

# **NORWICH STROKE SURVIVORS' CLUB**

## **CHAIR'S REPORT 2021-2022**

The past year has seen us return to normal, which has been very satisfactory after the lockdown for the pandemic. We have welcomed some new members, although some long-standing members have not felt able to return.

Please make sure you have completed the member's detail forms which are kept at a side table at meetings. It is very important that we have accurate records.

We have welcomed a new Exercise Tutor, Sheryl Clark.

Our accounts will be given out at the meeting. I am very grateful to Carole Limmer and John Walters for producing and auditing them.

Norwich Door to Door must plan carefully to help us, and any member wanting to use their service has to make sure that they are contacted in plenty of time.

We need to check once again to ensure we are giving the service our members want. I have learned that some members feel there are too many exercise sessions, yet other members are very much in favour. To avoid members feeling pressurised to take part in exercises they don't feel they can do, there will be no harm in them "sitting out" the exercise sessions, providing they don't make noise which disturbs the class.

To ensure that everyone, especially the new members, has a chance to express their opinion, please fill in the attached form and either e-mail it to me at [info@norwichssc.co.uk](mailto:info@norwichssc.co.uk), or give it to me at a club meeting.

Remember our motto: "We aim to take the dis out of disability."

David Orr,  
Chair, Norwich Stroke Survivors' Club

## **NORWICH STROKE SURVIVORS' CLUB MEMBERS' SURVEY SEPTEMBER 2022.**

1. I do/do not want to attend meetings of the club. (Please delete as appropriate.)

2. I do/do not want to take part in exercise/yoga sessions. (Please delete as appropriate.)

3. I like the following sessions and activities. (Please give details.)

4. I would like the club to introduce the following sessions. (Please give details.)

5. I can make my own way to the club Yes/No (Please delete as appropriate.)

6. I do/do not want to use the services of Norwich Door to Door. (Please delete as appropriate.)

7. I am/am not prepared to come in early to help with moving furniture. (Please delete as appropriate.)

8. I am/am not willing to give lifts to other members who live in ..... area. (Please complete as appropriate.)

Name in capitals:.....

Date:.....

NORWICH STROKE SURVIVORS CLUB ACCOUNTS 1/4/20 TO 31/3/22

INCOME

Membership	£622.68
Donations	£700.00
Fund Raising	£77
Transport Contribution	368
Trips & Meal	407.05
Bank Interest	4.42
Total	2179.15

EXPENDITURE

Room Hire & Admin	1122.4
Trips & Meal	502.45
Trasport	1660.59
Total	3285.44

LOSS FOR 2 YEARS 1106.29

Accounts prepared  
Accounts inspected  
Chairman

*J. Walters* 15/9/22

*David Dwyer*  
*R. A. Lummer*

Balance b/f	18171.11
LOSS	1106.29
Balance c/f	17064.82
Current a/c	11014.82
Deposit a/c	£6,050.00
	£17,064.82