

Charity Number 1155319

**Professional Relief Organisation**  
Trustees Report &  
Unaudited Financial Statements  
For the year ended 28 February 2023

**Professional Relief Organisation**  
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**For the year ended 28 February 2023**

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**Professional Relief Organisation**  
**Report of the Trustees**  
**For the year ended 28 February 2023**

The Trustees have pleasure in presenting their report & the financial statements for the charity for the year ended 28 February 2023. The Trustees have adopted the provisions of Accounting & Reporting by Charities:

Statement of recommended practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK & Republic of Ireland (FRS102) effective 01/01/2015.

**Objectives & activities:**

The relief of poverty and the advancement of health and the saving of lives in particular but not exclusively among members of the south Asian community in England and Pakistan by some or all of the following means:

1. Promoting nursing and midwifery as careers
2. Supporting educational and training initiatives and programmes in particular those entering the medical profession
3. Promoting better cooperation and understanding between those in the medical profession
4. Family planning and welfare programmes in particular but not limited to providing better support for women
5. Running anti-drug and anti-cigarette programmes and providing support to those with addictions in
6. Support for children and young people and aged people with a charitable need (including building
7. Working with other agencies and organisations in furthering the objects of the charity.

**Achievements & Performance**

Awareness raising campaign by organizing conference, Seminar, Workshops, Rallies, Counselling & Issuing Publication, Literature & Guideline for Thalassaemia and other Blood disorders among Asians.

Provide the Free Ambulance Services (Since 2010) serving poor community day & night, we have transported many Pregnant Women, Children, Elder Patients to the district hospital & due to rapid transfer of deteriorating patients we have save many lives & still that work is ongoing.

Thalassaemia & Hepatitis A,B,C & E awareness program which are main target in rural areas. Free test for Hemoglobin Electrophoresis for Thalassaemia patients from ABMT & KITCC (PRO sister organisations).

Filter water plant: Covering entire village and 2 primary schools. (Recently build, January 2016)

PRO team also distributed Cloths Shoes & Other Edible Things for poor community.

PRO welcome doctors and nurses from abroad specially from Pakistan and help them for placement and make sure they return to Pakistan at the end of placement and share their knowledge and experience of UK with Pakistani colleagues.

PRO provide free Hand Pumps in rural & affected areas.

Referral & Treatment of HEP C, Cancer patients who cannot afford treatment.

Free education facilities for street children to make them valuable member of the society.

#### **Financial Review:**

The results for the financial year as given in statement of financial activities, are considered satisfactory by the Trustees

#### **Structure, Governance & Management:**

##### **Governing Document**

The trustees have examined the strategic, business and operational risks the charity faces & confirm the system have been established to enable regular reports to be produced to lessen the risks.

#### **REFERENCE & ADMINISTRATIVE INFORMATION**

Charity Name: Professional Relief Organisation

Charity Registration No 1155319

Principal Address: 36 Stonard Road

Dagenham

RM8 2HS

Trustees: The Trustees serving during the year were as follows

Muhammad Asghar

Zeba Arif

Moeen Anwer

Riaz Ahmed Bhatti

Independent Examiners: Pyramid Point Limited

118 Pall Mall

London

SW1Y 5EA

Approved by the Board of Trustees & signed on its behalf



Muhammad Asghar

**Professional Relief Organisation**  
**Independent Examiners Report to the Trustees**  
**For the year ended 28 February 2023**

I report to the Trustees on my examination of the accounts of the charity for the year ended 28 February 2023

**Responsibilities & basis of report**

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011("the 2011 act")

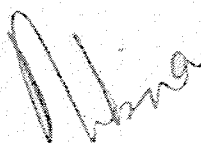
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiners Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect.

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
  2. the accounts do not accord with those records; or
- of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



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Rubina Anjum  
MBA ACMA/CGMA  
Pyramid Point Limited  
118 Pall Mall  
London  
SW1Y 5EA

PROFESSIONAL RELIEF ORGANISATION  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 February 2023

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income	3	93,874	-	93,874	51,655
<b>Total incoming resources</b>		<b>93,874</b>	<b>-</b>	<b>93,874</b>	<b>51,655</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs incurred on Projects</b>					
Support costs	4	89,770	-	89,770	64,569
Other Direct cost		-	-	-	-
Governance Cost		2,150	-	2,150	1,650
<b>Total resources expended</b>		<b>91,920</b>	<b>-</b>	<b>91,920</b>	<b>66,219</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>		<b>1,954</b>	<b>0</b>	<b>1,954</b>	<b>( 14,564)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward	6	15,109	-	15,109	29,673
Accruals		-	-	-	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>17,063</b>	<b>-</b>	<b>17,063</b>	<b>15,109</b>

The notes form part of these financial statements

PROFESSIONAL RELIEF ORGANISATION

BALANCE SHEET

AS AT 28 February 2023

	Note	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible fixed assets		-	-
<b>CURRENT ASSETS</b>			
Debtors		-	-
Cash at bank and in hand		<u>17,063</u>	<u>15,109</u>
		<b>17,063</b>	<b>15,109</b>
<b>LIABILITIES</b>			
Creditors: amounts falling due within one year	5	<u>840</u>	<u>650</u>
<b>NET CURRENT ASSETS</b>		<u><b>16,223</b></u>	<u><b>14,459</b></u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><b>16,223</b></u>	<u><b>14,459</b></u>
<b>NET ASSETS</b>		<u><u><b>16,223</b></u></u>	<u><u><b>14,459</b></u></u>
<b>FUNDS</b>	6		
Unrestricted funds			
General funds		<b>16,223</b>	<b>14,459</b>
Restricted funds		<u>-</u>	<u>-</u>
<b>TOTAL FUNDS</b>		<u><u><b>16,223</b></u></u>	<u><u><b>14,459</b></u></u>

For the year ending 28/02/2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board of Trustees and signed on their behalf by



.....  
Muhammad Asghar (Chairperson)  
Trustee

PROFESSIONAL RELIEF ORGANISATION  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 February 2023

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
<b>3. INCOMING RESOURCES</b>				
Incoming resources from generated funds				
<i>Voluntary income</i>				
Donations Received	83,014	-	83,014	51,655
Gift Aid	-	-	-	-
Any other incoming	10,860	-	10,860	-
	<u>93,874</u>	<u>-</u>	<u>93,874</u>	<u>51,655</u>
 Total incoming resources	 <u>93,874</u>	 <u>-</u>	 <u>93,874</u>	 <u>51,655</u>
<b>4. RESOURCES EXPENDED</b>				
<i>Support costs</i>				
Advertising Posters	-	-	-	-
Health Project cost	82,874	-	82,874	61,531
Travelling expense	1,591	-	1,591	1,034
Storage Cost	3,952	-	3,952	916
Printing, Postage & Stationery	119	-	119	-
Insurance	1,144	-	1,144	1,052
Bank Charges	90	-	90	36
	<u>89,770</u>	<u>-</u>	<u>89,770</u>	<u>64,569</u>
 <i>Governance costs</i>				
Accountancy and Independent examiner fee	2,150	-	2,150	1,650
	<u>2,150</u>	<u>-</u>	<u>2,150</u>	<u>1,650</u>
 Total resources expended	 <u>91,920</u>	 <u>-</u>	 <u>91,920</u>	 <u>66,219</u>



PROFESSIONAL RELIEF ORGANISATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 February 2023

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Accruals	840	650
	<u>840</u>	<u>650</u>

6. MOVEMENT IN FUNDS

	At the start of the year	Incoming resources	Outgoing resources	Transfers	At the end of the year
	£	£	£	£	£
<b>Unrestricted funds:</b>					
General fund	15,109	93,874	( 91,920)	-	17,063
<b>Total unrestricted funds</b>	<u>15,109</u>	<u>93,874</u>	<u>( 91,920)</u>	<u>-</u>	<u>17,063</u>
<b>Restricted funds:</b>					
Income from events	-	0	0	-	-
Income from Fundraising	-	-	-	-	-
<b>Total restricted funds</b>	<u>-</u>	<u>-</u>	<u>0</u>	<u>-</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>15,109</u>	<u>93,874</u>	<u>( 91,920)</u>	<u>-</u>	<u>17,063</u>

