



CHAIRMAN'S REPORT 04/23-03/24

There are many ways to measure success. We can consider the finances, the clients' opinions, the numbers, and range of people using the centre or the synergistic links with other organisations in the community. I am delighted to report that on all these metrics the Blackdown Healthy Living and Activity Centre has had a most successful year.

Finances

Since 2015 (ignoring the covid years of 2021/2) the accounts have only been in the black on one previous year. This year looks to have been our most successful ever and although profit is not our primary aim it is critical that we maintain financial viability because it enables re-investment in services. Indeed, over the past decade the centre has grown from premises providing services predominately for the older generation to be a true community centre catering for all ages.

Core Services

Riverside goes from strength to strength. Great leadership by Lynn supported by our wonderful volunteers has continued to make Riverside an attractive, supportive and welcoming destination.

The Shed led by John and Richard is seeing increasing numbers of users as well as being able to offer support to other community organisations (where capacity allows).

Stay and Play led by Ruth is welcoming increasing numbers of parents and children and remains very popular.

Hemyock Community Fridge which launched at the centre in January has been a tremendous success. Over a three-month period, three tonnes of food (which would otherwise have ended up in landfill) was given to the community to a value of £11,250. This amazing service is being run with FoodSave Honiton. Great thanks go to the Parish Council for their support in funding the room hire.

Therapists

A new therapist joined the team, offering hypnotherapy and our five therapists continue to be busy. We only have availability in one room on one day of the week.



Room Hire

The centre offers seven weekly Pilates classes and two yoga classes. There is a new Sound Bath meditation class. Betonica School of Herbal Medicine continues to hire the centre monthly to run lectures and training herbal clinics for their students.

Centre Administration

Policies were updated, new DBS checks were carried out, and Riverside staff and volunteers attended a food hygiene course. A new dishwasher was installed, the front doors repaired, and a tree fell on the building requiring some new guttering and tiles. New signage at the front of the building, better signposting services, therapies and classes.

Personnel

Many thanks to Nick Moon who retired from being a Trustee. His links to the Parish Council and local knowledge have been invaluable to the Trustees. We welcome Tim Lowe who joins as a Trustee and is already volunteering at the shed.

Finally, I want to thank Peta for her continued energy, enthusiasm and ability and to thank all our volunteers without whom we could not manage.

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2024

	2024	2023
Income		
Donations	6,469	5,922
Investment Income	497	211
Income from Charitable Activities - Riverside	40,590	33,813
Income from Charitable Activities - Community Shed	1,372	1,130
Income from Therapy Room	11,148	11,994
Income from Room Hire	18,288	15,413
Income from Stay & Play	1,005	865
Rent received from AONB	3,800	3,800
Fundraising & Exhibitions	225	1,933
Other Grants	-	650
Other Income	1,889	1,024
Total Income	<u>85,283</u>	<u>76,755</u>
Expenditure		
Fundraising & Miscellaneous Purchases	10	587
Charitable Activities Expenditure	4,041	3,701
Community Shed Expenses	1,482	1,111
Stay & Play Expenses	303	884
Wages & Salaries - Regular	38,865	37,720
Staff Pensions	1,767	1,685
Staff Training	57	-
Accountancy & Book-keeping	1,134	1,307
Light & Heat	8,088	7,102
Business Rates	270	512
Water Rates	1,960	1,669
Telephone & Internet	1,493	1,364
Computer & Software Expenses	162	53
Advertising & PR Literature	760	238
Website expenses	176	95
Printing & Stationery	260	269
Insurance	1,407	2,751
Equipment Repairs	219	1,234
Repairs & Maintenance	2,247	6,880
Cleaning & Waste Disposal	5,882	4,646
Premises Licence & subscriptions	933	656
Recruitment & Professional Fees	2,578	194
Sundries & Refreshments	18	279
Bank Charges	60	69
Depreciation	1,401	1,377
Total Expenditure	<u>75,573</u>	<u>76,383</u>
Net Surplus for the Year	£ <u>9,710</u>	£ <u>372</u>

The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2024

	2024	2023
	£	£
Fixed Assets		
Tangible Assets	5,603	5,505
Total Fixed Assets	<u>5,603</u>	<u>5,505</u>
Current Assets		
Short Term Investments and Deposits	62,749	62,369
Debtors	1,237	5,295
Cash at bank and in hand	35,253	21,727
Total Current Assets	<u>99,239</u>	<u>89,391</u>
Short Term Creditors	<u>1,315</u>	<u>1,080</u>
Net Current Assets	<u>97,924</u>	<u>88,311</u>
Total Assets Less Current Liabilities	<u><u>103,527</u></u>	<u><u>93,816</u></u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	62,277	52,566
Accumulated Funds at 31st March	<u><u>103,527</u></u>	<u><u>93,816</u></u>

Approved by the Trustees

Trustee



Dated

26/6/24

Trustee



Dated

26/6/24

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2024

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

Cost	Equipment	Total
As at 1 April 2023		
Additions	39,055	39,055
Disposals	1,499	1,499
As at 31 March 2024	<u>-</u>	<u>-</u>
	40,554	40,554
Depreciation		
As at 1 April 2023		
Charge for the year	33,550	33,550
As at 31 March 2024	<u>1,401</u>	<u>1,401</u>
	34,951	34,951
Net Book Value		
As at 31 March 2024	<u>5,603</u>	<u>5,603</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2024

Creditors

(Amounts falling due within one year)

	2024	2023
	£	£
Trade Creditors	1,315	1,080
	<u>1,315</u>	<u>1,080</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2024, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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7th June 2024