

# NIDUS-UK

England & Wales · Charity number 1154650

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2013-11-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Nead House  
Newark Road  
Cotham  
Newark  
Nottinghamshire  
NG23 5JS

**Phone** 01636679245

**Email** [nidus.uk@gmail.com](mailto:nidus.uk@gmail.com)

**Website** [www.nidotherapy.com](http://www.nidotherapy.com)

## Activities

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**Objects:** THE PROMOTION OF MENTAL HEALTH FOR THE PUBLIC BENEFIT THROUGH THE PROVISION OF SUPPORT TO PERSONS WHO ARE EXPERIENCING OR HAVE EXPERIENCED CHRONIC AND PERSISTENT MENTAL ILLNESS. TO ADVANCE A BETTER UNDERSTANDING OF MENTAL HEALTH, THROUGH RESEARCH AND DEVELOPMENT OF NIDOTHERAPY BY PROMOTING RESEARCH AND DISSEMINATING INFORMATION ABOUT THE SAME TO THE PUBLIC. NIDROTHERAPY IS DEFINED AS: A SYSTEMATIC MODIFICATION OF THE ENVIRONMENT OF INDIVIDUALS WITH MENTAL ILLNESS TO EFFECT IMPROVEMENT IN MENTAL HEALTH AND FUNCTIONING.

**Activities:** Most of the income and expenditure has been incurred in running the annual workshops for training of staff and information sharing (about 80%). Most recent income has been devoted to setting up a Nidotherapy Advice and Training Centre through the conversion of an old Victorian school in Cotham, Nottinghamshire, where we will be training volunteers and other staff.

## Classification

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- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Overseas Aid/famine Relief
- **Who:** People With Disabilities

## Geography

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- Australia
- Canada
- India
- Montenegro
- Sweden
- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-02-04	£216,606	£255,800	-	-
2024-02-04	£153,930	£205,529	-	-
2023-02-04	£49,268	£4,179	-	-
2022-02-04	£41,737	£3,742	-	-
2021-02-04	£1,166	£277	-	-

## Trustees

Name	Role	Appointed
<b>PROFESSOR PETER JULIAN TYRER FRCPSYCH</b>	Chair	2013-07-10
Dr Catherine Leanne Gardiner		2018-12-20
Dr Eleni Frisira		2025-10-01
Dr Jacob King		2025-05-15
KAATJE LOMME		2013-07-10
MAJA RANGER		2013-07-10
Peter John Carter		2020-09-07
SANDRA O'SULLIVAN		2013-07-10
Stephen John Watson		2016-06-03
Tony Brentford		2024-05-08

**NIDUS-UK**

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# Accounts

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**NIDUS-UK ANNUAL REPORT TO CHARITY COMMISSION – Feb 2024 to Feb 2025**

**Summary:**

**Balance on 4th February, 2024 - £51,072 Balance on 4th February, 2025 - £11,837**

**Total income for year: £ 216,606 Total expenditure: £255,800**

**This has been busy year for the charity, mainly preoccupied with the final completion of the building work for the new Advice and Training Centre, a task that has incurred most expenditure and required extra effort to raise the income for this. By contrast, our other activities have been carried out at low cost.**

**INCOME**

**A. Donations**

**Income received from donations: £213,577**

**B. Income from book sales and royalties: £3029**

**EXPENDITURE**

**Building work for Advice and Training Centre £234,064**

**Church hire for meetings and electricity costs £ 309**

**Costs of Centre Opening plus signage and car park bumps £2869**

**Purchase of chairs, tables, projector and cooking equipment £8421**

**Fire extinguishers and guards £586**

**Expenses for researchers £2169**

**Costs for nidotherapy workshop (31st-Oct -1st November) £ 87**

**Leaflets, research forms, event adverts, website £ 917**

**Project Officer payments ((Steve Cawte) £4860**

**Insurance £943**

**Accountant fees £ 575**



**Peter Tyrer 5th February , 2025**

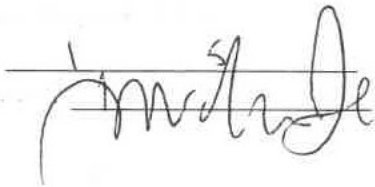
**Confirmed as a correct record:**

A handwritten signature in cursive script that reads "S O'Sullivan".

**Sandra O'Sullivan, Treasurer 5th February , 2025**

**Accounts Report:**

**I can confirm to the best of my knowledge the charity has been run efficiently and is true and fair of the income and expenditure above.**

A handwritten signature in cursive script that reads "Jordan Dennis".

**Jordan Dennis ACA**

**NIDUS-UK**

England & Wales - Charity number 1154650

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# Accounts

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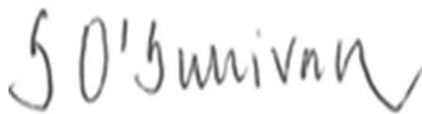
## EXPENDITURE

Building work for Advice and Training Centre	£188,636
Architect's fees	£ 5880
Cost of nidotherapy workshop (1 <sup>st</sup> -2 <sup>nd</sup> November)	£ 436
Website development	£ 482
Project Officer payments ((Steve Cawte)	£8320
Insurance	£1250
Accountant fees	£ 525



Peter Tyrer 5<sup>th</sup> February , 2024

Confirmed as a correct record:



Sandra O'Sullivan, Treasurer 5<sup>th</sup> February , 2024

### Accounts Report:

I can confirm to the best of my knowledge the charity has been run efficiently and is true and fair of the income and expenditure above.



Jordan Dennis ACA

**NIDUS-UK**

England & Wales - Charity number 1154650

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# Accounts

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**.NIDUS-UK ANNUAL REPORT TO CHARITY COMMISSION - Feb 2023  
to Feb 2024**

**Summary:**

**Balance on 4th February, 2023 - £102,671    Balance on 4th  
February, 2024 - £51,072**

**Total income for year:    £ 153,930                    Total expenditure:  
£205,529**

This has been busy year for the charity, mainly preoccupied with building work for the new Advice and Training Centre, a task that has incurred most expenditure and required extra effort to raise the income for this. By contrast, our other activities have been carried out at low cost.

## **INCOME**

### ***A. Donations***

Peter Tyrer has received further funding from Imperial College Innovations for the use of original rating scales that are now owned by Imperial College but which have attracted commercial interest and sales. This has been paid into NIDUS-UK after tax paid before receipt.

***Income received from donations and book royalties:  
£140,765***

### ***B. Fees from lectures and online teaching***

Lectures	£2590
Fees for teaching	£ 490
Collections at talks	£ 85

### ***C. CNWL Trust payment for nidothrapy at Horton***

***Advance payment for training staff at Horton Rehabilitation  
Services    £10,000***

## **EXPENDITURE**

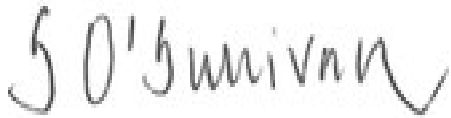
Building work for Advice and Training Centre    £188,636

Architect's fees	£ 5880
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Website development	£ 482
Project Officer payments ((Steve Cawte)	£8320
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Peter Tyrer      5<sup>th</sup> February , 2024

Confirmed as a correct record:



Sandra O'Sullivan, Treasurer      5<sup>th</sup> February , 2024

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England & Wales - Charity number 1154650

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# Accounts

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## **.NIDUS-UK ANNUAL REPORT TO CHARITY COMMISSION – Feb 2021 to Feb 2022**

### **Summary:**

**Balance on 5<sup>th</sup> February, 2021 - £12,102      Balance on 4th February, 2022 - £57,581**

**Total income for year: £49,221      Total expenditure: £3,742**

This has been an active year for the charity. There have been several developments that have increased the income to the account in advance of expected expenditure.

#### ***A. National Heritage Lottery Grant.***

A grant of £7,410 was agreed to be paid by the Heritage Lottery to NIDUS-UK in September 2021 and paid in November, 2021 for the production of two radio plays linked to the novel, *The Watermeadow Mystery: Secret Treasure at Hawton*, published in 2018. The two plays concern the journey of King James from Holyrood in Edinburgh to Westminster in London in 1603, and a murder mystery, set in 1948, when buried treasure from King James visit to Hawton 345 years earlier is the cause of intrigue and foul play. The plays will include actors seen in connection with nidotherapy developments and will be completed by October 2022. Danes feature prominently. PT and SOS are the grant holders.

#### ***Income received:***

**£7410**

#### ***Expenditure:***

Coach hire for crowd extras	£285
Hire of Church for rehearsals	50
Food for crowd rehearsals	244.15
Producer payment (S Cawte)	800
Recording equipment	929.96

***Balance outstanding £5100.89***

#### ***B. Inventor Rewards and Cotham Old School Development***

Peter Tyrer has received £31,500 from Imperial College Innovations for the use of original rating scales that are now owned by Imperial College but which have attracted commercial interest and sales. This has been paid into NIDUS-UK after tax paid before receipt.

#### ***Income received:***

**£31,500**

#### ***Expenditure:***

Web site upgrade	£153.59
Tree clearance	500
Securing fencing	600

	Petrol costs	44
	Word press payments	135.95
TOTAL		1433.54

Balance outstanding: £30,066.46

**C. 2021 Nidotherapy workshop, Brunel University teaching and other donations**

The workshop was a virtual one carried out via Microsoft Teams and hosted by Lincolnshire Partnership NHS Trust on 14<sup>th</sup> and 15<sup>th</sup> September. PT, PC, HT, RW and JB took part, as did Horton Rehabilitation Services.

**Income received:**

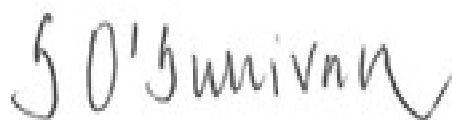
D. Donations	Feb-March 2021	£5497.83
E. Donations	April-September 2021	834.10
F. Donations	Oct 2021-Feb 2022	581.20
G. Lecture and research fees		2745.00
H. Book royalties		653.84
TOTAL		10,311.97

**Expenditure:** Nil



Peter Tyrer 28<sup>th</sup> November, 2022.

Confirmed as a correct record:



Sandra O'Sullivan, Treasurer 28<sup>th</sup> November, 2022

**Financial Report Summary:**

**Balance on 1<sup>st</sup> January, 2021 - £12,119**

**Balance on 31st December, 2021 - £59,746**

**Income:**

<b>Date</b>	<b>Source</b>	<b>£</b>
<b>Jan 2021</b>	<b>Donation</b>	<b>30.00</b>
	<b>Book sales</b>	<b>20.00</b>
<b>Feb 2021</b>	<b>Donation</b>	<b>100.00</b>
<b>March 2021</b>	<b>Donation</b>	<b>197.93</b>
	<b>DONATION</b>	<b>5000.00</b>
	<b>Donation</b>	<b>200.00</b>
<b>May 2021</b>	<b>Donation</b>	<b>95.00</b>
	<b>Donation</b>	<b>5.00</b>
<b>June 2021</b>	<b>Donation</b>	<b>100.00</b>
	<b>Donation</b>	<b>2,000.00</b>
<b>July 2021</b>	<b>Book royalties</b>	<b>160.96</b>
	<b>Book sales</b>	<b>25.00</b>
<b>August 2021</b>	<b>Book sales</b>	<b>340.00</b>
<b>September 2021</b>	<b>Donation</b>	<b>1455.00</b>
	<b>Donation</b>	<b>5.00</b>
	<b>Imperial Innovation</b>	<b>31,500.00</b>
	<b>Donation</b>	<b>614.55</b>
<b>October 2021</b>	<b>Donation</b>	<b>12.00</b>
	<b>Donation</b>	<b>200.00</b>
	<b>Donation</b>	<b>9.00</b>
<b>November 2021</b>	<b>Donation</b>	<b>2.00</b>
	<b>Donation</b>	<b>100.00</b>
	<b>Donation</b>	<b>314.55</b>
	<b>Donation</b>	<b>53.00</b>
	<b>Lecture fee</b>	<b>145.00</b>

	<b>Heritage Lottery Fund</b>	<b>7,410.00</b>
<b>December 2021</b>	<b>Donation</b>	<b>2.00</b>
	<b>Lecture fee</b>	<b>400.00</b>
	<b>Donation</b>	<b>10.00</b>
	<b>Donation</b>	<b>14.55</b>
	<b>TOTAL</b>	<b>50,520.54</b>

**Expenditure:**

<b>Date</b>	<b>Nature</b>	<b>Amount</b>
<b>February 2021</b>	<b>Purchase of nidotherapy books</b>	<b>81.44</b>
<b>April 2021</b>	<b>Wordpress website fee</b>	<b>153.59</b>
<b>October, 2021</b>	<b>Expenditure HLF - bus</b>	<b>285.00</b>
	<b>Expenditure HLF - travel</b>	<b>44.00</b>
<b>November, 2021</b>	<b>Expenditure HLF – food for crowd scenes</b>	<b>244.15</b>
	<b>Expenditure HLF – fee and travel expenses</b>	<b>135.45</b>
	<b>Expenditure HLF – church donation</b>	<b>50.00</b>
	<b>Levelling of site at Advice and Training Centre</b>	<b>500.00</b>
	<b>Fee producer (Steve Cawte) HLF expense</b>	<b>800.00</b>
<b>December 2021</b>	<b>Clearance of trees and training centre</b>	<b>600.00</b>
	<b>Expenditure HLF - travel</b>	<b>10.00</b>
<b>Fee producer (Steve Cawte)</b>	<b>800</b>	

<b>HLF expense</b>		
	<b>TOTAL</b>	<b>2,893.63</b>

#### **Heritage Lottery Grant component**

<b>Total grant</b>	<b>7,410</b>	
<b>Expenditure to Dec 2021</b>	<b>1,552</b>	<b>5858 remaining</b>

#### ***Explanation of change over year***

The assets of the charity have increased by nearly £50,000 in 2021. This is explained by the following new sources of income:

1. Fees paid by Imperial College Innovation Fund for questionnaires and rating scales by PT that have been copyrighted by Imperial College, who then negotiate fees with organisations that want to mass produce copies (mainly pharmaceutical companies but also national and governmental organisations (*Total: £31,500*). This income continue to be generated and payments are made when the sum exceeds £10,000 (although a proportion will now go to Imperial College's Division of Psychiatry).
2. Grant provided by the National Heritage Lottery Fund for the production of two radio plays based on *The Watermeadow Mystery*. (*Total £7410*).
3. The setting up of a donate button on the nidotherapy website that has encouraged many more donations. This is administered by Everfund, an organisation that collects 3,5% of proceeds (approve by the Trustees in 2021 as reasonable costs (*Total £1140*)).
4. Book royalties due to PT are now paid directly into NIDUS-UK. Steve Cawte of the publisher *Impspired* has been involved in formalising the link between publisher and charity (*Total £561*).

The additional income is needed to develop the Advice and Training Centre, a process that is likely to cost £100,000 spread over 18 months.



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
NIDUS-UK

**On accounts for the year  
ended**

04/02/2022

**Charity no  
(if any)**

1154560

**Set out on pages**

Pages 1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 04/02/2022.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

01/12/2022

**Name:**

Jeremy Wood

**Relevant professional  
qualification(s) or body  
(if any):**

FCA

**Address:**

95a Connaught Avenue

Frinton-on-Sea

Essex CO13 9PS