

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE  
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**COMPANY NUMBER: 05093277**

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**LEGAL AND ADMINISTRATIVE INFORMATION**

**COMPANY NUMBER** 05093277 (England and Wales)

**CHARITY NUMBER** 1155297

**TRUSTEES** Ms S Khan  
Ms J Phillips  
Miss S Kauser

**REGISTERED OFFICE** Saint Pauls Road  
Manningham  
Bradford  
BD8 7LS

**REPORTING ACCOUNTANTS** Wilkinson and Partners  
Chartered Accountants  
Fairfax House  
6a Mill Field Road  
Cottingley Business Park  
Cottingley  
BD16 1PY

**BANKERS** Barclays Bank plc  
10 Market Street  
Bradford  
BD1 1EG

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**REPORT OF THE TRUSTEES**

The trustees present their report and financial statements for the year ended 31 March 2023.

**CONSTITUTION**

The Meridian Centre is a company limited by guarantee and is registered as a charity.

The company was incorporated on 5 April 2004.

**PRINCIPAL ACTIVITY**

The charity's principal activity is to offer nursery education and youth training to the local community.

The trustees delegate the day-to-day responsibility of running its activities to the Centre Manager who is also a Director.

**TRUSTEES**

The trustees who have all held office during the year are as follows:

Ms S Khan  
Ms J Phillips  
Miss S Kauser

The trustees are company directors for the purpose of Companies Act 2006.

## **THE MERIDIAN CENTRE A COMPANY LIMITED BY GUARANTEE**

### **Review of Activities**

#### **Breaking the Silence**

In March 2023 we became the first and only BAME male specialist accredited service, independently assessed for the Quality Standards for Services Supporting Male Victims/Survivors of Sexual Violence. We achieved the Quality Mark without recommendations. The process took an entire 12 months but now validates our service before the Ministry of Justice, Home Office etc as a legitimate and professional secular therapy service. This is significant given the situation that led to use requesting further support from the Tudor Trust in 2021, as government agencies and commissioners can no longer view us only through an 'ethnic' vis-à-vis counter-terrorism lens.

As another step in this development, a grant from the Ministry of Justice has allowed us to purchase Lamplight, a state-of-the-art therapeutic management system, that allows us to better manage data compliant with GDPR/DPA 2018 requirements. The system allows us to extrapolate data easily (key to statutory funding) whilst contributing to the green economy by making our service paper-free.

With funding from Human Appeal we have launched a new film about our service: <https://www.youtube.com/watch?v=GyJD8v1MwOA>. This was accompanied by a radio campaign that saw us featured across various stations across the UK, including the BBC.

As a result we have received 158 new referrals this past year. We have engaged 113 (including those from the previous iteration of our funding). We currently have 88 on our waiting list. But a new priority system based on a risk assessment, means those most at risk are brought forward to be seen. Nonetheless we are overrun with demand exceeding our capacity to supply. Our outcomes this year have continued an upward trend towards overall well-being, resilience and socialisation – this is attributable to two factors: firstly enhanced training and subject area specialism in trauma informed therapy (training on-going in EMDR and Poly Vagal theory), trauma, masculinity and the intersection with race (we are delivering this training for other practitioners); the more skilled we become, the more challenging the cases we can support (as discussed in case studies); and secondly, the role of our UMMID user steering group, Chaired by a South Asian Male survivor who works in the Probation service: along with 11 other service users (of Caribbean, West African, South Asian Hindu, Sikh and Muslim heritage), they have helped to adapt the new therapeutic materials e.g. psychoeducational resources, to ensure they are culturally relevant and appropriate for BAME male survivors. Collaboratively we review client feedback and service reviews to ensure the service improves to best serve the needs of users. With their support we have submitted a multi-year application to the Ministry of Justice RASAF (Rape and Sexual Abuse Fund) funding stream.

Referrals are once again from across the UK with various NHS mental health services (Berkshire, Leicestershire, Birmingham and Solihull) now referring directly. This is in addition to NHS Improving Access to Psychological Therapies, (IAPT) and GP social prescribers, Probation. The majority however remain self-referrals.

We have developed a referral pathways and information sharing protocol with a range of specialist agencies who are able to offer support to our service users. Collaborating with

Leigh Day Solicitors, we have developed protocols for our service users to explore remedial legal action without the need for Police intervention. Legal specialist Dino Nocivelli is a partner at the firm and provides a session to our group therapy clients online. 6 clients are currently taking action – this is a significant change given the historic hesitancy of our service users. Being able to bypass the Police is key to this.

We continue to serve of the Board of the Male Survivor Partnership and we are playing a key role in directing significant actions that upskill services supporting men. This includes a member forum where specialists e.g. trauma specialists 'up-skill' practitioners; a monthly newsletter detailing e.g. findings from the ONS on sexual violence, legal and policy information that impacts the plight of sexual abuse survivors and victims.

We are leading the way on major new government strategies and academic research programmes:

- Key stakeholders in informing a men and boys strategy for the Policing and Crime team of West Yorkshire Combined Authority.
- University of Westminster, Psychology School of Social Sciences, Exploring the experiences of Black and Asian male survivors of sexual violence (we are on the steering group)
- University of Brighton, Exploring men's unwanted sexual experiences (MUSE) in North East England (we are on the steering group).
- Office of the Children's Commissioner, research into children and young people from Black and Asian heritage around child sexual abuse (we are on the steering group).

In November 2022 we launched a peer support programme where men from racialised communities can come to discuss the issues that afflict their well being (and have the option of joining the main therapeutic programme. From the original West Yorkshire launch, we have now initiated chapters in Birmingham and East London. These are led and managed by local men.

We have delivered several training events this past year:

1. We were invited by the England and Wales Cricket Board, in the wake of the Azeem Rafiq racism scandal, to help the major counties develop protocols to help players speak out about discrimination, and to upskill existing managers on the psychological impact of discrimination. We delivered three training sessions in all and have been invited to deliver further events.
2. What is Intersectionality & Cultural Competency for Southampton City Council
3. Male Survivor Workshop for Safeline Warwick
4. Black and Asian leadership training (part of a comprehensive programme facilitated by HOPE consultancy) for Black and Asian staff working in the domestic abuse and sexual violence sector
5. Cultural Awareness session for Independent Age
6. Anti Racist Practice for Standing Together Against Domestic Abuse (STADA)
7. Anti racism focus groups for Changing Pathways
8. Cultural Competency Training for Surrey Police
9. Social Work Training, Bradford Social Services

## **Bridging the Gap**



Meridian Centre began to deliver the Bridging the Gap project in partnership with Shipley College, Safety First, Women Zone and QED. This project has generated revenue in respect of room hire, printing and salaries. The Project commenced in June October 2023. This is a three year project funded by the Big Lottery.

### **ESOL with Shipley College**

Meridian Centre in partnership with Shipley College delivers had 24 classes of ESOL E1, E2, E3/Pre Entry running per week generating income for room hire and crèche. Each ESOL class was 2 hours long. We deliver Functional Skills and GCSE English(3 hour sessions) as well as Functional Skills Maths. The sessions are well attended with 12 to 14 learners in each class.

### **Learning Curve Group**

We work in partnership with Learning Curve Group who pays for room hire. Learning Curve Group's Mission is to support employers and individuals by providing innovative, high quality training, educational and employability services to create opportunities that lead to success in learning, life and work.

Since 2016 Learning Curve Group has worked closely with Meridian to support the centre in providing suitable courses requested by the service users to achieve their full potential. We have delivered the following courses through Learning Curve Group:

16 -18 year olds – Childcare L1 and L2

19+

Working with Children Level 1 and 2

Health and Social Care Level 1 and 2

Beauty L1 and L2

Award in Creative Crafts

L2 Security Guard Course

L2 Customer Service

ESOL

### **Woodspeen**

With over 30 years' experience, Woodspeen Training is a well established provider of Level 2 – Level 5 apprenticeship and skills programmes.

We work in partnership with Woodspeen to deliver ESOL courses.

### **Realise**

Realise help organisations to thrive. In partnership with them, they work to understand the organisations needs. Realise design and deliver training programmes that ensure our learners grow. Their programmes are regulated and funded through the government or your apprenticeship levy.

In partnership with Realise we delivered L1 Hair styling courses.

## **Traineeship Programme**

The programme was funded by ESFA.

The Traineeships were designed to help young people gain the skills to progress to an apprenticeship, to be able to get a job, or to continue their education to gain the skills they need for their chosen career.

Traineeships were for young people aged 19-24 who were not in education, employment or training, are focused on getting a job and have not yet achieved a full Level 2

Traineeships included:

- A high quality work placement – to provide meaningful work experience and develop work place skills to help you find and keep a job.
- Work preparation training – developing inter-personal skills and including CV writing, job search and interview skills
- Level 1 Preparation to work in Adult Social Care, Level 1 Childcare, Level 1 Support Work in Schools or Level 1 Beauty course. We also delivered SIA Security Course (badge included).
- Employability Skills
- English and Maths training (unless already achieved GCSE grades A\*-C) - seen as crucial by employers. Initial assessments were carried out during enrollments. The work placement was for minimum 70 GLH within a traineeship Which was a minimum of 6 weeks.

At the end of the programme all students were offered an exit interview with their work placement organisation to help them practice and prepare for future opportunities. Where available, these interviews may have been for real apprenticeship or job vacancies within the placement organisation. They also gained qualifications from courses completed with the training provider to add to their CV.

## **ESF-Groundworks**

Meridian Centre users were able to access free sessions on English language, wellbeing, cookery, and more recently can find someone to talk with to combat loneliness. The area has slightly higher levels of unemployment than some other parts of Bradford. We delivered client orientated, community-based provision providing skills-acquisition and job readiness for the community. Offering courses to up-skill individual learners, prepare them for the 'world of work' and upgrade their potential employment options and links with employment opportunities to contribute to the regeneration of disadvantaged communities through locally delivered learning provision.

We offered engagement courses such as Sewing, Baking, Cook & Eat Healthy, and a number of other courses. These classes are each two hours long and run once a week with the exception of sewing runs two classes a week. We secured funding again in November 2020 for a second cohort of learners.

Meridian Centre responded to a local need to support and help with community integration. We have a number of regular Centre users and great network of people who promote our activities.

The Centre provides a safe environment for local people and provides a range of courses and learning activities for those learners who are taking the first step out of the home to those who are participating on the Level 2 courses. We deliver non-accredited courses such as Henna, Sewing, Basic IT. Bridging course include Introduction to Childcare, Health and Social Care, Beauty and IT. The centre provides IT training, ESOL classes, Dressmaking and Customer Service. Training is provided according to levels of prior achievement in order to widen participation and encourage progression, especially to level 2.

The Centre is the best place to provide this missing link of training and job preparation because of the serious restrictions in developing life skills of some BME women, which then has a detrimental effect on their employment prospect. This is due to cultural/religious factors which impinge on young women and prevent them from accessing mainstream activities. Some young women feel intimidated in a male environment and therefore are not fully able to reach their potential. Meridian Centre offers the opportunity of a single gender environment but not exclusively and has over the years established itself as a reputable organisation within the community. The centre prides itself on the excellent relationship it has with those living and working within the district and the establishment of this project with further enhance this partnership

### **Nursery and 2 Year Old Offer**

All 3 and 4-year-olds are entitled to 570 hours of free early education or childcare a year. This is often taken as 15 hours each week for 38 weeks of the year.

2 Year Old Offer is a scheme that allows eligible children to receive free early education from the funding period after their second birthday. This is part of a national offer from the Department for Education (DfE) and has been developed to improve outcomes for identified two year olds who would benefit from access to high quality early years and childcare provision 15 hours per week for 38 weeks in the year. It will also offer help to tackle challenging circumstances, through family support.

Meridian Nursery was registered in November 2006. The setting operates from two rooms in a purpose built detached property in the densely populated area of Manningham, Bradford. Meridian Nursery is located in a residential area close to a number of local schools, children's centres and other amenities.

Children have access to large play rooms, covered outdoor area and associated facilities. There are two enclosed outdoor play spaces of varying size available and accessible for the children to play in. These outdoor areas have a secure climbing frame and digging area for the children to enjoy. The nursery receives funding for two, three and four year olds. The setting actively adopts a multi-agency approach and has links with Midland Road and Abbey Green Children's Centre as well as other local schools. The Nursery operates sessionally every weekday offerings sessions from 9:00am – 12:00 pm for 2-3 and 3-5 year olds and 12:45pm till 3:45pm for 2-3 year olds who attend the various sessions and are mainly from the south east Asian community and from the local area. The Nursery operates term time only offering care and education for 38 weeks of the year.



The setting is registered for a maximum of 86 children at any one time. The nursery is made up of the shared office, kitchen and the two classrooms- 'Clever Caterpillars' and 'Busy Bees'

Last year we expanded the nursery to increase the number of places available to offer quality education to children and provide a crèche as requested by parents attending the courses in our training centre in the adjacent building.

Since lockdown we have seen a decrease in the number of children on roll. The maximum number of children in the nursery was approximately 65 whereas previously we would have almost 90 children on roll.

### **Velvet Mills Site**

Due to increase in demand for courses we have now leased Unit 2. We are still looking to purchase another building to offer our courses in another deprived area of Bradford.

### **Risk Management**

It is the trustees' policy to assess and identify major financial and business risks that the charity may encounter in the future. As an organisation with an ever-changing environment there is a regular need to monitor and review both internal and external risk factors. As part of our commitment to ensuring that our risk management needs influence our overall strategy for the organisation we plan to have Away Days in the future with all staff to consider our development needs.

Our Health and Safety policy continues to be reviewed annually. The regular report by the Finance Officer on Project Budgets has enhanced the trustees' level of understanding and monitoring of identified risks. There is an annual review of insurance arrangements. The charity holds the Matrix accreditation

### **Reserve Policy**

In line with the Charity Commission's guidelines, the trustees have a policy whereby they aim to have a minimum of six months reserves to ensure that the charity can continue to provide an appropriate level of service in the event of possible future fluctuations in both income and expenditure.

By order of the Board..........Ms S Khan – Trustee/Director

18 January 2024

## **THE MERIDIAN CENTRE A COMPANY LIMITED BY GUARANTEE**

### **REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF THE CHARITABLE COMPANY ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

I report to the Trustees on my examination of the financial statements of the charitable company on pages 3 to 18 for the year ended 31 March 2023 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102 (effective 1<sup>st</sup> January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting for Charities) 2015 (as amended by the Bulletin issued in February 2016), (The SORP), published by the Charity Commission in England & Wales (CCEW), and under the historical cost convention.

#### **Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report**

As described on page 3, you, the charitable company's trustees, who are also Directors of the Company for the purpose of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statement are not required to be audited under any legal provision or otherwise, and are eligible for independent examination, it is my responsibility to :-

- i. examine the accounts under section 145 of the Charities Act.
- ii. follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and

#### **Basis of Independent Examiner's Statement and scope of work undertaken**

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed Directions given by the Charity Commission under section 145(5) (b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and the accounting systems employed by the charitable company and a comparison of the financial statements presented to those records. It also includes consideration of any unusual items or disclosures in the financial statements; and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of the charity legislation and that on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide.

Consequently I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the state of affairs of the charity, and my report is limited to the matters set out in the statement below.

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF THE CHARITABLE  
COMPANY ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

**Independent examiner's Statement,  
Report and Opinion**

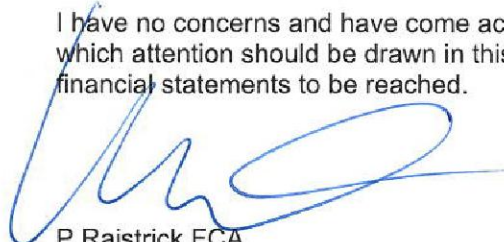
Subject to the limitations upon the scope of my work as detailed above, I have completed my examination and can confirm that:-

- The accounts of the charitable company are not required to be audited under Part 16 of the Companies Act 2006.

And that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect.

- Accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006 and The Charities Act 2011
- The financial statement do not accord with those records
- The financial statements do not comply with the applicable requirements concerning the form and content of the accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view, which is not a matter considered as part of an independent examination.
- The financial statements have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in February 2016), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



P Raistrick FCA  
Wilkinson and Partners  
Chartered Accountants  
Fairfax House  
6 Mill Field Road  
Bingley  
BD16 1PY  
18<sup>th</sup> January 2024

**THE MERIDIAN CENTRE**  
**A COMPANY LIMITED BY GUARANTEE**

**INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR TO 31 MARCH 2023**

		2023	Unrestricted		Restricted	2022
		Total	Funds		Funds	Total
			General	Designated		
	Note	£	£	£	£	£
<b>Income Resources</b>						
<b>Fees, Grants and Other Income:</b>						
<b>Grants</b>	2	177,586	65,647		111,939	163,436
<b>Fees</b>	2	98,769	98,369		400	233,727
<b>Other Income</b>	3	229,851	229,851			192,737
<b>Total Incoming Resources</b>		506,206	393,867		112,339	589,900
<b>Total Resources Expended</b>	4	599,387	418,562		180,825	584,779
<b>Net Incoming (Outgoing) Resources before Transfers</b>		(93,181)	(24,695)		(68,486)	5,121
<b>Transfers between funds</b>						
<b>Net Incoming (Outgoing) Resources after Transfers</b>		(93,181)	(24,695)		(68,486)	5,121
<b>Fund Balances at 1/4/2022</b>	8,9	830,242	452,734	300,000	77,508	825,121
<b>Fund Balances at 31/3/2023</b>		737,061	428,039	300,000	9022	830,242

The notes form part of these financial statements.



**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**BALANCE SHEET AT 31 MARCH 2023**

	Note	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible Fixed Assets	5	277,932	286,150
<b>CURRENT ASSETS</b>			
Debtors	6		
Cash at bank and in hand		462,249	546,732
		740,181	832,882
<b>CURRENT LIABILITIES</b>			
Creditors - amounts falling due within one year	7	3,120	2,640
<b>NET ASSETS</b>		<u>737,061</u>	<u>830,242</u>
<b>REPRESENTED BY</b>			
<b>UNRESTRICTED FUNDS</b>			
Designated Funds	8	300,000	300,000
General Funds	8	428,039	452,734
<b>RESTRICTED FUNDS</b>	9	9,022	77,508
		<u>737,061</u>	<u>830,242</u>

The notes form part of these financial statements.

For the year ending 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibility for ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, as far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the Board of trustees on 18<sup>th</sup> January 2024 and signed on its behalf by:

Ms S Khan  
Director/Trustee



**THE MERIDIAN CENTRE**  
**A COMPANY LIMITED BY GUARANTEE**

**NOTES ON THE ACCOUNTS – 31 MARCH 2023**

**1 ACCOUNTING POLICIES**

**1.1 Basis of preparation of financial statements**

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts, and with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014, and with the Charities Act 2011.

**1.2 Incoming resources**

Voluntary income and donations are accounted for as received by the Charity. Other funding income, grants and investment income are accounted for on the accruals basis. Grants received towards the acquisition of fixed assets are shown in Other Creditors and are amortised on the same basis as depreciation is charged on the corresponding fixed assets.

**1.3 Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less estimated residual value, by annual instalments over their expected useful lives.

**1.4 Taxation**

As a registered charity, The Meridian Centre is exempt from income tax and corporation tax under section 505 (1) of the Income and Corporation Taxes Act 1988.

**2 GRANTS AND FEES**

	2023 Total	Unrestricted Funds		Restricted Funds	2022 Total
		General Designated			
	£	£	£	£	£
<b>Grants:</b>					
Nursery and Centre	16,908	16,908			
Groundwork UK	11,790			11,790	
ESFA	38,999	38,999			
Tudor Trust					
Global Fund	10,662			10,662	
Awards for All	9,740	9,740			
Manjit Wolstenholme					
Human Appeal	32,385			32,385	
Ministry of Justice	57,102			57,102	
Bereavement Counselling					
<b>Fees</b>					
Groundwork UK					
ESFA	57,045	57,045			
Ministry of Justice	400			400	
Human Appeal					
Velvet Mill	10,400	10,400			
Nursery and Centre	30,924	30,924			
	<b>276,355</b>	<b>164,016</b>		<b>112,399</b>	<b>397,163</b>

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**NOTES ON THE ACCOUNTS – 31 MARCH 2023**

**3 OTHER INCOME**

	<b>2023 Total</b>	<b>Unrestricted Funds</b>		<b>Restricted Funds</b>	<b>2022 Total</b>
		<b>General Designated</b>			
	£	£	£	£	£
Nursery Income	168,174	168,174			
Premises Income	51,697	51,697			
Miscellaneous Income	9,980	9,980			
Bank Interest					
	<b>229,851</b>	<b>229,851</b>			<b>192,737</b>

**4 TOTAL RESOURCES EXPENDED**

	<b>2023 Total</b>	<b>2022 Total</b>
	£	£
<b>Total Resources Expended</b>		
Staff Costs	334,941	325,978
Depreciation	8,218	8,218
Other Costs	256,228	250,583
	<b>599,387</b>	<b>584,779</b>

Of the total resources expended of £418,562 relates to Unrestricted Funds and £180,825 to Restricted Funds.

Staff costs comprise	<b>2023</b>	<b>2022</b>
Wages and Salaries	309,861	306,168
Social Security Costs	16,915	16,238
Workplace Pension Costs	8,165	3,572
	<b>334,941</b>	<b>325,978</b>

Salaries of £48,712 (2022: £48,712) were paid to Directors' who are also Trustees.

The average number of employees during the year was 22 (2022: 22)

**THE MERIDIAN CENTRE  
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**NOTES ON THE ACCOUNTS – 31 MARCH 2023**

Other costs comprise:

	<b>2023</b>	<b>2022</b>
	<b>Total</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
Rent & utility Costs	70,348	60,610
Travel	13,356	10,831
Insurance	9,823	8,700
Telephone	7,666	7,417
Equipment & Resources	6,163	11,141
Repairs & Renewals	15,344	10,956
Training & Recruitment Costs	21,425	7,642
Professional & Freelance Fees	54,889	62,108
Activities	2,003	4,158
Accreditation costs	4,234	11,012
General Office Equipment	4,068	23,859
Other	46,909	32,149
	<u>256,228</u>	<u>250,583</u>

**THE MERIDIAN CENTRE  
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**NOTES ON THE ACCOUNTS – 31 MARCH 2023**

**5 Tangible Fixed Assets**

	Freehold Property	Equipment	Fixtures & Fittings	Total
Cost	£	£	£	£
At 1 April 2022	410,857	41,956	3,136	455,949
Additions				
Disposal				
At 31 March 2023	410,857	41,956	3,136	455,949
Depreciation	£	£	£	£
At 1 April 2022	124,709	41,955	3,135	169,799
Charge for period	8,218			8,218
At 31 March 2023	132,927	41,955	3,135	178,017
At 31 March 2023	277,930	1	1	277,932
At 1 April 2022	286,148	1	1	286,150

**6 DEBTORS**

	2023 Total	Unrestricted Funds General	Designated	Restricted Funds	2022 Total
	£	£	£	£	£
Due within one year					
Other debtors and prepayments	-				-
	-				-

**7 CREDITORS**

**Amounts falling due within one year**

	2023 Total	Unrestricted Funds General	Designated	Restricted Funds	2022 Total
	£	£	£	£	£
Accrued Expenses	3,120	3,120			2,640
	3,120	3,120			2,640

**THE MERIDIAN CENTRE  
A COMPANY LIMITED BY GUARANTEE**

**NOTES ON THE ACCOUNTS – 31 MARCH 2023**

**8 UNRESTRICTED FUNDS**

	Balance 1.04.2022	Resources Incoming	Resources (Outgoing)	Transfers in/(out)	Balance 31.03.23
	£	£	£	£	£
Designated Funds	300,000	-	-	-	300,000
General Funds	452,734	393,867	(418,562)	-	428,039
	<u>752,734</u>	<u>393,867</u>	<u>(418,562)</u>	<u>-</u>	<u>728,039</u>

The Trustees have identified that it will be necessary to purchase a further freehold property in order to ensure that the Charity's activities can be maintained. The cost of the property was forecast at approximately £300,000 and this amount was transferred from General Funds to Designated Funds during the year ended 31 March 2021 in order to ring fence the funding for the property.

**9 RESTRICTED FUNDS**

	Balance 1.4.2022	Resources Incoming	Resources (Outgoing)	Transfers in/(out)	Balance 31.03.23
	£	£	£	£	£
Groundwork UK	5,397	11,790	(15,206)	-	1,981
Global Fund	4,665	10,662	(14,026)	-	1,301
Bereavement Counselling	9,895	-	(8,480)	-	1,415
Human Appeal	22,472	32,385	(53,328)	-	1,529
Ministry of Justice	-	57,502	(57,502)	-	-
Tudor Trust	35,079	-	(32,283)	-	2,796
	<u>77,508</u>	<u>112,339</u>	<u>(180,825)</u>	<u>-</u>	<u>9,022</u>

**10 CAPITAL COMMITMENTS**

The charity had no future financial or capital commitments at 31 March 2023.



The following statement does not form part of the statutory accounts

**THE MERIDIAN CENTRE**  
**A COMPANY LIMITED BY GUARANTEE**

**Detailed Revenue Account – Year ended 31 March 2023**

INCOME	2023			2022
	Total £	Unrestricted £	Restricted £	Total £
Grants	177,586	65,647	111,939	163,436
Fees	98,769	98,369	400	233,727
Other income & donations	229,851	229,851		192,737
<b>TOTAL INCOME</b>	<b>506,206</b>	<b>393,867</b>	<b>112,339</b>	<b>589,900</b>
<b>EXPENDITURE</b>				
Food & other consumables	5,920	5,920		5,419
Rent, rates & water	56,781	56,781		49,240
Insurance	9,823	9,823		8,700
Light & heat	13,567	8,696	4,871	11,370
Subscriptions	10,903	10,013	890	6,097
Accreditation costs	4,234	4,172	62	11,012
Wages & salaries	334,941	190,974	143,967	325,978
Supervision				2,000
Telephone	7,666	7,526	140	7,417
Postage, printing & stationery	7,515	7,479	36	4,850
Advertising & promotion	1,843	1,843		670
Travel costs	13,356	3,068	10,288	10,831
IT equipment & maintenance	1,587	1,587		970
Repairs & renewals	15,344	15,204	140	10,956
General office equipment	4,068	2,549	1,519	23,859
Equipment & resources	6,163	6,019	144	11,141
Activities	2,003	2,003		4,158
Venue hire	675	675		100
Volunteer costs	1,518	954	564	2,167
Training & recruitment costs	21,425	17,075	4,350	7,642
Accountancy	3,550	3,550		2,640
Legal & professional fees	1,965	1,965		569
Financial management costs	1,516	1,516		4,325
Incentives	4,596	4,596		
Freelance costs	52,924	40,904	12,020	61,539
Hospitality	4,609	3,902	707	2,699
Bank charges	104	104		92
Miscellaneous expenses	2,573	1,446	1,127	120
Freehold property depreciation	8,218	8,218		8,218
<b>TOTAL EXPENDITURE</b>	<b>599,387</b>	<b>418,562</b>	<b>180,825</b>	<b>584,779</b>
<b>SURPLUS FOR THE PERIOD</b>	<b>(93,181)</b>	<b>(24,695)</b>	<b>(68,486)</b>	<b>5,121</b>