

Trustees' Annual Report for the period							
From	Period start date			To	Period end date		
	Day 1	Month Jan	Year 2022		Day 31	Month Dec	Year 2022

Section A Reference and administration details

Charity name	Lions MMA (Walsall)		
Other names charity is known by			
Registered charity number (if any)	1155346		
Charity's principal address	2-3 Walsall Road		
	Willenhall		
Postcode	WV13 2EH		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh Moore			
2	Mr Subeagh Singh Khalsa			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016

How the charity is constituted
(eg. trust, association, company)

CIO

Trustee selection methods
(eg. appointed by, elected by)

Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation by providing or assisting in the provision of facilities for martial arts.
To further such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Providing Martial Arts Class Throughout the year the Charity has successfully held on average 2-3 classes per week for young children and adults who are keen to participate in healthy recreation.

A number of interclub tournaments have been carried out to encourage children to participate in events that are design to keep their minds forced and achieving goals as well as a healthy life style.

A number of drug and alcohol awareness camps were held in Punjab, India to prevent the use of substance misuse and encourage a healthy lifestyle.

Martial Arts classes continued to run free of charge for children in Punjab with the aim to prevent the use of substance misuse and encourage a healthy lifestyle. Equipment for the gym was purchased to enhance the continuous progress of the students.

The Charity has based its ethics and principles on Sikhi, which has helped encourage youth to stay away from alcohol, drugs and crime. This has benefited the local community as it has help keep the youths 'off the street'.

The trustees have read through the guidance on public benefit from the charity commission website and will continue to do so in the future to ensure the charity continue to work within the public benefit guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Over the last year the charity has seen a steady number of students attending the classes. In addition to the regular classes, a residential martial arts camp was held in August 2020.

A number of drug and alcohol awareness camps were held in Punjab, India to prevent the use of substance misuse and encourage a healthy lifestyle.

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The Charity successfully hosted a MMA event in the West Midlands, which was attended by a number of other similar charities. Exceptional students were presented with recognition awards to reflect their contribution.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S S KHALSA	H S MOORE
Full name(s)	SUBEAGH SINGH KHALSA	HARPREET SINGH MOORE
Position (eg Secretary, Chair, etc)	CHAIR	TRUSTEE

Date 19/10/2023



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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Receipts and payments accounts

For the period from	Period start date 01-Jan-22	To	Period end date 31-Dec-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,220	-	-	1,220	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,220	-	-	1,220	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,220	-	-	1,220	-
A3 Payments					
Design Work/Website	657	-	-	657	-
Punjab Projects	4,071	-	-	4,071	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,728	-	-	4,728	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,728	-	-	4,728	-
Net of receipts/(payments)	- 3,508	-	-	- 3,508	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,055	-	-	17,055	-
Cash funds this year end	13,548	-	-	13,548	-

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-
(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

S Khalsa

SUBEAGH SINGH KHALSA

19/10/2023

H Moore

HARPREET SINGH MOORE

19/10/2023