

## **Trustees' Annual Report**

For the period: from 1/4/23 to 31/3/24

### **MY TIME FOR YOUNG CARERS**

Charity number 1155572

#### Objectives and Activities

My Time's objective is to provide for the relief of young carers (young carers being defined as persons up to the age of eighteen years who lives are affected in some way because of the need to care for someone at home), in particular but not exclusively by offering respite activities and support for such young carers in Surrey and the surrounding area.

My Time's current activities are sessions of respite for young carers in and around Epsom and Ewell and Mole Valley. The charity runs activity clubs for children and young people aged between 7 and 15 in Ewell, Leatherhead and Dorking. Off-site holiday activities are organised as well.

#### Achievements and Performance

In 2023-24 My Time has had another fun filled year full of new experiences and making new friends and partners.

We have enjoyed good membership across all clubs during 23-24, with the biggest change being our new Ashted senior club to support teenage young carers in Leatherhead and Ashted, funded by a NHS Surrey Heartlands grant. The ambition was to mirror the support we provide young carers up to the age of 16 years in other areas. We have gained new membership, but finding more teenagers remains a work in progress, however over time we should see the success of long term support as children move up from the junior club in Leatherhead and we reconnect with young carers once at Trinity School. In spring we stopped the Monday Ewell junior club as the membership did not justify the additional expense, however this will be monitored as clubs are most successful when attendance is restricted to 15-20 max. If the demand starts to regularly exceed this number, then a case will be presented to trustees to consider restarting the Monday club.

The session leaders have provided a varied programme of events which has included new crafts, with yet again a special mention to Jenny our arts & craft director and her awesome creative talents and Nickie, who continues to create a varied programme for our members which regularly features baking, parties and picnics.

Taking the seniors camping to Polyapes scout campsite in Cobham for a weekend camp is now an annual event. With the help of volunteers and staff we enjoyed two nights in the large scout hut and provided a programme that included an obstacle course, water fight and slides, orienteering and our best purchase ever of walkie-talkies which kept the members entertained as they headed off exploring the woodlands. Jenny provided some fabulous crafts which allowed the children to try their hand at creating and decorating walking sticks. A very huge thank you goes out to volunteer David who has made this all possible. He is very generous with his time, ideas and sharing contacts to make it possible for us to expose the members to new experiences for free.

Over the year our older young carers have also enjoyed rock climbing, a DJ experience, a pottery session, a drumming session plus laser quest.

Holiday activities for our juniors have included a day camp at Polyapes campsite, to get them used to the venue for when they go camping, an activity day with nerf gun fun at Henfold Lakes, a DJ experience, plus pantomime with visits from Father Christmas, not to mention the summer BBQ and all the parties! The Activity day was generously supported by Bookham Bowls Club whose members sponsored a child to attend, so a very big thank you for their kindness.

As always, none of this can happen without the fantastic support we receive from volunteers. We have awesome teams across all clubs, and I cannot thank them enough for their kindness and ongoing support. They provide not only their time and cars, but compassion and support and are always willing to help out with last minute requests. They have also recently given up their time to participate in training, so we can ensure everything we deliver is safe and maintains the appropriate standards for a children's charity. With a special mention to Jenny Petersen who introduced us to St. Faith's Trust and more recently The Golf Foundation.

Over the year we have had continued support from Epsom and Dorking Arts Society, who applied for grants and received funding for the pottery session and DJ Experience.

Other supporters of note are Epsom Rotary Club who donate our Christmas pantomime trip to Epsom playhouse for our junior members and Truly Giving a partner charity, who for another year have organised and supplied all the Christmas presents (80 plus) which Father Christmas distributed at either our Pantomime trips, our Christmas parties or rock climbing. These generous donations represent a very large saving to the charity and generate especially delighted faces at Christmas.

During the last year we have received very generous donations from St. Faith's Trust, Children in Need, The Welfare Trust, Bookham Bowling Club, and Epsom Rotary Club. A special mention to Matt Oldale, an ex- trustee who nominated our charity to his employer Colliers International, who recently completed the infamous mud run this September on an extremely wet day raising over £4K.

This mud run was completed by our own young carers in summer 23 to raise money for the charity. We took a break this year knowing Colliers would be doing it on our behalf, but as far as the children are concerned, this was a poor decision as they love it and demand that we resume to normal muddiness next year!

A more emotional donation was raised by St.Johns Wood school, Leatherhead, after a pupil who was a close friend of Jenny, a member who sadly took her own life a few years ago, nominated My Time as a beneficiary after a year of fundraising. We were delighted to attend the school and thank pupils personally for their £1800 donation.

Support also comes from smaller local organisations and local people who play bingo and run lunch clubs. Ewell scouts continue to let us use their facilities for free and provide their minibuses very cheaply on request. Every kindness helps us achieve our aim, in giving the young carers a break from their role and is very much appreciated.

### Financial Review

The charity's financial situation is robust and there are no concerns regarding the future of the organisation. Our financial reserves are more than sufficient to cope with any unexpected shock or to meet our obligations if forced to close. As a voluntary management committee we are active in applying for grants and fundraising

### Structure, Governance and Management

My Time is a Registered Charity that is managed and administered by a committee of Trustees which includes a Chair, Treasurer and Secretary. In 2023-24 there were 7 Trustees. We meet every three months and communicate as needed/required between meetings.

### Standard Registration

The day-to-day operation of the charity is managed by a project manager employed by the charity with support from the charity's other employees and volunteers

### Public Benefit Statement:

The charity trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties.

Reference and Administrative details

Name: MY TIME FOR YOUNG CARERS

Registered Charity Number: 1155572

Principle Address: 7 The Mount, WORCESTER PARK, KT4 8UD

Names of the charity trustees who manage the charity and served in the year

Roger Jones

Deborah Langdon

Gemma Kingswell

Adam Wilson

Robin Sansom

Dr Tom Wilson

George William Knight

Declarations

Signed on behalf of the charity's trustees :

A handwritten signature in black ink that reads "A Wilson". The signature is written in a cursive style, with the first letter 'A' being large and stylized, and the last name 'Wilson' following in a fluid script.

Adam Wilson

<b>My Time for Young Carers</b>				
<b>Statement of Accounts for the year ending 31st March 2024</b>				

	2024 £	2023 £		2024 £	2023 £
<b>RECEIPTS</b>			<b>EXPENDITURE</b>		
B/Fwd	27,719	20,350	<b>Charitable Activities</b>		
Grant Income	21,662	13,222	Session Worker	7,462	8,245
Fundraising Income	0	3,202	Project Manager costs	8,387	7,087
Donations	8,915	12,477	Training	295	1,010
Just Giving Donations	3,366	4,593	Promotion/Materials	0	0
Interest	444	169	Hire of Halls	700	906
Additional Gift Aid	0	0	Holiday Activity costs	2,086	2,300
	34,386	33,662	Clubs catering costs	962	1,796
			Clubs equipment & Materials costs	4,108	3,657
			Volunteer Expenses	0	0
	62,105	61,380	<b>Support Costs</b>		
			Printing Postage & Stationery	54	9
			Telephone	394	404
			Insurance	223	223
			Gifts - Other	0	0
			Website /computer costs	418	368
			Fund raising	0	0
			Just Giving	216	216
			Bank Charges	60	72
			Recruitment costs	0	0
			Misc Costs	0	0
				25,366	26,293
Balance carried forward				36,739	27,719
<b>BALANCE AT BANK AND CASH IN HAND</b>					
CAF Current Account				13,052	3,410
CAF Gold Account				23,598	24,162
Petty Cash				89	147
<b>TOTAL BALANCE</b>				36,739	27,719

<b>INCOME &amp; EXPENDITURE SUMMARY</b>		
Unringfenced Income	23,849	33,662
Ringfenced Income	10,537	13,222
<b>Total Income</b>	<b>34,386</b>	<b>20,440</b>
Charitable Activities	24,000	25,001
Support Costs	1,365	1,292
<b>Total Expenditure</b>	<b>25,366</b>	<b>26,293</b>

I have examined the accounts and supporting documents. I find the records accurate and well kept.  
I confirm that the accounts are a true record of the situation of My Time for Young Carers as at 31 March 2024

.....Independent Reviewer

M.Kelly, ACMA

Date: 19/6/24

**Funds Movement Schedule**

	<b>Opening</b>	<b>Income</b>	<b>Outgoing s</b>	<b>Transfer</b>	<b>Closing</b>
<b>Restricted Funds</b>					
Leatherhead senior club	<b>0</b>	10,537	(1,038)		<b>9,499</b>
Surrey Community Foundation	<b>2,114</b>		(2,114)		<b>0</b>
<b>Total</b>	<b>2,114</b>	10,537	(3,152)	<b>0</b>	<b>9,499</b>
<b>Unrestricted</b>	<b>25,605</b>	23,849	(22,214)		<b>27,240</b>
<b>All Funds</b>	<b>27,719</b>	34,386	(25,366)	<b>0</b>	<b>36,739</b>