



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## Trustees' Annual Report for the period

From 1<sup>st</sup> July 2024      Period start date    To 30<sup>th</sup> June 2025      Period end date

Charity name: Backwell Life

Charity registration number: 1155047

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are to further or benefit the residents of Backwell, N Somerset and the neighbourhood, without distinction of sex, sexual orientation, race or of political, religious or other opinions by associating together the said residents and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation leisure time occupation with the objective of improving the conditions of life for the residents and such other purposes which may be charitable according to the law of England and Wales.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The principal activity is The Meeting Point, a community hub run in Backwell, where people can meet to socialise, access a range of services and support and where small groups can gather. There is also internet access and support for computer users. The charity hosts groups for example chair yoga. A twice-monthly lunch club is provided, mainly for elderly residents. Mother and toddler / primary aged child activities are provided during all school holidays. The charity also publicises social activities within the community.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The charity advances education and provides facilities in the interest of social welfare for recreation leisure time occupation with the objective of improving the conditions of life for the residents of Backwell, North Somerset, having due regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
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Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All regular activities are supported by the team of volunteers, who contribute approximately 750 volunteer hours each year to the work of the charity.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Hospitality is a key feature of The Meeting Point as a weekly drop-in café and this continues to be the key founding principle of all the charity's activities.</p> <p>The annual programme of children's activities was run in the school summer holidays (parents or carers in attendance), which we know is highly valued. This includes engaging local artists and activity providers. Additional children's activities are provided in the other holidays.</p> <p>The twice-monthly lunch-club maintains a loyal and regular attendance. Support with transport for elderly guests is much appreciated. We receive referrals by local Social Prescribers.</p> <p>Chair yoga sessions are provided by a qualified teacher for those with limited mobility. These have become real social events as well and regular attendance has continued to grow over the year.</p> <p>The EUSS support scheme has come to an end, and no further assisted Digital Support programmes are being offered, mainly because the target users for further schemes generally fall outside the charity's geographical area of operation.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>The lunch club has maintained its regular attendance and is much valued by new guests as well as regulars. The charity aims to provide economical lunches but has been able to increase donation levels to cost pressures. The new 2-day holiday event for older residents was repeated in July 2025.</p> <p>It has also supported the growth of the Chair yoga sessions with numbers now up to nearly 30 per week. This is clearly valued as a social activity as well as good exercise for those with limited mobility.</p> <p>School summer holiday activities for primary aged children were again very successful and will continue. As far as possible, shorter school holidays will also include a children's activity, sometimes also using external providers.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>Funds are raised through donations received for refreshments and meals and small individual donations. Donations were received from a fundraising BBQ held in June 2025.</p>
Investment performance against objectives	Para 1.41	<b>N/A</b>
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position is considered sound, with income adequately covering outgoings.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees aim to hold sufficient reserves to continue the long-term objectives of the charity without jeopardising their short-term activities. There are no designated reserves, although a sum was transferred to a savings account during the year to benefit from bank interest.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	The charity does not hold designated reserves as it benefits from regular donations covering regular expenses.
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principle sources of funds are membership fees, donations for refreshments, voluntary contributions for children's activities, individual and organisational donations, occasional fundraising events plus a Parish Council grant.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees must be a member of the CIO and are appointed by the members or the Trustees. The Rector of the Benefice of Backwell with Chelvey & Brockley and the Methodist Minister of West Town are ex officio Trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Backwell Life
Other name the charity uses	The Meeting Point
Registered charity number	1155047
Charity's principal address	5 West Town Road Backwell Bristol BS48 3HA

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Martin Canning	Chair from AGM 2024	13-11-2024 to 30-06-2025	
2	Douglas Neilson			
3	Susan Watts	Chair to AGM 2024	01-07-2024 to 13-11-2024	
4	Tamsin Hockett	Secretary		
5	Sarah Payne	Treasurer		
6				
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14				
15				
16				
17				
18				
19				
20				

### Corporate trustees – names of the directors at the date the report was approved

Director name		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)****Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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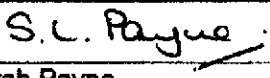
**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin Canning	Sarah Payne
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date 20<sup>th</sup> October 2025





CHARITY COMMISSION  
FOR ENGLAND AND WALES

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01.07.2024

To

Period end date  
30.06.2025

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Café takings	1,595	-	-	1,595	1,142
Lunch takings	5,061	-	-	5,061	3,504
Donations	559	-	-	559	722
Grants Received	500	-	-	500	500
Legacy Received	-	-	-	-	-
Fund raising	-	-	-	-	-
Membership	120	-	-	120	190
Gift Aid	-	-	-	-	-
UESS Digital support Fees	25	-	-	25	50
Sitting Fit income 28/9>	-	-	-	-	-
Interest	33	-	-	33	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>7,893</b>	<b>-</b>	<b>-</b>	<b>7,893</b>	<b>6,108</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,893</b>	<b>-</b>	<b>-</b>	<b>7,893</b>	<b>6,108</b>
<b>A3 Payments</b>					
Rent/hall hire	2,563	-	-	2,563	1,893
Refreshments	452	-	-	452	441
Lunch costs	3,355	-	-	3,355	2,807
Provision of Activities	411	-	-	411	309
Insurance	153	-	-	153	120
Equipment expenses	367	-	-	367	-
Internet	84	-	-	84	84
Advertising	-	-	-	-	-
Sitting Fit Yoga	-	-	-	-	-
Children's Summer Activities	836	-	-	836	473
Other administrative expenses	127	-	-	127	201
SumUp fees	36	-	-	36	1
Labour (DBS checks)	-	-	-	-	42
Thank you celebrations - July 2023	-	-	-	-	200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>8,383</b>	<b>-</b>	<b>-</b>	<b>8,383</b>	<b>6,571</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>8,383</b>	<b>-</b>	<b>-</b>	<b>8,383</b>	<b>6,571</b>
<b>Net of receipts/(payments)</b>	<b>- 490</b>	<b>-</b>	<b>-</b>	<b>- 490</b>	<b>- 463</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

A6 Cash funds last year end	7,290	-	-	7,290	7,753
Cash funds this year end	6,801	-	-	6,801	7,290

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	