

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	1	Jan	2024		31	Dec	2024

Section A

Reference and administration details

Charity name

Lions MMA (Walsall)

Other names charity is known by

Registered charity number (if any)

1155346

Charity's principal address

2-3 Walsall Road

Willenhall

Postcode

WV13 2EH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh			
2	Mr Inderpal Singh			
3	Mr Ipinderjit Singh			
4	Mr Subeagh Singh			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation, in particular by providing or assisting in the provision of facilities and opportunities for engaging in martial arts.

To advance such other purposes that are charitable under the laws of England and Wales, for the public benefit, as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During the reporting period, the charity has actively pursued its charitable objectives by delivering a range of activities designed to promote healthy recreation, prevent substance misuse, and support youth development in both England and Punjab, India.

Martial Arts Training in England:

The charity has consistently provided martial arts classes, averaging 4–5 sessions per week, catering to both children and adults. These sessions promote physical fitness, mental discipline, and personal development. The structured environment helps participants build confidence, focus, and resilience.

Interclub Tournaments:

Interclub martial arts tournaments were organised to motivate young participants and provide them with opportunities to set and achieve goals. These events foster a sense of achievement and encourage a healthy lifestyle, helping to steer youth away from negative influences such as crime and substance abuse.

Knife Crime Awareness and Youth Engagement in the UK:

The charity has actively worked to raise awareness about knife crime and its impact on communities. Through martial arts and mentorship, young people are engaged in positive activities that promote discipline and reduce the risk of involvement in street violence.

Substance Misuse Prevention in Punjab, India:

The charity has conducted multiple drug and alcohol awareness camps across Punjab. These initiatives educate the public—especially youth—on the dangers of substance abuse and promote healthier lifestyle choices through sports and fitness.

Free Martial Arts Classes in Punjab:

Free martial arts training has been provided to underprivileged children in Punjab, offering a disciplined and supportive environment that encourages physical and mental well-being. These classes aim to prevent substance misuse and promote personal growth.

Investment in Training Facilities:

The charity has established four gyms across Punjab, India, offering free martial arts classes twice daily to students. These facilities are equipped with new training equipment to support physical fitness, skill development, and personal discipline.

By providing structured, high-quality training environments, the charity helps steer young people away from drugs and alcohol, promoting healthier lifestyles and positive community engagement.

Mixed Martial Arts (MMA) Tournament in Punjab:

Organised 2 professional Boxing tournaments, showcasing national talent and promoting sports as a constructive alternative to substance abuse. These events encouraged youth participation and highlighted the benefits of fitness and discipline.

Promotion of Sikhi Values:

The charity's work is rooted in the principles of Sikhi, which emphasise discipline, service, and community welfare. These values have been instrumental in guiding young people away from drugs, alcohol, and crime, and towards purposeful living.

These activities have had a measurable positive impact on the communities served, particularly in reducing youth involvement in harmful behaviours and promoting healthier, more disciplined lifestyles.

The trustees confirm that they have read and had due regard to the guidance issued by the Charity Commission on public benefit. They remain committed to ensuring that all activities undertaken by the charity continue to deliver demonstrable public benefit in accordance with this guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Over the past year, the charity has maintained consistent attendance at its martial arts classes, reflecting strong community engagement. A notable highlight was the residential martial arts camp held in December 2024, offering personal development opportunities.

In Punjab, India, the charity organised multiple drug and alcohol awareness camps, educating young people and the wider community on the dangers of substance misuse and promoting healthier lifestyle choices.

The charity continued to provide martial arts classes for children across its gyms in England and Punjab, supported by the addition of new equipment to enhance training quality and student progress.

2 professional boxing competitions were held in April & Oct 2024 in Punjab, featuring over 20 bouts with participants from across India. The event aimed to inspire youth to pursue careers in boxing and engage in sports as a positive life path.

In the West Midlands, the charity successfully hosted an MMA event, bringing together participants from various organisations. The event promoted community involvement and healthy competition, with recognition awards presented to outstanding students for their dedication and development.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

- You **may choose** to include additional information, where relevant about:
- the charity’s principal sources of funds (including any fundraising);
 - how expenditure has supported the key objectives of the charity;
 - investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	I SINGH	H SINGH
Full name(s)	INDERPAL SINGH	HARPREET SINGH
Position (eg Secretary, Chair, etc)	TRUSTEE	TRUSTEE
Date	13/10/2024	



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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Receipts and payments accounts

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For the period from	Period start date 01-Jan-24	To	Period end date 31-Dec-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	41,453	-	-	41,453	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,453	-	-	41,453	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,453	-	-	41,453	-
A3 Payments					
Design Work/Website	455	-	-	455	-
Punjab BJJ Training Camps	5,033	-	-	5,033	-
Punjab Projects - Camp/Gyms/Fight Nights	25,743	-	-	25,743	-
UK Competition	734	-	-	734	-
UK Gym equipment and maintenance	3,379	-	-	3,379	-
UK Training Camp	426	-	-	426	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	35,771	-	-	35,771	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	35,771	-	-	35,771	-
Net of receipts/(payments)	5,682	-	-	5,682	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,674	-	-	4,674	-
Cash funds this year end	10,356	-	-	10,356	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
CCXX R1 accounts (SS)	1			17/10/2020

B1 Cash funds

	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-
(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Unrestricted funds to nearest £

Restricted funds to nearest £

Endowment funds to nearest £

Details

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details

B3 Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B4 Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B5 Liabilities

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
I S Khalsa	INDERPAL SINGH KHALSA	13/10/2025
H S Moore	HARPREET SINGH MOORE	13/10/2025