

ARCH Teesside

England & Wales · Charity number 1154766

Details

Other names	ARCH (NORTH EAST)
Status	Registered
Legal form	CIO
Registered	2013-11-27
Register	View on the Charity Commission register

Contact

Address	22 Hoylake Road Middlesbrough TS4 3JL
Phone	01642822331
Email	e.wilson@archteesside.org
Website	www.archteesside.org

Activities

Objects: 1) TO RELIEVE THE TRAUMA AND DISTRESS OF VICTIMS OF SEXUAL ABUSE AND THEIR FAMILIES, IN PARTICULAR THROUGH THE PROVISION OF COUNSELLING, ADVICE AND SUPPORT; AND2) TO ADVANCE THE EDUCATION OF THE PUBLIC IN SEXUAL ASSAULT AND IN THE EFFECTS ON THE VICTIM AND THEIR FAMILIES

Activities: Providing counselling, help and support to those who have suffered sexual abuse, child abuse, sexual assault, childhood sexual abuse or male or female rape. We support those over 14 years old. Our centre is based in Middlesbrough providing services across Teesside.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Hartlepool
- Middlesbrough
- Redcar And Cleveland
- Stockton-on-tees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£999,284	£1,002,429	£602,015	43
2024-03-31	£950,005	£910,041	£605,160	34
2023-03-31	£707,791	£763,332	£565,196	27
2022-03-31	£760,848	£659,542	£620,735	26
2021-03-31	£758,469	£594,680	£519,429	25

Trustees

Name	Role	Appointed
Graham Strange		2025-07-16
Louise Tanya Wattis		2016-06-06
Megan Hamilton		2021-02-22
Rachel Taylor		2022-09-01
Tania Green		2025-07-16
WENDY KELLY		2013-11-21

Accounts

CHARITY REGISTRATION NUMBER: 1154766

ARCH Teesside
Unaudited Financial Statements
31 March 2025

S J ACCOUNTING SERVICES (NE) LTD

ARCH Teesside
Financial Statements
Year ended 31 March 2025

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	10
Statement of financial activities	11
Statement of financial position	12
Notes to the financial statements	13

ARCH Teesside

Trustees' Annual Report

Year ended 31 March 2025

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2025.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly	
Ms L Wattis	
SJ Walker	(Retired 27 January 2025)
Ms M Hamilton	(Retired 1 November 2024)
Ms R Taylor	
Ms S Caddell	(Appointed 31 January 2025)

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2025

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

ARCH Teesside is a specialist sexual violence service with over 27 years experience of delivering high quality, highly regarded support to victim-survivors of sexual violence and abuse across Teesside.

Our Mission

To provide quality care, support, help and guidance for those affected by rape and sexual violence across Teesside.

Our Vision

That those affected by rape and sexual violence will be able to move forward in their lives empowered by the quality support that we have provided.

Our Values

Our mission is strengthened by a belief in people and their capacity to not just survive but to thrive following an experience of sexual violence. Delivery of our mission is underpinned and strengthened by our values:

- **Believe** we don't judge we listen and act with sensitivity and empathy,
- **Care** about survivors and each other, we are here to help, support and guide,
- **Integrity** we are open, honest, and highly confidential,
- **Justice**, we believe in the right to choose, and that social justice is important for us all,
- **Expertise**, we are committed to our specialism and push ourselves, and standards in the field.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2025

Achievements and performance

The charity has seen another year where our activities have increased. In 2020/21 there were 1414 referrals received by the service an increase of 37% on the previous year (971 referrals) and continuing an upward trend in recent years.

Due to backlogs and delays within the criminal justice system we are providing support to more people for longer and we envisage that demand will continue to increase, making it a priority for us to ensure that we are appropriately resourced to continue to meet the need for our specialist services.

The charity supported 1017 unique individuals in the year, an increase of 6% (956 previously) and delivered 11,810 face-to-face sessions. Over all methods of support, we delivered 38,686 sessions of support.

Unfortunately, the level of demand for our advocacy service without any increase in our staffing capacity has meant that we have taken the step of introducing a waiting list for the ISVA service at the mid-point of the year. This decision ensures referrals are managed transparently, whilst helping us to prioritise urgent cases, maintaining the quality of support for survivors, whilst protecting the wellbeing of our staff in the face of sustained demand.

Similarly, the complexity of need in referrals for the counselling service has also had an impact upon the service and contributed to an increased waiting time. The teams continue to work hard to manage this demand, and we continue to flag these challenges with funders and commissioners.

We actioned a decision in line with our strategic plan to introduce a designated Children and Young People's (C&YP) team this year. Led by a newly appointed C&YP Lead, this restructured team comprises of CH-ISVAs C&YP counsellors, ARCH-Ed prevention worker, and a young women's participation worker.

It is envisaged that by bringing together children and young people's workers together in this way, we can co-create responsive services that reflect young peoples lived experiences ensuring their voices are heard and play a greater part on informing our service delivery.

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provide independent criminal justice advocacy for anyone who is thinking about or has reported their experience of sexual violence/abuse to police. They operate independently but work in close collaboration with the police, crown prosecution service (CPS), and court system to ensure seamless advocacy for victims/survivors by supporting their voice and needs to be understood within the criminal justice process.

The service is commissioned by the Office of the Police and Crime Commissioner (OPCC) for Cleveland.

"My ISVA saved my life. When I reported to the police, my ISVA chased and chased my case for the nearly two years it was being conducted. She talked me through everything and helped me understand the system. She was a massive part of my recovery and was more than just an ISVA. She was a shoulder to cry on, someone to rant to, to help get my frustrations out about the situation I was in and most importantly someone I could go to for anything - who would be there for me, with no judgement."

The ISVA service received 732 referrals and delivered 4,734 sessions with adult survivors. In this reporting period clients exiting the ISVA service have reported the following outcomes:

96% felt they knew more about services and resources available to them.
93% felt able to go through legal proceedings if they choose or/are required to.
97% felt more able to recognise abusive relationships/behaviour.
95% felt more empowered to make decision about their future.
99% felt heard and believed.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

97% had enough information to decide what to do.
94% felt more confident in dealing with organisations.
81% felt safer.
68% felt their health and wellbeing had improved.

LESA Service

The LESA (Life Enhancement Skills Advisor) service within arch provides wrap around support in the form of practical and emotional support. Supporting internal referrals the LESA service, provides shorter term interventions to assist with a specific, identified need, which may include but is not restricted to support with housing, benefits, return to work, school or education, debt management, developing social networks, and setting future aspirations.

The service is increasingly seeing hardship and housing related support as key issues for the clients accessing the service. During this reporting period there were 79 referrals to the service which remains consistent with the previous year. There were 551 sessions of support delivered, which is a 57% increase on the previous year.

Of the people supported, 48% of support related to housing issues 25% financial issues 20% benefits 9% a range of other issues.

"Thank you for all your help with housing, I cannot thank you enough, it is so nice to have heating in the property again after being without for over 12 months. The kids are now even moaning, "it's too hot!"

Working alongside the office/referrals team manager and wider team, the LESA service has also played a key role in the delivery of direct financial support, aimed at improving financial resilience as part of our community grant partnership with the Smallwood Trust.

"Thank you to everyone at Arch. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery."

"The grant will help so much in this time of need and make such a difference and take away my financial worries."

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led, and works to an empowerment model, which places the person at the centre of their support. Some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Alongside delivering session at our Middlesbrough base, the team have further embedded outreach provision this year. In the Stockton locality we have delivered this in partnerships with the Stockton family hubs. We very much value this partnership which has ensured that we can offer important therapeutic support in the communities where survivors live and work. Similarly, we are delighted to have also opened an office space in Hartlepool, which means that we can offer therapeutic provision locally, and further help to reduce barrier to accessing support.

We also supported six counselling volunteer placements, providing clinical supervision and opportunities to develop their skills and experience; in turn, they became a valued and integral part of our team, contributing to the delivery of essential therapeutic support.

In total the counselling service has received 669 referrals over the period and has delivered 2,964 sessions of support to adult survivors. Of these there were 808 pre-trial therapy sessions. In terms of accessing the service there was a 63% engagement rate at assessment stage and an average 77% engagement with therapy once commenced.

The average wait time for counselling sessions during the period has been 115 days and (NB: This figure includes both Adults and Children and Young People)

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Over the course of the year victim/survivors who accessed counselling support reported the following positive outcomes:

65% reported feeling good about themselves.

66% have used positive coping skills to take care of themselves.

98% felt more empowered to make decisions about their future.

98% felt they had the ability to deal with abusive people/behaviour if they choose to. 97% Felt they better able to understand what has happened to them and how it has affected them.

Family Support - The Light Project

Our support project for non-abusing parents and carers continues to go from strength to strength and forms an integral part of our response to families, with evidence showing that by supporting caregivers we can also improve the overall outcomes for children and young people. The project is a mix of one-to-one support, alongside a group programme. In this period, we have delivered 111 one-to-one therapeutic sessions. 75 individuals went on to take part in the group work programme; we delivered 50 hours of groupwork support over 5 groups.

"For me personally I feel like a much different person. Like someone has opened the curtain and let the sun in. I didn't think I would ever feel like I could look forward to the future or feel positive. I feel like I am living not just existing which I haven't felt like in 8 years. I don't feel so guilty"

(Light Project Participant)

Children & Young Peoples Service

Our Children and Young People's Service continue to provide vital, trauma-informed support to young survivors of sexual violence, helping them navigate the criminal justice system and access therapeutic care in safe, accessible environments. In total we received 268 referrals for children and young people (aged 17yrs and under) in the year.

Children and Young Peoples ISVAs (CH-ISVAs) received 172 referrals and delivered 1,815 sessions of advocacy helping children and young people to feel engaged and supported through the criminal justice system.

"I have just received support from arch- and it was absolute second to none. My trial didn't end the way we wanted it to, but a long week in court was made so much easier by being supported by my ISVA. I'd like to pass on a HUGE thank you to your service, my ISVA was absolutely incredible - I cannot thank her enough and her colleague who was also in witness care during my trial, he was also amazing. Thank you so much for the service."

Play therapy and therapeutic support is provided on a 1-1 basis and offered to children and young people primarily through delivery within local schools, alongside the option of our Middlesbrough base or outreach venues.

The service received 96 referrals specifically for C&YP under the age of 17years. A total of 64 therapy assessments were offered with 53 being completed providing an engagement rate of 83% at assessment. To this age group 422 sessions were offered and 359 completed providing an engagement rate of 85% overall with therapeutic sessions.

Of case closures in the period 48% of CYP reported making significant progress in improved emotional wellbeing, 28% report significant improvements in confidence and self-esteem, and 24% report significant progress in their ability to develop and maintain positive relationships.

ARCH-Ed Prevention

ARCH-Ed is a prevention and education programme aimed at young people between the ages of 11-

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2025

25yrs which covers a range of topics addressing sexual violence/abuse prevention including consent, gender stereotyping, bystander interventions and the impact of social media. The project runs in line with the academic calendar and has been delivered in a range of setting including local schools, colleges, university and community settings. In this academic period, the project delivered 108 sessions across 11 11 settings and engaged with 1289 students.

Students value the opportunity to engage with this content and with a specialist provider which is shown through the service feedback and evaluations. Of note 50% of participant we engaged with told us that they had previously attended some form of education around consent, however despite this, 96% of all participants who attended the consent workshops said they now understand more about what Consent means and 100% of participants now understand why choice is important and that they have the right to to withdraw from any sexual activity.

97% of participants said they now "understand how beliefs and attitudes can support sexual violence to hold a place in society".

98% of students also agreed that they now understand what the Nighttime Economy (NTE) is and its impact on Sexual Violence.

99% of students said "I understand more about what support is available to me and how to access should I or others need it"

99% of participants said they "understand more about the forms of sexual violence there is and the impact this has on people".

"I thought the presentation was really informative and sensitive, a hard subject but much needed."

"It helped me understand more."

"I loved this presentation as it was 10 out of 10, I haven't seen anything like this before it sent its message out and informed everyone."

Hope for Change

The Hope for change project is a Pilgrims Trust funded project which aims to support a gendered response to young women's mental health. The project brings together young women empowering them to co-produce initiatives aimed at influencing and promoting a better understanding and response to young women's mental health.

A key achievement of the project over the period includes producing a short film highlighting the impact the language and way of engagement by mental health professionals can impact young women both positively and negatively and showcasing this at a launch event.

"It has felt so empowering to potentially help other people get a different response from mental health providers. This group has meant a lot to me in that I have been able to connect with other young women who have had similar experiences and who all share the same goal of making change."

"This group has benefited me so much, it has built my confidence and helped me to gain the confidence I needed to go back to college. I feel empowered, that nothing is going to stop me and that I can do anything. It has made it so much easier for me to end my counselling, the last time when I ended it was so difficult for me. This group has made the transition from counselling to real life easier."

"Hope for Change has given me a chance to use my voice and make a difference. It's been great to connect with like-minded, passionate young women and be able to come together to help make a change in the things that are important to us."

24/7 National Support Line service

We are proud to be a partner for the delivery of the Rape Crisis England & Wales 24/7 Rape and Sexual Abuse Support Line, alongside Rape Crisis South London (RCSL) and Lincolnshire Rape Crisis &

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Sexual Abuse. Our role within this partnership includes providing Support Line Workers (SLW) who provide rota cover between 8am and 12pm daily, seven days per week.

The service offers 24/7 telephone and webchat support for anyone aged 16+ affected by rape, child sexual abuse, sexual assault, sexual harassment or any other form of sexual violence - at any point in their life. This includes survivors of sexual violence as well as their friends, family or anyone else trying to support them.

The operators provide vital support shown in the feedback that they receive.

"Without this helpline I couldn't have survived the last 12 months. So, it is important for survivors to have a safe space to be heard and believed. I feel emotionally supported and that is priceless. I've felt heard and believed and completely supported today. I desperately needed this space."

"I've found this very useful and validating. I feel like it's hard to talk to people about it in my life and useful to have confirmation from someone who is knowledgeable and doesn't know me."

"Thank you for your support. Honestly, I would not have got through the past two years if you had not been there to speak with, the support has been amazing. I could never have been able to give evidence without your support. Honestly, thank you."

Safeguarding

Safeguarding is central to our work, and we are committed to creating a safe, supportive environment for all survivors using our services. Our Safeguarding policies and procedures are robust, regularly reviewed and aligned with national guidance. All staff and volunteers receive regular safeguarding training, appropriate to their roles and we have in place clear lines of accountability and reporting.

In the past year we have continued to strengthen our safeguarding culture and work collaboratively with statutory and voluntary sector partners to ensure joined-up safeguarding responses.

Quality

We committed to delivering high-quality trauma informed support services to survivors. We continually strive to uphold and exceed sector standards, ensuring our work is safe, effective and responsive to the needs of our community.

This year, we successfully renewed our British Association for Counselling and Psychotherapy (BACP) membership, and our adult counselling services were re-accredited. We have also commenced the renewal process for our Rape Crisis England and Wales (RCEW) National Service Standards (NSS) accreditation.

This standard ensures our services remain survivor centred, inclusive and accountable. Our commitment to quality is reflected in, regular supervision and reflective practice for all frontline staff, continuous professional development and training, robust monitoring and evaluation processes, and a culture of learning, feedback and improvement.

Equality Diversity and Inclusion

We remain committed to embedding Equality, Diversity and Inclusion (EDI) across all aspects of our organisation. This year, we established a Champion Steering Group to support and enhance the work of our existing Service Champion Groups, ensuring a coordinated and sustainable approach to EDI.

Key developments include:

- The development and publication of an Anti-Racism Statement.
- Production of service leaflets in Urdu and translation of our self-help guide into Farsi, improving accessibility for diverse communities.
- Working with translators training delivered within our counselling team.
- Creation of an LGBT+ guide tailored for survivors of sexual violence available on our website.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

- Delivery of the ARCH Fellas Fair at Middlesbrough Town Hall, promoting inclusion and engagement with male survivors and allies.
- Active participation in a range of community events across the year to increase our visibility and demonstrate allyship including the Stockton Eid Festival, Women's health and voices events and pride events.

In addition, we are currently refreshing our EDI Action Plan to ensure it remains responsive and impactful. We are using service data and feedback to identify areas for improvement and to inform future priorities, helping us to build a more inclusive and equitable service for all.

Participation/Involvement

We continue to prioritise the voices of those with lived experience in shaping our services. This year, we appointed a part-time Participation Worker who has established a Survivor Reference Group, providing a structured and meaningful platform for survivors to share their insights. This ensures that frontline experience directly informs service development, organisational priorities, and decision-making processes.

In addition, the Participation Worker has supported the development of a Local Authority Survivor Panel, strengthening cross-sector collaboration and survivor-led influence. During this period, the ARCH Survivor Reference Group came together to set its priorities and agree a work plan for the year ahead, marking a significant step forward in embedding survivor leadership within our organisational culture.

Future Strategic Direction

As we look ahead, our strategic focus remains on sustainability, accessibility, and survivor-led service development. We are committed to strengthening our core services while continuing to innovate in response to emerging needs across our communities.

It continues to be a strategic priority to provide stability and make adaptations to our base in Middlesbrough for the continued development of the service. We have successfully achieved planning permission for an extension and re-modelling of the premises and continue to progress the Community Asset Transfer (CAT) with Middlesbrough Borough Council (MBC).

The funding climate remains challenging within the voluntary and community sector it remains a priority for us to diversify our income streams and start to develop routes to generate unrestricted funds. As part of this approach, we have established a part-time training post to start the development of a chargeable external training offer.

Our involvement in emerging partnerships, such as the Middlesbrough Mental Health Collective, enhances the visibility of our work within health systems, while also contributing to our strategic development and efforts to diversify and strengthen our funding base and reach.

As part of our strategic planning, we have made a conscious decision to retain and invest in our ARCH-Ed project, which delivers vital prevention work and facilitates conversations with young people about sexual violence. This reflects our long-term commitment to early intervention and education as key components of systemic change.

Financial review

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a deficit of £3145.

The reserves stand at £602,015, £593,591 being unrestricted funds with free reserves of £381,823, this equates to approx 5 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is progressing, and a planning application has been submitted to Middlesbrough Borough Council in respect of adaptations to the building. Trustees have allocated £125,000 to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. The balance of this fund is now £105,383 after spend for the year.

The trustees' annual report was approved on 4/11/25..... and signed on behalf of the board of trustees by:


Rachel Taylor

Trustee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2025

I report on the financial statements for the year ended 31 March 2025, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside

Statement of Financial Activities

Year ended 31 March 2025

		Unrestricted funds £	2025 Restricted funds £	Total funds £	2024 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	38,202	952,468	990,670	942,175
Investment income	5	8,614	—	8,614	7,830
Total income		<u>46,816</u>	<u>952,468</u>	<u>999,284</u>	<u>950,005</u>
Expenditure					
Expenditure on charitable activities	6,7	154,405	848,024	1,002,429	910,041
Total expenditure		<u>154,405</u>	<u>848,024</u>	<u>1,002,429</u>	<u>910,041</u>
Net (expenditure)/income		<u>(107,589)</u>	<u>104,444</u>	<u>(3,145)</u>	<u>39,964</u>
Transfers between funds		127,796	(127,796)	—	—
Net movement in funds		<u>20,207</u>	<u>(23,352)</u>	<u>(3,145)</u>	<u>39,964</u>
Reconciliation of funds					
Total funds brought forward		573,384	31,776	605,160	565,196
Total funds carried forward		<u>593,591</u>	<u>8,424</u>	<u>602,015</u>	<u>605,160</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 13 to 21 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2025

	Note	2025 £	£	2024 £
Fixed assets				
Tangible fixed assets	14		613	1,225
Current assets				
Debtors	15	92,191		1,276
Cash at bank and in hand		511,341		605,907
		<u>603,532</u>		<u>607,183</u>
Creditors: amounts falling due within one year	16	<u>3,230</u>		<u>3,025</u>
Net current assets			<u>600,302</u>	<u>604,158</u>
Total assets less current liabilities			<u>600,915</u>	<u>605,383</u>
Creditors: amounts falling due after more than one year	17		<u>(1,100)</u>	<u>223</u>
Net assets			<u><u>602,015</u></u>	<u><u>605,160</u></u>
Funds of the charity				
Restricted funds			8,424	31,776
Unrestricted funds			<u>593,591</u>	<u>573,384</u>
Total charity funds	19		<u><u>602,015</u></u>	<u><u>605,160</u></u>

These financial statements were approved by the board of trustees and authorised for issue on 4/11/25, and are signed on behalf of the board by:


Rachel Taylor

Trustee

The notes on pages 13 to 21 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations	5,494	—	5,494
Grants			
MBC- Counselling	—	30,000	30,000
The National Lottery Community Fund/Reaching Communities	—	80,670	80,670
OPCC Cleveland- Counselling	—	29,448	29,448
BBC Children In Need- Counselling	—	27,419	27,419
OPCC Cleveland SV Pilot	—	17,665	17,665
Ministry of Justice Rape Support Fund	—	174,925	174,925
Pilgrims Trust- Young Women's Project	—	—	—
RCEW 24/7 Helpline	—	188,181	188,181
Core Funding	32,708	—	32,708
Smallwood Trust	—	25,000	25,000
OPCC Cleveland Counselling (SAAS Fund)	—	36,429	36,429
OPCC Cleveland - ISVA	—	342,731	342,731
	<u>38,202</u>	<u>952,468</u>	<u>990,670</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	5,676	—	5,676
Grants			
MBC- Counselling	—	30,000	30,000
The National Lottery Community Fund/Reaching Communities	—	39,739	39,739
OPCC Cleveland -Counselling	—	29,448	29,448
BBC Children In Need- Counselling	—	—	—
OPCC Cleveland SV Pilot	—	5,888	5,888
Ministry of Justice Rape Support Fund	—	188,251	188,251
Pilgrims Trust- Young Women's Project	—	30,000	30,000
RCEW 24/7 Helpline	—	186,470	186,470
Core Funding	40,160	—	40,160
Smallwood Trust	—	37,500	37,500
OPCC Cleveland-Counselling (SAAS Fund)	—	21,250	21,250
OPCC Cleveland- ISVA	—	327,793	327,793
	<u>45,836</u>	<u>896,339</u>	<u>942,175</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Investment income

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Bank interest receivable	8,614	<u>8,614</u>	7,830	<u>7,830</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Activity	135,114	847,592	982,706
Support costs	19,291	432	19,723
	<u>154,405</u>	<u>848,024</u>	<u>1,002,429</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Activity	151,379	741,268	892,646
Support costs	15,288	2,106	17,395
	<u>166,667</u>	<u>743,374</u>	<u>910,041</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Activity	982,706	–	982,706	892,646
Governance costs	–	19,723	19,723	17,395
	<u>982,706</u>	<u>19,723</u>	<u>1,002,429</u>	<u>910,041</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2025	Total 2024
	£	£	£
Governance costs	19,723	<u>19,723</u>	<u>17,405</u>

9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	<u>612</u>	<u>612</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

10. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>900</u>	<u>900</u>

11. Staff costs and emoluments

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	734,916	662,006
Social security costs	60,203	54,695
Employer contributions to pension plans	<u>28,246</u>	<u>25,359</u>
	<u>823,365</u>	<u>742,060</u>

The average head count of employees during the year was 43 (2024: Nil).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2024 and 31 March 2025	<u>9,294</u>	<u>9,294</u>
Depreciation		
At 1 April 2024	8,069	8,069
Charge for the year	<u>612</u>	<u>612</u>
At 31 March 2025	<u>8,681</u>	<u>8,681</u>
Carrying amount		
At 31 March 2025	<u>613</u>	<u>613</u>
At 31 March 2024	<u>1,225</u>	<u>1,225</u>

15. Debtors

	2025 £	2024 £
Prepayments and accrued income	<u>92,191</u>	<u>1,276</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

16. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	<u>3,230</u>	<u>3,025</u>

17. Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Trade creditors	(1,100)	–
Other creditors	–	223
	<u>(1,100)</u>	<u>223</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £28,246 (2024: £25,359).

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General Funds	356,574	46,816	(154,405)	132,837	381,822
Redundancy Reserve	82,520	–	–	(5,041)	77,479
HR Legal Fee's	9,290	–	–	–	9,290
Building Fund	125,000	–	–	–	125,000
	<u>573,384</u>	<u>46,816</u>	<u>(154,405)</u>	<u>127,796</u>	<u>593,591</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General Funds	371,091	53,666	(160,065)	91,882	356,574
Redundancy Reserve	64,210	–	–	18,310	82,520
HR Legal Fee's	10,000	–	(710)	–	9,290
Building Fund	111,275	–	(5,892)	19,617	125,000
	<u>556,576</u>	<u>53,666</u>	<u>(166,667)</u>	<u>129,809</u>	<u>573,384</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
ISVA Contract OPCC					
Cleveland	—	342,731	(318,090)	(39,641)	(15,000)
MBC- Counselling	—	30,000	(27,276)	(2,724)	—
BBC Children In Need	—	27,419	(20,661)	—	6,758
Ministry of Justice Rape Support Fund	187	174,925	(164,400)	(10,712)	—
The National Lottery Community Fund/Reaching Communities	2,953	80,670	(65,498)	(10,556)	7,569
OPCC Counselling Support	—	36,429	(33,338)	(3,091)	—
Smallwood Trust	13,522	25,000	(12,246)	(3,750)	22,526
OPCC Pilot Sexual Abuse	—	17,665	(19,922)	(3,631)	(5,888)
Pilgrim Trust	15,114	—	(20,155)	(2,500)	(7,541)
OPCC Counselling Support	—	29,448	(27,635)	(1,813)	—
RCEW Support Line	—	188,181	(138,803)	(49,378)	—
	<u>31,776</u>	<u>952,468</u>	<u>(848,024)</u>	<u>(127,796)</u>	<u>8,424</u>

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
ISVA Contract OPCC					
Cleveland	—	327,793	(305,164)	(22,629)	—
MBC- Counselling	—	30,000	(25,000)	(5,000)	—
BBC Children In Need	—	—	—	—	—
Ministry of Justice Rape Support Fund	—	188,251	(173,731)	(14,333)	187
The National Lottery Community Fund/Reaching Communities	—	39,739	(31,586)	(5,200)	2,953
OPCC Counselling Support	—	21,250	(18,576)	(2,674)	—
Smallwood Trust	8,620	37,500	(20,348)	(12,250)	13,522
OPCC Pilot Sexual Abuse	—	5,888	(166)	(5,722)	—
Pilgrim Trust	—	30,000	(13,636)	(1,250)	15,114
OPCC Counselling Support	—	29,448	(26,886)	(2,562)	—
RCEW Support Line	—	186,470	(128,281)	(58,189)	—
	<u>8,620</u>	<u>896,339</u>	<u>(743,374)</u>	<u>(129,809)</u>	<u>31,776</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	613	–	613
Current Assets	592,978	8,424	601,402
Net assets	<u>593,591</u>	<u>8,424</u>	<u>602,015</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	1,225	–	1,225
Current Assets	572,159	31,776	603,935
Net assets	<u>573,384</u>	<u>31,776</u>	<u>605,160</u>

Accounts

ARCH Teesside
Unaudited Financial Statements
31 March 2024

ARCH Teesside
Financial Statements
Year ended 31 March 2024

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10

ARCH Teesside
Trustees' Annual Report
Year ended 31 March 2024

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2024.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly	
Ms L Wattis	
C Brooker	(Retired 1 December 2023)
SJ Walker	
Ms M Hamilton	
Ms R Taylor	

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor followed by a programme of group work. The project aims to support parents and caregivers following disclosure of sexual abuse to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed is a prevention and education programme aimed at young people between the ages of 11-25yrs. Content can be delivered as stand-alone sessions or together as part of a fuller intervention.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Achievements and performance

This year we have supported 956 unique individuals through the service of which 750 were adults over the age of 18 years, 179 were young people between the age of 13-17 years and 27 were children under the age of 12 years.

In line with the gendered nature of sexual violence most of the victim/survivors we supported were women and girls accounting for 87% of people supported. Men and boys accounted for 11% of clients supported which was slightly lower than the previous year and 2% of clients identified as Transgender or Non-Binary.

We delivered 9163 sessions of support across our services with 6264 sessions delivered within the ISVA service including 308 court support sessions. 468 were delivered through the LESA service and 2,436 therapy sessions of which 572 were pre-trial.

We continue to see consistent demand for our services, during the year we received 971 referrals across services, a 6% increase on the year before.

ISVA Service

Our ISVA service remains a vital support line for many victims and survivors across Cleveland. Cases are increasingly open to the service for longer due to backlogs within the criminal justice system. As a result, having an independent point of contact is vital to help people feel engaged with their case and what is happening.

"There was constant contact from my ISVA she was always there to update us. The ISVA didn't see me as a number, she treated me like a real person. She was always at the end of the phone. I am so glad we had her help."

"The service is absolutely amazing, you have always made time for me you worked around my shifts and it was so accommodating I have valued the constant support that I have had throughout the Criminal Justice Process. I am sad to be leaving, having the constant support was truly amazing."

LESA Service

The LESA service delivers practical and emotional support across a range of issues including access to benefits, support to return to employment, and housing. The LESA service has also provided opportunities to better support social connections and wellbeing through organized walks and other activities. The service has also been vital in supporting access to hardship funds this year, many of the clients we support are struggling with essentials, such as safe housing, heating for their homes, and food.

"Thank you for all your help with housing, I cannot thank you enough, it so nice to have heating in the property again after being without for over 12 months. The kids are now even moaning it is too hot!"

"Just wanted to say a huge thank you for getting in touch with this lovely lady so quickly regarding her housing. She wanted to pass on her gratitude to you and to say how wonderful you are and how she is blessed that you are helping her. Thank you again, you do amazing work."

Counselling Service

The counselling team have seen some developments this year with the expansion of our offer into Stockton and Hartlepool. Working in partnership and on an outreach model we are now able to provide sessions directly in these communities making the service more accessible to where people live. The average engagement rate for the service remains high at 78% and the average wait time is between 10-12 weeks from referral despite the increase in demand from opening the service up.

Clients continue to feel valued by the service 100% telling us that they felt believed and understood by

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

the team. 96% of clients also told us that they felt more empowered & better able to deal with abuse/people if they chose to.

"I am able to recognize my thoughts and feelings and don't feel isolated and worthless. My confidence in myself and how I cope with others has drastically changed for the better. I have valued being heard and treated with respect as well as being able to acknowledge my feelings in a safe space with someone I trust and knowledge I value."

Our play therapy service continues to play an important role in providing age-appropriate support to young people to help them to process their experiences and manage their emotions. 110 sessions were delivered to young people aged 12 and under during this period and 326 sessions to young people between 13-17 years old.

"I just want to say that I am so happy you are working with xxx she has nothing but praise for you to finally have someone who just sees her. They support for her but also for me has been immense I just cannot thank you and the service enough." (Parent)

The Light Project

The Light Project continues to flourish and is about to commence its 15th cohort, 45 parents or supporters of a survivor were supported this year with 120 sessions of support delivered. The support offer provides a mix of 1-1 and groupwork and parents have continued to value the peer support element of the program

88% of attendees told us they felt better equipped to deal with the situation and communicate with their child following the group. 44% felt they had a big increase in their knowledge about sexual violence and a further 36% felt they had had quite a lot of increase in their knowledge. 100% felt it was extremely important to know that there were other parents going through something similar.

ARCH-Ed

This year our designated funding for ARCH-Ed work ended, however we have continued to develop and deliver the project. Aimed at young people aged between 11-25 years, this project provides a safe space to explore issues such as consent, sexualization, social media and pornography. This year we have increased the number of schools that we engage with and have continued to deliver the programme in partnership with local youth settings.

Between April 2023 and March 2024, with 1 part-time post we worked in 9 schools and delivered 21 groups to 432 young people, an average of 20 young people in a session. We delivered 6 sessions per group and a total of 126 sessions. Feedback from the young people we engage with demonstrates that they find this space valuable, and we will continue this year to source appropriate funding streams to support this work as the sessions were not only supportive for pupils but also the staff in school settings

"I found the sessions to be incredibly helpful for the students, but also myself. They're quite a quiet class, yet they were engaged and volunteering themselves to give answers and feedback which goes to show how immersed they were in the content. It was also brilliant as some of the current attitudes surrounding women within society were discussed throughout. I know this was a comfort to some of our girls as they now know what to do and where to go if they ever need help." (Teacher Year 10 group)

Hope for Change

Hope for Change is a new project this year, introduced as part of the Pilgrim Trusts Young Women in Mind programme. Working in partnership with Youth Focus Northeast and Teesside MIND, we have introduced a participation worker to support young women aged between 16-25 years to come together to influence better mental health provision that meets their needs.

Community Grant Partnership (Smallwood Trust)

We are delighted to continue our work as a community grant partner for the Smallwood Trust. The

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

partnership allows us to facilitate direct grants to women and girls to help meet their immediate needs and work towards greater financial resilience.

Over this reporting period we provided 28 grants for women and girls with a total amount of £20,347.69 awarded, meaning that our average grant awards this year were higher. 46% of grants were awarded under the mental health and wellbeing strand, 43% to support financial stability, and 11% housing support.

Trustees also approve the use of ARCH client funds to support applications for men and boys and females under age 18 or who are in full time education, using the same criteria, in this period 49 grants for males and those under 18 years of age have been approved, totaling £3,235.12 These were provided for support with gym membership, taxi's, food vouchers bicycles, fridge freezer, driving license application.

"Thank you to everyone at ARCH. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery." "Oh no way! Thank you so much. Oh, I'm crying with happy tears, I couldn't thank you enough."

Our staff team continue to go above and beyond in their roles, and we are proud of the way they centre the needs of victims and survivors of sexual violence, in often difficult circumstances. They truly embrace our service strapline, 'we believe, we care, we are with you.'

Alongside our paid staff team, we are fortunate to have worked with 9 wonderful volunteers this year who have all completed their placements within our counselling service. Over this time, they have provided an amazing 1500 hours of volunteering. The number of volunteer placements is building back up following a reduction in volunteer numbers during the covid pandemic. Volunteers play an important role as part of the ARCH team and we are pleased that they value their experience with us:

"The team are so welcoming and supportive. I have really enjoyed my placement; I can feel my confidence growing every time I am here, I love being here and the work that everyone does is amazing"

24/7 Rape and Sexual Abuse Support Line

We were delighted this year to continue our delivery as one of the partners on the 24/7 Rape and Sexual Abuse Support Line contract secured by Rape Crisis England and Wales (RCEW) through our team of highly skilled and committed operators.

Future Plans

Securing funding to sustain our service delivery will be a priority for the coming year with our OPCC ISVA contract and MOJ Rape Support Fund grant both due to come to an end in March 2025. As planning permissions have now been granted for the extension to the building, we will also be developing our fundraising and delivery plans for the project. We remain committed to prevention work and will put a focus upon securing the funds to increase our capacity to deliver on this. We will also have a focus upon participation this year and improving the ways in which survivors can shape and influence our services, to support this we are excited to be introducing a new role of participation and training coordinator.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2024

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a surplus of £39,964.

The reserves stand at £605,160 £573,384 being unrestricted funds with free reserves of £356,574, this equates to approx 5 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is currently with MBC legal team for sign off and a planning application for an extension and re-design of the building has been granted. The bfw balance of this fund was £111,275. Trustee's agreed to increase the fund to £125,000 to help the charity progress its ambitions for the building.

The trustees' annual report was approved on 26th September 2024 and signed on behalf of the board of trustees by:

S J Walker
Trustee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2024

I report on the financial statements for the year ended 31 March 2024, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside

Statement of Financial Activities

Year ended 31 March 2024

		2024	2023		
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	45,836	896,339	942,175	705,089
Investment income	5	7,830	—	7,830	2,702
Total income		53,666	896,339	950,005	707,791
Expenditure					
Expenditure on charitable activities	6,7	166,667	743,374	910,041	763,332
Total expenditure		166,667	743,374	910,041	763,332
Net income/(expenditure)		(113,001)	152,965	39,964	(55,541)
Transfers between funds		129,809	(129,809)	—	—
Net movement in funds		16,808	23,156	39,964	(55,541)
Reconciliation of funds					
Total funds brought forward		556,576	8,620	565,196	620,737
Total funds carried forward		573,384	31,776	605,160	565,196

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 20 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2024

	Note	2024 £	£	2023 £
Fixed assets				
Tangible fixed assets	14		1,225	1,837
Current assets				
Debtors	15	1,276		1,251
Cash at bank and in hand		605,907		565,520
		607,183		566,771
Creditors: amounts falling due within one year	16	3,025		3,871
Net current assets			604,158	562,900
Total assets less current liabilities			605,383	564,737
Creditors: amounts falling due after more than one year	17		223	(459)
Net assets			605,160	565,196
Funds of the charity				
Restricted funds			31,776	8,620
Unrestricted funds			573,384	556,576
Total charity funds	19		605,160	565,196

These financial statements were approved by the board of trustees and authorised for issue on 26th September 2024, and are signed on behalf of the board by:

S J Walker
Trustee

The notes on pages 10 to 20 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	5,676	—	5,676
Grants			
Middlesbrough Public Health	—	30,000	30,000
National Lottery Community Fund	—	39,739	39,739
OPCC CURV	—	—	—
OPCC Counselling Support	—	29,448	29,448
NHS England via OPCC Pilot referrals project	—	5,888	5,888
Lloyds Bank Foundation	—	—	—
Ministry of Justice Rape Support Fund	—	188,251	188,251
Pilgrims Trust	—	30,000	30,000
RCEW 24/7 Helpline	—	186,470	186,470
Core Funding	40,160	—	40,160
Smallwood Trust WRF	—	37,500	37,500
OPCC Counselling SAAS	—	21,250	21,250
Smallwood Trust	—	—	—
Police Crime Commissioner ISVA	—	327,793	327,793
	<u>45,836</u>	<u>896,339</u>	<u>942,175</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	—	—	—

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Middlesbrough Public Health	–	30,000	30,000
National Lottery Community Fund	–	–	–
OPCC CURV	–	21,298	21,298
OPCC Counselling Support	–	22,086	22,086
NHS England via OPCC Pilot referrals project	–	–	–
Lloyds Bank Foundation	–	2,250	2,250
Ministry of Justice Rape Support Fund	–	224,405	224,405
Pilgrims Trust	–	–	–
RCEW 24/7 Helpline	–	77,545	77,545
Core Funding	14,236	–	14,236
Smallwood Trust WRF	–	–	–
OPCC Counselling SAAS	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	288,292	288,292
	<u>14,236</u>	<u>690,853</u>	<u>705,089</u>

5. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	<u>7,830</u>	<u>7,830</u>	<u>2,702</u>	<u>2,702</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Activity type 1	151,379	741,268	892,646
Support costs	15,288	2,106	17,395
	<u>166,667</u>	<u>743,374</u>	<u>910,041</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Activity type 1	74,298	670,655	744,953
Support costs	15,858	2,521	18,379
	<u>90,156</u>	<u>673,176</u>	<u>763,332</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Activity type 1	892,646	–	892,646	744,953
Governance costs	–	17,395	17,395	18,379
	<u>892,646</u>	<u>17,395</u>	<u>910,041</u>	<u>763,332</u>

8. Analysis of support costs

	Analysis of support costs activity 1 £	Total 2024 £	Total 2023 £
Governance costs	17,405	17,405	18,379

9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	612	1,305

10. Independent examination fees

	2024 £	2023 £
Fees payable to the independent examiner for: Independent examination of the financial statements	900	750

11. Staff costs and emoluments

The average head count of employees during the year was Nil (2023: 27). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Engaged in Charitable Activities - Full time	23	16
Engaged in Charitable Activities - Part Time	11	11
	<u>34</u>	<u>27</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2023 and 31 March 2024	<u>9,294</u>	<u>9,294</u>
Depreciation		
At 1 April 2023	7,457	7,457
Charge for the year	612	612
At 31 March 2024	<u>8,069</u>	<u>8,069</u>
Carrying amount		
At 31 March 2024	<u>1,225</u>	<u>1,225</u>
At 31 March 2023	<u>1,837</u>	<u>1,837</u>

15. Debtors

	2024 £	2023 £
Prepayments and accrued income	<u>1,276</u>	<u>1,251</u>

16. Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	<u>3,025</u>	<u>3,871</u>

17. Creditors: amounts falling due after more than one year

	2024 £	2023 £
Trade creditors	–	(787)
Other creditors	<u>223</u>	<u>328</u>
	<u>223</u>	<u>(459)</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £25,359 (2023: £20,109).

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General Funds	371,091	53,666	(160,065)	91,882	356,574
Redundancy Reserve	64,210	–	–	18,310	82,520
HR Legal Fee's	10,000	–	(710)	–	9,290
Building Fund	111,275	–	(5,892)	19,617	125,000
	<u>556,576</u>	<u>53,666</u>	<u>(166,667)</u>	<u>129,809</u>	<u>573,384</u>

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General Funds	343,872	16,938	(76,431)	86,712	371,091
Redundancy Reserve	53,368	–	–	10,842	64,210
HR Legal Fee's	10,000	–	–	–	10,000
Building Fund	125,000	–	(13,725)	–	111,275
	<u>532,240</u>	<u>16,938</u>	<u>(90,156)</u>	<u>97,554</u>	<u>556,576</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 20 24 £
ISVA Contract					
Cleveland OPCC					
RCEW	—	327,793	(305,164)	(22,629)	—
Middlesbrough Public					
health	—	30,000	(25,000)	(5,000)	—
PCC CCG Therapy	—	—	—	—	—
Safer Streets	—	—	—	—	—
Lloyds TSB	—	—	—	—	—
RCEW 24/7 Support line	—	—	—	—	—
Ministry of Justice Rape					
Support Fund	—	188,251	(173,731)	(14,333)	187
National Lottery					
Community Fund	—	39,739	(31,586)	(5,200)	2,953
OPCC Counselling					
Support	—	21,250	(18,576)	(2,674)	—
OPCC CURV	—	—	—	—	—
Smallwood Trust	8,620	37,500	(20,348)	(12,250)	13,522
OPCC Pilot Sexual					
Abuse	—	5,888	(166)	(5,722)	—
Pilgrim Trust	—	30,000	(13,636)	(1,250)	15,114
OPCC Counselling					
Support	—	29,448	(26,886)	(2,562)	—
RCEW Support line	—	186,470	(128,281)	(58,189)	—
	<u>8,620</u>	<u>896,339</u>	<u>(743,374)</u>	<u>(129,809)</u>	<u>31,776</u>

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 20 23 £
ISVA Contract					
Cleveland OPCC					
RCEW	—	288,292	(272,091)	(16,201)	—
Middlesbrough Public					
health	—	30,000	(30,000)	—	—
PCC CCG Therapy	14,052	—	(7,066)	(6,986)	—
Safer Streets	32,774	—	(21,162)	(11,612)	—
Lloyds TSB	13,169	2,250	(14,983)	(436)	—
RCEW 24/7 Support line	—	77,545	(44,444)	(33,101)	—

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Analysis of charitable funds *(continued)*

Ministry of Justice Rape Support Fund	–	224,405	(211,687)	(12,718)	–
National Lottery Community Fund	15,878	–	(12,103)	(3,775)	–
OPCC Counselling Support	–	22,086	(19,539)	(2,547)	–
OPCC CURV	–	21,298	(18,171)	(3,127)	–
Smallwood Trust	12,624	24,977	(21,930)	(7,051)	8,620
OPCC Pilot Sexual Abuse	–	–	–	–	–
Pilgrim Trust	–	–	–	–	–
OPCC Counselling Support	–	–	–	–	–
RCEW Helpline	–	–	–	–	–
	<u>88,497</u>	<u>690,853</u>	<u>(673,176)</u>	<u>(97,554)</u>	<u>8,620</u>

Funding sources

In 2023-24, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, referrals team and our LESA service.

Cleveland OPCC - funded the ISVA service and provided grants towards the counselling service.

NHS England via the OPCC funded a pilot referrals project

Middlesbrough Council provided a grant contribution to support a counselling pathway for survivors in Middlesbrough

Rape Crisis England and Wales – funding for the provision of operators to support the MOJ commissioned National 24/7 rape and sexual abuse support line

National Lottery Community fund – provided a grant to support outreach counselling provision in Stockton and Hartlepool

Smallwood Trust – provide a community partner grant, enabling us to provide grants to women and girls aimed at improving their financial resilience

Pilgrims Trust – funding to support Hope for Change project, aimed at empowering young women to influence change around barriers to mental health support

Funding was also received by the service as part of a voluntary sector partnership to contribute to the Community Mental Health Transformation in Middlesbrough.

Funding received from working in partnership with RSACC Darlington to offer therapeutic support to women leaving HMP Low Newton.

We would like to thank our funders for their generous and continued support of the service, which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	1,225	–	1,225
Current Assets	572,159	31,776	603,935
Net assets	<u>573,384</u>	<u>31,776</u>	<u>605,160</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	1,837	–	1,837
Current Assets	554,739	8,620	563,359
Net assets	<u>556,576</u>	<u>8,620</u>	<u>565,196</u>

Accounts

ARCH Teesside
Unaudited Financial Statements
31 March 2023

ARCH Teesside
Financial Statements
Year ended 31 March 2023

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	8
Statement of financial activities	9
Statement of financial position	10
Notes to the financial statements	11

ARCH Teesside
Trustees' Annual Report
Year ended 31 March 2023

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2023.

Reference and administrative details

Registered charity name	ARCH Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms W Kelly
Ms L Wattis
C Brooker
SJ Walker
Ms M Hamilton
Ms R Taylor

Independent examiner	SJ Accounting Services (NE) Limited 3 Galava Walk Ingleby Barwick Stockton on Tees TS17 5JD
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Structure, governance and management

Governing document

Arch North Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to fostering healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project is a programme that has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor and a five-week group programme and aims to support caregivers to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed relates to our newly developed education and prevention work. Aimed at young people aged 11-25 our content can be delivered as one-off workshops or together a whole programme of work and provides young people a safe space to think about issues such as consent, social media, sexualisation and pornography

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Achievements and performance

This year we have supported 1586 women, men, and children through our services, this is a 30% increase on 2021/22 and continues an upward trend from the previous year. In total we supported 1193 adults, 330 young people aged between 13-17 years, and 63 children under the age of 12 years.

Total Number of Unique Individuals	2022/23	2021/22	2020/21
Adults (18 years and over)	1193	942	715
Young People (aged 13 to 17 years)	330	232	217
Children (aged 12 years and under)	63	42	58
Total	1586	1216	990

In line with the gendered nature of sexual violence 84% of the clients we supported were women and girls, men and boys accounted for 14% of clients supported and 2% of clients identified as Transgender or Non-Binary.

We delivered an amazing 26,102 sessions of across our services with 17,912 sessions delivered within the ISVA service, 828 within the LESA service and 4,562 therapy session of which 731 were pre-trial. Overall, the sessions of support we delivered this year increased by 11% from 201/22.

We continue to see a rise in demand for our services, during the year we received 913 referrals across services, a 15% increase on the year before and again continuing an upward trend.

New referrals for support	2022/23	2021/22	2020/21
Adults (18 years and over)	694	585	433
Children & Young People (up to 17 years)	219	210	163
Total	913	795	596

ISVA Service

Our ISVA service remains a vital support line for many victims and survivors across Cleveland. Case are increasingly open to the service for longer due to backlogs within the criminal justice system. As a result, having an independent point of contact is vital to help people feel engaged with their case and what is happening. There was a 19% increase in referrals to the service this year, and the team provided 17,912 sessions of support an increase of 8% on the previous year.

"Thank you for everything you have done for me, you kept me strong, and I will be forever grateful for that, I wish you all the luck in the future, thank you for everything. I can finally move on with my life."

LESA Service

The LESA service delivers practical and emotional support across a range of issues including access to benefits, support to return to employment, and housing. This year we have introduced workshop sessions to enhance our support around these issues and started to develop activities to better support mental health and wellbeing such as a regular walk and talk group. The LESA service has delivered 828 sessions of 1-1 support over the period, a 4% increase on the previous year.

"Thank you so much for all your support and understanding. You have been my rock throughout my PIP claim, and I cannot thank you enough. Without your support I don't think I would have been awarded PIP. The money is life changing for me and has given me confidence to keep on fighting."

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Counselling Service

The counselling team have provided 4562 sessions of support this year and have maintained an engagement rate at 75% or above throughout the year. Waiting lists have been managed well with an average wait time of 8-10 weeks to access following referral. Clients feel valued by the service with 100% telling us that they felt believed and understood. 97% of clients also told us that they felt more empowered & better able to deal with abuse/people if they chose to.

"I valued most the reassurance I got as it was something I had never spoken about before and was hard for me to talk about as I almost felt as if it was myself to blame. The thing I will value is knowing it was not my fault and this will help me move forward every day."

Our play therapy service continues to play an important role in providing age-appropriate support to young people to help them to process their experiences and manage their emotions. 185 sessions were delivered to young people aged 12 and under during this period and 1101 sessions to young people between 13-17 years old.

"I most valued how caring and supportive my counsellor was. Working with her has taught me to speak about my feelings and emotions rather than bottling them away." (Young Person)

The Light Project

The Light project continues to flourish and is about to commence its 10th cohort, 79 parents or supporters of a survivor were supported this year with 103 sessions of support delivered. The programme is a mix of 1-1 and groupwork and parents have continued to value the peer support element of the programme.

100% of attendees told us they felt better equipped to deal with the situation and communicate with their child following the group. 44% felt they had a big increase in their knowledge about sexual violence and a further 33% felt they had had quite a lot of increase in their knowledge. 89% felt it was extremely important to know that there were other parents going through something similar. In response to the question, has our service helped you in any of the following areas of your life? we received the following responses.

Feelings about yourself	100%
Family relationships	85%
Making positive changes	78%
Self-esteem/self confidence	74%
Personal relationships	67%
Returning to work	22%
Returning to education	11%

ARCH-Ed

This year with support through the OPCC Curve fund we have continued to develop and deliver ARCH-Ed. Aimed at young people aged between 11-25 years, this project provides a safe space to explore issues such as consent, sexualisation, social media and pornography. This year we have increased the number of schools that we engage with and have continued to deliver the programme in partnership with local youth settings. We have worked with 110 young people in school settings and engaged an average 25 young people in each of the 10 youth settings. Feedback from the young people has been extremely positive and our next steps will be to evaluate the work and make the case

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

for more sustainable funding to allow us to continue to develop the project.

"I now know that I can say no, this session has taught me a lot. I thought consent was just verbal, I know that consent includes body language and not just speaking."

Community Grant Partnership (Smallwood Trust)

We are delighted to have been successful with our application to the Smallwood Trust to continue our work as a community grant partner. The partnership allows us to facilitate direct grants to women and girls to help meet their immediate needs and work towards greater financial resilience.

Over this reporting period we provided 38 grants for women and girls with a total amount of £20,230 awarded. 78.6% of grants were awarded under the mental health and wellbeing strand, 18.4% to support financial stability, and 2.63% housing support.

Trustees also approve the use of ARCH client funds to support applications for men and boys using the same criteria, in this period 7 grants for males have been approved, totalling £1,820. These were provided for support with gym membership, taxi's, food vouchers bicycles, fridge freezer, driving licence application.

"Thank you to everyone at ARCH. The Smallwood trust has helped me get some food shopping and has also helped me to get some art and craft supplies which massively helps with my recovery."

"Oh no way! thank you so much. Oh, I'm crying with happy tears, I couldn't thank you enough."

Our staff team continue to go above and beyond in their roles, and we are proud of the way they centre the needs of victims and survivors of sexual violence, in often difficult circumstances. They truly embrace our service strapline, **'we believe, we care, we are with you.'**

Alongside our paid staff team, we are fortunate to have worked with 6 wonderful volunteers this year who have all completed their placements within our counselling service. Over this time, they have provided an amazing 1472 hours of volunteering. The number of volunteer placements is building back up following a reduction in volunteer numbers during the covid pandemic. Volunteers play an important role as part of the ARCH team and we are pleased that they value their experience with us:

"I started volunteering for Arch in April 2022. During the past year the level of support, training and supervision has been outstanding. I couldn't have asked for a better experience at my first placement, and I have learned so much. I have been encouraged to get involved with all aspects of the service and this has given me so much confidence and led to other opportunities opening up to me."

"I have had the most amazing experience working with ARCH. The team has been nothing but supportive and welcoming. You have given me the best experience to what a professional and caring work environment is. I will be forever thankful to be a part of the ARCH team."

24/7 Rape and Sexual Abuse Support Line

We were delighted this year to be awarded a contract to deliver support as part of the 24/7 Rape and Sexual Abuse Support Line contract secured by Rape Crisis England and Wales (RCEW). As part of the wider service, we provide a team of 7 operators who contribute to this crucial new service.

We celebrated 25 years of delivering sexual violence support this year, marking the occasion with an event to show our journey over this time and highlight the work that still needs to be achieved to ensure all victim/survivors receive the support that they deserve. At the event we launched an ARCH film, self-help guide, and downloadable resource, all available on our newly upgraded website.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Future Plans

We are delighted to have developed a new strategic plan this year which sets out six key objectives under the two priority areas of developing our organisation and developing our services. The objectives are centred around: funding and investment; being a stronger team; innovating and improving; reaching more communities that need us; the continuous improvement of services; and developing prevention work.

Our biggest challenges continue to be the increasing demand for support and the current functionality of our building. We are working to address both, by making more outreach and community-based support available and by progressing our plans to enhance our current space. Planning applications are currently lodged with Middlesbrough Borough Council to remodel and extend our building and a key task for the year ahead will be to secure the funds needed to make the plans a reality.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2023

Financial review *(continued)*

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a deficit of £55,541.

The reserves stand at £565,196, £556,576 being unrestricted funds with free reserves of £371,091, this equates to approx 6 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees have allocated £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

The Community Asset Transfer of 22 Hoylake Road is progressing, and a planning application has been submitted to Middlesbrough Borough Council in respect of adaptations to the building. Trustees have allocated £125,000 to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. The balance of this fund is now £111,275 after spend for the year.

The trustees' annual report was approved on 17th August 2023 and signed on behalf of the board of trustees by:

SJ Walker
Chair of the Committee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2023

I report on the financial statements for the year ended 31 March 2023, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside
Statement of Financial Activities
Year ended 31 March 2023

		2023	2022	
	Note	Unrestricted funds £	Restricted funds £	Total funds £
Income and endowments				
Donations and legacies	4	14,236	690,853	705,089
Investment income	5	2,702	–	2,702
Total income		<u>16,938</u>	<u>690,853</u>	<u>707,791</u>
Expenditure				
Expenditure on charitable activities	6,7	90,156	673,176	763,332
Total expenditure		<u>90,156</u>	<u>673,176</u>	<u>763,332</u>
Net (expenditure)/income		<u>(73,218)</u>	<u>17,677</u>	<u>(55,541)</u>
Transfers between funds		97,554	(97,554)	–
Net movement in funds		<u>24,336</u>	<u>(79,877)</u>	<u>101,306</u>
Reconciliation of funds				
Total funds brought forward		532,240	88,497	620,737
Total funds carried forward		<u>556,576</u>	<u>8,620</u>	<u>565,196</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 11 to 20 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2023

	Note	2023 £	£	2022 £
Fixed assets				
Tangible fixed assets	14		1,837	3,142
Current assets				
Debtors	15	1,251		1,168
Cash at bank and in hand		<u>565,520</u>		<u>618,685</u>
		566,771		619,853
Creditors: amounts falling due within one year	16	<u>3,871</u>		<u>2,143</u>
Net current assets			562,900	617,710
Total assets less current liabilities			564,737	620,852
Creditors: amounts falling due after more than one year	17		(459)	<u>117</u>
Net assets			<u>565,196</u>	<u>620,735</u>
Funds of the charity				
Restricted funds			8,620	88,497
Unrestricted funds			556,576	<u>532,239</u>
Total charity funds	19		<u>565,196</u>	<u>620,736</u>

These financial statements were approved by the board of trustees and authorised for issue on 17th August 2023, and are signed on behalf of the board by:

SJ Walker
Chair of the Committee

The notes on pages 11 to 20 form part of these financial statements.

ARCH Teesside
Notes to the Financial Statements
Year ended 31 March 2023

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
------------------	---------------------

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Middlesbrough Public Health	–	30,000	30,000
National Lottery Community Fund	–	–	–
OPCC CURV	–	21,298	21,298
OPCC Counselling Support	–	22,086	22,086
BBC Children In Need	–	–	–
Lloyds Bank Foundation	–	2,250	2,250
Ministry of Justice Rape Support Fund	–	224,405	224,405
The LIGHT Project	–	–	–
RCEW 24/7 Helpline	–	77,545	77,545
Core Funding	14,236	–	14,236
Safer Streets	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	288,292	288,292
PCC CCG Therapy	–	–	–
	<u>14,236</u>	<u>690,853</u>	<u>705,089</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
Middlesbrough Public Health	–	–	–
National Lottery Community Fund	–	42,812	42,812
OPCC CURV	–	–	–
OPCC Counselling Support	–	–	–
BBC Children In Need	–	12,353	12,353
Lloyds Bank Foundation	–	32,841	32,841
Ministry of Justice Rape Support Fund	–	185,802	185,802
The LIGHT Project	–	43,075	43,075
RCEW 24/7 Helpline	–	–	–
Core Funding	59,048	–	59,048
Safer Streets	–	38,795	38,795
Smallwood Trust	–	33,477	33,477
Police Crime Commissioner ISVA	–	279,421	279,421
PCC CCG Therapy	–	32,546	32,546
	<u>59,048</u>	<u>701,122</u>	<u>760,170</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

5. Investment income

	Unrestricted Funds	Total Funds 2023	Unrestricted Funds	Total Funds 2022
	£	£	£	£
Bank interest receivable	2,702	2,702	678	678

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Activity type 1	74,298	670,655	744,953
Support costs	15,858	2,521	18,379
	<u>90,156</u>	<u>673,176</u>	<u>763,332</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Activity type 1	31,963	608,588	640,553
Support costs	18,990	—	18,989
	<u>50,953</u>	<u>608,588</u>	<u>659,542</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2023	Total fund 2022
	£	£	£	£
Activity type 1	744,953	—	744,953	640,553
Governance costs	—	18,379	18,379	18,989
	<u>744,953</u>	<u>18,379</u>	<u>763,332</u>	<u>659,542</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2023	Total 2022
	£	£	£
Governance costs	18,379	18,379	18,989

9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	1,305	1,373

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

10. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>750</u>	<u>750</u>

11. Staff costs and emoluments

The average head count of employees during the year was 27 (2022: 26). The average number of full-time equivalent employees during the year is analysed as follows:

	2023 No.	2022 No.
Engaged in Charitable Activities - Full time	16	11
Engaged in Charitable Activities - Part Time	11	15
	<u>27</u>	<u>26</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2022 and 31 March 2023	<u>9,294</u>	<u>9,294</u>
Depreciation		
At 1 April 2022	6,152	6,152
Charge for the year	1,305	1,305
At 31 March 2023	<u>7,457</u>	<u>7,457</u>
Carrying amount		
At 31 March 2023	<u>1,837</u>	<u>1,837</u>
At 31 March 2022	<u>3,142</u>	<u>3,142</u>

15. Debtors

	2023 £	2022 £
Prepayments and accrued income	<u>1,251</u>	<u>1,168</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

16. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	<u>3,871</u>	<u>2,143</u>

17. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Trade creditors	(787)	–
Other creditors	<u>328</u>	<u>117</u>
	<u>(459)</u>	<u>117</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £20,109 (2022: £18,829).

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General Funds	343,872	16,938	(76,431)	86,712	371,091
Redundancy Reserve	53,368	–	–	10,842	64,210
HR Legal Fee's	10,000	–	–	–	10,000
Building Fund	125,000	–	(13,725)	–	111,275
Service Development Fund	–	–	–	–	–
	<u>532,240</u>	<u>16,938</u>	<u>(90,156)</u>	<u>97,554</u>	<u>556,576</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General Funds	313,871	59,726	(50,953)	21,227	343,871
Redundancy Reserve	55,777	–	–	(2,409)	53,368
HR Legal Fee's	–	–	–	10,000	10,000
Building Fund	25,000	–	–	100,000	125,000
Service Development Fund	50,000	–	–	(50,000)	–
	<u>444,648</u>	<u>59,726</u>	<u>(50,953)</u>	<u>78,818</u>	<u>532,239</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Cleveland OPCC- ISVA Service	—	288,292	(272,091)	(16,201)	—
Middlesbrough Borough Council (MBC) Therapy	—	30,000	(30,000)	—	—
BBC Children In Need	—	—	—	—	—
The Light Project	—	—	—	—	—
OPCC (CCG Therapy)	14,052	—	(7,066)	(6,986)	—
Safer Streets	32,774	—	(21,162)	(11,612)	—
Lloyds Bank Foundation	13,169	2,250	(14,983)	(436)	—
RCEW 24/7 Helpline	—	77,545	(44,444)	(33,101)	—
Ministry of Justice Rape Support Fund	—	224,405	(211,687)	(12,718)	—
National Lottery	—	—	—	—	—
Community Fund	15,878	—	(12,103)	(3,775)	—
OPCC Counselling Support	—	22,086	(19,539)	(2,547)	—
OPCC CURV	—	21,298	(18,171)	(3,127)	—
Smallwood Trust	12,624	24,977	(21,930)	(7,051)	8,620
	<u>88,497</u>	<u>690,853</u>	<u>(673,176)</u>	<u>(97,554)</u>	<u>8,620</u>

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Cleveland OPCC- ISVA Service	—	279,421	(241,670)	(37,751)	—
Middlesbrough Borough Council (MBC) Therapy	—	—	—	—	—
BBC Children In Need	6,088	12,353	(18,441)	—	—
The Light Project	—	43,075	(32,506)	(10,569)	—
OPCC (CCG Therapy)	—	32,546	(15,511)	(2,983)	14,052
Safer Streets	—	38,795	(6,021)	—	32,774
Lloyds TSB	14,233	32,841	(31,895)	(2,010)	13,169
RCEW 24/7 Helpline	—	—	—	—	—
Ministry of Justice Rape Support Fund	—	185,802	(185,802)	—	—
National Lottery	—	—	—	—	—
Community Fund	43,277	42,812	(50,091)	(20,120)	15,878
OPCC Counselling Support	—	—	—	—	—
OPCC CURV	—	—	—	—	—
Smallwood Trust	11,183	33,477	(26,651)	(5,385)	12,624
	<u>74,781</u>	<u>701,122</u>	<u>(608,588)</u>	<u>(78,818)</u>	<u>88,497</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

19. Analysis of charitable funds *(continued)*

Funding sources

In 2022-23, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, the referrals team, LESA service and the Light Project.

Cleveland OPCC - funded the Tees-wide ISVA service and provided support for the counselling service. The OPCC Curve funding contributed towards ARCH-Ed prevention work.

Middlesbrough Borough Council (MBC) – supported the delivery of the counselling service.

Smallwood Trust - Enables us to provide direct grants to women and girls aimed at improving their financial resilience.

Lloyds Bank Foundation provide a grant to support the organisation during the cost-of-living crisis.

We have a contract with Rape Crisis England and Wales (RCEW) which supports the delivery of the newly established 24/7 National Rape and Sexual Abuse support line.

We would like to thank our funders for their generous and continued support of the service which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	1,837	–	1,837
Current Assets	554,739	8,620	563,359
Net assets	<u>556,576</u>	<u>8,620</u>	<u>565,196</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	3,142	–	3,142
Current Assets	529,097	88,497	617,594
Net assets	<u>532,239</u>	<u>88,497</u>	<u>620,736</u>

Accounts

CHARITY REGISTRATION NUMBER: 1154766

ARCH Teesside
Unaudited Financial Statements
31 March 2022

S J ACCOUNTING SERVICES (NE) LTD

ARCH Teesside
Financial Statements
Year ended 31 March 2022

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	11
Statement of financial activities	12
Statement of financial position	13
Notes to the financial statements	14

ARCH Teesside

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2022.

Reference and administrative details

Registered charity name ARCH Teesside
Charity registration number 1154766
Principal office 22 Hoylake Road
Saltersgill
Middlesbrough
TS4 3JL

The trustees

Ms P Dewell	(Retired 9 December 2021)
Ms W Kelly	
Mr D Gee	(Retired 9 December 2021)
Ms L Wattis	
C Brooker	
SJ Walker	
Ms M Hamilton	
Ms R Taylor	(Appointed 1 March 2022)

Independent examiner SJ Accounting Services (NE) Limited
3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

Structure, governance and management

Governing document

ARCH Teesside is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families. ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to women, men, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery.

Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to foster healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Play Therapy

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

The Light Project

The Light Project is a programme that has been developed to support non-abusing parent and caregivers whose children have experienced Childhood Sexual Abuse (CSA). It is a mix of 1-1 support with an accredited counsellor and a five-week group programme and aims to support caregivers to understand what is going on for their child and how they can best support them.

ARCH-ED

ARCH-Ed relates to our newly developed education and prevention work. Aimed at young people aged 11-25 our content can be delivered as one-off workshops or together a whole programme of work.

ARCH Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2022

Achievements and performance

This year has seen enormous challenges for the organisations as we find ways to move forward and focus on the future following the enormity of the global pandemic. ARCH has refocused our efforts on ensuring our clients receive the support they need when they need it and that their voices are heard to be able to influence wider system change. Our team have continued to show commitment and resilience in adapting our working practices post pandemic and we now offer a mix of face-face, telephone, online, text and email support.

This trustee report covers our work between April 2021-March 2022 and shows how we have managed to not only maintain our levels of support post-pandemic but that we have also managed an increase in referrals and supported more victims and survivors. Alongside this the service has developed a new support offer for parents and non-abusing caregivers through the development of the Light project. We are also delighted to have put in place ARCH-ED, education and prevention workshops aimed at giving young people space to explore issues such as consent, sexualisation, pornography, social media and other topics in safe and nurturing space.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

The Year in Data

The year we have seen a 33% increase in referrals to the service compare 2020/21. We have also supported 23% more people during this period when compared to the previous year, this equates to 1216 women, men, and children. We have delivered 20,007 sessions of support in the period, 28% more sessions overall than in the previous year. Both the therapy and advocacy services have seen support increase this year. Demographic Information

83% of clients receiving a service were women & girls, 15% of clients receiving a service were men & boys and 1% of clients identified as transgender or non-binary. 77% of the clients that we supported were adults (18+ Years) 19% were children and young people aged between 13-17 years and 3% were children under the age of 12 years. The age split for clients accessing the service is show in the table below.

Age Range	2021/2022	2020/21	%
under 12 years	42	58	3%
13 to 15 years	122	144	10%
16 to 17 years	110	79	9%
18 to 24 years	267	197	22%
25 to 34 years	269	202	22%
35 to 44 years	225	182	19%
45 to 54 years	131	93	11%
55 to 64 years	38	36	3%
65 to 74 years	12	5	1%

Disability

75% of clients accessing the service identified as having a disability, the definition of disability used was that contained within the equalities act 2010:

'Someone who has a physical or mental impairment which has a substantial and long-term impact on their ability to carry out normal day to day activities'

24% did not identify as having a disability, with 1% not wishing to respond to this query.

Ethnicity

At the first point of contact with ARCH, 94% of people identified as White British, 1% as White European, 2% as Mixed or Multiple Ethnicity, 2% as Asian 1% as Black, African, or Caribbean.

Sexuality

50% of clients identified as heterosexual, 4% as either lesbian or Gay and 6% as Bi-sexual with 39% of responses to this question were respondents who preferred not to say.

Sexuality	2021/22	2020/21	%
Heterosexual	607	516	50%
Gay/Lesbian	46	30	4%
Bisexual	68	40	6%
Other	17	4	1%
Not stated	478	400	39%

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Presenting Experience at first contact

Experience Type	Adult (18+)	Young Person (13-17)	Child under 12
Recent Rape/Sexual Assault	251	143	39
Non-Recent Rape/Sexual Assault	118	72	19
Non-recent CSA for adults abused a Child	316	N/A	N/A

Service & Project Achievements

ISVA Service

We have been focusing on creating stronger links with criminal justice agencies to improve partnership working including with Cleveland Police to support the training of officers investigating sexual offences. Our ISVA lead also liaises with a Police and CPS point of contact for sexual offences and meets regularly with representatives from the courts to improve the experience of our clients. We are delighted that one of our team was nominated for a Health Watch star award by her client in the category of 'Excelling support to others' this year.

The service has provided a total of 16,712 sessions of support during this reporting period. 67% of these related to adult survivors, 27% to young people aged between 13-17 years and 6% to children under the age of 12 years.

In this period 273 individuals told us that they had reported to Police, an 8% increase on the previous year. 384 individuals had an active Police or CPS case, a 23% increase on the previous year. There were 323 cases where the criminal justice system was completed which was a 9% reduction on the previous year and 171 cases where people told us that they had not chosen to make a report to police, this figure had reduced 28% compared to last year. 74 individuals had not yet disclosed down 50% on the previous year.

Data from our evaluation questionnaires shows that of respondents:

" 100% had enough information to decide what to do

" 98% felt that they now more about the services and resources available to them" 98% felt heard and believed

" 95% felt more empowered to make decisions about their future

" 95% felt able to recognise abusive behaviour

" 89% felt more confident in dealing with other organisations

Thank you for everything you have done for me, you kept me strong, and I will be forever grateful for that, I wish you all the luck in the future, thank you for everything. I can finally move on with my life.' 'You were the last in a line of support workers, but you were the best, you stayed with her, and you were dedicated. Thank you for all your help. 'I mean it when I say thank you for all your support during this difficult time. You've made the process easier and your very much appreciated.'

LESA Service

86 clients received support through our LESA service in this period with 793 sessions of support delivered across a range of practical issues. Safe and secure housing remained a key focus of the work as well as support to access benefit entitlements such as Universal Credit and PIP. "Thank you for all your support. We could not have done this without your help. The move you have helped us with, is going to be life changing and we are looking forward to having a positive future. My son can now sleep in his own room, we now feel safe and the whole atmosphere in the house now feels so happy and settled. "

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Counselling Service

Provided 5,034 sessions of support which included 4114 counselling sessions and 920 pre-trial therapy sessions. The service has worked hard to ensure waiting lists are managed post pandemic. We were delighted to be able to open up our volunteers' placements again this year and are steadily supporting more volunteers within the service. Feedback from our client's outcomes forms showed that of the respondents: " 100% felt believed and understood

" 100% More empowered to make decisions about their future

" 97% Able to deal with abuse people/behaviour if they choose to

" 97% Better understand what happened to them and how it has affected them" 83% feel good about themselves

" 74% have used positive coping skills to take care of themselves

Whilst verbal feedback has also been excellent:

"Thank you, for giving me my life back"

"It has been important for me to have someone to talk to and making me see sense. And the sessions have been a good challenge for me. I have control over my thoughts and feelings. I loved the sessions"

"These sessions have saved my life my counsellor was brilliant, and I feel heard for the first time ever"

Smallwood Trust

We were delighted to be able to offer support through a grant based, project thanks to funding from the Smallwood Trust. The fund aims to support women with small grants to meet their immediate needs and work towards greater financial resilience.

Between April 2021 and March 2022, we provided 49 grants for women and a total amount of £24,086 awarded. 50% of grants were awarded under the mental health & wellbeing strand, 25% to support financial stability, and 25% to provide housing support.

"We did go and get a food shop, (so desperately needed). I paid 3 urgent bills and bought some rugs (no bare floors upstairs now) Oh and lightbulbs. I'm going online today to try and get some slippers and comfy clothes that actually fit. It gave me room to breathe and eat and get toiletries. Really, really appreciate what you did, and won't ever forget it"

Trustees have approved the use of ARCH client funds, to support applications from men and boys using the same criteria. Between April 2021 and March 2022 16 grants for males have been approved through the fund, for the total amount of £1,864 this also included to support mental health as well as for food vouchers, clothing, a child's school trip, and transport to court.

The Light Project

As at the end of March 2022 we have recorded 59 referrals for the project this year, completed 43 assessments and delivered 106 1-1 therapeutic sessions. Participants have also taken part in a total of 88 group work sessions.

Of the 43 participants on the project during this period 86% were female and 16% were male, 95% identified as White/British, 2% as Asian and 2% as mixed or dual heritage. Geographically 37% resided in Stockton, 28% Middlesbrough, 19% Redcar, and 16% Hartlepool. There was an average engagement rate of 75% for 1-1 sessions, and 74% for group work sessions.

Of the clients that have completed the full programme of support we record the following outcomes:

" 93% reported they had found new ways to look after their own mental health

" 83% reported that they felt better able to manage their own self harm

" 100% reported better able to look after their own physical health

" 100% said that they felt they had the information that they needed and felt better informed about sexual violence

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

" 100% felt better able to support their child

" 100% felt they had better coping skills and techniques

" All participants said they would recommend the programme to others

Feeding back on the project, parents shared with us:

"It has made me feel less alone and giving me an extra tools' for coping for myself and my child. It has giving me new friendships and the support I need if I feel I need to talk or am struggling"

"I have a better understanding of perpetrators and where the fault lies" "An invaluable service that should continue"

"The service has helped me to accept what has happened and deal with it in a positive way. It has helped me to think about the situation rationally which in turn has improved communication with my daughter and helped to restore our relationship."

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

ARCH-ED

ARCH-Ed is our exciting new education project aimed at young people aged between 11-25. The project commenced delivery in March 2022 and to date has worked with 28 groups of young people in the Middlesbrough Area. The project works in partnership with youth providers and education settings and has engaged with 165 young people over the period from across a range of settings including Teesside University, The Linx Project and Youth Focus Northeast.

Feedback from young people and their trusted adults has been extremely positive and indicates that young people value this space that has been created for them:

"I love them, cause, it learns, us about life when we get older and go into the real world" (Young Person aged 14yrs)

"It was very good and interesting, I had loads of fun and learnt a lot" (Young Person aged 12yrs)

"I've learnt to keep on trying as your voice always matters." (Young Person aged 13yrs)

"Yasmin has fantastic engagement with all the young people she has come across in our sessions. It's been fantastic for her to be a part of these, so thank you very much." (Youth Worker)

Pre-trial therapy training

ARCH was successfully awarded funding through the NHS England Sexual Assault Abuse strategy fund to deliver training to professionals on the use of the pre-trial therapy protocol when delivering therapeutic interventions to victim and survivors of rape and sexual abuse.

The training aimed to ensure that there is a clear understanding of the guidance relating to pre-trial therapy and what this means in practical terms to ensure that survivors receive the appropriate care and support they need whilst also engaged within the criminal justice system.

Between December 2021 to March 2022, we trained over 150 practitioners from a range of services. 100% of participants felt it had improved their knowledge and understanding of PTT. Participants were asked overall how they would rate the training with 55% rating excellent, 38% very good and 7% good.

Feedback from our participants is shown below:

"I feel more competent in working with client's that are pre-trial."

"I feel more able to make clinical decisions pre-trial without needing to discuss it with my supervisors."

"I will be more mindful in my future work with clients."

Planning for the future

Whilst we are committed to developing and introducing a new strategic plan this year to guide our work, we have identified some key priorities for 2022-23 which are:

" To progress the Community Asset Transfer of our building as well as plans to extend and reconfigure our space.

" To review our clients ACEs group and ensure that survivors have the ability to have a say in how the service develops.

" To work in partnership to make the case for a local strategic plan covering all aspects of sexual violence/abuse.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a surplus of £101,306.

The reserves stand at £620,736, £532,239 being unrestricted funds with free reserves of £343,871, this equates to approx 7 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 9 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

ARCH Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Financial review *(continued)*

Legal Fund

Trustees will allocate £10,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Building Fund

Trustees will allocate £125,000 amount to help support the charity to move forward its plans for building expansion and adaptations. This amount will show our commitment to progressing this work which is a key priority for the continued growth and development of the charity. Trustees further commit to

The trustees' annual report was approved on 15/8/22 and signed on behalf of the board of trustees by:



SJ Walker
Chair of the Committee

ARCH Teesside

Independent Examiner's Report to the Trustees of ARCH Teesside

Year ended 31 March 2022

I report on the financial statements for the year ended 31 March 2022, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

3 Galava Walk
Ingleby Barwick
Stockton on Tees
TS17 5JD

ARCH Teesside

Statement of Financial Activities

Year ended 31 March 2022

		Unrestricted funds £	2022 Restricted funds £	Total funds £	2021 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	59,048	701,122	760,170	757,739
Investment income	5	678	—	678	730
Total income		<u>59,726</u>	<u>701,122</u>	<u>760,848</u>	<u>758,469</u>
Expenditure					
Expenditure on charitable activities	6,7	50,953	608,588	659,542	594,680
Total expenditure		<u>50,953</u>	<u>608,588</u>	<u>659,542</u>	<u>594,680</u>
Net income		<u>8,773</u>	<u>92,534</u>	<u>101,306</u>	<u>163,789</u>
Transfers between funds		78,818	(78,818)	—	—
Net movement in funds		<u>87,591</u>	<u>13,716</u>	<u>101,306</u>	<u>163,789</u>
Reconciliation of funds					
Total funds brought forward		444,648	74,781	519,429	355,640
Total funds carried forward		<u>532,239</u>	<u>88,497</u>	<u>620,736</u>	<u>519,429</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 14 to 24 form part of these financial statements.

ARCH Teesside
Statement of Financial Position
31 March 2022

	Note	2022 £	£	2021 £
Fixed assets				
Tangible fixed assets	14		3,142	1,455
Current assets				
Debtors	15	1,168		22,664
Cash at bank and in hand		618,685		496,941
		619,853		519,605
Creditors: amounts falling due within one year	16	2,143		1,430
Net current assets			617,710	518,175
Total assets less current liabilities			620,852	519,630
Creditors: amounts falling due after more than one year	17		117	201
Net assets			620,735	519,429
Funds of the charity				
Restricted funds			88,497	74,781
Unrestricted funds			532,239	444,648
Total charity funds	19		620,736	519,429

These financial statements were approved by the board of trustees and authorised for issue on 15/8/22 and are signed on behalf of the board by:



SJ Walker
Chair of the Committee

The notes on pages 14 to 24 form part of these financial statements.

ARCH Teesside

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

ARCH Teesside

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment - 20% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
National Lottery Community Fund	–	42,812	42,812
MOJ Covid 19 Funding	–	–	–
BBC Children In Need	–	12,353	12,353
Lloyds Bank Foundation	–	32,841	32,841
Ministry of Justice Rape Support Fund	–	185,802	185,802
The LIGHT Project	–	43,075	43,075
NHS England	–	–	–
Core Funding	59,048	–	59,048
Smallwood Trust WRF	–	–	–
Safer Streets	–	38,795	38,795
Smallwood Trust	–	33,477	33,477
Police Crime Commissioner ISVA	–	279,421	279,421
PCC Covid 19 Funding	–	–	–
PCC CCG Therapy	–	32,546	32,546
	<u>59,048</u>	<u>701,122</u>	<u>760,170</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grants			
National Lottery Community Fund	–	84,376	84,376
MOJ Covid 19 Funding	–	7,830	7,830
BBC Children In Need	–	24,466	24,466
Lloyds Bank Foundation	–	32,516	32,516
Ministry of Justice Rape Support Fund	136,080	–	136,080
The LIGHT Project	–	–	–
NHS England	–	15,807	15,807
Core Funding	78,969	–	78,969
Smallwood Trust WRF	–	27,726	27,726
Safer Streets	–	–	–
Smallwood Trust	–	24,977	24,977
Police Crime Commissioner ISVA	–	308,436	308,436
PCC Covid 19 Funding	–	16,556	16,556
PCC CCG Therapy	–	–	–
	<u>215,049</u>	<u>542,690</u>	<u>757,739</u>

ARCH Teesside

Notes to the Financial Statements (continued)

Year ended 31 March 2022

5. Investment income

	Unrestricted Funds	Total Funds 2022	Unrestricted Funds	Total Funds 2021
	£	£	£	£
Bank interest receivable	678	<u>678</u>	730	<u>730</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Activity type 1	31,963	608,588	640,553
Support costs	18,990	—	18,989
	<u>50,953</u>	<u>608,588</u>	<u>659,542</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Activity type 1	173,743	407,571	581,315
Support costs	13,366	—	13,365
	<u>187,109</u>	<u>407,571</u>	<u>594,680</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Activity type 1	640,553	—	640,553	581,315
Governance costs	—	18,989	18,989	13,365
	<u>640,553</u>	<u>18,989</u>	<u>659,542</u>	<u>594,680</u>

8. Analysis of support costs

	Analysis of support costs activity 1	Total 2022	Total 2021
	£	£	£
Governance costs	18,989	<u>18,989</u>	<u>13,364</u>

9. Net income

Net income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	<u>1,373</u>	<u>761</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

10. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>750</u>	<u>750</u>

11. Staff costs and emoluments

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	460,239	421,490
Social security costs	35,390	30,384
Employer contributions to pension plans	<u>18,829</u>	<u>19,588</u>
	<u>514,458</u>	<u>471,462</u>

The average head count of employees during the year was 26 (2021: 25). The average number of full-time equivalent employees during the year is analysed as follows:

	2022 No.	2021 No.
Engaged in Charitable Activities - Full time	11	10
Engaged in Charitable Activities - Part Time	<u>15</u>	<u>15</u>
	<u>26</u>	<u>25</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2021	6,234	6,234
Additions	3,060	3,060
At 31 March 2022	9,294	9,294
Depreciation		
At 1 April 2021	4,779	4,779
Charge for the year	1,373	1,373
At 31 March 2022	6,152	6,152
Carrying amount		
At 31 March 2022	3,142	3,142
At 31 March 2021	1,455	1,455

15. Debtors

	2022 £	2021 £
Prepayments and accrued income	1,168	22,664

16. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	2,143	1,430

17. Creditors: amounts falling due after more than one year

	2022 £	2021 £
Other creditors	117	201

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £18,829 (2021: £19,588).

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
General Funds	313,871	59,726	(50,953)	21,227	343,871
Redundancy Reserve	55,777	—	—	(2,409)	53,368
HR Legal Fee's	—	—	—	10,000	10,000
Building Fund	25,000	—	—	125,000	125,000
Service Development Fund	50,000	—	—	(50,000)	—
	<u>444,648</u>	<u>59,726</u>	<u>(50,953)</u>	<u>78,818</u>	<u>532,239</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General Funds	259,327	215,779	(187,109)	25,874	313,871
Redundancy Reserve	33,060	—	—	22,717	55,777
HR Legal Fee's	—	—	—	25,000	25,000
Building Fund	25,000	—	—	(25,000)	—
Service Development Fund	—	—	—	50,000	50,000
	<u>317,387</u>	<u>215,779</u>	<u>(187,109)</u>	<u>98,591</u>	<u>444,648</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

ARCH Teesside

Notes to the Financial Statements (continued)

Year ended 31 March 2022

19. Analysis of charitable funds (continued)

Restricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
ISVA Contract	—	279,421	(241,670)	(37,751)	—
SITV/Cleveland PCC	—	12,353	(18,441)	—	—
BBC Children In Need	6,088	43,075	(32,506)	(10,569)	—
The Light Project	—	32,546	(15,511)	(2,983)	14,052
PCC CCG Therapy	—	38,795	(6,021)	—	32,774
Safer Streets	14,233	32,841	(31,895)	(2,010)	13,169
Lloyds TSB	—	185,802	(185,802)	—	—
Ministry of Justice Rape Support Fund	—	42,812	(50,091)	(20,120)	15,878
National Lottery	43,277	—	—	—	—
Community Fund	—	—	—	—	—
MOJ Covid 19 Funding	—	—	—	—	—
PCC NHSE YP	—	—	—	—	—
Counselling	—	—	—	—	—
PCC Covid 19 Funding	—	—	—	—	—
Smallwood Trust	11,183	33,477	(26,651)	(5,385)	12,624
Smallwood Trust WRF	—	—	—	—	—
	<u>74,781</u>	<u>701,122</u>	<u>(608,588)</u>	<u>(78,818)</u>	<u>88,497</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
ISVA Contract	—	308,436	(246,146)	(62,290)	—
SITV/Cleveland PCC	—	24,466	(28,688)	—	6,088
BBC Children In Need	10,310	—	—	—	—
The Light Project	—	—	—	—	—
PCC CCG Therapy	—	—	—	—	—
Safer Streets	—	—	—	—	—
Lloyds TSB	13,671	32,516	(30,102)	(1,852)	14,233
Ministry of Justice Rape Support Fund	—	—	—	—	—
National Lottery	—	—	—	—	—
Community Fund	14,272	84,376	(35,544)	(19,827)	43,277
MOJ Covid 19 Funding	—	7,830	(6,997)	(833)	—
PCC NHSE YP	—	15,807	(11,225)	(4,582)	—
Counselling	—	16,556	(9,844)	(6,712)	—
PCC Covid 19 Funding	—	24,977	(11,299)	(2,495)	11,183
Smallwood Trust	—	27,726	(27,726)	—	—
Smallwood Trust WRF	—	—	—	—	—
	<u>38,253</u>	<u>542,690</u>	<u>(407,571)</u>	<u>(98,591)</u>	<u>74,781</u>

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds *(continued)*

Funding sources

In 2021-22, ARCH Teesside has received financial support from the following organisations:

The Ministry of Justice - supported the delivery of therapeutic services, referrals team and our LESA service.

Cleveland OPCC - funded the ISVA service and provided support to the Light Project through the CSA transformation fund.

Middlesbrough Borough Council (MBC) - supports the counselling service and provided funding for ARCH-Ed through the safer streets fund.

South Tees Clinical Commissioning Group - provided support to Children and Young People's counselling service.

NHS England - Provided a one-off grant to support delivery of pre-trial therapy training across Cleveland.

The National Lottery Community Fund - supported our clinical lead post and the delivery of Project 21 increase our communication reach.

Smallwood Trust - Enables us to provide direct grants to women and girls aimed at improving their financial resilience

Lloyds Bank Foundation - funding towards our CEO and non-clinical roles.

Children in Need - funding towards our children and young people's therapeutic service.

Rape Crisis England and Wales (RCEW) - funding for the provision of operators to support the RCEW Live Chat service.

We would like to thank our funders for their generous and continued support of the service which has allowed us to reach many more clients this year. Unrestricted funding has also been raised this year from individual donations, fundraising events, grants, and training services.

ARCH Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	3,142	–	3,142
Current Assets	529,097	88,497	617,594
Net assets	532,239	88,497	620,736
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,455	–	1,455
Current Assets	443,193	74,781	517,974
Net assets	444,648	74,781	519,429

Accounts

Arch Teesside
Unaudited Financial Statements
31 March 2021

S J ACCOUNTING SERVICES (NE) LTD

Newtown Community Resource Centre
Durham Road
Stockton on Tees
TS19 0DE

Arch Teesside
Financial Statements
Year ended 31 March 2021

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	6
Statement of financial activities	7
Statement of financial position	8
Notes to the financial statements	9

Arch Teesside
Trustees' Annual Report
Year ended 31 March 2021

The trustees present their report and the unaudited financial statements of the company for the year ended 31 March 2021.

Reference and administrative details

Registered charity name	Arch Teesside
Charity registration number	1154766
Principal office	22 Hoylake Road Saltersgill Middlesbrough TS4 3JL

The trustees

Ms P Dewell	
Ms W Kelly	
Mr D Gee	
Ms L Wattis	
C Brooker	(Appointed 1 January 2021)
SJ Walker	(Appointed 1 January 2021)

Independent examiner	SJ Accounting Services (NE) Limited Newtown Community Resource Centre Durham Road Stockton on Tees TS19 0DE
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Structure, governance and management

Governing document

Arch North East is a Charitable Incorporated Organisation (CIO), incorporated on 27 November 2013 and is governed by a constitution which was adopted on 3 June 2007. The CIO is governed by an Executive Committee.

Organisational Structure

The executive committee consists of Trustees and members of the staff team and meets at least quarterly to provide governance and decide on matters of policy and strategy. Strategic planning and day to day management of the charity is delegated to the Chief Executive Officer and her team.

Arch Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Objectives and activities

The objectives of the CIO are to relieve the trauma and distress of victims of sexual violence/abuse and their families, in particular through the provision of counselling, advice and support; to advance the education of the public in sexual assault and in the effects on the victim and their families.

ARCH is a Specialist Independent Sexual Violence service providing free and confidential support to men, women, and children. It is our aim that people affected by rape and sexual violence in Teesside will be able to move forward in their lives, empowered by the quality support that we have provided in their recovery. Our mission is to provide care, support, help and guidance for all those affected by rape and sexual violence in Teesside.

We achieve our aim through the delivery of specialist support which aims to address the therapeutic, practical, emotional and advocacy needs of the clients we support. We offer the following services in line with our charitable objectives:

Independent Sexual Violence Advisors (ISVA) Service

The ISVA team provides criminal justice advocacy from the point of reporting to the natural conclusion of the case and will also support if someone is unsure whether they wish to report or not. They operate independently but work in close collaboration with the police, crown prosecution service, and court system to ensure seamless advocacy for victims of sexual violence by supporting them to voice their needs within the process. The team consists of adult ISVAs as well as ISVAs specifically trained to support Children and Young People.

ARCH Way project

The ARCH Way project provides ISVA support for people that are involved in or exploited through sex work/prostitution and aims to remove the barriers to reporting and accessing support for this often-marginalised group.

Counselling Service

Our counselling services addresses the immediate and long-term impacts of sexual abuse on mental health and wellbeing. Delivered on a 1-1 basis, its primary goal is to foster healing and growth and facilitate trauma resolution. The service is needs led and every individual is unique, however some of the common issues we work with on a regular basis are self-harm, attachment, anxiety, dissociation, post-traumatic stress disorder, suicidal thoughts, flashbacks, nightmares, trust issues and trauma.

Children and Young People Counselling

Our team of experienced practitioners also deliver therapeutic interventions to young people through a school's. Working in both primary and secondary setting across Teesside, the children and young people's counsellors provide 1-1 support to help young people to understand and to cope with their feelings in ways that are safe and meaningful to them.

Life Enhancement Skills Advisor (LESA) Service

The LESA Service provides practical and emotional support packages across a range of issues that may be preventing our clients from moving forward. The areas of support include but may not be limited to housing, debt, substance misuse, welfare and benefits, return to work, finances and improving social networks.

Project 21

Project 21 describes the development of digital initiatives within ARCH including a confidential email service and net reach support. Net-reach is the term used to describe reaching out to people on-line who are involved in/exploited through prostitution/sex work. This year we have also expanded our online counselling and ISVA support offering the clients to access our services remotely.

Arch Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2021

Achievements and performance

It has been a challenging yet still rewarding year for the service, which despite the national pandemic has continued to accept referrals and provide support to men, women, and children across the Teesside area. The service has adapted models of delivery during the year to include telephone and online support options and the team adapted well to hybrid, office, and home working. Throughout client needs have been prioritised and feedback across all services has been excellent, with engagement rates remaining high throughout the year.

Feedback from our clients, demonstrates the value that the service has on those that we support:

'You were 100% there for me and helped me so much by being there and seeing me through the things I had to go through. With you there I felt better because you listened to me and helped me to understand what was happening. I knew that if I got stuck you would be there to help me. I would recommend your service, it helped me so much'

'Thanks for doing what you do. You are kind beyond belief. Your help and caring calms me down and gave me soothing relief. Appreciation always'

'Just a very big THANKYOU!!!'

'The support was more than expected the compassion and understanding provided to me was unbelievable. I couldn't, have done this and completed my journey without ARCH support.

Our support offer to children and young people has developed this year both through the ISVA service and with the continued delivery of specialist therapeutic work to young people through schools. This has led to some strong relationships within the schools who have been extremely supportive of ARCH counsellors accessing their settings. This link between advocacy and therapeutic support working extremely well for our clients.

We are delighted that our ISVA service, was successful re commissioned this year and will commence a new contract to continue to deliver support across Teesside from April 2021. We are also incredibly proud of the counselling team as their hard work and dedication was recognised through a Health Watch Star Award, received in the category for outstanding service.

Arch Teesside

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Learning from COVID-19

There has been significant learning from the COVID-19 pandemic, with key points to note:

" The team adapted quickly and efficiently to remote working, adapting their practices to suit" Clients engaged well with online support with a small number, deferring sessions until face to face was available " New funding was sourced from emergency COVID funds to increase capacity and make adaptations " We introduced new methods of working including door stop visit and walk and talk sessions " Risk assessment for a return to the office and face to face sessions, ensured staff felt safe returning to the building " Weekly bulletins and remote team meetings worked well to support staff communication " Keep in touch sessions with volunteers who were stepped down for large parts of the year also worked well

Planning for the future

Following the upheaval and unsettled nature of the pandemic ARCH plans to consolidate our operational activities during the next financial year to provide stability to staff, volunteers, and our clients. Alongside this we will also continue to strengthen our strategic plans to ensure that we continue to reach those that need our support. We plan to undertake the following tasks:

- Conduct an organisational health check
- Stakeholder consultation and planning for a new strategic plan
- Refreshed communication strategy
- Development of a sustainability plan
- Focus on the accessibility of our services and how we can reduce barriers to accessing support
- Develop a programme of prevention work
- Working with partners across Teesside to improve systems and pathways

Arch Teesside
Trustees' Annual Report *(continued)*
Year ended 31 March 2021

Financial review

The results for the period are reflected in the Statement of Financial Activities in the accounts. The accounts for the year show a surplus of £163,789.

The reserves stand at £519,429, £444,648 being unrestricted funds with free reserves of £313,871, this equates to approx 6 months running costs.

Reserves Policy

The trustees aim is to expend all funds on their charitable objects; however, they recognise the need to maintain a certain level of reserves as a cushion against possible future difficulties. Free reserves at the level of 6 months running costs would allow the charity to continue its operations while alternative funding sources were sought.

Legal Fund

Trustees will allocate £25,000 to a legal fund this will support us to ensure we meet any legal liabilities and have sufficient reserves allocated to secure specialist HR and legal advice when required.

Service Development Fund

Trustees will allocate £50,000 of funds for the development of sexual violence prevention work during the next-twelve months. This will enable us to test out programme work, develop relationships with educational settings and evaluate our approach.

The trustees' annual report was approved on 24th June 2021 and signed on behalf of the board of trustees by:

P Dewell
Chair of the Committee

Arch Teesside

Independent Examiner's Report to the Trustees of Arch Teesside

Year ended 31 March 2021

I report on the financial statements for the year ended 31 March 2021, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act
- have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

SJ Accounting Services (NE) Limited
Independent Examiner

Newtown Community Resource Centre
Durham Road
Stockton on Tees
TS19 0DE

Arch Teesside
Statement of Financial Activities
Year ended 31 March 2021

		Unrestricted funds	2021 Restricted funds	Total funds	2020 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	215,049	542,690	757,739	682,667
Investment income	5	730	–	730	901
Total income		<u>215,779</u>	<u>542,690</u>	<u>758,469</u>	<u>683,568</u>
Expenditure					
Expenditure on charitable activities	6,7	187,109	407,571	594,680	621,690
Total expenditure		<u>187,109</u>	<u>407,571</u>	<u>594,680</u>	<u>621,690</u>
Net income		<u>28,670</u>	<u>135,119</u>	<u>163,789</u>	<u>61,878</u>
Transfers between funds		98,591	(98,591)	–	–
Net movement in funds		<u>127,261</u>	<u>36,528</u>	<u>163,789</u>	<u>61,878</u>
Reconciliation of funds					
Total funds brought forward		317,387	38,253	355,640	293,762
Total funds carried forward		<u>444,648</u>	<u>74,781</u>	<u>519,429</u>	<u>355,639</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 9 to 18 form part of these financial statements.

Arch Teesside
Statement of Financial Position
31 March 2021

	Note	2021 £	£	2020 £
Fixed assets				
Tangible fixed assets	14		1,455	2,216
Current assets				
Debtors	15	22,664		29,667
Cash at bank and in hand		496,941		325,837
		519,605		355,504
Creditors: amounts falling due within one year	16	1,430		1,880
Net current assets			518,175	353,624
Total assets less current liabilities			519,630	355,840
Creditors: amounts falling due after more than one year	17		201	201
Net assets			519,429	355,639
Funds of the charity				
Restricted funds			74,781	38,251
Unrestricted funds			444,648	317,387
Total charity funds	19		519,429	355,638

These financial statements were approved by the board of trustees and authorised for issue on 24th June 2021, and are signed on behalf of the board by:

P Dewell
Chair of the Committee

The notes on pages 9 to 18 form part of these financial statements.

Arch Teesside
Notes to the Financial Statements
Year ended 31 March 2021

1. General information

The company is a public benefit entity and a Charitable Incorporated Organisation (CIO) in England and Wales. The address of the principal office is 22 Hoylake Road, Saltersgill, Middlesbrough, TS4 3JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purposes and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered and are allocated to the particular activity to which they relate.

Tangible assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office Equipment	- 20% straight line
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Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	—	—	—
Grants			
The Henry Smith Charity	—	—	—
National Lottery Community Fund	—	84,376	84,376
MOJ Covid 19 Funding	—	7,830	7,830
BBC Children In Need	—	24,466	24,466
Lloyds Bank Foundation	—	32,516	32,516
Ministry of Justice Rape Support Fund	136,080	—	136,080
Middlesbrough Public Health	—	—	—
NHS England	—	15,807	15,807
RCEW Digital Grants	—	—	—
Core Funding	78,969	—	78,969
Smallwood Trust WRF	—	27,726	27,726
Smallwood Trust	—	24,977	24,977
Police Crime Commissioner ISVA	—	308,436	308,436
PCC Covid 19 Funding	—	16,556	16,556
Other donations and legacies			
Other voluntary income	—	—	—
	<u>215,049</u>	<u>542,690</u>	<u>757,739</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	1,592	—	1,592

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Grants			
The Henry Smith Charity	–	39,800	39,800
National Lottery Community Fund	–	82,420	82,420
MOJ Covid 19 Funding	–	–	–
BBC Children In Need	–	22,805	22,805
Lloyds Bank Foundation	–	32,184	32,184
Ministry of Justice Rape Support Fund	90,720	–	90,720
Middlesbrough Public Health	–	36,000	36,000
NHS England	–	–	–
RCEW Digital Grants	–	2,024	2,024
Core Funding	4,255	–	4,255
Smallwood Trust WRF	–	–	–
Smallwood Trust	–	–	–
Police Crime Commissioner ISVA	–	350,890	350,890
PCC Covid 19 Funding	–	–	–
Other donations and legacies			
Other voluntary income	19,977	–	19,977
	<u>116,544</u>	<u>566,123</u>	<u>682,667</u>

5. Investment income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable	<u>730</u>	<u>730</u>	<u>901</u>	<u>901</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Activity type 1	173,743	407,571	581,315
Support costs	13,366	–	13,365
	<u>187,109</u>	<u>407,571</u>	<u>594,680</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Activity type 1	113,920	505,006	618,925
Support costs	2,765	–	2,765
	<u>116,685</u>	<u>505,006</u>	<u>621,690</u>

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

7. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2021 £	Total fund 2020 £
Activity type 1	581,315	–	581,315	618,925
Governance costs	–	13,365	13,365	2,765
	<u>581,315</u>	<u>13,365</u>	<u>594,680</u>	<u>621,690</u>

8. Analysis of support costs

	Analysis of support costs activity 1 £	Total 2021 £	Total 2020 £
Governance costs	<u>13,364</u>	<u>13,364</u>	<u>7,101</u>

9. Net income

Net income is stated after charging/(crediting):

	2021 £	2020 £
Depreciation of tangible fixed assets	<u>761</u>	<u>762</u>

10. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>750</u>	<u>750</u>

11. Staff costs and emoluments

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2021 £	2020 £
Wages and salaries	421,490	474,266
Social security costs	30,384	34,990
Employer contributions to pension plans	19,588	21,189
	<u>471,462</u>	<u>530,445</u>

The average head count of employees during the year was 25 (2020: 27). The average number of full-time equivalent employees during the year is analysed as follows:

	2021 No.	2020 No.
Engaged in Charitable Activities - Full time	10	11
Engaged in Charitable Activities - Part Time	15	16
	<u>25</u>	<u>27</u>

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

11. Staff costs and emoluments *(continued)*

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

12. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

13. Transfers between funds

These relate to transfers which account for management and other charges from unrestricted to restricted funds.

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2020 and 31 March 2021	<u>6,234</u>	<u>6,234</u>
Depreciation		
At 1 April 2020	4,018	4,018
Charge for the year	761	761
At 31 March 2021	<u>4,779</u>	<u>4,779</u>
Carrying amount		
At 31 March 2021	<u>1,455</u>	<u>1,455</u>
At 31 March 2020	<u>2,216</u>	<u>2,216</u>

15. Debtors

	2021 £	2020 £
Prepayments and accrued income	<u>22,664</u>	<u>29,667</u>

16. Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	<u>1,430</u>	<u>1,880</u>

17. Creditors: amounts falling due after more than one year

	2021 £	2020 £
Other creditors	<u>201</u>	<u>201</u>

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £19,588 (2020: £21,189).

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
General Funds	259,327	215,779	(187,109)	25,874	313,871
Redundancy Reserve	33,060	—	—	22,717	55,777
HR Legal Fee's	—	—	—	25,000	25,000
Renovation Fund	25,000	—	—	(25,000)	—
Service Development Fund	—	—	—	50,000	50,000
	<u>317,387</u>	<u>215,779</u>	<u>(187,109)</u>	<u>98,591</u>	<u>444,648</u>

	At 1 April 2019	Income	Expenditure	Transfers	At 31 March 2020
	£	£	£	£	£
General Funds	165,235	117,445	(116,685)	93,332	259,327
Redundancy Reserve	34,506	—	—	(1,446)	33,060
HR Legal Fee's	—	—	—	—	—
Renovation Fund	24,959	—	—	41	25,000
Service Development Fund	—	—	—	—	—
	<u>224,700</u>	<u>117,445</u>	<u>(116,685)</u>	<u>91,927</u>	<u>317,387</u>

Middlesbrough Council provides support in kind by provision of the building at Hoylake Road and maintenance costs.

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

19. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 20 21 £
ISVA Contract					
SITV/Cleveland PCC	—	308,436	(246,146)	(62,290)	—
Middlesbrough Public health	—	—	—	—	—
BBC Children In Need	10,310	24,466	(28,688)	—	6,088
Henry Smith	—	—	—	—	—
Esmee Fairburn	—	—	—	—	—
Lloyds Bank Foundation	13,671	32,516	(30,102)	(1,852)	14,233
Digital Grants	—	—	—	—	—
National Lottery					
Community Fund	14,272	84,376	(35,544)	(19,827)	43,277
MOJ Covid 19 Funding	—	7,830	(6,997)	(833)	—
NHS England	—	15,807	(11,225)	(4,582)	—
PCC Covid 19 Funding	—	16,556	(9,844)	(6,712)	—
Smallwood Trust	—	24,977	(11,299)	(2,495)	11,183
Smallwood Trust WRF	—	27,726	(27,726)	—	—
	<u>38,253</u>	<u>542,690</u>	<u>(407,571)</u>	<u>(98,591)</u>	<u>74,781</u>

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 20 20 £
ISVA Contract					
SITV/Cleveland PCC	—	350,890	(306,125)	(44,768)	(3)
Middlesbrough Public health	—	36,000	(36,000)	—	—
BBC Children In Need	4,516	22,805	(17,011)	—	10,310
Henry Smith	6,068	39,800	(35,908)	(9,960)	—
Esmee Fairburn	17,145	—	(11,485)	(5,660)	—
Lloyds Bank Foundation	—	32,184	(17,784)	(729)	13,671
Digital Grants	32,555	2,024	(30,810)	(3,769)	—
National Lottery					
Community Fund	8,778	82,420	(49,883)	(27,042)	14,273
MOJ Covid 19 Funding	—	—	—	—	—
NHS England	—	—	—	—	—
PCC Covid 19 Funding	—	—	—	—	—
Smallwood Trust	—	—	—	—	—
Smallwood Trust WRF	—	—	—	—	—
	<u>69,062</u>	<u>566,123</u>	<u>(505,006)</u>	<u>(91,928)</u>	<u>38,251</u>

Arch Teesside

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

19. Analysis of charitable funds *(continued)*

ISVA contract SITV /Cleveland PCC Safe in Tees Valley (SITV) was third year of a potential four-year contract. Commissioner's re-tender the service this year and ARCH were successfully awarded the contract for the new service which will run from the 1st April 2021 to deliver ISVA provision across Cleveland.

Middlesbrough Borough Council a one-year grant contributing to the delivery of the counselling service.

BBC Children in Need is the final year of a three-year grant which funds a children and young person's counsellor to provide 1-1 therapeutic work.

Lloyds Bank Foundation is the second year of a three-year grant which contributes to the costs of the CEO post

The National Lottery Community Fund is the second year of a three-year grant, which supports counselling costs, online development and costs associated with Project 21.

Ministry of Justice (MOJ) COVID grant was to support continuity of service delivery within the counselling service as a result of the COVID-19 Pandemic.

NHS England is a one-year grant to increase capacity to delivery counselling support to Children and Young people through our school's model.

PCC COVID grant was a one-off grant to support additional capacity within the counselling service as a result of the national pandemic.

Smallwood Trust is year one-off a three-year grant, which enables us to provide direct grant to women and girls across Teesside to improve their financial resilience.

Smallwood Trust WRF was a one-off grant to support referrals capacity and our office management post.

20. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,455	–	1,455
Current Assets	443,193	74,781	517,974
Net assets	<u>444,648</u>	<u>74,781</u>	<u>519,429</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	2,216	–	2,216
Current Assets	315,171	38,251	353,422
Net assets	<u>317,387</u>	<u>38,251</u>	<u>355,638</u>