

ARCH Teesside
Unaudited Financial Statements
31 March 2024

ARCH Teesside
Financial Statements
Year ended 31 March 2024

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10

ARCH Teesside
Trustees' Annual Report
Year ended 31 March 2024

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2024.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly	
Ms L Wattis	
C Brooker	(Retired 1 December 2023)
SJ Walker	
Ms M Hamilton	
Ms R Taylor	

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor followed by a programme of group work. The project aims to support parents and caregivers following disclosure of sexual abuse to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed is a prevention and education programme aimed at young people between the ages of 11-25yrs. Content can be delivered as stand-alone sessions or together as part of a fuller intervention.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Achievements and performance

This year we have supported 956 unique individuals through the service of which 750 were adults over the age of 18 years, 179 were young people between the age of 13-17 years and 27 were children under the age of 12 years.

In line with the gendered nature of sexual violence most of the victim/survivors we supported were women and girls accounting for 87% of people supported. Men and boys accounted for 11% of clients supported which was slightly lower than the previous year and 2% of clients identified as Transgender or Non-Binary.

We delivered 9163 sessions of support across our services with 6264 sessions delivered within the ISVA service including 308 court support sessions. 468 were delivered through the LESA service and 2,436 therapy sessions of which 572 were pre-trial.

We continue to see consistent demand for our services, during the year we received 971 referrals across services, a 6% increase on the year before.

ISVA Service

Our ISVA service remains a vital support line for many victims and survivors across Cleveland. Cases are increasingly open to the service for longer due to backlogs within the criminal justice system. As a result, having an independent point of contact is vital to help people feel engaged with their case and what is happening.

"There was constant contact from my ISVA she was always there to update us. The ISVA didn't see me as a number, she treated me like a real person. She was always at the end of the phone. I am so glad we had her help."

"The service is absolutely amazing, you have always made time for me you worked around my shifts and it was so accommodating I have valued the constant support that I have had throughout the Criminal Justice Process. I am sad to be leaving, having the constant support was truly amazing."

LESA Service

The LESA service delivers practical and emotional support across a range of issues including access to benefits, support to return to employment, and housing. The LESA service has also provided opportunities to better support social connections and wellbeing through organized walks and other activities. The service has also been vital in supporting access to hardship funds this year, many of the clients we support are struggling with essentials, such as safe housing, heating for their homes, and food.

"Thank you for all your help with housing, I cannot thank you enough, it so nice to have heating in the property again after being without for over 12 months. The kids are now even moaning it is too hot!"

"Just wanted to say a huge thank you for getting in touch with this lovely lady so quickly regarding her housing. She wanted to pass on her gratitude to you and to say how wonderful you are and how she is blessed that you are helping her. Thank you again, you do amazing work."

Counselling Service

The counselling team have seen some developments this year with the expansion of our offer into Stockton and Hartlepool. Working in partnership and on an outreach model we are now able to provide sessions directly in these communities making the service more accessible to where people live. The average engagement rate for the service remains high at 78% and the average wait time is between 10-12 weeks from referral despite the increase in demand from opening the service up.

Clients continue to feel valued by the service 100% telling us that they felt believed and understood by

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

the team. 96% of clients also told us that they felt more empowered & better able to deal with abuse/people if they chose to.

"I am able to recognize my thoughts and feelings and don't feel isolated and worthless. My confidence in myself and how I cope with others has drastically changed for the better. I have valued being heard and treated with respect as well as being able to acknowledge my feelings in a safe space with someone I trust and knowledge I value."

Our play therapy service continues to play an important role in providing age-appropriate support to young people to help them to process their experiences and manage their emotions. 110 sessions were delivered to young people aged 12 and under during this period and 326 sessions to young people between 13-17 years old.

"I just want to say that I am so happy you are working with xxx she has nothing but praise for you to finally have someone who just sees her. They support for her but also for me has been immense I just cannot thank you and the service enough." (Parent)

The Light Project

The Light Project continues to flourish and is about to commence its 15th cohort, 45 parents or supporters of a survivor were supported this year with 120 sessions of support delivered. The support offer provides a mix of 1-1 and groupwork and parents have continued to value the peer support element of the program

88% of attendees told us they felt better equipped to deal with the situation and communicate with their child following the group. 44% felt they had a big increase in their knowledge about sexual violence and a further 36% felt they had had quite a lot of increase in their knowledge. 100% felt it was extremely important to know that there were other parents going through something similar.

ARCH-Ed

This year our designated funding for ARCH-Ed work ended, however we have continued to develop and deliver the project. Aimed at young people aged between 11-25 years, this project provides a safe space to explore issues such as consent, sexualization, social media and pornography. This year we have increased the number of schools that we engage with and have continued to deliver the programme in partnership with local youth settings.

Between April 2023 and March 2024, with 1 part-time post we worked in 9 schools and delivered 21 groups to 432 young people, an average of 20 young people in a session. We delivered 6 sessions per group and a total of 126 sessions. Feedback from the young people we engage with demonstrates that they find this space valuable, and we will continue this year to source appropriate funding streams to support this work as the sessions were not only supportive for pupils but also the staff in school settings

"I found the sessions to be incredibly helpful for the students, but also myself. They're quite a quiet class, yet they were engaged and volunteering themselves to give answers and feedback which goes to show how immersed they were in the content. It was also brilliant as some of the current attitudes surrounding women within society were discussed throughout. I know this was a comfort to some of our girls as they now know what to do and where to go if they ever need help." (Teacher Year 10 group)

Hope for Change

Hope for Change is a new project this year, introduced as part of the Pilgrim Trusts Young Women in Mind programme. Working in partnership with Youth Focus Northeast and Teesside MIND, we have introduced a participation worker to support young women aged between 16-25 years to come together to influence better mental health provision that meets their needs.

Community Grant Partnership (Smallwood Trust)

We are delighted to continue our work as a community grant partner for the Smallwood Trust. The

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

partnership allows us to facilitate direct grants to women and girls to help meet their immediate needs and work towards greater financial resilience.

Over this reporting period we provided 28 grants for women and girls with a total amount of £20,347.69 awarded, meaning that our average grant awards this year were higher. 46% of grants were awarded under the mental health and wellbeing strand, 43% to support financial stability, and 11% housing support.

Trustees also approve the use of ARCH client funds to support applications for men and boys and females under age 18 or who are in full time education, using the same criteria, in this period 49 grants for males and those under 18 years of age have been approved, totaling £3,235.12 These were provided for support with gym membership, taxi's, food vouchers bicycles, fridge freezer, driving license application.

"Thank you to everyone at ARCH. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery." "Oh no way! Thank you so much. Oh, I'm crying with happy tears, I couldn't thank you enough."

Our staff team continue to go above and beyond in their roles, and we are proud of the way they centre the needs of victims and survivors of sexual violence, in often difficult circumstances. They truly embrace our service strapline, 'we believe, we care, we are with you.'

Alongside our paid staff team, we are fortunate to have worked with 9 wonderful volunteers this year who have all completed their placements within our counselling service. Over this time, they have provided an amazing 1500 hours of volunteering. The number of volunteer placements is building back up following a reduction in volunteer numbers during the covid pandemic. Volunteers play an important role as part of the ARCH team and we are pleased that they value their experience with us:

"The team are so welcoming and supportive. I have really enjoyed my placement; I can feel my confidence growing every time I am here, I love being here and the work that everyone does is amazing"

24/7 Rape and Sexual Abuse Support Line

We were delighted this year to continue our delivery as one of the partners on the 24/7 Rape and Sexual Abuse Support Line contract secured by Rape Crisis England and Wales (RCEW) through our team of highly skilled and committed operators.

Future Plans

Securing funding to sustain our service delivery will be a priority for the coming year with our OPCC ISVA contract and MOJ Rape Support Fund grant both due to come to an end in March 2025. As planning permissions have now been granted for the extension to the building, we will also be developing our fundraising and delivery plans for the project. We remain committed to prevention work and will put a focus upon securing the funds to increase our capacity to deliver on this. We will also have a focus upon participation this year and improving the ways in which survivors can shape and influence our services, to support this we are excited to be introducing a new role of participation and training coordinator.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2024

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a surplus of £39,964.

The reserves stand at £605,160 £573,384 being unrestricted funds with free reserves of £356,574, this equates to approx 5 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is currently with MBC legal team for sign off and a planning application for an extension and re-design of the building has been granted. The bfw balance of this fund was £111,275. Trustee's agreed to increase the fund to £125,000 to help the charity progress its ambitions for the building.

The trustees' annual report was approved on 26th September 2024 and signed on behalf of the board of trustees by:

S J Walker
Trustee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2024

I report on the financial statements for the year ended 31 March 2024, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside
Statement of Financial Activities
Year ended 31 March 2024

		2024	2023
		Unrestricted funds	Restricted funds
	Note	£	£
Total funds			
		£	£
Income and endowments			
Donations and legacies	4	45,836	896,339
Investment income	5	7,830	—
			7,830
Total income		<u>53,666</u>	<u>896,339</u>
			950,005
			<u>707,791</u>
Expenditure			
Expenditure on charitable activities	6,7	166,667	743,374
Total expenditure		<u>166,667</u>	<u>743,374</u>
			910,041
			<u>763,332</u>
Net income/(expenditure)		<u>(113,001)</u>	<u>152,965</u>
			39,964
			<u>(55,541)</u>
Transfers between funds		129,809	(129,809)
			—
			<u>—</u>
Net movement in funds		<u>16,808</u>	<u>23,156</u>
			39,964
			<u>(55,541)</u>
Reconciliation of funds			
Total funds brought forward		556,576	8,620
			565,196
Total funds carried forward		<u>573,384</u>	<u>31,776</u>
			605,160
			<u>565,196</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 10 to 20 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2024

	Note	2024 £	£	2023 £
Fixed assets				
Tangible fixed assets	14		1,225	1,837
Current assets				
Debtors	15	1,276		1,251
Cash at bank and in hand		605,907		565,520
		607,183		566,771
Creditors: amounts falling due within one year	16	3,025		3,871
Net current assets			604,158	562,900
Total assets less current liabilities			605,383	564,737
Creditors: amounts falling due after more than one year	17		223	(459)
Net assets			605,160	565,196
Funds of the charity				
Restricted funds			31,776	8,620
Unrestricted funds			573,384	556,576
Total charity funds	19		605,160	565,196

These financial statements were approved by the board of trustees and authorised for issue on 26th September 2024, and are signed on behalf of the board by:

S J Walker
Trustee

The notes on pages 10 to 20 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	5,676	—	5,676
Grants			
Middlesbrough Public Health	—	30,000	30,000
National Lottery Community Fund	—	39,739	39,739
OPCC CURV	—	—	—
OPCC Counselling Support	—	29,448	29,448
NHS England via OPCC Pilot referrals project	—	5,888	5,888
Lloyds Bank Foundation	—	—	—
Ministry of Justice Rape Support Fund	—	188,251	188,251
Pilgrims Trust	—	30,000	30,000
RCEW 24/7 Helpline	—	186,470	186,470
Core Funding	40,160	—	40,160
Smallwood Trust WRF	—	37,500	37,500
OPCC Counselling SAAS	—	21,250	21,250
Smallwood Trust	—	—	—
Police Crime Commissioner ISVA	—	327,793	327,793
	<u>45,836</u>	<u>896,339</u>	<u>942,175</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	—	—	—

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Middlesbrough Public Health	–	30,000	30,000
National Lottery Community Fund	–	–	–
OPCC CURV	–	21,298	21,298
OPCC Counselling Support	–	22,086	22,086
NHS England via OPCC Pilot referrals project	–	–	–
Lloyds Bank Foundation	–	2,250	2,250
Ministry of Justice Rape Support Fund	–	224,405	224,405
Pilgrims Trust	–	–	–
RCEW 24/7 Helpline	–	77,545	77,545
Core Funding	14,236	–	14,236
Smallwood Trust WRF	–	–	–
OPCC Counselling SAAS	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	288,292	288,292
	<u>14,236</u>	<u>690,853</u>	<u>705,089</u>

5. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	<u>7,830</u>	<u>7,830</u>	<u>2,702</u>	<u>2,702</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Activity type 1	151,379	741,268	892,646
Support costs	15,288	2,106	17,395
	<u>166,667</u>	<u>743,374</u>	<u>910,041</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Activity type 1	74,298	670,655	744,953
Support costs	15,858	2,521	18,379
	<u>90,156</u>	<u>673,176</u>	<u>763,332</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Activity type 1	892,646	–	892,646	744,953
Governance costs	–	17,395	17,395	18,379
	<u>892,646</u>	<u>17,395</u>	<u>910,041</u>	<u>763,332</u>

8. Analysis of support costs

	Analysis of support costs activity 1 £	Total 2024 £	Total 2023 £
Governance costs	<u>17,405</u>	<u>17,405</u>	<u>18,379</u>

9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>612</u>	<u>1,305</u>

10. Independent examination fees

	2024 £	2023 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>900</u>	<u>750</u>

11. Staff costs and emoluments

The average head count of employees during the year was Nil (2023: 27). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Engaged in Charitable Activities - Full time	23	16
Engaged in Charitable Activities - Part Time	<u>11</u>	<u>11</u>
	<u>34</u>	<u>27</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2023 and 31 March 2024	9,294	9,294
Depreciation		
At 1 April 2023	7,457	7,457
Charge for the year	612	612
At 31 March 2024	8,069	8,069
Carrying amount		
At 31 March 2024	1,225	1,225
At 31 March 2023	1,837	1,837

15. Debtors

	2024 £	2023 £
Prepayments and accrued income	1,276	1,251

16. Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	3,025	3,871

17. Creditors: amounts falling due after more than one year

	2024 £	2023 £
Trade creditors	–	(787)
Other creditors	223	328
	223	(459)

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £25,359 (2023: £20,109).

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General Funds	371,091	53,666	(160,065)	91,882	356,574
Redundancy Reserve	64,210	–	–	18,310	82,520
HR Legal Fee's	10,000	–	(710)	–	9,290
Building Fund	111,275	–	(5,892)	19,617	125,000
	<u>556,576</u>	<u>53,666</u>	<u>(166,667)</u>	<u>129,809</u>	<u>573,384</u>

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General Funds	343,872	16,938	(76,431)	86,712	371,091
Redundancy Reserve	53,368	–	–	10,842	64,210
HR Legal Fee's	10,000	–	–	–	10,000
Building Fund	125,000	–	(13,725)	–	111,275
	<u>532,240</u>	<u>16,938</u>	<u>(90,156)</u>	<u>97,554</u>	<u>556,576</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 20 24 £
ISVA Contract					
Cleveland OPCC					
RCEW	—	327,793	(305,164)	(22,629)	—
Middlesbrough Public					
health	—	30,000	(25,000)	(5,000)	—
PCC CCG Therapy	—	—	—	—	—
Safer Streets	—	—	—	—	—
Lloyds TSB	—	—	—	—	—
RCEW 24/7 Support line	—	—	—	—	—
Ministry of Justice Rape					
Support Fund	—	188,251	(173,731)	(14,333)	187
National Lottery					
Community Fund	—	39,739	(31,586)	(5,200)	2,953
OPCC Counselling					
Support	—	21,250	(18,576)	(2,674)	—
OPCC CURV	—	—	—	—	—
Smallwood Trust	8,620	37,500	(20,348)	(12,250)	13,522
OPCC Pilot Sexual					
Abuse	—	5,888	(166)	(5,722)	—
Pilgrim Trust	—	30,000	(13,636)	(1,250)	15,114
OPCC Counselling					
Support	—	29,448	(26,886)	(2,562)	—
RCEW Support line	—	186,470	(128,281)	(58,189)	—
	<u>8,620</u>	<u>896,339</u>	<u>(743,374)</u>	<u>(129,809)</u>	<u>31,776</u>

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 20 23 £
ISVA Contract					
Cleveland OPCC					
RCEW	—	288,292	(272,091)	(16,201)	—
Middlesbrough Public					
health	—	30,000	(30,000)	—	—
PCC CCG Therapy	14,052	—	(7,066)	(6,986)	—
Safer Streets	32,774	—	(21,162)	(11,612)	—
Lloyds TSB	13,169	2,250	(14,983)	(436)	—
RCEW 24/7 Support line	—	77,545	(44,444)	(33,101)	—

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds *(continued)*

Ministry of Justice Rape Support Fund	–	224,405	(211,687)	(12,718)	–
National Lottery Community Fund	15,878	–	(12,103)	(3,775)	–
OPCC Counselling Support	–	22,086	(19,539)	(2,547)	–
OPCC CURV	–	21,298	(18,171)	(3,127)	–
Smallwood Trust	12,624	24,977	(21,930)	(7,051)	8,620
OPCC Pilot Sexual Abuse	–	–	–	–	–
Pilgrim Trust	–	–	–	–	–
OPCC Counselling Support	–	–	–	–	–
RCEW Helpline	–	–	–	–	–
	<u>88,497</u>	<u>690,853</u>	<u>(673,176)</u>	<u>(97,554)</u>	<u>8,620</u>

Funding sources

In 2023-24, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, referrals team and our LESA service.

Cleveland OPCC - funded the ISVA service and provided grants towards the counselling service.

NHS England via the OPCC funded a pilot referrals project

Middlesbrough Council provided a grant contribution to support a counselling pathway for survivors in Middlesbrough

Rape Crisis England and Wales – funding for the provision of operators to support the MOJ commissioned National 24/7 rape and sexual abuse support line

National Lottery Community fund – provided a grant to support outreach counselling provision in Stockton and Hartlepool

Smallwood Trust – provide a community partner grant, enabling us to provide grants to women and girls aimed at improving their financial resilience

Pilgrims Trust – funding to support Hope for Change project, aimed at empowering young women to influence change around barriers to mental health support

Funding was also received by the service as part of a voluntary sector partnership to contribute to the Community Mental Health Transformation in Middlesbrough.

Funding received from working in partnership with RSACC Darlington to offer therapeutic support to women leaving HMP Low Newton.

We would like to thank our funders for their generous and continued support of the service, which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	1,225	–	1,225
Current Assets	572,159	31,776	603,935
Net assets	573,384	31,776	605,160

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	1,837	–	1,837
Current Assets	554,739	8,620	563,359
Net assets	556,576	8,620	565,196