

4REGISTERED CHARITY NUMBER: 1155566

**Report of the Trustees and Financial Statement
Year ended 04 April 2025**

Music Therapy Lambeth



Music Therapy Lambeth

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Annual Report and Financial Statement Year ended 04 April 2025

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Music Therapy Lambeth

Welcome from the Chairperson

Music Therapy Lambeth's annual report summarises the charity's achievements and challenges for the year ending April 2025. This last year has represented a period of significant change and turnover within the trusteeship. This has been due in part to the successful introduction of a new mechanism for recruiting trustees through Reach Volunteering, which enabled several long-serving and dedicated trustees to step down. Although this transition required considerable focus, our four new trustees bring renewed energy and ideas to support the continued growth of the charity.

Music Therapy Lambeth's focus remains centred on providing services that address the emotional, social and health needs of children, their families, and adults across Lambeth communities. There continues to be a particular commitment to meeting the diverse needs of Black and Minority Ethnic, migrant and asylum-seeking communities.

MTL aims to deliver excellent therapy provision through the continued integration of effective practices developed during the pandemic, many of which remain valuable in current service delivery. The learning and adaptive implementation of these approaches has been key to shaping the strategic direction of MTL as we address present needs and plan for future provision.

As reflected throughout this report, the past year has also seen a deepening of MTL's commitment to cultural humility and to understanding the diverse communities we serve. Our work continues to centre the lived experiences of children and families across Lambeth, many of whom come from marginalised, migrant or newly arrived backgrounds. Through whole-class music sessions, nursery singing groups and enhanced community partnerships, MTL has strengthened its ability to respond sensitively and appropriately to the cultural contexts of each setting. Active collaboration with school staff and community professionals has been essential to this progress, ensuring that our therapeutic practice remains grounded in the insights and strengths of the communities we support.

Looking ahead, MTL has exciting opportunities as a developing charity. It continues to grow and go from strength to strength in response to, and in anticipation of, service users' needs. Working in partnership with nurseries, schools, colleges and community groups remains central to this growth and has proved highly successful to date. This annual report demonstrates the impressive achievements of the charity during this year—particularly the flexibility of operations and therapeutic practice in meeting the needs of diverse service users and partners, while maintaining a highly qualified, motivated and committed therapy team.

MTL's Board of Trustees will continue to meet regularly, both in person and online, with additional contact for focused projects. The value of the strategy away day has been recognised, and this will now form part of our annual calendar. Sincere thanks go to all trustees for their dedication and support over the past year, with special thanks to Steve Gillard for his many years of hard work and commitment to the development of MTL.

ON BEHALF OF THE BOARD

DIRECTOR

Alphonso Archer (Chairperson)

Katherine Jones



Date: 16/11/25

Date: 16/11/25

**Report of the Trustees
Year ended 04 April 2025**

The trustees present their report with the financial statements of the charity for the year ended 04 April 2025. The trustees have adopted the provisions of the Statement of Recommended Practice for accounting and reporting by charities (2019) in preparing this report.

Objectives and Aims

The object of Music Therapy Lambeth (MTL) is to promote for the public benefit music therapy for the relief of physical and mental illness and disability, the alleviation of developmental, emotional, social and behavioural difficulties, and the protection and promotion of good health of children and adults in particular but not exclusively in the London borough of Lambeth.

The stated aims of MTL are:

- To provide a high quality, needs-led Music Therapy service for children and adults primarily within but not limited to the London borough of Lambeth
- To promote the growth and development of a comprehensive Music Therapy service primarily within but not limited to the London borough of Lambeth
- To focus on delivering safe practice within the guidelines and regulations of the British Association of Music Therapists (BAMT) and Health & Care Professions Council (HCPC)
- To liaise with other stakeholders to ensure communication and teamwork are key to sound service development and delivery

Significant Activities

This Trustees' Report provides an overview of MTL's activities in the year to 04 April 2025. Our core activity is specialist, needs-led delivery of services to children and families in nurseries, primary schools, special schools and colleges across Lambeth. Our service addresses a range of emotional, behavioural, learning and communication needs experienced by children and adults in Lambeth, often with a focus on people from Black and Minority Ethnic and newly migrant communities. We aim to continually evolve our cultural humility and awareness as a core component of our practice.

We continue to expand our focus and extend our reach to more children and families across the borough through whole class or nursery singing groups and music sessions supporting the wellbeing of the whole school community. Active engagement with school staff is key as they provide a wealth of cultural knowledge appropriate for our community and are a cornerstone of this work.





Personnel

In the Spring term Lucy Osborne stepped down from her role at Triangle/Effra nursery to better manage her workload. We advertised her post through BAMT (British Association of Music Therapists), received 10 strong applications, interviewed 4 therapists and successfully recruited Jayro Viapree on 14/2/25. Jayro is of black African heritage bringing further diversity of cultural perspectives and knowledge to the team. The total number of Music Therapists employed by MTL increased to seven during 2024/25 (a total of 2.1 Full Time Equivalent (FTE) posts).

All therapists have regular external clinical supervision paid for by MTL as well as paid time for management supervision with the Director.

Over the course of the year a volunteer has continued to provide administrative assistance to the Director and Committee.

We continue to work in partnership with and support student placements from Guildhall School of Music and Drama. This year we hosted Tarun Mammen at Harris Academy Clapham, supervised by John Morcom.

Safeguarding

All therapists have current DBS checks which are regularly checked by the Director. They also undertake safeguarding training at least every 3 years with updates each year on any changes linked to recent legislation. The Director has level 4 safeguarding training which will be updated every 2 years.

Any safeguarding concerns are reported directly to schools Designated Safeguarding Lead in the first instance but can be shared with the Director if additional support is required. Safeguarding concerns are logged securely both by the therapist and discussed and logged within management supervision.

New Trustees

The new trustees recruited and voted in this year are:

Alphonso Archer, Claire Wratten, Isaac Shieh and Andrea McKay. Trustee details are provided in an appendix at the end of the report.

An away day for new trustees has been planned for Summer 2025 at the National Theatre to provide an introduction to Music Therapy, review the trustees skills and interests and vote on trustee roles.

Research hub

Dr Kate Jones continues to progress her research into Music Therapy and Selective Mutism (SM), building evidence towards an application for funding for a Randomized Controlled Trial. The current feasibility and acceptability study progressed successfully with four Music Therapists providing Music Therapy to four children with SM in Lambeth schools using a manualised approach written by Kate. Kate then interviewed 4 parents, the 4 therapists and 4 staff members, transcribed and analysed the interviewed according to feasibility and acceptability components. The results demonstrated strong feasibility and acceptability perhaps in part due to being located in Lambeth and the familiarity with MTL and prior Music Therapy and SM research. 3 children spoke in sessions and all 4 then spoke in their school environment. In the next year Kate will apply for funding for a randomised controlled trial from the National Institute for Health Research (NIHR). This will hopefully include Lambeth as a site for the trial.



Therapist training days

MTL provided three twilight sharing sessions via zoom and three in-person training sessions for its music therapists. Two in-person training sessions took place at the National Theatre and one was an open collaborative training taking place at Brixton Windmill Education Centre. Hire of the space was shared with BAMT. Topics and activities over the year have included:

- A group improvisation
- Reflections on a post-NICU support group
- Music, drawing and narrative for well-being
- Reflections on MATADOC training (Music Therapy Assessment Tool for Disorders of Consciousness)
- Reflections on verbal material in sessions and DBT-A (Dialectical Behavioural Therapy for Adolescents)
- Families in therapy. Dynamics and discussion of an article by Claire Flower

Change in Bank Account

During the Autumn and Spring term the Director set up and switched the Music Therapy Lambeth bank account from Barclays to the Cooperative Bank. This required considerable work and planning especially when thinking about the timing of the switch in relation to operational procedures. However, this all went well and we now have four trustees set up to authorise payments on the new account with Erika Dawkins taking the main responsibility for this.

Achievements

During 2024/25 there were a total of 356 direct public beneficiaries of MTL's activities (recipients of music therapy) including 276 children (aged 0-16) and 11 young adults, 27 parents and 42 members of staff. This increase has been due to a return to pre-pandemic numbers of children within school services and the continued development of group and whole class sessions and parent inclusion in sessions.

Please see appendix 2 for a case study of from our family group work

MTL Strategy 2025/26

For the forthcoming year, 2025/26, the charity has the following strategic objectives:

- To maintain our focus on equality, diversity and inclusion issues including improving the knowledge and resources of our therapy team
- To mitigate against risk of potential reduction of services by expanding our clinical capacity through meeting with Headteachers of school federations (e.g Harris Academies) and by writing funding applications.
- To maintain and improve our public image through a range of activities e.g clinical sharing days and mini conferences
- To maintain a high standard of governance of the charity through regular reviews of policies and procedures and recruitment of new trustees and members
- To follow the HCPC guidelines on standards of practice and:
 - ensure that backstage activity behind the running of the organisation is conducted with respect
 - encourage all team members to take up leadership roles within the organisation
 - conduct Annual Personal reviews with therapists which include wellness goals
 - support therapists to keep up to date with new technology
- To continue our focus on community and family centred Music Therapy provision
- To enhance transdisciplinary practice, involving staff in generalisable MT techniques
- To continue to support the increase and improvement of musical activities in all settings to create positive relationships, a sense of community and to reduce anxiety levels.

Music Therapy Lambeth

Registered Charity Number

1155566

Principal Address

9 Talmage Close
Forest Hill
London
SE23 3AE

Trustees

Alphonso Archer -voted in 12/24
Ms Erika Dawkins
Ms Victoria Lord (Chair)
Rev Alison Kennedy
Dr John Strange (Secretary) -until 11/24
Ms Mary Suphi -until 01/25
Isaac Shieh -voted in 03/25
Andrea McKay-voted in 01/25
Claire Wratten- voted in 01/25

Management Committee Members

Ms Erika Dawkins (Trustee)
Dr Katherine Jones (Director, MTL)
Mr Steve Gillard (Volunteer)
Rev Alison Kennedy (Trustee -Safeguarding lead)
Ms Victoria Lord (Trustee - Chair)
Dr John Strange (Trustee - Secretary)
Ms Mary Suphi (Trustee)

Independent Examiner

CHARLES OSEI, BSc, MSc, FCIE, MCIPP, AFA, ATA
CHARITY INDEPENDENT EXAMINER / ACCOUNTANT
FLAT 3, 11 ROCHDALE WAY
LONDON
SE8 4LY

Banker until 1st Jan 2025

Barclays Bank PLC
Forest Hill Branch
1 London Road
London
SE23 3TR

Banker from 1st Jan 2025

Cooperative Bank
1 Balloon Street,
Manchester,
United Kingdom,
M4 4BE

Governing Document

The charity is controlled by its governing document, a constitution, and constitutes a Charitable Incorporated Organisation.

Reserves Policy

MTL has a Reserves Policy that specifies that MTL will aim to build and maintain sufficient reserves to support core running costs for a period of up to 4 months (one school term) and try to ensure, that in the event of unexpected withdrawal of funds, economic crises and other unforeseen circumstances, the continuity of existing music therapy provision for vulnerable children and adults is brought to a safe conclusion. As of 04 April 2025, MTL's reserves stood at a total of £9542. Our spend was £96,798 by 04 April 2024. Therefore, we hold 30% in reserves, estimating against an approximate £32,266 for one school term's (4 month) spend.

Appendix- Details of new trustees

Alphonso Archer



Alphonso became a trustee of Music Therapy Lambeth in 2024. He is a music therapist with a specialism in autism and mental health, and a longstanding commitment to social justice. Alphonso brings several years of experience developing therapeutic music provision in special education, working with children with autism, selective mutism, and complex needs. He has also worked with adults living with cancer, drawing on his personal experience of recovery from prostate cancer.

A multi-instrumentalist, Alphonso's core instruments are piano and guitar. He is passionate about songwriting, composing, and free improvisation, often using these approaches to create meaningful connections in his therapeutic work.

Before retraining as a therapist, Alphonso had a 25-year career in technology and built a diverse entrepreneurial portfolio. He founded *Brazilian Soccer Schools Calne*, a technical football coaching programme, and later developed *Muso Mirror*, a music stand mirror designed to support posture and focus for instrumentalists, which is now evolving into an interactive smart device.

Alphonso is also a dedicated open water swimmer and is currently training to swim the English Channel in support of prostate cancer and autism research. He hopes to become the first Jamaican to complete the crossing. Alphonso holds a Master's degree in Music Therapy (Distinction), and his practice is informed by trauma-informed, psychodynamic, and culturally aware approaches. He is deeply committed to the power of music to connect, heal, and create new possibilities.

Andrea McKay

Andrea is a teacher and SENDCo at a maintained early years setting; which applies music therapy as a therapeutic intervention for children and families.

Being an avid music fan and salsa dancer, Andrea is personally aware of the power of music to heal and move the spirit. As a newly appointed trustee, Andrea is keen to contribute her years of experience working with children and families to the MTL organisation. Outside of work, Andrea also enjoys cycling and implementing principles of wellness in her day to day life.

Claire Wratten



Claire has been a trustee at MTL since January 2025. Claire trained as a doctor and worked for several years in the NHS before completing a Masters in Medical Law and Ethics and switching career to work for a discretionary mutual organisation that assists medical and dental professionals with medico-legal issues arising from their work. Claire has always been interested in the benefits music brings to children and adults alike, and enjoys working with a charity that enables individuals living in her local area to benefit from participating in music therapy.

Isaac Shieh



Isaac Shieh is a New Zealand hornist, collaborator and researcher of minority ethnic Chinese background. Isaac was a Musician in Residence with Paraorchestra for 2024-25, in which he was the creative director and composer for two dance films which explore lived experiences of disability. He also collaborated with Simeon Barclay for “The Ruin” (The Roberts Institute of Art) and Ann Wall for “Fragmented” (ClimArts).

Isaac’s debut solo album, *Caprice Reimagined*, was released by New Focus Recordings on 11th July, 2025 featuring 12 new commissions for solo natural horn as well as Jacques-François Gallay’s *Douze Grands Caprices*. He has also appeared as a soloist at the Edinburgh International Festival, Spoleto Festival dei Due Mondi, and performed as principal horn with Academy of St Martin in the Fields, Chineke! Orchestra, Irish Baroque Orchestra, Orchestra of the Age of Enlightenment, and Paraorchestra to name a few.

As a researcher, Isaac’s research areas are in composer-performer collaboration, embodiment in music performance, and disability studies. He has presented at the Royal Musical Association, European Platform for Artistic Research in Music, 12th Biennial International Conference on Music Since 1900, as well as at universities and conservatoires around the world. He was also a panelist and contributor for Society for Dance Research’s upcoming book *Dance and Silence, In Conversation*.

Outside of music, Isaac is a current England International in the sport of para bowls as a director for visually impaired bowlers, and is a World Bowls Championships bronze medalist.

Appendix- Plain English Summary of family case study

One family that accessed our family group all benefitted in different ways from this particular set up. They were referred as the 3rd of their 4 children -Isaac (not his real name)- was diagnosed with Autism and experienced many behavioural difficulties that impacted his life. The family were also struggling with poor quality housing and the parents had relationship issues due to the strain.

Initially, Isaac often didn't want to attend as he found many aspects of attending nursery challenging and this was a change to the usual routine. However, after a while Isaac's attendance improved, becoming fairly consistent, and although he was generally sitting in the corner of the room away from other people he was listening to everything that was going on.

At the same time as Isaac was attending more, his mum was also forming a close bond with another mum in the group, sharing notes on their experience of supporting a child with Autism. Sometimes the mums would talk and the therapist would get on with making music with the children around them as their connection and supportive bond seemed so important.

After a few months Isaacs younger sister also joined the group, engaging easily and joyfully with all the activities without much support. -Siblings often experience some consequences of having a family member with a disability and so additional opportunities for self-expression and playfulness can be important for them- Isaac gradually appeared more at ease in the group, playing more instruments and in one of the final sessions described himself as 'musical' using a communication card.

This family showed increased engagement throughout the year with all members benefitting in different ways and creating positive connections with other families attending the sessions.

Charity Number: 1155566

MUSIC THERAPY LAMBETH

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 04 APRIL 2025

CHARLES OSEI, BSc, MSc, FCIE, MCIPP, AFA, ATA

CHARITY INDEPENDENT EXAMINER / ACCOUNTANT

FLAT 3, 11 ROCHDALE WAY

LONDON

SE8 4LY

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 04 APRIL 2025

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MUSIC THERAPY LAMBETH

Registered Charity No.

1155566

ORGANISATIONAL PROFILE **FOR THE YEAR ENDED 04 APRIL 2025**

TRUSTEES

Ms Victoria Lord	Chair
Ms Erika Dawkins	
Rev Alison Kennedy	
Dr John Strange	Secretary
Ms Mary Suphi	

REGISTERED OFFICE:

9 Talmage Close
Forest Hill
London
SE23 3AE

BANKERS:

Barclays Bank PLC
Forest Hill Branch
1 London Road
London
SE23 3TR

ACCOUNTANTS:

Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way, Deptford London
SE8 4LY

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF MUSIC THERAPY LAMBETH

I report on the financial statements for the year ended 04 April 2025 set out on pages 4 - 12.

This report is made solely to the Trustees of Music Therapy Lambeth, as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP. My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

Respective responsibilities of Trustees and independent examiner

As charity trustees of the organisation and for the purposes of charity law, are responsible for the preparation of the financial statements, the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and under Part 16 of the 2006 Act, and that an independent examination is needed.

I report in respect of my examination of the Charity's accounts carried out:-

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS
TO THE TRUSTEES OF MUSIC THERAPY LAMBETH**

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - a) to keep accounting records in accordance with Section 130 of the Charities Act; and
 - b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA , MCIPP
Flat 3, 11 Rochdale Way Deptford London SE8 4LY

Date: 13/11/2025

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

BALANCE SHEET AS AT 04 APRIL 2025

	<u>Notes</u>	<u>2024/25</u> <u>£</u>	<u>2023/24</u> <u>£</u>
Fixed Assets		-	-
Current Assets			
Debtors		-	-
Cash at Bank and in hand	3	9,542	34,713
Creditors			
Amount due within One Year			
Other Creditors		-	-
Net Assets/Liabilities		<u>9,542</u>	<u>34,713</u>
Reserves			
General Funds		9,542	34,713
Restricted Funds:		0	-
		<u>9,542</u>	<u>34,713</u>

The financial statements were approved by the Board of Trustees and authorised for issue onand were signed on its behalf by:

.....
Chair

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 04 APRIL 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2024/25 Total Funds £	2023/24 Total Funds £
Incoming Resources					
Fees for charitable services (therapy)	2	71,527	0	71,527	99,674
Research Grant		0	0	-	6,000
Repayment		-	-	-	1,974
Other Income		100	-	100	0
Total Income		<u>71,627</u>	<u>0</u>	<u>71,627</u>	<u>107,648</u>
Expenditure:					
Resources expended	3	96,798	-	96,798	91,888
Raising Funds		-	-	-	-
Total Expenditure		<u>96,798</u>	<u>0</u>	<u>96,798</u>	<u>91,888</u>
Resources retained for further use		(25,171)	-	(25,171)	15,760
Transfer between Funds		-	0	-	0
Net Movement in Funds					
Reconciliations of Funds					
Brought forward 05/04/2024		34,713	-	34,713	18,952
Carried forward 04/04/2025		<u><u>9,542</u></u>	<u><u>0</u></u>	<u><u>9,542</u></u>	<u><u>34,713</u></u>

The company made no recognised gains and losses other than those reported in the income and expenditure account.

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

STATEMENT OF CASHFLOWS FOR THE YEAR ENDED 04 APRIL 2025

	Notes	2024/25 £	2023/34 £
Cash flows from operating activities			
Cash generated from operations	11	(25,171)	15,760
		<hr/>	<hr/>
Net cash (used in)/provided by operating activities		(25,171)	15,760
		<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period		(25,171)	15,760
Cash and cash equivalents at the beginning of the reporting period		34,713	18,952
		<hr/>	<hr/>
Cash and cash equivalents at the end of the reporting period		9,542	34,713

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 04 APRIL 2025

1. Accounting Policies

Basis of Preparation.

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. Reference to the "Charities SORP" refers to the Charities SORP (FRS 102): Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. 2nd edition effective 1 January 2019.

1a. Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1b. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1c. Government grants

Government grants are credited to the Statement of financial activities as the related expenditure is incurred.

1d. Fund accounting

Unrestricted Funds are receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted Funds are subjected to restrictions on their expenditure imposed by the donor.

Designated Funds are unrestricted funds but earmarked by the trustees for particular purposes.

MUSIC THERAPY LAMBETH

Registered Charity No. 1125746

NOTES TO THE ACCOUNTS **FOR THE YEAR ENDED 04 APRIL 2025**

1e. Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

1f. Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at amount prepaid.

1g. Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1h. Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

1i. Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1j. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity does not currently have any significant accounting estimates or areas of judgement.

1k. Tangible Fixed Assets

Equipment and other tangible fixed assets are capitalised when the cost is £500 or more

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - straight line over 3 years

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 04 APRIL 2025

2 Incoming Resources	Unrestericted	Restricted	Total	Total
	2025	2025	2024/25	2023/24
	£	£	£	£
Effra Income	2,948	-	2,948	-
Elm Court	9,271	-	9,271	-
Ethelred	3,168	-	3,168	-
Harris Academy	13,342	-	13,342	-
Larkhall	14,549	-	14,549	-
Maytree Nursery	7,078	-	7,078	-
Nido Volans	9,156	-	9,156	-
BAMT S. L Area Group	120	-	120	-
City of London	900	-	900	-
Triangle	2,784	-	2,784	-
Fees for Charitable Services	-	-	-	107,648
Holmewood Nursery School	8,211	-	8,211	-
	71,527	-	71,527	107,648

3 Resources Expended	Unrestricted	Restricted	Total	Total
	2025	2025	2024/25	2023/24
	£	£	£	£
Service provision	84,870	-	84,870	74,111
Management & administration	4,919	-	4,919	14,955
Professional supervision	1,589	-	1,589	1,301
BAMT Expenses	120	-	120	-
Musical instruments	-	-	-	56
DBS checks	-	-	-	159
Independent examiner	300	-	300	300
Subsistence	-	-	-	68
Website hosting	-	-	-	-
Zoom subscription	-	-	-	144
Research consultancy	5,000	-	5,000	794
Total resources expended	96,798	-	96,798	91,888

	2025	2024
	£	£
4 Cash at Bank and in Hand	9,542	34,713

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 04 APRIL 2025

5 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted fund	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	-	0	-	0
Current assets	9,542	-	9,542	34,713
Current Liabilities	0	0	0	0
TOTAL	9,542	-	9,542	34,713

6 MOVEMENT IN FUNDS

	At 5.4.24	Net movement in funds	At 4.4.25
	£	£	£
Unrestricted funds			
General fund	34,713	(25,171)	9,542
Restricted funds			
Restricted fund	-	-	-
TOTAL	34,713	(25,171)	9,542

Net movement in funds, included in the above are as follows:

	2025 Incoming resources	2025 Resources expended	2025 Movement in funds
	£	£	£
Unrestricted funds			
General fund	71,627	96,798	(25,171)
Restricted funds			
Restricted fund	0	0	0
TOTAL FUNDS	71,627	96,798	(25,171)

MUSIC THERAPY LAMBETH

Registered Charity No. 1155566

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 04 APRIL 2025

MOVEMENT IN FUNDS - continued

7 Comparative net movement in funds, in prior year 12 months included in the above are as follows:

	2024 Incoming resources £	2024 Resources expended £	2024 Movement in funds £
Unrestricted funds			
General fund	107,648	91,888	15,760
Restricted funds			
Restricted fund	-	-	0
TOTAL FUNDS	107,648	91,888	15,760

8 A current year 12 months and prior year 12 months combined position is as follows:

	At 4.4.24 £	Net movement in funds £	At 4.4.25 £
Unrestricted funds			
General fund	34,713	(25,171)	9,542
Restricted Funds			
Restricted Fund	-	-	-
TOTAL FUNDS	34,713	(25,171)	9,542

MUSIC THERAPY LAMBETH

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 04 APRIL 2025

MOVEMENTS IN FUNDS - continued

- 9 A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	179,275	188,686	(9,411)
Restricted funds			
Restricted fund	-	-	-
TOTAL FUNDS	179,275	188,686	(9,411)

10 RELATED PARTY DISCLOSURES

There were no related party transactions for the year 04 April 2025.

11 RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net (expenditure)/income for the reporting period (as per the Statement of financial activities)	(25,171)	15,760
Adjustment for:		
Fixed Assets	0	-
Depreciation charges	-	-
(Increase)/decrease in debtors	0	0
Increase/(decrease) in creditors	0	0
Net cash (used in)/provided by operations	(25,171)	15,760

12 ANALYSIS OF CHANGES IN NET FUNDS

	At 5.4.24 £	Cash flow £	At 4.4.25 £
Net Cash			
Cash at Bank and in hand	34,713	(25,171)	9,542
	34,713	(25,171)	9,542
Total	34,713	(25,171)	9,542