents and ensure that they are prepared and presented in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- o select suitable accounting policies and then apply them consistently
- o observe the methods and principles in the Charities SORP FRS102
- o make judgements and estimates that are reasonable and prudent
- o state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- o prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

In so far as the trustees are aware:

- o there is no relevant audit information of which the charitable company's auditor is unaware; and
- o the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Appointment of Trustees

The choice of Trustees is decided according to the knowledge and experience needed to govern the Gestalt Centre. A suitable Trustee would be professionally qualified and meet Gestalt Centre and Charity Commission requirements for experience and capability. Trustees are appointed following a recruitment process and interview with the Trustee Board and senior management. Details of training workshops and charity law updates are circulated via email.

Trustees who served throughout the year were:

Gilead Yeffett
Sean Leonard Arnold (Resigned April 2026)
Lorraine King
Jae Sloan (Resigned December 2024)
Caroline Hattersley
Amy Lee (Resigned October 2025)

Organisational Management

The Trustees have overall responsibility for strategy and governance, they oversee and advise the management of the Gestalt Centre and delegate the day to day running to the executive team, headed by the Chief Executive Officer. A meeting is held each term with the Trustees, Chief Executive Officer, Faculty Directors and other members of the leadership team as and when appropriate. Additional meetings are held when necessary.

The Executive team meet once a month to discuss and decide on the management of the organisation, operations, programmes and services and finance. Executive team members communicate regularly with all teams across the organisation to ensure participatory and timely decision making. Faculty teams meet once a term to discuss and decide on training matters. An annual strategy meeting is held with the Trustees, the Executive, staff and tutors to discuss the year and plan forward.

Risk Management

The Executive and Trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where

appropriate, systems or procedures have been established to mitigate the risks the charity faces. The Gestalt Centre organisational strategy and plan are developed and delivered with potential risks and opportunities in mind. Internally, risks are minimised with the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. Implementation of UKCP, UACP, BACP and Gestalt Centre standards ensure a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Auditor

A resolution proposing that Mercer & Hole LLP be reappointed as auditor of the company will be put at a General Meeting.

Small company provisions

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies.

Signed:



Caroline Hattersley (on behalf of the Trustees):

Date: 22/04/2026

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE GESTALT CENTRE

Opinion

We have audited the financial statements of The Gestalt Centre (the 'charitable company') for the year ended 31 July 2025 which comprise the Statement of Financial Activities incorporating Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 July 2025 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Trustees' Annual Report, other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the

other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained during the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the Trustees' Report and from the requirements to prepare a Strategic Report.

Responsibilities of Trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken based on these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Based on our understanding of the charitable company and the environment in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to breaches of GDPR and health & safety regulations, and we considered the extent to which non-compliance may have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006 and the Charities Act 2011.
- We evaluated the Trustees' incentives and opportunities for fraudulent manipulation of the financial statements and the financial report (including the risk of override of controls) and determined that the principal risks were related to posting inappropriate entries including journals to overstate income or understate expenditure, and management bias in accounting estimates.
- Audit procedures performed by the engagement team included:
 - o discussions with management, including considerations of known or suspected instances of non-compliance with laws and regulations and fraud.
 - o evaluation of the operating effectiveness of management's controls designed to prevent and detect irregularities.
 - o review correspondence with the Charity Commission for evidence of breaches; and
 - o identifying and testing journal entries.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Steve Robinson (Senior Statutory Auditor)

for and on behalf of

Mercer & Hole LLP
72 London Road
St Albans
Hertfordshire
AL1 1NS

Statement of Financial Activities
(Incorporating Income and Expenditure Account)
for the year ended 31 July 2025

		Unrestricted	Restricted	Total	Total
	Note	£	£	2025 £	2024 £
Income					
Income from charitable activities	4	1,542,872	-	1,542,872	994,036
Investment income	5	9,542	-	9,542	9,735
Total Income		1,552,414	-	1,552,414	1,003,771
Expenditure					
Charitable activities	6	1,072,878	-	1,072,878	921,435
Total expenditure		1,072,878	-	1,072,878	921,435
Net income / (expenditure)		479,536	-	479,536	82,336
Net movement in funds		479,536	-	479,536	82,336
Transfer between funds		-	-	-	-
Reconciliation of funds					
Total funds brought forwards	17	746,349	5,577	751,926	669,590
Total funds carried forwards	17	1,225,885	5,577	1,231,462	751,926

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Balance Sheet
for the year ended 31 July 2025

	Notes	£	2025 Total £	£	2024 Total £
Fixed assets					
Tangible assets	13		9,597		15,690
Current assets					
Debtors	14		474,118		146,290
Cash at bank and in hand			<u>1,369,426</u>		<u>953,200</u>
			<u>1,843,544</u>		<u>1,099,490</u>
Liabilities					
Creditors: amounts falling due within one year	15		621,679		363,254
Net current assets			<u>1,221,865</u>		<u>736,236</u>
Total assets less current liabilities			<u>1,231,462</u>		<u>751,926</u>
Net assets			<u>1,231,462</u>		<u>751,926</u>
The funds of the charity:					
Unrestricted income funds	17		1,225,885		746,349
Restricted income funds	17		<u>5,577</u>		<u>5,577</u>
Total charity funds			<u>1,231,462</u>		<u>751,926</u>

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of the Financial statements.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:



.....
Caroline Hattersley (Trustee)

Company Registration No. 03257274

Notes on pages 24 to 32 form part of these financial statements.

**Statement of cash flows
for the year ended 31 July 2025**

	Note	2025 £	2024 £
CASH FLOWS FROM OPERATING ACTIVITIES:			
Net cash provided by / (used in) operating activities	19	411,721	(15,149)
CASH FLOWS FROM INVESTING ACTIVITIES:			
Interest		9,542	9,735
Proceeds from the sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		(5,037)	(6,914)
NET CASH USED IN INVESTING ACTIVITIES		4,504	2,821
CHANGE IN CASH AND CASH EQUIVALENTS IN YEAR		416,226	(12,328)
Cash and cash equivalents brought forward		953,200	965,528
CASH AND CASH EQUIVALENTS CARRIED FORWARD	20	1,369,426	953,200

The notes on pages 24 to 32 form part of these financial statements.

**Notes to the accounts
for the year ended 31 July 2025**

1 Accounting policies

1.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective October 2022) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these accounts are rounded to the nearest £.

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Company status

The company is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The company obtained charitable status on 10 February 2014. The company is incorporated in England & Wales and the registered office is: 15-23 St Pancras Way, London, NW1 0PT.

1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.4 Going concern

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, the financial statements continue to be prepared on the going concern basis.

1.5 Income

Income represents amounts receivable for services. Income is recognised and included in the accounts when all the following criteria are met: the charity has entitlement to the funds and any performance conditions attached have been met.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated to the applicable expenditure headings.

**Notes to the accounts (continued)
for the year ended 31 July 2025**

1 Accounting policies (continued)

1.7 Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

1.8 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally on notification of the interest paid or payable by the bank.

1.9 Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Improvement to property	10% straight line
Computer equipment	33% reducing balance
Fixtures, fittings and equipment	20% reducing balance

1.10 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.11 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.12 Creditors and provisions

Creditors and provisions are recognised when there is a present obligation as a result of a past event that will probably result on the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

1.13 Pensions

The company operates a defined contribution pension scheme, and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2 Company Status

The company is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The company obtained charitable status on 10 February 2014. The company is incorporated in England & Wales and the registered office is: 15-23 St Pancras Way, London, NW1 0PT.

Notes to the accounts (continued)
for the year ended 31 July 2025

3 Judgements in applying accounting policies and key sources of estimation uncertainty

In applying the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions in determining reliable evidence available at the time when the decisions are made, and are based on historical experience and other factors that are considered to be applicable. Due to inherent subjectivity involved in making such judgements, estimates and assumptions, the actual results and outcomes may differ.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods, if the revision affects both current and future periods.

The key estimate and assumption made in these accounts is: depreciation is calculated based on management's best estimate of the useful economic lives of assets on policies that can be seen above; and income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably on policies that can be seen above.

4 Income from charitable activities

	2025 £	2024 £
Fees receivable	851,885	805,701
Room hire	160,553	169,851
Other income	<u>530,434</u>	<u>18,484</u>
	<u>1,542,782</u>	<u>994,036</u>

5 Investment income

	2025 £	2024 £
Bank interest	<u>9,542</u>	<u>9,735</u>

Notes to the accounts (continued)
For the year ended 31 July 2025

6 Charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Rent and room hire	166,177	-	166,177	59,356
Payroll	703,105	-	703,105	654,704
Administration expenses	62,684	-	62,684	40,355
Building expenses	45,527	-	45,527	48,505
University fees	17,017	-	17,017	16,091
Bank charges	3,264	-	3,264	2,652
Depreciation	11,130	-	11,130	19,234
Other expenses	13,556	-	13,556	27,968
Professional fees	37,097	-	37,097	23,925
Governance Costs	11,100	-	11,100	12,000
Bad debt expenses	-	-	-	10,000
Interest payable	2,221	-	2,221	6,645
Total	1,072,878	-	1,072,878	921,435

7 Net income

	2025 £	2024 £
This is stated after charging:		
Depreciation on tangible fixed assets	11,130	19,234
Auditor's remuneration	11,100	12,000
Operating lease rentals – land & buildings – other	27,249	40,522
	2,403	1,782

8 Staff costs

	2025 £	2024 £
Wages and salaries	661,977	618,451
Social security costs	32,181	28,477
Other pension costs	8,947	7,776
	703,105	654,704

Average number of employees	32	23
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No employee received total emoluments (excluding employer pension costs) of more than £60,000 (2024: none).

**Notes to the accounts (continued)
for the year ended 31 July 2025**

9 Trustees remuneration and expenses

During the year the trustees' remuneration was £nil (2024: £nil) and re-imbursed expenses were made to zero (2024: zero) trustees.

10 Related Parties

There were no related party transactions during the year (2024: none).

11 Taxation

As of 10 February 2014, the company is a registered charity and from that date no taxation is payable on its income. The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12 Intangible fixed assets

	Goodwill £
<u>Cost</u>	
At 1 August 2024	11,750
Additions	-
Disposals	-
At 31 July 2025	<u>11,750</u>
<u>Depreciation</u>	
At 1 August 2024	11,750
Charge for the year	-
On disposals	-
At 31 July 2025	<u>11,750</u>

13 Tangible fixed assets

	Improvement to property £	Software development £	Fixtures, fittings and computer £	Total £
<u>Cost</u>				
At 1 August 2024	161,908	-	84,707	246,615
Additions	-	-	5,037	5,037
Disposals	-	-	-	-
At 31 July 2025	<u>161,908</u>	-	89,744	251,652
<u>Depreciation</u>				
At 1 August 2024	154,206	-	76,719	230,925
Charge for the year	7,702	-	3,428	11,130
On disposals	-	-	-	-
At 31 July 2025	<u>161,908</u>	-	80,147	242,055
<u>Net book value</u>				
At 31 July 2025	<u>-</u>	-	9,597	9,597
At 31 July 2024	<u>7,702</u>	-	7,988	15,690

Notes to the financial statements (continued)
for the year ended 31 July 2025

14 Debtors

	2025 £	2024 £
Trade debtors	433,556	89,8144
Prepayments and accrued income	40,562	56,476
	<u>474,118</u>	<u>146,290</u>

15 Creditors

Amounts falling due in one year

	2025 £	2024 £
Trade creditors	22,897	69,199
Taxation and social security	16,796	11,755
Loan	13,908	46,169
Accruals	67,189	59,734
Deferred income	500,889	176,397
	<u>621,679</u>	<u>363,254</u>

Fee income is deferred and released evenly across the academic period to which it relates.

All income deferred in the previous year has now been released. All income deferred at the year end was invoiced in the year.

16 Contingent Liabilities

There were no contingent liabilities at the year end (2024: none).

**Notes to the accounts (continued)
for the year ended 31 July 2025**

17 Analysis of movements in funds

	Balance at 1 August 2024 £	Income £	Expenditure £	Transfers in / (out) £	Balance at 31 July 2025 £
Unrestricted funds	746,349	1,552,414	(1,072,878)	-	1,225,885
Restricted funds	5,577	-	-	-	5,577
Total of funds	751,926	1,003,771	(921,435)	-	1,231,462

Analysis of movements in funds – Prior year

	Balance at 1 August 2023 £	Income £	Expenditure £	Transfers in / (out) £	Balance at 31 July 2024 £
Unrestricted funds	664,013	1,003,771	(921,435)	-	746,349
Restricted funds	5,577	-	-	-	5,577
Total funds	669,590	1,003,771	(921,435)	-	751,926

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

The restricted fund relates to a grant to be spent on upgrading software.

18 Analysis of net assets between funds – current year

	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	9,597	-	9,597
Current assets	1,837,967	5,577	1,843,544
Creditors due within one year	(621,679)	-	(621,679)
	1,225,885	5,577	1,231,462

Analysis of net assets between funds – prior year

	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	15,690	-	15,690
Current assets	1,093,913	5,577	1,099,490
Creditors due within one year	(363,254)	-	(363,254)
	746,349	5,577	751,926

**Notes to the accounts (continued)
for the year ended 31 July 2025**

19 Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income / (expenditure) for the year (as per Statement of Financial Activities)	479,536	82,336
Adjustment for:		
Depreciation charges	11,130	16,234
Interest received	(9,542)	(9,735)
(Profit) on the sale of tangible fixed assets	-	-
Decrease/(Increase) in debtors	(327,828)	404,632
Increase / (Decrease) in creditors	258,425	(511,616)
Net cash provided by / (used in) operating activities	<u>411,721</u>	<u>(15,149)</u>

20 Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	<u>1,369,426</u>	<u>953,200</u>

21 Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £8,947 (2024 - £7,776). Contributions totalling £2,571 (2024: £2,083) were payable to the fund at the balance sheet date and are included in creditors.

22 Lease commitments

At 31 July 2025 the total of the Charity's future minimum lease payments under non-cancellable operating leases was:

	2025 £	2024 £
Operating lease which expire:		
Land and buildings		
Less than one year	154,685	154,685
Between 2 and 5 years	595,312	-
	<u>749,997</u>	<u>154,685</u>
Other		
Less than one year	778	611
Between two and five years	2,353	622
	<u>2,011</u>	<u>1,233</u>

23 Control

The charity is under the control of the board of trustees.