

CHARITY REGISTRATION NUMBER: 1154766

ARCH Teesside
Unaudited Financial Statements
31 March 2022

S J ACCOUNTING SERVICES (NE) LTD

ARCH Teesside
Financial Statements
Year ended 31 March 2022

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ARCH Teesside

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2022.

Reference and administrative details

Registered charity name ARCH Teesside
Charity registration number 1154766
Principal office 22 Hoylake Road
Saltersgill
Middlesbrough
TS4 3JL

The trustees

Ms P Dewell	(Retired 9 December 2021)
Ms W Kelly	
Mr D Gee	(Retired 9 December 2021)
Ms L Wattis	
C Brooker	
SJ Walker	
Ms M Hamilton	
Ms R Taylor	(Appointed 1 March 2022)

Independent examiner SJ Accounting Services (NE) Limited
3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

Structure, governance and management

Governing document

ARCH Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to foster healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project is a programme that has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor and a five-week group programme and aims to support caregivers to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed relates to our newly developed education and prevention work. Aimed at young people aged 11-25 our content can be delivered as one-off workshops or together a whole programme of work.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2022

Achievements and performance

This year has seen enormous challenges for the organisations as we find ways to move forward and focus on the future following the enormity of the global pandemic. ARCH has refocused our efforts on ensuring our clients receive the support they need when they need it and that their voices are heard to be able to influence wider system change. Our team have continued to show commitment and resilience in adapting our working practices post pandemic and we now offer a mix of face-face, telephone, online, text and email support.

This trustee report covers our work between April 2021-March 2022 and shows how we have managed to not only maintain our levels of support post-pandemic but that we have also managed an increase in referrals and supported more victims and survivors. Alongside this the service has developed a new support offer for parents and non-abusing caregivers through the development of the Light project. We are also delighted to have put in place ARCH-ED, education and prevention workshops aimed at giving young people space to explore issues such as consent, sexualisation, pornography, social media and other topics in safe and nurturing space.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

The Year in Data

The year we have seen a 33% increase in referrals to the service compare 2020/21. We have also supported 23% more people during this period when compared to the previous year, this equates to 1216 women, men, and children. We have delivered 20,007 sessions of support in the period, 28% more sessions overall than in the previous year. Both the therapy and advocacy services have seen support increase this year. Demographic Information

83% of clients receiving a service were women & girls, 15% of clients receiving a service were men & boys and 1% of clients identified as transgender or non-binary. 77% of the clients that we supported were adults (18+ Years) 19% were children and young people aged between 13-17 years and 3% were children under the age of 12 years. The age split for clients accessing the service is show in the table below.

Age Range	2021/2022	2020/21	%
under 12 years	42	58	3%
13 to 15 years	122	144	10%
16 to 17 years	110	79	9%
18 to 24 years	267	197	22%
25 to 34 years	269	202	22%
35 to 44 years	225	182	19%
45 to 54 years	131	93	11%
55 to 64 years	38	36	3%
65 to 74 years	12	5	1%

Disability

75% of clients accessing the service identified as having a disability, the definition of disability used was that contained within the equalities act 2010:

'Someone who has a physical or mental impairment which has a substantial and long-term impact on their ability to carry out normal day to day activities'

24% did not identify as having a disability, with 1% not wishing to respond to this query.

Ethnicity

At the first point of contact with ARCH, 94% of people identified as White British, 1% as White European, 2% as Mixed or Multiple Ethnicity, 2% as Asian 1% as Black, African, or Caribbean.

Sexuality

50% of clients identified as heterosexual, 4% as either lesbian or Gay and 6% as Bi-sexual with 39% of responses to this question were respondents who preferred not to say.

Sexuality	2021/22	2020/21	%
Heterosexual	607	516	50%
Gay/Lesbian	46	30	4%
Bisexual	68	40	6%
Other	17	4	1%
Not stated	478	400	39%

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Presenting Experience at first contact

Experience Type	Adult (18+)	Young Person (13-17)	Child under 12
Recent Rape/Sexual Assault	251	143	39
Non-Recent Rape/Sexual Assault	118	72	19
Non-recent CSA for adults abused a Child	316	N/A	N/A

Service & Project Achievements

ISVA Service

We have been focusing on creating stronger links with criminal justice agencies to improve partnership working including with Cleveland Police to support the training of officers investigating sexual offences. Our ISVA lead also liaises with a Police and CPS point of contact for sexual offences and meets regularly with representatives from the courts to improve the experience of our clients. We are delighted that one of our team was nominated for a Health Watch star award by her client in the category of 'Excelling support to others' this year.

The service has provided a total of 16,712 sessions of support during this reporting period. 67% of these related to adult survivors, 27% to young people aged between 13-17 years and 6% to children under the age of 12 years.

In this period 273 individuals told us that they had reported to Police, an 8% increase on the previous year. 384 individuals had an active Police or CPS case, a 23% increase on the previous year. There were 323 cases where the criminal justice system was completed which was a 9% reduction on the previous year and 171 cases where people told us that they had not chosen to make a report to police, this figure had reduced 28% compared to last year. 74 individuals had not yet disclosed down 50% on the previous year.

Data from our evaluation questionnaires shows that of respondents:

- " 100% had enough information to decide what to do
- " 98% felt that they now more about the services and resources available to them" 98% felt heard and believed
- " 95% felt more empowered to make decisions about their future
- " 95% felt able to recognise abusive behaviour
- " 89% felt more confident in dealing with other organisations

Thank you for everything you have done for me, you kept me strong, and I will be forever grateful for that, I wish you all the luck in the future, thank you for everything. I can finally move on with my life.' 'You were the last in a line of support workers, but you were the best, you stayed with her, and you were dedicated. Thank you for all your help. 'I mean it when I say thank you for all your support during this difficult time. You've made the process easier and your very much appreciated.'

LESA Service

86 clients received support through our LESA service in this period with 793 sessions of support delivered across a range of practical issues. Safe and secure housing remained a key focus of the work as well as support to access benefit entitlements such as Universal Credit and PIP. "Thank you for all your support. We could not have done this without your help. The move you have helped us with, is going to be life changing and we are looking forward to having a positive future. My son can now sleep in his own room, we now feel safe and the whole atmosphere in the house now feels so happy and settled. "

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Counselling Service

Provided 5,034 sessions of support which included 4114 counselling sessions and 920 pre-trial therapy sessions. The service has worked hard to ensure waiting lists are managed post pandemic. We were delighted to be able to open up our volunteers' placements again this year and are steadily supporting more volunteers within the service. Feedback from our client's outcomes forms showed that of the respondents: " 100% felt believed and understood

" 100% More empowered to make decisions about their future

" 97% Able to deal with abuse people/behaviour if they choose to

" 97% Better understand what happened to them and how it has affected them" 83% feel good about themselves

" 74% have used positive coping skills to take care of themselves

Whilst verbal feedback has also been excellent:

"Thank you, for giving me my life back"

"It has been important for me to have someone to talk to and making me see sense. And the sessions have been a good challenge for me. I have control over my thoughts and feelings. I loved the sessions"

"These sessions have saved my life my counsellor was brilliant, and I feel heard for the first time ever"

Smallwood Trust

We were delighted to be able to offer support through a grant based, project thanks to funding from the Smallwood Trust. The fund aims to support women with small grants to meet their immediate needs and work towards greater financial resilience.

Between April 2021 and March 2022, we provided 49 grants for women and a total amount of £24,086 awarded. 50% of grants were awarded under the mental health & wellbeing strand, 25% to support financial stability, and 25% to provide housing support.

"We did go and get a food shop, (so desperately needed). I paid 3 urgent bills and bought some rugs (no bare floors upstairs now) Oh and lightbulbs. I'm going online today to try and get some slippers and comfy clothes that actually fit. It gave me room to breathe and eat and get toiletries. Really, really appreciate what you did, and won't ever forget it"

Trustees have approved the use of ARCH client funds, to support applications from men and boys using the same criteria. Between April 2021 and March 2022 16 grants for males have been approved through the fund, for the total amount of £1,864 this also included to support mental health as well as for food vouchers, clothing, a child's school trip, and transport to court.

The Light Project

As at the end of March 2022 we have recorded 59 referrals for the project this year, completed 43 assessments and delivered 106 1-1 therapeutic sessions. Participants have also taken part in a total of 88 group work sessions.

Of the 43 participants on the project during this period 86% were female and 16% were male, 95% identified as White/British, 2% as Asian and 2% as mixed or dual heritage. Geographically 37% resided in Stockton, 28% Middlesbrough, 19% Redcar, and 16% Hartlepool. There was an average engagement rate of 75% for 1-1 sessions, and 74% for group work sessions.

Of the clients that have completed the full programme of support we record the following outcomes:

" 93% reported they had found new ways to look after their own mental health

" 83% reported that they felt better able to manage their own self harm

" 100% reported better able to look after their own physical health

" 100% said that they felt they had the information that they needed and felt better informed about sexual violence

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

" 100% felt better able to support their child

" 100% felt they had better coping skills and techniques

" All participants said they would recommend the programme to others

Feeding back on the project, parents shared with us:

"It has made me feel less alone and giving me an extra tools' for coping for myself and my child. It has giving me new friendships and the support I need if I feel I need to talk or am struggling"

"I have a better understanding of perpetrators and where the fault lies" "An invaluable service that should continue"

"The service has helped me to accept what has happened and deal with it in a positive way. It has helped me to think about the situation rationally which in turn has improved communication with my daughter and helped to restore our relationship."

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

ARCH-ED

ARCH-Ed is our exciting new education project aimed at young people aged between 11-25. The project commenced delivery in March 2022 and to date has worked with 28 groups of young people in the Middlesbrough Area. The project works in partnership with youth providers and education settings and has engaged with 165 young people over the period from across a range of settings including Teesside University, The Linx Project and Youth Focus Northeast.

Feedback from young people and their trusted adults has been extremely positive and indicates that young people value this space that has been created for them:

"I love them, cause, it learns, us about life when we get older and go into the real world" (Young Person aged 14yrs)

"It was very good and interesting, I had loads of fun and learnt a lot" (Young Person aged 12yrs)

"I've learnt to keep on trying as your voice always matters." (Young Person aged 13yrs)

"Yasmin has fantastic engagement with all the young people she has come across in our sessions. It's been fantastic for her to be a part of these, so thank you very much." (Youth Worker)

Pre-trial therapy training

ARCH was successfully awarded funding through the NHS England Sexual Assault Abuse strategy fund to deliver training to professionals on the use of the pre-trial therapy protocol when delivering therapeutic interventions to victim and survivors of rape and sexual abuse.

The training aimed to ensure that there is a clear understanding of the guidance relating to pre-trial therapy and what this means in practical terms to ensure that survivors receive the appropriate care and support they need whilst also engaged within the criminal justice system.

Between December 2021 to March 2022, we trained over 150 practitioners from a range of services. 100% of participants felt it had improved their knowledge and understanding of PTT. Participants were asked overall how they would rate the training with 55% rating excellent, 38% very good and 7% good.

Feedback from our participants is shown below:

"I feel more competent in working with client's that are pre-trial."

"I feel more able to make clinical decisions pre-trial without needing to discuss it with my supervisors."

"I will be more mindful in my future work with clients."

Planning for the future

Whilst we are committed to developing and introducing a new strategic plan this year to guide our work, we have identified some key priorities for 2022-23 which are:

" To progress the Community Asset Transfer of our building as well as plans to extend and reconfigure our space.

" To review our clients ACEs group and ensure that survivors have the ability to have a say in how the service develops.

" To work in partnership to make the case for a local strategic plan covering all aspects of sexual violence/abuse.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a surplus of £101,306.

The reserves stand at £620,736, £532,239 being unrestricted funds with free reserves of £343,871, this equates to approx 7 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Financial review *(continued)*

Legal Fund

Trustees will allocate £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

Trustees will allocate £125,000 amount to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. Trustees further commit to

The trustees' annual report was approved on 15/8/22 and signed on behalf of the board of trustees by:



SJ Walker
Chair of the Committee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2022

I report on the financial statements for the year ended 31 March 2022, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside

Statement of Financial Activities

Year ended 31 March 2022

		Unrestricted funds £	2022 Restricted funds £	Total funds £	2021 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	59,048	701,122	760,170	757,739
Investment income	5	678	—	678	730
Total income		<u>59,726</u>	<u>701,122</u>	<u>760,848</u>	<u>758,469</u>
Expenditure					
Expenditure on charitable activities	6,7	50,953	608,588	659,542	594,680
Total expenditure		<u>50,953</u>	<u>608,588</u>	<u>659,542</u>	<u>594,680</u>
Net income		<u>8,773</u>	<u>92,534</u>	<u>101,306</u>	<u>163,789</u>
Transfers between funds		78,818	(78,818)	—	—
Net movement in funds		<u>87,591</u>	<u>13,716</u>	<u>101,306</u>	<u>163,789</u>
Reconciliation of funds					
Total funds brought forward		444,648	74,781	519,429	355,640
Total funds carried forward		<u>532,239</u>	<u>88,497</u>	<u>620,736</u>	<u>519,429</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 14 to 24 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2022

	Note	2022 £	£	2021 £
Fixed assets				
Tangible fixed assets	14		3,142	1,455
Current assets				
Debtors	15	1,168		22,664
Cash at bank and in hand		618,685		496,941
		619,853		519,605
Creditors: amounts falling due within one year	16	2,143		1,430
Net current assets			617,710	518,175
Total assets less current liabilities			620,852	519,630
Creditors: amounts falling due after more than one year	17		117	201
Net assets			620,735	519,429
Funds of the charity				
Restricted funds			88,497	74,781
Unrestricted funds			532,239	444,648
Total charity funds	19		620,736	519,429

These financial statements were approved by the board of trustees and authorised for issue on 15/8/22 and are signed on behalf of the board by:



SJ Walker
Chair of the Committee

The notes on pages 14 to 24 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment - 20% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Defined contribution plans (continued)

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
National Lottery Community Fund	–	42,812	42,812
MOJ Covid 19 Funding	–	–	–
BBC Children In Need	–	12,353	12,353
Lloyds Bank Foundation	–	32,841	32,841
Ministry of Justice Rape Support Fund	–	185,802	185,802
The LIGHT Project	–	43,075	43,075
NHS England	–	–	–
Core Funding	59,048	–	59,048
Smallwood Trust WRF	–	–	–
Safer Streets	–	38,795	38,795
Smallwood Trust	–	33,477	33,477
Police Crime Commissioner ISVA	–	279,421	279,421
PCC Covid 19 Funding	–	–	–
PCC CCG Therapy	–	32,546	32,546
	<u>59,048</u>	<u>701,122</u>	<u>760,170</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grants			
National Lottery Community Fund	–	84,376	84,376
MOJ Covid 19 Funding	–	7,830	7,830
BBC Children In Need	–	24,466	24,466
Lloyds Bank Foundation	–	32,516	32,516
Ministry of Justice Rape Support Fund	136,080	–	136,080
The LIGHT Project	–	–	–
NHS England	–	15,807	15,807
Core Funding	78,969	–	78,969
Smallwood Trust WRF	–	27,726	27,726
Safer Streets	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	308,436	308,436
PCC Covid 19 Funding	–	16,556	16,556
PCC CCG Therapy	–	–	–
	<u>215,049</u>	<u>542,690</u>	<u>757,739</u>

ARCH Teesside

Notes to the Financial Statements (continued)

Year ended 31 March 2022

5. Investment income

	Unrestricted Funds	Total Funds 2022	Unrestricted Funds	Total Funds 2021
	£	£	£	£
Bank interest receivable	678	<u>678</u>	730	<u>730</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Activity type 1	31,963	608,588	640,553
Support costs	18,990	—	18,989
	<u>50,953</u>	<u>608,588</u>	<u>659,542</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Activity type 1	173,743	407,571	581,315
Support costs	13,366	—	13,365
	<u>187,109</u>	<u>407,571</u>	<u>594,680</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Activity type 1	640,553	—	640,553	581,315
Governance costs	—	18,989	18,989	13,365
	<u>640,553</u>	<u>18,989</u>	<u>659,542</u>	<u>594,680</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2022	Total 2021
	£	£	£
Governance costs	18,989	<u>18,989</u>	<u>13,364</u>

9. Net income

Net income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	<u>1,373</u>	<u>761</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

10. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>750</u>	<u>750</u>

11. Staff costs and emoluments

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	460,239	421,490
Social security costs	35,390	30,384
Employer contributions to pension plans	<u>18,829</u>	<u>19,588</u>
	<u>514,458</u>	<u>471,462</u>

The average head count of employees during the year was 26 (2021: 25). The average number of full-time equivalent employees during the year is analysed as follows:

	2022 No.	2021 No.
Engaged in Charitable Activities - Full time	11	10
Engaged in Charitable Activities - Part Time	<u>15</u>	<u>15</u>
	<u>26</u>	<u>25</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2021	6,234	6,234
Additions	3,060	3,060
At 31 March 2022	9,294	9,294
Depreciation		
At 1 April 2021	4,779	4,779
Charge for the year	1,373	1,373
At 31 March 2022	6,152	6,152
Carrying amount		
At 31 March 2022	3,142	3,142
At 31 March 2021	1,455	1,455

15. Debtors

	2022 £	2021 £
Prepayments and accrued income	1,168	22,664

16. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	2,143	1,430

17. Creditors: amounts falling due after more than one year

	2022 £	2021 £
Other creditors	117	201

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £18,829 (2021: £19,588).

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
General Funds	313,871	59,726	(50,953)	21,227	343,871
Redundancy Reserve	55,777	—	—	(2,409)	53,368
HR Legal Fee's	—	—	—	10,000	10,000
Building Fund	25,000	—	—	125,000	125,000
Service Development Fund	50,000	—	—	(50,000)	—
	<u>444,648</u>	<u>59,726</u>	<u>(50,953)</u>	<u>78,818</u>	<u>532,239</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General Funds	259,327	215,779	(187,109)	25,874	313,871
Redundancy Reserve	33,060	—	—	22,717	55,777
HR Legal Fee's	—	—	—	25,000	25,000
Building Fund	25,000	—	—	(25,000)	—
Service Development Fund	—	—	—	50,000	50,000
	<u>317,387</u>	<u>215,779</u>	<u>(187,109)</u>	<u>98,591</u>	<u>444,648</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
ISVA Contract	—	279,421	(241,670)	(37,751)	—
SITV/Cleveland PCC	—	12,353	(18,441)	—	—
BBC Children In Need	6,088	43,075	(32,506)	(10,569)	—
The Light Project	—	32,546	(15,511)	(2,983)	14,052
PCC CCG Therapy	—	38,795	(6,021)	—	32,774
Safer Streets	14,233	32,841	(31,895)	(2,010)	13,169
Lloyds TSB	—	185,802	(185,802)	—	—
Ministry of Justice Rape Support Fund	—	42,812	(50,091)	(20,120)	15,878
National Lottery	43,277	—	—	—	—
Community Fund	—	—	—	—	—
MOJ Covid 19 Funding	—	—	—	—	—
PCC NHSE YP	—	—	—	—	—
Counselling	—	—	—	—	—
PCC Covid 19 Funding	—	—	—	—	—
Smallwood Trust	11,183	33,477	(26,651)	(5,385)	12,624
Smallwood Trust WRF	—	—	—	—	—
	<u>74,781</u>	<u>701,122</u>	<u>(608,588)</u>	<u>(78,818)</u>	<u>88,497</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
ISVA Contract	—	308,436	(246,146)	(62,290)	—
SITV/Cleveland PCC	—	24,466	(28,688)	—	6,088
BBC Children In Need	10,310	—	—	—	—
The Light Project	—	—	—	—	—
PCC CCG Therapy	—	—	—	—	—
Safer Streets	—	—	—	—	—
Lloyds TSB	13,671	32,516	(30,102)	(1,852)	14,233
Ministry of Justice Rape Support Fund	—	—	—	—	—
National Lottery	—	—	—	—	—
Community Fund	14,272	84,376	(35,544)	(19,827)	43,277
MOJ Covid 19 Funding	—	7,830	(6,997)	(833)	—
PCC NHSE YP	—	15,807	(11,225)	(4,582)	—
Counselling	—	16,556	(9,844)	(6,712)	—
PCC Covid 19 Funding	—	24,977	(11,299)	(2,495)	11,183
Smallwood Trust	—	27,726	(27,726)	—	—
Smallwood Trust WRF	—	—	—	—	—
	<u>38,253</u>	<u>542,690</u>	<u>(407,571)</u>	<u>(98,591)</u>	<u>74,781</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds *(continued)*

Funding sources

In 2021-22, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, referrals team and our LESA service.

Cleveland OPCC - funded the ISVA service and provided support to the Light Project through the CSA transformation fund.

Middlesbrough Borough Council (MBC) - supports the counselling service and provided funding for ARCH-Ed through the safer streets fund.

South Tees Clinical Commissioning Group - provided support to Children and Young People's counselling service.

NHS England - Provided a one-off grant to support delivery of pre-trial therapy training across Cleveland.

The National Lottery Community Fund - supported our clinical lead post and the delivery of Project 21 increase our communication reach.

Smallwood Trust - Enables us to provide direct grants to women and girls aimed at improving their financial resilience

Lloyds Bank Foundation - funding towards our CEO and non-clinical roles.

Children in Need - funding towards our children and young people's therapeutic service.

Rape Crisis England and Wales (RCEW) - funding for the provision of operators to support the RCEW Live Chat service.

We would like to thank our funders for their generous and continued support of the service which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	3,142	–	3,142
Current Assets	529,097	88,497	617,594
Net assets	532,239	88,497	620,736
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,455	–	1,455
Current Assets	443,193	74,781	517,974
Net assets	444,648	74,781	519,429