

Rainbow Parents Carers Forum
(Registered charity, number 1155205)
Financial statements
for the year end 31 December 2021

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**Rainbow Parents Carers Forum
Trustees' annual report
for the year ended 31 December 2021**

Full name Rainbow Parents Carers Forum

Organisation type Charitable incorporated organisation

Registered charity number 1155205

Principal address Radford Care Group, 25 Prospect Street, Nottingham NG7 5QE

Trustees

Susan Hopkinson, Chair

David Bingham, from 01/01/2022

Christopher Hill, from 01/01/2022

Farah Jamil, until 31/12/2021

Richard Owen, until 31/12/2021

Independent examiner

John O'Brien, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham NG1 5GL

Governance and management

CIO – Foundation registered 06 Jan 2014. To appoint new trustees, we usually advertise, nominate, propose and elect.

Aims and objectives

To enhance the development and education of disabled children by encouraging parents and their carers to understand and provide for the needs of their children through community groups and by:

- a) Offering appropriate play, education and care facilities, family learning and extended hours groups, together with the right of parents to take responsibility for and to become involved in the activities of such groups, ensuring that such groups offer opportunities for all children whatever their race, culture, religion, means or ability;
- b) Encouraging the study of the needs of such children and their families and promoting public interest in and recognition of such needs in the local areas; and
- c) To promote and protect the good health of parents and carers of disabled children and their families by providing a network of parents and carers of disabled children and young people and encouraging and delivering peer support, promoting awareness and helping to implement the improvement of services for them;
- d) Supporting individuals aged 16-25 by offering interactive, educational and recreational inclusive opportunities.

Rainbow Parents Carers Forum

We have met our charitable objectives through the following activities:

- We have endeavoured to deliver a programme of twice monthly Saturday 'stay and play' sessions and family support by trained individuals.
- We have run a programme of monthly parent peer support meetings/workshops giving the opportunity for parents/carers to meet during the school day.
- We have supported 1 to 1 meetings in partnership with Nottingham City Disabled Children's Team for families to receive support with matters relating to education, health and social care.
- Communication with our membership via our regular e-bulletin alongside the use of social media, including Facebook and Twitter.
- We have further supported parents and carers of disabled children through offering workshops.
- As members of the National Network of Parent Carer Forums we have worked with the Department of Education and our Local Authority to influence and shape the delivery of services for disabled families. This includes attending work stream meetings and supporting parents/carers to act as representatives at these strategic meetings.
- We held our Annual Event via Zoom with minimal face to face parent/carers due to the restrictions for social distancing.

Benefits to the public:

- By enabling disabled children and their parents to socialise in a safe, supportive setting to reduce social isolation and improve health and well-being;
- By facilitating a network of peer to peer support to enable knowledge exchange that empowers families to have a voice and be heard;
- By raising awareness of the challenges that our families may experience and signposting to possible solutions that may improve outcomes and reduce distress and hardship;
- By training parents to self-advocate, advocate for others and represent their community.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period

- Hosted family inclusive sessions including 27 inclusive play supervised play sessions, 3 swimming sessions for families and a small Christmas fun day.
- Hosted 34 Befriending Social Group sessions both 'online virtual' meetings and in-person training and fun days. We have 26 uniques who access this group.
- Parent Peer Support - 21 sessions, a mixture of in-person and online with parents, staff and additionally 10 parent volunteers attended 20 hours of training.
- Continued to produce regular e-bulletins (24) receiving an average open rate of 40%. Facebook followers at 660 and our posts reached over 16732. Twitter (808 followers) tweets over 5430 profile visits; Website visits during the year 15176, an average of 1264 per month.

Rainbow Parents Carers Forum

- Hosted our 9th Annual (Virtual) Event held over 29 March to 1 April 2021 with 61 parents/ carers booked onto the Zoom presentations/workshops.
- Provided volunteering opportunities-
 - 5 Befrienders 72 hours,
 - 17 Parent Reps 120 hours.
- We worked in partnership with Nottingham City Council; Nottingham CVS & Children & Young People's Provider Network; University of Nottingham and Nottingham Trent Universities; Notts Clubs for Young People; Contact; National Network of Parent Carer Forums and Trent Autism Parent Support.
- Provided regular updates at each forum meeting on both local and national developments in relation to the SEND Reforms and other areas of interest.
- Increased our individual support and development of beneficiaries and offered 6 SEND Workshops.

Financial review and policy on reserves

We aim to have a reserves policy and to build up a reserve from any underspent budgets, so that we can meet our statutory liabilities to employees in the event the CIO has to be wound up and also to create a small fund for unforeseen contingencies.

Becoming self-sustainable in the event of continuation or alternative funding not being available will mean that the current delivery will be reduced to a minimal offer until all reserves are depleted.

We have continued to deliver during challenging times following the pandemic and are grateful to our funders - The Big Lottery Community Fund and the Department for Education.

Signed on behalf of the charity's trustees:

Signed *S. Hopkinson*
Susan Hopkinson, Trustee

Date 28/9/22

**Independent examiner's report to the trustees of
Rainbow Parents Carers Forum
for the year ended 31 December 2021**

I report to the trustees on my examination of the accounts of Rainbow Parents Carers Forum (the charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

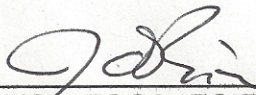
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 26/9/22
John O'Brien MSc, FCCA, FCIE
Employee of Community Accounting Plus

Rainbow Parents Carers Forum
Receipts & payments account
for the period ended 31 December 2021

2020				2021
Total		Unrestricted	Restricted	Total
Funds		Funds	Funds	Funds
£	Note	£	£	£
Receipts				
189619	Grants & donations	2 6508	123872	130380
40	Fundraising	-	-	-
876	Direct payments	1462	-	1462
85	Bank interest	43	-	43
-	Sundry receipts	62	-	62
<u>190620</u>	Total receipts	<u>8075</u>	<u>123872</u>	<u>131947</u>
Payments				
2785	Activities & events	1813	3281	5094
6909	Equipment, repairs & renewals	2158	182	2340
713	Insurance	-	780	780
1280	Marketing & development	-	1672	1672
8504	Office rental	1050	4089	5139
892	Printing, postage & stationery	258	86	344
7212	Professional & coordinator fees	998	4997	5995
144	Publications & subscriptions	-	144	144
7457	Sessional workers	-	6177	6177
2029	IT support	-	769	769
366	Telephone	-	1476	1476
190	Travel expenses	-	755	755
188	Training & capability	500	100	600
238	Volunteer expenses	314	1811	2125
81912	Wages, NI & pension	-	90477	90477
355	Premises maintenance	-	441	441
633	Office move	170	250	420
788	Hospitality & gifts	160	1374	1534
8	Sundry payments	-	398	398
<u>122603</u>	Total payments	<u>7421</u>	<u>119259</u>	<u>126680</u>
68017	Net receipts/(payments)	654	4613	5267
95744	Cash funds at start of this period	90662	73099	163761
<u>163761</u>	Cash funds at end of this period	<u>91316</u>	<u>77712</u>	<u>169028</u>

Rainbow Parents Carers Forum
Statement of assets and liabilities
at 31 December 2021

2020		2021
	Cash assets	£
163726	Bank accounts	168993
<u>35</u>	Cash in hand	<u>35</u>
<u>163761</u>		<u>169028</u>
	Other monetary assets	
<u>-</u>	HMRC overpaid	<u>2142</u>
<u>-</u>		<u>2142</u>
	Assets retained for the charity's own use	
	General equipment.	
	Laptop purchased 29/12/20 at a cost of £575	
	Liabilities	
<u>(1726)</u>	Creditors	<u>(1325)</u>
<u>(1726)</u>		<u>(1325)</u>

These financial statements are accepted on behalf of the charity by:

Signed 
David Bingham, Trustee

Dated 23-9-2022

Rainbow Parents Carers Forum
Notes to the accounts
for the year ended 31 December 2021

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted £	Restricted £	Total £
National Lottery Community Fund	-	90351	90351
Department for Education	-	25521	25521
Department for Education Regional	-	8000	8000
HMRC JRS	1995	-	1995
Philip Adams	1500	-	1500
Sundry donations	3013	-	3013
	<u>6508</u>	<u>123872</u>	<u>130380</u>

3. Funds analysis

	Opening balance £	Receipts £	(Payments) £	Closing balance £
Restricted funds				
Participation & engagement (DFE)	-	25521	(22184)	3337
Salaries (National Lottery Community Fund)	68759	90351	(93404)	65706
Regional participation & engagement (DFE)	2309	8000	(3671)	6638
Trent Autism Parent Support - TAPS	2031	-	-	2031
	<u>73099</u>	<u>123872</u>	<u>(119259)</u>	<u>77712</u>
Unrestricted funds				
General fund	90662	8075	(7421)	91316
	<u>90662</u>	<u>8075</u>	<u>(7421)</u>	<u>91316</u>

The Participation & engagement (DFE) fund provides a full range of services to our beneficiaries.

The Regional participation & engagement (DFE) enables participation at a regional level.

The Salaries (National Lottery) fund ensures we can provide the best staffing available to support our beneficiaries and maintain a first-class service.

The Trent Autism Parent Support – TAPS fund provides additional support in the Rushcliffe area.

Rainbow Parents Carers Forum

4. Creditors

	£
Independent examination fee	804
Pensions	521
	1325

5. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

6. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.