

OPEN MINDS COUNSELLING SERVICE LTD.

England & Wales · Charity number 1155119

Details

Status Registered

Legal form Charitable company

Company number [06695828](#)

Registered 2013-12-23

Register [View on the Charity Commission register](#)

Contact

Address Managing Director
Open Minds Counselling Service Ltd
28 Christ Church Road
Doncaster
South Yorkshire
DN12QL

Phone 07765224564

Email openminds@counsellingdoncaster.com

Website www.counsellingdoncaster.com

Activities

Objects: TO PRESERVE AND PROTECT GOOD HEALTH FOR THE PUBLIC BENEFIT IN RELATION TO MENTAL AND PSYCHOLOGICAL HEALTH THROUGH THE PROVISION OF COUNSELLING AND TRAINING TO ADULTS AND CHILDREN IN ORDER TO PROVIDE THE BEST SERVICE POSSIBLE.

Activities: Counselling and talking therapies for adults and children, on any issue and for as long as it is useful Group, family, relationship and anger-management therapy Training and mentoring on psychological well-being to the public (one to one or in groups) Training to professionals on specialist counselling and therapeutic interventions

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Doncaster

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£268,557	£289,960	-	-
2023-09-30	£211,961	£229,744	-	-
2022-09-30	£309,476	£226,616	-	-
2021-09-30	£195,081	£186,154	-	-
2020-09-30	£201,998	£180,728	-	-

Trustees

Name	Role	Appointed
Alan Morgan		2022-09-20
CRAIG SOBIECKI		2013-08-19
Jennifer Harris		2015-03-11
NATALIE GREEN		2013-08-19

OPEN MINDS COUNSELLING SERVICE LTD.

England & Wales - Charity number 1155119

Accounts

COMPANY REGISTRATION NUMBER 6695828

OPEN MINDS COUNSELLING SERVICE LTD
FINANCIAL STATEMENTS
30 SEPTEMBER 2023

CHARITY NUMBER 1155119



Community Benefit Additions Limited
Workhere, 3 Cavendish Court,
South Parade
Doncaster
DN1 2DJ

Open Minds Counselling Service Ltd
(Registered charity, number 1155119)
(Registered company, number 06695828)
Financial statements
for the year ended 30 September 2023

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6	Statement of financial activities
7	Balance sheet
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**Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2023**

The trustees (who are also the directors of the company for the purposes of company law) submit their annual report and the financial statements for the year ended 30 September 2023.

Full name Open Minds Counselling Service Limited

Date of incorporation 11/09/08

Registered company number 06695828

Charity Registration number 1155119

Registered address

Haywake House, 28 Christchurch Road, Doncaster, South Yorkshire, DN1 2QL

Contact address

Haywake House, 28 Christchurch Road, South Yorkshire, Doncaster DN1 2QL

Trustees (Directors)

Jennie Harris, Chairperson

Alan Morgan, Vice-Chair (from 15/09/2022)

Craig Sobiecki, Company Secretary

Natalie Green, Treasurer

Senior Staff Member

Helen Mason, Managing Director

Governing document

The company is operated under the rules of its memorandum and articles of association adopted 11/09/08. It is a company limited by guarantee and therefore has no share capital. The liability of each member in the event of winding-up is limited to £1.

Overall management of the company is the responsibility of the trustee board who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is managed and carried out by volunteers and/or paid staff. All members of the Trustee Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity would be set out in Notes to the Accounts – there have been none.

Bankers

Barclays Bank plc, Ten Pound Walk, Doncaster, South Yorkshire, DN4 5HJ

Independent examiner

Meshach Adelowokan, FAIA, FCIE, Director of Community Benefit Additions Limited for CASDon, Workhere, 3 Cavendish Court, South Parade, Doncaster, DN1 2DJ.

The trustees of the charity have complied with section 4 of the Charities Act 2006 in fulfilling their duty to have due regard to public benefit guidance published by the Charity Commission.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2023

Aims and objectives

The principal objects of the charitable company are:
To provide a counselling organisation available to all clients, offering services including counselling, personal development training to children aged 8 and above and adults who are underprivileged on any issue.

This benefits the public because it is a subsidised or free service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Review of the activities of the Company

Open Minds have an incredibly positive track record of working with children and adults in both prevention and postvention work. Using paid and unpaid professional support from qualified or trainee therapists Open Minds provides a variety of talking therapies on any issue to ensure children and adults can access timely, specialist therapies to resolve trauma, distress and dysfunction. Services are by appointment only. Open Minds successfully deliver medium to long-term therapies to address past trauma and embedded patterns of thinking and reacting, in order to prevent further deterioration. Open Minds has empowered thousands of people, of all ages, to develop the confidence to survive, live and thrive.

Open Minds' core activities are:

1. Talking therapies for adults and children aged 8 and over
2. Supporting vulnerable adults and children through advocacy and mentoring to improve family dynamics, access appropriate diagnoses, medical, educational and other support, and to access appropriate benefits
3. Providing placements to trainee counsellors to enable them to qualify, and to continue in their career development
4. Providing training to improve the work of professionals such as counsellors on specialist issues like anger-management, bereavement and creative interventions
5. Providing suicide prevention interventions through the work of the IMP;ACT team, working with adults who have attempted suicide, to address triggers to suicidal behaviour and resolve psychological and life distress.

This benefits the public because it is a subsidised service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Summary of the main achievements during the period

The reporting of our outputs and outcomes is done April to March, so the figures do not align perfectly with our accounts, which are reported October - September. However, during this period we worked with around 120 adult clients of counselling, 40 CYP clients of counselling, and 30 service users of IMP;ACT. We won the following awards: Most Compassionate Counselling Service - South Yorkshire, GHP Mental Health Awards 2022.

**Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2023**

Risks

The directors regularly review the risks that the company faces and seek to manage them accordingly.

The main risk Open Minds faces is short-term funding, we address this by seeking longer-term funding, though culturally this is not often possible. We minimise costs wherever possible.

The company's policy on reserves

Open Minds asks for client donations in order to build reserves. Reserves are held for expenses not covered by funders, and towards the possibility of redundancies where funding is not secured.

Responsibilities of the trustees

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the directors are required to: select suitable accounting policies, as described on page 8, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

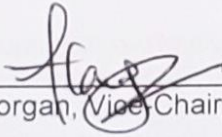
The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above on 29 June 2024.

Signed on behalf of the company's directors:

Signed  _____
Alan Morgan, Vice Chairperson

**Independent examiner's report to the trustees of
Open Minds Counselling Service Ltd
for the year ended 30 September 2023**

I report on the accounts of the company, which are set out on pages 6 to 14.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified fellow member of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

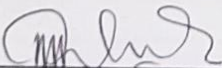
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 
Meshach Adelowokan, FAIA, FCIE
Manager of CASDon

Date 29/06/2024

Open Minds Counselling Service Ltd
Statement of financial activities
(incorporating an income and expenditure account)
for the year ended 30 September 2023

	Note	Unrestricted Funds £	Restricted Funds £	dowment Funds £	Total 2023 £	Total 2022 £
Income (and endowments) from:						
Donations and legacies	2	1591	-	-	1591	5893
Charitable activities	3	4417	199962	-	204379	281521
Other trading activities	4	102	-	-	102	22
Investments	5	2	-	-	2	1
Other	6	768	5119	-	5887	22039
		<u>6880</u>	<u>205081</u>	<u>-</u>	<u>211961</u>	<u>309476</u>
Expenditure on:						
Staff costs	12	6878	192701	-	199579	179564
Volunteer expenses		220	50	-	270	129
Travel and training		1304	1588	-	2892	6258
Premises costs		2840	4068	-	6908	12452
Equipment, Repairs and maintenance		2242	1008	-	3250	3823
Printing and stationery		121	192	-	313	204
Postage and telephone		215	1626	-	1841	1416
Management charge		-	-	-	-	14780
Bank charges		-	125	-	125	110
Hospitality /Refreshment		332	13	-	345	124
Fundraising & Publicity		16	1547	-	1563	1176
Insurance		-	4835	-	4835	1998
Legal & professional		-	3619	-	3619	2267
Depreciation		222	576	-	798	992
Activities & Trips		586	1528	-	2114	491
Independent examination	15	-	620	-	620	620
Sundries		346	79	-	425	85
Counselling & CRB Disclosures		13	234	-	247	127
Total		<u>15335</u>	<u>214409</u>	<u>-</u>	<u>229744</u>	<u>226616</u>
Net income/(expenditure)		<u>(8455)</u>	<u>(9328)</u>	<u>-</u>	<u>(17783)</u>	<u>82860</u>
Transfers between funds		-	-	-	-	-
Net movement in funds		<u>(8455)</u>	<u>(9328)</u>	<u>-</u>	<u>(17783)</u>	<u>82860</u>
Reconciliation of funds:						
Total funds brought forward(as Restated		36694	124037	-	160731	77871
Total funds carried forward		<u>28239</u>	<u>114709</u>	<u>-</u>	<u>142948</u>	<u>160731</u>

All the activities of the charitable company are classed as continuing. The company had no recognised gains or losses other than the net outgoing resources for the year.

Open Minds Counselling Service Ltd
Balance sheet
As at 30 September 2023

	Note	£	2023 £	2022 £
Fixed assets:				
Tangible assets				
	7	-		798
<i>Total fixed assets</i>			-	798
Current assets:				
Debtors		-		-
Cash at bank and in hand		143568		160553
<i>Total current assets</i>		143568		160553
Liabilities:				
Creditors:				
Amounts falling due within one year	9	(620)		(620)
<i>Net current assets or liabilities</i>			142948	159933
<i>Total assets less current liabilities</i>			142948	160731
Creditors:				
Amounts falling due after more than one year		-		-
Provisions for liabilities		-		-
Net asset or liabilities excluding pension asset or liability			142948	160731
Defined benefit pension scheme asset or liability		-		-
Total net assets or liabilities			142948	160731
The funds of the charity				
Endowment funds			-	-
Restricted income funds	10,11		114709	124037
Unrestricted funds			28239	36694
<i>Total unrestricted funds</i>			28239	36694
Total charity funds			142948	160731

Exemption from audit

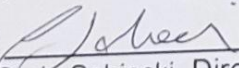
For the year ending 30 September 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 6 to 14 were approved by the Board on 29 June 2024 and signed on its behalf by:

Signed 
 Craig Sobiecki, Director/Company Secretary

The notes on pages 8 to 14 form part of these financial statements

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

1. Accounting policies

Basis of the preparation of the accounts

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP revised 2005), UK accounting standards applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015), and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Depreciation

Depreciation is provided on all tangible assets at the following annual rates calculated in order to write off the cost less estimated residual value over their useful economic lives.

General equipment	20% on cost
Computer equipment (IT)	33.3% on cost
Furniture, Fixtures and fittings	20% on cost

Incoming Resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Grants

Grants receivable funding the general activities of the company are included in the year in which they are receivable, except where the funders specify that they must be used in future accounting periods or funders conditions have not been fulfilled; then the income is deferred.

Resources Expended

Charitable expenditure is recognised in the financial statements on an accruals basis and inclusive of irrecoverable VAT.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources. In the opinion of the trustees, the proportion of indirect costs relating to management and administration of the charity is not material and has therefore not been disclosed separately.

Pension Costs

The charity participates in a group personal pension arrangement. The pension charge represents the amounts payable by the charity to the fund in respect of the year.

Leasing Commitments

Rentals paid under operating leases are charged in the SoFA as incurred.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

1. Accounting policies - continued

Donated Assets

Donated assets are treated as incoming resources and capitalised as fixed assets at a value estimated by the trustees.

Restricted and Unrestricted Funds

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

Designated Funds

The charity's designated funds are established as a result of regular review of its ongoing needs by the Board of Trustees, and are intended to fully cover significant identifiable financial commitments.

Taxation

As a registered charity, the company is exempt from income and capital taxes on its charitable activities.

Donations and legacies

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2022 £
Grants & donations	1591	-	-	1591	5893
Legacies	-	-	-	-	-
Memberships	-	-	-	-	-
	<u>1591</u>	<u>-</u>	<u>-</u>	<u>1591</u>	<u>5893</u>

Income from charitable activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2022 £
Grants and contracts	-	196500	-	196500	274515
Primary purpose trading	4417	3462	-	7879	8877
	<u>4417</u>	<u>199962</u>	<u>-</u>	<u>204379</u>	<u>283392</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

4. Income from other trading activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2022 £
Shop sales	-	-	-	-	-
Room hire	-	-	-	-	22
Fundraising events	102	-	-	102	-
	<u>102</u>	<u>-</u>	<u>-</u>	<u>102</u>	<u>22</u>

5. Investment income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2022 £
Interest	-	-	-	-	-
Bank Loyalty payment	2	-	-	2	1
Rental income (<i>inv properties</i>)	-	-	-	-	-
	<u>2</u>	<u>-</u>	<u>-</u>	<u>2</u>	<u>1</u>

6. Other income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2022 £
NI Allowance & o'payment	74	5026	-	5100	6725
Management charge	-	-	-	-	14736
Other	694	93	-	787	578
	<u>768</u>	<u>5119</u>	<u>-</u>	<u>5887</u>	<u>22039</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

7. Tangible assets (analysis of opening & closing carrying amounts)

Cost or valuation	Furniture	General equipment	IT equipment	Total
	£	£	£	£
At beginning of the year	2893	1235	6215	10343
Additions	-	-	-	-
Disposals	-	-	-	-
Valuations	-	-	-	-
Transfer	-	-	-	-
	<u>2893</u>	<u>1235</u>	<u>6215</u>	<u>10343</u>
Depreciation and impairments				
At beginning of the year	2753	1235	5557	9545
Disposals	-	-	-	-
Depreciation	140	-	658	798
	<u>2893</u>	<u>1235</u>	<u>6215</u>	<u>10343</u>
Net book value				
At beginning of the year	140	-	658	798
At end of the year	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

8. Debtors

	2023	2022
	£	£
Trade debtors	-	-
Prepayments	-	-
Other debtors	-	-
	<u>-</u>	<u>-</u>

9. Creditors - amounts falling due within one year

	2023	2022
	£	£
Accruals	620	620
Deferred income (Big Lottery)	-	-
Other	-	-
	<u>620</u>	<u>620</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

10. Movements in funds

	Balances brought forward £	Income £	Expenditure £	Transfers £	Gains Losses	Balances carried forward £
Unrestricted Funds						
General	36,694	6880	(15335)	-	-	28239
	<u>36694</u>	<u>6880</u>	<u>(15335)</u>	<u>-</u>	<u>-</u>	<u>28239</u>
Restricted Funds						
Big Lottery Fund	1670	-	-	-	-	1670
CIP	6669	-	-	-	-	6669
Impact	20873	29647	(48068)	-	-	2452
Seasonal Pressures (NHS Dor	88078	171973	(164299)	-	-	95752
OPPAREA	3300	-	-	-	-	3300
NC CLIENTS	3447	3462	(2043)	-	-	4866
	<u>124037</u>	<u>205082</u>	<u>(214410)</u>	<u>-</u>	<u>-</u>	<u>114709</u>

The Big Lottery Fund grant was given to cover staff salaries and other running costs.

11. Staff costs and numbers

Staff costs were as follows:

	2023	2022
	£	£
Wages and salaries	186230	167670
Social security costs	10782	10092
Pension	2567	1802
	<u>199579</u>	<u>179564</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 23.0 (2022: 19.0)
At the year end, pension charges of £nil had not been remitted. (2022: £nil).
The company contributes to a defined contribution scheme for 3 employees.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2023

12. Analysis of net assets by fund

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	-	-	-
Net current assets	28239	114709	142948
	<u>28239</u>	<u>114709</u>	<u>142948</u>

13. The Trustees' remuneration, benefits and expenses

Jennie Harris as Chairperson has been paid £450 per month since March 2021. We sought and received permission from the Charity Commission on the basis of: "compensate the chairperson for loss of income in her other role, and allow her to dedicate her time to Open Minds in this capacity".

No trustee expenses have been incurred.

14. Related party transactions

There have been no related party transactions during the period.

15. Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	620	620
Tax advisory services	-	-
Other financial services	-	-
	<u>620</u>	<u>620</u>

16. Benefits in kind

When funds are low, the managing director takes a significant reduction in pay during these times

17. Pension commitments

The Charity operates a defined contribution pension scheme, during the year the Charity made contributions to the scheme of £2567 (2022: £1,802). At 30 September 2023 there was no outstanding liability.

18. Comparative information

For comparison purpose, the Statement of financial activities for the year-ended 30/09/2022 is presented as below:

(see next page)

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

	Note	Unrestricted Funds £	Restricted Funds £	dowment Funds £	Total 2022 £
Income (and endowments) from:					
Donations and legacies	2	5893	-	-	5893
Charitable activities	3	3707	277814	-	281521
Other trading activities	4	22	-	-	22
Investments	5	1	-	-	1
Other	6	17046	4993	-	22039
Total		<u>26669</u>	<u>282807</u>	<u>-</u>	<u>309476</u>
Expenditure on:					
Staff costs	12	6415	173149	-	179564
Volunteer expenses		129	-	-	129
Travel and training		1071	5187	-	6258
Premises costs		63	12389	-	12452
Equipment, Repairs and maintenance		2007	1816	-	3823
Printing and stationery		75	129	-	204
Postage and telephone		124	1292	-	1416
Management charge		45	14735	-	14780
Bank charges		-	110	-	110
Hospitality /Refreshment		124	-	-	124
Fundraising & Publicity		31	1145	-	1176
Insurance		-	1998	-	1998
Legal & professional		171	2096	-	2267
Depreciation		416	576	-	992
Activities & Trips		356	135	-	491
Independent examination	15	-	620	-	620
Sundries		73	12	-	85
Counselling & CRB Disclosures		66	61	-	127
Total		<u>11166</u>	<u>215450</u>	<u>-</u>	<u>226616</u>
Net income/(expenditure)		<u>15503</u>	<u>67357</u>	<u>-</u>	<u>82860</u>
Transfers between funds		-	-	-	-
Net movement in funds		<u>15503</u>	<u>67357</u>	<u>-</u>	<u>82860</u>
Reconciliation of funds:					
Total funds brought forward(as Restated		21191	56680	-	77871
Total funds carried forward		<u>36694</u>	<u>124037</u>	<u>-</u>	<u>160731</u>

OPEN MINDS COUNSELLING SERVICE LTD.

England & Wales - Charity number 1155119

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OPEN MINDS COUNSELLING SERVICE LTD

FINANCIAL STATEMENTS

30 SEPTEMBER 2022

CHARITY NUMBER 1155119



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Open Minds Counselling Service Ltd

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Financial statements

for the year ended 30 September 2022

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8 - 14	Notes to the accounts

Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2022

The trustees (who are also the directors of the company for the purposes of company law) submit their annual report and the financial statements for the year ended 30 September 2022.

Full name Open Minds Counselling Service Limited

Date of incorporation 11/09/08

Registered company number 06695828

Charity Registration number 1155119

Registered address

Haywake House, 28 Christchurch Road, Doncaster, South Yorkshire, DN1 2QL

Contact address

Haywake House, 28 Christchurch Road, South Yorkshire, Doncaster DN1 2QL

Trustees (Directors)

Jennie Harris, Chairperson

Alan Morgan, Vice-Chair (from 15/09/2022)

Craig Sobiecki, Company Secretary

Natalie Green, Treasurer

Senior Staff Member

Helen Mason, Managing Director

Governing document

The company is operated under the rules of its memorandum and articles of association adopted 11/09/08. It is a company limited by guarantee and therefore has no share capital. The liability of each member in the event of winding-up is limited to £1.

Overall management of the company is the responsibility of the trustee board who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is managed and carried out by volunteers and/or paid staff. All members of the Trustee Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity would be set out in Notes to the Accounts – there have been none.

Bankers

Barclays Bank plc, Ten Pound Walk, Doncaster, South Yorkshire, DN4 5HJ

Independent examiner

Meshach Adelowokan, FAIA, FCIE, Director of Community Benefit Additions Limited for CASDon, Workhere, 3 Cavendish Court, South Parade, Doncaster, DN1 2DJ.

The trustees of the charity have complied with section 4 of the Charities Act 2006 in fulfilling their duty to have due regard to public benefit guidance published by the Charity Commission.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2022

Aims and objectives

The principal objects of the charitable company are:

To provide a counselling organisation available to all clients, offering services including counselling, personal development training to children aged 8 and above and adults who are underprivileged on any issue.

This benefits the public because it is a subsidised or free service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Review of the activities of the Company

Open Minds have an incredibly positive track record of working with children and adults in both prevention and postvention work.

Using paid and unpaid professional support from qualified or trainee therapists Open Minds provides a variety of talking therapies on any issue to ensure children and adults can access timely, specialist therapies to resolve trauma, distress and dysfunction. Services are by appointment only.

Open Minds successfully deliver medium to long-term therapies to address past trauma and embedded patterns of thinking and reacting, in order to prevent further deterioration. Open Minds has empowered thousands of people, of all ages, to develop the confidence to survive, live and thrive.

Open Minds' core activities are:

1. Talking therapies for adults and children aged 8 and over
2. Supporting vulnerable adults and children through advocacy and mentoring to improve family dynamics, access appropriate diagnoses, medical, educational and other support, and to access appropriate benefits
3. Providing placements to trainee counsellors to enable them to qualify, and to continue in their career development
4. Providing training to improve the work of professionals such as counsellors on specialist issues like anger-management, bereavement and creative interventions
5. Providing suicide prevention interventions through the work of the IMP;ACT team, working with adults who have attempted suicide, to address triggers to suicidal behaviour and resolve psychological and life distress.

This benefits the public because it is a subsidised service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Summary of the main achievements during the period

The reporting of our outputs and outcomes is done April to March, so the figures do not align perfectly with our accounts, which are reported October - September. However, during this period we worked with around 120 adult clients of counselling, 40 CYP clients of counselling, and 30 service users of IMP;ACT. We won the following awards: Most Compassionate Counselling Service - South Yorkshire, GHP Mental Health Awards 2022.

Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2022

Risks

The directors regularly review the risks that the company faces and seek to manage them accordingly.

Financial risks faced include loss of grant funding. In order to manage this risk we are continually looking for further restricted funds to continue our work and also encourage donations to build up reserves. Another risk is student counsellors leaving Open Minds. This risk is managed by working with Colleges and advertising placement opportunities for their students.

The company's policy on reserves

We have implemented a suggested minimum donation of £2 per session for both counselling and training, where the individual is able to make a contribution, or the counselling is free where necessary, in order to build up unrestricted reserves. With this, Open Minds will be able to continue paying its overheads when funding has expired.

Responsibilities of the trustees

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the directors are required to: select suitable accounting policies, as described on page 8, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

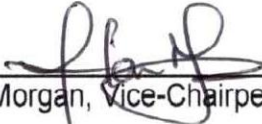
The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above.

Signed on behalf of the company's directors:

Signed  _____
Alan Morgan, Vice-Chairperson

**Independent examiner's report to the trustees of
Open Minds Counselling Service Ltd
for the year ended 30 September 2022**

I report on the accounts of the company, which are set out on pages 6 to 14.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

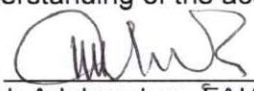
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 
Meshach Adelowokan, FAIA, FCIE
Manager of CASDon

Date 30/06/2023

Open Minds Counselling Service Ltd
Statement of financial activities
(incorporating an income and expenditure account)
for the year ended 30 September 2022

	Note	Unrestricted Funds £	Restricted Funds £	dowment Funds £	Total 2022 £	Total 2021 £
Income (and endowments) from:						
Donations and legacies	2	5893	-	-	5893	1860
Charitable activities	3	3707	277814	-	281521	190950
Other trading activities	4	22	-	-	22	86
Investments	5	1	-	-	1	-
Other	6	17046	4993	-	22039	2185
Total		26669	282807	-	309476	195081
Expenditure on:						
Staff costs	12	6415	173149	-	179564	153637
Volunteer expenses		129	-	-	129	1455
Travel and training		1071	5187	-	6258	1283
Premises costs		63	12389	-	12452	16870
Equipment, Repairs and maintenance		2007	1816	-	3823	210
Printing and stationery		75	129	-	204	258
Postage and telephone		124	1292	-	1416	1222
Management charge		45	14735	-	14780	-
Bank charges		-	110	-	110	80
Hospitality /Refreshment		124	-	-	124	80
Fundraising & Publicity		31	1145	-	1176	949
Insurance		-	1998	-	1998	1648
Legal & professional		171	2096	-	2267	4289
Depreciation		416	576	-	992	1671
Activities & Trips		356	135	-	491	108
Independent examination	15	-	620	-	620	620
Sundries		73	12	-	85	1323
Counselling & CRB Disclosures		66	61	-	127	451
Total		11166	215450	-	226616	186154
Net income/(expenditure)		15503	67357	-	82860	8927
Transfers between funds		-	-	-	-	-
Net movement in funds		15503	67357	-	82860	8927
Reconciliation of funds:						
Total funds brought forward(as Restated)		21191	56680	-	77871	68944
Total funds carried forward		36694	124037	-	160731	77871

All the activities of the charitable company are classed as continuing. The company had no recognised gains or losses other than the net outgoing resources for the year.

Open Minds Counselling Service Ltd
Balance sheet
As at 30 September 2022

	Note	£	2022 £	2021 £
Fixed assets:				
Tangible assets	7	798		1790
<i>Total fixed assets</i>			798	1790
Current assets:				
Debtors		-		-
Cash at bank and in hand		160553		76701
<i>Total current assets</i>		160553		76701
Liabilities:				
Creditors:				
Amounts falling due within one year	9	(620)		(620)
<i>Net current assets or liabilities</i>			159933	76081
<i>Total assets less current liabilities</i>			160731	77871
Creditors:				
Amounts falling due after more than one year			-	-
Provisions for liabilities			-	-
Net asset or liabilities excluding pension asset or liability			160731	77871
Defined benefit pension scheme asset or liability			-	-
Total net assets or liabilities			160731	77871
The funds of the charity				
Endowment funds			-	-
Restricted income funds	10,11		124037	56274
Unrestricted funds			36694	21597
<i>Total unrestricted funds</i>			36694	21597
Total charity funds			160731	77871

Exemption from audit

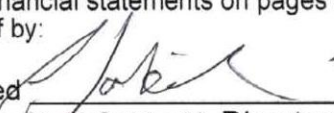
For the year ending 30 September 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 6 to 14 were approved by the Board on 30 June 2023 and signed on its behalf by:

Signed 
 Craig Sobiecki, Director/Company Secretary

The notes on pages 8 to 14 form part of these financial statements

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

1. Accounting policies

Basis of the preparation of the accounts

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP revised 2005), UK accounting standards applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015), and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Depreciation

Depreciation is provided on all tangible assets at the following annual rates calculated in order to write off the cost less estimated residual value over their useful economic lives.

General equipment	20% on cost
Computer equipment (IT)	33.3% on cost
Furniture, Fixtures and fittings	20% on cost

Incoming Resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Grants

Grants receivable funding the general activities of the company are included in the year in which they are receivable, except where the funders specify that they must be used in future accounting periods or funders conditions have not been fulfilled; then the income is deferred.

Resources Expended

Charitable expenditure is recognised in the financial statements on an accruals basis and inclusive of irrecoverable VAT.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources. In the opinion of the trustees, the proportion of indirect costs relating to management and administration of the charity is not material and has therefore not been disclosed separately.

Pension Costs

The charity participates in a group personal pension arrangement. The pension charge represents the amounts payable by the charity to the fund in respect of the year.

Leasing Commitments

Rentals paid under operating leases are charged in the SoFA as incurred.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

1. Accounting policies - continued

Donated Assets

Donated assets are treated as incoming resources and capitalised as fixed assets at a value estimated by the trustees.

Restricted and Unrestricted Funds

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

Designated Funds

The charity's designated funds are established as a result of regular review of its ongoing needs by the Board of Trustees, and are intended to fully cover significant identifiable financial commitments.

Taxation

As a registered charity, the company is exempt from income and capital taxes on its charitable activities.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2021 £
Grants & donations	5893	-	-	5893	1860
Legacies	-	-	-	-	-
Memberships	-	-	-	-	-
	5893	-	-	5893	1860

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2021 £
Grants and contracts	-	274515	-	274515	182072
Primary purpose trading	3707	3299	-	7006	8877
	3707	277814	-	281521	190949

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

4. Income from other trading activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2021 £
Shop sales	-	-	-	-	-
Room hire	22	-	-	22	86
Fundraising events	-	-	-	-	-
	<u>22</u>	<u>-</u>	<u>-</u>	<u>22</u>	<u>86</u>

5. Investment income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2021 £
Interest	-	-	-	-	-
Bank Loyalty payment	1	-	-	1	-
Rental income (<i>inv properties</i>)	-	-	-	-	-
	<u>1</u>	<u>-</u>	<u>-</u>	<u>1</u>	<u>-</u>

6. Other income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2021 £
NI Allowance & o'payment	1732	4993	-	6725	-
Management charge	14736	-	-	14736	-
Other	578	-	-	578	2185
	<u>17046</u>	<u>4993</u>	<u>-</u>	<u>22039</u>	<u>2185</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

7. Tangible assets (analysis of opening & closing carrying amounts)

	Furniture	General equipment	IT equipment	Total
Cost or valuation				
	£	£	£	£
At beginning of the year	2893	1235	6215	10343
Additions	-	-	-	-
Disposals	-	-	-	-
Valuations	-	-	-	-
Transfer	-	-	-	-
	<u>2893</u>	<u>1235</u>	<u>6215</u>	<u>10343</u>
Depreciation and impairments				
At beginning of the year	2418	1235	4900	8553
Disposals	-	-	-	-
Depreciation	335	-	657	992
	<u>2753</u>	<u>1235</u>	<u>5557</u>	<u>9545</u>
Net book value				
At beginning of the year	475	-	1315	1790
At end of the year	- <u>140</u>	-	<u>658</u>	<u>798</u>

8. Debtors

	2022	2021
	£	£
Trade debtors	-	-
Prepayments	-	-
Other debtors	-	-
	<u>-</u>	<u>-</u>

9. Creditors - amounts falling due within one year

	2022	2021
	£	£
Accruals	620	620
Deferred income (Big Lottery)	-	-
Other	-	-
	<u>620</u>	<u>620</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

10. Movements in funds

	Balances brought forward £	Income £	Expenditure £	Transfers £	Gains Losses	Balances carried forward £
Unrestricted Funds						
General	21,191	26669	(11166)	-	-	36694
	<u>21191</u>	<u>26669</u>	<u>(11166)</u>	<u>-</u>	<u>-</u>	<u>36694</u>
Restricted Funds						
Big Lottery Fund	20681	63076	(82087)	-	-	1670
CIP	6669	-	-	-	-	6669
Impact	29984	54135	(63246)	-	-	20873
Seasonal Pressures (NHS Dor	-	155296	(67218)	-	-	88078
OPPAREA	(2290)	7000	(1410)	-	-	3300
NC CLIENTS	1636	3299	(1488)	-	-	3447
	<u>56680</u>	<u>282806</u>	<u>(215449)</u>	<u>-</u>	<u>-</u>	<u>124037</u>

The Big Lottery Fund grant was given to cover staff salaries and other running costs.

11. Staff costs and numbers

Staff costs were as follows:

	2022	2021
	£	£
Wages and salaries	167670	146975
Social security costs	10092	4535
Pension	1802	2127
	<u>179564</u>	<u>153637</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 19.0 (2021: 16.0)
At the year end, pension charges of £nil had not been remitted. (2021: £nil)..
The company contributes to a defined contribution scheme for 2 employees.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2022

12. Analysis of net assets by fund

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	222	576	798
Net current assets	36472	123461	159933
	<u>36694</u>	<u>124037</u>	<u>160731</u>

13. The Trustees' remuneration, benefits and expenses

Jennie Harris as Chairperson has been paid £450 per month since March 2021. We sought and received permission from the Charity Commission on the basis of: "compensate the chairperson for loss of income in her other role, and allow her to dedicate her time to Open Minds in this capacity".

No trustee expenses have been incurred.

14. Related party transactions

There have been no related party transactions during the period.

15. Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	620	620
Tax advisory services	-	-
Other financial services	-	-
	<u>620</u>	<u>620</u>

16. Benefits in kind

When funds are low, the Landlord – Doncaster Disabled People's Alliance, allows Open Minds Counselling Service Ltd. to pay significantly reduced rent for the office accommodation. Also the managing director takes a significant reduction in pay during these times

17. Pension commitments

The Charity operates a defined contribution pension scheme, during the year the Charity made contributions to the scheme of £1,802 (2021:£1,798). At 30 September 2022 there was no outstanding liability.

18. Comparative information

For comparison purpose, the Statement of financial activities for the year-ended 30/09/2021 is presented as below:

(see next page)

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2021

	Note	Unrestricted Funds £	Restricted Funds £	dowment Funds £	Total 2021 £
Income (and endowments) from:					
Donations and legacies	2	1860	-	-	1860
Charitable activities	3	5246	185704	-	190950
Other trading activities	4	86	-	-	86
Investments	5	-	-	-	-
Other	6	1520	665	-	2185
Total		8712	186369	-	195081
Expenditure on:					
Staff costs	12	4088	149549	-	153637
Volunteer expenses		658	797	-	1455
Travel and training		442	841	-	1283
Premises costs		44	16826	-	16870
Equipment, Repairs and maintenance		210	-	-	210
Printing and stationery		151	107	-	258
Postage and telephone		112	1110	-	1222
Grants & Donations paid		-	-	-	-
Bank charges		-	80	-	80
Hospitality /Refreshment		12	68	-	80
Fundraising & Publicity		595	354	-	949
Insurance		209	1439	-	1648
Legal & professional		3995	294	-	4289
Depreciation		1095	576	-	1671
Activities & Trips		-	108	-	108
Independent examination	15	-	620	-	620
Sundries		1323	-	-	1323
Counselling & CRB Disclosures		396	55	-	451
Total		13330	172824	-	186154
Net income/(expenditure)		(4618)	13545	-	8927
Transfers between funds		-	-	-	-
Net movement in funds		(4618)	13545	-	8927
Reconciliation of funds:					
Total funds brought forward(as Restated)		26215	42729	-	68944
Total funds carried forward		21597	56274	-	77871

OPEN MINDS COUNSELLING SERVICE LTD.

England & Wales - Charity number 1155119

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date October 2020 To September 2021 Period end date

Charity name: Open Minds Counselling Services Ltd.

Charity registration number: 1155119

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The aims and objectives of the Project shall be to provide a counselling service accessible to all as far as can be reasonably achieved with the resources at our disposal: 1. To, within the confines of the law, be all inclusive regardless of a. Gender b. Age c. Sexual orientation and sexuality d. Socio-economic status e. Ethnicity f. Cultural origin g. Faith or political orientation h. Creed i. Psychological need or lifestyle 2. to provide a counselling organisation which not only "fills in the gaps" between other organisations but which is available to all clients and actively inclusive 3. to improve psychological well-being amongst clients 4. to improve capacity for rational decision making amongst clients 5. to reduce anxiety and depression amongst clients 6. to provide an opportunity for trainee counsellors to gain experience towards qualification

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Open Minds have an incredibly positive record of working with children and adults in both prevention and postvention work. Using paid and unpaid professional support from qualified or trainee therapists Open Minds provides a variety of talking therapies on any issue to ensure children and adults can access timely, specialist therapies to resolve trauma, distress and dysfunction. Services are by appointment only. Open Minds successfully deliver medium to long-term therapies to address past trauma and embedded patterns of thinking and reacting, in order to prevent further deterioration. Open Minds has empowered thousands of people, of all ages, to develop the confidence to survive, live and thrive. Open Minds' core activities are: 1. Talking therapies for adults and children aged 8 and over 2. Supporting vulnerable adults and children through advocacy and mentoring to improve family dynamics, access appropriate diagnoses, medical, educational and other support, and to access appropriate benefits 3. Providing placements to trainee counsellors to enable them to qualify, and to continue in their career development 4. Providing training to improve the work of professionals such as counsellors on specialist issues like anger-management, bereavement and creative interventions
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, the trustees of Open Minds counselling Services have regard to the guidance on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Open Minds does not provide grants to others
	Para 1.38	We do not have such a policy

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	Volunteers are at the heart of Open Minds, with paid staff supporting volunteer counsellors to develop their skills and experience as they support us through increased capacity to work with children, young people and adults.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	During this period of COVID19 adapted working we provided support to around 50 CYP clients and 150 adult clients of counselling. Counselling provision continued to be mostly by telephone and video call, but was well-received and feedback was extremely positive. 100% of clients would recommend Open Minds to other people 100% of clients had reduced suicidal thinking, self-harm and anger-issues 99% of clients had improved well-being and coping mechanisms quotes from clients include; "Without Open Minds I don't want to think about the place I would be in without their help" "Helped me with my anxiety and self confidence" "Good at helping me express myself well and think about solutions that would benefit me" We won awards for the Best Professional Adults & Children's Counselling Service - South Yorkshire in the Northern Enterprise Awards 2021 and the Doncaster Adult Safeguarding Award 2020 More detailed reports auditing all of our work can be found here: HOME open-minds (counsellingdoncaster.com) and

		Reports IMP;ACT Team (making-an-impact.com)
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period the charity had sufficient funds to cover all essential costs, including employment and running costs. These were grant funded jointly during this period by several funders, including The National Lottery Community Awards Fund, NHS/LA, and Opportunity Area funding. Staff redundancies were provided for if needed, although this was not necessary.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Open Minds asks for client donations in order to build reserves. Reserves are held for expenses not covered by funders, and towards the possibility of redundancies where funding is not secured.
Amount of reserves held	Para 1.22	£21,393
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Inevitably Open Minds relies on grant funding and contracts for service delivery in order to continue functioning. The people with whom we work are typically in poverty and cannot contribute sufficiently in order to allow our unrestricted income to meet our full organisational costs. During this period we were aware that grants were not available from any non-NHS or Local Authority source which would fund counselling provision, and were therefore preparing our team for the potential closure of Open Minds in April 2022 if funding was not secured.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Open Minds' principal sources of funds are grant funders and contracts for service delivery with the CCG and LA
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Continuation funding is an ongoing risk, particularly as in the past grant funders would fund counselling services but now the majority of funders for mental health specifically exclude counselling from eligibility
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution and Memorandum and Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a social enterprise limited by guarantee
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	5 MANAGEMENT COMMITTEE 5.1 The affairs of the Project shall be managed by a committee of no less than 3 people, which shall meet not less than four times a year. 5.2 In addition there will be one member of the Project's staff attending in an ex-officio capacity, who shall have no voting rights. PAID staff shall have no voting rights at management committee meetings regardless of their membership or representation of other organisations which are members of the project. 5.3 The Management Committee may co-opt up to three further committee members who shall serve until the conclusion of the next Annual General Meeting. Co-opted members shall be entitled to vote at meetings of the committee. 5.4 At the Annual General Meeting all members of the committee will retire but will be eligible for re-election unless they have less than 75% attendance record (unless with good reason for absence). 5.5 In the event of casual vacancies on the Committee where the minimum of 3 members are filled, the Management Committee shall determine whether or not to ballot the membership to fill that or those vacancies. Where it is determined not to ballot the membership, the Management Committee may fill the vacancies. 5.6 The proceedings of the Management Committee shall not be invalidated by any failure to elect or any defect in the election, appointment, co-option or qualification of any member.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are inducted through formal induction by the Managing Director, who works with them to help them understand their role. They are provided with appropriated Charity Commission guidance and given the opportunity to shadow more experienced trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The trustees of the management Committee/Board of Directors directly instruct the Managing Director by providing oversight and strategic direction. The Managing Director is responsible for most of the daily running and strategic development of the charity. The Managing Director is supported by two Practitioner Support Team Leaders, one for supporting counsellors of adult clients and one for supporting counsellors of CYP clients. These individuals manage the case-coordination and waiting lists for their respective age groups. The Managing Director is also supported by a Finance Officer and an Admin Worker whose main responsibility is ensuring DBS are kept up to date, which is a time consuming role given the number of volunteers and paid staff we work with. These team members all support the employed and volunteer counsellors, who work directly with children, young people and adults. In March 2020 we signed a contract with the CCG, to collaboratively deliver alternative provision mental health and crisis support (IMP;ACT) alongside Doncaster Mind, and Doncaster PFG. We have also been an active member of the Mental Well-being Alliance and the Health and Social Care Forum.
Relationship with any related parties	Para 1.51	Trustees must declare their interests at any meeting, and we have no identified related party transactions that we are aware of
Other		

Reference and Administrative details

Charity name	Open Minds Counselling Services Ltd.
Other name the charity uses	Open Minds Open Minds Counselling Services Open Minds Counselling Service

Registered charity number	1155119
Charity's principal address	28 Christchurch Road Doncaster DN12QL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jennie Harris	Chairperson		Management Committee
2	Natalie Green	Treasurer		Management Committee
3	Craig Sobiecki	Company Secretary		Management Committee
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Helen Mason

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

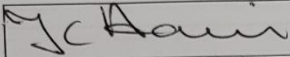
Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennie Harris	
Position (eg Secretary, Chair, etc)	Chairperson	
Date	12 th August 2022	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennie Harris	
Position (eg Secretary, Chair, etc)	Chairperson	
Date	12 th August 2022	

COMPANY REGISTRATION NUMBER 6695828

OPEN MINDS COUNSELLING SERVICE LTD
FINANCIAL STATEMENTS

30 SEPTEMBER 2020

CHARITY NUMBER 1155119



Community Benefit Additions Limited
Workhere, 3 Cavendish Court,
South Parade
Doncaster
DN1 2DJ

Open Minds Counselling Service Ltd
(Registered charity, number 1155119)
(Registered company, number 06695828)
Financial statements
for the year ended 30 September 2020

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2 - 6	Trustees' annual report
7	Independent examiner's report
8	Statement of financial activities
9	Balance sheet
10 - 16	Notes to the accounts

**Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020**

The trustees (who are also the directors of the company for the purposes of company law) submit their annual report and the financial statements for the year ended 30 September 2020.

Full name Open Minds Counselling Service Limited

Date of incorporation 11/09/08

Registered company number 06695828

Charity Registration number 1155119

Registered address

39 Park Road, Askern, Doncaster DN6 0BB

Contact address

28 Christ Church Road, Doncaster DN1 2QL

Trustees (Directors)

Jennie Harris, Chairperson

Craig Sobiecki, Company Secretary

Natalie Green, Treasurer

Alan Morgan (until 06/08/2020)

Lee Danysz, (until 13/05/2020)

Senior Staff Member

Helen Mason, Managing Director

Governing document

The company is operated under the rules of its memorandum and articles of association adopted 11/09/08. It is a company limited by guarantee and therefore has no share capital. The liability of each member in the event of winding-up is limited to £1.

Overall management of the company is the responsibility of the trustee board who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is managed and carried out by volunteers and/or paid staff. All members of the Trustee Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity would be set out in Notes to the Accounts – there have been none.

Bankers

Barclays Bank plc, Ten Pound Walk, Doncaster, South Yorkshire, DN4 5HJ

Independent examiner

Meshach Adelowokan FFA, FAIA, FCIE, Director of Community Benefit Additions Limited for CASDon, Workhere, 3 Cavendish Court, South Parade, Doncaster, DN1 2DJ.

The trustees of the charity have complied with section 4 of the Charities Act 2006 in fulfilling their duty to have due regard to public benefit guidance published by the Charity Commission.

Open Minds Counselling Service Ltd

Trustees' annual report

for the year ended 30 September 2020

Aims and objectives

The principal objects of the charitable company are:

To provide a counselling organisation available to all clients, offering services including counselling, personal development training to children aged 8 and above and adults who are underprivileged on any issue.

This benefits the public because it is a subsidised or free service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Review of the activities of the Company

The main activities undertaken are providing a counselling service for adults and young people from the age of 8 years, couples and relationship counselling and family therapies. Also hypnotherapy, personal development training for the public and delivery of courses for professionals.

Expanded services included providing training to adults and children on emotional awareness raising, including self-esteem building.

This benefits the public because it is a subsidised service which is otherwise not available within the doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Summary of the main achievements during the period

Floods, Gas Leaks, Pandemics, Oh My!

To say this year has been a rollercoaster is probably an understatement! Prior to October 2019 we struggled with a key staff member being out of work for a substantial portion of the year, meaning that a key role within the organisation had to be absorbed by others, reducing our capacity to support children and young people. Due to surging numbers of children and young people on the waiting list we consulted families on what they would benefit from, and planned a new project under the lottery which would allow young people to drop in on a Saturday and have a calming, fun space, run by two of our CYP counsellors. We began a garden design and restoration project which culminated in July 2019 at our Open Day, creating an outdoor creative space for children and especially serving as a sensory space for neuro-atypical clients. The children's support group was called Saturday Space. We designed the room in consultation with young people already attending therapy, and were donated monies to make it a suitable space. This even included a PS3 and games! Unfortunately despite being designed by and with children and young people and with them in mind the Saturday Space service had no attendees at any point! We were very sorry to have no children and young people to work with, but our evaluation could not really explain why. Families and the young people themselves frequently expressed interest and professionals often contacted Open Minds about the Saturday Space, but this did not translate into attendance. We therefore redeployed the Saturday Space children's counsellors back to one to one work.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2020

Summary of the main achievements during the period continued

Floods!

In November 2019 we had a different type of adversity, when the rains came! Not only did large parts of Doncaster flood, but our building itself suffered minor damage due to the rains, as one of our ceilings was leaking! For client and staff safety we were closed sporadically when people could not reach us safely. We phoned all of our clients however on every occasion to check in with them and make sure if they needed support it was available to them. This lead on to the landlord scheduling a boiler replacement, and ceiling repair – causing more disruption! During this period we again couldn't see clients, for health and safety, and spent most of our time moving furniture back and forth out of the way of the workmen. One positive however was that we paid extra for the workmen to install radiators on our floor, as we have not had central heating in the building until now. When we were finally back on track, after losing nearly all of November to floods and subsequent boiler refitting we then had a ...

Gas Leak!

Actually we didn't, but after the boiler people left and we re-opened, we thought we had a gas leak, and had to close for one day as an emergency while the gas board came to check! By this point we thought we were jinxed, but thankfully our clients were incredibly understanding. We phoned, texted and wrote letters of apology to all of the clients affected, they themselves were understanding of the disruption being out of our control. Cumulatively we had been closed to the public unexpectedly and sporadically for nearly 7 weeks in November and December combined.

Once 2020 arrived, we were back on track, successfully managing the waiting list, working well with children, young people and adults, and looking at new ways of improving our services. When all of a sudden...

Pandemic!

Teaching us that you should never count your chickens, the universe brought us the collective trauma that has been COVID19 and lockdown. On 17th March 2020 we took the decision to begin remote working. We spent the day phoning every client and counsellor of Open Minds and giving them the opportunity to wait until face to face counselling could resume, or to begin working by telephone or video calling. Thankfully after the initial shock to the system of getting the systems and resources in place to let us operate effectively, we began to pick up steam. Internet problems, difficulties getting in touch with our insurers and so forth delayed us initially but after a week we were again operational. We had been frightened at first that our capacity would drop too much to allow us to be effective but we found we went from 114+ face to face clients a week, to initially 30 clients remotely, to around 70 clients aged 13 and over remotely, with referrals continuing to increase. This was achieved even in spite of a reduction in the availability of our counsellors, as many had small children or other caring responsibilities at home which prevented them being able to offer counselling, alongside others who experienced their own losses during this period, and were no longer emotionally able to provide counselling while they themselves grieved. We also lost several staff, not to death but due to choosing to leave due to personal circumstances which made their continued employment or volunteering impossible.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2020

Summary of the main achievements during the period continued

IMP;ACT!

At the same time as lockdown began we started to deliver an entirely new service, known as IMP;ACT. Drawing on our extensive experience working with children and adults with life distress, suicidality and complex needs, Open Minds developed the IMP;ACT service to provide a combination of practical and psychological support to individuals who had intended to die within 12 months of referral.

Providing long-term, professional led support to wrap around the individual, IMP;ACT delivers highly specialist and comprehensive care to individuals who would otherwise drop out of the system until future completion of suicide. IMP;ACT is a thorough process of unpicking all the damaging elements of an individual's life and approach to living, and rebuilding these into healthy, functional patterns of behaving and being. As such, IMP;ACT works in-depth with a tightly-controlled caseload of service users in order to maintain effective working. During the first 16 month of the service IMP;ACT received 44 referrals and worked with 20 individuals to move them into long term coping and healthy behaviours. IMP;ACT's SROI (Social Return On Investment) is £269 per £1 invested, with 10 individuals directly stating they would have completed suicide without the intervention of IMP;ACT. The 2021 IMP;ACT report is available at: Reports | IMP;ACT Team (making-an-impact.com) The budget for IMP;ACT is £52,204 per annum, for 2 years

Risks

The directors regularly review the risks that the company faces and seek to manage them accordingly.

Financial risks faced include loss of grant funding. In order to manage this risk we are continually looking for further restricted funds to continue our work and also encourage donations to build up reserves. Another risk is student counsellors leaving Open Minds. This risk is managed by working with Colleges and advertising placement opportunities for their students.

The company's policy on reserves

We have implemented a suggested minimum donation of £3 per session for both counselling and training in order to build up unrestricted reserves. With this, Open Minds will be able to continue paying its overheads when funding has expired.

Responsibilities of the trustees

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the directors are required to: select suitable accounting policies, as described on page 8, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020

Responsibilities of the trustees continued

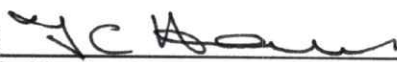
The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above.

Signed on behalf of the company's directors:

Signed 
Jennie Harris, Chairperson

Independent examiner's report to the trustees of Open Minds Counselling Service Ltd for the year ended 30 September 2020

I report on the accounts of the company, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

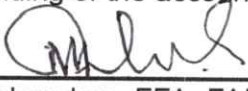
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 
Meshach Adelowokan, FFA, FAIA, FCIE
Manager of CASDon

Date 30/07/2021

Open Minds Counselling Service Ltd
Statement of financial activities
(incorporating an income and expenditure account)
for the year ended 30 September 2020

	Note	Unrestricted Funds £	Restricted Funds £	Restricted dowment Funds £	Total 2020 £	Total 2019 £
Income (and endowments) from:						
Donations and legacies	2	820	-	-	820	35471
Charitable activities	3	11778	185600	-	197378	155182
Other trading activities	4	937	-	-	937	3088
Investments	5	-	-	-	-	9
Other	6	2857	6	-	2863	1454
Total		16392	185606	-	201998	195204
Expenditure on:						
Staff costs	12	8028	129967	-	137995	112333
Volunteer expenses		387	-	-	387	833
Travel and training		1690	569	-	2259	2295
Premises costs		697	17047	-	17744	17490
Equipment, Repairs and maintenance		693	2195	-	2888	5278
Printing and stationery		506	121	-	627	357
Postage and telephone		403	1286	-	1689	960
Grants & Donations paid		5500	-	-	5500	-
Bank charges		-	83	-	83	98
Hospitality /Refreshment		118	-	-	118	128
Fundraising & Publicity		783	93	-	876	675
Insurance		181	1358	-	1539	1386
Legal & professional		3286	2611	-	5897	2853
Depreciation		1014	-	-	1014	1014
Activities & Trips		675	12	-	687	851
Independent examination	15	-	620	-	620	620
Sundries		356	-	-	356	2463
Counselling & CRB Disclosures		449	-	-	449	575
Total		24766	155962	-	180728	150209
Net income/(expenditure)		(8374)	29644	-	21270	44995
Transfers between funds		-	-	-	-	-
Net movement in funds		(8374)	29644	-	21270	44995
Reconciliation of funds:						
Total funds brought forward		34791	20770	-	55561	10566
Total funds carried forward		26417	50414	-	76831	55561

All the activities of the charitable company are classed as continuing. The company had no recognised gains or losses other than the net outgoing resources for the year.

Open Minds Counselling Service Ltd
Balance sheet
As at 30 September 2020

	Note	£	2020 £	2019 £
Fixed assets:				
Tangible assets	7	1488		2502
<i>Total fixed assets</i>			1488	2502
Current assets:				
Debtors		-		-
Cash at bank and in hand		81987		53679
<i>Total current assets</i>		81987		53679
Liabilities:				
Creditors:				
Amounts falling due within one year	9	(6644)		(620)
<i>Net current assets or liabilities</i>			75343	53059
<i>Total assets less current liabilities</i>			76831	55561
Creditors:				
Amounts falling due after more than one year			-	-
Provisions for liabilities			-	-
Net asset or liabilities excluding pension asset or liability			76831	55561
Defined benefit pension scheme asset or liability			-	-
Total net assets or liabilities			76831	55561
The funds of the charity				
Endowment funds			-	-
Restricted income funds	10,11		50414	20770
Unrestricted funds			26417	34791
<i>Total unrestricted funds</i>			26417	34791
Total charity funds			76831	55561

Exemption from audit

For the year ending 30 September 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 6 to 14 were approved by the Board on 29 June 2021 and signed on its behalf by:

Signed 
 Craig Sobiecki, Director/Company Secretary

The notes on pages 10 to 16 form part of these financial statements

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies

Basis of the preparation of the accounts

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP revised 2005), UK accounting standards applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015), and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Depreciation

Depreciation is provided on all tangible assets at the following annual rates calculated in order to write off the cost less estimated residual value over their useful economic lives.

General equipment	20% on cost
Computer equipment (IT)	33.3% on cost
Furniture, Fixtures and fittings	20% on cost

Incoming Resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Grants

Grants receivable funding the general activities of the company are included in the year in which they are receivable, except where the funders specify that they must be used in future accounting periods or funders conditions have not been fulfilled; then the income is deferred.

Resources Expended

Charitable expenditure is recognised in the financial statements on an accruals basis and inclusive of irrecoverable VAT.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources. In the opinion of the trustees, the proportion of indirect costs relating to management and administration of the charity is not material and has therefore not been disclosed separately.

Pension Costs

The charity participates in a group personal pension arrangement. The pension charge represents the amounts payable by the charity to the fund in respect of the year.

Leasing Commitments

Rentals paid under operating leases are charged in the SoFA as incurred.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies - continued

Donated Assets

Donated assets are treated as incoming resources and capitalised as fixed assets at a value estimated by the trustees.

Restricted and Unrestricted Funds

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

Designated Funds

The charity's designated funds are established as a result of regular review of its ongoing needs by the Board of Trustees, and are intended to fully cover significant identifiable financial commitments.

Taxation

As a registered charity, the company is exempt from income and capital taxes on its charitable activities.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants & donations	820	-	-	820	35471
Legacies	-	-	-	-	-
Memberships	-	-	-	-	-
	820	-	-	820	35471

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants and contracts	-	185600	-	185600	139053
Primary purpose trading	11778	-	-	11778	16129
	11778	185600	-	197378	155182

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

4. Income from other trading activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Shop sales	-	-	-	-	-
Room hire	505	-	-	505	2132
Fundraising events	432	-	-	432	956
	937	-	-	937	3088

5. Investment income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Interest	-	-	-	-	9
Dividend	-	-	-	-	-
Rental income (<i>inv properties</i>)	-	-	-	-	-
	-	-	-	-	9

6. Other income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Furlough scheme	249	-	-	249	-
Other	2608	6	-	2614	1454
	2857	6	-	2863	1454

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

7. Tangible assets (analysis of opening & closing carrying amounts)

Cost or valuation	Furniture	General equipment	IT equipment	Total
	£	£	£	£
At beginning of the year	2893	1235	4242	8370
Additions	-	-	-	-
Disposals	-	-	-	-
Valuations	-	-	-	-
Transfer	-	-	-	-
	<u>2893</u>	<u>1235</u>	<u>4242</u>	<u>8370</u>
Depreciation and impairments				
At beginning of the year	1748	821	3299	5868
Disposals	-	-	-	-
Depreciation	335	207	472	1014
	<u>2083</u>	<u>1028</u>	<u>3771</u>	<u>6882</u>
Net book value				
At beginning of the year	1145	414	943	2502
At end of the year	- <u>810</u>	- <u>207</u>	- <u>471</u>	- <u>1488</u>

8. Debtors

	2020	2019
	£	£
Trade debtors	-	-
Prepayments	-	-
Other debtors	-	-
	<u>-</u>	<u>-</u>

9. Creditors - amounts falling due within one year

	2020	2019
	£	£
Accruals	1240	620
Deferred income (Big Lottery)	5400	-
Other	4	-
	<u>6644</u>	<u>620</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

10. Movements in funds

	Balances brought forward £	Income £	Expenditure £	Transfers £	Gains Losses	Balances carried forward £
Unrestricted Funds						
General	34,791	16392	(24766)	-	-	26417
	<u>34791</u>	<u>16392</u>	<u>(24766)</u>	<u>-</u>	<u>-</u>	<u>26417</u>
Restricted Funds						
Big Lottery Fund	10534	126704	(126294)	-	-	10944
CIP	6189	6698	(1489)	-	-	11398
Impact	-	52204	(23729)	-	-	28475
Molly Hurst	4047	-	(4450)	-	-	(403)
Transform Art Groups	-	-	-	-	-	-
	<u>20770</u>	<u>185606</u>	<u>(155962)</u>	<u>-</u>	<u>-</u>	<u>50414</u>

The Big Lottery Fund grant was given to cover staff salaries and other running costs.

11. Staff costs and numbers

Staff costs were as follows:

	2020	2019
	£	£
Wages and salaries	132253	103947
Social security costs	3615	6588
Pension	2127	1798
	<u>137995</u>	<u>112333</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 9.0 (2019: 9.0)
At the year end, pension charges of £nil had not been remitted. (2019: £nil).
The company contributes to a defined contribution scheme for 2 employees.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

12. Analysis of net assets by fund

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	1488	-	1488
Net current assets	24929	50414	75343
	<u>26417</u>	<u>50414</u>	<u>76831</u>

13. The Trustees' remuneration, benefits and expenses

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

No trustee expenses have been incurred.

14. Related party transactions

There have been no related party transactions during the period.

15. Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2020 £	2019 £
Independent examination	620	620
Tax advisory services	-	-
Other financial services	-	-
	<u>620</u>	<u>620</u>

16. Benefits in kind

When funds are low, the Landlord – Doncaster Disabled People's Alliance, allows Open Minds Counselling Service Ltd. to pay significantly reduced rent for the office accommodation. Also the managing director takes a significant reduction in pay during these times

17. Pension commitments

The Charity operates a defined contribution pension scheme, during the year the Charity made contributions to the scheme of £1,798 (2019:£1,798). At 30 September 2020 there was no outstanding liability.

18. Comparative information

For comparison purpose, the Statement of financial activities for the year-ended 30/09/2019 is presented as below:

(see next page)

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2019

	Note	Unrestricted Funds £	Restricted Funds £	Restricted dowment Funds £	Total 2019 £
Income (and endowments) from:					
Donations and legacies	2	35471	-	-	35471
Charitable activities	3	16129	139053	-	155182
Other trading activities	4	3088	-	-	3088
Investments	5	-	9	-	9
Other	6	1382	72	-	1454
Total		56070	139134	-	195204
Expenditure on:					
Staff costs	12	10113	102220	-	112333
Volunteer expenses		279	554	-	833
Travel and training		1628	667	-	2295
Premises costs		1857	15633	-	17490
Equipment, Repairs and maintenance		3507	1771	-	5278
Printing and stationery		357	-	-	357
Postage and telephone		199	761	-	960
Grants & Donations paid		-	-	-	-
Bank charges		-	98	-	98
Hospitality /Refreshment		119	9	-	128
Fundraising & Publicity		675	-	-	675
Insurance		90	1296	-	1386
Legal & professional		2818	35	-	2853
Depreciation		1014	-	-	1014
Activities & Trips		23	828	-	851
Independent examination	15	-	620	-	620
Sundries		1480	983	-	2463
Counselling & CRB Disclosures		486	89	-	575
Total		24645	125564	-	150209
Net income/(expenditure)		31425	13570	-	44995
Transfers between funds		(1384)	1384	-	-
Net movement in funds		30041	14954	-	44995
Reconciliation of funds:					
Total funds brought forward		4750	5816	-	10566
Total funds carried forward		34791	20770	-	55561

COMPANY REGISTRATION NUMBER 6695828

OPEN MINDS COUNSELLING SERVICE LTD
FINANCIAL STATEMENTS

30 SEPTEMBER 2020

CHARITY NUMBER 1155119



Community Benefit Additions Limited
Workhere, 3 Cavendish Court,
South Parade
Doncaster
DN1 2DJ

Open Minds Counselling Service Ltd
(Registered charity, number 1155119)
(Registered company, number 06695828)
Financial statements
for the year ended 30 September 2020

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7	Independent examiner's report
8	Statement of financial activities
9	Balance sheet
10 - 16	Notes to the accounts

**Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020**

The trustees (who are also the directors of the company for the purposes of company law) submit their annual report and the financial statements for the year ended 30 September 2020.

Full name Open Minds Counselling Service Limited

Date of incorporation 11/09/08

Registered company number 06695828

Charity Registration number 1155119

Registered address

39 Park Road, Askern, Doncaster DN6 0BB

Contact address

28 Christ Church Road, Doncaster DN1 2QL

Trustees (Directors)

Jennie Harris, Chairperson

Craig Sobiecki, Company Secretary

Natalie Green, Treasurer

Alan Morgan (until 06/08/2020)

Lee Danysz, (until 13/05/2020)

Senior Staff Member

Helen Mason, Managing Director

Governing document

The company is operated under the rules of its memorandum and articles of association adopted 11/09/08. It is a company limited by guarantee and therefore has no share capital. The liability of each member in the event of winding-up is limited to £1.

Overall management of the company is the responsibility of the trustee board who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is managed and carried out by volunteers and/or paid staff. All members of the Trustee Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity would be set out in Notes to the Accounts – there have been none.

Bankers

Barclays Bank plc, Ten Pound Walk, Doncaster, South Yorkshire, DN4 5HJ

Independent examiner

Meshach Adelowokan FFA, FAIA, FCIE, Director of Community Benefit Additions Limited for CASDon, Workhere, 3 Cavendish Court, South Parade, Doncaster, DN1 2DJ.

The trustees of the charity have complied with section 4 of the Charities Act 2006 in fulfilling their duty to have due regard to public benefit guidance published by the Charity Commission.

Open Minds Counselling Service Ltd

Trustees' annual report

for the year ended 30 September 2020

Aims and objectives

The principal objects of the charitable company are:

To provide a counselling organisation available to all clients, offering services including counselling, personal development training to children aged 8 and above and adults who are underprivileged on any issue.

This benefits the public because it is a subsidised or free service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Review of the activities of the Company

The main activities undertaken are providing a counselling service for adults and young people from the age of 8 years, couples and relationship counselling and family therapies. Also hypnotherapy, personal development training for the public and delivery of courses for professionals.

Expanded services included providing training to adults and children on emotional awareness raising, including self-esteem building.

This benefits the public because it is a subsidised service which is otherwise not available within the doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Summary of the main achievements during the period

Floods, Gas Leaks, Pandemics, Oh My!

To say this year has been a rollercoaster is probably an understatement! Prior to October 2019 we struggled with a key staff member being out of work for a substantial portion of the year, meaning that a key role within the organisation had to be absorbed by others, reducing our capacity to support children and young people. Due to surging numbers of children and young people on the waiting list we consulted families on what they would benefit from, and planned a new project under the lottery which would allow young people to drop in on a Saturday and have a calming, fun space, run by two of our CYP counsellors. We began a garden design and restoration project which culminated in July 2019 at our Open Day, creating an outdoor creative space for children and especially serving as a sensory space for neuro-atypical clients. The children's support group was called Saturday Space. We designed the room in consultation with young people already attending therapy, and were donated monies to make it a suitable space. This even included a PS3 and games! Unfortunately despite being designed by and with children and young people and with them in mind the Saturday Space service had no attendees at any point! We were very sorry to have no children and young people to work with, but our evaluation could not really explain why. Families and the young people themselves frequently expressed interest and professionals often contacted Open Minds about the Saturday Space, but this did not translate into attendance. We therefore redeployed the Saturday Space children's counsellors back to one to one work.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2020

Summary of the main achievements during the period continued

Floods!

In November 2019 we had a different type of adversity, when the rains came! Not only did large parts of Doncaster flood, but our building itself suffered minor damage due to the rains, as one of our ceilings was leaking! For client and staff safety we were closed sporadically when people could not reach us safely. We phoned all of our clients however on every occasion to check in with them and make sure if they needed support it was available to them. This lead on to the landlord scheduling a boiler replacement, and ceiling repair – causing more disruption! During this period we again couldn't see clients, for health and safety, and spent most of our time moving furniture back and forth out of the way of the workmen. One positive however was that we paid extra for the workmen to install radiators on our floor, as we have not had central heating in the building until now. When we were finally back on track, after losing nearly all of November to floods and subsequent boiler refitting we then had a ...

Gas Leak!

Actually we didn't, but after the boiler people left and we re-opened, we thought we had a gas leak, and had to close for one day as an emergency while the gas board came to check! By this point we thought we were jinxed, but thankfully our clients were incredibly understanding. We phoned, texted and wrote letters of apology to all of the clients affected, they themselves were understanding of the disruption being out of our control. Cumulatively we had been closed to the public unexpectedly and sporadically for nearly 7 weeks in November and December combined.

Once 2020 arrived, we were back on track, successfully managing the waiting list, working well with children, young people and adults, and looking at new ways of improving our services. When all of a sudden...

Pandemic!

Teaching us that you should never count your chickens, the universe brought us the collective trauma that has been COVID19 and lockdown. On 17th March 2020 we took the decision to begin remote working. We spent the day phoning every client and counsellor of Open Minds and giving them the opportunity to wait until face to face counselling could resume, or to begin working by telephone or video calling. Thankfully after the initial shock to the system of getting the systems and resources in place to let us operate effectively, we began to pick up steam. Internet problems, difficulties getting in touch with our insurers and so forth delayed us initially but after a week we were again operational. We had been frightened at first that our capacity would drop too much to allow us to be effective but we found we went from 114+ face to face clients a week, to initially 30 clients remotely, to around 70 clients aged 13 and over remotely, with referrals continuing to increase. This was achieved even in spite of a reduction in the availability of our counsellors, as many had small children or other caring responsibilities at home which prevented them being able to offer counselling, alongside others who experienced their own losses during this period, and were no longer emotionally able to provide counselling while they themselves grieved. We also lost several staff, not to death but due to choosing to leave due to personal circumstances which made their continued employment or volunteering impossible.

Open Minds Counselling Service Ltd

Trustees' annual report

for the year ended 30 September 2020

Summary of the main achievements during the period continued

IMP;ACT!

At the same time as lockdown began we started to deliver an entirely new service, known as IMP;ACT. Drawing on our extensive experience working with children and adults with life distress, suicidality and complex needs, Open Minds developed the IMP;ACT service to provide a combination of practical and psychological support to individuals who had intended to die within 12 months of referral.

Providing long-term, professional led support to wrap around the individual, IMP;ACT delivers highly specialist and comprehensive care to individuals who would otherwise drop out of the system until future completion of suicide. IMP;ACT is a thorough process of unpicking all the damaging elements of an individual's life and approach to living, and rebuilding these into healthy, functional patterns of behaving and being. As such, IMP;ACT works in-depth with a tightly-controlled caseload of service users in order to maintain effective working. During the first 16 month of the service IMP;ACT received 44 referrals and worked with 20 individuals to move them into long term coping and healthy behaviours. IMP;ACT's SROI (Social Return On Investment) is £269 per £1 invested, with 10 individuals directly stating they would have completed suicide without the intervention of IMP;ACT. The 2021 IMP;ACT report is available at: Reports | IMP;ACT Team (making-an-impact.com) The budget for IMP;ACT is £52,204 per annum, for 2 years

Risks

The directors regularly review the risks that the company faces and seek to manage them accordingly.

Financial risks faced include loss of grant funding. In order to manage this risk we are continually looking for further restricted funds to continue our work and also encourage donations to build up reserves. Another risk is student counsellors leaving Open Minds. This risk is managed by working with Colleges and advertising placement opportunities for their students.

The company's policy on reserves

We have implemented a suggested minimum donation of £3 per session for both counselling and training in order to build up unrestricted reserves. With this, Open Minds will be able to continue paying its overheads when funding has expired.

Responsibilities of the trustees

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the directors are required to: select suitable accounting policies, as described on page 8, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020

Responsibilities of the trustees continued

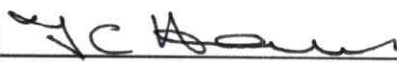
The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above.

Signed on behalf of the company's directors:

Signed 
Jennie Harris, Chairperson

Independent examiner's report to the trustees of Open Minds Counselling Service Ltd for the year ended 30 September 2020

I report on the accounts of the company, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

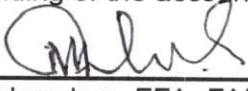
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 
Meshach Adelowokan, FFA, FAIA, FCIE
Manager of CASDon

Date 30/07/2021

Open Minds Counselling Service Ltd
Statement of financial activities
(incorporating an income and expenditure account)
for the year ended 30 September 2020

	Note	Unrestricted Funds £	Restricted Funds £	Restricted Funds £	Total 2020 £	Total 2019 £
Income (and endowments) from:						
Donations and legacies	2	820	-	-	820	35471
Charitable activities	3	11778	185600	-	197378	155182
Other trading activities	4	937	-	-	937	3088
Investments	5	-	-	-	-	9
Other	6	2857	6	-	2863	1454
Total		16392	185606	-	201998	195204
Expenditure on:						
Staff costs	12	8028	129967	-	137995	112333
Volunteer expenses		387	-	-	387	833
Travel and training		1690	569	-	2259	2295
Premises costs		697	17047	-	17744	17490
Equipment, Repairs and maintenance		693	2195	-	2888	5278
Printing and stationery		506	121	-	627	357
Postage and telephone		403	1286	-	1689	960
Grants & Donations paid		5500	-	-	5500	-
Bank charges		-	83	-	83	98
Hospitality /Refreshment		118	-	-	118	128
Fundraising & Publicity		783	93	-	876	675
Insurance		181	1358	-	1539	1386
Legal & professional		3286	2611	-	5897	2853
Depreciation		1014	-	-	1014	1014
Activities & Trips		675	12	-	687	851
Independent examination	15	-	620	-	620	620
Sundries		356	-	-	356	2463
Counselling & CRB Disclosures		449	-	-	449	575
Total		24766	155962	-	180728	150209
Net income/(expenditure)		(8374)	29644	-	21270	44995
Transfers between funds		-	-	-	-	-
Net movement in funds		(8374)	29644	-	21270	44995
Reconciliation of funds:						
Total funds brought forward		34791	20770	-	55561	10566
Total funds carried forward		26417	50414	-	76831	55561

All the activities of the charitable company are classed as continuing. The company had no recognised gains or losses other than the net outgoing resources for the year.

Open Minds Counselling Service Ltd
Balance sheet
As at 30 September 2020

	Note	£	2020 £	2019 £
Fixed assets:				
Tangible assets	7	1488		2502
<i>Total fixed assets</i>			1488	2502
Current assets:				
Debtors		-		-
Cash at bank and in hand		81987		53679
<i>Total current assets</i>		81987		53679
Liabilities:				
Creditors:				
Amounts falling due within one year	9	(6644)		(620)
<i>Net current assets or liabilities</i>			75343	53059
<i>Total assets less current liabilities</i>			76831	55561
Creditors:				
Amounts falling due after more than one year			-	-
Provisions for liabilities			-	-
Net asset or liabilities excluding pension asset or liability			76831	55561
Defined benefit pension scheme asset or liability			-	-
Total net assets or liabilities			76831	55561
The funds of the charity				
Endowment funds			-	-
Restricted income funds	10,11		50414	20770
Unrestricted funds			26417	34791
<i>Total unrestricted funds</i>			26417	34791
Total charity funds			76831	55561

Exemption from audit

For the year ending 30 September 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 6 to 14 were approved by the Board on 29 June 2021 and signed on its behalf by:

Signed 
 Craig Sobiecki, Director/Company Secretary

The notes on pages 10 to 16 form part of these financial statements

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies

Basis of the preparation of the accounts

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP revised 2005), UK accounting standards applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015), and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Depreciation

Depreciation is provided on all tangible assets at the following annual rates calculated in order to write off the cost less estimated residual value over their useful economic lives.

General equipment	20% on cost
Computer equipment (IT)	33.3% on cost
Furniture, Fixtures and fittings	20% on cost

Incoming Resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Grants

Grants receivable funding the general activities of the company are included in the year in which they are receivable, except where the funders specify that they must be used in future accounting periods or funders conditions have not been fulfilled; then the income is deferred.

Resources Expended

Charitable expenditure is recognised in the financial statements on an accruals basis and inclusive of irrecoverable VAT.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources. In the opinion of the trustees, the proportion of indirect costs relating to management and administration of the charity is not material and has therefore not been disclosed separately.

Pension Costs

The charity participates in a group personal pension arrangement. The pension charge represents the amounts payable by the charity to the fund in respect of the year.

Leasing Commitments

Rentals paid under operating leases are charged in the SoFA as incurred.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies - continued

Donated Assets

Donated assets are treated as incoming resources and capitalised as fixed assets at a value estimated by the trustees.

Restricted and Unrestricted Funds

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

Designated Funds

The charity's designated funds are established as a result of regular review of its ongoing needs by the Board of Trustees, and are intended to fully cover significant identifiable financial commitments.

Taxation

As a registered charity, the company is exempt from income and capital taxes on its charitable activities.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants & donations	820	-	-	820	35471
Legacies	-	-	-	-	-
Memberships	-	-	-	-	-
	820	-	-	820	35471

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants and contracts	-	185600	-	185600	139053
Primary purpose trading	11778	-	-	11778	16129
	11778	185600	-	197378	155182

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

4. Income from other trading activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Shop sales	-	-	-	-	-
Room hire	505	-	-	505	2132
Fundraising events	432	-	-	432	956
	937	-	-	937	3088

5. Investment income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Interest	-	-	-	-	9
Dividend	-	-	-	-	-
Rental income (<i>inv properties</i>)	-	-	-	-	-
	-	-	-	-	9

6. Other income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Furlough scheme	249	-	-	249	-
Other	2608	6	-	2614	1454
	2857	6	-	2863	1454

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

7. Tangible assets (analysis of opening & closing carrying amounts)

Cost or valuation	Furniture	General equipment	IT equipment	Total
	£	£	£	£
At beginning of the year	2893	1235	4242	8370
Additions	-	-	-	-
Disposals	-	-	-	-
Valuations	-	-	-	-
Transfer	-	-	-	-
	<u>2893</u>	<u>1235</u>	<u>4242</u>	<u>8370</u>
Depreciation and impairments				
At beginning of the year	1748	821	3299	5868
Disposals	-	-	-	-
Depreciation	335	207	472	1014
	<u>2083</u>	<u>1028</u>	<u>3771</u>	<u>6882</u>
Net book value				
At beginning of the year	1145	414	943	2502
At end of the year	- <u>810</u>	- <u>207</u>	- <u>471</u>	- <u>1488</u>

8. Debtors

	2020	2019
	£	£
Trade debtors	-	-
Prepayments	-	-
Other debtors	-	-
	<u>-</u>	<u>-</u>

9. Creditors - amounts falling due within one year

	2020	2019
	£	£
Accruals	1240	620
Deferred income (Big Lottery)	5400	-
Other	4	-
	<u>6644</u>	<u>620</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

10. Movements in funds

	Balances brought forward £	Income £	Expenditure £	Transfers £	Gains Losses	Balances carried forward £
Unrestricted Funds						
General	34,791	16392	(24766)	-	-	26417
	<u>34791</u>	<u>16392</u>	<u>(24766)</u>	<u>-</u>	<u>-</u>	<u>26417</u>
Restricted Funds						
Big Lottery Fund	10534	126704	(126294)	-	-	10944
CIP	6189	6698	(1489)	-	-	11398
Impact	-	52204	(23729)	-	-	28475
Molly Hurst	4047	-	(4450)	-	-	(403)
Transform Art Groups	-	-	-	-	-	-
	<u>20770</u>	<u>185606</u>	<u>(155962)</u>	<u>-</u>	<u>-</u>	<u>50414</u>

The Big Lottery Fund grant was given to cover staff salaries and other running costs.

11. Staff costs and numbers

Staff costs were as follows:

	2020	2019
	£	£
Wages and salaries	132253	103947
Social security costs	3615	6588
Pension	2127	1798
	<u>137995</u>	<u>112333</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 9.0 (2019: 9.0)
At the year end, pension charges of £nil had not been remitted. (2019: £nil).
The company contributes to a defined contribution scheme for 2 employees.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

12. Analysis of net assets by fund

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	1488	-	1488
Net current assets	24929	50414	75343
	26417	50414	76831

13. The Trustees' remuneration, benefits and expenses

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

No trustee expenses have been incurred.

14. Related party transactions

There have been no related party transactions during the period.

15. Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2020 £	2019 £
Independent examination	620	620
Tax advisory services	-	-
Other financial services	-	-
	620	620

16. Benefits in kind

When funds are low, the Landlord – Doncaster Disabled People's Alliance, allows Open Minds Counselling Service Ltd. to pay significantly reduced rent for the office accommodation. Also the managing director takes a significant reduction in pay during these times

17. Pension commitments

The Charity operates a defined contribution pension scheme, during the year the Charity made contributions to the scheme of £1,798 (2019:£1,798). At 30 September 2020 there was no outstanding liability.

18. Comparative information

For comparison purpose, the Statement of financial activities for the year-ended 30/09/2019 is presented as below:

(see next page)

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2019

	Note	Unrestricted Funds £	Restricted Funds £	Restricted dowment Funds £	Total 2019 £
Income (and endowments) from:					
Donations and legacies	2	35471	-	-	35471
Charitable activities	3	16129	139053	-	155182
Other trading activities	4	3088	-	-	3088
Investments	5	-	9	-	9
Other	6	1382	72	-	1454
Total		56070	139134	-	195204
Expenditure on:					
Staff costs	12	10113	102220	-	112333
Volunteer expenses		279	554	-	833
Travel and training		1628	667	-	2295
Premises costs		1857	15633	-	17490
Equipment, Repairs and maintenance		3507	1771	-	5278
Printing and stationery		357	-	-	357
Postage and telephone		199	761	-	960
Grants & Donations paid		-	-	-	-
Bank charges		-	98	-	98
Hospitality /Refreshment		119	9	-	128
Fundraising & Publicity		675	-	-	675
Insurance		90	1296	-	1386
Legal & professional		2818	35	-	2853
Depreciation		1014	-	-	1014
Activities & Trips		23	828	-	851
Independent examination	15	-	620	-	620
Sundries		1480	983	-	2463
Counselling & CRB Disclosures		486	89	-	575
Total		24645	125564	-	150209
Net income/(expenditure)		31425	13570	-	44995
Transfers between funds		(1384)	1384	-	-
Net movement in funds		30041	14954	-	44995
Reconciliation of funds:					
Total funds brought forward		4750	5816	-	10566
Total funds carried forward		34791	20770	-	55561

OPEN MINDS COUNSELLING SERVICE LTD.

England & Wales - Charity number 1155119

Accounts

COMPANY REGISTRATION NUMBER 6695828

OPEN MINDS COUNSELLING SERVICE LTD
FINANCIAL STATEMENTS

30 SEPTEMBER 2020

CHARITY NUMBER 1155119



Community Benefit Additions Limited
Workhere, 3 Cavendish Court,
South Parade
Doncaster
DN1 2DJ

Open Minds Counselling Service Ltd
(Registered charity, number 1155119)
(Registered company, number 06695828)
Financial statements
for the year ended 30 September 2020

Page	Contents
2 - 6	Trustees' annual report
7	Independent examiner's report
8	Statement of financial activities
9	Balance sheet
10 - 16	Notes to the accounts

**Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020**

The trustees (who are also the directors of the company for the purposes of company law) submit their annual report and the financial statements for the year ended 30 September 2020.

Full name Open Minds Counselling Service Limited

Date of incorporation 11/09/08

Registered company number 06695828

Charity Registration number 1155119

Registered address

39 Park Road, Askern, Doncaster DN6 0BB

Contact address

28 Christ Church Road, Doncaster DN1 2QL

Trustees (Directors)

Jennie Harris, Chairperson

Craig Sobiecki, Company Secretary

Natalie Green, Treasurer

Alan Morgan (until 06/08/2020)

Lee Danysz, (until 13/05/2020)

Senior Staff Member

Helen Mason, Managing Director

Governing document

The company is operated under the rules of its memorandum and articles of association adopted 11/09/08. It is a company limited by guarantee and therefore has no share capital. The liability of each member in the event of winding-up is limited to £1.

Overall management of the company is the responsibility of the trustee board who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is managed and carried out by volunteers and/or paid staff. All members of the Trustee Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity would be set out in Notes to the Accounts – there have been none.

Bankers

Barclays Bank plc, Ten Pound Walk, Doncaster, South Yorkshire, DN4 5HJ

Independent examiner

Meshach Adelowokan FFA, FAIA, FCIE, Director of Community Benefit Additions Limited for CASDon, Workhere, 3 Cavendish Court, South Parade, Doncaster, DN1 2DJ.

The trustees of the charity have complied with section 4 of the Charities Act 2006 in fulfilling their duty to have due regard to public benefit guidance published by the Charity Commission.

Open Minds Counselling Service Ltd

Trustees' annual report

for the year ended 30 September 2020

Aims and objectives

The principal objects of the charitable company are:

To provide a counselling organisation available to all clients, offering services including counselling, personal development training to children aged 8 and above and adults who are underprivileged on any issue.

This benefits the public because it is a subsidised or free service which is otherwise not available within the Doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Review of the activities of the Company

The main activities undertaken are providing a counselling service for adults and young people from the age of 8 years, couples and relationship counselling and family therapies. Also hypnotherapy, personal development training for the public and delivery of courses for professionals.

Expanded services included providing training to adults and children on emotional awareness raising, including self-esteem building.

This benefits the public because it is a subsidised service which is otherwise not available within the doncaster area. People accessing our service would otherwise have no access to psychological support of this nature.

Summary of the main achievements during the period

Floods, Gas Leaks, Pandemics, Oh My!

To say this year has been a rollercoaster is probably an understatement! Prior to October 2019 we struggled with a key staff member being out of work for a substantial portion of the year, meaning that a key role within the organisation had to be absorbed by others, reducing our capacity to support children and young people. Due to surging numbers of children and young people on the waiting list we consulted families on what they would benefit from, and planned a new project under the lottery which would allow young people to drop in on a Saturday and have a calming, fun space, run by two of our CYP counsellors. We began a garden design and restoration project which culminated in July 2019 at our Open Day, creating an outdoor creative space for children and especially serving as a sensory space for neuro-atypical clients. The children's support group was called Saturday Space. We designed the room in consultation with young people already attending therapy, and were donated monies to make it a suitable space. This even included a PS3 and games! Unfortunately despite being designed by and with children and young people and with them in mind the Saturday Space service had no attendees at any point! We were very sorry to have no children and young people to work with, but our evaluation could not really explain why. Families and the young people themselves frequently expressed interest and professionals often contacted Open Minds about the Saturday Space, but this did not translate into attendance. We therefore redeployed the Saturday Space children's counsellors back to one to one work.

Open Minds Counselling Service Ltd Trustees' annual report for the year ended 30 September 2020

Summary of the main achievements during the period continued

Floods!

In November 2019 we had a different type of adversity, when the rains came! Not only did large parts of Doncaster flood, but our building itself suffered minor damage due to the rains, as one of our ceilings was leaking! For client and staff safety we were closed sporadically when people could not reach us safely. We phoned all of our clients however on every occasion to check in with them and make sure if they needed support it was available to them. This lead on to the landlord scheduling a boiler replacement, and ceiling repair – causing more disruption! During this period we again couldn't see clients, for health and safety, and spent most of our time moving furniture back and forth out of the way of the workmen. One positive however was that we paid extra for the workmen to install radiators on our floor, as we have not had central heating in the building until now. When we were finally back on track, after losing nearly all of November to floods and subsequent boiler refitting we then had a ...

Gas Leak!

Actually we didn't, but after the boiler people left and we re-opened, we thought we had a gas leak, and had to close for one day as an emergency while the gas board came to check! By this point we thought we were jinxed, but thankfully our clients were incredibly understanding. We phoned, texted and wrote letters of apology to all of the clients affected, they themselves were understanding of the disruption being out of our control. Cumulatively we had been closed to the public unexpectedly and sporadically for nearly 7 weeks in November and December combined.

Once 2020 arrived, we were back on track, successfully managing the waiting list, working well with children, young people and adults, and looking at new ways of improving our services. When all of a sudden...

Pandemic!

Teaching us that you should never count your chickens, the universe brought us the collective trauma that has been COVID19 and lockdown. On 17th March 2020 we took the decision to begin remote working. We spent the day phoning every client and counsellor of Open Minds and giving them the opportunity to wait until face to face counselling could resume, or to begin working by telephone or video calling. Thankfully after the initial shock to the system of getting the systems and resources in place to let us operate effectively, we began to pick up steam. Internet problems, difficulties getting in touch with our insurers and so forth delayed us initially but after a week we were again operational. We had been frightened at first that our capacity would drop too much to allow us to be effective but we found we went from 114+ face to face clients a week, to initially 30 clients remotely, to around 70 clients aged 13 and over remotely, with referrals continuing to increase. This was achieved even in spite of a reduction in the availability of our counsellors, as many had small children or other caring responsibilities at home which prevented them being able to offer counselling, alongside others who experienced their own losses during this period, and were no longer emotionally able to provide counselling while they themselves grieved. We also lost several staff, not to death but due to choosing to leave due to personal circumstances which made their continued employment or volunteering impossible.

Open Minds Counselling Service Ltd

Trustees' annual report

for the year ended 30 September 2020

Summary of the main achievements during the period continued

IMP;ACT!

At the same time as lockdown began we started to deliver an entirely new service, known as IMP;ACT. Drawing on our extensive experience working with children and adults with life distress, suicidality and complex needs, Open Minds developed the IMP;ACT service to provide a combination of practical and psychological support to individuals who had intended to die within 12 months of referral.

Providing long-term, professional led support to wrap around the individual, IMP;ACT delivers highly specialist and comprehensive care to individuals who would otherwise drop out of the system until future completion of suicide. IMP;ACT is a thorough process of unpicking all the damaging elements of an individual's life and approach to living, and rebuilding these into healthy, functional patterns of behaving and being. As such, IMP;ACT works in-depth with a tightly-controlled caseload of service users in order to maintain effective working. During the first 16 month of the service IMP;ACT received 44 referrals and worked with 20 individuals to move them into long term coping and healthy behaviours. IMP;ACT's SROI (Social Return On Investment) is £269 per £1 invested, with 10 individuals directly stating they would have completed suicide without the intervention of IMP;ACT. The 2021 IMP;ACT report is available at: Reports | IMP;ACT Team (making-an-impact.com) The budget for IMP;ACT is £52,204 per annum, for 2 years

Risks

The directors regularly review the risks that the company faces and seek to manage them accordingly.

Financial risks faced include loss of grant funding. In order to manage this risk we are continually looking for further restricted funds to continue our work and also encourage donations to build up reserves. Another risk is student counsellors leaving Open Minds. This risk is managed by working with Colleges and advertising placement opportunities for their students.

The company's policy on reserves

We have implemented a suggested minimum donation of £3 per session for both counselling and training in order to build up unrestricted reserves. With this, Open Minds will be able to continue paying its overheads when funding has expired.

Responsibilities of the trustees

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the directors are required to: select suitable accounting policies, as described on page 8, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The members of the Committee must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

Open Minds Counselling Service Ltd
Trustees' annual report
for the year ended 30 September 2020

Responsibilities of the trustees continued

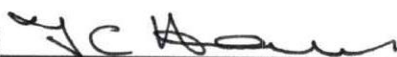
The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above.

Signed on behalf of the company's directors:

Signed 
Jennie Harris, Chairperson

Independent examiner's report to the trustees of Open Minds Counselling Service Ltd for the year ended 30 September 2020

I report on the accounts of the company, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

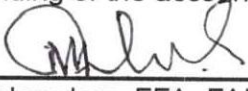
Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 
Meshach Adelowokan, FFA, FAIA, FCIE
Manager of CASDon

Date 30/07/2021

Open Minds Counselling Service Ltd
Statement of financial activities
(incorporating an income and expenditure account)
for the year ended 30 September 2020

	Note	Unrestricted Funds £	Restricted Funds £	dowment Funds £	Total 2020 £	Total 2019 £
Income (and endowments) from:						
Donations and legacies	2	820	-	-	820	35471
Charitable activities	3	11778	185600	-	197378	155182
Other trading activities	4	937	-	-	937	3088
Investments	5	-	-	-	-	9
Other	6	2857	6	-	2863	1454
Total		16392	185606	-	201998	195204
Expenditure on:						
Staff costs	12	8028	129967	-	137995	112333
Volunteer expenses		387	-	-	387	833
Travel and training		1690	569	-	2259	2295
Premises costs		697	17047	-	17744	17490
Equipment, Repairs and maintenance		693	2195	-	2888	5278
Printing and stationery		506	121	-	627	357
Postage and telephone		403	1286	-	1689	960
Grants & Donations paid		5500	-	-	5500	-
Bank charges		-	83	-	83	98
Hospitality /Refreshment		118	-	-	118	128
Fundraising & Publicity		783	93	-	876	675
Insurance		181	1358	-	1539	1386
Legal & professional		3286	2611	-	5897	2853
Depreciation		1014	-	-	1014	1014
Activities & Trips		675	12	-	687	851
Independent examination	15	-	620	-	620	620
Sundries		356	-	-	356	2463
Counselling & CRB Disclosures		449	-	-	449	575
Total		24766	155962	-	180728	150209
Net income/(expenditure)		(8374)	29644	-	21270	44995
Transfers between funds		-	-	-	-	-
Net movement in funds		(8374)	29644	-	21270	44995
Reconciliation of funds:						
Total funds brought forward		34791	20770	-	55561	10566
Total funds carried forward		26417	50414	-	76831	55561

All the activities of the charitable company are classed as continuing. The company had no recognised gains or losses other than the net outgoing resources for the year.

Open Minds Counselling Service Ltd
Balance sheet
As at 30 September 2020

	Note	£	2020 £	2019 £
Fixed assets:				
Tangible assets	7	1488		2502
<i>Total fixed assets</i>			1488	2502
Current assets:				
Debtors		-		-
Cash at bank and in hand		81987		53679
<i>Total current assets</i>		81987		53679
Liabilities:				
Creditors:				
Amounts falling due within one year	9	(6644)		(620)
<i>Net current assets or liabilities</i>			75343	53059
<i>Total assets less current liabilities</i>			76831	55561
Creditors:				
Amounts falling due after more than one year			-	-
Provisions for liabilities			-	-
Net asset or liabilities excluding pension asset or liability			76831	55561
Defined benefit pension scheme asset or liability			-	-
Total net assets or liabilities			76831	55561
The funds of the charity				
Endowment funds			-	-
Restricted income funds	10,11		50414	20770
Unrestricted funds			26417	34791
<i>Total unrestricted funds</i>			26417	34791
Total charity funds			76831	55561

Exemption from audit

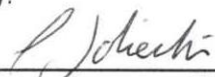
For the year ending 30 September 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements on pages 6 to 14 were approved by the Board on 29 June 2021 and signed on its behalf by:

Signed 
 Craig Sobiecki, Director/Company Secretary

The notes on pages 10 to 16 form part of these financial statements

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies

Basis of the preparation of the accounts

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP revised 2005), UK accounting standards applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (the FRSSE) (effective 1 January 2015), and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Depreciation

Depreciation is provided on all tangible assets at the following annual rates calculated in order to write off the cost less estimated residual value over their useful economic lives.

General equipment	20% on cost
Computer equipment (IT)	33.3% on cost
Furniture, Fixtures and fittings	20% on cost

Incoming Resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Grants

Grants receivable funding the general activities of the company are included in the year in which they are receivable, except where the funders specify that they must be used in future accounting periods or funders conditions have not been fulfilled; then the income is deferred.

Resources Expended

Charitable expenditure is recognised in the financial statements on an accruals basis and inclusive of irrecoverable VAT.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources. In the opinion of the trustees, the proportion of indirect costs relating to management and administration of the charity is not material and has therefore not been disclosed separately.

Pension Costs

The charity participates in a group personal pension arrangement. The pension charge represents the amounts payable by the charity to the fund in respect of the year.

Leasing Commitments

Rentals paid under operating leases are charged in the SoFA as incurred.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

1. Accounting policies - continued

Donated Assets

Donated assets are treated as incoming resources and capitalised as fixed assets at a value estimated by the trustees.

Restricted and Unrestricted Funds

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

Designated Funds

The charity's designated funds are established as a result of regular review of its ongoing needs by the Board of Trustees, and are intended to fully cover significant identifiable financial commitments.

Taxation

As a registered charity, the company is exempt from income and capital taxes on its charitable activities.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants & donations	820	-	-	820	35471
Legacies	-	-	-	-	-
Memberships	-	-	-	-	-
	820	-	-	820	35471

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Grants and contracts	-	185600	-	185600	139053
Primary purpose trading	11778	-	-	11778	16129
	11778	185600	-	197378	155182

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

4. Income from other trading activities

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Shop sales	-	-	-	-	-
Room hire	505	-	-	505	2132
Fundraising events	432	-	-	432	956
	937	-	-	937	3088

5. Investment income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Interest	-	-	-	-	9
Dividend	-	-	-	-	-
Rental income (<i>inv properties</i>)	-	-	-	-	-
	-	-	-	-	9

6. Other income

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds £	2019 £
Furlough scheme	249	-	-	249	-
Other	2608	6	-	2614	1454
	2857	6	-	2863	1454

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

7. Tangible assets (analysis of opening & closing carrying amounts)

Cost or valuation	Furniture	General equipment	IT equipment	Total
	£	£	£	£
At beginning of the year	2893	1235	4242	8370
Additions	-	-	-	-
Disposals	-	-	-	-
Valuations	-	-	-	-
Transfer	-	-	-	-
	<u>2893</u>	<u>1235</u>	<u>4242</u>	<u>8370</u>
Depreciation and impairments				
At beginning of the year	1748	821	3299	5868
Disposals	-	-	-	-
Depreciation	335	207	472	1014
	<u>2083</u>	<u>1028</u>	<u>3771</u>	<u>6882</u>
Net book value				
At beginning of the year	1145	414	943	2502
At end of the year	- <u>810</u>	- <u>207</u>	- <u>471</u>	- <u>1488</u>

8. Debtors

	2020	2019
	£	£
Trade debtors	-	-
Prepayments	-	-
Other debtors	-	-
	<u>-</u>	<u>-</u>

9. Creditors - amounts falling due within one year

	2020	2019
	£	£
Accruals	1240	620
Deferred income (Big Lottery)	5400	-
Other	4	-
	<u>6644</u>	<u>620</u>

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

10. Movements in funds

	Balances brought forward £	Income £	Expenditure £	Transfers £	Gains Losses	Balances carried forward £
Unrestricted Funds						
General	34,791	16392	(24766)	-	-	26417
	<u>34791</u>	<u>16392</u>	<u>(24766)</u>	<u>-</u>	<u>-</u>	<u>26417</u>
Restricted Funds						
Big Lottery Fund	10534	126704	(126294)	-	-	10944
CIP	6189	6698	(1489)	-	-	11398
Impact	-	52204	(23729)	-	-	28475
Molly Hurst	4047	-	(4450)	-	-	(403)
Transform Art Groups	-	-	-	-	-	-
	<u>20770</u>	<u>185606</u>	<u>(155962)</u>	<u>-</u>	<u>-</u>	<u>50414</u>

The Big Lottery Fund grant was given to cover staff salaries and other running costs.

11. Staff costs and numbers

Staff costs were as follows:

	2020	2019
	£	£
Wages and salaries	132253	103947
Social security costs	3615	6588
Pension	2127	1798
	<u>137995</u>	<u>112333</u>

No employee received emoluments of more than £60,000.

The average weekly number of employees during the year was 9.0 (2019: 9.0)
At the year end, pension charges of £nil had not been remitted. (2019: £nil).
The company contributes to a defined contribution scheme for 2 employees.

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2020

12. Analysis of net assets by fund

	Unrestricted funds £	Restricted funds £	Total funds £
Fixed assets	1488	-	1488
Net current assets	24929	50414	75343
	<u>26417</u>	<u>50414</u>	<u>76831</u>

13. The Trustees' remuneration, benefits and expenses

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.
 No trustee expenses have been incurred.

14. Related party transactions

There have been no related party transactions during the period.

15. Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2020 £	2019 £
Independent examination	620	620
Tax advisory services	-	-
Other financial services	-	-
	<u>620</u>	<u>620</u>

16. Benefits in kind

When funds are low, the Landlord – Doncaster Disabled People's Alliance, allows Open Minds Counselling Service Ltd. to pay significantly reduced rent for the office accommodation. Also the managing director takes a significant reduction in pay during these times

17. Pension commitments

The Charity operates a defined contribution pension scheme, during the year the Charity made contributions to the scheme of £1,798 (2019:£1,798). At 30 September 2020 there was no outstanding liability.

18. Comparative information

For comparison purpose, the Statement of financial activities for the year-ended 30/09/2019 is presented as below:

(see next page)

Open Minds Counselling Service Ltd
Notes to the accounts
for the year ended 30 September 2019

	Note	Unrestricted Funds £	Restricted Funds £	Restricted dowment Funds £	Total 2019 £
Income (and endowments) from:					
Donations and legacies	2	35471	-	-	35471
Charitable activities	3	16129	139053	-	155182
Other trading activities	4	3088	-	-	3088
Investments	5	-	9	-	9
Other	6	1382	72	-	1454
Total		56070	139134	-	195204
Expenditure on:					
Staff costs	12	10113	102220	-	112333
Volunteer expenses		279	554	-	833
Travel and training		1628	667	-	2295
Premises costs		1857	15633	-	17490
Equipment, Repairs and maintenance		3507	1771	-	5278
Printing and stationery		357	-	-	357
Postage and telephone		199	761	-	960
Grants & Donations paid		-	-	-	-
Bank charges		-	98	-	98
Hospitality /Refreshment		119	9	-	128
Fundraising & Publicity		675	-	-	675
Insurance		90	1296	-	1386
Legal & professional		2818	35	-	2853
Depreciation		1014	-	-	1014
Activities & Trips		23	828	-	851
Independent examination	15	-	620	-	620
Sundries		1480	983	-	2463
Counselling & CRB Disclosures		486	89	-	575
Total		24645	125564	-	150209
Net income/(expenditure)		31425	13570	-	44995
Transfers between funds		(1384)	1384	-	-
Net movement in funds		30041	14954	-	44995
Reconciliation of funds:					
Total funds brought forward		4750	5816	-	10566
Total funds carried forward		34791	20770	-	55561