

ARCH Teesside
Unaudited Financial Statements
31 March 2023

ARCH Teesside
Financial Statements
Year ended 31 March 2023

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ARCH Teesside
Trustees' Annual Report
Year ended 31 March 2023

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2023.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly
Ms L Wattis
C Brooker
SJ Walker
Ms M Hamilton
Ms R Taylor

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch North Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project is a programme that has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor and a five-week group programme and aims to support caregivers to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed relates to our newly developed education and prevention work. Aimed at young people aged 11-25 our content can be delivered as one-off workshops or together a whole programme of work and provides young people a safe space to think about issues such as consent, social media, sexualisation and pornography

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Achievements and performance

This year we have supported 1586 women, men, and children through our services, this is a 30% increase on 2021/22 and continues an upward trend from the previous year. In total we supported 1193 adults, 330 young people aged between 13-17 years, and 63 children under the age of 12 years.

Total Number of Unique Individuals	2022/23	2021/22	2020/21
Adults (18 years and over)	1193	942	715
Young People (aged 13 to 17 years)	330	232	217
Children (aged 12 years and under)	63	42	58
Total	1586	1216	990

In line with the gendered nature of sexual violence 84% of the clients we supported were women and girls, men and boys accounted for 14% of clients supported and 2% of clients identified as Transgender or Non-Binary.

We delivered an amazing 26,102 sessions of across our services with 17,912 sessions delivered within the ISVA service, 828 within the LESA service and 4,562 therapy session of which 731 were pre-trial. Overall, the sessions of support we delivered this year increased by 11% from 201/22.

We continue to see a rise in demand for our services, during the year we received 913 referrals across services, a 15% increase on the year before and again continuing an upward trend.

New referrals for support	2022/23	2021/22	2020/21
Adults (18 years and over)	694	585	433
Children & Young People (up to 17 years)	219	210	163
Total	913	795	596

ISVA Service

Our ISVA service remains a vital support line for many victims and survivors across Cleveland. Case are increasingly open to the service for longer due to backlogs within the criminal justice system. As a result, having an independent point of contact is vital to help people feel engaged with their case and what is happening. There was a 19% increase in referrals to the service this year, and the team provided 17,912 sessions of support an increase of 8% on the previous year.

"Thank you for everything you have done for me, you kept me strong, and I will be forever grateful for that, I wish you all the luck in the future, thank you for everything. I can finally move on with my life."

LESA Service

The LESA service delivers practical and emotional support across a range of issues including access to benefits, support to return to employment, and housing. This year we have introduced workshop sessions to enhance our support around these issues and started to develop activities to better support mental health and wellbeing such as a regular walk and talk group. The LESA service has delivered 828 sessions of 1-1 support over the period, a 4% increase on the previous year.

"Thank you so much for all your support and understanding. You have been my rock throughout my PIP claim, and I cannot thank you enough. Without your support I don't think I would have been awarded PIP. The money is life changing for me and has given me confidence to keep on fighting."

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Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Counselling Service

The counselling team have provided 4562 sessions of support this year and have maintained an engagement rate at 75% or above throughout the year. Waiting lists have been managed well with an average wait time of 8-10 weeks to access following referral. Clients feel valued by the service with 100% telling us that they felt believed and understood. 97% of clients also told us that they felt more empowered & better able to deal with abuse/people if they chose to.

"I valued most the reassurance I got as it was something I had never spoken about before and was hard for me to talk about as I almost felt as if it was myself to blame. The thing I will value is knowing it was not my fault and this will help me move forward every day."

Our play therapy service continues to play an important role in providing age-appropriate support to young people to help them to process their experiences and manage their emotions. 185 sessions were delivered to young people aged 12 and under during this period and 1101 sessions to young people between 13-17 years old.

"I most valued how caring and supportive my counsellor was. Working with her has taught me to speak about my feelings and emotions rather than bottling them away." (Young Person)

The Light Project

The Light project continues to flourish and is about to commence its 10th cohort, 79 parents or supporters of a survivor were supported this year with 103 sessions of support delivered. The programme is a mix of 1-1 and groupwork and parents have continued to value the peer support element of the programme.

100% of attendees told us they felt better equipped to deal with the situation and communicate with their child following the group. 44% felt they had a big increase in their knowledge about sexual violence and a further 33% felt they had had quite a lot of increase in their knowledge. 89% felt it was extremely important to know that there were other parents going through something similar. In response to the question, has our service helped you in any of the following areas of your life? we received the following responses.

Feelings about yourself	100%
Family relationships	85%
Making positive changes	78%
Self-esteem/self confidence	74%
Personal relationships	67%
Returning to work	22%
Returning to education	11%

ARCH-Ed

This year with support through the OPCC Curve fund we have continued to develop and deliver ARCH-Ed. Aimed at young people aged between 11-25 years, this project provides a safe space to explore issues such as consent, sexualisation, social media and pornography. This year we have increased the number of schools that we engage with and have continued to deliver the programme in partnership with local youth settings. We have worked with 110 young people in school settings and engaged an average 25 young people in each of the 10 youth settings. Feedback from the young people has been extremely positive and our next steps will be to evaluate the work and make the case

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

for more sustainable funding to allow us to continue to develop the project.

"I now know that I can say no, this session has taught me a lot. I thought consent was just verbal, I know that consent includes body language and not just speaking."

Community Grant Partnership (Smallwood Trust)

We are delighted to have been successful with our application to the Smallwood Trust to continue our work as a community grant partner. The partnership allows us to facilitate direct grants to women and girls to help meet their immediate needs and work towards greater financial resilience.

Over this reporting period we provided 38 grants for women and girls with a total amount of £20,230 awarded. 78.6% of grants were awarded under the mental health and wellbeing strand, 18.4% to support financial stability, and 2.63% housing support.

Trustees also approve the use of ARCH client funds to support applications for men and boys using the same criteria, in this period 7 grants for males have been approved, totalling £1,820. These were provided for support with gym membership, taxi's, food vouchers bicycles, fridge freezer, driving licence application.

"Thank you to everyone at ARCH. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery."

"Oh no way! thank you so much. Oh, I'm crying with happy tears, I couldn't thank you enough."

Our staff team continue to go above and beyond in their roles, and we are proud of the way they centre the needs of victims and survivors of sexual violence, in often difficult circumstances. They truly embrace our service strapline, **'we believe, we care, we are with you.'**

Alongside our paid staff team, we are fortunate to have worked with 6 wonderful volunteers this year who have all completed their placements within our counselling service. Over this time, they have provided an amazing 1472 hours of volunteering. The number of volunteer placements is building back up following a reduction in volunteer numbers during the covid pandemic. Volunteers play an important role as part of the ARCH team and we are pleased that they value their experience with us:

"I started volunteering for Arch in April 2022. During the past year the level of support, training and supervision has been outstanding. I couldn't have asked for a better experience at my first placement, and I have learned so much. I have been encouraged to get involved with all aspects of the service and this has given me so much confidence and led to other opportunities opening up to me."

"I have had the most amazing experience working with ARCH. The team has been nothing but supportive and welcoming. You have given me the best experience to what a professional and caring work environment is. I will be forever thankful to be a part of the ARCH team."

24/7 Rape and Sexual Abuse Support Line

We were delighted this year to be awarded a contract to deliver support as part of the 24/7 Rape and Sexual Abuse Support Line contract secured by Rape Crisis England and Wales (RCEW). As part of the wider service, we provide a team of 7 operators who contribute to this crucial new service.

We celebrated 25 years of delivering sexual violence support this year, marking the occasion with an event to show our journey over this time and highlight the work that still needs to be achieved to ensure all victim/survivors receive the support that they deserve. At the event we launched an ARCH film, self-help guide, and downloadable resource, all available on our newly upgraded website.

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Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Future Plans

We are delighted to have developed a new strategic plan this year which sets out six key objectives under the two priority areas of developing our organisation and developing our services. The objectives are centred around: funding and investment; being a stronger team; innovating and improving; reaching more communities that need us; the continuous improvement of services; and developing prevention work.

Our biggest challenges continue to be the increasing demand for support and the current functionality of our building. We are working to address both, by making more outreach and community-based support available and by progressing our plans to enhance our current space. Planning applications are currently lodged with Middlesbrough Borough Council to remodel and extend our building and a key task for the year ahead will be to secure the funds needed to make the plans a reality.

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Trustees' Annual Report *(continued)*
Year ended 31 March 2023

Financial review *(continued)*

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a deficit of £55,541.

The reserves stand at £565,196, £556,576 being unrestricted funds with free reserves of £371,091, this equates to approx 6 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is progressing, and a planning application has been submitted to Middlesbrough Borough Council in respect of adaptations to the building. Trustees have allocated £125,000 to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. The balance of this fund is now £111,275 after spend for the year.

The trustees' annual report was approved on 17th August 2023 and signed on behalf of the board of trustees by:

SJ Walker
Chair of the Committee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2023

I report on the financial statements for the year ended 31 March 2023, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside
Statement of Financial Activities
Year ended 31 March 2023

		2023	2022	
	Note	Unrestricted funds £	Restricted funds £	Total funds £
Income and endowments				
Donations and legacies	4	14,236	690,853	705,089
Investment income	5	2,702	–	2,702
Total income		<u>16,938</u>	<u>690,853</u>	<u>707,791</u>
Expenditure				
Expenditure on charitable activities	6,7	90,156	673,176	763,332
Total expenditure		<u>90,156</u>	<u>673,176</u>	<u>763,332</u>
Net (expenditure)/income		<u>(73,218)</u>	<u>17,677</u>	<u>(55,541)</u>
Transfers between funds		97,554	(97,554)	–
Net movement in funds		<u>24,336</u>	<u>(79,877)</u>	<u>(55,541)</u>
Reconciliation of funds				
Total funds brought forward		532,240	88,497	620,737
Total funds carried forward		<u>556,576</u>	<u>8,620</u>	<u>565,196</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 11 to 20 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2023

	Note	2023 £	£	2022 £
Fixed assets				
Tangible fixed assets	14		1,837	3,142
Current assets				
Debtors	15	1,251		1,168
Cash at bank and in hand		565,520		618,685
		566,771		619,853
Creditors: amounts falling due within one year	16	3,871		2,143
Net current assets			562,900	617,710
Total assets less current liabilities			564,737	620,852
Creditors: amounts falling due after more than one year	17		(459)	117
Net assets			565,196	620,735
Funds of the charity				
Restricted funds			8,620	88,497
Unrestricted funds			556,576	532,239
Total charity funds	19		565,196	620,736

These financial statements were approved by the board of trustees and authorised for issue on 17th August 2023, and are signed on behalf of the board by:

SJ Walker
Chair of the Committee

The notes on pages 11 to 20 form part of these financial statements.

ARCH Teesside
Notes to the Financial Statements
Year ended 31 March 2023

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Middlesbrough Public Health	–	30,000	30,000
National Lottery Community Fund	–	–	–
OPCC CURV	–	21,298	21,298
OPCC Counselling Support	–	22,086	22,086
BBC Children In Need	–	–	–
Lloyds Bank Foundation	–	2,250	2,250
Ministry of Justice Rape Support Fund	–	224,405	224,405
The LIGHT Project	–	–	–
RCEW 24/7 Helpline	–	77,545	77,545
Core Funding	14,236	–	14,236
Safer Streets	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	288,292	288,292
PCC CCG Therapy	–	–	–
	<u>14,236</u>	<u>690,853</u>	<u>705,089</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
Middlesbrough Public Health	–	–	–
National Lottery Community Fund	–	42,812	42,812
OPCC CURV	–	–	–
OPCC Counselling Support	–	–	–
BBC Children In Need	–	12,353	12,353
Lloyds Bank Foundation	–	32,841	32,841
Ministry of Justice Rape Support Fund	–	185,802	185,802
The LIGHT Project	–	43,075	43,075
RCEW 24/7 Helpline	–	–	–
Core Funding	59,048	–	59,048
Safer Streets	–	38,795	38,795
Smallwood Trust	–	33,477	33,477
Police Crime Commissioner ISVA	–	279,421	279,421
PCC CCG Therapy	–	32,546	32,546
	<u>59,048</u>	<u>701,122</u>	<u>760,170</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

5. Investment income

	Unrestricted Funds	Total Funds 2023	Unrestricted Funds	Total Funds 2022
	£	£	£	£
Bank interest receivable	2,702	2,702	678	678

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Activity type 1	74,298	670,655	744,953
Support costs	15,858	2,521	18,379
	<u>90,156</u>	<u>673,176</u>	<u>763,332</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Activity type 1	31,963	608,588	640,553
Support costs	18,990	—	18,989
	<u>50,953</u>	<u>608,588</u>	<u>659,542</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2023	Total fund 2022
	£	£	£	£
Activity type 1	744,953	—	744,953	640,553
Governance costs	—	18,379	18,379	18,989
	<u>744,953</u>	<u>18,379</u>	<u>763,332</u>	<u>659,542</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2023	Total 2022
	£	£	£
Governance costs	18,379	18,379	18,989

9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	1,305	1,373

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

10. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>750</u>	<u>750</u>

11. Staff costs and emoluments

The average head count of employees during the year was 27 (2022: 26). The average number of full-time equivalent employees during the year is analysed as follows:

	2023 No.	2022 No.
Engaged in Charitable Activities - Full time	16	11
Engaged in Charitable Activities - Part Time	11	15
	<u>27</u>	<u>26</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2022 and 31 March 2023	<u>9,294</u>	<u>9,294</u>
Depreciation		
At 1 April 2022	6,152	6,152
Charge for the year	1,305	1,305
At 31 March 2023	<u>7,457</u>	<u>7,457</u>
Carrying amount		
At 31 March 2023	<u>1,837</u>	<u>1,837</u>
At 31 March 2022	<u>3,142</u>	<u>3,142</u>

15. Debtors

	2023 £	2022 £
Prepayments and accrued income	<u>1,251</u>	<u>1,168</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

16. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	<u>3,871</u>	<u>2,143</u>

17. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Trade creditors	(787)	–
Other creditors	<u>328</u>	<u>117</u>
	<u>(459)</u>	<u>117</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £20,109 (2022: £18,829).

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General Funds	343,872	16,938	(76,431)	86,712	371,091
Redundancy Reserve	53,368	–	–	10,842	64,210
HR Legal Fee's	10,000	–	–	–	10,000
Building Fund	125,000	–	(13,725)	–	111,275
Service Development Fund	–	–	–	–	–
	<u>532,240</u>	<u>16,938</u>	<u>(90,156)</u>	<u>97,554</u>	<u>556,576</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General Funds	313,871	59,726	(50,953)	21,227	343,871
Redundancy Reserve	55,777	–	–	(2,409)	53,368
HR Legal Fee's	–	–	–	10,000	10,000
Building Fund	25,000	–	–	100,000	125,000
Service Development Fund	50,000	–	–	(50,000)	–
	<u>444,648</u>	<u>59,726</u>	<u>(50,953)</u>	<u>78,818</u>	<u>532,239</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Cleveland OPCC- ISVA Service	—	288,292	(272,091)	(16,201)	—
Middlesbrough Borough Council (MBC) Therapy	—	30,000	(30,000)	—	—
BBC Children In Need	—	—	—	—	—
The Light Project	—	—	—	—	—
OPCC (CCG Therapy)	14,052	—	(7,066)	(6,986)	—
Safer Streets	32,774	—	(21,162)	(11,612)	—
Lloyds Bank Foundation	13,169	2,250	(14,983)	(436)	—
RCEW 24/7 Helpline	—	77,545	(44,444)	(33,101)	—
Ministry of Justice Rape Support Fund	—	224,405	(211,687)	(12,718)	—
National Lottery	—	—	—	—	—
Community Fund	15,878	—	(12,103)	(3,775)	—
OPCC Counselling	—	—	—	—	—
Support	—	22,086	(19,539)	(2,547)	—
OPCC CURV	—	21,298	(18,171)	(3,127)	—
Smallwood Trust	12,624	24,977	(21,930)	(7,051)	8,620
	<u>88,497</u>	<u>690,853</u>	<u>(673,176)</u>	<u>(97,554)</u>	<u>8,620</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Cleveland OPCC- ISVA Service	—	279,421	(241,670)	(37,751)	—
Middlesbrough Borough Council (MBC) Therapy	—	—	—	—	—
BBC Children In Need	6,088	12,353	(18,441)	—	—
The Light Project	—	43,075	(32,506)	(10,569)	—
OPCC (CCG Therapy)	—	32,546	(15,511)	(2,983)	14,052
Safer Streets	—	38,795	(6,021)	—	32,774
Lloyds TSB	14,233	32,841	(31,895)	(2,010)	13,169
RCEW 24/7 Helpline	—	—	—	—	—
Ministry of Justice Rape Support Fund	—	185,802	(185,802)	—	—
National Lottery	—	—	—	—	—
Community Fund	43,277	42,812	(50,091)	(20,120)	15,878
OPCC Counselling	—	—	—	—	—
Support	—	—	—	—	—
OPCC CURV	—	—	—	—	—
Smallwood Trust	11,183	33,477	(26,651)	(5,385)	12,624
	<u>74,781</u>	<u>701,122</u>	<u>(608,588)</u>	<u>(78,818)</u>	<u>88,497</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

Funding sources

In 2022-23, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, the referrals team, LESA service and the Light Project.

Cleveland OPCC - funded the Tees-wide ISVA service and provided support for the counselling service. The OPCC Curve funding contributed towards ARCH-Ed prevention work.

Middlesbrough Borough Council (MBC) – supported the delivery of the counselling service.

Smallwood Trust - Enables us to provide direct grants to women and girls aimed at improving their financial resilience.

Lloyds Bank Foundation provide a grant to support the organisation during the cost-of-living crisis.

We have a contract with Rape Crisis England and Wales (RCEW) which supports the delivery of the newly established 24/7 National Rape and Sexual Abuse support line.

We would like to thank our funders for their generous and continued support of the service which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	1,837	–	1,837
Current Assets	554,739	8,620	563,359
Net assets	<u>556,576</u>	<u>8,620</u>	<u>565,196</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	3,142	–	3,142
Current Assets	529,097	88,497	617,594
Net assets	<u>532,239</u>	<u>88,497</u>	<u>620,736</u>