



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 1st July 2022 Period start date To 30th June 2023 Period end date

Charity name: Backwell Life

Charity registration number: 1155047

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are to further or benefit the residents of Backwell, N Somerset and the neighbourhood, without distinction of sex, sexual orientation, race or of political, religious or other opinions by associating together the said residents and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation leisure time occupation with the objective of improving the conditions of life for the residents and such other purposes which may be charitable according to the law of England and Wales.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The principal activity is The Meeting Point, a community hub run in Backwell, where people can meet to socialise, access a range of services and support and where small groups can gather.</p> <p>A range of information and service contacts is available. There is also internet access and support for computer users. Vouchers are available for Clevedon Foodbank. The charity hosts groups for example chair yoga.</p> <p>A twice-monthly lunch club is provided, mainly for elderly residents. Mother and toddler / primary aged child activities are provided during school holidays. The charity facilitates improvement courses and publicises social activities within the community.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The charity advances education and provides facilities in the interest of social welfare for recreation leisure time occupation with the objective of improving the conditions of life for the residents of Backwell, North Somerset, having due regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All regular activities are supported by the team of volunteers, who contribute approximately 750 volunteer hours each year to the work of the charity.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the 2022/3 winter, The Meeting Point was registered with the Warm Rooms scheme and North Somerset Council's Public Living Rooms scheme to provide a welcome space for people facing high energy costs. Hospitality is a key feature of The Meeting Point as a weekly drop-in café.</p> <p>The usual programme of children's activities was run in the school summer holidays (parents or carers in attendance), which we know is highly valued.</p> <p>The lunch-club maintains a healthy and regular attendance. Support with transport for elderly guests is much appreciated.</p> <p>Although the EUSS support scheme has come to an end, there continue to be very occasional support requirements.</p> <p>Chair yoga sessions are provided by a qualified teacher for those with limited mobility. These have become real social events as well and regular attendance has doubled over recent months.</p> <p>Digital support was provided under the banner of Tea & Tech (with support from WERN), but this has now ended.</p>

		A series of economical cookery demonstrations was given by a professional chef in Jan/Feb, supported by Backwell Parish Council.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>The lunch club has maintained its regular attendance and is much valued by new guests as well as regulars.</p> <p>The charity had 2 main aims during the winter months – to provide a warm and welcoming space to reduce the need to heat homes and to provide some help and guidance with the preparation of economical meals. Although the latter was successful (but with a small number of participants), the warm room attracted almost no visitors. This was the experience at similar locations in the village.</p> <p>Chair yoga sessions saw a steady growth in numbers, to around 12-14 per week. This is clearly valued as a social activity as well as good exercise for those with limited mobility.</p>
Performance of fundraising activities against objectives set	Para 1.41	Funds are raised through donations received for refreshments and meals and small individual donations. In addition, the charity received a grant for the Public Living Rooms scheme and a generous donation from the local Probus branch.
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position is considered sound, with income adequately covering outgoings.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees aim to hold sufficient reserves to continue the long-term objectives of the charity without jeopardising their short-term activities. There are no designated reserves.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	The charity does not hold designated reserves as it benefits from regular donations covering regular expenses.
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principle sources of funds are membership fees, donations for refreshments, voluntary contributions for children's activities, individual and organisational donations plus Parish Council and District Council grants.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees must be a member of the CIO and are appointed by the members or the Trustees. The Rector of the Benefice of Backwell with Chelvey & Brockley and the Methodist Minister of West Town are ex officio Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Backwell Life
Other name the charity uses	The Meeting Point
Registered charity number	1155047
Charity's principal address	5 West Town Road Backwell Bristol BS48 3HA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Martin Canning	Chair		
2	Douglas Neilson		01-07-2022 to 03-11-2022	
3	Susan Watts		03-11-2022 to 30-06-2023	
4	Tamsin Hockett	Secretary		
5	Sarah Payne	Treasurer		
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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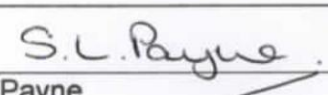
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin Canning	Sarah Payne
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date 21st October 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

No 01 5901
1155047

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01.07.2022		30.06.2023

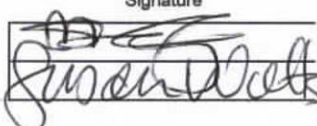
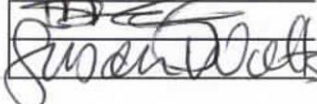
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Café takings	1,072	-	-	1,072	4,130
Lunch takings	3,076	-	-	3,076	-
Donations	1,081	-	-	1,081	543
Grants Received	1,100	-	-	1,100	500
Legacy Received	-	-	-	-	2,000
Fund raising	-	-	-	-	399
Membership	175	-	-	175	180
Gift Aid	105	-	-	105	162
UESS Digital support Fees	-	-	-	-	275
Sitting Fit income 28/9>	-	-	-	-	1,074
Grants Received	-	-	-	-	-
Interest	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,609	-	-	6,609	9,263
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,609	-	-	6,609	9,263
A3 Payments					
Rent/hall hire	1,746	-	-	1,746	1,608
Refreshments	484	-	-	484	2,381
Lunch costs	2,319	-	-	2,319	-
Provision of Activities	139	-	-	139	822
Insurance	116	-	-	116	116
Equipment expenses	2,176	-	-	2,176	29
Internet	133	-	-	133	159
Advertising	-	-	-	-	5
Sitting Fit Yoga	-	-	-	-	1,392
Children's Summer Activities	760	-	-	760	-
Other administrative expenses	101	-	-	101	-
SumUp fees	2	-	-	2	-
Labour (DBS checks)	-	-	-	-	-
Fundraising costs	218	-	-	218	108
Grants/ Donations made	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	8,192	-	-	8,192	6,600
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,192	-	-	8,192	6,600
Net of receipts/(payments)	- 1,583	-	-	- 1,583	2,663
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,337	-	-	9,337	6,674
Cash funds this year end	7,753	-	-	7,753	9,337

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M.S. CANNING	7.11.2023
	S.M.L. WATTS	7.11.2023



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Backwell Life

**On accounts for the year
ended**

30 June 2023

Charity no

1155047

Set out on pages

One & Two

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the above year.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 4 September 2023

Name:

Anne Lesley Barratt

**Relevant professional
qualification(s) or body
(if any):**

Address:

12 Dunkery Close

Nailsea

Bristol BS48 2LB

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.