



Chairman's Report 04/22 – 03/23

April 2022 – March 2023

This report covers the first year in which the Centre was able to run all services following the COVID pandemic. I am pleased to report that the Centre is incredibly busy, probably more so than before shutdown. The trustees and I would like to take this opportunity to thank the staff and all the volunteers for all their hard work this year.

Highlights covered by this report:

Riverside

Lynn Pulman has been our Riverside Manager for 18 months and has been a fantastic addition to the team. Riverside is at the heart of the Centre and continues to thrive under her direction. A special mention and thank you to Steph Trelawney-Soley and Gillie Sweeting who have retired from volunteering this year after many years of service to the Centre.

The Blackdown Community Shed

The Sheddars have become more established within our community and run drop-in sessions on Mondays and Thursdays. Our volunteer Sheddars have been busy around the village helping out with projects such as putting up noticeboards, building and erecting bird boxes, building a bike shed, a play house, a mud play box and a bench for Hemyock Primary School plus much more. A particular highlight this year, was a mention in the British Legion magazine with regard to the soldier silhouettes our Sheddars made to mark Remembrance Sunday. Whilst initially starting life as a 'Men's Shed' it is very much a Community Shed now with a mix of both men and women. Thank you to Jon, Pete, Richard and Paul, our marvellous Sheddars.

Blackdown Stay & Play Hub

After a long closure due to Covid, we were thrilled to be able to re-open the Stay & Play sessions for families with pre-school children and babies in April 2022. I would like to personally thank our volunteer, Ruth Western, who delivers this service each week during term time, with enthusiasm and professionalism. It is a popular group, and a wonderful space for families to find friendship and support. We are also pleased to report that the Community Health Team are back in the Centre delivering their services once a month.

Therapists and Class Tutors

The trustees are hugely grateful for the contribution the therapists continue to make to the Centre. Martha, Ruth, Rachel and Sue offer a great service to our community as well as being an important part of the financial side of the Centre. We are also very fortunate to have four wonderful Pilates and Yoga tutors, who between them run 9 weekly classes.



Donations and Fundraising

We were fortunate enough to raise just over £8000 in donations and through fundraising events this year. A special thank you to Betonica, Exe Valley Rotary, Hemyock PC, Clayhidon PC, Culmstock PC, MDDC and Action for Children for their donations. Thank you also to the family and friends of Bette and Jim Kearney for their donations. Thank you to our community who supported our Quiz Nights, Cream Tea, Christmas Raffle and Lights Brigade refreshments.

Centre Improvements

During this period, we have upgraded our fire doors, installed wall insulation and new lights in the Studio and new guttering all around the Centre. The Riverside room was refurbished with new carpet and all new chairs. A special thanks to the Parish Council, Exe Valley Rotary and Betonica for all their support and donations towards these improvements. We are always grateful to Ben Morison who continues to donate his time and expertise to the Centre with general maintenance. He has fitted new grab rails in the toilets, installed new soap dispensers, built storage units, and much more. Nothing is ever too much trouble. Thank you Ben.

Closing Remarks

I want to thank once again the staff and volunteers who are the very essence of the centre and I particularly want to thank Peta. She gives the impression that she has all the time in the world despite her huge workload. She has developed the centre such that it is busier than ever and has shepherded the organisation through the recovery from Covid.

Lastly I just want to acknowledge the sad passing of Janet Elworthy. Janet founded and ran Brightside for many years but what I remember is her wonderful work during the pandemic when she kept in touch with her members, ran games and made sure they were all well in that difficult time. I am sure I speak for all of us when I send our sincere condolences to her family.

Mark Couldrick
Chair of Trustees

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

Registered Charity No. 1154693

**The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2023**

Income	2023	2022
Donations		
Investment Income	5,922	3,978
Income from Charitable Activities - Riverside	211	70
Income from Charitable Activities - Community Shed	33,813	15,710
Income from Therapy Room	1,130	1,460
Income from Room Hire	11,994	12,263
Income from Stay & Play	15,413	7,051
Rent received from AONB	865	-
Fundraising & Exhibitions	3,800	3,800
COVID Support Grants	1,933	180
Other Grants	-	19,393
Other Income	650	-
Total Income	<u>1,024</u> 76,755	<u>1,808</u> 65,713
Expenditure		
Fundraising & Miscellaneous Purchases	587	54
Charitable Activities Expenditure	3,701	2,542
Community Shed Expenses	1,111	1,079
Stay & Play Expenses	884	-
Wages & Salaries - Regular	37,720	32,296
Staff Pensions	1,685	1,090
Staff Training	-	631
Accountancy & Book-keeping	1,307	1,024
Light & Heat	7,102	7,575
Business Rates	512	250
Water Rates	1,669	1,022
Telephone & Internet	1,364	1,250
Computer & Software Expenses	53	197
Advertising & PR Literature	238	210
Website expenses	95	148
Printing & Stationery	269	378
Insurance	2,751	2,335
Equipment Repairs	1,234	828
Repairs & Maintenance	6,880	2,019
Refurbishment of Mens Shed	-	1,407
Cleaning & Waste Disposal	4,646	3,276
PPE & COVID Supplies	-	420
Premises Licence & subscriptions	656	131
Recruitment & Professional Fees	194	150
Sundries & Refreshments	279	560
Bank Charges	69	104
Depreciation	1,377	1,468
Total Expenditure	<u>76,383</u>	<u>62,444</u>
Net Surplus for the Year	<u>£ 372</u>	<u>£ 3,269</u>

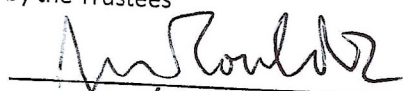
The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2023

	2023 £	2022 £
Fixed Assets		
Tangible Assets	5,505	5,874
Total Fixed Assets	<u>5,505</u>	<u>5,874</u>
Current Assets		
Short Term Investments and Deposits	62,369	62,251
Debtors	5,295	6,599
Cash at bank and in hand	21,727	19,953
Total Current Assets	<u>89,391</u>	<u>88,803</u>
Short Term Creditors	<u>1,080</u>	<u>1,233</u>
Net Current Assets	<u>88,311</u>	<u>87,570</u>
Total Assets Less Current Liabilities	<u><u>93,816</u></u>	<u><u>93,444</u></u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	52,566	52,194
Accumulated Funds at 31st March	<u><u>93,816</u></u>	<u><u>93,444</u></u>

Approved by the Trustees

Trustee



Dated

11/07/23

Trustee



Dated

11/07/23

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2023

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Expenditure

Independent examiners remuneration

	2023	2022
Examiners Fee	-	-

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

Cost	Equipment	Total
As at 1 April 2022		
Additions	38,047	38,047
Disposals	1,008	1,008
As at 31 March 2023	-	-
	<u>39,055</u>	<u>39,055</u>
Depreciation		
As at 1 April 2022		
Charge for the year	32,173	32,173
As at 31 March 2023	1,377	1,377
	<u>33,550</u>	<u>33,550</u>
Net Book Value		
As at 31 March 2023	5,505	5,505

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2023

Creditors

(Amounts falling due within one year)

	2023	2022
	£	£
Trade Creditors	1,080	1,233
	<u>1,080</u>	<u>1,233</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2023, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.
The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M Johns

Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE

1st June 2023