

NORWICH STROKE SURVIVORS' CLUB

CHAIR'S REPORT 2020-2021

For obvious reasons, the past year has been most unsatisfactory and disappointing. We have not been able to meet since March 2020, but at last we plan to re-start on 7th September 2021.

The final removal of the rule-of-six and the requirement for social distancing will enable us to resume our normal meetings. However, your Committee recognises that some members and their families will be very cautious about meeting other people yet. We shall leave it up to individual members to decide whether to wear masks.

We had regrettably to cancel a summer outing on the Broads.

When we resume, we shall need to have an AGM at our first meeting, because I shall have to send an approved set of accounts to the Charities Commission. At the AGM I shall also give details of our new Physiotherapist, Speech Therapist, Yoga tutor and Exercise tutor. Our thanks for their hard work go to Carole Snell, Judy Dickson and Hester Clack, who have all decided to move on. I shall issue details of our programme when we meet.

We must continue to fund raise and recruit new members.

We have had to change our telephone number. It is now 07502 506799.

Norwich Door to Door will have to plan carefully to help us, and we shall need to provide details of who will require their service. It would also be very helpful if people could indicate whether they can give other members a lift, or arrive early to help set up furniture. Please fill in the attached form and either e-mail it to me at info@norwichssc.co.uk, or by posting it to me at 6, Seppings Way, Thorpe End, NR13 5DF.

I shall be posting out some details of research being carried out by the University of East Anglia on means of improving the outcomes from stroke rehabilitation. If you wish to take part, please contact the researchers.

I look forward to seeing you all again. Remember our motto: "We aim to take the dis out of disability."

David Orr,
Chair, Norwich Stroke Survivors' Club

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5th November 2021

The Charities Commission

Dear Sir/ Madam,

Re: The Norwich Stroke Survivors' Club
Charity No. 1154574

I have just been in touch with your helpdesk, who explained what I had to do concerning our Annual Return. I was told to put the following in writing.

Because of the Covid-19 crisis, we did not meet at all between March 2020 and September 2021. We had no income or expenditure during that period, nor were we able to hold an AGM to approve our accounts for 2019-2020.

When we resumed in September 2021 our first meeting was the postponed AGM. Immediately following that meeting, I submitted to you our approved accounts for 2019-2020, plus a Chair's report. I am sending these documents to you again.

I trust our return is satisfactory, and I shall phone you to confirm this.

Yours faithfully,

A handwritten signature in black ink that reads "David Orr". The signature is written in a cursive style with a horizontal line underneath the name.

David Orr
Chair, Norwich Stroke Survivors' Club.