

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

England & Wales · Charity number 1154661

Details

Other names	SUNSHINE & SMILES
Status	Registered
Legal form	CIO
Registered	2013-11-20
Register	View on the Charity Commission register

Contact

Address Sunshine and Smiles Leeds DSN
3 Drummond Road
Far Headingley
Leeds
LS16 5LB

Phone 07442332678

Email hello@sunshineandsmiles.org.uk

Website www.sunshineandsmiles.org.uk

Activities

Objects: 1. THE RELIEF OF CHILDREN AND YOUNG PEOPLE WITH DOWN SYNDROME AND THEIR FAMILIES IN PARTICULAR BY PROVIDING ADVOCACY, ADVICE AND SUPPORT 2. THE PROMOTION OF SOCIAL INCLUSION AMONG CHILDREN WITH DOWN SYNDROME AND THEIR FAMILIES WHO ARE SOCIALLY EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF HAVING DOWN SYNDROME BY: A) PROVIDING EDUCATION AND INFORMATION TO SUPPORT CHILDREN AND ENABLE THEIR PARENTS/CARERS TO MAXIMISE EDUCATIONAL OPPORTUNITIES FOR THEIR CHILDREN; B) RAISING PUBLIC AWARENESS OF THE ISSUES AFFECTING PEOPLE WITH DOWN SYNDROME, BOTH GENERALLY AND IN RELATION TO THEIR SOCIAL EXCLUSION; C) PROVIDING WORKSHOPS, ADVOCACY AND GENERAL SUPPORT; D) PROVIDING RECREATIONAL FACILITIES AND OPPORTUNITIES FOR CHILDREN WITH DOWN SYNDROME AND PROMOTING THEIR WIDER PARTICIPATION IN SUCH ACTIVITIES IN SOCIETY 3. THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME OCCUPATION IN THE INTEREST OF SOCIAL WELFARE WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF PEOPLE WITH DOWN'S SYNDROME, THEIR FAMILIES AND CARERS. THESE OBJECTS SHALL BE PRIMARILY UNDERTAKEN IN THE METROPOLITAN DISTRICT OF LEEDS AND THE SURROUNDING AREA.

Activities: We aim to improve the lives and opportunities of children and young people with Down Syndrome in Leeds by offering regular groups and activities, individual support and advocacy for families, raising awareness and challenging preconceptions in the wider community. We run 15 sessions per month including Speech and Language groups, family activities and age related groups. Over 70 families attend.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, People With Disabilities

Geography

- Bradford City
- City Of Wakefield
- Kirklees
- Leeds City

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£312,382	£256,997	-	-
2023-11-30	£209,627	£211,834	-	-
2022-11-30	£175,246	£192,341	-	-
2021-11-30	£89,105	£91,752	-	-
2020-11-30	£114,691	£81,098	-	-

Trustees

Name	Role	Appointed
Marc Davies	Chair	2015-04-29
Emily VUIJK		2023-05-10
Jonathan Astin		2015-04-29

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

England & Wales - Charity number 1154661

Accounts

Sunshine and Smiles - Leeds Down Syndrome Network

Charity number 1154661

Annual Report and Financial Statements for the year ended 30 November 2024



Sunshine and Smiles - Leeds Down Syndrome Network

Annual Report and Financial Statements for the year ended 30 November 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report for the year ended 30 November 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Marc Davies	Chair	
Jonathan Astin		
Emma Henson		Resigned 11 September 2024
Jane Sinson		Resigned 25 June 2024
Emily Vuijk		

Charity number	1154661	Registered in England and Wales
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Registered and principal address

3 Drummond Road
Far Headingley
Leeds LS16 5LB

Bankers

The Co-operative Bank, po Box 101, 1 Balloon Street, Manchester M60 4EP
Virgin Money, 20 Merrion Way, Leeds LS3 8NZ
NS&I, Sunderland SR43 2SB
Shawbrook Bank, Lutea House, Warley Hill Business Park, Brentford, Essex CM13 3BE
Skipton Building Society, The Bailey, Skipton BD23 1DN
Hampshire Trust Bank, 80 Fenchurch Street, London EC3M 4BY
Dudley Building Society, 7 Harbour Buildings, The Waterfront, Brierley Hill DY5 1LN

Independent examiner

Rhys North ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 20 November 2013 and amended 23 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2024

Objectives and activities

The charity's objects

1. The relief of children and young people with Down Syndrome and their families in particular by providing advocacy, advice and support.
2. The promotion of social inclusion among children with Down Syndrome and their families who are socially excluded from society, or parts of society, as a result of having Down Syndrome by:
 - a) providing education and information to support children and enable their parents / carers to maximise educational opportunities for their children;
 - b) raising public awareness of the issues affecting people with Down Syndrome, both generally and in relation to their social exclusion;
 - c) providing workshops, advocacy and general support;
 - d) providing recreational facilities and opportunities for children with Down Syndrome and promoting their wider participation in such activities in society
3. The provision of facilities for recreation and other leisure time occupation in the interest of social welfare with the object of improving the conditions of life of people with Down Syndrome, their families and carers.

These objects shall be primarily undertaken in the Metropolitan District of Leeds and the surrounding area.

The charity's main activities

Sunshine and Smiles is a support network for children and young people who have Down Syndrome, and their families, in Leeds and the surrounding areas.

We aim to improve the lives and opportunities for children and young people with Down Syndrome.

We offer speech and language therapy, regular groups and activities, individual support and advocacy for families, as well as raising awareness and challenging preconceptions in the wider community.

We are able to achieve this by establishing links with hospitals, health and education professionals and connecting with other related charities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and we feel that our services and the objects of our organisation are beneficial in the following respects:

Reducing social isolation by providing a network of support and friendship for children and young people who have Down Syndrome, and their families

Strengthening families by offering advice and support at times of stress and difficulty

Improving outcomes for children and young people with Down Syndrome by offering therapeutic support such as speech and language therapy, physiotherapy and early development support

Promoting community and social cohesion by facilitating activities and services that bring children and young people with Down Syndrome, and their families, together

Improving other services and raise awareness of issues relating to Down Syndrome by advocating on behalf of children and young people with Down Syndrome and their families

Promoting inclusion and accessibility by endeavouring to provide all of our activities and services free of charge to children and young people with Down Syndrome and their families

Increasing sensitivity and awareness to 'difference', to augment the spectrum of what is perceived as 'normal' and broaden horizons of all

Maximising the potential of people with Down Syndrome to ensure they can best participate in, and contribute, including economically, to the wider society

Maximising the potential and development of people with Down Syndrome so as to encourage their inclusion into the wider society, to minimise their dependence on their families of origin and wider society

In these ways the charity promotes equality and social inclusion for people with disabilities.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2024

Achievements and performance

Over the past year we have run regular group activities as follows:

Weekly Mondays from 10.30am – 12pm – 0 – 3 year olds group.

Fortnightly Saturdays – 2 x creative sessions for children aged 2 – 18 years.

Fortnightly Saturdays – 2 x music classes for children aged 2 – 18 years.

Fortnightly Thursdays – evening group for young people aged 9 years and over.

Monthly Mondays, Saturdays or Sundays – 15 x speech and language sessions plus Makaton Baby Sign groups.

Fortnightly Wednesdays – cricket sessions for young people aged 12 - 25

Fortnightly Saturdays – Family Swim Sessions with taught lessons for 16 children - when possible.

Fortnightly Sundays – Football Sessions for children aged 4 – 16 years

Weekly online yoga sessions for young people aged 16+

Fortnightly Siblings group for siblings of people with Down syndrome – for siblings aged 8 – 16 years.

The groups offer children opportunities to make new friends and socialise and at the family sessions siblings also get the chance to socialise and make friends. Parents and carers also have the opportunity to meet each other and share experiences and make supportive friendships.

There are a variety of activities for the children: musical instruments, paints, soft play, water play, tactile play, early developmental activities and support, singing and Makaton signing, movement and imagination play plus our speech and language therapy sessions. Parents are able to gain support and advice from other parents. We provide healthy snacks and drinks for the children and parent.

We held our annual celebration late 2024 – this was a wonderful celebration with over 300 people in attendance.

We have a private Facebook group and a public page where people can share experiences and ask advice from other parents and carers. We also have links with the Child Development Centres and are often asked to meet with, or be available to, new parents who have a baby with Down Syndrome or parents who have had a diagnosis in pregnancy.

We have worked alongside the neo-natal and pre-natal teams at Leeds Teaching Hospitals trust to start to develop a support pathway and we have developed an information pack for new families who are expecting or who have a baby with Down Syndrome.

Over 180 children and young people with Down syndrome, 60 siblings and their wider families, have accessed group sessions and activities, over 40 children and young people have had the opportunity to access monthly Speech and Language sessions.

We have arranged parent information sessions and social opportunities for families to come together.

We have delivered raising awareness workshops to student midwives, medical students, childminders, nurseries, schools and health professionals.

We are part of a number of networks that enable us to raise the profile of people with Down Syndrome and also advocate for better services and support: Short Breaks Partnership, Down Syndrome Network North, Down Syndrome Parent Support Groups UK, Leeds Early Years Special Educational Needs and Disability Steering Group, Young Live Leeds and Voluntary Action Leeds.

We have offered individual support to families including home visits, hospital visits, support with completing forms and referrals or signposting for other support.

We have set up a weekly session from 9.30am – 2.30pm where families can book individual support sessions with one of our staff team.

We have also developed age specific WhatsApp groups to promote peer support and sharing of advice and information.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2024

Achievements and performance (continued)

We send out a weekly newsletter.

Our consultation process was completed and we have been working on the outcomes from this concerning financial resilience, improved service pathway and improved organisational structure.

We have been running our 21 Co. shop & café since January 2019. We offer work and training to adults who have Down syndrome. We have 10 adults working with us currently.

Members of the group, friends and family continue to support us by doing their own incredible fundraising challenges, by making generous donations and by making us wonderful things to sell at our fundraising events.

We have continued to fundraise to ensure that the organisation is sustainable in the long term.

Financial review

The net income for the year was £55,385, including net income of £19,746 on unrestricted funds and net income of £35,639 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £174,176.

Sunshine & Smiles – Leeds Down Syndrome Network needs reserves to:

- Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases;

- To meet unexpected costs like the breakdown of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest;

- To replace equipment as it wears out;

- Ensure that the charity can continue to provide stable and quality services to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis; and

- From time to time funding has certain restrictions which mean that by law it must be held in a restricted reserves until it is spent in line with the funding agreement.

Sunshine & Smiles plans its fund raising in advance having a 12 month view of the organisation's cash flow.

Sunshine & Smiles aims to have reserves in the region of 9 months running costs kept in reserve. Based on actual expenditure for the year ending 30 November 2024 this would equate to a reserves target of £192,700.

Approved by the board of trustees on 25/9/2025

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Independent examiner's report to the trustees of Sunshine and Smiles - Leeds Down Syndrome Network

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 30 November 2024, which are set out on pages 7 to 14.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the CIO's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rhys North ACA

26/9/2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sunshine and Smiles - Leeds Down Syndrome Network
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 30 November 2024

	Notes	2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Income from:					
Grants and donations	(2)	123,104	67,492	190,596	106,319
Fundraising activities		23,154	3,613	26,767	17,921
Café and shop sales		86,267	-	86,267	83,471
Other income		1,355	-	1,355	984
Bank interest		7,397	-	7,397	2,625
Total income		241,277	71,105	312,382	211,320
Expenditure on:					
Salaries, NI, pensions and payroll charges	(3)	126,703	10,334	137,037	106,220
Freelance staff		6,700	-	6,700	6,249
Group resources		738	297	1,035	633
Trips and activities		5,526	12,990	18,516	21,849
Group refreshments		145	362	507	373
Administration		983	-	983	2,077
Telephone and internet		2,635	-	2,635	2,141
Rent		2,612	3,534	6,146	3,543
Group equipment		197	341	538	738
Publicity		218	-	218	518
Transport		1,563	1,626	3,189	5,054
Fundraising resources		4,981	-	4,981	3,454
Travel expenses		12	-	12	185
Training costs		1,210	367	1,577	272
Speech and language sessions		8,164	1,690	9,854	12,346
Insurance		1,260	-	1,260	1,184
Subscriptions and licences		2,942	410	3,352	2,767
Independent examination		2,520	-	2,520	1,560
Café 21:					
Café 21 consumables		19,814	687	20,501	19,245
Café 21 premises		8,599	1,000	9,599	6,722
Café 21 equipment		2,605	1,684	4,289	2,960
Other expenses		2,766	-	2,766	931
Counselling therapies		2,310	-	2,310	-
Makers fees		13,175	-	13,175	13,764
HR / Health and Safety		1,506	-	1,506	1,643
Professional fees		1,647	144	1,791	466
Total expenditure		221,531	35,466	256,997	216,894
Net income / (expenditure)		19,746	35,639	55,385	(5,574)
Fund balances brought forward		154,430	68,812	223,242	228,816
Fund balances carried forward	(4)	174,176	104,451	278,627	223,242

All incoming resources and resources expended derive from continuing activities.

Sunshine and Smiles - Leeds Down Syndrome Network

Balance sheet

as at 30 November 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Debtors and prepayments	(6) 3,283	-	3,283	2,236
Cash at bank and in hand	(7) 179,706	105,203	284,909	227,668
Total current assets	<u>182,989</u>	<u>105,203</u>	<u>288,192</u>	<u>229,904</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(8) 8,813	752	9,565	6,662
Total current liabilities	<u>8,813</u>	<u>752</u>	<u>9,565</u>	<u>6,662</u>
Net current assets / (liabilities)	<u>174,176</u>	<u>104,451</u>	<u>278,627</u>	<u>223,242</u>
Net assets	<u>174,176</u>	<u>104,451</u>	<u>278,627</u>	<u>223,242</u>
Funds				
Unrestricted funds	174,176	-	174,176	154,430
Restricted funds	-	104,451	104,451	68,812
Total funds	<u>174,176</u>	<u>104,451</u>	<u>278,627</u>	<u>223,242</u>

The financial statements were approved by the board of trustees on 25/9/2025

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts

for the year ended 30 November 2024

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

The 2023 accounts have been restated as previously they were prepared on a receipts and payments basis. Unrestricted funds have reduced by £4,426 due to the recognition of £2,236 debtors and £6,662 creditors at 30 November 2023. No other changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Office equipment: over 4 years

Café equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2024

2 Grants and donations	2024	2024	2024	2023
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Barclays Community Fund	-	1,000	1,000	500
Bob Ward	1,000	-	1,000	-
Barbara Ward Children's Foundation	-	1,690	1,690	-
Co-Op Community Fund	2,122	1,230	3,352	-
Forum Central	-	1,150	1,150	1,000
Given Gain	8,786	-	8,786	-
Joan Thompson Lambert Charitable Trust	20,000	-	20,000	-
Leeds City Council	-	7,669	7,669	7,669
Leeds Community Foundation	3,202	2,150	5,352	20,000
Leeds Knights Supporters Club	1,355	-	1,355	-
Mencap Positive Changes Group	-	2,500	2,500	-
National Lottery Community Fund	-	20,000	20,000	-
Oakland Group	1,542	-	1,542	-
Park Lane Foundation	1,000	-	1,000	500
Pavers Charitable Foundation	1,000	-	1,000	-
Postcode Lottery	-	25,000	25,000	-
Preston's Nimogen	6,000	-	6,000	-
Rouse Homes Charity	10,000	-	10,000	-
Sir George Martin Trust	-	3,000	3,000	-
The George A Moore Foundation	1,500	-	1,500	-
The Nagle Family Foundation	-	1,000	1,000	-
The Pierrepont Trust	10,000	-	10,000	-
Yorkshire Property Charitable Trust	4,000	-	4,000	-
Barnard Kenneth Hufton Trust	-	-	-	1,000
Bupa Foundation	-	-	-	1,654
David Lister Charitable Trust	-	-	-	1,000
EG Foundation	-	-	-	1,000
Engage Interactive	-	-	-	3,007
FB Coales No 4 (Family) Trust	-	-	-	1,000
The Alchemy Foundation	-	-	-	1,000
The Blevins Franks Charitable Fund	-	-	-	1,540
The Cotton Industry War Memorial Trust	-	-	-	2,500
The Gosling Foundation	-	-	-	5,000
The Irving Memorial Trust	-	-	-	2,000
The Liz and Terry Bramall Foundation	-	-	-	2,500
The Matthew Hill Sustainability Fund	-	-	-	1,000
The Theodore Maxxy Charitable Trust	-	-	-	2,000
The Vickers Staff Charitable Fund	-	-	-	2,500
The Wharfedale Foundation	-	-	-	2,500
Virgin Media O2	-	-	-	1,000
Webb Family Charitable Trust	-	-	-	2,500
Other grants and donations	51,597	1,103	52,700	41,949
Subtotal continued overleaf	<u>123,104</u>	<u>67,492</u>	<u>190,596</u>	<u>106,319</u>

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2024

3 Staff costs and numbers	2024	2023
	£	£
Gross salaries	133,177	102,724
Social security costs	3,453	2,224
Employment allowance	(4,246)	(2,224)
Pensions	1,120	613
Payroll charges	3,533	2,883
	<u>137,037</u>	<u>106,220</u>

The average number of employees during the year was 24.1, being an average of 6 full time equivalent (: 21.8, 5.7 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2024	2023
	£	£
Costs of the scheme to the charity for the year	1,120	613

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Pop Up Coffee Machine	250	-	-	-	250
EG Foundation	387	-	387	-	-
Co-op Community Fund	-	1,230	-	-	1,230
Headingley Neighbourhood Watch	500	4,113	1,060	-	3,553
Anne Maguire Fund	7,787	2,150	1,378	-	8,559
BUPA Charity Fund	1,654	-	1,304	-	350
Blevins Frank	1,296	-	300	-	996
Crowdfunder - Sports Sessions	5,469	-	-	-	5,469
Crowdfunder - Staffing	5,004	-	5,004	-	-
Football Sessions	1,477	1,250	1,885	-	842
Hollybush Café Project	-	30,500	-	-	30,500
Volition - Household Support Fund	1,000	1,150	2,150	-	-
Matthew Hill Sustainability Fund	1,000	-	1,000	-	-
National Lottery Community Fund	-	20,000	3,841	-	16,159
Leeds City Council	11,456	7,669	3,581	-	15,544
Sibling Participation Groups	996	-	185	-	811
HAWSAT CIO	-	353	-	-	353
Swimming Sessions	9,834	-	8,798	-	1,036
The Bellasis Trust	540	-	52	-	488
The Nagle Family Foundation	-	1,000	626	-	374
The Sunshine Hub	15,663	-	-	-	15,663
Webb Family Charitable Trust	2,125	-	2,125	-	-
Wharfedale Foundation	2,374	-	100	-	2,274
Barbara Ward Children's Foundation	-	1,690	1,690	-	-
	<u>68,812</u>	<u>71,105</u>	<u>35,466</u>	<u>-</u>	<u>104,451</u>

For fund descriptions see next page.

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts continued

for the year ended 30 November 2024

4 Restricted funds continued

Fund name	Purpose of restriction
Pop Up Coffee Machine	To enable the purchase of a pop up coffee machine.
EG Foundation	To provide stock for Company 21.
Co-Op Community Fund	To contribute towards café and shop running costs.
Headingley Neighbourhood Watch	To provide karaoke equipment and stock for Company 21.
Anne Maguire Fund	To enable the delivery of accessible and inclusive music sessions.
BUPA Charity Fund	To provide Company 21 with equipment including signage, display cabinet and freezer.
Blevins Frank	To support makaton sessions and supporting resources.
Crowdfunder - Sports Sessions	To enable the provision of sports session activities.
Crowdfunder - Staffing	To contribute towards the salary costs of the charity's employees.
Football Sessions	Funding from Barclays Community Fund and Jewsons Limited to enable the development and delivery of football sessions.
Hollybush Café Project	Grant funding to help towards costs of setting up a new café at TCV Hollybush.
Volition - Household Support Fund	To provide household support for families.
Matthew Hill Sustainability Fund	To help improve lighting in Company 21.
National Lottery Community Fund	To help towards of rent, staff and staff training.
Leeds City Council	To provide recreational groups and activities.
Sibling Participation Groups	To support the project delivery costs of sibling participation groups.
HAWSAT CIO	To support the provision of sports sessions.
Swimming Sessions	To support the costs of running swimming sessions.
The Bellasis Trust	To support the provision of toys and books.
The Nagle Family Foundation	To support general charitable purposes
The Sunshine Hub	Funding provided for refurbishment and renovation works to the charity's premises including Stainbeck Community Hall.
Webb Family Charitable Trust	To help towards rent costs.
Wharfedale Foundation	To help towards employment development at Company 21.
Barbara Ward Children's Foundation	To provide support towards speech and language therapy costs.

5 Tangible assets

	Café equipment	Total
<u>Cost</u>	£	£
At 1 December 2023	4,200	4,200
Additions	-	-
At 30 November 2024	<u>4,200</u>	<u>4,200</u>
<u>Depreciation</u>		
At 1 December 2023	4,200	4,200
Charge for year	-	-
At 30 November 2024	<u>4,200</u>	<u>4,200</u>
<u>Net book value</u>		
At 30 November 2024	<u>-</u>	<u>-</u>
At 30 November 2023	<u>-</u>	<u>-</u>

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2024

6 Debtors and prepayments	2024	2023
	£	£
Debtors	286	20
Accrued income	1,307	1,868
Other debtors	1,690	348
	<u>3,283</u>	<u>2,236</u>

7 Cash at bank and in hand	2024	2023
	£	£
Cash at bank	284,909	227,448
Cash in hand	-	220
	<u>284,909</u>	<u>227,668</u>

8 Creditors and accruals	2024	2023
	£	£
Creditors	5,556	4,459
Accruals	2,520	1,560
Other creditors	1,489	643
	<u>9,565</u>	<u>6,662</u>

9 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £29,380 (previous year: £27,766).

Sunshine and Smiles - Leeds Down Syndrome Network
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 30 November 2024

	2024	2023	2024	2023	2024	2023
	Unrestricted	Unrestricted	Restricted	Restricted	Total	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
Income						
Grants and donations	123,104	75,166	67,492	31,153	190,596	106,319
Fundraising activities	23,154	13,875	3,613	4,046	26,767	17,921
Café and shop sales	86,267	83,471	-	-	86,267	83,471
Other income	1,355	984	-	-	1,355	984
Bank interest	7,397	2,625	-	-	7,397	2,625
Total income	241,277	176,121	71,105	35,199	312,382	211,320
Expenditure						
Salaries, NI, pensions and payroll	126,703	105,394	10,334	826	137,037	106,220
Freelance staff	6,700	6,249	-	-	6,700	6,249
Group resources	738	393	297	240	1,035	633
Trips and activities	5,526	12,482	12,990	9,367	18,516	21,849
Group refreshments	145	370	362	3	507	373
Administration	983	2,077	-	-	983	2,077
Telephone and internet	2,635	2,141	-	-	2,635	2,141
Rent	2,612	3,168	3,534	375	6,146	3,543
Group equipment	197	228	341	510	538	738
Publicity	218	518	-	-	218	518
Transport	1,563	5,054	1,626	-	3,189	5,054
Fundraising resources	4,981	3,454	-	-	4,981	3,454
Travel expenses	12	185	-	-	12	185
Training costs	1,210	272	367	-	1,577	272
Speech and language sessions	8,164	12,346	1,690	-	9,854	12,346
Insurance	1,260	1,184	-	-	1,260	1,184
Subscriptions and licences	2,942	2,704	410	63	3,352	2,767
Independent examination	2,520	1,560	-	-	2,520	1,560
Café 21:						
Café 21 consumables	19,814	18,632	687	613	20,501	19,245
Café 21 premises	8,599	6,722	1,000	-	9,599	6,722
Café 21 equipment	2,605	2,960	1,684	-	4,289	2,960
Other expenses	2,766	931	-	-	2,766	931
Counselling therapies	2,310	-	-	-	2,310	-
Makers fees	13,175	13,764	-	-	13,175	13,764
HR / Health and Safety	1,506	1,643	-	-	1,506	1,643
Professional fees	1,647	466	144	-	1,791	466
Total expenditure	221,531	204,897	35,466	11,997	256,997	216,894
Net income / (expenditure)	19,746	(28,776)	35,639	23,202	55,385	(5,574)
Fund balances brought forward	154,430	183,206	68,812	45,610	223,242	228,816
Fund balances carried forward	174,176	154,430	104,451	68,812	278,627	223,242

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

England & Wales - Charity number 1154661

Accounts

Sunshine and Smiles - Leeds Down Syndrome Network

Charity number 1154661

Annual Report and Financial Statements for the year ended 30 November 2023



WYCAS

COMMUNITY ACCOUNTING
WEST YORKSHIRE

Sunshine and Smiles - Leeds Down Syndrome Network

Annual Report and Financial Statements for the year ended 30 November 2023

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Prepared by West Yorkshire Community Accountancy Service CIO

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report for the year ended 30 November 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Marc Davies	Chair	
Jonathan Astin		
Emma Henson		
Jane Sinson		Appointed 10 May 2023
Emily Vuijk		Appointed 10 May 2023
Charity number	1154661	Registered in England and Wales

Registered and principal address

3 Drummond Road
Far Headingley
Leeds LS16 5LB

Bankers

The Co-operative Bank PO Box 101 1 Balloon Street Manchester M60 4EP	Skipton Building Society The Bailey Skipton BD23 1DN	Virgin Money 20 Merrion Way Leeds LS2 8NZ
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Shawbrook bank Lutea House Warley Hill Business Park The Drive, Great Warley, Brentford, Essex. CM13 3BE	NS&I Sunderland SR43 2SB
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Independent examiner

Rhys North ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 20 November 2013 and amended 23 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2023

Objectives and activities

The charity's objects

1. The relief of children and young people with Down Syndrome and their families in particular by providing advocacy, advice and support.
2. The promotion of social inclusion among children with Down Syndrome and their families who are socially excluded from society, or parts of society, as a result of having Down Syndrome by:
 - a) providing education and information to support children and enable their parents / carers to maximise educational opportunities for their children;
 - b) raising public awareness of the issues affecting people with Down Syndrome, both generally and in relation to their social exclusion;
 - c) providing workshops, advocacy and general support;
 - d) providing recreational facilities and opportunities for children with Down Syndrome and promoting their wider participation in such activities in society
3. The provision of facilities for recreation and other leisure time occupation in the interest of social welfare with the object of improving the conditions of life of people with Down Syndrome, their families and carers.

These objects shall be primarily undertaken in the Metropolitan District of Leeds and the surrounding area.

The charity's main activities

Sunshine and Smiles is a support network for children and young people who have Down Syndrome, and their families, in Leeds and the surrounding areas.

We aim to improve the lives and opportunities for children and young people with Down Syndrome.

We offer speech and language therapy, regular groups and activities, individual support and advocacy for families, as well as raising awareness and challenging preconceptions in the wider community.

We are able to achieve this by establishing links with hospitals, health and education professionals and connecting with other related charities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and we feel that our services and the objects of our organisation are beneficial in the following respects:

reducing social isolation by providing a network of support and friendship for children and young people who have Down Syndrome, and their families

strengthening families by offering advice and support at times of stress and difficulty

improving outcomes for children and young people with Down Syndrome by offering therapeutic support such as speech and language therapy, physiotherapy and early development support

promoting community and social cohesion by facilitating activities and services that bring children and young people with Down Syndrome, and their families, together

improving other services and raise awareness of issues relating to Down Syndrome by advocating on behalf of children and young people with Down Syndrome and their families

promoting inclusion and accessibility by endeavouring to provide all of our activities and services free of charge to children and young people with Down Syndrome and their families

increasing sensitivity and awareness to 'difference', to augment the spectrum of what is perceived as 'normal' and broaden horizons of all

maximising the potential of people with Down Syndrome to ensure they can best participate in, and contribute, including economically, to the wider society

maximising the potential and development of people with Down Syndrome so as to encourage their inclusion into the wider society, to minimise their dependence on their families of origin and wider society

In these ways the charity promotes equality and social inclusion for people with disabilities.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2023

Achievements and performance

Over the past year we have run regular group activities as follows:

Weekly Mondays from 10.30am to 12pm for a 0–3 year olds group.

Fortnightly Saturdays – 2 x dance classes for children aged 2–18 years.

Fortnightly Saturdays – 2 x music classes for children aged 2–18 years.

Fortnightly Thursdays – evening group for young people aged 9 years and over.

Monthly Mondays, Saturdays or Sundays – 15 x speech and language sessions plus Makaton Baby Sign groups.

Fortnightly Wednesdays – cricket sessions for young people aged 12-25

Fortnightly Saturdays – Family Swim Sessions with taught lessons for 16 children - when possible.

Fortnightly Sundays – Football Sessions for children aged 4–16 years

Weekly online yoga sessions for young people aged 16+

The groups offer children opportunities to make new friends and socialise and at the family sessions siblings also get the chance to socialise and make friends. Parents and carers also have the opportunity to meet each other and share experiences and make supportive friendships.

There are a variety of activities for the children: musical instruments, paints, soft play, water play, tactile play, early developmental activities and support, singing and Makaton signing, movement and imagination play plus our speech and language therapy sessions. Parents are able to gain support and advice from other parents. We provide healthy snacks and drinks for the children and their parent(s).

We held our 10th birthday party in November 2023 – this was a wonderful celebration with over 300 people in attendance.

We have a private Facebook group and a public page where people can share experiences and ask advice from other parents and carers. We also have links with the Child Development Centres and are often asked to meet with, or be available to, new parents who have a baby with Down Syndrome or parents who have had a diagnosis in pregnancy.

We have worked alongside the neo-natal and pre-natal teams at Leeds Teaching Hospitals Trust to start to develop a support pathway and we have developed an information pack for new families who are expecting or who have a baby with Down Syndrome.

Over 140 children and young people with Down Syndrome, 50 siblings and their wider families, have accessed group sessions and activities and over 40 children and young people have had the opportunity to access monthly Speech and Language sessions.

We have arranged parent information sessions and social opportunities for families to come together.

We have delivered raising awareness workshops to student midwives, medical students, childminders, nurseries, schools and health professionals.

We are part of a number of networks that enable us to raise the profile of people with Down Syndrome and also advocate for better services and support; Short Breaks Partnership, Down Syndrome Network North, Down Syndrome Parent Support Groups UK, Leeds Early Years Special Educational Needs and Disability Steering group, Young Live Leeds and Voluntary Action Leeds.

We have offered individual support to families including home visits, hospital visits, support with completing forms and referrals or signposting for other support.

We have set up a weekly session from 9.30am – 2.30pm where families can book individual support sessions with one of our staff team.

We have also developed age specific WhatsApp groups to promote peer support and sharing of advice and information.

We send out a weekly newsletter.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2023

Achievements and performance (continued)

Our consultation process was completed and we have been working on the outcomes from this concerning: financial resilience, improved service pathway and improved organisational structure.

We have been running our 21 Co. shop and café since January 2019 and we have been open again after Covid since August 2021. We offer work and training to adults who have Down Syndrome. We have 10 adults working with us currently.

Members of the group, friends and family continue to support us by doing their own incredible fundraising challenges, by making generous donations and by making us wonderful things to sell at our fundraising events.

We have continued to fundraise to ensure that the organisation is sustainable in the long term.

Financial review

The net payments for the year were £2,207, including net payments of £25,409 on unrestricted funds and net receipts of £23,202 on restricted funds.

Reserves policy

The charity's free reserves, at the year end were £158,856.

Sunshine & Smiles – Leeds Down Syndrome Network needs reserves to:

- Meet contractual liabilities should the organisation have to close. This includes redundancy pay, amounts due to creditors and commitments under leases;

- To meet unexpected costs like the breakdown of essential office machinery, staff cover re illness, maternity leave, parental leave, and legal costs defending the charities interest;

- To replace equipment as it wears out;

- Ensure that the charity can continue to provide stable and quality services to those who need them. Within this context to minimise recruitment, staff training, staff induction and marketing costs by avoiding the need for redundancies caused by financial crisis; and

- From time to time funding has certain restrictions which mean that by law it must be held in a restricted reserves until it is spent in line with the funding agreement.

Sunshine & Smiles aims to have reserves equivalent to 9 months of running costs. Based on expenditure for the year ending 30 November 2023 the target level of reserves is £159,000.

Approved by the board of trustees on 9/08/2024

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Independent examiner's report to the trustees of Sunshine and Smiles - Leeds Down Syndrome Network

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 30 November 2023, which are set out on pages 7 to 12.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rhys North ACA

27/08/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sunshine and Smiles - Leeds Down Syndrome Network
Receipts and payments account
for the year ended 30 November 2023

	Notes	2023	2023	2023	2022
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Grants and donations	(2)	74,818	31,153	105,971	99,730
Fundraising activities		13,875	4,046	17,921	19,749
Café and shop sales		83,451	-	83,451	55,049
Other income		1,527	-	1,527	100
Bank interest		757	-	757	618
Total receipts		174,428	35,199	209,627	175,246
Payments					
Salaries, NI, pensions and payroll charges		105,394	826	106,220	75,506
Freelance staff		5,793	-	5,793	22,873
Group resources		393	240	633	1,542
Trips and activities		10,848	9,367	20,215	20,835
Group refreshments		370	3	373	38
Administration		2,077	-	2,077	862
Telephone and internet		2,141	-	2,141	628
Rent		2,632	375	3,007	1,418
Group equipment		228	510	738	496
Publicity		518	-	518	608
Transport		3,970	-	3,970	3,918
Fundraising resources		3,454	-	3,454	3,394
Travel expenses		185	-	185	17
Training costs		272	-	272	551
Speech and language sessions		11,596	-	11,596	16,782
Insurance		1,184	-	1,184	1,137
Subscriptions and licences		2,704	63	2,767	2,157
Independent examination		960	-	960	780
Café 21:					
Café 21 consumables		18,632	613	19,245	7,538
Café 21 premises		6,722	-	6,722	8,052
Café 21 equipment		2,960	-	2,960	2,078
Other expenses		931	-	931	117
Counselling therapies		-	-	-	325
Makers fees		13,764	-	13,764	12,074
HR / Health and Safety		1,643	-	1,643	2,015
Professional fees		466	-	466	6,600
Total payments		199,837	11,997	211,834	192,341
Net receipts / (payments)		(25,409)	23,202	(2,207)	(17,095)
Fund balances brought forward		184,265	45,610	229,875	246,970
Fund balances carried forward	(3)	158,856	68,812	227,668	229,875

Sunshine and Smiles - Leeds Down Syndrome Network
Statement of assets and liabilities
as at 30 November 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	158,636	68,812	227,448	229,755
Cash in hand	220	-	220	120
Total cash funds	<u>158,856</u>	<u>68,812</u>	<u>227,668</u>	<u>229,875</u>

Debtors and prepayments

	2023
	£
Accrued income - bank interest	1,868
Other debtors - gift aid	348
	<u>2,216</u>

Assets retained for the charity's own use

- 4 laptops
- 2 Printer / scanner / photocopier machines
- Office furniture
- Toys and resources
- Coffee machine
- Display units and counter furniture
- Display fridge
- Fridge / freezer
- Freezer
- Tables and chairs
- 2 iPads
- Android tablet

Liabilities

	2023
	£
Creditors - rent, freelance fees, activities and travel	3,248
Accruals - independent examination fee and staff tips	2,203
	<u>5,451</u>

The financial statements were approved by the board of trustees on 9/08/2024

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts

for the year ended 30 November 2023

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2023

2 Grants and donations	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Barclays Community Fund	-	500	500	-
Barnard Kenneth Hufton Trust	1,000	-	1,000	-
Bupa Foundation	-	1,654	1,654	500
Charles Brotherton Trust	200	-	200	200
Christadelphian Samaritan Fund	500	-	500	-
David Lister Charitable Trust	1,000	-	1,000	-
Douglas Arter Foundation	500	-	500	-
EG Foundation	-	1,000	1,000	-
Engage Interactive	3,007	-	3,007	-
FB Coales No 4 (Family) Trust	1,000	-	1,000	-
Fitton Trust	250	-	250	-
Forum Central	-	1,000	1,000	-
Jewson Limited	-	500	500	-
Leeds City Council	-	7,669	7,669	10,566
Leeds Community Foundation	15,000	5,000	20,000	35,636
Marsh Charitable Trust	500	-	500	-
NISA Make a Difference Locally (MADL)	750	-	750	3,387
One17 Design Charitable Trust	240	-	240	-
Park Lane Foundation	-	500	500	-
The Alchemy Foundation	1,000	-	1,000	-
The Bellasis Trust	-	540	540	-
The Blevins Franks Charitable Fund	-	1,540	1,540	-
The Cotton Industry War Memorial Trust	2,500	-	2,500	-
The Gosling Foundation	-	5,000	5,000	-
The Hudson Charitable Trust	300	-	300	-
The Irving Memorial Trust	2,000	-	2,000	-
The Liz and Terry Bramall Foundation	2,500	-	2,500	-
The Matthew Hill Sustainability Fund	-	1,000	1,000	-
The Metals Consultant	750	-	750	-
The Mollie Croysdale Charitable Trust	500	-	500	-
The Pat Newman Memorial Trust	500	-	500	-
The Potel Charitable Trust	540	-	540	-
The R S Brownless Charitable Trust	200	-	200	-
The Sydney Black Charitable Trust Limited	500	-	500	-
The Theodore Maxxy Charitable Trust	2,000	-	2,000	-
The Vickers Staff Charitable Fund	2,500	-	2,500	-
The Wharfedale Foundation	-	2,500	2,500	-
Virgin Media O2	1,000	-	1,000	-
Webb Family Charitable Trust	-	2,500	2,500	-
Blakemore Foundation	-	-	-	100
J. Murphy & Sons Limited	-	-	-	1,500
PricewaterhouseCoopers LLP	-	-	-	1,742
Stubbs Family Charitable Trust	-	-	-	1,000
The Angela Gallagher Memorial Fund	-	-	-	1,000
The David Family Foundation	-	-	-	500
The Linden Charitable Trust	-	-	-	1,000
The Manson Family Charitable Trust	-	-	-	250
The Pierrepont Trust	-	-	-	10,000
Other donations	34,081	250	34,331	32,349
	<u>74,818</u>	<u>31,153</u>	<u>105,971</u>	<u>99,730</u>

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2023

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
EG Foundation	-	1,000	613	-	387
Headingley Neighbourhood Watch	-	500	-	-	500
Anne Maguire Fund	4,499	5,000	1,712	-	7,787
Blevins Frank	-	1,540	244	-	1,296
Pop Up Coffee Machine	250	-	-	-	250
BUPA Charity Fund	-	1,654	-	-	1,654
Crowdfunder - Sports Sessions	4,061	4,296	2,888	-	5,469
Crowdfunder - Staffing	5,004	-	-	-	5,004
Football Sessions	1,969	1,000	1,492	-	1,477
Volition - Household Support Fund	-	1,000	-	-	1,000
Employment Development Staffing	-	-	-	-	-
Individual Support Staffing	-	-	-	-	-
Matthew Hill Sustainability Fund	-	1,000	-	-	1,000
Leeds City Council	5,967	7,669	2,180	-	11,456
Sibling Participation Groups	996	-	-	-	996
Swimming Sessions	7,201	5,000	2,367	-	9,834
The Bellasis Trust	-	540	-	-	540
The Sunshine Hub	15,663	-	-	-	15,663
Webb Family Charitable Trust	-	2,500	375	-	2,125
Wharfedale Foundation	-	2,500	126	-	2,374
	<u>45,610</u>	<u>35,199</u>	<u>11,997</u>	<u>-</u>	<u>68,812</u>

Fund name	Purpose of restriction
EG Foundation	To provide stock for Company 21.
Headingley Neighbourhood Watch	To provide karaoke equipment and stock for Company 21.
Anne Maguire Fund	To enable the delivery of accessible and inclusive music sessions.
Blevins Frank	To support makaton sessions and supporting resources.
Pop Up Coffee Machine	To enable the purchase of a pop up coffee machine.
BUPA Charity Fund	To provide Company 21 with equipment including signage, display cabinet and freezer.
Crowdfunder - Sports Sessions	To enable the provision of sports session activities.
Crowdfunder - Staffing	To contribute towards the salary costs of the charity's employees.
Football Sessions	Funding from Barclays Community Fund and Jewsons Limited to enable the development and delivery of football sessions.
Volition - Household Support Fund	To provide household support for families.
Employment Development Staffing	To increase staffing hours to develop an employment pathway for people with Down Syndrome working at Company 21.
Individual Support Staffing	To increase staffing hours so as to enable additional support for families as needed.
Matthew Hill Sustainability Fund	To help improve lighting in Company 21.
Leeds City Council	To provide recreational groups and activities.
Sibling Participation Groups	To support the project delivery costs of sibling participation groups.
Swimming Sessions	Grant funding, including this year from The Gosling Foundation, to support the costs of running swimming sessions.
The Bellasis Trust	To support the provision of toys and books.
The Sunshine Hub	Funding provided for refurbishment and renovation works to the charity's premises including Stainbeck Community Hall.
Webb Family Charitable Trust	To help towards rent costs.
Wharfedale Foundation	To help towards employment development at Company 21.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2023

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £27,766 (previous year: £30,339).

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

England & Wales - Charity number 1154661

Accounts

Sunshine and Smiles - Leeds Down Syndrome Network

Charity number 1154661

Annual Report and Financial Statements for the year ended 30 November 2022



West Yorkshire Community Accounting Service

Sunshine and Smiles - Leeds Down Syndrome Network

Annual Report and Financial Statements for the year ended 30 November 2022

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Prepared by West Yorkshire Community Accountancy Service CIO

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report for the year ended 30 November 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Marc Davies		
Jonathan Astin		
Emma Henson		
Jane Sinson		Appointed 10 May 2023
Emily Vuijk		Appointed 10 May 2023
Charity number	1154661	Registered in England and Wales

Principal address

3 Drummond Road
Far Headingley
Leeds LS16 5LB

Bankers

The Co-operative Bank PO Box 101 1 Balloon Street Manchester M60 4EP	Skipton Building Society The Bailey Skipton BD23 1DN	Virgin Money 20 Merrion Way Leeds LS2 8NZ
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Shawbrook bank Lutea House Warley Hill Business Park The Drive, Great Warley, Brentford, Essex. CM13 3BE	NS&I Sunderland SR43 2SB
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Independent examiner

Rhys North ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 20 November 2013 and amended 23 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2022

Objectives and activities

The charity's objects

1. The relief of children and young people with Down Syndrome and their families in particular by providing advocacy, advice and support.
2. The promotion of social inclusion among children with Down Syndrome and their families who are socially excluded from society, or parts of society, as a result of having Down Syndrome by:
 - a) providing education and information to support children and enable their parents / carers to maximise educational opportunities for their children;
 - b) raising public awareness of the issues affecting people with Down Syndrome, both generally and in relation to their social exclusion;
 - c) providing workshops, advocacy and general support;
 - d) providing recreational facilities and opportunities for children with Down Syndrome and promoting their wider participation in such activities in society
3. The provision of facilities for recreation and other leisure time occupation in the interest of social welfare with the object of improving the conditions of life of people with Down Syndrome, their families and carers.

These objects shall be primarily undertaken in the Metropolitan District of Leeds and the surrounding area.

The charity's main activities

Sunshine and Smiles is a support network for children and young people who have Down Syndrome, and their families, in Leeds and the surrounding areas.

We aim to improve the lives and opportunities for children and young people with Down Syndrome.

We offer speech and language therapy, regular groups and activities, individual support and advocacy for families, as well as raising awareness and challenging preconceptions in the wider community.

We are able to achieve this by establishing links with hospitals, health and education professionals and connecting with other related charities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and we feel that our services and the objects of our organisation are beneficial in the following respects:

- reducing social isolation by providing a network of support and friendship for children and young people who have Down Syndrome, and their families
- strengthening families by offering advice and support at times of stress and difficulty
- improving outcomes for children and young people with Down Syndrome by offering therapeutic support such as speech and language therapy, physiotherapy and early development support
- promoting community and social cohesion by facilitating activities and services that bring children and young people with Down Syndrome, and their families, together
- improving other services and raise awareness of issues relating to Down Syndrome by advocating on behalf of children and young people with Down Syndrome and their families
- promoting inclusion and accessibility by endeavouring to provide all of our activities and services free of charge to children and young people with Down Syndrome and their families
- increasing sensitivity and awareness to 'difference', to augment the spectrum of what is perceived as 'normal' and broaden horizons of all
- maximising the potential of people with Down Syndrome to ensure they can best participate in, and contribute, including economically, to the wider society
- maximising the potential and development of people with Down Syndrome so as to encourage their inclusion into the wider society, to minimise their dependence on their families of origin and wider society
- reducing stigma and discrimination by maximising the abilities, education and skills of people with Down Syndrome

In these ways the charity promotes equality and social inclusion for people with disabilities.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2022

Achievements and performance

Over the past year we have run regular group activities as follows:

- Weekly Mondays from 10.30am – 12pm – 0 – 4 year olds group.
- Fortnightly Saturdays – 2 x dance classes for children aged 2 – 18 years.
- Fortnightly Saturdays – 2 x music classes for children aged 2 – 18 years.
- Fortnightly Thursdays – evening karaoke group for young people aged 10 years and over.
- Monthly Mondays, Saturdays & Sundays – 30 x speech and language groups for up to 5 children per group & Makaton Baby Sign groups.
- Fortnightly Saturdays – Family Swim Sessions with taught lessons for 16 children - when possible.
- Fortnightly Sundays – Football Sessions for children aged 4 – 18 years
- Fortnightly online yoga sessions for young people aged 16+
- Fortnightly cricket sessions for young people over 12 years old

The groups offer children opportunities to make new friends and socialise and at the family sessions siblings also get the chance to socialise and make friends. Parents and carers also have the opportunity to meet each other and share experiences and make supportive friendships.

There are a variety of activities for the children; musical instruments, paints, soft play, water play, tactile play, early developmental activities and support, singing and Makaton signing, movement and imagination play plus our speech and language therapy sessions. Parents are able to gain support and advice from other parents. We provide healthy snacks and drinks for the children and parents when our sessions run face to face.

We also held a World Down Syndrome Day celebration with Singing Hands for over 150 people and we were able to host our annual Christmas party, which we reframed as a multicultural celebration, for the first time in three years.

We undertook a wide ranging consultation exercise which has created a significant development plan for Sunshine & Smiles for the next 5 to 10 years.

We have a private Facebook group and a public page where people can share experiences and ask advice from other parents and carers. We also have links with the Child Development Centres and are often asked to meet with, or be available to, new parents who have a baby with Down Syndrome or parents who have had a diagnosis in pregnancy.

We have worked alongside the neo-natal and pre-natal teams at Leeds Teaching Hospitals Trust to start to develop a support pathway and we have developed an information pack for new families who are expecting or who have a baby with Down Syndrome.

Over 130 children and young people with Down Syndrome, 50 siblings and their wider families, have accessed group sessions and activities, over 60 children and young people have had the opportunity to access monthly Speech and Language sessions.

We have arranged parent information sessions and social opportunities for families to come together.

We have delivered raising awareness workshops to student midwives, medical students, childminders, nurseries, schools and health professionals.

We are part of a number of networks that enable us to raise the profile of people with Down Syndrome and also advocate for better services and support; Short Breaks Partnership, Down Syndrome Network North, Down Syndrome Parent Support Groups UK, Leeds Early Years Special Educational Needs and Disability Steering group, Young Live Leeds and Voluntary Action Leeds.

We have offered individual support to families including home visits, hospital visits, support with completing forms and referrals or signposting for other support.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2022

Achievements and performance (continued)

We have set up a weekly session from 9.30am – 2.30pm where families can book individual support sessions with one of our staff team.

We have also developed age specific WhatsApp groups to promote peer support and sharing of advice and information.

We send out a weekly newsletter.

21 Co. continues to operate and offers training and paid work experience for 11 people with Down syndrome.

Members of the group, friends and family continue to support us by doing their own incredible fundraising challenges, by making generous donations and by making us wonderful things to sell at our fundraising events.

We have continued to fundraise and apply for relevant grants to ensure that the organisation is sustainable in the long term.

Financial review

The net payments for the year were £17,095, including net payments of £19,797 on unrestricted funds and net receipts of £2,702 on restricted funds.

Reserves policy

The charity's free reserves, at the year end were £184,265.

Our reserves policy is to aim to maintain our unrestricted reserves at the level of one year's running costs based on the previous financial year; which based on 2021/22 expenditure would be £192,341.

Approved by the board of trustees on 10/5/2023

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Independent examiner's report to the trustees of Sunshine and Smiles - Leeds Down Syndrome Network

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 30 November 2022, which are set out on pages 7 to 12.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rhys North ACA

22/5/2023

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sunshine and Smiles - Leeds Down Syndrome Network
Receipts and payments account
for the year ended 30 November 2022

	Notes	2022	2022	2022	2021
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Grants and donations	(2)	68,872	30,858	99,730	68,885
Fundraising activities		10,709	9,040	19,749	2,178
Café and shop sales		55,049	-	55,049	16,485
Fees earned		100	-	100	-
Bank interest		618	-	618	1,557
Total receipts		135,348	39,898	175,246	89,105
Payments					
Salaries, NI, pensions and payroll charges		55,332	20,174	75,506	10,989
Freelance staff		22,873	-	22,873	26,524
Group resources		1,263	279	1,542	1,154
Trips and activities		5,276	15,559	20,835	6,723
Group refreshments		38	-	38	44
Administration		1,490	-	1,490	1,826
Rent		1,418	-	1,418	925
Group equipment		166	330	496	204
Publicity		608	-	608	345
Running costs		-	-	-	90
Transport		3,121	797	3,918	456
Fundraising resources		3,394	-	3,394	512
Travel expenses		17	-	17	39
Training costs		551	-	551	525
Speech and language sessions		16,782	-	16,782	23,866
Insurance		1,137	-	1,137	17
Subscriptions and licences		2,100	57	2,157	1,290
Independent examination		780	-	780	780
Café 21:					
Café 21 consumables		7,538	-	7,538	3,424
Café 21 premises		8,052	-	8,052	3,135
Café 21 equipment		2,078	-	2,078	462
Other expenses		117	-	117	135
Counselling therapies		325	-	325	50
Makers fees		12,074	-	12,074	1,442
HR / Health and Safety		2,015	-	2,015	2,895
Professional fees		6,600	-	6,600	3,900
Total payments		155,145	37,196	192,341	91,752
Net receipts / (payments)		(19,797)	2,702	(17,095)	(2,647)
Fund balances brought forward		204,062	42,908	246,970	249,617
Fund balances carried forward	(3)	184,265	45,610	229,875	246,970

Sunshine and Smiles - Leeds Down Syndrome Network
Statement of assets and liabilities
as at 30 November 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	184,145	45,610	229,755	246,805
Cash in hand	120	-	120	165
Total cash funds	<u>184,265</u>	<u>45,610</u>	<u>229,875</u>	<u>246,970</u>

Assets retained for the charity's own use

4 laptops
 2 Printer / scanner / photocopier machines
 Office furniture
 Toys and resources
 Coffee machine
 Display units and counter furniture
 Display fridge
 Fridge / freezer
 Freezer
 Tables and chairs
 2 iPads
 Android tablet

Liabilities

	2022
	£
Independent Examination	960
Staff tips	100
	<u>1,060</u>

The financial statements were approved by the board of trustees on 10/5/2023

Marc Davies (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts

for the year ended 30 November 2022

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2022

2 Grants and donations	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Angela Gallagher Memorial Fund	1,000	-	1,000	-
Bupa Charity Fund	-	500	500	-
Charles Brotherton Trust	200	-	200	-
David Family Foundation	500	-	500	-
J Murphy & Sons	1,500	-	1,500	-
JCT 600	-	275	275	-
Leeds City Council (LCC)	2,397	8,169	10,566	7,669
Leeds Community Foundation	15,000	20,636	35,636	-
Linden Charitable Trust	1,000	-	1,000	2,000
Manson Family Trust	250	-	250	-
NISA Make a Difference Locally (MADL)	2,167	1,220	3,387	7,363
Pierrepoint Trust	10,000	-	10,000	-
Price Waterhouse Coopers	1,742	-	1,742	-
Stubbs Family Foundation	1,000	-	1,000	-
The Blakemore Foundation	100	-	100	-
Co-op Community Foundation	-	-	-	2,514
Engage Interactive	-	-	-	2,178
Flint Family Fund	-	-	-	5,000
Football Association Foundation	-	-	-	1,600
Pudsey Gateway	-	-	-	1,000
St James's Place Foundation	-	-	-	2,500
Windmill Community Transport	-	-	-	1,000
Other donations	32,016	58	32,074	36,061
	<u>68,872</u>	<u>30,858</u>	<u>99,730</u>	<u>68,885</u>

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2022

3 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Anne Maguire - Music Sessions	-	5,000	501	-	4,499
Pop Up Coffee Machine	-	250	-	-	250
Magic Bags	-	250	250	-	-
Christmas Party	-	250	250	-	-
Crowdfunder - Sports Sessions	-	4,061	-	-	4,061
Crowdfunder - Staffing	-	5,004	-	-	5,004
Flint Family Fund	1,669	5,000	6,669	-	-
Football Sessions	2,853	308	1,192	-	1,969
Employment Development Staffing	-	5,318	5,318	-	-
Individual Support Staffing	-	5,318	5,318	-	-
NISA - MADL	-	1,220	1,220	-	-
LCC Short Breaks	3,391	7,669	5,093	-	5,967
Sibling Participation Groups	1,225	-	229	-	996
Swimming Sessions	17,310	-	10,109	-	7,201
The Sunshine Hub	15,663	-	-	-	15,663
Windmill Community Transport	797	-	797	-	-
LCC Mice	-	250	250	-	-
	<u>42,908</u>	<u>39,898</u>	<u>37,196</u>	<u>-</u>	<u>45,610</u>

Fund name	Purpose of restriction
Anne Maguire - Music Sessions	To enable the delivery of accessible and inclusive music sessions.
Pop Up Coffee Machine	To enable the purchase of a pop up coffee machine.
Magic Bags	To provide Magic Bags for children aged 0 - 5
Christmas Party	Towards the cost of the annual Christmas Party.
Crowdfunder - Sports Sessions	To enable the provision of sports session activities.
Crowdfunder - Staffing	To contribute towards the salary costs of the charity's employees.
Flint Family Fund	To contribute towards the costs of the consultation project and staffing.
Football Sessions	To enable the development and delivery of football sessions.
Employment Development Staffing	To increase staffing hours to develop an employment pathway for people with Down Syndrome working at Company 21.
Individual Support Staffing	To increase staffing hours so as to enable additional support for families as needed.
NISA - MADL	To support the holding of a celebration event.
LCC Short Breaks	To provide recreational groups and activities.
Sibling Participation Groups	To support the project delivery costs of sibling participation groups.
Swimming Sessions	To support the costs of running swimming sessions.
The Sunshine Hub	Funding provided for refurbishment and renovation works to the charity's premises including Stainbeck Community Hall.
Windmill Community Transport	To support transport costs for families.
LCC Mice	To support World Down Syndrome Day celebrations.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2022

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £20,558.

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

England & Wales - Charity number 1154661

Accounts

Sunshine and Smiles - Leeds Down Syndrome Network

Charity number 1154661

Annual Report and Financial Statements for the year ended 30 November 2021



West Yorkshire Community Accounting Service

Sunshine and Smiles - Leeds Down Syndrome Network

Annual Report and Financial Statements for the year ended 30 November 2021

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Prepared by West Yorkshire Community Accountancy Service CIO

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report for the year ended 30 November 2021

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Marc Davies	Chair	
Jonathan Astin	Treasurer	
Emma Henson		
Katie Kelly		Resigned May 2021

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1154661, on 20 November 2013.

Principal address

3 Drummond Road
Far Headingley
Leeds LS16 5LB

Bankers

The Co-operative Bank PO Box 101 1 Balloon Street Manchester M60 4EP	Skipton Building Society The Bailey Skipton BD23 1DN	Virgin Money 20 Merrion Way Leeds LS2 8NZ
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Shawbrook bank Lutea House Warley Hill Business Park The Drive, Great Warley, Brentford, Essex. CM13 3BE	NS&I Sunderland SR43 2SB
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Independent examiner

Claire Welling

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 20 November 2013 and amended 23 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2021

Objectives and activities

The charity's objects

1. The relief of children and young people with Down Syndrome and their families in particular by providing advocacy, advice and support.
 2. The promotion of social inclusion among children with Down Syndrome and their families who are socially excluded from society, or parts of society, as a result of having Down Syndrome by:
 - a) providing education and information to support children and enable their parents / carers to maximise educational opportunities for their children;
 - b) raising public awareness of the issues affecting people with Down Syndrome, both generally and in relation to their social exclusion;
 - c) providing workshops, advocacy and general support;
 - d) providing recreational facilities and opportunities for children with Down Syndrome and promoting their wider participation in such activities in society
 3. The provision of facilities for recreation and other leisure time occupation in the interest of social welfare with the object of improving the conditions of life of people with Down Syndrome, their families and carers.
- These objects shall be primarily undertaken in the Metropolitan District of Leeds and the surrounding area.

The charity's main activities

Sunshine and Smiles is a support network for children and young people who have Down Syndrome, and their families, in Leeds and the surrounding areas.

We aim to improve the lives and opportunities for children and young people with Down Syndrome.

We offer speech and language therapy, regular groups and activities, individual support and advocacy for families, as well as raising awareness and challenging preconceptions in the wider community.

We are able to achieve this by establishing links with hospitals, health and education professionals and connecting with other related charities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and we feel that our services and the objects of our organisation are beneficial in the following respects:

- reducing social isolation by providing a network of support and friendship for children and young people who have Down Syndrome, and their families
- strengthening families by offering advice and support at times of stress and difficulty
- improving outcomes for children and young people with Down Syndrome by offering therapeutic support such as speech and language therapy, physiotherapy and early development support
- promoting community and social cohesion by facilitating activities and services that bring children and young people with Down Syndrome, and their families, together
- improving other services and raise awareness of issues relating to Down Syndrome by advocating on behalf of children and young people with Down Syndrome and their families
- promoting inclusion and accessibility by endeavouring to provide all of our activities and services free of charge to children and young people with Down Syndrome and their families
- increasing sensitivity and awareness to 'difference', to augment the spectrum of what is perceived as 'normal' and broaden horizons of all
- maximising the potential of people with Down Syndrome to ensure they can best participate in, and contribute, including economically, to the wider society
- maximising the potential and development of people with Down Syndrome so as to encourage their inclusion into the wider society, to minimise their dependence on their families of origin and wider society
- reducing stigma and discrimination by maximising the abilities, education and skills of people with Down Syndrome

In these ways the charity promotes equality and social inclusion for people with disabilities.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2021

Achievements and performance

Over the past year we have run regular group activities as follows:

- Weekly Mondays from 10.30am – 12pm – 0 – 3 year olds group.
- Fortnightly Saturdays – 2 x dance classes for children aged 4 – 16 years.
- Fortnightly Saturdays – 2 x music classes for children aged 4 – 16 years.
- Monthly Thursdays – evening group for young people aged 9 years and over.
- Monthly Mondays, Saturdays & Sundays – 30 x speech and language groups for up to 5 children per group & Baby Sign groups.
- Fortnightly Saturdays – Family Swim Sessions with taught lessons for 16 children - when possible.
- Fortnightly Sundays – Football Sessions for children aged 4 – 16 years –
- Weekly online yoga sessions for young people aged 16+
- One to one cycling sessions.
- Fortnightly sibling support group – June – December 2021

The groups offer children opportunities to make new friends and socialise and at the family sessions siblings also get the chance to socialise and make friends. Parents and carers also have the opportunity to meet each other and share experiences and make supportive friendships.

There are a variety of activities for the children; musical instruments, paints, soft play, water play, tactile play, early developmental activities and support, singing and Makaton signing, movement and imagination play plus our speech and language therapy sessions. Parents are able to gain support and advice from other parents. We provide healthy snacks and drinks for the children and parents where our sessions run face to face.

Due to the Coronavirus pandemic we were still running many of our sessions online until July 2021 but since then we have been able to bring most groups back in person.

We were able to host a day trip to Skelton Grange Environment Centre.

We also held a virtual World Down Syndrome Day celebration and virtual Christmas parties for all of our beneficiaries to join.

We have a private Facebook group and a public page where people can share experiences and ask advice from other parents and carers. We also have links with the Child Development Centres and are often asked to meet with, or be available to, new parents who have a baby with Down Syndrome or parents who have had a diagnosis in pregnancy.

We have worked alongside the neo-natal and pre-natal teams at Leeds Teaching Hospitals Trust to start to develop a support pathway and we have developed an information pack for new families who are expecting or who have a baby with Down Syndrome.

Over 130 children and young people with Down Syndrome, 50 siblings and their wider families, have accessed group sessions and activities, over 60 children and young people have had the opportunity to access monthly Speech and Language sessions.

We have arranged parent information sessions & social opportunities for families to come together.

We have delivered raising awareness workshops to student midwives, medical students, childminders, nurseries, schools and health professionals.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2021

Achievements and performance (continued)

We are part of a number of networks that enable us to raise the profile of people with Down Syndrome and also advocate for better services and support; Short Breaks Partnership, Down Syndrome Network North, Down Syndrome Parent Support Groups UK, Leeds Early Years Special Educational Needs and Disability Steering group, Young Live Leeds and Voluntary Action Leeds.

We have offered individual support to families including home visits, hospital visits, support with completing forms and referrals or signposting for other support.

We have started running a forum for Teaching Assistants supporting children with Down syndrome in schools.

We have set up a weekly session from 9.30am – 2.30pm where families can book individual support sessions with one of our staff team.

We have also developed age specific WhatsApp groups to promote peer support and sharing of advice and information.

We send out a weekly newsletter.

We started a broad consultation process to help shape the future direction and investment of funds for Sunshine & Smiles – this is due to be completed in Spring 2022.

We have been running our 21 Co. shop & café since January 2019 offering work & training to adults who have Down syndrome. We have 10 adults working with us currently. The café was closed throughout the pandemic but we were able to open again in August 2021.

Members of the group, friends and family continue to support us by doing their own incredible fundraising challenges, by making generous donations and by making us wonderful things to sell at our fundraising events.

We have continued to fundraise to ensure that the organisation is sustainable in the long term.

Financial review

The net payments for the year were £2,647, including net payments of £16,518 on unrestricted funds and net receipts of £13,871 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £204,062.

Our reserves policy is to aim to maintain our unrestricted reserves at the level of 1 year's running costs based on the previous financial year.

We are aware that we are holding higher than one year's unrestricted funding and the Trustees are committed to looking at ways to increase our support and services to reduce this balance.

Signed on behalf of the board of trustees on 28/5/2022

Marc Davies (Chair of Trustees)

Sunshine and Smiles - Leeds Down Syndrome Network

Independent examiner's report to the trustees of Sunshine and Smiles - Leeds Down Syndrome Network Charitable Incorporated Organisation

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 30 November 2021, which are set out on pages 7 to 11.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Claire Welling

8/6/2022

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sunshine and Smiles - Leeds Down Syndrome Network
Receipts and payments account
for the year ended 30 November 2021

	Notes	2021	2021	2021	2020
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Grants and donations	(2)	41,657	29,144	70,801	79,818
Fundraising activities		262	-	262	14,675
Café sales		10,560	-	10,560	12,369
Sales of makers goods		5,925	-	5,925	7,102
Fees earned		-	-	-	195
Bank interest		1,557	-	1,557	532
Total receipts		59,961	29,144	89,105	114,691
Payments					
Staffing		32,879	4,634	37,513	36,436
Group resources		544	610	1,154	703
Trips and activities		877	5,846	6,723	5,400
Group refreshments		26	18	44	-
Administration supplies		1,781	45	1,826	555
Rent		925	-	925	1,040
Group equipment		204	-	204	808
Publicity		345	-	345	539
Running costs		90	-	90	1,183
Transport		253	203	456	1,648
Fundraising resources		512	-	512	579
Travel expenses		39	-	39	48
Training costs		525	-	525	594
Speech and language sessions		23,866	-	23,866	13,768
Insurance		-	17	17	2,400
Subscriptions and licences		1,290	-	1,290	1,343
Independent examination		780	-	780	780
Café 21					
Café 21 consumables		3,424	-	3,424	2,777
Café 21 premises		3,135	-	3,135	2,830
Café 21 equipment		462	-	462	2,409
Other expenses		135	-	135	-
Counselling therapies		50	-	50	225
Makers fees		1,442	-	1,442	5,033
HR / Health and Safety		2,895	-	2,895	-
Professional fees		-	3,900	3,900	-
Total payments		76,479	15,273	91,752	81,098
Net receipts / (payments)		(16,518)	13,871	(2,647)	33,593
Fund balances brought forward		220,580	29,037	249,617	216,024
Fund balances carried forward	(3)	204,062	42,908	246,970	249,617

Sunshine and Smiles - Leeds Down Syndrome Network

Statement of assets and liabilities

as at 30 November 2021

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	203,897	42,908	246,805	249,452
Cash in hand	165	-	165	165
Total cash funds	<u>204,062</u>	<u>42,908</u>	<u>246,970</u>	<u>249,617</u>

Assets retained for the charity's own use

4 laptops
2 Printer / scanner / photocopier machines
Office furniture
Toys and resources
Coffee machine
Display units and counter furniture
Display fridge
Fridge / freezer
Freezer
Tables and chairs
2 iPads
Android tablet

Liabilities

Independent examination

£
780

Approval of the accounts

The financial statements were approved by the board of trustees on 28/5/2022

Marc Davies (Chair of Trustees)

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts

for the year ended 30 November 2021

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts continued

for the year ended 30 November 2021

2 Grants and donations	2021	2021	2021	2020
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Short Breaks Partnership	-	7,669	7,669	7,668
UK Youth funding	-	-	-	12,000
Leeds Community Foundation	-	-	-	4,875
Tesco Bags of Help Grant	-	-	-	500
National Lottery Communities Fund	-	-	-	10,000
Grow The Game Grant	-	-	-	1,200
Yorkshire Building Society Foundation	-	-	-	1,000
Leeds City Council	-	-	-	2,359
Football Sessions	-	1,600	1,600	-
Windmill Community Transport	-	1,000	1,000	-
St James's Place Foundation	2,500	-	2,500	-
Speech and Language	-	-	-	-
The Sunshine Hub	-	11,375	11,375	-
Flint Family Fund	-	5,000	5,000	-
NISA Make a Difference Locally	5,687	-	5,687	-
Pudsey Gateway	1,000	-	1,000	-
Engage Interactive	2,178	-	2,178	-
Linden Charitable Trust	2,000	-	2,000	-
Co-op Community Foundation	-	1,826	1,826	-
Other donations	28,292	674	28,966	40,216
	<u>41,657</u>	<u>29,144</u>	<u>70,801</u>	<u>79,818</u>

3 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Short Breaks Partnership	1,990	7,669	6,268	-	3,391
Simply Health	496	-	496	-	-
Football sessions	1,906	1,600	653	-	2,853
Windmill Community Transport	-	1,000	203	-	797
Sibling Participation Groups	-	2,500	1,275	-	1,225
Swimming sessions	19,757	-	2,447	-	17,310
The Sunshine Hub	4,888	11,375	600	-	15,663
Flint Family Fund	-	5,000	3,331	-	1,669
	<u>29,037</u>	<u>29,144</u>	<u>15,273</u>	<u>-</u>	<u>42,908</u>

Fund name

Purpose of restriction

Short Breaks Partnership	To provide recreational groups and activities
Simply Health	Developing a garden space and creating a 'new families' information pack
Football sessions	Development and delivery of football sessions
Windmill Community Transport	Transport for Families.
Sibling Participation Groups	For project delivery
Swimming sessions	For swimming sessions
The Sunshine Hub	For the lead tenancy of Stainbeck Community Hall and refurbishment and renovation works thereto
Flint Family Fund	For the consultation project and staffing

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2021

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Other related party transactions

There were no other related party transactions during this year or the previous year.

SUNSHINE AND SMILES - LEEDS DOWN SYNDROME NETWORK

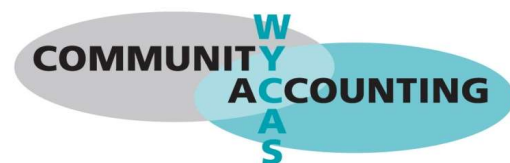
England & Wales - Charity number 1154661

Accounts

Sunshine and Smiles - Leeds Down Syndrome Network

Charity number 1154661

Annual Report and Financial Statements for the year ended 30 November 2020



West Yorkshire Community Accounting Service

Sunshine and Smiles - Leeds Down Syndrome Network

Annual Report and Financial Statements for the year ended 30 November 2020

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Notes to the accounts	9 to 11

Prepared by West Yorkshire Community Accounting Service

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report for the year ended 30 November 2020

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Marc Davies	Chair
Jonathan Astin	Treasurer
Katie Kelly	
Emma Henson	

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1154661, on 20 November 2013.

Principal address

3 Drummond Road
Far Headingley
Leeds LS16 5LB

Bankers

The Co-operative Bank PO Box 101 1 Balloon Street Manchester M60 4EP	Skipton Building Society The Bailey Skipton BD23 1DN	Yorkshire Bank 20 Merrion Way Leeds LS2 8NZ
Shawbrook bank Lutea House Warley Hill Business Park The Drive Great Warley, Brentford Exxex. CM13 3BE	NS&I Sunderland SR43 2SB	

Independent examiner

Claire Welling

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 20 November 2013 and amended 23 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2020

Objectives and activities

The charity's objects

1. The relief of children and young people with Down Syndrome and their families in particular by providing advocacy, advice and support.
2. The promotion of social inclusion among children with Down Syndrome and their families who are socially excluded from society, or parts of society, as a result of having Down Syndrome by:
 - a) providing education and information to support children and enable their parents / carers to maximise educational opportunities for their children;
 - b) raising public awareness of the issues affecting people with Down Syndrome, both generally and in relation to their social exclusion;
 - c) providing workshops, advocacy and general support;
 - d) providing recreational facilities and opportunities for children with Down Syndrome and promoting their wider participation in such activities in society
3. The provision of facilities for recreation and other leisure time occupation in the interest of social welfare with the object of improving the conditions of life of people with Down Syndrome, their families and carers.

These objects shall be primarily undertaken in the Metropolitan District of Leeds and the surrounding area.

The charity's main activities

Sunshine and Smiles is a support network for children and young people who have Down Syndrome, and their families, in Leeds and the surrounding areas.

We aim to improve the lives and opportunities for children and young people with Down Syndrome.

We offer speech and language therapy, regular groups and activities, individual support and advocacy for families, as well as raising awareness and challenging preconceptions in the wider community.

We are able to achieve this by establishing links with hospitals, health and education professionals and connecting with other related charities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and we feel that our services and the objects of our organisation are beneficial in the following respects:

- reducing social isolation by providing a network of support and friendship for children and young people who have Down Syndrome, and their families
- strengthening families by offering advice and support at times of stress and difficulty
- improving outcomes for children and young people with Down Syndrome by offering therapeutic support such as speech and language therapy, physiotherapy and early development support
- promoting community and social cohesion by facilitating activities and services that bring children and young people with Down Syndrome, and their families, together
- improving other services and raise awareness of issues relating to Down Syndrome by advocating on behalf of children and young people with Down Syndrome and their families
- promoting inclusion and accessibility by endeavouring to provide all of our activities and services free of charge to children and young people with Down Syndrome and their families
- increasing sensitivity and awareness to 'difference', to augment the spectrum of what is perceived as 'normal' and broaden horizons of all
- maximising the potential of people with Down Syndrome to ensure they can best participate in, and contribute, including economically, to the wider society
- maximising the potential and development of people with Down Syndrome so as to encourage their inclusion into the wider society, to minimise their dependence on their families of origin and wider society
- reducing stigma and discrimination by maximising the abilities, education and skills of people with Down Syndrome

In these ways the charity promotes equality and social inclusion for people with disabilities.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2020

Achievements and performance

Over the past year we have run regular group activities as follows:

Fortnightly Mondays from 12.30pm – 2.30pm for 0 – 3 year olds group.

Fortnightly Saturdays – 2 x dance classes for children aged 4 – 16 years.

Fortnightly Saturdays – 2 x music classes for children aged 4 – 16 years.

Monthly Thursdays – evening group for young people aged 9 years and over.

Monthly Mondays, Wednesdays Saturdays & Sundays – 25 x speech and language groups for up to 5 children per group & Baby Sign groups.

Fortnightly Saturdays – Family Swim Sessions with taught lessons for 16 children - when possible.

Fortnightly Sundays – Football Sessions for children aged 4 – 16 years – on hold from March 2020 due to Coronavirus restrictions.

One to one cycling sessions.

The groups offer children opportunities to make new friends and socialise and at the family sessions siblings also get the chance to socialise and make friends. Parents and carers also have the opportunity to meet each other and share experiences and make supportive friendships.

There are a variety of activities for the children; musical instruments, paints, soft play, water play, tactile play, early developmental activities and support, singing and Makaton signing, movement and imagination play plus our speech and language therapy sessions. Parents are able to gain support and advice from other parents. We provide healthy snacks and drinks for the children and parents when our sessions run face to face.

Due to the Coronavirus pandemic we have been running many of our groups virtually since March 2020.

We have been unable to offer face to face trips & activities for much of this year due to the Coronavirus pandemic.

We also held a virtual World Down Syndrome Day celebration and virtual Christmas parties for all of our beneficiaries to join.

We have a private Facebook group and a public page where people can share experiences and ask advice from other parents and carers. We also have links with the Child Development Centres and are often asked to meet with, or be available to, new parents who have a baby with Down Syndrome or parents who have had a

We have worked alongside the neo-natal and pre-natal teams at Leeds Teaching Hospitals Trust to start to develop a support pathway and we have developed an information pack for new families who are expecting or who have a baby with Down Syndrome.

Over 130 children and young people with Down syndrome, 50 siblings and their wider families, have accessed group sessions and activities, over 60 children and young people have had the opportunity to access monthly Speech and Language sessions.

We have arranged parent information sessions & social opportunities for families to come together.

We took part in the 2.6 challenge which was a response to the cessation of many fundraising events due to Coronavirus and this raised over £7,000 for the charity.

We have delivered raising awareness workshops to student midwives, medical students, childminders, nurseries, schools and health professionals.

Sunshine and Smiles - Leeds Down Syndrome Network

Trustees' report (continued) for the year ended 30 November 2020

Achievements and performance (continued)

We are part of a number of networks that enable us to raise the profile of people with Down syndrome and also advocate for better services and support; Short Breaks Partnership, Down Syndrome Network North, Down Syndrome Parent Support Groups UK, Leeds Early Years Special Educational Needs and Disability Steering group, Young Live Leeds and Voluntary Action Leeds.

We have offered individual support to families including home visits, hospital visits, support with completing forms and referrals or signposting for other support.

We have started running a forum each half-term for Teaching Assistants supporting children with Down syndrome in schools.

We have set up a weekly session from 9.30am – 2.30pm where families can book individual support sessions with one of our staff team.

We have been running our 21 Co. shop & café since January 2019 offering work & training to adults who have Down syndrome. We have 10 adults working with us currently. The café has been closed since March 2020 but we will be in a position to reopen once Coronavirus restrictions ease.

Members of the group, friends and family continue to support us by doing their own incredible fundraising challenges, by making generous donations and by making us wonderful things to sell at our fundraising events.

We have continued to fundraise to ensure that the organisation is sustainable in the long term.

Financial review

The net receipts for the year were £33,593, including net receipts of £21,268 on unrestricted funds and net receipts of £12,325 on restricted funds after transfers.

Impact of the Coronavirus pandemic

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to meet its liabilities as they fall due.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £220,580.

Our reserves policy is to aim to maintain our unrestricted reserves at the level of 1 year's running costs based on the previous financial year.

In view of the Coronavirus pandemic, for this coming year (2020-2021) we would seek to use the running costs for the accounting year 2018 – 2019 as an accurate reflection of our usual running costs.

We are aware that we are holding slightly higher than one year's unrestricted funding and the Trustees are committed to looking at ways to increase our support and services to reduce this balance.

Signed on behalf of the board of trustees:

Signed:

Date:

Name (Trustee)

Sunshine and Smiles - Leeds Down Syndrome Network
Independent examiner's report to the trustees of Sunshine and Smiles -
Leeds Down Syndrome Network Charitable Incorporated Organisation

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 30 November 2020, which are set out on pages 7 to 11.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Name: Claire Welling

Date:

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sunshine and Smiles - Leeds Down Syndrome Network
Receipts and payments account
for the year ended 30 November 2020

	Notes	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £	2019 Total funds £
Receipts					
Grants and donations	(2)	56,501	23,317	79,818	115,555
Fundraising activities		9,786	4,889	14,675	5,173
Café sales		12,369	-	12,369	56,535
Sales of makers goods		7,102	-	7,102	15,766
Fees earned		195	-	195	251
Bank interest		532	-	532	643
Training		-	-	-	90
Total receipts		86,485	28,206	114,691	194,013
Payments					
Staffing		31,821	4,615	36,436	61,294
Group resources		703	-	703	807
Trips and activities		1,837	3,563	5,400	9,171
Group refreshments		-	-	-	19
Administration supplies		555	-	555	1,081
Rent		1,040	-	1,040	6,911
Group equipment		607	201	808	179
Publicity		539	-	539	342
Running costs		1,183	-	1,183	2,081
Transport		1,648	-	1,648	3,925
Fundraising resources		579	-	579	3,566
Travel expenses		48	-	48	149
Training costs		594	-	594	406
Speech and language sessions		12,556	1,212	13,768	14,834
Insurance		2,367	33	2,400	1,275
Subscriptions and licences		1,326	17	1,343	780
Independent examination		780	-	780	420
Café 21					
Café 21 consumables		2,777	-	2,777	8,791
Café 21 premises		2,830	-	2,830	2,091
Café 21 equipment		2,409	-	2,409	7,641
Other expenses		-	-	-	21
Counselling therapies		225	-	225	50
Makers fees		5,033	-	5,033	10,248
Total payments		71,457	9,641	81,098	136,082
Net receipts / (payments)		15,028	18,565	33,593	57,931
Transfers between funds		6,240	(6,240)	-	-
Net movement in funds after transfers		21,268	12,325	33,593	57,931
Fund balances brought forward		199,312	16,712	216,024	158,093
Fund balances carried forward	(3)	220,580	29,037	249,617	216,024

Sunshine and Smiles - Leeds Down Syndrome Network
Statement of assets and liabilities
as at 30 November 2020

	2020	2020	2020	2019
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Current account	49,313	29,037	78,350	90,223
Skipton Building Society account	85,851	-	85,851	85,605
Yorkshire bank fixed term deposit	40,251	-	40,251	40,000
Shawbrook savings account	35,000	-	35,000	-
NS&I	10,000	-	10,000	-
Cash in hand	165	-	165	196
Total cash funds	<u>220,580</u>	<u>29,037</u>	<u>249,617</u>	<u>216,024</u>

Other monetary assets

Insurance paid in advance for 2020-21

	£
	<u>1,105</u>
	<u>1,105</u>

Assets retained for the charity's own use

4 laptops
 2 Printer / scanner / photocopier machines
 Office furniture
 Toys and resources
 Coffee machine
 Display units and counter furniture
 Display fridge
 Fridge / freezer
 Freezer
 Tables and chairs
 2 iPads
 Android tablet

Liabilities

£

Independent examination

780

Approval of the accounts

The financial statements were approved by the board of trustees on

Date:

Signed:

(Trustee)

Name

Sunshine and Smiles - Leeds Down Syndrome Network

Notes to the accounts

for the year ended 30 November 2020

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

The receipts have been amended to disaggregate café sales and to show gross takings on the sales of makers goods, with the makers fees shown as a payment.

No other changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2020

2 Grants and donations	2020	2020	2020	2019
	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Short Breaks Partnership	-	7,668	7,668	5,023
UK Youth funding	-	12,000	12,000	-
Leeds Community Foundation	4,875	-	4,875	-
Tesco Bags of Help Grant	500	-	500	-
National Lottery Communities Fund	10,000	-	10,000	-
Grow The Game Grant	-	1,200	1,200	-
Yorkshire Building Society Foundation	-	1,000	1,000	-
Leeds City Council	2,359	-	2,359	-
Ideas That Change Lives	-	-	-	15,000
Local Giving	-	-	-	21,181
Smaller funders	-	-	-	29,874
Moorlands school	-	-	-	1,579
Other donations	38,767	1,449	40,216	42,898
	<u>56,501</u>	<u>23,317</u>	<u>79,818</u>	<u>115,555</u>

3 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Short Breaks Partnership	1,886	7,669	7,565	-	1,990
Simply Health	496	-	-	-	496
Football sessions	1,540	1,230	864	-	1,906
Leeds Building Society	507	-	-	(507)	-
I Am Me project	2,648	-	-	(2,648)	-
Swimming sessions	6,438	13,319	-	-	19,757
4-9's Group	383	-	-	(383)	-
9-15's Group	550	-	-	(550)	-
Early development	2,152	-	-	(2,152)	-
Speech and Language	112	1,100	1,212	-	-
The Sunshine Hub	-	4,888	-	-	4,888
	<u>16,712</u>	<u>28,206</u>	<u>9,641</u>	<u>(6,240)</u>	<u>29,037</u>

Fund name

Purpose of restriction

Short Breaks Partnership	To provide recreational groups and activities
Simply Health	Developing a garden space and creating a 'new families' information pack
Football sessions	Development and delivery of football sessions
Leeds Building Society	To purchase garden equipment. A transfer of £507 was made to reflect historic usage of this fund.
I Am Me project	For project delivery
Swimming sessions	For swimming sessions
4-9's Group	To fund the 4-9's Group
9-15's Group	To fund the 9-15's Group
Early development	To fund Early Development Groups
Speech and Language	For speech and language sessions
The Sunshine Hub	For the lead tenancy of Stainbeck Community Hall and refurbishment and renovation works thereto

Transfers totalling £5,733 from various funds have been made in recognition that the donations made to these groups / sessions were not restricted.

Sunshine and Smiles - Leeds Down Syndrome Network
Notes to the accounts continued
for the year ended 30 November 2020

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Related party transactions