

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales · Charity number 1154693

Details

Other names	TBHLAC
Status	Registered
Legal form	CIO
Registered	2013-11-21
Register	View on the Charity Commission register

Contact

Address	The Blackdown Healthy Living Centre Riverside Hemyock Cullompton EX15 3SH
Phone	01823680687
Email	centre@bhlac.org.uk
Website	www.bhlac.org.uk

Activities

Objects: PROMOTING THE BENEFIT OF THOSE INHABITANTS OF THE AREA OF BENEFIT WHO ARE IN CONDITIONS OF NEED AS A RESULT OF AGE, INFIRMITY OR SOCIAL/ECONOMIC HARDSHIP, THROUGH THE PROVISION OF A HEALTHY LIVING/ACTIVITY CENTRE.

Activities: The Blackdown Healthy Living & Activity Centre is a charity dedicated to supporting the health and well-being of people of all ages, particularly those who are either elderly or socially isolated. We operate in an area broadly defined by the Blackdown Hills, which sit on the Somerset/Devon border.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Devon
- Somerset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£101,774	£84,340	-	-
2024-03-31	£85,283	£75,573	-	-
2023-03-31	£76,755	£76,383	-	-
2022-03-31	£65,713	£62,444	-	-
2021-03-31	£58,695	£45,000	-	-

Trustees

Name	Role	Appointed
Timothy Miles Lowe CBE	Chair	2024-03-18
Dr MARK COULDRICK		2013-09-27
Elizabeth Margaret Langdon		2025-09-01
Lesley Barton		2021-11-25
Michael Gerard Davis		2026-03-24
Michael Piers Langdon		2025-09-01
Paul Anthony Doble		2020-03-05

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales - Charity number 1154693

Accounts



Annual Report: April 2024 – March 2025

Chairman's Report

Welcome to this special annual general meeting that marks 15yrs for the Healthy Living Centre. There is such a large amount of activity on which to report I have provided the information below as bullet points.

As can be seen, the Centre is in the best financial position for the last five years and in fact the best end of year figures in the Centre's history.

This result is due in no small part to the tremendous work done by our manager, Peta. Her enthusiasm and can-do attitude have meant that the Centre has been open to new services and activities.

Individual services may expect variations in numbers, but the breadth of activities means that the Centre has vastly more resilience than in the past. Numbers of clients of our core services may vary but we now offer significantly more services.

Use of the centre by community groups and activities has increased and the Centre is recognised as a superb asset to our local community.

Thanks are due to:

- Our volunteers

It is impossible to over-estimate the contribution to the Centre made by volunteers. Without their contributions most of our core services could not be delivered.

- Vicky Norton, Susannah Spicer, Margaret Hollick, and Debbie Clist for their service as Trustees and to all our trustees for their wisdom, guidance and support.
- To the Parish Council.
- To all our users in the local community.
- To Peta for her steady hand on the tiller and for the tremendous support she gives to me and all the trustees.

Financial Overview:

YE	Income	Expenditure	Net surplus	Accumulated Funds
2020	64,908	65,708	(800)	76,480
2021	58,695	45,000	13,695	90,175
2022	65,713	62,444	3,269	93,444
2023	76,755	76,383	372	93,816
2024	85,283	75,573	9,710	103,527
2025	101,774	84,340	17,434	120,961



Core Services:

- **Riverside:** Member numbers remained steady.
- **Stay & Play:** Overall numbers were down, averaging 10 families per week. Funding for 2-year-olds had an impact. Supported by the Community Health Team with a monthly clinic.
- **Community Shed:** Member numbers increased.
- **Community Fridge:** Celebrated its first birthday in January. Redistributed 15,503kg of surplus food, saving £48,740 and 49,608kg of CO2 footprint.
- **Therapists:** Our 5 therapists continued to be busy, playing a huge role in supporting community members.

Room Hire:

- Offered 7 weekly Pilates classes, 2 weekly yoga classes, and a monthly Sound Bath class.
- Betonica School of Herbal Medicine hired the Centre monthly for herbal clinics and lectures.
- Blackdown Support Group ran 2 monthly Bereavement Groups, Toenail Clinics, and Hemyock Lunch Club.
- Launched a fully funded weekly Music Therapy class for 6 months.
- Launched a monthly Parkinson's Support Group, Positively Parkinson's, which has raised enough donations to fund it for a further 2 years.
- Scouts launched 'Take-Out' evenings on the first Thursday of each month.

Donations and Support:

- Parish Council funded the room rent for the Community Fridge.
- Devon County Council funded the purchase of 2 wheelchairs for Riverside, play equipment for Stay & Play, electricity for the Community Fridge, and ventilation in the Community Shed.
- Church Rooms donated £210 to the Community Shed.
- The Elworthy Family raised funds for BHLAC at Janet's funeral.

Centre Improvements:

- Dining room fully decorated, and blinds replaced in several rooms.
- CCTV installed.
- New electric couch for Room 4 and new massage couch for Room 2.
- Car crash into the oil tank addressed to reduce future risks.
- Staff and volunteers attended a First Aid Course.
- Guttering cleared and cleaned, new water butts installed, fascia and solar panels cleaned.
- PAT testing carried out throughout the building.
- New logo designed and a large new sign fixed to the front of the building.



New Car and EV Chargers:

- Thanks to the Blackdown Hills National Landscape for securing a grant to fund the installation of 2 EV chargers and the purchase of a hybrid London taxi.
- BHLAC now offers transport to Riverside members and supports other community groups.

Chair of Trustees: Mark Couldrick

Blackdown Healthy Living & Activity Centre Riverside, Hemyock, Devon, EX15
3SH 16 Registered Charity No: 1154693 17

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2025

	2025	2024
Income		
Donations	3,254	6,469
Investment Income	579	497
Income from Charitable Activities - Riverside	43,859	40,590
Income from Charitable Activities - Community Shed	1,815	1,372
Income from Therapy Room	12,203	11,148
Income from Room Hire	25,675	18,288
Income from Stay & Play	760	1,005
Rent received from AONB	4,400	3,800
Fundraising & Exhibitions	385	225
Other Grants	5,926	-
Other Income	2,918	1,889
Total Income	<u>101,774</u>	<u>85,283</u>
Expenditure		
Fundraising & Miscellaneous Purchases	-	10
Charitable Activities Expenditure	3,954	4,041
Community Shed Expenses	1,231	1,482
Stay & Play Expenses	1,090	303
Wages & Salaries - Regular	40,623	38,865
Staff Pensions	1,912	1,767
Staff Training	656	57
Accountancy & Book-keeping	1,224	1,134
Light & Heat	5,156	8,088
Business Rates	288	270
Water Rates	1,233	1,960
Telephone & Internet	1,770	1,493
Computer & Software Expenses	105	162
Advertising & PR Expenses	2,785	760
Website expenses	115	176
Printing & Stationery	354	260
Insurance	1,545	1,407
Equipment Repairs	3,437	219
Repairs & Maintenance	5,230	2,247
Car Expenses	2,319	-
Cleaning & Waste Disposal	6,063	5,882
Premises Licence & subscriptions	526	933
Recruitment & Professional Fees	417	2,578
Sundries & First Aid	757	18
Bank Charges	79	60
Depreciation	1,471	1,401
Total Expenditure	<u>84,340</u>	<u>75,573</u>
Net Surplus for the Year	£ <u>17,434</u>	£ <u>9,710</u>

The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2025

	2025 £	2024 £
Fixed Assets		
Tangible Assets	5,882	5,603
Total Fixed Assets	<u>5,882</u>	<u>5,603</u>
Current Assets		
Short Term Investments and Deposits	68,122	62,749
Debtors	9,467	1,237
Cash at bank and in hand	38,968	35,253
Total Current Assets	<u>116,557</u>	<u>99,239</u>
Short Term Creditors	<u>1,478</u>	<u>1,315</u>
Net Current Assets	<u>115,079</u>	<u>97,924</u>
Total Assets Less Current Liabilities	<u><u>120,961</u></u>	<u><u>103,527</u></u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	79,711	62,277
Accumulated Funds at 31st March	<u><u>120,961</u></u>	<u><u>103,527</u></u>

Approved by the Trustees

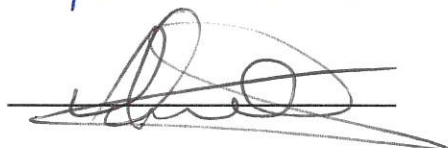
Trustee



Dated

17/6/25

Trustee



Dated

17/6/25

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2025

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

	Equipment	Total
Cost		
As at 1 April 2024	40,554	40,554
Additions	1,750	1,750
Disposals	-	-
As at 31 March 2025	<u>42,304</u>	<u>42,304</u>
Depreciation		
As at 1 April 2024	34,951	34,951
Charge for the year	<u>1,471</u>	<u>1,471</u>
As at 31 March 2025	<u>36,422</u>	<u>36,422</u>
Net Book Value		
As at 31 March 2025	<u>5,882</u>	<u>5,882</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2025

Creditors

(Amounts falling due within one year)

	2025	2024
	£	£
Trade Creditors	1,478	1,315
	<u>1,478</u>	<u>1,315</u>

Designated Reserve

The reserved fund represents six months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

Independent examiner's report to the trustees of The Blackdown Healthy Living and Activity Centre

I report on the accounts for the year ended 31 March 2025, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

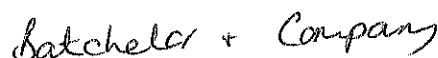
(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE



21st May 2025

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

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Marie Johns

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Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE

Batchelor + Company

21st May 2025

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales - Charity number 1154693

Accounts



CHAIRMAN'S REPORT 04/23-03/24

There are many ways to measure success. We can consider the finances, the clients' opinions, the numbers, and range of people using the centre or the synergistic links with other organisations in the community. I am delighted to report that on all these metrics the Blackdown Healthy Living and Activity Centre has had a most successful year.

Finances

Since 2015 (ignoring the covid years of 2021/2) the accounts have only been in the black on one previous year. This year looks to have been our most successful ever and although profit is not our primary aim it is critical that we maintain financial viability because it enables re-investment in services. Indeed, over the past decade the centre has grown from premises providing services predominately for the older generation to be a true community centre catering for all ages.

Core Services

Riverside goes from strength to strength. Great leadership by Lynn supported by our wonderful volunteers has continued to make Riverside an attractive, supportive and welcoming destination.

The Shed led by John and Richard is seeing increasing numbers of users as well as being able to offer support to other community organisations (where capacity allows).

Stay and Play led by Ruth is welcoming increasing numbers of parents and children and remains very popular.

Hemyock Community Fridge which launched at the centre in January has been a tremendous success. Over a three-month period, three tonnes of food (which would otherwise have ended up in landfill) was given to the community to a value of £11,250. This amazing service is being run with FoodSave Honiton. Great thanks go to the Parish Council for their support in funding the room hire.

Therapists

A new therapist joined the team, offering hypnotherapy and our five therapists continue to be busy. We only have availability in one room on one day of the week.



Room Hire

The centre offers seven weekly Pilates classes and two yoga classes. There is a new Sound Bath meditation class. Betonica School of Herbal Medicine continues to hire the centre monthly to run lectures and training herbal clinics for their students.

Centre Administration

Policies were updated, new DBS checks were carried out, and Riverside staff and volunteers attended a food hygiene course. A new dishwasher was installed, the front doors repaired, and a tree fell on the building requiring some new guttering and tiles. New signage at the front of the building, better signposting services, therapies and classes.

Personnel

Many thanks to Nick Moon who retired from being a Trustee. His links to the Parish Council and local knowledge have been invaluable to the Trustees. We welcome Tim Lowe who joins as a Trustee and is already volunteering at the shed.

Finally, I want to thank Peta for her continued energy, enthusiasm and ability and to thank all our volunteers without whom we could not manage.

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2024

	2024	2023
Income		
Donations	6,469	5,922
Investment Income	497	211
Income from Charitable Activities - Riverside	40,590	33,813
Income from Charitable Activities - Community Shed	1,372	1,130
Income from Therapy Room	11,148	11,994
Income from Room Hire	18,288	15,413
Income from Stay & Play	1,005	865
Rent received from AONB	3,800	3,800
Fundraising & Exhibitions	225	1,933
Other Grants	-	650
Other Income	1,889	1,024
Total Income	<u>85,283</u>	<u>76,755</u>
Expenditure		
Fundraising & Miscellaneous Purchases	10	587
Charitable Activities Expenditure	4,041	3,701
Community Shed Expenses	1,482	1,111
Stay & Play Expenses	303	884
Wages & Salaries - Regular	38,865	37,720
Staff Pensions	1,767	1,685
Staff Training	57	-
Accountancy & Book-keeping	1,134	1,307
Light & Heat	8,088	7,102
Business Rates	270	512
Water Rates	1,960	1,669
Telephone & Internet	1,493	1,364
Computer & Software Expenses	162	53
Advertising & PR Literature	760	238
Website expenses	176	95
Printing & Stationery	260	269
Insurance	1,407	2,751
Equipment Repairs	219	1,234
Repairs & Maintenance	2,247	6,880
Cleaning & Waste Disposal	5,882	4,646
Premises Licence & subscriptions	933	656
Recruitment & Professional Fees	2,578	194
Sundries & Refreshments	18	279
Bank Charges	60	69
Depreciation	1,401	1,377
Total Expenditure	<u>75,573</u>	<u>76,383</u>
Net Surplus for the Year	£ <u>9,710</u>	£ <u>372</u>

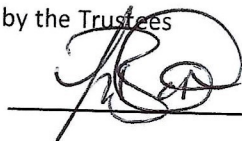
The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2024

	2024	2023
	£	£
Fixed Assets		
Tangible Assets	5,603	5,505
Total Fixed Assets	<u>5,603</u>	<u>5,505</u>
Current Assets		
Short Term Investments and Deposits	62,749	62,369
Debtors	1,237	5,295
Cash at bank and in hand	35,253	21,727
Total Current Assets	<u>99,239</u>	<u>89,391</u>
Short Term Creditors	<u>1,315</u>	<u>1,080</u>
Net Current Assets	<u>97,924</u>	<u>88,311</u>
Total Assets Less Current Liabilities	<u><u>103,527</u></u>	<u><u>93,816</u></u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	62,277	52,566
Accumulated Funds at 31st March	<u><u>103,527</u></u>	<u><u>93,816</u></u>

Approved by the Trustees

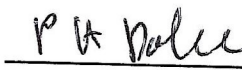
Trustee



Dated

26/6/24

Trustee



Dated

26/6/24

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2024

Accounting Policies

a. Basis of Accounting

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b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

Cost	Equipment	Total
As at 1 April 2023		
Additions	39,055	39,055
Disposals	1,499	1,499
As at 31 March 2024	<u>-</u>	<u>-</u>
	40,554	40,554
Depreciation		
As at 1 April 2023		
Charge for the year	33,550	33,550
As at 31 March 2024	<u>1,401</u>	<u>1,401</u>
	34,951	34,951
Net Book Value		
As at 31 March 2024	<u>5,603</u>	<u>5,603</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2024

Creditors

(Amounts falling due within one year)

	2024	2023
	£	£
Trade Creditors	1,315	1,080
	<u>1,315</u>	<u>1,080</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

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Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE



7th June 2024

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales - Charity number 1154693

Accounts



Chairman's Report 04/22 – 03/23

April 2022 – March 2023

This report covers the first year in which the Centre was able to run all services following the COVID pandemic. I am pleased to report that the Centre is incredibly busy, probably more so than before shutdown. The trustees and I would like to take this opportunity to thank the staff and all the volunteers for all their hard work this year.

Highlights covered by this report:

Riverside

Lynn Pulman has been our Riverside Manager for 18 months and has been a fantastic addition to the team. Riverside is at the heart of the Centre and continues to thrive under her direction. A special mention and thank you to Steph Trelawney-Soley and Gillie Sweeting who have retired from volunteering this year after many years of service to the Centre.

The Blackdown Community Shed

The Sheddars have become more established within our community and run drop-in sessions on Mondays and Thursdays. Our volunteer Sheddars have been busy around the village helping out with projects such as putting up noticeboards, building and erecting bird boxes, building a bike shed, a play house, a mud play box and a bench for Hemyock Primary School plus much more. A particular highlight this year, was a mention in the British Legion magazine with regard to the soldier silhouettes our Sheddars made to mark Remembrance Sunday. Whilst initially starting life as a 'Men's Shed' it is very much a Community Shed now with a mix of both men and women. Thank you to Jon, Pete, Richard and Paul, our marvellous Sheddars.

Blackdown Stay & Play Hub

After a long closure due to Covid, we were thrilled to be able to re-open the Stay & Play sessions for families with pre-school children and babies in April 2022. I would like to personally thank our volunteer, Ruth Western, who delivers this service each week during term time, with enthusiasm and professionalism. It is a popular group, and a wonderful space for families to find friendship and support. We are also pleased to report that the Community Health Team are back in the Centre delivering their services once a month.

Therapists and Class Tutors

The trustees are hugely grateful for the contribution the therapists continue to make to the Centre. Martha, Ruth, Rachel and Sue offer a great service to our community as well as being an important part of the financial side of the Centre. We are also very fortunate to have four wonderful Pilates and Yoga tutors, who between them run 9 weekly classes.



Donations and Fundraising

We were fortunate enough to raise just over £8000 in donations and through fundraising events this year. A special thank you to Betonica, Exe Valley Rotary, Hemyock PC, Clayhidon PC, Culmstock PC, MDDC and Action for Children for their donations. Thank you also to the family and friends of Bette and Jim Kearney for their donations. Thank you to our community who supported our Quiz Nights, Cream Tea, Christmas Raffle and Lights Brigade refreshments.

Centre Improvements

During this period, we have upgraded our fire doors, installed wall insulation and new lights in the Studio and new guttering all around the Centre. The Riverside room was refurbished with new carpet and all new chairs. A special thanks to the Parish Council, Exe Valley Rotary and Betonica for all their support and donations towards these improvements. We are always grateful to Ben Morison who continues to donate his time and expertise to the Centre with general maintenance. He has fitted new grab rails in the toilets, installed new soap dispensers, built storage units, and much more. Nothing is ever too much trouble. Thank you Ben.

Closing Remarks

I want to thank once again the staff and volunteers who are the very essence of the centre and I particularly want to thank Peta. She gives the impression that she has all the time in the world despite her huge workload. She has developed the centre such that it is busier than ever and has shepherded the organisation through the recovery from Covid.

Lastly I just want to acknowledge the sad passing of Janet Elworthy. Janet founded and ran Brightside for many years but what I remember is her wonderful work during the pandemic when she kept in touch with her members, ran games and made sure they were all well in that difficult time. I am sure I speak for all of us when I send our sincere condolences to her family.

Mark Couldrick
Chair of Trustees

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

Registered Charity No. 1154693

**The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2023**

Income	2023	2022
Donations		
Investment Income	5,922	3,978
Income from Charitable Activities - Riverside	211	70
Income from Charitable Activities - Community Shed	33,813	15,710
Income from Therapy Room	1,130	1,460
Income from Room Hire	11,994	12,263
Income from Stay & Play	15,413	7,051
Rent received from AONB	865	-
Fundraising & Exhibitions	3,800	3,800
COVID Support Grants	1,933	180
Other Grants	-	19,393
Other Income	650	-
Total Income	<u>1,024</u> 76,755	<u>1,808</u> 65,713
Expenditure		
Fundraising & Miscellaneous Purchases	587	54
Charitable Activities Expenditure	3,701	2,542
Community Shed Expenses	1,111	1,079
Stay & Play Expenses	884	-
Wages & Salaries - Regular	37,720	32,296
Staff Pensions	1,685	1,090
Staff Training	-	631
Accountancy & Book-keeping	1,307	1,024
Light & Heat	7,102	7,575
Business Rates	512	250
Water Rates	1,669	1,022
Telephone & Internet	1,364	1,250
Computer & Software Expenses	53	197
Advertising & PR Literature	238	210
Website expenses	95	148
Printing & Stationery	269	378
Insurance	2,751	2,335
Equipment Repairs	1,234	828
Repairs & Maintenance	6,880	2,019
Refurbishment of Mens Shed	-	1,407
Cleaning & Waste Disposal	4,646	3,276
PPE & COVID Supplies	-	420
Premises Licence & subscriptions	656	131
Recruitment & Professional Fees	194	150
Sundries & Refreshments	279	560
Bank Charges	69	104
Depreciation	1,377	1,468
Total Expenditure	<u>76,383</u>	<u>62,444</u>
Net Surplus for the Year	<u>£ 372</u>	<u>£ 3,269</u>

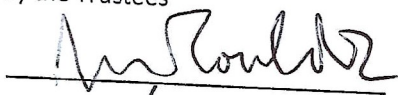
The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2023

	2023 £	2022 £
Fixed Assets		
Tangible Assets	5,505	5,874
Total Fixed Assets	<u>5,505</u>	<u>5,874</u>
Current Assets		
Short Term Investments and Deposits	62,369	62,251
Debtors	5,295	6,599
Cash at bank and in hand	21,727	19,953
Total Current Assets	<u>89,391</u>	<u>88,803</u>
Short Term Creditors	<u>1,080</u>	<u>1,233</u>
Net Current Assets	<u>88,311</u>	<u>87,570</u>
Total Assets Less Current Liabilities	<u><u>93,816</u></u>	<u><u>93,444</u></u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	52,566	52,194
Accumulated Funds at 31st March	<u><u>93,816</u></u>	<u><u>93,444</u></u>

Approved by the Trustees

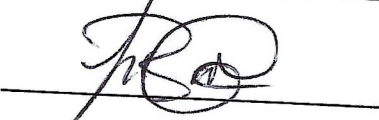
Trustee



Dated

11/07/23

Trustee



Dated

11/07/23

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2023

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Expenditure

Independent examiners remuneration

	2023	2022
Examiners Fee	-	-

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

Cost	Equipment	Total
As at 1 April 2022		
Additions	38,047	38,047
Disposals	1,008	1,008
As at 31 March 2023	-	-
	<u>39,055</u>	<u>39,055</u>
Depreciation		
As at 1 April 2022		
Charge for the year	32,173	32,173
As at 31 March 2023	1,377	1,377
	<u>33,550</u>	<u>33,550</u>
Net Book Value		
As at 31 March 2023	5,505	5,505

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2023

Creditors

(Amounts falling due within one year)

	2023	2022
	£	£
Trade Creditors	1,080	1,233
	<u>1,080</u>	<u>1,233</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2023, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.
The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M Johns

Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE

1st June 2023

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales - Charity number 1154693

Accounts



Chairman's Report 04/21 – 03/22

April 2021 – March 2022

This report covers the year in which the Centre was mainly closed for 5 months due to COVID restrictions. The Centre fully re-opened in September 2021 so this report covers 7 months of restarting services.

Items covered by this report:

COVID Support Grants

We were incredibly grateful for the COVID Support Grants and Furlough payments from the government which helped us enormously through the first 5 months.

Therapists

Martha, Sue and Ruth were all back to work after the restrictions and we welcomed Rachel to the team as another massage therapist. Betonica came back to the centre, and we are very grateful to them and to all the therapists who contribute so hugely to our income over the year.

Brightside and Memory Cafe

Janet Elworthy retired in September. We had one final Brightside day to say thank you to her for all her hard work over the past few years.

Janet has been a key part of the centre for many years and her energy and care running Brightside has been a fantastic asset to the centre. I would also like to thank her for her wonderful support to Brightside members during the pandemic. We wish her very well in retirement. I am sure she will still be very busy!

It was decided that we would merge Brightside and CAMEO into a new updated Service called Riverside.

Janet Morison, retired from running Memory Cafe. I'd like to take this opportunity to thank Jan, who has run this as a volunteer for many years.

The Blackdown Community Shed

This new service opened under the umbrella of the Healthy Living Centre has slowly been becoming more established. New members are gradually increasing, and finances were helped greatly by the items made in the shed being sold at the Hemyock Market. Members of the shed have contributed to several community projects particularly the Parish Hall Play area and a complete refurbishment of the bench there.



Staff

Tracey Howe resigned from running CAMEO and I would like to this opportunity to thank her for her many years of service.

We appointed Lynn Pulman as Riverside Manager in October and in 6 months we increased our Riverside members from 5 to 16.

I particularly want to thank our volunteers without whom we simply could not function.

Particularly notable is Janet Morison whose commitment to the centre is without equal.

I would personally like to thank Peta our Centre Manager for her fantastic leadership of the centre. I am looking forward with my fingers firmly crossed to a year without major disruption.

Mark Couldrick
Chair of Trustees

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2022

Income	2022	2021
Donations		
Investment Income	3,978	3,390
Income from Charitable Activities - CAMEO	70	143
Income from Charitable Activities - Community Shed	15,710	-
Income from Therapy Room	1,460	-
Income from Room Hire	12,263	8,082
Rent received from AONB	7,051	550
Fundraising & Exhibitions	3,800	4,300
COVID Support Grants	180	-
Other Grants	19,393	41,430
Other Income	-	800
Total Income	<u>1,808</u> 65,713	<u>-</u> 58,695
Expenditure		
Fundraising & Miscellaneous Purchases	54	-
Charitable Activities Expenditure	2,542	2
Community Shed Expenses	1,079	-
Wages & Salaries - Regular	32,296	25,773
Staff Pensions	1,090	537
Staff Training	631	885
Accountancy & Book-keeping	1,024	2,801
Light & Heat	7,575	4,598
Business Rates	250	-
Water Rates	1,022	761
Telephone & Internet	1,250	1,217
Computer & Software Expenses	197	78
Advertising & PR Literature	210	-
Website expenses	148	79
Printing & Stationery	378	37
Insurance	2,335	1,830
Equipment Repairs	828	12
Repairs & Maintenance	2,019	1,253
Refurbishment of Mens Shed	1,407	1,292
Cleaning & Waste Disposal	3,276	1,391
PPE & COVID Supplies	420	833
Premises Licence & subscriptions	131	215
Recruitment & Professional Fees	150	15
Sundries & Refreshments	560	285
Bank Charges	104	69
Depreciation	1,468	1,037
Total Expenditure	<u>62,444</u>	<u>45,000</u>
Net Surplus for the Year	<u>£ 3,269</u>	<u>£ 13,695</u>

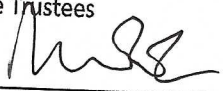
The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2022

	2022 £	2021 £
Fixed Assets		
Tangible Assets	5,874	4,147
Total Fixed Assets	<u>5,874</u>	<u>4,147</u>
Current Assets		
Short Term Investments and Deposits	62,251	62,383
Debtors	6,599	1,385
Cash at bank and in hand	19,953	25,345
Total Current Assets	<u>88,803</u>	<u>89,113</u>
Short Term Creditors	<u>1,233</u>	<u>3,085</u>
Net Current Assets	<u>87,570</u>	<u>86,028</u>
Total Assets Less Current Liabilities	<u>93,444</u>	<u>90,175</u>
Represented by :-		
Designated Reserve	41,250	41,250
General Funds	52,194	48,925
Accumulated Funds at 31st March	<u>93,444</u>	<u>90,175</u>

Approved by the Trustees

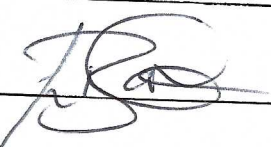
Trustee



Dated

19/5/22

Trustee



Dated

19 MAY 2022

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2022

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Expenditure

Independent examiners remuneration

	2022	2021
Examiners Fee	-	-

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

Cost	Equipment	Total
As at 1 April 2021	34,852	34,852
Additions	3,195	-
Disposals	-	-
As at 31 March 2022	<u>38,047</u>	<u>34,852</u>
Depreciation		
As at 1 April 2021	30,705	29,668
Charge for the year	1,468	1,037
As at 31 March 2022	<u>32,173</u>	<u>30,705</u>
Net Book Value		
As at 31 March 2022	<u>5,874</u>	<u>4,147</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2022

Creditors

(Amounts falling due within one year)

	2022	2021
	£	£
Trade Creditors	1,233	3,085
Violet Chapman Loan	-	3,000
Transferred to Donations	-	(3,000)
	<u>1,233</u>	<u>3,085</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2022, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.
The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

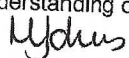
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.
It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.
The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE

Batchelor & Company

17th May 2022

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2022, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.
The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Marie Johns
Marie Johns FCCA
Batchelor and Company Accountants Limited
Charlton House, 32 High Street
Cullompton,
Devon
EX15 1AE

Batchelor & Company

17th May 2022

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

England & Wales - Charity number 1154693

Accounts



Chairman's Report

April 2020 – March 2021

This report covers the year in which the Centre was mainly closed due to COVID restrictions. I would like to take this opportunity to thank Tracy, Janet, Janet and Peta for their continued flexibility in dealing with furlough. I would also like to thank them for keeping in regular touch with CAMEO and Brightside attendees during this time as it was a very lonely time for many of our regulars.

Items covered by this report:

COVID Support Grants

We were incredibly grateful for the COVID Support Grants and Furlough payments from the government which helped us enormously through the period of lockdown.

Therapists

Martha and Sue (Osteopath and Chiropractor) were able to continue working after a couple of months of lockdown and practiced within the Centre although we were closed to the General Public. Ruth (Massage Therapist) was able to work again by the summer. We are very grateful to the therapists who contributed hugely to our income over the year.

CAMEO, Brightside and Memory Cafe

All of our services for the elderly were suspended during this financial year due to COVID restrictions.

Staff

Tracy, Jan and Janet were all fully furloughed during this financial year, Peta was part-furloughed. Whilst being furloughed, Peta studied online and qualified as a Bookkeeper so she is now able to take on the financial aspects of running the Centre which was previously outsourced to an Accountancy firm.

It has been a very challenging year but we can look ahead with the Centre now fully open albeit with reduced services.

Mark Couldrick
Chair of Trustees

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2021

	2021	2020
Income		
Donations	3,390	3,315
Investment Income	143	161
Income from Charitable Activities	-	36,539
Income from Room Hire	8,632	17,179
Rent received from AONB	4,300	3,111
Fundraising & Exhibitions	-	4,598
COVID Support Grants	41,430	-
Other Grants	800	-
Other Income	-	5
Total Income	<u>58,695</u>	<u>64,908</u>
Expenditure		
Fundraising & Miscellaneous Purchases	-	256
Charitable Activities Expenditure	2	4,382
Wages & Salaries - Regular	25,773	31,629
Staff Pensions	537	595
Staff Training	885	-
Accountancy & Book-keeping	2,801	3,041
Light & Heat	4,598	5,408
Business Rates	-	901
Water Rates	761	1,012
Telephone & Internet	1,217	1,676
Computer & Software Expenses	78	54
OnLine Booking System	-	402
Advertising & PR Literature	-	90
Website expenses	79	126
Printing & Stationery	37	72
Insurance	1,830	2,358
Equipment Repairs	12	634
Repairs & Maintenance	1,253	3,687
Refurbishment of Mens Shed	1,292	-
Cleaning & Waste Disposal	1,391	5,797
PPE & COVID Supplies	833	-
Premises Licence & subscriptions	215	464
Conference & Seminar Expenses	-	50
Travelling & Subsistence	-	13
Recruitment & Professional Fees	15	900
Sundries & Refreshments	285	421
Christmas Meal	-	379
Bank Charges	69	65
Depreciation	1,037	1,296
Total Expenditure	<u>45,000</u>	<u>65,708</u>
Net Surplus / (Deficit) for the Year	<u>£ 13,695</u>	<u>£ (800)</u>

The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2021

	2021	2020
	£	£
Fixed Assets		
Tangible Assets	4,147	5,184
Total Fixed Assets	<u>4,147</u>	<u>5,184</u>
Current Assets		
Short Term Investments and Deposits	62,383	62,376
Debtors	1,385	1,680
Cash at bank and in hand	25,345	13,863
Total Current Assets	<u>89,113</u>	<u>77,919</u>
Short Term Creditors	<u>3,085</u>	<u>6,623</u>
Net Current Assets	<u>86,028</u>	<u>71,296</u>
Total Assets Less Current Liabilities	<u><u>90,175</u></u>	<u><u>76,480</u></u>

Represented by :-

Designated Reserve	41,250	41,250
General Funds	48,925	35,230
	<u> </u>	<u> </u>
Accumulated Funds at 31st March	<u><u>90,175</u></u>	<u><u>76,480</u></u>

Approved by the Trustees

Trustee _____

Dated _____

Trustee _____

Dated _____

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2021

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Expenditure

Independent examiners remuneration

	2020	2019
Examiners Fee	-	-

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

	Equipment	Total
Cost		
As at 1 April 2020	34,852	34,852
Additions	-	-
Disposals	-	-
As at 31 March 2021	<u>34,852</u>	<u>34,852</u>
Depreciation		
As at 1 April 2020	29,668	29,668
Charge for the year	<u>1,037</u>	<u>1,037</u>
As at 31 March 2021	<u>30,705</u>	<u>30,705</u>
Net Book Value		
As at 31 March 2021	<u>4,147</u>	<u>4,147</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2021

Creditors

(Amounts falling due within one year)

	2021	2020
	£	£
Trade Creditors	3,085	3,623
Violet Chapman Loan	3,000	3,000
Transferred to Donations	(3,000)	-
	<u>3,085</u>	<u>6,623</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

**Independent examiner's report to the trustees of
The Blackdown Healthy Living and Activity Centre**

I report on the accounts for the year ended 31 March 2021, charity number 278819, which are set out on pages 1 to 4.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.
The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Marie Johns FCCA
Batchelor & Company
Charlton House,
Cullompton,
Devon
EX15 1AE

Batchelor + Company

3rd May 2021

THE BLACKDOWN HEALTHY LIVING AND ACTIVITY CENTRE

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

Registered Charity No. 1154693

The Blackdown Healthy Living and Activity Centre
Income and Expenditure Account
For the year ended 31 March 2021

	2021	2020
Income		
Donations	3,390	3,315
Investment Income	143	161
Income from Charitable Activities	-	36,539
Income from Room Hire	8,632	17,179
Rent received from AONB	4,300	3,111
Fundraising & Exhibitions	-	4,598
COVID Support Grants	41,430	-
Other Grants	800	-
Other Income	-	5
Total Income	<u>58,695</u>	<u>64,908</u>
Expenditure		
Fundraising & Miscellaneous Purchases	-	256
Charitable Activities Expenditure	2	4,382
Wages & Salaries - Regular	25,773	31,629
Staff Pensions	537	595
Staff Training	885	-
Accountancy & Book-keeping	2,801	3,041
Light & Heat	4,598	5,408
Business Rates	-	901
Water Rates	761	1,012
Telephone & Internet	1,217	1,676
Computer & Software Expenses	78	54
OnLine Booking System	-	402
Advertising & PR Literature	-	90
Website expenses	79	126
Printing & Stationery	37	72
Insurance	1,830	2,358
Equipment Repairs	12	634
Repairs & Maintenance	1,253	3,687
Refurbishment of Mens Shed	1,292	-
Cleaning & Waste Disposal	1,391	5,797
PPE & COVID Supplies	833	-
Premises Licence & subscriptions	215	464
Conference & Seminar Expenses	-	50
Travelling & Subsistence	-	13
Recruitment & Professional Fees	15	900
Sundries & Refreshments	285	421
Christmas Meal	-	379
Bank Charges	69	65
Depreciation	1,037	1,296
Total Expenditure	<u>45,000</u>	<u>65,708</u>
Net Surplus / (Deficit) for the Year	<u>£ 13,695</u>	<u>£ (800)</u>

The Blackdown Healthy Living and Activity Centre

Balance Sheet as at 31 March 2021

	2021	2020
	£	£
Fixed Assets		
Tangible Assets	4,147	5,184
Total Fixed Assets	<u>4,147</u>	<u>5,184</u>
Current Assets		
Short Term Investments and Deposits	62,383	62,376
Debtors	1,385	1,680
Cash at bank and in hand	25,345	13,863
Total Current Assets	<u>89,113</u>	<u>77,919</u>
Short Term Creditors	<u>3,085</u>	<u>6,623</u>
Net Current Assets	<u>86,028</u>	<u>71,296</u>
Total Assets Less Current Liabilities	<u><u>90,175</u></u>	<u><u>76,480</u></u>

Represented by :-

Designated Reserve	41,250	41,250
General Funds	48,925	35,230
	<u> </u>	<u> </u>
Accumulated Funds at 31st March	<u><u>90,175</u></u>	<u><u>76,480</u></u>

Approved by the Trustees

Trustee _____

Dated _____

Trustee _____

Dated _____

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year ended 31st March 2021

Accounting Policies

a. Basis of Accounting

These accounts have been prepared in accordance with FRSSE and the Charities SORP.

b. Change in basis

There has been no change in the valuation rules and methods of accounting since last year.

c. Changes to previous accounts

There have been no changes to previous accounts

Expenditure

Independent examiners remuneration

	2020	2019
Examiners Fee	-	-

Grants to Institutions

There were no grants to institutions

Tangible Fixed assets

	Equipment	Total
Cost		
As at 1 April 2020	34,852	34,852
Additions	-	-
Disposals	-	-
As at 31 March 2021	<u>34,852</u>	<u>34,852</u>
Depreciation		
As at 1 April 2020	29,668	29,668
Charge for the year	<u>1,037</u>	<u>1,037</u>
As at 31 March 2021	<u>30,705</u>	<u>30,705</u>
Net Book Value		
As at 31 March 2021	<u>4,147</u>	<u>4,147</u>

Equipment is depreciated on the reducing balance basis at 20% per annum

The Blackdown Healthy Living and Activity Centre

Notes to the Accounts

Year Ended 31st March 2021

Creditors

(Amounts falling due within one year)

	2021	2020
	£	£
Trade Creditors	3,085	3,623
Violet Chapman Loan	3,000	3,000
Transferred to Donations	(3,000)	-
	<u>3,085</u>	<u>6,623</u>

Designated Reserve

The reserved fund represents nine months operating costs which the trustees consider to be a prudent time scale for the charity to cope with disaster recovery in the event of unforeseen circumstances and to continue to deliver its core activities.

The appropriate level of the reserve is reviewed on an annual basis.

Future Commitments

The charity has no future commitments not provided for in the accounts.

Guarantees

The charity has given no guarantees.

Secured Loans

The charity has received no loans secured on any of its assets.

Contingent Liabilities

The charity has no contingent liabilities.

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