

Rainbow Parents Carers Forum
(Registered charity, number 1155205)
Financial statements
for the year end 31 December 2020

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**Rainbow Parents Carers Forum
Trustees' annual report
for the year ended 31 December 2020**

Full name Rainbow Parents Carers Forum

Organisation type Charitable incorporated organisation

Registered charity number 1155205

Principal address Beeston Youth and Community Centre, West End, Beeston,
Nottinghamshire NG9 1GL

Trustees

Farah Jamil, Treasurer
Richard Owen

Susan Hopkinson, Chair
Joanne Shaw resigned 24/08/20

Independent examiner

John O'Brien, employee of Community Accounting Plus, Units 1 & 2 North West, 41
Talbot Street, Nottingham NG1 5GL

Governance and management

CIO – Foundation registered 06 Jan 2014. To appoint new trustees, we usually
advertise, nominate, propose and elect.

Aims and objectives

To enhance the development and education of disabled children by encouraging
parents and their carers to understand and provide for the needs of their children
through community groups and by:

- a) Offering appropriate play, education and care facilities, family learning and
extended hours groups, together with the right of parents to take responsibility for
and to become involved in the activities of such groups, ensuring that such
groups offer opportunities for all children whatever their race, culture, religion,
means or ability;
- b) Encouraging the study of the needs of such children and their families and
promoting public interest in and recognition of such needs in the local areas; and
- c) To promote and protect the good health of parents and carers of disabled
children and their families by providing a network of parents and carers of
disabled children and young people and encouraging and delivering peer
support, promoting awareness and helping to implement the improvement of
services for them.

Objectives and activities

Charitable purposes:

- The advancement of education;
- The advancement of health and well-being;
- The advancement of citizenship and community development;
- The relief of those in need, by reason of disability or hardship.

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We have met our charitable objectives through the following activities:

- We have tried to run a programme of twice monthly Saturday 'Stay and Play' sessions and family support by a trained individual;
- We have run a programme of monthly Parent 2 Parent meetings giving the opportunity for parents/carers to meet for peer to peer support during the school day;
- We have hosted monthly surgeries with Ask Us Nottinghamshire and Nottingham City Disabled Children's Team for families to receive support with matters relating to education, health, and social care;
- Communication with our membership via our regular e-bulletin alongside the use of social media, including Facebook and Twitter;
- We have further supported parents and carers of disabled children through offering a programme of training courses and workshops;
- As members of the National Network of Parent Carer Forums we have worked with the Department of Education and our Local Authority to influence and shape the delivery of services for disabled families. This includes attending work stream meetings and supporting parents/carers to act as representatives at those meetings;
- We have postponed an annual conference giving parents/carers. Due to Covid.

Benefits to the public:

- By enabling disabled children and their parents to socialise in a safe, supportive setting to reduce social isolation and improve health and well-being;
- By facilitating a network of peer to peer support to enable knowledge exchange that empowers families to have a voice and be heard;
- By raising awareness of the challenges that our families may experience and signposting to possible solutions that may improve outcomes and reduce distress and hardship;
- By training parents to self-advocate, advocate for others and represent their community;
- By training young people with additional needs to prepare for work and everyday living and finances.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period

- Hosted family inclusive sessions when permitted, due to Covid19 restrictions/lockdown, including 14 inclusive supervised play sessions and a small Christmas fun day. Play sessions have varied from indoor facilities to outdoor in a local farm;
- Befriending sessions hosting 25 sessions from online virtual meetings to in person photography training and fun days. We have over 20 individuals who access this opportunity;

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- Breakaway Ambassador was a 9 session course taken by 11 members of our befriending scheme learning how to fundraise;
- Parent 2 Parent support meetings, 12 sessions, a mixture of in person and online;
- Activity packs were given to 22 of our families to ensure they had fun/educational activities during summer due to restrictions;
- Continued to produce regular e-bulletins (28) receiving an average open rate of 42% open. Facebook followers at 559 and our posts reached over 12,250. Twitter tweets received over 85,000 and over 780 profile visits; Website visits during the year 13,759 and an average of 1,150 per month;
- 9th Annual Event scheduled for 24 March 2020 has been rescheduled for 2021. A total of 48 parents/carers had been booked on to attend;
- Representative Meetings that staff and volunteer parent reps took part in spanning over 45 hours worth of meetings;
- 16 Befrienders contributed 142 hours of their time, 9 Office Administrators volunteered 138.65 hours and 2 Parent Support volunteered 42.75 hours;
- Worked in partnership with Nottingham City Council, Nottingham CVS & Children & Young People's Provider Network, University of Nottingham and Nottingham Trent University, Notts Clubs for Young People, Contact a Family, National Network of Parent Carer Forums and Trent Autism Parent Support;
- Provided regular updates at each forum meeting on both local and national developments in relation to the SEND Reforms and other areas of interest;
- Increased our support and development of beneficiaries and Junior Volunteers (JV). The JV's contributed about 10 hours of their time over two months worth of sessions;
- We offered 12 Disabled Children Team surgeries and SEND Workshops.

The charity's policy on reserves

We aim to have a reserves policy and to build up a reserve from any underspent budgets, so that we can meet our statutory liabilities to employees in the event the CIO has to be wound up and also to create a small fund for unforeseen contingencies.

Risk analysis

Becoming self-sustainable in the event of continuation or alternative funding not being available will mean that the current delivery will be reduced to a minimal offer until all reserves are depleted.

Signed on behalf of the charity's trustees:

Signed _____ Date _____
Susan Hopkinson, Trustee

**Independent examiner's report to the trustees of
Rainbow Parents Carers Forum
for the year ended 31 December 2020**

I report to the trustees on my examination of the accounts of Rainbow Parents Carers Forum (the charity) for the year ended 31 December 2020.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed _____ Date _____
John O'Brien MSc, FCCA, FCIE
Employee of Community Accounting Plus

Rainbow Parents Carers Forum
Receipts & payments account
for the period ended 31 December 2020

2019				2020
Total		Unrestricted	Restricted	Total
Funds		Funds	Funds	Funds
£	Note	£	£	£
Receipts				
161354	Grants & donations	2 25049	164570	189619
361	Fundraising	40	-	40
357	Direct payments	876	-	876
28	Bank interest	85	-	85
-	Sundry receipts	-	-	-
<u>162100</u>	Total receipts	<u>26050</u>	<u>164570</u>	<u>190620</u>
Payments				
11344	Activities & events	236	2549	2785
779	Equipment, repairs & renewals	3370	3539	6909
661	Insurance	-	713	713
1413	Marketing & development	-	1280	1280
2999	Office rental	-	8504	8504
954	Printing, postage & stationery	20	872	892
4801	Professional & coordinator fees	1177	6035	7212
130	Publications & subscriptions	-	144	144
-	Sessional workers	-	7457	7457
2976	IT support	-	2029	2029
394	Telephone	-	366	366
1623	Travel expenses	-	190	190
1163	Training & capability	-	188	188
722	Volunteer expenses	105	133	238
107795	Wages, NI & pension	9180	72732	81912
338	Premises maintenance	355	-	355
1521	Office move	-	633	633
1743	Hospitality	355	433	788
3	Sundry payments	8	-	8
<u>141359</u>	Total payments	<u>14806</u>	<u>107797</u>	<u>122603</u>
20741	Net receipts/(payments)	11244	56773	68017
-	Funds Transfer	3934	(3934)	-
75003	Cash funds at start of this period	75484	20260	95744
<u>95744</u>	Cash funds at end of this period	<u>90662</u>	<u>73099</u>	<u>163761</u>

**Rainbow Parents Carers Forum
Statement of assets and liabilities
at 31 December 2020**

<i>2019</i>			<i>2020</i>
	Cash assets	Note	£
95713	Bank accounts		163726
<u>31</u>	Cash in hand		<u>35</u>
<u>95744</u>			<u>163761</u>
	Assets retained for the charity's own use		
	General equipment.		
	Laptop purchased 29/12/20 at a cost of £575		
	Liabilities		
<u>(2342)</u>	Creditors	4	<u>(1726)</u>
<u>(2342)</u>			<u>(1726)</u>

These financial statements are accepted on behalf of the charity by:

Signed _____ Dated _____
Farah Jamil, Trustee

Rainbow Parents Carers Forum
Notes to the accounts
for the year ended 31 December 2020

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted £	Restricted £	Total £
National Lottery Community Fund	-	141132	141132
Department for Education	-	15000	15000
Department for Education Regional	-	2376	2376
People's Health Trust	-	6062	6062
HMRC JRS	11375	-	11375
Active partners	6000	-	6000
Contact a Family	4800	-	4800
Sundry donations	2874	-	2874
	<u>25049</u>	<u>164570</u>	<u>189619</u>

3. Funds analysis

	Opening balance £	Receipts £	(Payments) £	Funds transfer £	Closing balance £
Restricted funds					
Participation & engagement (DFE)	9937	15000	(24937)	-	-
Rainbow sessions (People's Health Trust)	7750	6062	(9878)	(3934)	-
Salaries (National Lottery Community Fund)	542	141132	(72915)	-	68759
Regional participation & engagement (DFE)	-	2376	(67)	-	2309
Rushcliffe Autism	2031	-	-	-	2031
	<u>20260</u>	<u>164570</u>	<u>(107797)</u>	<u>(3934)</u>	<u>73099</u>
Unrestricted funds					
General fund	75484	26050	(14806)	3934	90662
	<u>75484</u>	<u>26050</u>	<u>(14806)</u>	<u>3934</u>	<u>90662</u>

The Participation & engagement (DFE) fund provides opportunities for parent carers to have a voice and influence services they receive.

The Regional participation & engagement (DFE) enables participation at a regional level.

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The Rainbow sessions fund monies (PHT) enables the charity to provide support to the members of the social group.

The Salaries (Big Lottery) fund ensures we can provide the best staffing available to support our members and maintain a community led service.

The Rushcliffe Autism fund provides additional support in the Rushcliffe area.

Active Partners Finding supported the supply of bespoke lockdown activity/play packs for families.

The transfer from the Peoples health Lottery represents the release of the restriction by the funder.

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4. Creditors

	£
Independent examination fee	780
HMRC	395
Pensions	251
Wages	300
	<u>1726</u>

5. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

6. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.