

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Details

Status Registered

Legal form CIO

Registered 2014-01-15

Register [View on the Charity Commission register](#)

Contact

Address Lions MMA - Holloway House
2-3 Walsall Road
Willenhall
West Midlands
WV13 2EH

Phone 07816824618

Email info@lionsmma.net

Website www.lionsmma.net

Activities

Objects: 1. TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION BY PROVIDING OR ASSISTING IN THE PROVISION OF FACILITIES FOR MARTIAL ARTS.2. TO FURTHER SUCH OTHER CHARITABLE PURPOSES FOR THE PUBLIC BENEFIT AS ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAWS OF ENGLAND AND WALES AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

Activities: To promote community participation in healthy recreation by providing or assisting in the provision of facilities for martial arts.To further such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Overseas Aid/famine Relief, Religious Activities, Amateur Sport, Recreation
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

Geography

- India
- Walsall

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£41,453	£35,771	-	-
2023-12-31	£18,822	£27,696	-	-
2022-12-31	£1,220	£4,728	-	-
2021-12-31	£5,095	£14,356	-	-
2020-12-31	£11,338	£6,576	-	-

Trustees

Name	Role	Appointed
Inderpal Singh Khalsa	Chair	2020-12-27
Harpreet Singh Moore		2013-11-28
Ipinderjit Singh Bhandal		2014-04-20
Subeagh Singh Khalsa		2013-11-28

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1	Month Jan	Year 2024		Day 31	Month Dec	Year 2024

Section A Reference and administration details

Charity name	Lions MMA (Walsall)
Other names charity is known by	
Registered charity number (if any)	1155346
Charity's principal address	2-3 Walsall Road
	Willenhall
	Postcode WV13 2EH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh			
2	Mr Inderpal Singh			
3	Mr Ipinderjit Singh			
4	Mr Subeagh Singh			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation, in particular by providing or assisting in the provision of facilities and opportunities for engaging in martial arts.

To advance such other purposes that are charitable under the laws of England and Wales, for the public benefit, as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During the reporting period, the charity has actively pursued its charitable objectives by delivering a range of activities designed to promote healthy recreation, prevent substance misuse, and support youth development in both England and Punjab, India.

Martial Arts Training in England:

The charity has consistently provided martial arts classes, averaging 4–5 sessions per week, catering to both children and adults. These sessions promote physical fitness, mental discipline, and personal development. The structured environment helps participants build confidence, focus, and resilience.

Interclub Tournaments:

Interclub martial arts tournaments were organised to motivate young participants and provide them with opportunities to set and achieve goals. These events foster a sense of achievement and encourage a healthy lifestyle, helping to steer youth away from negative influences such as crime and substance abuse.

Knife Crime Awareness and Youth Engagement in the UK:

The charity has actively worked to raise awareness about knife crime and its impact on communities. Through martial arts and mentorship, young people are engaged in positive activities that promote discipline and reduce the risk of involvement in street violence.

Substance Misuse Prevention in Punjab, India:

The charity has conducted multiple drug and alcohol awareness camps across Punjab. These initiatives educate the public—especially youth—on the dangers of substance abuse and promote healthier lifestyle choices through sports and fitness.

Free Martial Arts Classes in Punjab:

Free martial arts training has been provided to underprivileged children in Punjab, offering a disciplined and supportive environment that encourages physical and mental well-being. These classes aim to prevent substance misuse and promote personal growth.

Investment in Training Facilities:

The charity has established four gyms across Punjab, India, offering free martial arts classes twice daily to students. These facilities are equipped with new training equipment to support physical fitness, skill development, and personal discipline.

By providing structured, high-quality training environments, the charity helps steer young people away from drugs and alcohol, promoting healthier lifestyles and positive community engagement.

Mixed Martial Arts (MMA) Tournament in Punjab:

Organised 2 professional Boxing tournaments, showcasing national talent and promoting sports as a constructive alternative to substance abuse. These events encouraged youth participation and highlighted the benefits of fitness and discipline.

Promotion of Sikhi Values:

The charity's work is rooted in the principles of Sikhi, which emphasise discipline, service, and community welfare. These values have been instrumental in guiding young people away from drugs, alcohol, and crime, and towards purposeful living.

These activities have had a measurable positive impact on the communities served, particularly in reducing youth involvement in harmful behaviours and promoting healthier, more disciplined lifestyles.

The trustees confirm that they have read and had due regard to the guidance issued by the Charity Commission on public benefit. They remain committed to ensuring that all activities undertaken by the charity continue to deliver demonstrable public benefit in accordance with this guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Over the past year, the charity has maintained consistent attendance at its martial arts classes, reflecting strong community engagement. A notable highlight was the residential martial arts camp held in December 2024, offering personal development opportunities.

In Punjab, India, the charity organised multiple drug and alcohol awareness camps, educating young people and the wider community on the dangers of substance misuse and promoting healthier lifestyle choices.

The charity continued to provide martial arts classes for children across its gyms in England and Punjab, supported by the addition of new equipment to enhance training quality and student progress.

2 professional boxing competitions were held in April & Oct 2024 in Punjab, featuring over 20 bouts with participants from across India. The event aimed to inspire youth to pursue careers in boxing and engage in sports as a positive life path.

In the West Midlands, the charity successfully hosted an MMA event, bringing together participants from various organisations. The event promoted community involvement and healthy competition, with recognition awards presented to outstanding students for their dedication and development.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	I SINGH	H SINGH
Full name(s)	INDERPAL SINGH	HARPREET SINGH
Position (eg Secretary, Chair, etc)	TRUSTEE	TRUSTEE

Date 13/10/2024



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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CC16a

Receipts and payments accounts

For the period from	Period start date 01-Jan-24	To	Period end date 31-Dec-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	41,453	-	-	41,453	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total (Gross income for AR)	41,453	-	-	41,453	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,453	-	-	41,453	-
A3 Payments					
Design Work/Website	455	-	-	455	-
Punjab BJJ Training Camps	5,033	-	-	5,033	-
Punjab Projects - Camp/Gyms/Fight Nights	25,743	-	-	25,743	-
UK Competition	734	-	-	734	-
UK Gym equipment and maintenance	3,379	-	-	3,379	-
UK Training Camp	426	-	-	426	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total	35,771	-	-	35,771	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	35,771	-	-	35,771	-
Net of receipts/(payments)	5,682	-	-	5,682	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,674	-	-	4,674	-
Cash funds this year end	10,356	-	-	10,356	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
CCXX R1 accounts (SS)	1			17/10/2025

B1 Cash funds

	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

Agreement Error

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Unrestricted funds to nearest £

Restricted funds to nearest £

Endowment funds to nearest £

Details

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
I S Khalsa	INDERPAL SINGH KHALSA	13/10/2025
H S Moore	HARPREET SINGH MOORE	13/10/2025

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	Day 1	Month Jan	Year 2023	To	Day 31	Month Dec	Year 2023

Section A Reference and administration details

Charity name	Lions MMA (Walsall)		
Other names charity is known by			
Registered charity number (if any)	1155346		
Charity's principal address	2-3 Walsall Road		
	Willenhall		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Postcode</td> <td style="border: 1px solid black; padding: 5px;">WV13 2EH</td> </tr> </table>	Postcode	WV13 2EH
Postcode	WV13 2EH		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh			
2	Mr Inderpal Singh			
3	Mr Ipinderjit Singh			
4	Mr Subeagh Singh			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation by providing or assisting in the provision of facilities for martial arts.
To further such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity has been actively providing martial arts classes throughout the year, successfully holding an average of 2-3 sessions per week. These classes cater to both young children and adults who are eager to engage in healthy recreational activities. The focus is on building physical fitness, self-discipline, and mental focus, which are key benefits of martial arts training.

In addition to regular classes, the charity has organised several interclub tournaments. These events are designed to motivate participants, especially children, by giving them a platform to set and achieve goals while experiencing the thrill of competition. The tournaments also encourage a healthy lifestyle, helping young people develop strong, focused minds, and stay away from negative influences such as substance abuse. Through consistent training and the opportunity to compete, the charity aims to foster a supportive environment that promotes personal growth and well-being.

Several drug and alcohol awareness camps have been organised in Punjab, India, with the aim of preventing substance misuse and promoting a healthy lifestyle among the region's population. These camps focus on educating people about the dangers of drug and alcohol abuse, the negative impact it has on health, families, and communities, and the importance of making positive life choices.

Through these awareness programs, participants are informed about the long-term physical and mental health consequences of substance abuse, as well as the social and economic costs. The camps also provide guidance on alternative, healthier lifestyle choices, including sports, fitness, and other recreational activities. By raising awareness and offering support, these initiatives seek to reduce the prevalence of substance misuse, particularly among the youth, and help them lead healthier, more fulfilling lives.

Martial arts classes have continued to run free of charge for children in Punjab, with the primary goal of preventing substance misuse and promoting a healthy lifestyle. These classes offer children a structured and disciplined environment that helps them focus on physical fitness, mental well-being, and personal development, steering them away from negative influences such as drugs and alcohol.

To further support the progress of the students, new gym equipment was purchased, enhancing the quality of training and allowing participants to improve their skills and physical conditioning. By providing both the resources and guidance needed for continuous improvement, the initiative seeks to empower the youth with the tools and mindset necessary for a healthier, substance-free life.

An MMA (Mixed Martial Arts) tournament was recently held in Punjab, aiming to promote sports and fitness while providing a platform for local fighters to showcase their skills. This event was organised with the dual purpose of highlighting the talent present in the region and encouraging the youth to engage in productive and healthy activities like sports. The tournament aimed to steer young people away from negative influences such as drugs, alcohol, and substance abuse, which are significant challenges in many parts of Punjab.

The charity has grounded its ethics and principles in the values of Sikhi, which have been instrumental in encouraging youth to stay away from alcohol, drugs, and crime. By promoting the core tenets of Sikhi—such as discipline, service, self-respect, and community welfare—the charity has

provided moral and spiritual guidance to young people, helping them lead more purposeful lives.

These efforts have had a positive impact on the local community by offering an alternative to harmful activities and keeping the youth engaged in constructive pursuits. The focus on Sikhi's teachings has not only strengthened individual character but also fostered a sense of responsibility and belonging among the youth, contributing to a safer and healthier environment. Through this approach, the charity has helped keep young people "off the street," reducing the risk of their involvement in crime or substance abuse and promoting a culture of well-being and mutual support.

The trustees have read through the guidance on public benefit from the charity commission website and will continue to do so in the future to ensure the charity continue to work within the public benefit guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Over the past year, the charity has experienced a steady number of students attending its martial arts classes, reflecting growing interest and engagement within the community. In addition to the regular weekly sessions, the charity organised a special residential martial arts camp in December 2023.

Several drug and alcohol awareness camps were organised in Punjab, India, to address the pressing issue of substance misuse and to promote a healthy lifestyle. These camps focused on educating the local community, especially the youth, about the harmful effects of drug and alcohol abuse, emphasizing the long-term physical, mental, and social consequences.

The free martial arts classes for children in Punjab continued with the goal of preventing substance misuse and promoting a healthy lifestyle. The addition of new gym equipment further supported the students' progress, helping them develop both physically and mentally while staying engaged in positive activities.

The charity successfully hosted an MMA event in the West Midlands, bringing together participants from various similar organisations. The event served as a platform for showcasing martial arts talent, fostering community engagement, and encouraging healthy competition. As a highlight of the event, exceptional students were presented with recognition awards, honouring their dedication, skill development, and contributions to the program. These awards not only celebrated individual achievements but also reinforced the charity's commitment to encouraging positive growth and community involvement.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	I SINGH	H SINGH
Full name(s)	INDERPAL SINGH	HARPREET SINGH
Position (eg Secretary, Chair, etc)	TRUSTEE	TRUSTEE

Date 18/09/2024



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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CC16a

Receipts and payments accounts

For the period from	Period start date 01-Jan-23	To	Period end date 31-Dec-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	10,865	-	-	10,865	-
UK Building Works - Donations	7,957	-	-	7,957	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18,822	-	-	18,822	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,822	-	-	18,822	-
A3 Payments					
Design Work/Website	727	-	-	727	-
Punjab Projects - Camps	7,006	-	-	7,006	-
Punjab Projects - Gyms	5,517	-	-	5,517	-
UK Building Works - Gym	9,409	-	-	9,409	-
UK Camp	3,000	-	-	3,000	-
UK Gym Equipment	1,076	-	-	1,076	-
Printing	960	-	-	960	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	27,696	-	-	27,696	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	27,696	-	-	27,696	-
Net of receipts/(payments)	- 8,874	-	-	- 8,874	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	13,548	-	-	13,548	-
Cash funds this year end	4,674	-	-	4,674	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of the trustees (SS)

Signature

2

Print Name

Date of approval
23/09/2024

I S Khalsa	INDERPAL SINGH KHALSA	18/09/2024
H S Moore	HARPREET SINGH MOORE	18/09/2024

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Accounts

Trustees' Annual Report for the period							
From		Period start date			Period end date		
		Day 1	Month Jan	Year 2022	To	Day 31	Month Dec

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2-3 Walsall Road	
Willenhall	
Postcode	WV13 2EH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh Moore			
2	Mr Subeagh Singh Khalsa			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote community participation in healthy recreation by providing or assisting in the provision of facilities for martial arts.
 To further such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Providing Martial Arts Class Throughout the year the Charity has successfully held on average 2-3 classes per week for young children and adults who are keen to participate in healthy recreation.

A number of interclub tournaments have been carried out to encourage children to participate in events that are design to keep their minds forced and achieving goals as well as a healthy life style.

A number of drug and alcohol awareness camps were held in Punjab, India to prevent the use of substance misuse and encourage a healthy lifestyle.

Martial Arts classes continued to run free of charge for children in Punjab with the aim to prevent the use of substance misuse and encourage a healthy lifestyle. Equipment for the gym was purchased to enhance the continuous progress of the students.

The Charity has based its ethics and principles on Sikhi, which has helped encourage youth to stay away from alcohol, drugs and crime. This has benefited the local community as it has help keep the youths 'off the street'.

The trustees have read through the guidance on public benefit from the charity commission website and will continue to do so in the future to ensure the charity continue to work within the public benefit guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Over the last year the charity has seen a steady number of students attending the classes. In addition to the regular classes, a residential martial arts camp was held in August 2020.

A number of drug and alcohol awareness camps were held in Punjab, India to prevent the use of substance misuse and encourage a healthy lifestyle.

Martial Arts classes continued to run free of charge for children in Punjab with the aim to prevent the use of substance misuse and encourage a healthy lifestyle. Equipment for the gym was purchased to enhance the continuous progress of the students.

The Charity successfully hosted a MMA event in the West Midlands, which was attended by a number of other similar charities. Exceptional students were presented with recognition awards to reflect their contribution.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S S KHALSA	H S MOORE
Full name(s)	SUBEAGH SINGH KHALSA	HARPREET SINGH MOORE
Position (eg Secretary, Chair, etc)	CHAIR	TRUSTEE

Date 19/10/2023



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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CC16a

Receipts and payments accounts

For the period from	Period start date 01-Jan-22	To	Period end date 31-Dec-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,220	-	-	1,220	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total (Gross income for AR)	1,220	-	-	1,220	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,220	-	-	1,220	-
A3 Payments					
Design Work/Website	657	-	-	657	-
Punjab Projects	4,071	-	-	4,071	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total	4,728	-	-	4,728	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,728	-	-	4,728	-
Net of receipts/(payments)	- 3,508	-	-	- 3,508	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,055	-	-	17,055	-
Cash funds this year end	13,548	-	-	13,548	-

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

Agreement Error

OK

OK

Unrestricted funds

Restricted funds

Endowment funds

Details

B2 Other monetary assets

	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details

B3 Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B4 Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B5 Liabilities

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

S Khalsa
H Moore

SUBEAGH SINGH KHALSA
HARPREET SINGH MOORE

19/10/2023
19/10/2023

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	Day 1	Month Jan	Year 2021	To	Day 31	Month Dec	Year 2021

Section A Reference and administration details

Charity name	Lions MMA (Walsall)
Other names charity is known by	
Registered charity number (if any)	1155346
Charity's principal address	18 Vicar Street
	Wednesbury
Postcode	WS10 9HF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh Moore			
2	Mr Subeagh Singh Khalsa			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

--	--

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution of a Charitable Incorporated Organisation – Foundation Model dated 15 January 2016
How the charity is constituted <i>(eg. trust, association, company)</i>	CIO
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Trustee appointment only

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

	<p>To promote community participation in healthy recreation by providing or assisting in the provision of facilities for martial arts.</p> <p>To further such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.</p>
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Providing Martial Arts Class Throughout the year the Charity has successfully held on average 2-3 classes per week for young children and adults who are keen to participate in healthy recreation.

A number of interclub tournaments have been carried out to encourage children to participate in events that are design to keep their minds forced and achieving goals as well as a healthy life style.

Due to Covid-19, Classes were cancelled for a short period in line with Covid-19 restrictions in the UK.

A number of drug and alcohol awareness camps were held via Zoom for children in Punjab, India to prevent the use of substance misuse and encourage a healthy life style.

Martial Arts classes continued to run free of charge for children in Punjab with the aim to prevent the use of substance misuse and encourage a healthy life style. Equipment for the gym was purchased to enhance the continuous progress of the students.

The Charity has based its ethics and principles on Sikhi, which has helped encourage youth to stay away from alcohol, drugs and crime. This has benefited the local community as it has help keep the youths 'off the street'.

The trustees have read through the guidance on public benefit from the charity commission website and will continue to do so in the future to ensure the charity continue to work within the public benefit guidance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Over the last year the charity has seen a steady number of students attending the classes. In addition to the regular classes, a residential martial arts camp was held in August 2020.

Due to Covid-19, Classes were cancelled for a short period in line with Covid-19 restrictions in the UK.

A number of drug and alcohol awareness camps were held via Zoom for children in Punjab, India to prevent the use of substance misuse and encourage a healthy life style.

Martial Arts classes continued to run free of charge for children in Punjab with the aim to prevent the use of substance misuse and encourage a healthy life style. Equipment for the gym was purchased to enhance the continuous progress of the students.

The Charity successfully hosted a MMA event in the West Midlands, which was attended by a number of other similar charities. Exceptional students were presented with recognition awards to reflect their contribution.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity does not at this moment have a reserve policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S S KHALSA	H S MOORE
Full name(s)	SUBEAGH SINGH KHALSA	HARPREET SINGH MOORE
Position (eg Secretary, Chair, etc)	CHAIR	TRUSTEE
Date	13/02/2023	



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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CC16a

Receipts and payments accounts

For the period from	Period start date 01-Jan-21	To	Period end date 31-Dec-21
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,000	-	-	2,000	-
Virgin Money Giving Donations	3,095	-	-	3,095	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total (Gross income for AR)	5,095	-	-	5,095	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,095	-	-	5,095	-
A3 Payments					
Design Work/Website	468	-	-	468	-
Punjab Projects	9,815	-	-	9,815	-
UK Camp	3,094	-	-	3,094	-
App Development	979	-	-	979	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total	14,356	-	-	14,356	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,356	-	-	14,356	-
Net of receipts/(payments)	- 9,262	-	-	- 9,262	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26,317	-	-	26,317	-
Cash funds this year end	17,055	-	-	17,055	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
S Khalsa	SUBEAGH SINGH KHALSA	13/02/2023
H Moore	HARPREET SINGH MOORE	13/02/2023

LIONS MMA (WALSALL)

England & Wales - Charity number 1155346

Accounts

Trustees' Annual Report for the period

From		Period start date			To			Period end date			
	Day	Month	Year		Day	Month	Year		Day	Month	Year
	1	Jan	2020		31	Dec	2020				

Section A Reference and administration details

Charity name	Lions MMA (Walsall)
Other names charity is known by	
Registered charity number (if any)	1155346
Charity's principal address	18 Vicar Street
	Wednesbury
	Postcode WS10 9HF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Harpreet Singh Moore			
2	Mr Subeagh Singh Khalsa			
3				
4				
5				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

--	--

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

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- policies and procedures adopted for the induction and training of trustees;
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--	--

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--	--

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- policy programme related investment;
- contribution made by volunteers.

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Section E Financial review

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Details of any funds materially in deficit

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Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S S KHALSA	H S MOORE
Full name(s)	SUBEAGH SINGH KHALSA	HARPREET SINGH MOORE
Position (eg Secretary, Chair, etc)	CHAIR	TRUSTEE
Date	23/12/2021	



Charity Name Lions MMA (Walsall)	No (if any) 1155346
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CC16a

Receipts and payments accounts

For the period from	Period start date 01-Jan-20	To	Period end date 31-Dec-20
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	9,597	-	-	9,597	-
Virgin Money Giving Donations	1,711	-	-	1,711	-
Class Fee	30	-	-	30	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,338	-	-	11,338	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,338	-	-	11,338	-
A3 Payments					
Design Work	1,190	-	-	1,190	-
Website	301	-	-	301	-
UK Camp	2,025	-	-	2,025	-
Zoom	468	-	-	468	-
App Development	1,251	-	-	1,251	-
Class Equipment	228	-	-	228	-
Punjab Projects	1,113	-	-	1,113	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	6,576	-	-	6,576	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,576	-	-	6,576	-
Net of receipts/(payments)	4,762	-	-	4,762	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	21,555	-	-	21,555	-
Cash funds this year end	26,317	-	-	26,317	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
S Khalsa	SUBEAGH SINGH KHALSA	23/12/2021
H Moore	HARPREET SINGH MOORE	23/12/2021