



Trustee Annual report

11th April 2023 – 10th April 2024

Northern Butterflies

Northern Butterflies provides a safe, healthy environment to flourish, grow, learn new skills and add value to their lives. Students who access the services we provide are vulnerable adults who have a learning disability, physical disability, suffering with their mental health and who are neurodivergent.

The activities we deliver have a positive impact upon the students and volunteers' health and wellbeing we know this through conversations, regular meetings, impact stories to ensure students are engaged and all needs by attending are being met.

Impact

Quotes from students and a volunteer April 2024.

"It has helped me with my mental health. I'm not good around others I get nervous and panic attacks but at Northern Butterflies I don't feel so closed off. I have made some good friends here."

"Helped me improve my overall mental health development, confidence, and anxiety. I feel motivated doing activities such as arts and crafts and IT. I now help students on a Monday with maths. This has given me a sense of self-worth and more self-confidence. I have made some lovely friendships here. I feel very safe and content at Northern Butterflies and I don't feel like an outsider/weird and I feel myself and can be and act myself. Staff always support and help me. I always enjoy my time here and I happy here."

"I have been a volunteer with Northern Butterflies for 3 years. I have mental health problems. It has brought my confidence up, I can manage my depression much better now, I am achieving things I would not have thought I could do. It is a safe place I can go to, and I can help everyone there. If butterflies were not here, I would go back to my old self, I feel I can help people with anything. It has given me so much."

We draw upon what the student's needs are and draw upon each success they have achieved locally; this all shapes the practice and the work moving forward. We also have students who have now completed accredited volunteer training and are supporting the maths tutor with learner support. The programme presently consists of weekly digital sessions, under the

umbrella of arts we have fine art, arts and crafts, textiles, everyday maths, everyday English, performing arts and monthly music sessions. Weekly horticulture sessions at the community allotment with ad hoc willow weaving sessions and recent courses in carbon sense.

We also embed regular sessions in the studio in meditation, yoga, aromatherapy.

Everyone has a voice in the programme, continuing our commitment to the local community and bridging the gap. There is a quite often a lot of word of mouth by sharing good practice through community events, exhibitions that we have attended. There are new friendships being created, training opportunities, up skilling and we continue to support those with mental health.

We are in year 2 of delivering Multiply, this consists of weekly maths sessions via Thriving Together. We are part of a partnership with thriving together delivering a varied provision. This has allowed us to expand and grow, employ new staff and continue to make a positive impact within the community.

1. Partnership

We Continue to network and presently we are part of the Northumberland partner employment and are part of the work smart, live well monthly events at the hub in Cramlington. We are in a partnership with Thriving Together for delivery of multiply and adult education and collaborating working with Adapt and splinter group creating an advice, information, and guidance hub for people with autism. We are part of several partnerships, networking some of these include: DWP, Northumberland wildlife trust, Northumberland County Council, Artichoke trust, social prescribers.

Name: Mary Duncan

Signed *Mary Duncan*

Date: 25th April 2024

Northern Butterflies
Income and Expenditure 10th April 2023 - 11th April 2024

Income

National Lottery Fund RC	33,750
Northumbria Citiz CA AEB	35,000
Northumbria Citiz CA AEB	15,326.29
Northumberland C Council	500
NBSL	3,350.04
Local Giving	500
Slyvan Skills	600
Northumbria Healthcare	2,100
Adapt NE Learning Disability	500
Pride	100
Co-op	2,769.45
Unrestricted Funds	4,655
Total Income	99,150.78
Starting Balance	10,387.72
Total Income	109,538.50
Balance	109,538.50
Less Total Expenditure	83,666.25
Balance	25,872.25

This is a summary of our income and Expenditure

Name

Signature

Position

Date

Expenditure

Staff/sessional staff	59,042.49
volunteer expenses	1,610
Art materials	1,696.78
Merchanise	333.88
printing Ink	182.73
Stationary	315.87
Publicity	51.12
Travel	198.15
Equipment	50.24
Training	528
Computer software	304.96
Care check	232.8
Fixtures and Fittings	48.6
Pat Testing	250.68
Furniture	215
Insurance	231.92
Subsistence Expenses	1,419.58
Internet	890.76
Utilities	6,951.61
Cleaning	391
Allotment materials	550.00
Digital Suite	8,040.08
Accountant	130.00
Total Expenditure	83,666.25

Angie MALPAM

Malpam. 23/4/24

Treasurer



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
NORTHERN BUTTERFLIES

On accounts for the year
ended

10 APRIL 2024

Charity no
(if any)

Set out on pages

N/A

(Examiner to insert the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 10/04/2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Joanne Towart.

Date:

10.2.25.

Name:

JOANNE TOWART.

Relevant professional
qualification(s) or body
(if any):

CIMA.

Address:

11 JACKSON CLOSE, SEATON DELAVAL,
WHITLEY BAY, NE25 0PL.