

CHARITY REGISTRATION NUMBER: 1154766

ARCH Teesside
Unaudited Financial Statements
31 March 2025

S J ACCOUNTING SERVICES (NE) LTD

ARCH Teesside
Financial Statements
Year ended 31 March 2025

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ARCH Teesside

Trustees' Annual Report

Year ended 31 March 2025

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2025.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly	
Ms L Wattis	
SJ Walker	(Retired 27 January 2025)
Ms M Hamilton	(Retired 1 November 2024)
Ms R Taylor	
Ms S Caddell	(Appointed 31 January 2025)

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2025

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

ARCH Teesside is a specialist sexual violence service with over 27 years experience of delivering high quality, highly regarded support to victim-survivors of sexual violence and abuse across Teesside.

Our Mission

To provide quality care, support, help and guidance for those affected by rape and sexual violence across Teesside.

Our Vision

That those affected by rape and sexual violence will be able to move forward in their lives empowered by the quality support that we have provided.

Our Values

Our mission is strengthened by a belief in people and their capacity to not just survive but to thrive following an experience of sexual violence. Delivery of our mission is underpinned and strengthened by our values:

- **Believe** we don't judge we listen and act with sensitivity and empathy,
- **Care** about survivors and each other, we are here to help, support and guide,
- **Integrity** we are open, honest, and highly confidential,
- **Justice**, we believe in the right to choose, and that social justice is important for us all,
- **Expertise**, we are committed to our specialism and push ourselves, and standards in the field.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2025

Achievements and performance

The charity has seen another year where our activities have increased. In 2020/21 there were 1414 referrals received by the service an increase of 37% on the previous year (971 referrals) and continuing an upward trend in recent years.

Due to backlogs and delays within the criminal justice system we are providing support to more people for longer and we envisage that demand will continue to increase, making it a priority for us to ensure that we are appropriately resourced to continue to meet the need for our specialist services.

The charity supported 1017 unique individuals in the year, an increase of 6% (956 previously) and delivered 11,810 face-to-face sessions. Over all methods of support, we delivered 38,686 sessions of support.

Unfortunately, the level of demand for our advocacy service without any increase in our staffing capacity has meant that we have taken the step of introducing a waiting list for the ISVA service at the mid-point of the year. This decision ensures referrals are managed transparently, whilst helping us to prioritise urgent cases, maintaining the quality of support for survivors, whilst protecting the wellbeing of our staff in the face of sustained demand.

Similarly, the complexity of need in referrals for the counselling service has also had an impact upon the service and contributed to an increased waiting time. The teams continue to work hard to manage this demand, and we continue to flag these challenges with funders and commissioners.

We actioned a decision in line with our strategic plan to introduce a designated Children and Young People's (C&YP) team this year. Led by a newly appointed C&YP Lead, this restructured team comprises of CH-ISVAs C&YP counsellors, ARCH-Ed prevention worker, and a young women's participation worker.

It is envisaged that by bringing together children and young people's workers together in this way, we can co-create responsive services that reflect young peoples lived experiences ensuring their voices are heard and play a greater part on informing our service delivery.

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provide independent criminal justice advocacy for anyone who is thinking about or has reported their experience of sexual violence/abuse to police. They operate independently but work in close collaboration with the police, crown prosecution service (CPS), and court system to ensure seamless advocacy for victims/survivors by supporting their voice and needs to be understood within the criminal justice process.

The service is commissioned by the Office of the Police and Crime Commissioner (OPCC) for Cleveland.

"My ISVA saved my life. When I reported to the police, my ISVA chased and chased my case for the nearly two years it was being conducted. She talked me through everything and helped me understand the system. She was a massive part of my recovery and was more than just an ISVA. She was a shoulder to cry on, someone to rant to, to help get my frustrations out about the situation I was in and most importantly someone I could go to for anything - who would be there for me, with no judgement."

The ISVA service received 732 referrals and delivered 4,734 sessions with adult survivors. In this reporting period clients exiting the ISVA service have reported the following outcomes:

96% felt they knew more about services and resources available to them.
93% felt able to go through legal proceedings if they choose or/are required to.
97% felt more able to recognise abusive relationships/behaviour.
95% felt more empowered to make decision about their future.
99% felt heard and believed.

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Trustees' Annual Report *(continued)*

Year ended 31 March 2025

97% had enough information to decide what to do.
94% felt more confident in dealing with organisations.
81% felt safer.
68% felt their health and wellbeing had improved.

LESA Service

The LESA (Life Enhancement Skills Advisor) service within arch provides wrap around support in the form of practical and emotional support. Supporting internal referrals the LESA service, provides shorter term interventions to assist with a specific, identified need, which may include but is not restricted to support with housing, benefits, return to work, school or education, debt management, developing social networks, and setting future aspirations.

The service is increasingly seeing hardship and housing related support as key issues for the clients accessing the service. During this reporting period there were 79 referrals to the service which remains consistent with the previous year. There were 551 sessions of support delivered, which is a 57% increase on the previous year.

Of the people supported, 48% of support related to housing issues 25% financial issues 20% benefits 9% a range of other issues.

"Thank you for all your help with housing, I cannot thank you enough, it is so nice to have heating in the property again after being without for over 12 months. The kids are now even moaning, "it's too hot!"

Working alongside the office/referrals team manager and wider team, the LESA service has also played a key role in the delivery of direct financial support, aimed at improving financial resilience as part of our community grant partnership with the Smallwood Trust.

"Thank you to everyone at Arch. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery."

"The grant will help so much in this time of need and make such a difference and take away my financial worries."

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led, and works to an empowerment model, which places the person at the centre of their support. Some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Alongside delivering session at our Middlesbrough base, the team have further embedded outreach provision this year. In the Stockton locality we have delivered this in partnerships with the Stockton family hubs. We very much value this partnership which has ensured that we can offer important therapeutic support in the communities where survivors live and work. Similarly, we are delighted to have also opened an office space in Hartlepool, which means that we can offer therapeutic provision locally, and further help to reduce barrier to accessing support.

We also supported six counselling volunteer placements, providing clinical supervision and opportunities to develop their skills and experience; in turn, they became a valued and integral part of our team, contributing to the delivery of essential therapeutic support.

In total the counselling service has received 669 referrals over the period and has delivered 2,964 sessions of support to adult survivors. Of these there were 808 pre-trial therapy sessions. In terms of accessing the service there was a 63% engagement rate at assessment stage and an average 77% engagement with therapy once commenced.

The average wait time for counselling sessions during the period has been 115 days and (NB: This figure includes both Adults and Children and Young People)

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Trustees' Annual Report *(continued)*
Year ended 31 March 2025

Over the course of the year victim/survivors who accessed counselling support reported the following positive outcomes:

65% reported feeling good about themselves.

66% have used positive coping skills to take care of themselves.

98% felt more empowered to make decisions about their future.

98% felt they had the ability to deal with abusive people/behaviour if they choose to. 97% Felt they better able to understand what has happened to them and how it has affected them.

Family Support - The Light Project

Our support project for non-abusing parents and carers continues to go from strength to strength and forms an integral part of our response to families, with evidence showing that by supporting caregivers we can also improve the overall outcomes for children and young people. The project is a mix of one-to-one support, alongside a group programme. In this period, we have delivered 111 one-to-one therapeutic sessions. 75 individuals went on to take part in the group work programme; we delivered 50 hours of groupwork support over 5 groups.

"For me personally I feel like a much different person. Like someone has opened the curtain and let the sun in. I didn't think I would ever feel like I could look forward to the future or feel positive. I feel like I am living not just existing which I haven't felt like in 8 years. I don't feel so guilty"

(Light Project Participant)

Children & Young Peoples Service

Our Children and Young People's Service continue to provide vital, trauma-informed support to young survivors of sexual violence, helping them navigate the criminal justice system and access therapeutic care in safe, accessible environments. In total we received 268 referrals for children and young people (aged 17yrs and under) in the year.

Children and Young Peoples ISVAs (CH-ISVAs) received 172 referrals and delivered 1,815 sessions of advocacy helping children and young people to feel engaged and supported through the criminal justice system.

"I have just received support from arch- and it was absolute second to none. My trial didn't end the way we wanted it to, but a long week in court was made so much easier by being supported by my ISVA. I'd like to pass on a HUGE thank you to your service, my ISVA was absolutely incredible - I cannot thank her enough and her colleague who was also in witness care during my trial, he was also amazing. Thank you so much for the service."

Play therapy and therapeutic support is provided on a 1-1 basis and offered to children and young people primarily through delivery within local schools, alongside the option of our Middlesbrough base or outreach venues.

The service received 96 referrals specifically for C&YP under the age of 17years. A total of 64 therapy assessments were offered with 53 being completed providing an engagement rate of 83% at assessment. To this age group 422 sessions were offered and 359 completed providing an engagement rate of 85% overall with therapeutic sessions.

Of case closures in the period 48% of CYP reported making significant progress in improved emotional wellbeing, 28% report significant improvements in confidence and self-esteem, and 24% report significant progress in their ability to develop and maintain positive relationships.

ARCH-Ed Prevention

ARCH-Ed is a prevention and education programme aimed at young people between the ages of 11-

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Year ended 31 March 2025

25yrs which covers a range of topics addressing sexual violence/abuse prevention including consent, gender stereotyping, bystander interventions and the impact of social media. The project runs in line with the academic calendar and has been delivered in a range of setting including local schools, colleges, university and community settings. In this academic period, the project delivered 108 sessions across 11 11 settings and engaged with 1289 students.

Students value the opportunity to engage with this content and with a specialist provider which is shown through the service feedback and evaluations. Of note 50% of participant we engaged with told us that they had previously attended some form of education around consent, however despite this, 96% of all participants who attended the consent workshops said they now understand more about what Consent means and 100% of participants now understand why choice is important and that they have the right to to withdraw from any sexual activity.

97% of participants said they now "understand how beliefs and attitudes can support sexual violence to hold a place in society".

98% of students also agreed that they now understand what the Nighttime Economy (NTE) is and its impact on Sexual Violence.

99% of students said "I understand more about what support is available to me and how to access should I or others need it"

99% of participants said they "understand more about the forms of sexual violence there is and the impact this has on people".

"I thought the presentation was really informative and sensitive, a hard subject but much needed."

"It helped me understand more."

"I loved this presentation as it was 10 out of 10, I haven't seen anything like this before it sent its message out and informed everyone."

Hope for Change

The Hope for change project is a Pilgrims Trust funded project which aims to support a gendered response to young women's mental health. The project brings together young women empowering them to co-produce initiatives aimed at influencing and promoting a better understanding and response to young women's mental health.

A key achievement of the project over the period includes producing a short film highlighting the impact the language and way of engagement by mental health professionals can impact young women both positively and negatively and showcasing this at a launch event.

"It has felt so empowering to potentially help other people get a different response from mental health providers. This group has meant a lot to me in that I have been able to connect with other young women who have had similar experiences and who all share the same goal of making change."

"This group has benefited me so much, it has built my confidence and helped me to gain the confidence I needed to go back to college. I feel empowered, that nothing is going to stop me and that I can do anything. It has made it so much easier for me to end my counselling, the last time when I ended it was so difficult for me. This group has made the transition from counselling to real life easier."

"Hope for Change has given me a chance to use my voice and make a difference. It's been great to connect with like-minded, passionate young women and be able to come together to help make a change in the things that are important to us."

24/7 National Support Line service

We are proud to be a partner for the delivery of the Rape Crisis England & Wales 24/7 Rape and Sexual Abuse Support Line, alongside Rape Crisis South London (RCSL) and Lincolnshire Rape Crisis &

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Sexual Abuse. Our role within this partnership includes providing Support Line Workers (SLW) who provide rota cover between 8am and 12pm daily, seven days per week.

The service offers 24/7 telephone and webchat support for anyone aged 16+ affected by rape, child sexual abuse, sexual assault, sexual harassment or any other form of sexual violence - at any point in their life. This includes survivors of sexual violence as well as their friends, family or anyone else trying to support them.

The operators provide vital support shown in the feedback that they receive.

"Without this helpline I couldn't have survived the last 12 months. So, it is important for survivors to have a safe space to be heard and believed. I feel emotionally supported and that is priceless. I've felt heard and believed and completely supported today. I desperately needed this space."

"I've found this very useful and validating. I feel like it's hard to talk to people about it in my life and useful to have confirmation from someone who is knowledgeable and doesn't know me."

"Thank you for your support. Honestly, I would not have got through the past two years if you had not been there to speak with, the support has been amazing. I could never have been able to give evidence without your support. Honestly, thank you."

Safeguarding

Safeguarding is central to our work, and we are committed to creating a safe, supportive environment for all survivors using our services. Our Safeguarding policies and procedures are robust, regularly reviewed and aligned with national guidance. All staff and volunteers receive regular safeguarding training, appropriate to their roles and we have in place clear lines of accountability and reporting.

In the past year we have continued to strengthen our safeguarding culture and work collaboratively with statutory and voluntary sector partners to ensure joined-up safeguarding responses.

Quality

We committed to delivering high-quality trauma informed support services to survivors. We continually strive to uphold and exceed sector standards, ensuring our work is safe, effective and responsive to the needs of our community.

This year, we successfully renewed our British Association for Counselling and Psychotherapy (BACP) membership, and our adult counselling services were re-accredited. We have also commenced the renewal process for our Rape Crisis England and Wales (RCEW) National Service Standards (NSS) accreditation.

This standard ensures our services remain survivor centred, inclusive and accountable. Our commitment to quality is reflected in, regular supervision and reflective practice for all frontline staff, continuous professional development and training, robust monitoring and evaluation processes, and a culture of learning, feedback and improvement.

Equality Diversity and Inclusion

We remain committed to embedding Equality, Diversity and Inclusion (EDI) across all aspects of our organisation. This year, we established a Champion Steering Group to support and enhance the work of our existing Service Champion Groups, ensuring a coordinated and sustainable approach to EDI.

Key developments include:

- The development and publication of an Anti-Racism Statement.
- Production of service leaflets in Urdu and translation of our self-help guide into Farsi, improving accessibility for diverse communities.
- Working with translators training delivered within our counselling team.
- Creation of an LGBT+ guide tailored for survivors of sexual violence available on our website.

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Trustees' Annual Report *(continued)*

Year ended 31 March 2025

- Delivery of the ARCH Fellas Fair at Middlesbrough Town Hall, promoting inclusion and engagement with male survivors and allies.
- Active participation in a range of community events across the year to increase our visibility and demonstrate allyship including the Stockton Eid Festival, Women's health and voices events and pride events.

In addition, we are currently refreshing our EDI Action Plan to ensure it remains responsive and impactful. We are using service data and feedback to identify areas for improvement and to inform future priorities, helping us to build a more inclusive and equitable service for all.

Participation/Involvement

We continue to prioritise the voices of those with lived experience in shaping our services. This year, we appointed a part-time Participation Worker who has established a Survivor Reference Group, providing a structured and meaningful platform for survivors to share their insights. This ensures that frontline experience directly informs service development, organisational priorities, and decision-making processes.

In addition, the Participation Worker has supported the development of a Local Authority Survivor Panel, strengthening cross-sector collaboration and survivor-led influence. During this period, the ARCH Survivor Reference Group came together to set its priorities and agree a work plan for the year ahead, marking a significant step forward in embedding survivor leadership within our organisational culture.

Future Strategic Direction

As we look ahead, our strategic focus remains on sustainability, accessibility, and survivor-led service development. We are committed to strengthening our core services while continuing to innovate in response to emerging needs across our communities.

It continues to be a strategic priority to provide stability and make adaptations to our base in Middlesbrough for the continued development of the service. We have successfully achieved planning permission for an extension and re-modelling of the premises and continue to progress the Community Asset Transfer (CAT) with Middlesbrough Borough Council (MBC).

The funding climate remains challenging within the voluntary and community sector it remains a priority for us to diversify our income streams and start to develop routes to generate unrestricted funds. As part of this approach, we have established a part-time training post to start the development of a chargeable external training offer.

Our involvement in emerging partnerships, such as the Middlesbrough Mental Health Collective, enhances the visibility of our work within health systems, while also contributing to our strategic development and efforts to diversify and strengthen our funding base and reach.

As part of our strategic planning, we have made a conscious decision to retain and invest in our ARCH-Ed project, which delivers vital prevention work and facilitates conversations with young people about sexual violence. This reflects our long-term commitment to early intervention and education as key components of systemic change.

Financial review

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a deficit of £3145.

The reserves stand at £602,015, £593,591 being unrestricted funds with free reserves of £381,823, this equates to approx 5 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.


Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is progressing, and a planning application has been submitted to Middlesbrough Borough Council in respect of adaptations to the building. Trustees have allocated £125,000 to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. The balance of this fund is now £105,383 after spend for the year.

The trustees' annual report was approved on4/11/25..... and signed on behalf of the board of trustees by:


Rachel Taylor

Trustee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2025

I report on the financial statements for the year ended 31 March 2025, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside

Statement of Financial Activities

Year ended 31 March 2025

		Unrestricted funds £	2025 Restricted funds £	Total funds £	2024 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	38,202	952,468	990,670	942,175
Investment income	5	8,614	—	8,614	7,830
Total income		<u>46,816</u>	<u>952,468</u>	<u>999,284</u>	<u>950,005</u>
Expenditure					
Expenditure on charitable activities	6,7	154,405	848,024	1,002,429	910,041
Total expenditure		<u>154,405</u>	<u>848,024</u>	<u>1,002,429</u>	<u>910,041</u>
Net (expenditure)/income		<u>(107,589)</u>	<u>104,444</u>	<u>(3,145)</u>	<u>39,964</u>
Transfers between funds		127,796	(127,796)	—	—
Net movement in funds		<u>20,207</u>	<u>(23,352)</u>	<u>(3,145)</u>	<u>39,964</u>
Reconciliation of funds					
Total funds brought forward		573,384	31,776	605,160	565,196
Total funds carried forward		<u>593,591</u>	<u>8,424</u>	<u>602,015</u>	<u>605,160</u>


The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 13 to 21 form part of these financial statements.

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Statement of Financial Position
31 March 2025

	Note	2025 £	£	2024 £
Fixed assets				
Tangible fixed assets	14		613	1,225
Current assets				
Debtors	15	92,191		1,276
Cash at bank and in hand		511,341		605,907
		<u>603,532</u>		<u>607,183</u>
Creditors: amounts falling due within one year	16	<u>3,230</u>		<u>3,025</u>
Net current assets			<u>600,302</u>	<u>604,158</u>
Total assets less current liabilities			<u>600,915</u>	<u>605,383</u>
Creditors: amounts falling due after more than one year	17		<u>(1,100)</u>	<u>223</u>
Net assets			<u><u>602,015</u></u>	<u><u>605,160</u></u>
Funds of the charity				
Restricted funds			8,424	31,776
Unrestricted funds			<u>593,591</u>	<u>573,384</u>
Total charity funds	19		<u><u>602,015</u></u>	<u><u>605,160</u></u>

These financial statements were approved by the board of trustees and authorised for issue on 4/11/25, and are signed on behalf of the board by:


 Rachel Taylor

Trustee

The notes on pages 13 to 21 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

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Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations	5,494	—	5,494
Grants			
MBC- Counselling	—	30,000	30,000
The National Lottery Community Fund/Reaching Communities	—	80,670	80,670
OPCC Cleveland- Counselling	—	29,448	29,448
BBC Children In Need- Counselling	—	27,419	27,419
OPCC Cleveland SV Pilot	—	17,665	17,665
Ministry of Justice Rape Support Fund	—	174,925	174,925
Pilgrims Trust- Young Women's Project	—	—	—
RCEW 24/7 Helpline	—	188,181	188,181
Core Funding	32,708	—	32,708
Smallwood Trust	—	25,000	25,000
OPCC Cleveland Counselling (SAAS Fund)	—	36,429	36,429
OPCC Cleveland - ISVA	—	342,731	342,731
	<u>38,202</u>	<u>952,468</u>	<u>990,670</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	5,676	—	5,676
Grants			
MBC- Counselling	—	30,000	30,000
The National Lottery Community Fund/Reaching Communities	—	39,739	39,739
OPCC Cleveland -Counselling	—	29,448	29,448
BBC Children In Need- Counselling	—	—	—
OPCC Cleveland SV Pilot	—	5,888	5,888
Ministry of Justice Rape Support Fund	—	188,251	188,251
Pilgrims Trust- Young Women's Project	—	30,000	30,000
RCEW 24/7 Helpline	—	186,470	186,470
Core Funding	40,160	—	40,160
Smallwood Trust	—	37,500	37,500
OPCC Cleveland-Counselling (SAAS Fund)	—	21,250	21,250
OPCC Cleveland- ISVA	—	327,793	327,793
	<u>45,836</u>	<u>896,339</u>	<u>942,175</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Investment income

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Bank interest receivable	8,614	<u>8,614</u>	7,830	<u>7,830</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Activity	135,114	847,592	982,706
Support costs	19,291	432	19,723
	<u>154,405</u>	<u>848,024</u>	<u>1,002,429</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Activity	151,379	741,268	892,646
Support costs	15,288	2,106	17,395
	<u>166,667</u>	<u>743,374</u>	<u>910,041</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Activity	982,706	–	982,706	892,646
Governance costs	–	19,723	19,723	17,395
	<u>982,706</u>	<u>19,723</u>	<u>1,002,429</u>	<u>910,041</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2025	Total 2024
	£	£	£
Governance costs	19,723	<u>19,723</u>	<u>17,405</u>

9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	<u>612</u>	<u>612</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

10. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>900</u>	<u>900</u>

11. Staff costs and emoluments

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	734,916	662,006
Social security costs	60,203	54,695
Employer contributions to pension plans	<u>28,246</u>	<u>25,359</u>
	<u>823,365</u>	<u>742,060</u>

The average head count of employees during the year was 43 (2024: Nil).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2024 and 31 March 2025	<u>9,294</u>	<u>9,294</u>
Depreciation		
At 1 April 2024	8,069	8,069
Charge for the year	<u>612</u>	<u>612</u>
At 31 March 2025	<u>8,681</u>	<u>8,681</u>
Carrying amount		
At 31 March 2025	<u>613</u>	<u>613</u>
At 31 March 2024	<u>1,225</u>	<u>1,225</u>

15. Debtors

	2025 £	2024 £
Prepayments and accrued income	<u>92,191</u>	<u>1,276</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

16. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	<u>3,230</u>	<u>3,025</u>

17. Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Trade creditors	(1,100)	–
Other creditors	–	223
	<u>(1,100)</u>	<u>223</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £28,246 (2024: £25,359).

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General Funds	356,574	46,816	(154,405)	132,837	381,822
Redundancy Reserve	82,520	–	–	(5,041)	77,479
HR Legal Fee's	9,290	–	–	–	9,290
Building Fund	125,000	–	–	–	125,000
	<u>573,384</u>	<u>46,816</u>	<u>(154,405)</u>	<u>127,796</u>	<u>593,591</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General Funds	371,091	53,666	(160,065)	91,882	356,574
Redundancy Reserve	64,210	–	–	18,310	82,520
HR Legal Fee's	10,000	–	(710)	–	9,290
Building Fund	111,275	–	(5,892)	19,617	125,000
	<u>556,576</u>	<u>53,666</u>	<u>(166,667)</u>	<u>129,809</u>	<u>573,384</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

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Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
ISVA Contract OPCC					
Cleveland	—	342,731	(318,090)	(39,641)	(15,000)
MBC- Counselling	—	30,000	(27,276)	(2,724)	—
BBC Children In Need	—	27,419	(20,661)	—	6,758
Ministry of Justice Rape Support Fund	187	174,925	(164,400)	(10,712)	—
The National Lottery Community Fund/Reaching Communities	2,953	80,670	(65,498)	(10,556)	7,569
OPCC Counselling Support	—	36,429	(33,338)	(3,091)	—
Smallwood Trust	13,522	25,000	(12,246)	(3,750)	22,526
OPCC Pilot Sexual Abuse	—	17,665	(19,922)	(3,631)	(5,888)
Pilgrim Trust	15,114	—	(20,155)	(2,500)	(7,541)
OPCC Counselling Support	—	29,448	(27,635)	(1,813)	—
RCEW Support Line	—	188,181	(138,803)	(49,378)	—
	<u>31,776</u>	<u>952,468</u>	<u>(848,024)</u>	<u>(127,796)</u>	<u>8,424</u>

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
ISVA Contract OPCC					
Cleveland	—	327,793	(305,164)	(22,629)	—
MBC- Counselling	—	30,000	(25,000)	(5,000)	—
BBC Children In Need	—	—	—	—	—
Ministry of Justice Rape Support Fund	—	188,251	(173,731)	(14,333)	187
The National Lottery Community Fund/Reaching Communities	—	39,739	(31,586)	(5,200)	2,953
OPCC Counselling Support	—	21,250	(18,576)	(2,674)	—
Smallwood Trust	8,620	37,500	(20,348)	(12,250)	13,522
OPCC Pilot Sexual Abuse	—	5,888	(166)	(5,722)	—
Pilgrim Trust	—	30,000	(13,636)	(1,250)	15,114
OPCC Counselling Support	—	29,448	(26,886)	(2,562)	—
RCEW Support Line	—	186,470	(128,281)	(58,189)	—
	<u>8,620</u>	<u>896,339</u>	<u>(743,374)</u>	<u>(129,809)</u>	<u>31,776</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	613	–	613
Current Assets	592,978	8,424	601,402
Net assets	<u>593,591</u>	<u>8,424</u>	<u>602,015</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	1,225	–	1,225
Current Assets	572,159	31,776	603,935
Net assets	<u>573,384</u>	<u>31,776</u>	<u>605,160</u>