

FRIENDS OF HERBERT THOMPSON

England & Wales - Charity number 1154690

Details

Status Registered

Legal form Other

Registered 2013-11-21

Register [View on the Charity Commission register](#)

Contact

Address Herbert Thompson Primary School
Plymouthwood Road
Cardiff
CF5 4XD

Phone 02920561115

Email FOHerbertThompson@gmail.com

Activities

Objects: TO ADVANCE THE EDUCATION OF PUPILS IN THE SCHOOL IN PARTICULAR BY:1) DEVELOPING EFFECTIVE RELATIONSHIPS BETWEEN THE STAFF PARENTS AND OTHERS ASSOCIATED WITH THE SCHOOL;2) ENGAGING IN ACTIVITIES OR PROVIDING FACILITIES OR EQUIPMENT WHICH SUPPORT THE SCHOOL AND ADVANCE THE EDUCATION OF THE PUPILS.

Activities: Fundraising for school resources, including charity events, Christmas fayres and art and craft sales.

Classification

- **How:** Acts As An Umbrella Or Resource Body
- **What:** Education/training, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Cardiff

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£33,600	£47,900	-	-
2024-08-31	£35,094	£22,426	-	-
2023-08-31	£8,925	£2,355	-	-
2022-08-31	£16,855	£20,023	-	-
2021-08-31	£8,000	£2,349	-	-

Trustees

Name	Role	Appointed
Alisha Nicole Corria		2025-12-09
Ann-Marie Gouveia		2024-06-21
Ceri Perry		2024-06-21
Dr Nici Lintern-Gittens		2025-12-09
MRS JO PAGE		2013-10-25

FRIENDS OF HERBERT THOMPSON

England & Wales - Charity number 1154690

Accounts



Friends of Herbert
Thompson:
A Trustees' Annual
Report 2024 -2025

Charity Registration Number: 1154690

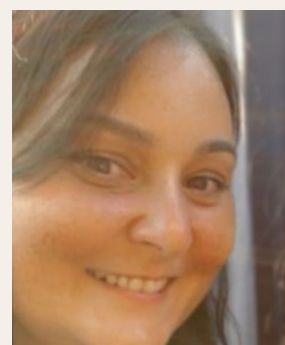
Charity Purpose

Friends of Herbert Thompson exists to advance the education of pupils at Herbert Thompson Primary School by:

1. Developing strong, effective relationships between the school, parents, carers and others associated with the school.
2. Engaging in activities or providing facilities or equipment which support the school and advance the education of the pupils.

Trustees during the reporting period:

- Chair: Mrs Sheena Marsh
- Miss Sabrina Amor
- Mrs Ann-Marie Gouveia
- Mrs Ceri Perry
- Mrs Joanne Page



Herbie's Hut



Herbie's Hut was established in 2021 and it continues to provide affordable access to food, offering over £20 worth of groceries on a "pay as you can" basis, alongside emergency food support for families in crisis. Delivery of the service was supported by regular FareShare food donations and grant funding from the Arnold Clark Foundation and Community Foundation Wales. Herbie's Hut operates as part of the wider Big Bocs Bwyd network, helping to reduce food insecurity and stigma through dignified, community-led provision.

During the year:

- 442 food shops distributed (approx. £20 value each)
- 26 emergency food parcels issued
- 13 foodbank vouchers provided
- Health Visitors accessed the shop to directly support families

These services significantly reduced food insecurity and strengthened trust and engagement with families most in need.



Family Room and Adult Learning Provision



The refurbished Family Room provides a safe, welcoming space for learning, connection and support.

Key developments included:

- Continued Empower Her sessions which is a volunteer-led group supporting women with English as an Additional Language through cooking, cultural exchange, knitting and social learning.
- Delivery of an inclusive Eid celebration, bringing together families from different cultural backgrounds.
- Introduction of a Community Lending Library to promote literacy and lifelong learning.

During the year, 89 adults completed accredited and non-accredited courses including:

- Food and Nutrition (Level 2)
- Childcare (Levels 1–3)
- Family Learning Together
- Family Cooking

These courses supported confidence, employability and progression into further education or work.



Community Repair Shop & Woodwork Shed



With funding of £10,000 from Ely and Caerau Learning Partnership and £1,996.47 from Cardiff Council's Cohesion Grant, a community repair shop was established in a repurposed shipping container from June 2025.

The project supported 206 families and delivered:

- Weekly family woodwork sessions (continuing beyond summer 2025)
- A forthcoming monthly Repair Café
- Bike maintenance training for 23 school staff from 10 Cardiff schools and 6 community members
- 63 bikes repaired, supporting sustainable travel and cost reduction
- A women-led clothing repair group repairing 8 items

Twelve volunteers supported the project, building benches and planters with embedded mental health signposting to services including Brawd, YoungMinds and Childline. A carpenter is developing community carpentry classes, supporting employment pathways and skills development.



Thompson's Treasures Boutique



Research carried out in partnership with Child Poverty Action Group (CPAG) highlighted the significant impact of school costs on families and pupils. Findings showed widespread financial stress affecting attendance, wellbeing and engagement. With the support of The National Lottery, the charity has responded by:

- Supported over 500 families through a free preloved uniform stand
- Refurbished part of the school's PESS Hut into Thompson's Treasures Boutique, a dignified, stigma-free preloved shop.

The shop provides:

- Clothing, uniforms and footwear
- Household and seasonal items
- Stationery
- Next Steps – Access to computers and a phone line in partnership with Cardiff Council's Into Work and Cardiff Adult Learning Team.



Our Pumpkin Event



The pumpkin event engaged Year 5 pupils, their families and the wider community in practical food education and sustainability. Pupils worked alongside a dietitian to explore the nutritional value of pumpkins, develop basic cooking skills and learn how to reduce food waste. Family involvement helped reinforce learning at home, with recipes and discussions continuing beyond the event. Creative activities, gardening workshops and hands-on cooking encouraged curiosity about seasonal food and sustainable lifestyles. Importantly, the project also prevented large quantities of edible pumpkins from going to waste, demonstrating how surplus food can be used positively while promoting healthy, affordable eating.



Summer Holiday Programme



A six-week inclusive summer programme supported children including young carers, pupils with ALN and EAL and families receiving Free School Meals.

Key outcomes:

- Attendance doubled from 40 to 80 pupils
- 360 families engaged in Cooking Together sessions.
- 542 families attended Family Fun Days.
- 292 food parcels distributed.
- 382 postcodes engaged.
- 94% of Herbie's Hut users came from the most deprived areas.
- Activities reduced isolation, strengthened family relationships and improved wellbeing, confidence and practical life skills. Young people gained volunteering and paid work experience.



Volunteers, Partnerships & Community Champions

Approximately 16 volunteers supported the charity during the year, playing a vital role in delivering services and strengthening community capacity. The charity worked closely with Herbert Thompson Primary School and partners across health, education and the voluntary sector to provide joined-up, trusted support for families.

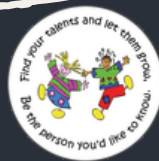
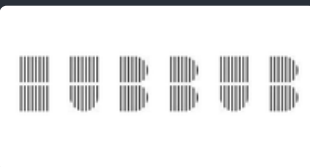
The Community Champions are an organically formed group of parents and carers who support the charity and the school. Two members also serve as trustees. The group advocates for the school, supports and leads fundraising activities and acts as a trusted link between families, the school and community services.

Community Champions help increase family engagement, support attendance and wellbeing and contribute to the co-design of inclusive activities and events. They act as positive role models, share lived experience to inform practice and help connect families to additional support. Through this model, the charity has strengthened trust, amplified parent voice and improved engagement across the school community.

Our Empower Her ladies' group continues to grow and thrive. This welcoming group of EAL women meets every Tuesday morning in the Family Room, where they support one another and build strong connections. Activities alternate weekly between cooking and crocheting and new members are always warmly welcomed. The group is inclusive, friendly and rooted in care and generosity. Members love sharing food, culture and personal stories, using cooking and creativity to celebrate their heritage and build a sense of belonging.



We'd like to thank all our funders, partners and volunteers for their *generous support*



Finances

Balance 31st August 2024 was £22,371.10

INCOME

Government grant	£1,996.47
Grants received	£29,300
Herbie's Hut income	£2,213.12
Refund	£62.98
Bank interest	£1.60
Unpaid cheque	£10,000
Total	£33,574.17

EXPENDITURE

Capital Costs	£38,960.78
Revenue costs	£5,868.06
Governance & Support cost	£160
FareShare Subscription	£2,986.25
Total	£47,975.09



Balance 31st August 2025 is £8,292.18

Two outgoing cheques are awaiting to be cashed for the sum of £322

Funding summary

Donations

£0

Grants

£31,296.47



SPECIMEN STATEMENT FOR THE FUND AUDITOR

NAME OF CHARITY: Friends of Herbert Thompson

NAME OF BANK / ACCOUNT HELD: Lloyds

ACCOUNT NUMBER: 41425668

ACCOUNT BALANCE AS AT: 31.08.25 £ 8292.18

I certify that I have inspected all the records which have been made available to me relating to income and expenditure for the period (01.09.24) to (31.08.25) and that these correspond with the entries in the financial accounts.

I also confirm that the total recorded balance of all the charities accounts, as disclosed to me and as stated in the financial records at (31.08.25), accords with the bank statements and/or other official notification of balances held.

The account discloses only income that has been counted and banked. I can also confirm that the items of income and expenditure recorded in the accounts fall within the scope of the private fund.



Signature: _____ Date 16/11/2025
: _____

Print Name: Anna James

Position /
Profession: Bookkeeper / Anna James Bookkeeping

N.B. This statement can be amended to accommodate any other records examined.

FRIENDS OF HERBERT THOMPSON

England & Wales - Charity number 1154690

Accounts



Reporting Period: 1st September 2023 – 31st August 2024
Charity Registration Number: 1154690

Charity's Purpose and Structure

The charity exists to advance the education of pupils at Herbert Thompson Primary School, specifically by:

1. Developing effective relationships between staff, parents and others associated with the school
2. Engaging in activities or providing facilities or equipment which support the school and advance the education of its pupils

Trustees

- Chair: Mrs Sheena Marsh
- Trustee: Mrs Ann-Marie Gouveia
- Trustee: Ms Ceri Perry
- Trustee: Mrs Sabrina Amor
- Trustee: Ms Joanne Page

Key Activities and Objectives

Herbie's Hut – Community Shop

Herbie's Hut offers over £20 worth of food on a "Pay as you can" basis and provides emergency food parcels. Thanks to funding, the shop operated twice weekly during school holidays.

We also hosted a monthly drop-in service with a money advisor offering critical support in housing, debt, and financial management. Our holistic approach involved collaboration with health visitors, social workers, speech and language therapists, behaviour support teams, sensory needs teams, and educational psychologists to meet the diverse needs of our families.

Cooking Together & Family Days

A six-week "Cooking Together" initiative enabled families to prepare nutritious meals and build practical cooking skills. Weekly Family Days invited parents, carers, and community members to engage in fun, skill-building activities that fostered stronger family bonds and community connections.

Summer Club Expansion

Friends of Herbert Thompson: A Trustees' Annual Report 2023 -2024

Our summer club expanded from three weeks to include every Friday during the summer break. Participation doubled from 40 to 80 pupils. Weekly Family Days enhanced community engagement and provided shared learning experiences.

Food Access & Community Support

- 140 grocery bags (worth £30 each) distributed
- 16 emergency food parcels issued
- 15 foodbank vouchers provided
- Health Visitors accessed the shop to support families in need

These efforts significantly reduced food insecurity and strengthened community ties.

Family Room Refurbishment

The Family Room was fully refurbished and now serves as a safe, welcoming space. We launched EmpowerHer, a community group supporting English learners through cultural exchange, cooking, and a new knitting course.

Over 60 adults completed accredited courses in:

- Food and Nutrition (Level 2)
- Childcare (Levels 1–3)
- Family Cooking
- Family Learning Together

We also introduced a community lending library to promote literacy and lifelong learning.

Achievements and Public Benefit

Our initiatives have:

- Strengthened family and community bonds
- Reduced food insecurity
- Supported adult education and aspiration
- Provided vital financial and emotional support
- Created inclusive spaces for learning and connection

The high level of participation and feedback from families reflects the deep impact of our work.

Financial Review

- National Lottery funding supported the Family Room refurbishment
- Community Foundation Wales funding enabled the extension of the summer club and continued operation of Herbie's Hut during the summer break

Friends of Herbert Thompson: A Trustees' Annual Report 2023 -2024

All funds were used to directly benefit pupils, families and the wider community.

Future Plans

We aim to refurbish the remaining section of the school's PESS Hut and convert it into a Preloved Shop offering:

- Essential clothing and school uniforms
- Stationery and household items
- Access to computers and a phone line

This initiative will support families in reducing poverty, accessing employment, and improving quality of life.

Charity Commission Annual Return 2023

FRIENDS OF HERBERT THOMPSON

Charity registration number: 1154690

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2023.

Financial period

Financial period start date

01/09/2022

Financial period end date

31/08/2023

Income and spending

Income £

£8,925

Spending £

£2,355

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or**
- we are legally obliged to disclose them; or**
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.**

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and**
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest**

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;**
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;**
- (c) data analysis, testing, research, statistical and survey purposes**

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

Your role at the charity (select one):

Advisor

Given names

SHEENA

Family name

MARSH

Telephone
number

02920561115

Email

sheena.marsh@cardiff.gov.uk

Date submitted

28/06/2024

It is a criminal offence under section 60 of the Charities Act 2011 for anyone to knowingly or recklessly provide false or misleading information to the commission; this includes suppressing, concealing or destroying documents.

SPECIMEN STATEMENT FOR THE FUND AUDITOR

NAME OF CHARITY: Friends of Herbert Thompson

NAME OF BANK / ACCOUNT HELD: Lloyds

ACCOUNT NUMBER: 41425668

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Signature: _____ Date: 07/08/2025

Print Name: Anna James

Position / Profession: Bookkeeper / Anna James Bookkeeping

N.B. This statement can be amended to accommodate any other records examined.

